Term limit, other propositions on ballot

A peek at the PROPS

Proposition 223: Prohibits school districts from spending more than 5 percent of all funds on administrative costs. Allows for a $175 per student line for districts that spend more than 5 percent.

Proposition 224: Requires cost comparisons between private contractors and public employees during government work.

Proposition 225: States that U.S. Senators and Representatives should serve no more than two and three terms, respectively. Requires California's state legislators to support a term-limit amendment change to the U.S. Constitution.

By James Zaffrletto

Editor's note: Today Mustang Daily tackles Propositions 223, 224 and 225. Read Mustang Daily tomorrow for information about the final two propositions hitting the June 2 ballot.

Proposition 223

Proposition 223 prohibits all school districts from spending more than 5 percent of funds from all sources on administrative costs. If a school district were to break this rule, the law would allow for a penalty in the form of a fine of about $175 per student, according to the Legislative Analyst.

"The problem with this proposition is that it benefits only the larger school districts," said Bonnie Mortus of the group Parents Teachers and Educators for Local Control. "About 90 percent of the school districts in California will not be able to comply with these strict rules."

Mortus also said Prop 223 does not allow for any exceptions.

"If a school district has a problem with a teacher and has to file suit, they have to still be within that 5-percent limit," Mortus said. "If the district is even a few dollars over they will be fined."

Districts would be required to publish their budgets every year to demonstrate how each purchase is linked to the achievement of a specific performance outcome for students (performance budgeting). In order to meet the requirements, some districts might have to move some operations from their central locations to the actual school sites, and reduce administrative spending.

Supporters of Prop 223 think it would ensure that existing state educational funds would be spent wisely.

See PROPS page 3

State Treasurer and Senate hopefuls face off in primary

By Leslie Stevens

State Treasurer and State Senate candidates serve four-year terms, and half of the seats are up for election this year. San Luis Obispo County is part of Senate District 18, which also includes Santa Barbara County and western Ventura County.

Democratic Sen. Jack O'Connell currently represents the district and is running for re-election against Republican Gordon Kimmel and Libertarian Ryujin, an Asian American, said: "The many students of color who have come to support this resolution feel the same way."

Ryujin pointed to three documents clarifying the role of diversity in college campuses. Diversity is not an end in itself, as Jonathan Alger of the American Association of University Professors writes. Rather, it is a means of improving education quality.

Classroom dialogue depends on a mixture of voices, according to the Association of American Universities statement. Without these voices, the "texture of the education we provide will be significantly diminished."

Similarly, the American Council on Education writes that diversity enriches education, communities and the work force.

The first resolution calls for the senate to accept the academic benefits of diversity outlined in these documents. The second broadens diversity's definition to fit Cal Poly.

The proposed Statement on Diversity extends beyond race, ethnicity and gender to include such factors as religion, socioeconomic status and parental environment. It considers abilities and disabilities, as well as age and sexual orientation, in defining diversity.

In reaction, some senators see ACADEMIC page 3

Diversity statement debated by Senate

By Andy Cestayolo

Academic senators digested a full plate of topics Tuesday in a rush to hear proposals before the quarter's end.

Fifteen students piled into the senate meeting, where student attendance is generally very low, to support two resolutions on the definitions of diversity and its academic value.

The first proposal pushes administration to recognize the benefits of diversity in the classroom, and to promote diversity among students, faculty, staff and curriculum. The proposal elicited heavy discussion, but senators won't vote until it's modified and returned for a second reading.

Although the proposal doesn't force any changes in admissions or curriculum, it is necessary for the university to adopt a pre-diversity statement as grounds for possible change.

Don Ryujin, psychology professor and chair of the Diversity Task Force, used his own education to defend the resolution.

"In my own undergraduate institution, I did not feel welcome,"

See SENATORS page 3

Election '98

Turn to Mustang Daily Friday for coverage of:

• Propositions 226 and 227
• The local race for District Attorney
• The race for United States Congress

See SENATORS page 3

PROPS page 3
Assemblyman Wildman's body armor bill flies through assembly

The California State Assembly passed a measure that prohibits convicted felons from purchasing, owning or possessing bullet proof body armor by a vote of 49-14. Assemblyman Scott Wildman introduced the bill to help stem the large amount of recent criminal incidents which have created a lethal environment for police and citizens.

"Body armor was created for one fundamental reason — to protect the individuals who risk their lives protecting our communities. But today, bulletproof body armor is finding its way into the hands of violent criminals," Wildman told the committee.

Recent incidents which sparked the bill include a police standoff in Nov. 1994 in which an armed and dangerous criminal was able to fend off 120 police for more than a half hour. He was protected by full body armor and killed a San Francisco police officer.

The bill has received widespread support from organizations such as the City of Los Angeles, the Attorney General's office, the California Association of Highway Patrolmen and Point Blank Body Armor Manufacturers Inc. It is awaiting policy committee assignment in the Senate Rules Committee.

ETS and NAFSA produce student handbook with international appeal

The Educational Testing Service (ETS) has introduced a free updated International Student Handbook to help international students with the stresses of leaving their home and homeland when going away to college.

The guide walks students who are considering studying in the US through the entire decision-making process. It covers everything from selecting an institution or program and applying for admission, to obtaining visas and budgeting finances. The handbook was distributed at NAFSA's annual Memorial Day weekend conference and is currently available for colleges and universities to order in bulk, free of charge, except for shipping and handling.

Architecture students to exhibit designs for Italian town

Sketches of buildings, cathedrals, bridges and major monuments. The first annual Fifth Year Overseas Design Option, which was started by Architecture students to exhibit designs for Italian town

Sixteen senior architecture students traveled with professor Sandra Lakeman.

The three-month trip included tours of Rome, Siena and Arcidosso which students met with city officials to learn the social and environmental design projects the town was interested in. Afterwards, the students chose individual sites and developed design proposals that they presented to members of the town council. These drawings, models and proposals for redesigning the town's main square, Piazza Indipendenza, are scheduled to be exhibited in Arcidosso later this summer.

The students' architectural journals will be on display, revealing their sketches of buildings, cathedrals, bridges and major monuments.

Another $400 Winner

Sean Zanderdon and the vending machine that gave him $400.

Sean Zanderdon, Business major, is the second of four winners in the Campus Dining/Pepsi promotion to win on-campus vending machines. Last week's winner was also a Business major. "Business Rules!" and Sean was disappointed when I saw the bottle because it looked different - I thought it was diet or something. It was different too, the sticker said he was the winner of a $400 gift certificate. Everyone purchasing 20 ounce Pepsi products from campus vending machines during the promotion has a chance to win free bottles. If the vending machine dispenses a bottle with a winning sticker that looks like a splash of soda and says "winner", take it to Campus Dining Customer Service, in the Lory Student Center atrium to redeem for a $400 gift certificate to be used at El Corral Bookstore.

A second campus Dining is placing one winning sticker on a bottle $400 prize each week. Ask the Campus Dining/Pepsi promotion to win on-campus vending machines. Last week's winner was also a Business major. "Business Rules!" and Sean was disappointed when I saw the bottle because it looked different - I thought it was diet or something. It was different too, the sticker said he was the winner of a $400 gift certificate. Everyone purchasing 20 ounce Pepsi products from campus vending machines during the promotion has a chance to win free bottles. If the vending machine dispenses a bottle with a winning sticker that looks like a splash of soda and says "winner", take it to Campus Dining Customer Service, in the Lory Student Center atrium to redeem for a $400 gift certificate to be used at El Corral Bookstore.

The Campus Daily Report

The race for San Luis Obispo County Sheriff is full of surprises from the start.

In February, just three weeks before primary day, Sheriff Ed Williams announced he would not seek re-election. That same day, San Luis Obispo Police Chief Jim Gardiner announced his intent to run for the position, having only recently secured the endorsement of Williams and San Luis Obispo County Sheriff's Association. This prompted some to criticize what seemed like a plan to show-in.

"I don't like that kind of politics," County Supervisor Ruth Brackett told the Telegram-Tribune.

On the deadline to file for the June 8 election, Sheriff's Lt. Pat Hedges threw his hat into the ring. "I don't think someone should just be handed the job of sheriff. It's a very important position here at the county, and I think that the voters should have the opportunity to select the most qualified candidate," Hedges said.

Gardiner believes he is the most qualified candidate. "I have been about being the chief executive of the organization," Gardiner said, and that he has years of administrative experience against his opponents lack.

The third candidate, former Sheriff's Capt. Tom Garrity, also entered the race. "The county previously worked for the sheriff's department for 15 years, but resigned in 1994 amidst an internal investigation into allegations of misconduct made by three female employees, according to a Telegram-Tribune report. No lawsuits were filed.

The three candidates all boast extensive backgrounds in law enforcement and appear qualified for the job, which is more about management than hands-on law enforcement.

The County Sheriff is basically the head of the department, setting policy and acting as a liaison between the department and the community. It is the sheriff's job to report to the county Board of Supervisors.

"You communicate with the people regarding public concerns, you communicate with some of your local legislators regarding the need for certain types of legislation that would promote public safety for your community," Hedges explained.

Judging from the endorsements received by each candidate, Gardiner and Hedges appear to be favorites in the race.

Gardiner has been endorsed by all of the county's police chiefs, San Luis Obispo Mayor Allen Settle and state Sen. Jack O'Connell, among others.

Hedges was endorsed by the 250-member Deputy Sheriff's Association, gaining 85 percent of their endorsement votes.

Garrity has been endorsed by the Hospital Police Association of California.

Jim Gardiner, 49, has served as San Luis Obispo Police Chief for 10 years. He is a former chairman of the County Criminal Justice Administrators' Association, a member of the state Police Chiefs' Association board and a chair of the county's Narcotics Task Force board.

Garrity served as Project Manager and helped make the Prado Day Center for the Homeless a reality.

Gardiner is also the incoming state president of the 4,500-member California Peace Officers' Association. He lives in San Luis Obispo with his wife, Elaine, an elementary school teacher. Their daughter Lisa is a Cal Poly graduate and teaches in the Bay Area.


TOM GARRITY

Tom Garrity, 52, began his career in the Los Angeles County Sheriff's Department in 1970, according to a Telegram-Tribune report. He moved to the San Luis Obispo area in 1979 with his wife and three children (they now have four).

He positions at the department include detective, sergeant, SWAT team supervisor, lieutenant, San Luis Obispo County jail manager, captain and patrol division commander. He received the Deputy Sheriff's Association Medal of Valor in 1985 for rescuing a Nipomo man from a burning building.

His campaign slogan is "Time for a change, here for a conservative choice."

Pat Hedges, 45, has worked for the Sheriff's Department for more than 20 years and is a Central Coast native. He's been a supervisor in the Coroner's Division, a commissioner of the County Jail and a patrol commander.

Hedges is currently a sheriff's lieutenant and lives in Morro Bay with his wife and son.

As a lieutenant, Hedges was assigned as the Custody Division Commander for the San Luis Obispo County Jail, the largest division within the Sheriff's Office.

Hedges has served 26 years in the United States Coast Guard Reserve and retired as a Chief Warrant Officer. His web site can be accessed at http://www.elec­tedhedges.com.
Jack Ray. O'Connell is best known for his strong support for public education. He authored the 1996 class-size reduction program, which lowered elementary class size to 20 students per classroom.

Tom Jones, O'Connell's administrative assistant, said O'Connell's campaign concentrates on his accomplishments in the legislature and his commitment to education. "This session he is focusing on high school class-size reduction. It will concentrate on the core state mandated classes of English and math." O'Connell was elected to the State Senate in 1994, following six two-year terms in the California Assembly for the 35th District, representing Santa Barbara and Ventura County voters.

Republican challenger Klemm is a civil engineer from Arroyo Grande who last ran for office in the 1992 U.S. Congressional election. Klemm's wife filed—she has husband boundaries from O'Connell significantly on several issues.

PROPS from page 1

The proposition may be eliminated. An opposition to Prop 225 that was authored by Cal Poly President Warren Baker moved to ask the state board of control to present a report on the state's bonds. It is estimated the cost at about 80 million per year.

PROPOSITION 225

The proposition focuses on education and requires a new state education bond. It is estimated that 1998 bond issue would increase the accountability of the state's education, just how the money is spent. According to public records, the tax would be taken from schools that get penalized would eventually go back to schools that complied with the rules.

PROPOSITION 224

Proposition 224 provides a defined competitive bidding requirement for cost comparison between private contractors and public schools. The measure would require that the past the state has contracted with private firms be held to a qualifications-based selection (QBS) process to design projects such as schools, schools and roads.

If this measure is passed, the QBS system may be eliminated. A contract is under consideration by the state and local governments to see whether a private firm could do the work for less money than state employees.

Styrene Sykes of the Hopcraft Company, which authored Prop 224 — said the current system has got to be changed. "We'd like to see an even playing field," Sykes said. "Right now construction projects are given out on a bidding process. We think this should also apply to the design and engineering process."

Sykes also noted that, contrary to what opponents are saying, this bid process is reasonable for design and engineering process. Representing construction bidding processes take about two months. Sykes said: "This is the model we are using for the design and engineering process. Without competitive bidding, the process could take 18 months longer."

But Taxpayers Against 224 spokesperson Nick DeLuca said the Prop 224 is "vague, Republican that appeals to voters."

The proposition claims to create a competitive bidding atmosphere, but in reality it does just the opposite," DeLuca said. "The word of the proposition makes it easier for state employees to win the contracts, and this makes it possible for a private firm to win a contract."

DeLuca also said Prop 224 encompasses more areas than most people think.

"This proposition is not just about highways," DeLuca said. "It's also taking public money for local levels that include schools, parks and things of that nature, and, because in most cases state employees will win, moving them to a government level."

The Easy Reading voter guide estimates Prop 225 would have some small administrative costs, but does not specify an amount.

ACADEMIC from page 1

regarded the statement as ambiguous. Others criticized the list of diversity factors as too specific. Roy King said, "The body wants clarity and ambiguity."

He welcomed suggestions from the senate to improve the diversity statement without listing specific factors.

Mathematics professor George Lewis spoke strongly against the resolution. "I have a real problem with this diversity statement," he said. "I feel the statement is irreparable."

He said he was embarrassed by the poor quality of writing. In place of the resolution, Lewis drafted a diversity statement of his own, but the senate did not review it.

Political science professor Reginald Gooden voiced his apprehension about the original proposal. "We don't need another statement on diversity that's going to sit on the shelf."

Cal Poly President Warren Baker stepped in to suggest the senate move forward with this resolution.

"Diversity is a fundamental principle of our university," he said. "We have to vote on this and the faculty has to make a decision."

The senate will hear revisions and vote on the resolution before the end of the quarter.
Shop for roomies before next year

By Julie O'Shea

As spring quarter is too quickly drawing to a close and we are all contemplating next year's living arrangements, I would like to give you something to think about before signing that lease. Don't look for cool roommates; look for good roommates. If you don't understand what I mean by this, figure it out soon.

Look for the roommate who will see you with the same respect they want to see you. A roommate who will accept you as an individual and respect your beliefs, manners, ideas and dreams — not laugh and call them dumb.

Don't live with someone who thinks they own the place. They or their parents may be the landlords, but you're paying the rent and your ideas should be taken into consideration as well.

Make sure you live with someone who makes you smile. Don't live with someone who overreacts. Not everything in life needs to be blown out of proportion. The wise person will know when to open their mouth and understand when silence is golden.

Live with someone who realizes their failure and strives to better themselves. Don't live with hypocrisies. They will make you a cynic and destroy your trust.

And if you don't realize conversation is anathema, you're an adult, act like one. Have I mentioned RESPECT yet? It doesn't matter if you are rooming with your best friends or complete strangers, ultimately, if your living companions lack communication skills: Get out now! It's not worth your sanity.

How do you handle them will inevitably tell you what kind of person you are.

It makes you 10 times worse.

Disagreements, they're unavoidable. Live with someone who realizes their personal assets. If they don't, they're just as bad as you.

It doesn't matter if you are rooming with your best friends or complete strangers, ultimately, if your living companions lack communication skills: Get out now! It's not worth your sanity.

Julie O'Shea is a journalism junior.

How the majority of white people view minorities

In response to Mr. Brian Miceli ("Smile and like it, or leave.") May 20: Mr. Miceli sounds like his father's era and nationalistic pride is totally blind to the facts. I am a non-white person, a Chicano, what Miceli and the media call a "minority." But there is nothing minor about me. I'm sure Miceli was referring to the numbers, but the term non-white identifies the same people.

Getting to the juice of this letter, Miceli's opinion in Mustang Daily reflects how most white people in this country carry with them a strong nationalistic pride, of course a great strategy implemented by the government to maintain unity in a collapsing society. And when someone speaks up and threatens pride, no matter how true it is, you get defensive.

The whole American mentality seems to take on the same tone as Miceli's piece did. That is exactly what I understand from the recent propositions that have been passed. Society wants us to accept it the way it is even if we are getting the short end of the stick. If we don't like it then we are supposed to pack our stocks and leave!

My question to Miceli or anybody out there: where are we supposed to go? This is OUR LAND, even if it is occupied. Now, if society wants us to go back to a few miles past the artificial border, then our battle will still be against the U.S. Government. This government, through neo-colonialism, controls my people on that side as well. It does it globally, exploiting natives for cheap labor and raw materials.

Let me break some news to you and your people, this is our home and we're not going anywhere. 'I ain't mad at you,' you have to recognize! So don't get offended when I piss all over the U.S. Government. For now, I do it with words. But just like the military prepares for the Big Day! I too prepare myself. There is too much inequality worldwide, and our society is just a small example of how the U.S. can oppress certain groups to maintain global power and increase its personal assets.

Yes, I am rocking the boat. I have nothing to lose and everything to gain. Is it a crime to fight for what is mine? I challenge my people and all other non-white people to fight for what is yours. Never give up and never give in, until you get yours. This tables must turn, but they will never turn if we keep approaching them (the white government) in such a way. It has been proven by history that the reformists get very little accomplished and the little they do accomplish comes at a turtle's pace. We have to unite so that we're on the same page and prepared for the Big Day! You get what's mine and I want it. I will get it!

Antonio Martinez is a political science senior.

Opinion

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"I don't care, I don't care."
Climb-a-thon drives dozens up a wall

By Kelly Victoria Tasker
Arts Weekly Writer

The Eighth Annual Climb-a-thon event, presented by Poly Escapes, offers 60 hours of continuous climbing that began Tuesday at 6 a.m. and finishes tonight at 6 p.m.

"It is a great experience for anyone wanting to learn how to climb," said Mindy Chairez, ornamental horticulture freshman. "This is a perfect place to learn."

The climbing wall, located outside the Escape Route in the U.U., is run completely by volunteers. It is usually open about eight hours a week, depending on volunteer availability. About 80 volunteers are manning the wall for this event.

"We have all the gear you need to climb. Paying $2 lets you climb as much as you want until Thursday night," said Lang McHardy, vice chair of Poly Escapes.

The Climb-a-thon is much more than a wall. Also at the event is free food, climbing technique classes and a climbing competition Thursday at 8 p.m. McHardy expects about 15 to 20 people to pay the $5 to enter the competition. The competitors will have to finish six different courses, and if they fall once, they will be disqualified.

The prizes for the competition will be raffled off to all participants.

"We keep only about 20 or 30 percent of our profit from the (Climb-a-thon)." McHardy said. "This year we are going to give away money to a homeless shelter and to Access Fund, a group that lobbies for climbing areas.

Are you egregiously delusional?

By Catharina
Arts Weekly Special

It's a Wednesday night and Kenny bees dead once again. You hate that! So what do you do now? In the back of your mind you remember something about a dance club, Egregious? Delusions? This must be a residual memory of an arts week event. Perhaps Cal Poly student and decoration consultant Janelle Smith is right. "Egregious also features pure Electronic (Chemical Brothers, Crystal Method), traditional Industrial and EBM (Front 242, Skinny Puppy)."

Kurt Vonnegut gives an interesting twist to the word egregius in his book "Slaughterhouse Five." Most people think the word means terrible, unheard of or unforgivable. It has a much more interesting story than that to tell. It means "outside the herd." Imagine that — thousands of people outside the herd. Not in our town!

"I really like the ambiance," said William Figueroa, microbiology senior. "People can come out here and really get hooked on climbing. People are getting mucked in their obsession of climbing. Some people come and become wall flies.

Garett Dokin, Escape Route wall manager, says climbing is a good challenging experience.

"You can have a lot of fun and meet new people," Dokin said. "I climb because of the challenge and to accomplish something."

Robert Peters, computer science senior, said he slept in a hammock 20 feet off the ground by the wall Tuesday night.

"This is a chance for anyone who wants to climb or who like to climb to come and experience it."

The atmosphere is stunningly ethereal, blending well with the music. The Gothic genre varies from rock-oriented artists including the Sisters of Mercy to ethereal classics such as the Legendary Pink Dots. A modern Gothic band, Switchblade Symphony combines distorted guitars and synthesized bass lines along with haunting vocals.

Perhaps Cal Poly student and decoration consultant Janelle Smith best describes Delusions.

"We want to combine classic Industrial, '80s and Gothic music and set it in a romantic atmosphere. The decor compliments the music. It's a visual display and a musical one, and that is one of the things that makes it special," Smith said.

Club Egregious is on the first floor of the building. June 3 is the next Egregious with special guest DJs from San Francisco, The Commandant (Sanctuary, The Crypt) & AlNorm (The Crypt) along with Catharina and Will from Egregious. There will be CD giveaways from labels including Astralwerks and Metropolis.

The next Club Delusions is June 17 with DJs Lotus and Leila. Delusions features an art show and giveaways including a pair of Tori Amos tickets. Egregious and Delusions are both located at Tortilla Flats, 1051 Nipomo St. in San Luis Obispo. Anyone 18 or over is welcome with a $3 cover charge. There is a full bar for those over 21. The clubs begin at 9:30 p.m. and end at 2 a.m.

Pop culture, from media sources such as MTV and the radio, does not encompass or present every choice in music to the majority of listeners. MTV and most radio stations follow a heavy rotation of a select group of artists. There are a few choices, such as 120 Minutes on MTV, that attempt to bring "alternatives" to the normal rotation. MTV also hosts a show called AMP that covers the electronic genre. Unfortunately, these programs air late at night and on the weekend, attracting a small number of viewers. Radio stations also follow MTV's format, fostering their limited concept of progressive music.

See CLIMB page A3

See GOTHIC page A3
Horovitz and Zony master mellow melodies

By Mark Hartz
Arts Weekly Staff Writer

There's nothing in music that's as distinctive as the Hammond b-3 organ. The fat, round sound fills a listener's head like a welcome friend. Wayne Horovitz and Zony Mash are that welcome friend, and oh, yeah, they brought an organ.

Their music is a cross between jazz and blues, with a little funk thrown in for good measure. The band, featuring Horovitz on the Hammond b-3, Timothy Young on guitar, Fred Chalenor on bass and Andy Roth on drums, is like a tight groove machine. They wind themselves up like a clock, relentlessly pounding the listener with their fat rhythms.

Horovitz has almost completely mastered the b-3, and his tracking of licks with Young shows exactly how good this guy is. However, sometimes Horovitz goes off a little too much, making it seem as though he overplays just to prove to the listener that he is that good. The ironic thing is, he's good. Some of their grooves are so thick, you can almost feel them. They pile on so many in a single song that the listener starts to feel schizophrenic (but in a good way).

The fourth track, “Prudence RSVP,” is as thick as tar and as diverse as New York City. They lay it so far back, it seems as if everyone will fall off their chair, but because they all lay it back in unison, it works.

Right when the song begins to drag, like they are just jamming to impress themselves, they pull it back together by reincorporating the opening melody line. After listening to the CD a couple of times (as anyone worth a hill of beans would do), I couldn't get this track out of my head: a sign of either a good song or an annoying song. It's the former.

Some of the tracks have a lounge feel to them, but being an instrumental band they realize a smart, jazzy groove, with a little funk thrown in for good measure, but making it seem as though he overplays just to prove to the listener that he is that good. The ironic thing is, he's good. Some of their grooves are so thick, you can almost feel them. They pile on so many in a single song that the listener starts to feel schizophrenic (but in a good way).

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Go all out for Mustang Daily's 2nd Annual Gonzo journalism contest

"True Gonzo reporting needs the talents of a master journalist, the eye of an artist and the heavy balls of an actor. Because the writer must be a participant in the scene, while (s)he's writing it ... Probably the closest analogy to the ideal would be a film director/producer who writes his own scripts, does his own camera work and somehow manages to film himself in the action, as the protagonist or at least the main character." —Hunter S. Thompson

The escape route also rents outdoor supplies at competitive prices. They rent tents, sleeping bags, coolers, lanterns, backpacking, kayaks and climbing shoes. The Escape Route is open from 9 a.m. to 5 p.m. weekdays.
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FASHION from page 8
both pastels and black and white are in," she added.
Express World Brand has a slightly different take on what is in style.
"A major statement this year is white head-to-toe, and lines is back," said Correne Cotta, Express sales manager.
Express is displaying clothing in a variety of colors and textures. Much of the store's clothing is of rich, dark spice colors.
"Free and easy with style is what is in this summer," Cotta said. "Nothing is too short, but the styles are more body conscious. One needs to be more fit. The tank style is very apparent, and that let you put together your own individual style."
Clothing shops in downtown San Luis Obispo are gearing up for summertime with a multitude of fashions. "We sell casual cottons and an array of everything for the baby boom generation," said Jessica Burgess, manager at Up Your Alley. "We also sell a variety of brands that are not in other stores in the area."
Up Your Alley has an extensive selection of formal party dresses and full array of casual and fancy hats. Clothing shops in downtown San Luis Obispo are gearing up for summertime with a multitude of fashions.
"I think you graduate with a Cal Poly look," Campbell said. "Everyone starts dressing the same."
Claire and we will have a lot of those styles."
Express is selling a line of clothing called "Summer Laundry" that features linen fabrics in whites and pastels. They also offer a Metro collection of shirts, shorts, pants and skirts made of a stretchy knit fabric. Cotta said this fabric is unique to Express.
"We don't try to be all things to all people but I think that any one can shop here," Cotta said. "We have what is current in fashion magazines and that is what sets us apart from other shops downtown. You can pick up 'Marie Claire' and we will have a lot of those styles."
Students can find a different look at Up Your Alley, also on Higuera Street.
"We sell casual cottons and an array of everything for the baby boom generation," said Jessica Burgess, manager at Up Your Alley. "We also sell a variety of brands that are not in other stores in the area."
Up Your Alley has an extensive selection of formal party dresses and full array of casual and fancy hats. Clothing shops in downtown San Luis Obispo are gearing up for summertime with a multitude of fashions.
"I like the style of the clothes at Avanti, they are more free-flowing," Campbell said. "I think the current styles are conservative but very flattering."
Campbell said that the popular clothing in San Luis Obispo is much different than what she has seen in her hometown, San Diego.
"I think it has a lot to do with the weather, but the clothes don't seem to show as much here," Campbell said. "I have started dressing differently since I first started at Poly. The other day I was wearing my bathing suit under a tank top and shorts and I felt very exposed in this town. I usually wear the more neutral and mellow clothing like is sold at the Gap and Express.
"I think they like the clothes at Express but if she finds anything cute she can count on seeing at least 30 other people wearing it.
"I think you graduate with a Cal Poly look," Campbell said. "Everyone starts dressing the same."
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needs rest to re-energize. You also need to make a schedule that will allow you to eat four good meals a day, exercise and study."
This is easier said than done. The pressures of meeting deadlines, or even preparing to graduate, during the last month of spring quarter can provoke stress anxiety.
Steve Davis, Cal Poly associate professor in kinesiology, believes taking time out to exercise will improve a student's ability to manage a hectic year-end workload.
"You'll be more productive as a student if you take a break every couple of hours. If you just try to stay in the library for 10 hours straight and cram, you'll wind up being less productive as a student," he noted.
So what should a healthy diet consist of not only now, but year-round?
James Webb, exercise physiologist at Cal Poly, says when exercising, especially in the summer, consuming adequate amounts of fresh fruits and liquids is key.
In general, a proper diet is comprised of:
- Fifty-five to 58 percent of calories from carbohydrates.
- Twelve to 15 percent of calories from proteins.
- Thirty percent or fewer calories in the form of fat.

Trying to follow such a regimen while preparing for finals might tempt a student to try diet pills.
Arroyo Grande dietitian Robert Thiel said, however, that diet drugs aren't always safe.
"Every drug that has been out for dieting has been recalled. I'm not convinced Phen-Fen works," said Thiel. "Phen-Fen is somewhat dangerous because it suppresses appetite. The pills do not deal with the underlying psychological and physiological factors that might be affecting weight gain."
Roksowski said "I hate to just lie in the sun though. That gets boring."
Longbaugh said he doesn't expect people to give up outdoor activities, but simply to use caution when spending time in the sun. He recommends using a sun-screen with at least 15 SPF and wearing a hat when spending long periods of time outdoors.
"Laying out to try to get a tan is an activity whose time should have come and gone long ago," Longbaugh said.

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"Most sun damage is acquired before a person's 20th birthday," said dermatologist James L. Longabaugh. "That's not healthy. It's also more convenient. Twenty minutes in a tanning bed is like King Solomon in a tanning bed."...

"That's more inconvenient. Twenty minutes in a tanning bed is like King Solomon in a tanning bed."..."
Soaking up the sun’s rays

In the Victorian era, people in high society went out of their way to keep the sun off of their bodies. Bronzed skin, at the time, was a sign you were part of the laboring peasant class.

Today’s sun worshipping is a stark contrast to the days of parasols and sun bonnets. Few people put forth great time, effort and money to appear tan — all the while risking their lives for a perfectly even shade of bronze.

There are more than 600,000 new cases of skin cancer reported each year. Nineteen percent of those cases are caused by exposure to the sun’s harmful rays.

Summer reveals more skirts, shorts and skin

Sandals are beginning to creep out of closets, and the weather is calling for tank tops galore. With more warm weather, we’re seeing styles that require a little less fabric in downtown Figueroa Street shops.

A stroll through downtown or even a walk through campus will show how the weather is changing what people wear this season.

Joann Bass, manager of Avanti, a downtown women’s clothing store, noted a lot of variety in skirt lengths this year. She said both short and long skirts are available and very popular.

“We are not selling the knee-length skirts in fashion magazines that are popular in Chicago and New York,” Bass said. “California girls just are not wearing them. They want their skirts short or long.”

Bass says Avanti sells a broad base of styles, but the styles in fashion for spring and summer are more fitted and body conscious, though not super tight like last year.

Avanti also sells the popular shoes with chunky and wedge heels, athletic heels and lots of platform-style shoes.

“In California, the clothes always get smaller and sexier for the summer,” Bass said. “The prices come down because there is less fabric. The styles are still feminine and pretty.

“Brown is a big color now, anything with butterflies is popular, and

Eating well and toning up for summer

As finals exams approach, balancing an exercise schedule and a proper diet can become increasingly difficult.

However, according to some students and physical education practitioners, one’s healthy lifestyle does not have to go down the tubes while cramming for finals.

“A word to the wise: the key is plenty of sleep,” said Scott Howell, San Luis Obispo’s Athletic Club trainer. “I’m also a student at Cal Poly, and I know how hectic it can be at this time of the year. The body

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