Week stirs memories of violence, survival

Sexual assault survivor sends message of hope

By Shannon Akins
MUSTANG DAILY STAFF WRITER

Take Back the Night's guest speaker Deanna Gale, a survivor who persevered over sexual violence, spoke at Chaffey Auditorium Wednesday evening to share her disturbing life story of those and the recovery techniques she used to overcome tragedy.

"The choice you have is about not what happened to you, but how you choose to deal with it," Gale said.

More than 200 people attended her talk in support of a violence-free campus and community.

Gale's personal testimony began with a poem of hope and led into childhood remembrances of being severely beaten by her stepfather. When Gale became a teen, her mother and stepfather sent her to live with her biological father whom she had never met. He soon began raping her throughout her formative years of 15 to 17. Gale said she only hope was graduating and leaving home. Then, only two weeks after she fled the abuse of her father, two men abducted her and brutally raped her for six hours before the police found her in the rapists' custody.

"I don't trust anyone but myself," Gale said.

Gale's message is clear. You cannot prevent bad things like rape from happening and it's never your fault.

However, there is healing and recovery that can happen, and you can go on with your life and be happy, Gale said.

She spoke of creating a non-violent community. This doesn't just apply to women being victims at the hands of men. Gale said a lot of men are victims of sexual and physical abuse also. The chance that a man still live a woman who's been the victim of violence is very high, so awareness is also important, she said.

Rape statistics have held up, Gale's statement by saying that one of every three American women will be sexually assaulted in her lifetime.

"You cannot control what others will do, but you can always depend on yourself to be true to yourself," Gale said.

The important thing, she said, is not succumbing to depression after you've endured an act of violence. Gale said rape is an act of violence and not merely a sexual act. People who commit these kinds of crimes aren't psychologically normal, she said.

They themselves have been abused, hurt and are unloved," Gale said. "They need help, and our system isn't set up to help people like that."

Gale explained some of the steps that are involved in the process of healing. She emphasized that every victim's journey to recovery is unique. But the first step is asking or realizing you need help, she said.

"You have to heal your mind as well as your body and soul," Gale said. "What I did to heal myself won't work for everyone. The willingness to try to see GALE, page 2.

Colleges reap benefits of restructured Poly Plan

By Jennifer Beard
MUSTANG DAILY STAFF WRITER

After a reconstruction of the Cal Poly Plan in February, 52 percent of its funds will go back to the various colleges and 20 percent will go to Kennedy Library and the Student Affairs division.

"Students sent us a message that they wanted more money to get back to their departments with more local control," said Associated Students Inc. President John Moffitt.

The total estimated budget of the Cal Poly Plan, which is based on next year's enrollment, is $500,000, Moffitt said. Of that sum, $400,000 will go to the colleges and $100,000 will go to the library, Student Affairs and the Cal Poly Plan Steering Committee.

Under the old Poly Plan, all decisions for the use of the money had to go through the individual college's steering committee and then to the Cal Poly Plan steering committee. Currently, the Cal Poly Plan steering committee allocates funds to each college and allows its individual steering committees to distribute funds throughout their departments as they see fit. The college steering committees are made up of students, faculty and staff.

Each college must use 70 percent of their funds within the college and 30 percent of the funds for collaborative projects with other colleges.

The amount given to each college is based on how much they receive from the total university budget and on the needs of the colleges.

The College of Liberal Arts has a two-year plan set for the use of its funds, which amount to approximately $95,000. Associate Dean Susan Carrier said that pending final approval from the university, the funds will be used for a variety of programs.

Carrier said these programs include additional speech courses; a Polylingual International Resource Center that would teach foreign languages not currently offered at Cal Poly; and funds for sculpture students to use outside of the studio.

The college's plan came about as a result of several meetings of its steering committee. The committee is made up of two students, two staff and four faculty members.

"Everyone had to write in their proposals about what the direct benefits to students would be, as well as following along with the Cal Poly Plan," Carrier said.

David Werner, associate dean of the College of Agriculture, said his college received $57,500 in funding and had made no concrete decisions on how the money will go. Werner said the college will be making proposals in May.

The library, Student Affairs and the steering committee receive the last 20 percent of the Cal Poly Plan's fund. The library will receive $24,000.
POLY PLAN continued from page 1

in funding through the plan. “Almost all the library projects are collaborative in nature. We think they will be beneficial to students and faculty as well as to students and faculty, said library Dean Hiram Davis.

Some of the library’s projects include the content of an online media library and expansion and upgrade of the media lab and electronic reserves, which will allow for interaction scanned from reserves and put up on the Internet.

Student Affairs will receive approximately $34,000, and the Cal Poly Plan steering committee will receive $42,000. The money held by the steering committee is to be used for the various colleges on campus. If they need more money to work on a project, they can petition for money from these funds.

Not all of the colleges have formed plans for the funds. Colleges must present their proposals to the Cal Poly Plan steering committee by May 19 for review.

“Nothing matters more than getting people to sign up,” Rickett said. “We’re giving everybody an organ donation card and saying, ‘More than anything, think about this.’ The main goal for the day is to get the information out to people so they can make an educated decision.”

By the end of the hour, there was still a line of students and four of the six-foot sandwiches had been devoured.

Shellehammer saw the day as a chance to tell donors that they must discuss their decision with their families. “People really need to talk to their families because that’s been the biggest misconception that I’ve heard people say. They think that as long as they have the dot on their license, they’re going to be an organ donor. Really, the decision would come down to their family, and it would be so much easier for their family at the time if they had discussed it earlier,” she said.

The free food didn’t hurt in attracting student attention. “I have to say that the free food was the initial attraction. Beyond that, it was interesting and touching to hear Carrie’s story,” civil engineering senior Matt Davis said.

Davis has the organ donor dot on his driver’s license, but has never really talked to his family about it. “One thing that they’re emphasizing today that I’ve learned is that it’s more important that I tell my family than just having the sticker on my I.D.,” Davis said.

Shellehammer has primary pulmonary hypertension. It is a condition that closes off blood vessels in her lungs, causing her heart to overwork itself to keep blood flowing.

Nationwide, more than 60,000 people are waiting for organ transplants. Shellehammer is one of 50 people on the University of California, San Francisco waiting list for lung transplants.

Medication helps keep Shellehammer’s condition controlled, but many waiting for donations are not as fortunate. Ten people die each day while waiting for organs.

San Francisco waiting list for lung transplants.

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Take a road trip
to Monterey Bay
By Katherine von Stein
MUSTANG DAILY FEATURES EDITOR

The Monterey Bay Aquarium is a road trip waiting to happen. Visitors can explore a diverse range of exhibits, including giant ocean sunfish, sharks, bats, rays, turtles and sea turtles.

More than 300,000 plants and animals represent the 571 species of mammals, invertebrates, reptiles, birds, plants and fish inhabiting Monterey Bay.

"It's a great place to visit," said Steve Schueneman, a recent materials science and engineering graduate and Monterey native. "I like to watch the sharks swim around. The feeding sessions are pretty interesting too."

The sea otter feeding shows take place three times a day, and the Kelp Forest dive shows start twice daily.

Mechanical engineering senior Jason Muzzetta and business junior Keri Keller have visited the museum twice.

"We went back for the sunfish," Keri said of their most recent visit. The aquarium has a million-gallon tank, the biggest fish tank in the world, especially for this large fish.

The "Mysteries of the Deep" exhibit features 40 uncommon species found in a mile-deep submarine canyon of Monterey. The $5,000-gallon sea otter exhibit gives visitors an up-close experience with these playful animals. The feeding shows promise a first-hand look at otters' voracious eating habits. In the stroll, a sea otter consumes up to 25 percent of its body weight per day.

Monterey is about a two-and-a-half hour drive from San Luis Obispo on Highway 1.

While in the area, Schueneman said he recommends Wharf number one and Cannery Row for lunch and shopping. Del Monte Beach and the Asilomar coastline are also good places to check out. The Asilomar coastline has a lot of rocks with waves crashing over them. "It's one of the most scenic coastlines you'll see anywhere," Schueneman said. Visitors should also consider Point Lobos, a state wildlife reserve.

The Aquarium recommends that visitors allow at least three hours to appreciate the exhibits. You may want to leave early in the morning to ensure a full day.

Tickets are sold at the Aquarium (although there always seems to be a long line) and by phone. You can also buy your tickets via the Internet, at www.mbavaq.org. Admission is $15.95 for adults and $12.95 with student ID. The aquarium is open from 9:10 a.m. during the summer months.

Learning to guide river rafting trips

While most students flock to warm beaches for spring break, nine Cal Poly students, including myself, headed north to the American River to become certified White Water Rafting Guides.

We spent eight days paddling boats, navigating rapids, rescuing distressed swimmers, rigging Z-lines and experiencing the local river night life, which, if you've never been to Coloma, can be quite interesting, to say the least.

By the end of the week, we all came away a little sunburned and a lot more experienced in the art of raft guiding.

Now that Cal Poly has nine new river guides itching to get back out on the water, look for upcoming rafting trips offered through Poly Escapes. Rivers we plan to visit include the American, Kern and Kinnis. Since the trips are through Poly Escapes, the cost will be less than what commercial outfitters charge.

Will Hoida is a recreation administration senior who writes a weekly column for Get Out.
Opinion

The issue: Employment drug testing

It’s necessary for integrity

We live in a country where our lives are based upon ideals of freedom and privacy, yet in order to get a job, we must give up our privacy by submitting to a drug test.

“We like your resume. Here, take this cup; the restroom is down the hall.” If you have the skills behind the resume, shouldn’t matter what you do outside of the work environment.

According to the American Toxicology Institute, the purpose of pre-employment testing is to identify a drug user prior to hiring. They say it has been well established that a significant number of job-related accidents are drug/alcohol related and that companies including post-accident and probable-cause testing in their program have a significantly lower incident of injury claims.

This is all well and good for employers, but what about employees? Recreational drug users who don’t use drugs during work can still be denied jobs even though they are responsible about their usage. Even those who use marijuana for medical purposes are put at risk.

Especially in the realm of medical use, it’s no one’s right to know what you do outside of work. Suffering and pain are not something you want to share with your employer. You want to do what you need to do to reduce the pain so you can perform on the job.

In a study released in January, the American Civil Liberties Union concluded that the federal government’s drug testing program pays $72,000 to identify one drug user. This seems a little excessive.

A recent survey of 63 Silicon Valley companies found that instead of increasing employee productivity, drug testing actually reduces it.

If you see your employees with the notion of random drug tests, they’re not going to perform as well. Those who use drugs to relax might stress out because they have stopped using and fallen out of their regular routine. As we all know, if we fall out of our routine, we’re a little off for the rest of the day.

The Fourth Amendment says that warrants are not required for drug testing in incidences where people have been involved in accidents or matters of safety, and positions where they come in contact with firearms. It doesn’t say anything about any private individuals applying for a job.

I understand the need to provide a safe work environment for all employees. I wouldn’t want someone who is high on drugs to operate heavy machinery or carry a firearm, but outside of these positions, sometimes it is worthwhile to take a risk on someone who could turn out to be a great employee.

One site on the Internet, www.cleartest.com, offers solutions for those who are afraid of the test. The site offers a variety of products from urine additives that destroy toxins in a matter of hours. You can also purchase a kit to perform your own drug test at my convenience after the interview. At the interview, the sales team outlined CCS’ strict drug policy to me.

“The use of illegal drugs and the abuse of legal drugs is a matter of grave concern to CCS. Consumption of alcohol or drugs prior to or while working is strictly prohibited. If you are taking any drug or medication, whether or not prescribed by your physician, which may adversely affect you ability to perform work in a safe and productive manner, you must report such situation to your supervisor.”

Furthermore, any employee suspected of violating this policy is subject to testing at any time.

My manager explained that CCS’ main concern was the safety of its employees. The use of drugs can impair judgment and reaction time, which can lead to job site accidents and injuries.

Most companies care about their employees. They want to see the business succeed, and success is dependent on the people they hire to conduct business.

Employers have a right to know if an employee is capable of carrying out business on a consistent basis. The use of drugs impairs this ability.

I view the test that I took as just another part of the application process that proved that I was capable of providing service to CCS. I had to fill out an application to outline my sales training and take a typing test to prove my computer literacy. The drug test was a way of proving I was a trustworthy and reliable applicant.

Jennifer Beard is a journalism senior and a Mustang Daily staff writer.

Privacy is compromised

Students in search of summer jobs may find employers requiring them to take a drug test as part of the application process. It is in the best interest of the company to require these tests.

The use of drugs impairs judgment, can lead to employee safety problems, and interfere with business activities. Companies are interested in having dependable, trustworthy, efficient employees, and drug testing is one way of screening for these qualities.

Having drugs or employees under the influence also lead to legal situations for a company. In an effort to prevent future problems, employers are using the tests as part of the application process.

An April Business Wire report stated, “More than 90 percent of Fortune 500 companies have implemented some type of drug prevention program, most of which involve drug testing.”

Not too many students will be working for Fortune 500 companies this summer, but the trend is spreading throughout the small to mid-sized business sector, thanks in part to the availability of reliable, low-cost testing resources.

Employers pay for the tests and may provide them on site.

• Let me tell you a little about where I work. CCS Mailorder is a company that sells skateboard products throughout the United States, as well as a number of foreign countries. Employees, a large number of whom are Cuesta and Cal Poly students, handle incoming calls and router requests into computers.

What I applied for the job over a year ago, I was sent to the Family & Industrial Medical Center to take a drug test at my convenience after the interview. At the interview, the sales team outlined CCS’ strict drug policy to me.

“The personal policy guide I received states: “The use of illegal drugs and the abuse of legal drugs is a matter of grave concern to CCS. Consumption of alcohol or drugs prior to or while working is strictly prohibited. If you are taking any drug or medication, whether or not prescribed by your physician, which may adversely affect you ability to perform work in a safe and productive manner, you must report such situation to your supervisor.”

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Sarah Goodyear is a journalism junior and a Mustang Daily staff writer.
Be Earth Day aware this year

Earth Day's 30th anniversary is coming around this weekend, April 22. This Saturday people all over the world, San Luis Obispo residents alike, will engage in an all-day celebration of the earth's natural resources.

One day a year dedicated to the earth is hardly enough. Everyday is Earth Day. The earth is our lifeline. People do have to be taught to respect the earth and stand up against people and corporations that disrespect our earth.

The national theme of this year's Earth Day is "Clean Energy Now!" The effort this year is encouraging everyone to switch to clean and renewable energy like solar and wind power. The Earth Day Network is asking for national support in the '60s. In 1963, President Kennedy made the environment a national issue when he traveled across country promoting a conservation tour that pointed out the failing state of the environment.

However, other people, namely environmentalists, claim the earth in a poor shape after a growth in environmental concerns gained national support in the '60s. In 1965, President Lyndon Johnson made the environment a national issue when he traveled across country promoting a conservation tour that pointed out the failing state of the environment.

The difference between the news media and the entertainment media is often subtle, but vital nonetheless. It's a symbolic difference based on geography. The entertainment and news worlds of America are separated by the entire nation. In the west we find Hollywood, home to much of the entertainment industry. Clear acres in the northeast is New York, the hub of journalism.

What makes a journalist? Is it a college degree? A job at a major network? A passion for words and information? The truth is, I don't know. But, I hope the answer lies within the third option.

Recently I heard of Leonardo DiCaprio interviewing President Clinton for an ABC Earth Day special. From what I can tell, this is his first journalistic act and an inappropriate way to enter the field. It is merely a stunt to glorify himself and discredit the true journalists of America that is not based on any true passion for the news.

The truth is, I don't know. But, I hope the answer lies within the third option.

Visit www.ford.com/collegegrad or call 1.800.321.1536 for all the details.
Moondoggies Beach Club: ‘We live surfing’

Of course they are considered the beauties of the sea. Their smooth forms coasting along the crests of waves, their natural shapes speckling the ocean for beach watchers to view with envy.

Granted, if these shapes were anything but the surfers to which I am referring, we might have an article for National Geographic. As it happens, surfers are the topic of discussion today, and more importantly, the place to go for all your surfing lifestyle makeovers: Moondoggies.

Moondoggies’ employees live by the motto, “We don’t just go surfing, we live surfing,” and their customer service shows this in true form.

Moondoggies is more than just a surf shop, their helpful staff will direct surfers of any level to the best site for the fattest waves.

If you’re just starting out in the sport, Moondoggies is a great place to pick up your first board. Not only do they have one of the widest selections on the Central Coast, but their custom board shapers can work with even the most experienced surfer to design a board that is specific to your individual needs.

With a complete retail line of hooded sweatshirts, shoes, board shorts and a full line of women’s apparel, Moondoggies is proud of its stock of over 10,000 pairs of walking shorts on site.

In addition to their clothing in stock, you will find sunglasses, watches, sticker-logos, and a full range of wet suits.

Surf shops might seem like gas stations here of the Central Coast, so the object is to find one where you will feel more than just welcome.

Moondoggies staff will let you in on their knowledge of the sport as well as the lifestyle.

Whether you need advice on picking out your first board, or considering expanding your horizons to skim and body boarding, let the guys at Moondoggies show you why they are a household surf-shop name across the state.

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**Sports**

**Kaaron Conwright: sprinter**

**Highlights**
- Holds the Cal Poly record in 100 at 10.22.
- His personal best time of 10.22 last year at the Big West Track and Field Championships qualified him for a chance to attend the Olympic trials.
- Ran a wind-aided 10.12 seconds in the 100 at the 1999 NCAA Outdoor Championships.
- Second on Cal Poly’s all-time list in the 200 at 20.69.
- His mother and father are both runners and his sister ran track at USC.

**Statistics:**
- Height: 5’8”
- Weight: 165 lbs
- Class: Senior
- Hometown: Inglewood

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**Sports**

**CONWRIGHT continued from page 8**

Olympic Committee to pay your way, a time of 10.27 is needed. The last time a Cal Poly athlete has attended Olympic trials was more than five years ago when Erica Almazor competed in the discus competition. The senior from Ingleside has always been a talented athlete, although he says his talent for track was discovered on accident. In his freshmen year of high school, Conwright was playing baseball when the track coach heard of Conwright’s speed and moved him down to the track and ran. After batting practice, Conwright walked down to the track where he beat everyone “by a substantial amount.” His track career was born.

Upon coming to Cal Poly, Conwright was under full scholarship to play football. However, after his freshmen year, Conwright says the football program became “too much” for him and he began to turn his focus towards the track.

“I decided that football wasn’t going to be the ticket. I had more fun running track,” Conwright said. “I enjoyed the people’s company who I was involved with and decided track was better suited for me.”

Although he had strong reservations about attending Cal Poly, Conwright now believes the environment here has been perfect for training purposes and he has grown to love the small town life.

“There are very little distractions here. The only trouble you can get in is the trouble you find yourself,” Conwright said. “The weather is usually, and nice and with no distractions and it’s good for training.”

Training is a major part of Conwright’s daily routine. He estimates he spends 7 to 12 hours a week in personal training. He also has to monitor his diet to ensure he stays in top shape. This means lots of carbohydrates and other protein-filled meals. Despite all his hard work, the four-time All-American chooses not to accept personal credit for his accomplishments. Instead he attributes a large part of his abilities to genetics. “My mother and father both are great runners,” Conwright said. “My sister ran track at USC, so I guess I come from a family of good runners.”

Such modesty seems to come easy to Conwright. In talking about his accomplishments on the track he was quick to point out he loves to go to the movies and be with his girlfriend. He also noted he’s quite handy in the kitchen.

In last week’s track and field invitational at Long Beach, Conwright placed second in his heat of the men’s 100 with a season best 10.24. As the season begins to wind down, Mustang track and field head coach Terry Crawford believes Conwright has what it takes to continue his career beyond the collegiate level.

“I think he has all the qualities needed to go on to be a successful post-collegiate athlete,” Crawford said. “He’s very self-motivated and determined. It’s been great to see him mature over the years.”

In spite of her high aspirations for the graduating senior, Crawford says it doesn’t make it easy to lose such a high-caliber athlete.

“She’s really brought a lot of attention to our sports department through his personal achievements,” said the eight-year coach. “To have an All-American performer and team leader leave is hard to replace.”

Teammate Naruto Costa also reflects on Conwright’s impact on the team. “Konan is an inspiration to all of us. We go out there with the attitude to work hard and keep everyone focused,” said Costa. “It’s tough on the rest of the team.

Costa was also confident in Conwright’s ability to be successful in the upcoming months.

“Screams to be in the NCAA’s a couple of times before. Hell also be an All-American again this year and will definitely be the top five in both the 100 and 200 races.

With only a handful of meets left and graduation less than two months away, the English major looked back at his track and field experience and could only smile.

“Me learned to become a man here. I’ve learned to overcome adversity and adapt,” Conwright said. “I’ve become my own person, and it’s a small town to do that.”

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**Waterworld**

**The Cal Poly women’s water polo team played an exhi­ bition game Thursday night as a tune-up before the team travels to Arizona for the national tour­ nament May 6-7.**

*Margaret Sherer/MUSTANG DAILY*
The fastest man in the Big West

By Christian von Treskow
MUSTANG DAILY STAFF WRITER

There is an Olympic hopeful on campus, but don't think or you might miss him.

His name is Kaaron Conwright, and after capturing the conference title in the 100-meter dash two straight years, he has slotted his position to the fastest man in the Big West.

His personal best time of 10.22 last fall at the Pac West Track and Field Championships has already qualified him for a chance to attend Olympic trials in Sacramento this summer. However, Conwright says he has yet to run his best and he looks at the rest of the season as a time to bring it to the next level.

"Technically, that race I ran a 10.22 was not one of my better runs. I got a slow start and felt sluggish," Conwright said. "I think I am just starting to hit my peak now and feel dipping into the nine second range is possible."

Despite what he felt was a lackluster run, the 10.22 time earned Conwright the distinction of becoming Cal Poly's all-time top performer in the 100-meter dash. His fastest time to date was a 10.12 run in a semifinal heat in the 1999 NCAA Championships. The time couldn't be considered official however because of the excessive wind on the track that day. Conwright went on to also capture second in the 200-meter race with a time of 20.69. That time also landed him second on Cal Poly's all-time 200-meter list.

At the Olympic trials, Conwright will face the fastest runners from across the nation. In order to qualify, a sprinter must have an official time of 10.22 or better. If you want the see CONWRIGHT, page 7

Terry Crawford
head coach

Senior sprinter Kaaron Conwright has already earned a trip to Sacramento to compete in the Olympic trials in the 100-meter dash. Conwright holds the Cal Poly record in the 100 with a time of 10.22 seconds. The Mustangs will compete today in Austin, Texas at the National Collegiate Invitations.

GREG COBARR
PHOTOGRAPHY

Softball at home vs. New Mexico State

The Cal Poly softball team plays host to New Mexico State Saturday after earning its first 200 Big West Conference win last weekend.

The struggling Mustangs (13-28, 1-14) continue on with Big West play after dropping their first 13 conference games this season.

The Mustangs lone win came in the second of a three-game series last weekend at Utah State. Cal Poly came from behind to pick up the 3-2 win after freshman Carrie Schubert walked with the bases loaded, scoring sophomore Jackie Wayland to break a 2-2 tie. The seventh-inning rally gave the Mustangs their only win of a series in which Cal Poly dropped close games of 1-0 and 2-0.

Offensively, Wayland led the way, going 3-for-3 with 2 RBI in the win.

Also, Nicole Dandy continued her hot hitting for the Mustangs, picking up four more hits and scoring a pair of runs. She leads the Mustangs in batting with a .336 average.

Sunday's game against New Mexico State will also feature a special promotion for youth softball players. The first 200 players to arrive in uniform will receive a free mini bat courtesy of Ed Carroll Bookstore as part of Youth Softball Appreciation Day.

Mustang Daily Staff Report

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The Mustangs lone win came in the second of a three-game series last weekend at Utah State. Cal Poly came from behind to pick up the 3-2 win after freshman Carrie Schubert walked with the bases loaded, scoring sophomore Jackie Wayland to break a 2-2 tie. The seventh-inning rally gave the Mustangs their only win of a series in which Cal Poly dropped close games of 1-0 and 2-0.

Offensively, Wayland led the way, going 3-for-3 with 2 RBI in the win.

Also, Nicole Dandy continued her hot hitting for the Mustangs, picking up four more hits and scoring a pair of runs. She leads the Mustangs in batting with a .336 average.

Sunday's game against New Mexico State will also feature a special promotion for youth softball players. The first 200 players to arrive in uniform will receive a free mini bat courtesy of Ed Carroll Bookstore as part of Youth Softball Appreciation Day.

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