FOR IMMEDIATE RELEASE

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Cal Poly Women's Center Hosting 'Remember Week' April 10-14

SAN LUIS OBISPO -- The Cal Poly Women's Center is hosting its annual "Remember Week" April 10-14, devoted to sexual assault awareness and ending violence against women. Scheduled activities are below.

Monday, April 10: Memorial, 5-7 p.m., Luna Café, 1804 Osos St., San Luis Obispo. Memorial for five women victims of violence: Kristen Smart, Rachel Newhouse, Aundria Crawford, Christina Hogan, and Laci Peterson, as well as other survivors and victims of sexual assault.

Tuesday, April 11: Soup and Substance luncheon and speaker, noon-1:30 p.m., Chumash Auditorium East Wing. A speaker from the San Luis Obispo Women's Shelter will discuss domestic violence. Responder Training from the Sexual Assault Recovery and Prevention Center, 5-7 p.m., UU 219. The SARP Center workshop will focus on how to help a survivor of sexual assault and what resources are available to survivors of sexual assault.

Wednesday, April 12: Self Defense Workshop, 1-4 p.m., UU 220. A three-hour training put on by the Sexual Assault Recovery and Prevention Center. This in-depth training will teach participants assertiveness, awareness, and self-defense techniques. Wear comfortable clothes. Spaces are limited; sign up early in the Women's Center. "1 in 4" Presentation, 6-8 p.m., Phillips Hall (PAC 124). Presentation teaching males how to help a survivor of sexual assault.

Thursday, April 13: Provocative Perspectives: Helen Zia, "Crossing Boundaries: Social Change in the New Millennium," 7:30-9 a.m., Vista Grande Café. Zia is an award-winning journalist, scholar and contributing editor to Ms. Magazine. Media are invited to cover her speech. Women's Fair, 11 a.m.-noon, UU Plaza. Take Back the Night celebration, 6-9 p.m., Farmer's Market, Downtown San Luis Obispo. Starts at Garden Street. Celebrate the night and learn about San Luis Obispo community resources for survivors and people who want to help survivors of sexual assault. Performances include Something Irish, Jill Knight, and more.

Friday, April 14: Service Project, 10 a.m.-2 p.m., Cal Poly Women's Center, UU 217. Food drive for the San Luis Obispo Women's Shelter and landscaping work for the Life Steps Foundations.

Tuesday, April 18, Run 2 Remember, 7 p.m., starts at the Cal Poly Health Center Lawn. Cal Poly Women's Programs will be hosting its third annual Run to Remember fund-raiser. The nighttime 5K campus run is designed to provide a fun, safe atmosphere for running at night. The event is a fund-raiser for REMEMBER Week. Registration is $15 and includes an event T-shirt and water bottle, a glow stick, and more.

Saturday, April 29: Walk A Mile in Her Shoes. Sponsored by the Sexual Assault Recovery and Prevention Center, "Walk a Mile in Her Shoes: Men's March to Stop Rape," will be at Mitchell Park in San Luis Obispo, beginning at 10:30 a.m. The march starts at noon. The event ends with music, lunch and a raffle. Registration for individuals is $25, for teams of four or more, $20/person. Registration includes five raffle tickets and an event T-shirt, if forms and money are turned in by April 21st.

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