The American Automobile Association recently reported that San Luis Obispo County has the highest gas prices in California. To combat the high cost of transportation and reduce pollution, the San Luis Obispo County Bicycle Coalition launched Bike Forward in 2004, a program that provides a way for selected applicants to own a new TREK commuter bicycle package for $250. The package is originally valued at $1,040 and comes with fenders, a rear rack, a passenger bag, a helmet and other accessories.

Adam Fukushima, executive director of the coalition, said the program enables county residents to try out the biking commute without a huge financial investment.

"We received about 60 applications this year," Fukushima said. "Applicants were chosen based on whether or not they would fulfill the requirement to replace road trips with bike rides.

On Nov. 9, this year's recipients of the program were awarded their bikes in a ceremony at Mission Plaza that was attended by about 50 people. At the ceremony, county supervisor Jim Patterson reported that during the course of the eight-year project, the coalition will see a vehicle trip reduction of 23,000 and an annual mileage reduction of 82,000.

April Hoey, a former Bike Forward program recipient, said she used to commute two miles to work in a truck that averaged 12 miles per gallon of gas.

"I cut my mileage and now I only drive 4,000 to 5,000 miles per year," Hoey said. "It's really a great way to start your day. It's very positive." The 30 recipients were selected from all over the county and represented a range of ages and backgrounds. Fukushima said that preference was given to people who were new to the concept and committed to biking.

Recipient Brendan Rowe, 23, of San Luis Obispo, said he applied for the program after reading about it in the New Times.

"I needed a bike since I was walking everywhere," Rowe said. "I hope I get more exercise."

Other recipients applied because they wanted to help reduce pollution. "I wanted to reduce my carbon output since most of my trips are short," said Sarah Tennessen, 25, of San Luis Obispo. "And the physical aspect, you can't beat that."

"I really would like to start driving my car less and save money on gas," said Shirley Hancock of Grover Beach. "Years ago I went cross-country from the Colorado state line to the Missouri state line with a bike and I could do it then, I can do it now."

A grant from the San Luis Obispo County Transportation Commission helped the program get off the ground. Sacrifices were made on the students' part as they agreed to replace at least one road trip with biking per week. Fukushima said that if they wanted to help reduce pollution, "Applicants were chosen based on whether or not they would fulfill the requirement to replace road trips with bike rides."

The 30 recipients were selected from all over the county and represented a range of ages and backgrounds. Fukushima said that preference was given to people who were new to the concept and committed to biking.
Weblog
continued from page 1
never would have considered.

"It's a great reality check for a teacher to know this," Fre­
berg said. "If we can use high-interest examples to make our
points, learning becomes a lot easier."

Freberg said this also helps with the wide range of student
personalities and gives everyone a chance to participate in
the class.

"I find that some students will speak up in class, but oth­
er really blossom in this format, where they can write their
thoughts down," Freberg said. "Seeing that students are rea­

tly thinking about your course content and using what they
learn on a daily basis is one of the terrific things about teach­
ing."

Velanie Stewart, an information technology consultant
for the College of Liberal Arts, is one of Freberg's friends
and fellow bloggers. The two discuss their blogs and trade
advice.

"No matter how trendy or pretty a blog can be, it's all
about the content and capturing the attention of others to
stay with the blog on a regular basis," Stewart said. "Laura has
obviously put a great deal of heart and soul into her blog and
to be recognized makes the nomination all the sweeter."

Stewart said that technology, and blogs in particular, seem
to be a family affair with Freberg. Her daughter and her hus­
band both have blogs of their own.

Freberg said she is not entirely sure how she came to be
nominated. Anyone can nominate a candidate, so presumably
one of her students or a reader of her blog did so. Although
there is no prize that Freberg is aware of, she said the recog­
nition of her hard work is an honor. Some of the other blogs
ominated in her category are fairly famous in the blogging
world.

Freberg said that she loves to work on the blog and does
most of the work herself when she has time.

"I am really a geek," Freberg said. "I love technology."
She said if she had the chance to return to school, she
would try to get accepted to the USC program for video
Where:

In front of UPD

For questions call: (805) 756-6654

Bike
continued from page 1

County Air Pollution Control Dis­
trict and a sponsorship from Foot­
ball Givercs funded the program.

Fukushima said that another goal
of the program is to improve health,
since the Public Health Department
reported that 35 percent of county
adults are overweight or obese.
Ultimately, the coalition wants to
get more people on bikes, expand
the program and reach more people
throughout the county.

"Past recipients said that they
ever knew their neighborhood
while speeding by in a car," Fukushima said. "They notice more and the
program really provides happiness."

Taco
continued from page 1

premier and the Cheese Gordita Crunch.

"Taco Bell is the most affordable and good food; I
feel like I stole from them," said English junior Rocco
Brown-Morris, who was also dining late Friday.
The staff said another busy time inside the restaurant
is Saturday morning because people come back from
the night before looking for lost and found items. The
lost and found box had several sets of car keys and cloth­
ing items, including underwear, that had been left in the
restaurant, DiBernardo said.

DiBernardo related that the revenue brought in from
the students who purchase from Taco Bell late at night is
definitely positive, but the behavior of many is ulti­
mately frustrating and often inappropriate.

"Remember the cardinal rule: never screw with the
people who handle your food," DiBernardo said.

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sudoku has a new home.
Don't cry. Just turn to page 5.
Tuesday, November 13, 2007

WORD ON THE STREET

“What’s your favorite way to relax when you’re stressed?”

Compiled and photographed by Whitney Diaz

“Reading books because it distorts me from what’s going on.”

— Allisa Andrews, psychology junior

“I like to lay on my floor and listen to music.”

— Michelle Kicherer, nutrition junior

“Exercise at the Cal Poly gym.”

— Andrew Denton, business senior

“I would probably be listening to music really loud.”

— Ryan Mewhinney, food science junior

State

SAN FRANCISCO (AP) — The cleanup of the San Francisco Bay oil spill is shifting from water to land.

Coast Guard officials say there are still 60 boats working to scoop up the spilled shipping fuel both inside and outside the Golden Gate. But those efforts are becoming less effective because the oil has dissolved and spread out too much.

Moving forward, the cleanup effort will focus on Bay Area beaches and shorelines. Nearly 60,000 gallons of fuel leaked and spread throughout the bay after a container ship struck a tower of the Bay Bridge.

LOS ANGELES (AP) — He’s been on the cover of Time magazine, been interviewed on Oprah’s couch and campaigned from coast to coast for months.

But despite the celebrity that follows a leading presidential campaign, Sen. Barack Obama remains an undefined figure in California this year.

The 66-year-old man had been repairing a Lincoln Continental for two weeks at his home northwest of Southworth, about 10 miles southwest of Seattle, and had gotten all but one of the lug nuts off the right rear wheel by Saturday afternoon, Kitsap County Deputy Scott Wilson said.

LOS ANGELES (AP) — Many of the pills marketed as safe herbal alternatives to Viagra and other prescription sex medications pose a hidden danger: For men on common heart and blood-pressure drugs, popping one could lead to a stroke or even death.

“All-natural” products with names like Stamina-RX and Vigor-25 promise an apothecary’s delight of rare Asian ingredients, but many work because they contain unregulated versions of the very pharmaceuticals they are supposed to replace.

That dirty secret represents a special danger for the millions of men who take nitrates — drugs prescribed to lower blood pressure and regulate heart disease. When mixed, nitrates and sympathomimetics can slow blood flow catastrophically, leading to a heart attack or stroke.

Berkeley (AP) — Fluctuating temperatures made for a slow- and go wine grape harvest in California this year.

The weather warmed up in August, bringing an early start to the picking season, and for a while it looked like harvest would be a speedy session. But temperatures cooled in September, extending the season as growers waited for grapes to ripen.

“The ended up being a fairly lengthy harvest, letting us pick on a slow pace through the first part of November,” said Fred Hollen, winemaker at Justin Vineyard & Winery in the Central Coast region. “It was kind of a kick-back harvest.”

Briefs

National

PHILADELPHIA (AP) — A teenager who admitted plotting a school attack near Philadelphia had communicated online about the Columbine massacre with a teenager outcast who killed eight people and himself in a high school shooting in Finland, the Pennsylvania boy’s attorney said Monday.

But the teen was “horrified” when he found out about the Finnish attack and said he never would have suspected him of following through with a violent act, the attorney said.

SOUTHWORTH, Wash. (AP) — A man trying to loosen a stubborn lug nut blasted the wheel with a 12-gauge shotgun, injuring himself badly in both legs, sheriff’s deputies said.

The demonstration in Gaza City squares, marking New Year 5761, 2004 death of iconic Palestinian leader Yasser Arafat, posed the strongest challenge to Hamas rule in Gaza since the Islamic militant group seized the impover­ished territory by force in June. The images of Hamas policemen facing off against large groups of rock-throwers challenged Hamas’ claim that it has established tight control.

Fatah’s unexpected show of strength was also in its most per­suasive argument that its leader, moderate Palestinian President Mahmoud Abbas, has a mandate to renew peacemaking with Is­rael at a U.S-hosted Mideast conference in Maryland later this month.

BAGHDAD (AP) — A pri­vate security guard fatally shot an Iraqi taxi driver, Iraqi officials said Monday, in the latest incident in­volving what Iraqis believe are unprovoked killings by contractors hired to protect Americans.

A spokesman for DynCorp International, a Falls Church, Va­based company, said one of its se­curity teams opened fire Saturday to disable a vehicle in Baghdad after it approached a convoy in a threatening manner.

“Our team had reported that they believed no one was in­jured. So although there were conflicting reports, we are trying to determine if the incidents are one and the same,” said Gregory Laguna, DynCorp’s senior vice president for communications.

Laguna said the standard pro­cedure in such cases is to fire a single shot into the engine block to disable the vehicle. “There may have been more than one shot taken, but I don’t think it was several,” he said.

International

GAZA CITY, Gaza Strip (AP) — A rally of more than 250,000 Fatah supporters ended in mayhem Monday, with Hamas police opening fire and protest­ers hurling rocks or running for cover. Seven civilians were killed and dozens were wounded in the violence between Palestinian fac­tions.

The demonstration in a Gaza City square, marking New Year 5761, 2004 death of iconic Palestinian leader Yasser Arafat, posed the strongest challenge to Hamas rule in Gaza since the Islamic militant group seized the impover­ished territory by force in June. The images of Hamas policemen facing off against large groups of rock-throwers challenged Hamas’ claim that it has established tight control.

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Ultimately, Ken would go home to Barbie frustrated, humiliated, and without thirty dollars.

The New York Times Crossword
ACROSS
1 "Do you like green eggs and ham" speaker
2 In the style of Lao-tzu's way
3 Slight special connections
4 Special colors
5 Shell
6 Port seized by Adm. Dewey, 1898
7 Poking tools
8 Luau offering
9 Queen of the hill?
10 Ballyhoo
11 Dismounted like mud
12 Easygoing
13 Meeting handout
14 Broke from the band, maybe
15 Easygoing
16 Sound at a greasep pig contest
17 Cosmopolitan staple
18 In the distance
19 Date
20 Overall feel
21 It can be silly
22 Spot en el mar
23 Like a malfeasant, often
24 Fluids in bags
25 Bull Moose party, Abbr.
26 Appeal
27 Incurred, as charges
28 "La Travlala," Abbr.
29 Titles for attys.
30 Kind of pants
31 Prepare to propose
32 Slip
33 Conquistador's quest
34 Actress Turner
35 Egg: Prefix
36 Opposite of WSW
37 Period of human benightedness
38 What a message may mean
39 Theater seating
40 Titbits for artsy
41 In disagreement
42 Overall feel
43 "Say what?"
44 Titles for artsy
45 Relative of a mole
46 "Hey!" and "girl"
47 Colorful bed cover
48 Pottery materials
49 Reply, briefly
50 St. crosser
51 Corrida cheers
52 Pageant adornment
53 Miles after marriage
54 Red-bordered magazine
55 The "W" in Geo.
56 Egg: Prefix
57 Wide shoe spec
58 Prefix with distant
59 "SportsCenter" channel
60 "Behave!"... and a hint to this puzzle's theme
61 Yellow ribbon holder, in song
62 Geller with a psychic act
63 St. crosser
64 Bring home Down
1 Fools
2 Author James
3 Slight
4 Special connections
5 Shell
6 Port seized by Adm. Dewey, 1898
7 Poking tools
8 Luau offering
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63 St. crosser
64 Bring home

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Colors flash, costumes billow and bodies move in styles varied and beautiful. The Orchesis Dance Company has stunned and inspired audiences since its establishment in 1969 by Moon Ja Minn Suhr, a dance instructor who still teaches dance classes. About 30 to 35 dancers ranging in majors and skills, from intermediate to advanced, comprise Cal Poly's oldest concert dance group, which also occasionally includes professional-level contemporary guest dancers. The experience of guest artists from New York, Los Angeles, San Francisco and elsewhere add to the artistry and culture of performances.

The company invites all students, faculty, staff and alumni with a love of dance to audition. Some members remain with the organization for a few years before graduating.

As a part of the theatre and dance department, Orchesis is directed by Maria Junco, head of Cal Poly’s dance program, and assistant director Diana Storaro. Junco believes in the power of dance and its ability to enhance other qualities of dancers.

“Through Orchesis, students expand their understanding of dance in all its rich manifestations as well as expand their abilities in dance,” Junco said. “Artistic experiences help round a student’s education in our polytechnic environment. Also, by learning about and experiencing the art form, they come to better understand themselves.”

Officers assist in selecting members at auditions and with various tasks and activities throughout the year. This year’s officers are biochemistry junior Crystal Valdez, president; business senior Rochelle Norwood, vice president; communication junior Francesca Lee, treasurer; and communication senior Stephanie Ericsson, publicity chair.

Valdez said that Orchesis has given her the chance to pursue dancing at Cal Poly as a dance minor.

“I’ve been privileged to be an officer,” Valdez said. “It’s a lot of responsibility, but you get to see different sides of the company, not just what members see. It’s been different compared to the other two years I’ve been a member. You get to see the dynamics of the company, not just what’s on stage. There are different pieces to the performance.”

While dancers choose what styles to perform, they are learned in a variety of types such as jazz, modern, hip-hop, ballet, tap, ballroom and lyrical. Faculty, guest artists and students choreograph the dances, though student choreography undergoes an audition process.

Orchesis performs at venues such as community concerts, the America College Dance Festival and Cal Poly’s annual winter dance concert, which includes six performances that attract around 2,500 people. This year’s performances will take place in Spanos Theatre Feb. 1 through Feb. 3 and Feb. 7 through Feb. 9.

This year’s show, entitled “Momentum,” will include a number of award-winning guest choreographers, including Robert Moses of San Francisco, Davis Robertson of New York, Dennon and Andrew Rawles, Gregg Russell, Lisa Deyo and others.

Also, the Pilipino Cultural Exchange will perform with the Orchesis Dance Company again this year. “They have been an exciting addition to our performances the last few years,” Junco said.

Heather Barton, a theater major, saw the Orchesis performance last year.

“I really enjoy dancing, so it was great to see the craziness of the talent,” she said. “It was really impressive. The costumes were good; the choreography was good.”

Though student work hasn’t been selected for the show yet, Junco is excited about the progress Orchesis is making.

“The kind of talent we witness in our program is really outstanding, particularly when you keep in mind that dance does not have a major at Cal Poly,” she said.

An Associated Students Inc. organization, Orchesis Dance Company is an academic group funded through Instructionally Related Activities (IRA), which helps fund projects with student fees.

There are $150 and wholly or partially cover a swashbuckling performance trip and other expenses. Members are usually expected to pay for or provide their costumes. Thus, fundraising and donations are an important part of the company’s survival.

While Orchesis dancers can choose how much time to dedicate to the company, they are required to enroll in productions classes during fall and spring quarters, some of which last up to four hours. Technique classes and rehearsals are conducted during class hours as well as on weeknights and weekends, according to Junco. Dancers spend at least 15 hours a week in class and rehearsal, and more during production times and for choreographers, Junco said.

Dancers also attend field trips, rehearsals and other concert prep activities, many of which are mandatory and for grades.

“Our intense production schedule teaches them to work collaboratively and creatively as a team,” Junco said. “It fosters responsibility, organization and self-discipline.”

Members of the Orchesis Dance Company rehearse in Crandall Gym for their upcoming winter dance concert.
No roar from ‘Lion’

Andy Mitchell

Plot: As two U.S. Army rangers are put in peril in Afghanistan, their former college professor (Robert Redford) tries to inspire an apathetic student (Andrew Garfield) in California. Meanwhile, a veteran journalist (Meryl Streep) interviews a slick, Republican senator (Tom Cruise) about the mission the two soldiers are on.

The Good: In comparison to the several brainless movies that come out each year, it’s nice to see something that at least tries to say something relevant.

The Bad: The message becomes bogged down with heavy-handed rhetoric and statements. It tells more than it shows.

The Lowdown: With Robert Redford in the director’s chair, it almost goes without saying that “Lions for Lambs” would be a grand statement of a film. That is only half true. In spite of the fighting scenes in Afghanistan, most of the time the focus is given to Cruise, Streep, Redford and Garfield talking in offices. The film relishes in the dramatic potential of watching two smart people have a conversation.

Because of this, the film makes no attempts to hide its obvious statement on America’s War on Terror. It says it loudly for an hour and a half. One might go into this film with a sense of admiration for its writer, Matthew Michael Carnahan, who already attempted to combine current politics with action in this year’s “The Kingdom.” While most films aim to sell tickets by pandering to the masses, he and Redford make a bold and admirable attempt toward assessing the country’s current state of affairs.

But it only works up to a point. For the first half, the film is riveting in its intimacy with the dual conversations. The military stuff is kind of distracting. Then, as soon as the soldiers’ story gets exciting, the conversations become heavy-handed and preachy, with Streep lamenting the fall of journalism, Redford criticizing apathy and Cruise preaching the “whatever it takes to win” agenda.

While its reliance on dialogue is admirable on a technical level, some people will leave this movie with a poor taste in their mouths because of it. It lacks enough character depth to really drive home its emotionally deep premise. Each character seems to be an archetype more than a real person. By the end, there is not much to learn about these people as is normally promised.

While it’s certainly not the first film to come out that critiques the Iraq war, it feels the most didactic. A documentary can get away with that and still be compelling, but this is technically fiction. With several other critically acclaimed documentaries on the subject, from Michael Moore to “No End in Sight,” one wonders the usefulness of this film.

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Robert Cormier’s 1997 tome skillfully navigates the emotional realm of teens

Few figures were as pivotal in the transition of the young adult book from a marketing tool to a respected literary genre as Robert Cormier. Beginning with the 1974 publication of "The Chocolate War," Cormier brought a darker, more psychologically textured approach to stories about teenagers, their struggles and the often confusing, possibly indifferent world around them. In subsequent books such as "I Am the Cheese," "We All Fall Down" and "In the Middle of the Night," Cormier’s instincts allow him to serve a justice delayed or will he merely hurt innocent people in his quest for one he’s (too) sure is guilty? These questions and others play out under Cormier’s skillful hand and, step by step, we become involved and invested in the characters’ increasingly desperate choices.

While the book is expertly written on a number of levels, perhaps the most impressive is Cormier’s empathetic understanding of Lori, someone so longingly longing for love she’s willing to risk her very life to find it. Once again, Cormier’s insight into the pain and uncertainty of adolescence makes for both a memorable character and an absorbing, heartbreaking reading experience.

Lori’s belief in Eric proves tragic or redemption? Will Proctor’s arrest, he merely hurt innocent people in his quest for one he’s (too) sure is guilty? These questions and others play out under Cormier’s skillful hand and, step by step, we become involved and invested in the characters’ increasingly desperate choices.

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We have all experienced the feeling of eating too much sugar, the infamous sugar crash that follows about an hour after and how awful that feels. Sugar is everywhere in our diets and we actually need it to survive. Unfortunately, the food processing companies have taken advantage of our natural weakness for the sweet stuff and pumped our foods full of artificial sugars that our bodies can hardly recognize.

Carbohydrates, which include sugars, are your body's main source of energy. There are two forms of sugar in the foods we eat naturally occurring sugars in fruits and dairy products; and added sugars (white, brown or powdered sugar as well as corn syrup) in many processed foods.

One way to be able to distinguish between good and bad sugars is to start becoming a clever consumer by reading the ingredient list on the food label. Learn to differentiate between ingredients that are added (the evil corn syrup or sucrose) and natural sugars like lactose (milk sugar) or fructose (fruit sugar) that are inherent in raw or basic foods. Avoid foods that are high in processed sugar and low in nutrients, such as candy, non-diet soda pop, jam, jelly and syrup. One of the biggest problems with high-sugar foods is that they replace more healthful foods. Because of this, diets high in sugar are most likely contributing to diabetes, cancer and heart disease. Americans consume a whopping 120 to 150 pounds of sugar a year, which is mostly in the form of sugar added during processing. That's a whole person!

Many individual foods provide large fractions of the USDA's recommended daily allowance for sugar. For instance, a cup of regular ice cream provides 60 percent while a typical cup of fruit juice contains even more, with 70 percent of a day's worth of added sugar. Four grams of sugar is equivalent to one teaspoon of sugar, which could be 1,243 teaspoon soft drink with 150 calories typically has the equivalent of almost 10 teaspoons of sugar, or 103 percent of your recommended daily value for sugar.

Nutrients for added sugar in an ingredient list include: brown sugar, corn sweetener, corn syrup, dextrose, fructose, fruit juice concentrates, glucose, high fructose corn syrup, honey, invert sugar, lactose, malt syrup, molasses, raw sugar, sucrose and syrup. Added sugar can account for up to 25 percent of daily calorie intake. There are 17 million cases of Type 2 diabetes and another 16 million people with pre-diabetes. Many of these cases are influenced by diets high in sugar.

An average person's bloodstream utilizes the body's blood-sugar balance, triggering the release of insulin from the pancreas, which the body uses to keep blood-sugar at a constant and safe level. Insulin also promotes the storage of fat, so when you eat sweets high in sugar, you're preparing your body for rapid weight gain. Another one of sugar's major drawbacks is that it is high resulting levels of insulin; this inhibits the release of growth hormones, which in turn depresses the immune system.

Diets high in sugar also inhibit the ability of Vitamin C to do its job, which also decreases the body's immune system. Because foods high in sugar lack vitamins and minerals, these foods force the body to dip into nutrient stores in order to be metabolized into the system. This actually depletes our stores of vitamins and minerals which are necessary to fight off disease and infection. Hmmm, have you ever noticed the link between the holidays and the cold and flu season? Diets high in sugar can also provoke mood swings and contribute to hyperactivity, anxiety, depression, concentration difficulties and crankiness. Sugar can cause kidney damage and increase the body's fluid retention. So next time you eat a marshmallow, you will really be able to say "I am what I eat." Sugar can also cause peripheral insensitivity as well as cancers of the breast, ovaries, prostate, and rectum.

High-sugar diets can also compromise aging of the skin. When blood glucose levels rise higher than necessary, the bloodstream adjust by storing the excess. One of the reasons inflammation occurs is from a rapid rise in blood sugar, which causes changes in the cell that result in accelerated aging.

If a massive sugar crash wasn't a good enough reason to cut down on your sugar intake before, I hope diabetes, rapid weight gain and cancer are a little better reasons for you to cut your next soda or cookies. Sugar is fine to enjoy, but only in moderation.

Sarah Bailey is a nutrition senior, a Mustang Daily nutrition columnist and a member of PULSE.

"In God We Trust" was added to our money in 1953, the same year "under God" was added to the Pledge of Allegiance following a campaign by the Knights of Columbus. This was to separate us from "godless communism." I find it interesting that this country was founded on Christian beliefs since last time I checked, most of the founding fathers were Deists, and Thomas Jefferson himself said, "History, I believe, furnishes no example of a priest-ridden people maintaining a free civil government. This marks the lowest grade of ignorance of which their civil as well as religious leaders will always reveal themselves for their own purposes."

Andy Scott
Response to "You'll have to do better than that"

Yes, we do need to master it here at home first, which is why you should have been registered before you ever wrote your first article for the Daily. It is a pathetic failure that you have been coddling readers for two years with your wealth of political knowledge - when you yourself are not even involved in the U.S. political system because you DON'T vote. State your useless European facts all you want, but they do not excuse you for your actions. You should be ashamed of yourself and should not attempt to justify your lack of action.

Christina
Response to "Confusing a major political sin"
Too often I see disgusting overgeneralizations of an entire group of people, which are usually based on the most "extreme" members that seem to represent that group I thought. Finally a column that has hope of arguing with facts and logic instead of manipulative and trite middle-school ways of trying to prove a point. I was just yet again let down. The failure of the entire article occurred the moment the furring phrase of "crazy liberals" turned into the notion of all liberals. Although there is a small group of liberals that are considered extreme and call Republicans "fascists" and "Nazis," I don't believe that even 1 percent of liberals in San Luis Obispo, and in general, fall into that category, nor have I ever seen any screaming in the streets of San Luis Obispo waving signs of hatred. I was at least pleased to see your point that one president does not define all Republicans, but then why should a small slaver of "crazy liberals" define all liberals, as you lead the readers to believe? That is not exactly a "logical argument."

While the comment about more welfare for "crack-whores and their children" was appreciated, I found it particularly offensive being a child who grew up on welfare, the government is there to help the American people. Sometimes working a minimum-wage job like McDonalds is not enough to afford a home in San Luis Obispo. The war on poverty is not the only failing war that we incessantly keep pouring money into. War on drugs and the war in Iraq, two heavily conservative-based goals ... where are they?

As far as the Middle East, I have never heard of an extreme liberal denying that there is anything wrong there, but our interventions is not making it better. Even the government in the National Intelligence Estimate stated that by going into Iraq, we have made global terrorism worse. That report was not compiled by any "crazy liberals" but rather U.S. government officials.

We wonder why this country is so divided when you talk as if it's every American for himself/ herself out there. Unity, helping others and maybe sacrificing a percentage of the millions of dollars many indifferrent Americans spend frivolously each year to help MILLIONS of other Americans is where we should be headed. Many liberals fall into that category of wealthy Americans and are willing to sacrifice a percentage of their salaries because they believe in helping others that aren't as fortunate. How do you declare that "crazy" and then continue to assert that people with those generous qualities share the characteristics of suicidal people? I can hardly fume for me to find "logical." Helping others doesn't sound "suicidal" or hateful toward America. That sounds like common sense for anyone with any good inside his heart. Continue laughing at how crazy we Americans are all while we wait for you to grow up and to begin thinking rationally.

Andrew Wright is a industrial engineering junior and a Mustang Daily guest columnist.

LETTERS TO THE EDITOR

Higher expectations of political columnist

Our world would be a much better place if every young person was as excited about registering to vote the moment they turned 18 as they are about thinking at age 21. The day of the 2004 presidential election was my 18th birthday and I had taken precautions to be registered before then so that I could vote on the day of the election. The privilege of voting was something I had been looking forward to for myself. Of course not everybody feels the same way, but I do commend anyone who votes to vote even if it is later in life.

However, I am continually appalled by what I read in Patrick Molnar's column on Wednesday. If he were any other student writing a letter to the editor "confessing a major political sin" such as not being registered to vote, perhaps it could have served as some sort of inspiration for students to realize the error of their ways and then go register. But Mr. Molnar has been one of the political columnists since his freshman year! Mr. Molnar, you should be more than "a little embarrassed." You should be completely mortified and ashamed of yourself. I'm not sure what you were trying to accomplish by admitting this, but I'm afraid that all you've done here is to thoroughly tarnish your own credibility. I hate that you did register at the tables in the UI on Wednesday and I'm glad that you did, but as far as the aspect of your place on this campus being a political columnist, too little, too late comes to mind. You had a responsibility to be registered to vote when you wrote your first column in the Mustang Daily.

Christina Chiappe
Social sciences senior

You missed the point

In response to Joey Carlson's "You'll have to do better than that," this is an article that completely misses my entire point. You say that my letter was "absurd" and this is absolutely correct because that was the point. It was directly paraphrased (and even given parentheses to show this) from a letter that was equally absurd.

To be completely clear this time, you proclaim that the duty of a "member of a free society" (a phrase taken from someone else) is to exclude groups of people he doesn't like! I don't recall this being one of Jefferson's or Hamilton's writings. You then follow this by giving your opinion that all Muslims are capable of living in the U.S. and that "small-minded people" may criticize you but that "doesn't mean you are not right." meaning that, in your opinion, you are right. Good job. (And yes, they would have to be "small-minded" people to call you a racist since "Muslim" is not a race.) Finally, you end with an ad hominem quote from some unexplained stranger of initials. This is absurd.

In your own second letter, you bring up hypothetical rational Muslims that would resist terrorism, so you must either believe that there are no rational Muslims or your "Muslims" is not a intelligent thesis with the U.S. thesis is not as strong as you thought it was. It's ridiculous either way.

*(Also: Use your own words, not whomever's you get your opinions from, and look up references before replying to them. Thankyou!)*

Erik Dawley
Architecture senior

No. 8 cartoon in poor taste

Being of American-Indian descent, I was thoroughly offended by the comic in the Thursday, Nov. 8 paper. I tried to brush it off as a joke in poor taste, but I could not believe that the school would allow something like this to make it into the school paper! Yes, I do have a sense of humor and I know that the newspaper shouldn't have to make sure that every thing that is printed is "politically correct," but this comic crossed the line by depicting Native Americans in a closed-minded and stereotyped manner. We have a small population of Native students on our campus, but we still deserve to have the same amount of respect.

Kersten Reid
Earth sciences junior

Write a letter to the editor!

Send your letter, in 250 words or less, to mustangdailyopinions@gmail.com. Or submit it at mustangdaily.com.

Guest Commentary

Wanted: Rational, reasoned, logical... anybody!

To read the original article titled "Wanted: Rational, reasoned, logical liberal" by Jennifer Gilmore, please go to http://tinyurl.com/25spbz.
Football
continued from page 12
run by running back Peter Roehl, who amassed 100 yards on 22 attempts. The
gap was then narrowed to 26-23 with 4:21 to play.

The Mustangs relied on their running game on the next drive, which led to a
point on a fourth-and-five on the Bison 41.

Waller began the game-winning series with a 16-yard run to the 20, setting
up the 80-yard bound down the sideline to kick the Mustangs' spirit.

"It was one of those heartbreakers," said Mustang linebacker Marty Mo-
hamed, who had a hurdle clearance that resulted in a Daily interception. "I don't
even know what to say.

Cal Poly seemed to hold the big play at bay until it mattered the most.

"They just can't get behind us when we were already backed up," Ellerson
said. "That's on me, that's bad coaching. They battled their tails off and
gave themselves a chance to win. I screwed it up."

Mustangs manufacture yards and moved the chains for nearly the
entire game. Daily threw for 181 yards with three touchdowns and put the
Mustangs on the board after a short play-action pass to Hall at the end of the
first quarter.

After Bison kicker Shawn Bibeau hit one of his career-high three field goals
to start the game - Daily threw a perfect pass to Hall down the right sideline
for a 42-yard touchdown.

The Bison threatened to tie the 14-0 Cal Poly lead after the half until Mark
Cordes returned an interception 63 yards from the goal line. The next drive
was capped by a Daily-Barston 10-yard connection, improving the lead to 21-6.

Barston, a Walter Payton Award candidate, was nearly nonexistent in the second
half. Horse.

Hall added 46 runs and 66 yards receiving with two touchdowns in the
loss. Barston was snubbed with a mere 46 yards on three catches.

Cal Poly will face New York's Union College at 1:05 pm on Nov. 17. at Alex
G. Spanos Stadium.

Tennis
continued from page 12
for a 24-8 run. Poly senior Matt Hanson's 15
points and eight rebounds were not enough as the Mustangs, who struggled down the stretch
during those losses, but were enough to win.

"Fans were so supportive and loud they were almost a 12th man," said Mus­
er's basketball coach.

"They just can't get behind us when we were already backed up," Ellerson
said. "That's on me, that's bad coaching. They battled their tails off and
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The Mustangs didn't have an answer for the Bison's overpowering offensive line
until they got into the red zone. The crowd played an immense factor in North Dakota State's ability to call
games, which held them to three field goals in three quarters.

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Men’s tennis concludes season with the Cal Poly Invitational

Laura Kasavan

MUSTANG DAILY

The Cal Poly men’s tennis team took to the courts this weekend for a three-day invitational to finish their season. The team lost to Loyola Marymount University in doubles, Arizona State in singles, and Colorado State in doubles and singles.

Sophomore Rob Foy went 3-0 in singles and 3-0 in doubles. “We (Foy and doubles partner Darryn Young) played at No. 1 doubles, which was a bit of a step up from last year,” Foy said. “It was a good learning experience.”

On Friday Cal Poly matched up against Loyola Marymount University. In doubles, partners Drew Jacobs and Blake Wardman won 8-2 over Loyola Marymount’s Jack Twarowski and Johan Berntz. Wardman and Jacobs both won in singles as well. Wardman beat Stefan Nikolic 6-3, 6-0 and Jacobs beat Remo Maggi 6-3, 6-0.

Mustard Nick Berger had a 7-6, 6-0 win over Nick Von Der Ahe. Young and Foy lost 8-4 to Sam Tadesosian and Maggi, and Andy Gerst and Berger fell 8-4 to Nikolic and Von Der Ahe. On Saturday the Mustangs won four of their six singles matches against Sacramento State.

Foy beat Roman Conlon 6-2, 6-0 and Jacobs dropped his first set but went on to beat Holden Ching 6-2, 6-4, 6-4. Also victorious was Wardman, who beat Tim Lintin 6-3, 7-5, and Young with a 7-6, 6-3 victory over Sam-David Reut.

Mustang Alexander Sosson and Andy Gerst both lost their singles matches. Sosson lost to Anton Styrkas 6-1, 6-3 and Gerst won a set before Kyril Harbukas came back to win 6-1, 3-6, 6-1. In doubles, Jacobs and Wardman beat the pairing of Lintin and Conlon 8-2.

The Hornet’s Styrkas and Harbukas beat Foy and Young 8-4, and Ching and Ruetsch beat Gerst and Berger 8-6.

The last matchup of the weekend was Sunday’s competition against UC Santa Barbara. “This is a really good way to finish out the season and show fans and coaches how you developed and what you learned,” Sosson said.

Cal Poly won four of the seven singles matches against the Gauchos and one of the three doubles matches.

In singles, Young, Wardman, Foy and Berger had wins. Young won a close match against Max Taylor 7-4, 7-4. Wardman won 6-4, 10-3 win over Nigel Barton and Foy a 7-6, 6-3 win over Maher Zaidan. Berger beat Tolomeo.

see Tennis, page 11