From the Department Head...

Dear Alumni, Students and Friends:

Last fall, we said good-bye to 86 years of dedicated service and experience when Kathy Barthels, Vic Buccola, and Vaughan Hitchcock retired. That kind and amount of experience will not be easily replaced. I want to take this opportunity to thank them for their contributions to our students, our program and the department. They will be missed.

The big news on campus is the opening of the Performing Arts Center (PAC). This is a 1,300 seat concert hall which is as well designed and equipped as any such facility in California. The PAC was a joint venture funded by Cal Poly, the City of San Luis Obispo and a local foundation. I have attended a number of performances in the new facility and couldn’t be more impressed. The PAC is an absolutely wonderful addition to the campus and community.

Did you know that Cal Poly will be 100 years old in 2001? Because of that, the University is preparing to celebrate the anniversary by developing a centennial plan designed to strengthen our position as the number one regional university in the West. All departments are updating their mission and goals statements to reflect our plans for the future. This will be a major effort for our department this year and we encourage you to join us in that process. If you would like to provide us with feedback regarding the effectiveness of your preparation, please complete the form on page 23 (and any new personal information on page 24), and return it to us by August 15, 1997.

If you would like to suggest future directions for the department and concentrations, we would like to hear from you about that as well. I look forward to hearing from you. And please, let us know what you are doing and stop by and see us when you are in the area.

Sincerely,

Dwayne Head
Department Head

Visit the PE&K's Web Page!

http://www.calpoly.edu/~pek/

Also, faculty e-mail addresses are listed in the Faculty News section of this issue.
Many Thanks for Your Donations

The Physical Education & Kinesiology Department wishes to thank all of the following alumni, friends, and corporations who have helped to support our Department during the 1995-1996 academic year. If we have left off your name in error, we apologize. Please let us know so we can correct our records.

Paul Ackerman  
Don Aguiar  
Lawrence Allen  
Barbara Anderson  
Lee Angelich  
Jacqueline Awbrey  
Michael Ayers  
Michele Bailey  
Ralph Baldivez  
Manny Bautista  
Michael Bender  
James Benkert  
Rebecca Bonsall-Fletcher  
Jimmy Book  
Nancy Brown  
Cheryl Brunk  
John Buck  
Bruce Butler  
Jamey Cairns  
John Campbell  
William Carll  
Barbara Chagnon  
Roger Chagnon  
Douglas Charchenko  
Jerry Clark  
Mark Corella  
Robert Crosson  
Lewis & Sandy Cryer  
Alona Daudel  
Brent Daugaard-Hansen  
Lisa David  
Roger Davis  
Brian Dermatoian  
James Douglas  
Richard Doyle  
Karen Edwards  
Melissa Emery  
Heather Evers  
Douglas Federman  
Anita Field  
Samuel Field, II  
Michael Fitzsimmons  
Joy Flores  
Anne Forrester  
Stacey Freier-Direzze  
Sharon Gagnier  
Lisa Gagos  
Fulton Gee  
Tom Ghiglione  
Roy Gilmore  
Jack Greer  
Sarah Guglielmo  
Holly Guntermann  
Armen Hairabedian  
Margaret Hart  
Cynthia Hashbrook  
Kelly Hazard  
Steve Homberger  
Glynis Inohara  
David Johnson  
Susan Johnson  
Jennafer Jones  
Richard Jones  
Richard Kate  
Richard Kate, Sr.  
Steve Kolar  
David Lee  
Donna Lee  
Joe Lee  
Julie Leidolf  
Ronald Keith Leland  
Amy Lindow  
John Lindow  
Annarae Luevano  
Alan Majewski  
Robert Manchester  
Randy McCaslin  
Lucy Mercurio  
William Meyer  
Marco Meyer, Jr.  
Terrie Morgan  
Todd Morgan  
Don Morris  
Michael Morris  
Patricia Mullen  
Nancy Negri  
Eddie Niederfrank  
Katherine Niederfrank  
Douglas Nix  
James Oliveira  
Ann Peters  
Frank Pettas  
Edward Phillips  
Andy Proctor  
Gordon Ray  
Loretta Reed  
Walter Rehm  
Lorissa Rullman  
David Runyan  
David Scott  
Anne Seelenfreund  
Paul Shirley  
Kimberly Shrode  
Socorro Sigala  
Alan Silver  
Cathleen Spindler  
Paul Starks  
Kelly Stella  
Clarlee Stevens  
Susan Strain  
Karen Sweeney  
Claudia Trudeau  
Richard Varner  
Nathan Vincent  
Terry Ward  
Court Warren  
Sandi Warren  
Joseph Weltner  
Lesley White  
Margaret Wickstrom  
Cathie Wilson-Graham  
Dianne Wilson-Graham  
Patrick Withers  
Judith Young  
Kim Young
Congratulations to all Physical Education Graduates!

Bachelor of Science

1995
Stephanie L. Albright
Kartina N. Baumsteiger
Lorraine Bettiyou
Brian S. Buchanan
Lynette Canivar
Christopher J. Carter
Marlene T. Chavez
Amy L. Churchill
Marci M. Collins
Michiel D. Cose
Joshua J. Dacquisto
Thomas P. Daly
Brian L. Davis
Shirley J. Desautels
John S. Duncan
Kristin C. Endersby
Julie A. Fray
Tanya M. Grossman
Ronald C. Hall
Dale E. Hanover
Kelly M. Hart
Tyler H. Isaacson
Kristen L. Kohlhaase
Jennifer L. Lemes
Keri L. McArthur
Andrew J. McGargill
Dina L. Moore
Sara B. Morris
Henry D. Noriega
Don C. Perales
Jennifer L. Peters
Mary J. Peterson
Janette M. Raitt
James F. Ramirez
Stephen S. Rianda
David P. Robbins
Lisa M. Rutkowski
RobinM. Schaller
Bonnie J. Schramm
Kimberly E. Silva
Robert B. Smith
James T. Sorensen
Julee M. Southworth
Jean C. Spanenberg
Donald J. Steiner
Jennifer A. Sullivan
Traci L. Summers
Staci L. Sutter
Danielle R. VanDerValk

1996
Joshua J. Dacquisto
David P. Robbins
Martin T. Andrade
Kevin B. Berkowitz
Michelle R. Berkowitz
Wendy L. Bruse
Timothy M. Cano
Clark D. Conover
Michael R. Contreras
Todd J. Cook
Kelley A. Coombs
Karen E. Cummings
Russell A. Edwards
Kory L. Gabrys
Cheri A. Gibson
Gregory N. Hernandez
Phillip R. James
Sarah J. Johansson
Kimberly L. Kiely
Lyndee L. Leavitt
Kerry A. Menesez
John M. Oakland
Maya E. Poinar
Michael D. Sherman
Sharon E. Stallings
Jeff A. Uyesaka
Brenda R. White

Master's
1995
Jamilyn Balent
Susan Carey
Lawren L. Everingham
Elisabeth A. Muckinhaupt

1996
Janell D. Dovalina
Suzanne E. Gerpheide
Allison A. Grant
Julie C. Hopkins

CAHPERD Robert A. Mott
Lyndee Leavitt

California Rural Rehab
Jeffrey Marks

Herbert E. Collins
Josh Quackinbush

Jon Robert Andrews Memorial
Duane Tucker

Order of
Eastern Star
Samantha Cosentino

J. W. Van Dyke Memorial
Katie Burch
Dina Moore
Cheryl Pemberton
•Joan Wahl Evans (BS, 1962)
Many significant events that shaped Joan Wahl Evans' life stem back to her first love – tennis – and her training in Physical Education. By the time she was 12, Joan was already playing tennis; it was her interest in the game that led her to pursue a degree in Physical Education from Cal Poly. During her senior year, she played doubles against Billie Jean Moffitt King who won her first national championship two years later. Quite a thrill!

After graduating from Cal Poly, Joan taught Physical Education at Napa High School for one year, and entered the University of Oregon for her master's degree in Physical Education. While working on her degree, she taught at the university and completed her M.S. in 1964. Joan then joined the faculty at Mills College where she headed up the tennis program.

Always following her passion for tennis, Joan has been an active coach in both boys' varsity and girls' junior varsity. While working at Lynnbrook High School in San Jose, she became interested in umpiring. “Because of my coaching, I wanted to make sure the officiating was fair and my players were receiving the best calls,” she explains. “Through this training as an umpire, I found a whole new profession.”

Joan worked her way up through the ranks of the umpires’ system over the next ten years. One highlight of her career was to work at the U.S. Open, one of the Grand Slam events for tennis, held in New York. She is still active in the San Jose area and is involved with many of the college and university matches there. Most recently, she officiated at the NCAA Women's Division I Championships at Stanford University. She will be working at the National Girls' 18's in San Jose in August.

She is married to Allen (Al) Evans, who also graduated from Cal Poly in 1962 in Electronic
Joan Evans continued...

Engineering. They have two children, Scott and Tracy. For several years, Joan served as program director and director of a camp for children with diabetes. A long-term diabetic herself, she attributes her success with the disease to a positive attitude and being active.

Evans has remained active and loyal to Cal Poly since her graduation. She is a frequent visitor to campus, attending football games and other university events. In 1993, Joan and her husband, Al, established a trust through the Cal Poly Foundation to benefit the departments of Physical Education and Kinesiology and Electrical Engineering, and the Juvenile Diabetes Foundation International in New York City.

This exceptionally generous gesture of support for the university and, most especially, the Physical Education and Kinesiology Department, provides benefits for the Evanses as well. They received a substantial charitable income tax deduction at the time of the transfer of the gift. They also avoided capital gain liability when the university sold their gift of stock. The proceeds invested by the Foundation, as trustee, have yielded a solid return to the Evanses. At the end of Joan and Al's lives, the remaining assets in the trust will be directed to the two departments at Cal Poly and the Juvenile Diabetes Foundation.

If you would be interested in learning more about the benefits of a gift to the Physical Education and Kinesiology Department, please call Cary Bowdich, Director of Advancement, College of Science and Mathematics, (805) 756-5713.

Dick McMath
(BS, 1975)
honored as top district equipment manager

Dick McMath (BS, 1975) Cal Poly's Dick McMath has been named equipment manager of the year in his district by the Athletic Equipment Manager's Association.

McMath, who has been involved with Mustang athletics since 1972, was named best in college and pro from district 9, covering Hawaii, California, Nevada and Arizona. It includes about 150 members.

He was honored at a clinic in Anaheim earlier this year. McMath was one of the first equipment managers to be certified with AEMA in 1992. Nationally, there are about 500 members.
• Don Aguiar, 1985
Thanks for the newsletter. It was great to see what my friends are doing now. My wife, Cheri, and I got married as soon as I finished my student teaching. She had a job in Palo Alto as a computer engineer, and I applied for a few teaching positions in the area. I got called on our rehearsal dinner night for a middle school physical education job. It was great news and I accepted the job. I taught at Crittenden Middle School for five years. I also coached football, wrestling, track, and basketball during those years. I also had the opportunity to coach soccer and track at Mountain View HS for three years. I was asked to coach the jumping events in track at Foothill JC, which is located in Los Altos Hills while I coached the Mountain View jumpers. This might sound overwhelming, but it worked out great. I was fortunate enough to have five athletes qualify for the state track meet four years in a row, and two of the athletes attended Cal Poly and participated on the women's track team.

Currently, Cheri and I have moved to the foothills of the Sierras. We are both teaching at Ponderosa HS, in Shingle Springs. It is located 30 miles east of Sacramento on Hwy 50. It is beautiful up here. We have a ranch home on five acres in a wonderful valley.

We now have a son, Matthew, who is 17 months old. He is a great kid and I never thought being a dad could be this much fun. He keeps us on our toes and very busy. Watching him grow up is such a pleasure and I'm hoping that maybe he'll attend Cal Poly someday.

A little side news, my youngest brother Lou, is the punter for the Kansas City Chiefs. It was a great year for them, but they lost to the Colts. Thanks for the news and keep us informed.

• Susan Carey, 1995 (MS)
Well, I've done it again....moved! Through persistence and good fortune, I have finally acquired a full-time, salary, benefits, etc. position. I have accepted a research position with UC San Francisco Transplant Services division. I will be working as an Exercise Physiologist in research involving kidney dialysis patients. I am very excited to be involved in this research project and am fortunate to be working under one of the top researchers in the country in this particular field of exercise. I left the San Diego area in late June to begin my new position on July 5th.

I always enjoy friendly mail or phone calls, so please keep in touch. I hope you are all well and are enjoying the summer. I intend to enjoy a few free concerts in the parks of San Francisco and find some good hiking/running trails to entertain myself through the summer months. Hope to see some of you during this season as well! Take care.

P.S. Hello! I am all settled in and am anxious to get started in my new position. I will be working with Dr. Trish Painter, and am very excited to be doing so. We share our office suite with Dr. William Haskell! I've cited his research so many times! Hope you are all well.
• **Carl Bowser, 1962**  
  Was inducted into the Bakersfield College Alumni Hall of Fame. He joined the BC coaching staff in 1967, was named head coach in 1984, and now serves as men's athletic director.

• **Jeff Carlovsky, 1968**  
  Since arriving as Principal at Aberdeen High School, Washington, I have run into two other teammates - Bob Miller '65, is principal of neighboring Hoquinana HS (5 miles); and Dr. Jon Sunderlund - Dean of Education, Gonzaga University in Spokane. “Old Mustangs never die - they just relocate.” This might be worth a story! Look into it!

• **Tony Caviglia, 1984**  
  Currently the Head Football Coach and PE instructor at Chabot College in Hayward, California. Spent the previous eight years coaching football at USC, New Mexico State, Ohio State and Purdue. Received Master’s degree from USC (Sports Administration) in 1989. Married Kristi Heronemus (Food Science & Nutrition, '86) and have two boys, Andrew, 5; and Michael, 3. Great to be back in California after six years in the Midwest. Look forward to getting back to Cal Poly and visiting. Everything seems so “High-Tech” now, but we all know it’s the people who make Cal Poly so GREAT!

• **Deanne Cox, 1993**  
  I am in graduate school at CSUF (exercise physiology) and am working on starting my own business as well as getting into fitness commercials! I also have a boyfriend, but he says I have no time for him. Can you believe that?!!

• **Peter J. Cutino, 1957 (1959 BS & MS)**  
  Current: International Olympic Committee - Member of Technical Water Polo Committee (organize and administrate Olympic games, world championships, etc.)  

• **Roger H. Davis, 1976**  
  Is a correctional counselor at California Correctional Institution at Tehachapi and the athletic trainer for the Tehachapi High School football team. He also serves in the AWANA ministry.

• **Richard E. Doyle (Red), 1981**  
  Seems like a long time has passed since those wild years at Poly. Keeping physically active as ever - happy to report! Owner/operator of a construction company specializing in custom remodeling projects. Married to Julie in 1986, and have two daughters, Katherine Rose, 5 years, and Kirsten Colleen, 3 years. Life is good!

• **Cynthia A. Hasbrook, 1970**  
  Associate professor and graduate coordinator in the Department of Human Kinetics at the University of Wisconsin-Milwaukee. She is currently editor of the *Sociology of Sport Journal* and is conducting a long-term study of physicality and gender among a group of culturally diverse, lower socioeconomic elementary school children.
•Michael S. Hurd, 1972 (MS)
Brought 12 years' experience to his new position as marketing and leasing director for the Concord branch of Reynolds & Brown, a large property management firm. He is responsible for overall leasing coordination of the company's commercial property, including supervision of staff and coordinating all lease, sale and purchase transactions for new and existing projects. Hurd lives in Antioch with his wife and two sons.

•Vicki Fisher Janssen, 1979
I recently married Matt Janssen (NRM, '93) and moved over the grade to Atascadero. After 12 years working with the San Luis Obispo YMCA, I found myself making a dramatic career change working in politics. As the first county aide to the Board of Supervisors, I met Matt, who is a County Environmental Specialist. I now work for agriculture as a government watchdog. Matt and I remain active in volleyball, racquetball, triathlons and golf.

•Jeff Jordan, 1993; Josh Nielsen, 1994; and Eric Reis, 1993
We received our PE Newsletter and thought we better drop you a note. See what you have done to us! Three former football players e-mailing, and surfing the net. Who would have ever thought! Josh Nielsen, Eric Reis, and myself all have invested in these computers. We certainly wish we had these for PE 318 and 319. It would have saved a lot of time at the ol’ computer lab. Macintosh should be paying you a percentage for all the computers your students have bought. I hope all is going well for you in SLO. Josh just finished his teaching credential at Chico State. Eric is teaching and coaching at Sierra High School in Manteca, and I am the Defensive Coordinator here at Chico State University. I am also writing my thesis for my MS in PE. Well, we hope you remember us, because we sure won’t forget Andy Proctor’s Macintosh final! Best wishes.

•Jeffrey T. Logan, 1992 (MS)
Clinical Exercise Physiologist at the Good Samaritan Hospital, Los Angeles, Ca. Provide coronary artery risk factor assessment and instruction for patient and family. Assess and evaluate physician referrals for cardiac rehab. Provide accurate assessments of cardiac arrhythmias, hemodynamic responses and cardiac medication interactions. Perform patient specific evaluations and treat appropriately based on medical records and patient interview and manage multiple patient exercise prescriptions.

•Jessica Christine Loomis, 1994
After graduating in June, 1994, I decided to continue “somatic exploration.” I am now a Certified Massage Therapist. My degree has had a great deal to do with my success as a body worker in a somewhat saturated market. In turn, my work has allowed me to continue to learn and grow in a health field while I investigate my graduate school options. I hope to further my education in health and motor development. I also went through Crisis Intervention training to volunteer for Rape Crisis Teen Outreach/Education Program.

•Dawn Marie Marono, 1985
Ten years in Fontana Unified School District, nine years teaching PE; one year as Dean of School Improvement; married for six years and have a one-and-a-half year old boy, Gregory; living in Corona, California.
• **Denny Martindale, 1979**
Still coaching youth athletics for Girl's ASA Fastpitch Softball since 1994. Fourteen and under Nevada State Champs, 1995; and 16 and under Nevada State Runners-up. Also youth soccer. Very active in the Chamber of Commerce (Board of Directors), President Partners in Education, to name a few. Married 20 years now to Joni; 3 children, Kristen 15, Lindsay 12, and Derek 6.

• **Janice (McLaughlin) Areias, 1975**
I married James Areias June of 1976 (Cal Poly Dairy Science, Grad 1975). We have a dairy and five children. Our oldest just started Cal Poly summer of '96, Christine Areias. Hopefully with more to follow!!!

• **Fred Miller, 1953; and Don Morris, 1955**
Both Fred Miller and Don Morris won the silver medal in the Senior Olympics. The “SLO Town, California” basketball team, who included retired Cal Poly Professor Don Morris, earned runner-up honors in the Arizona State Basketball Championships. This team is made up of men who are 65 years or older. This competition enables seniors to continue to enjoy their favorite sports and the camaraderie that goes along with them. Don, the team captain, reported that the team played five, 20-minute, halfcourt, “three-on-three” games in seven hours before finally losing the Arizona state title to an Ohio team. Morris's teammates included Don Fisher (Orange, CA), Fred Miller (Cal Poly Alumnus from Blue Bird, CA) and Harry Lund (Running Springs, CA)

• **Jane Morton, 1990**
After I graduated in 1990, I immediately enrolled in a Cardiovascular Technology program (2 year) at Grossmont College, San Diego. I worked at a large hospital in North Carolina for two years. I now live back in California and work at Santa Barbara Medical Foundation Clinic as a Registered Cardiac Sonographer.

• **Josh Nielsen (see Jeff Jordan)**

• **Mrs. Sheila (O'Donnell) Miller, 1982**
I am a mother of three, Lindsey, 7; Brandt, 5; and Jeffrey, 2, and a part-time Tupperware consultant. I'm enjoying this new venture which gives me a needed break and a time to enjoy talking with other adults. We have fun taking the family to Disneyland trips each year. I plan to get back into running. Last year I entered the Arroyo Grande Strawberry Festival run and came in first in my division! I was encouraged since this was the first road run I had done in years. Thanks for the updates on alumni!

• **Suzanne Skeeters, 1977**
Is a DC-10 co-pilot for Northwest Airlines and flies to destinations in Asia and all over the US. She has a young son and lives in Honolulu.

• **Holly Peterson, 1993**
Received my Master of Public Health - Loma Linda University, graduated 1995. My current position is Health Educator at Indian Health, Inc.
• **Neil Pew, 1964**
Neil Pew, who has been a teacher and wrestling coach for over 30 years (two at Brawley HS, 18 at San Lorenzo HS, and 12 at James Logan HS) has been named Ch. North Coast Section Coach of the Year. Over his long career he has coached numerous section champions and six California State champions; three of those between 1968 and 1972, and three between 1973 and 1996.

• **Angie Ramirez, 1993**
I have been at Arlington HS in Riverside for three years now, since graduation. I have enjoyed being the Head Volleyball Coach and co-advisor to the Pep Squad, as well as teaching PE. Dr. Brown, you would be happy to know that in my P.E. Department we have implemented the State Framework to the ninth graders only so far. At least once a week we are in the classroom learning about health, physical fitness, rules/regulations of games, etc. All the students are required to take notes, do homework, tests, and to keep a notebook and portfolio.

• **Eric Reis (see Jeff Jordan)**

• **Kim Stanley, 1982 (MS 1986)**
Has been teaching in Lima, Peru, for two years through International Schools Teaching. She was hired to plan and implement a new middle-school health education program and teach PE. “Living overseas has been exciting and educational, and offered me time for lots of adventurous travel in South America,” she says.

• **Paul A. Starks, Jr, 1992**
Is currently living in San Jose. He continues to work for Fritter & Schulz Physical Therapy and West Valley College as a certified athletic trainer. He thanks all the Cal Poly profs who helped prepare him for graduate school, which he is attending at night at San Jose State.

• **Pat Vickroy, 1978**
Works at Gilroy Unified School District as an Elementary Physical Education Teacher for the past 17 years.

• **Russell C. Walter, 1994**
Okay, sorry my news is coming from “down the hill.” I have yet to find a reason to leave Cal Poly, SLO area. Work and I have found each other here in SLO. I am marrying Lisa Terracciano (Corporate Fitness, Fall, 1993) in July. I am truly enjoying working in my field in this area. Looking ahead to PT School as a possibility for the future. For now, looking barely past July 6, 1996, when Lisa and I are to be joined as husband and wife.

• **Shea D. Weber, 1994**
I'm living in SLO after moving to San Diego for a year. I run Weber Sports (i.e.; Dewey Weber Surfboards) from my office here, with the help of my partner and mom, Caroline, who still lives in San Diego. Xtreme Performance is a personal training business I've started with my partner and friend Anne LaBarbera. We will be introducing a Sports/Agility training class, open to everyone, the beginning of January. It will be called "Xtreme Athletic Training." Keep your eyes open for information and come check it out!
• **Don P. Weller, 1975**
I have lived in Alaska for 19 years. I accepted my first teaching job in 1978. I taught in a K-12 school in Seldovia, Alaska. I spent three years there. I have now been teaching in Kenai, Alaska the past 16 years. My current job is at a K-2 school as a full-time PE Specialist.

• **Michael West, 1992**
Following graduation in 1992, I went to the University of Arizona to work on a Master’s in Athletic training and worked at a local high school for two years. Since then, I married a wonderful wife, Rhonda, settled in Riverside, CA, and I am working at Ayala High School in Chino Hills as an Athletic Trainer and teacher. Life couldn’t be better. My thanks to Steve Yoneda for all of his help while I was at Cal Poly and since. You were a great mentor, and I wish you the best!

• **Dianne Wilson-Graham, 1979 (MS 1986)**
Was named California’s Middle School Physical Educator of the Year by her peers statewide. She teaches physical education at Sequoia Intermediate School in Newbury Park. In February, she was named the Southwest District AAHPERD Middle School Teacher of the Year. At the National AAHPERD Conference in St. Louis, Dianne was named the National NASPE Middle School Teacher of the Year.

• **Pat Withers, 1973**
As an alumnus of Cal Poly, I agree that we don’t get to the campus as much as we should, however, I do stay in contact with my roommates from the class of ’73. Every two years we have the Cal Poly Biannual cruise in either the Caribbean or Mexico. We started this six years ago and have had some memorable experiences. Not all of my roommates make the trip each time, but there is a nucleus of three with our spouses.

My wife, Mary Ann, and I have been appointed “tour director” for the 1997 trip, which we hope to make to Tahiti.

This is all due to the long time friends I met at Cal Poly 25 years ago. I will continue to support Cal Poly.

• **Chris & Cheryl Wolfley, 1989**
After eight years of marriage, we finally had a child, a beautiful baby boy named Logan. Although we are both enjoying our careers, he is the focus of most of our attention and joy! Chris teaches the severely handicapped and is the head wrestling coach and defensive coordinator for football at Johansen High School. I work part-time as a physical therapist in an outpatient orthopedic clinic at Oak Valley Physical Therapy, and help Chris’ teams at the high school as an athletic trainer!
Pat Acord (pacord@calpoly.edu)

I gave this assignment considerable thought, but, finally, concluded that I've done nothing this past year that former students would consider noteworthy. However, understanding that a document of some fashion must be scripted in order to avoid earning these dreaded demerits, what follows is a brief summary of the past year’s activities.

- I attended no conferences, but instead, spent my travel allowances on curriculum materials.
- I was so busy serving on committees, supervising student teachers, and trying to keep up to date with course information and teaching, that I:
  - wrote no grant proposals
  - gave no presentations at state and national meetings
  - published no articles
  - wrote no textbooks
  - made no scientific breakthroughs, nor
  - drew any new conclusions from old information
- However, I did cover classes for several faculty members so that they could participate in significant activities.

On a positive note, it was my privilege to host an end-of-the-year Bar-B-Que for student teachers at my home in Atascadero. Unfortunately, as this date conflicted with one set for Dr. Buccola's retirement party, I had to miss that event.

Since I'm completing this assignment on December 30, my next charge will be to focus upon the new year, and to determine and set a course of action that will culminate in some significant achievements. I do hereby solemnly resolve to...

Andrea Brown (canbrown@calpoly.edu)

Writing the CTC (California Teaching Credential) report has been a time-consuming activity this past year. It currently stands at approximately 100 pages and describes the subject matter competencies expected of Cal Poly graduates who enter the Credential Program. Every faculty member who teaches in the Core and/or Teaching Concentration has contributed to this document. While this has been a demanding yet rewarding experience, at the same time I am glad that this project is almost complete, as is Jill!

Another rewarding experience for me, and a credit to the quality and reputation of the Cal Poly PE&K Department, was the awarding of a Subject Matter Grant to work with a group of experienced and effective teachers from six local counties. The grant, one of only three in California, was awarded jointly to Cal Poly and the Los Angeles County Office of Education. Activities of the Grant included a two-week institute held here at Cal Poly, and two 2-day retreats. Thirty-two teachers from the counties of Los Angeles, Ventura, Santa Barbara, San Luis Obispo, Monterey, and Kern, were selected through a competitive process and paid a stipend to participate in the institute and retreats. The main goals for the Grant were to build a community of learners who both network with one another and work to provide resources and inservice to their own school district and counties.
Andrea Brown continued...

This year I also was asked by Dr. Roper, Director of the University Center for Teacher Education, to design and implement a partnership with one of the local schools/districts. After many meetings, discussions, and brainstorming sessions, our Partnership includes the following: 1) A series of credential classes that are taught on the campus of Arroyo Grande High School (Lucia Mar District) by Cal Poly faculty assisted by teachers from the high school; 2) a cohort of Cal Poly students from Math, Life Science, Physical Education and Home Economics who are assigned to the school and a teacher for the school year. Each student works with the high school teacher in August and returns to the same teacher in spring to complete their 12-unit student teaching experience. The cohort students complete their 6-unit student teaching at a middle school also in the Lucia Mar District; 3) a series of seminars are held for these students and teachers to meet and discuss issues such as the partnership itself, the professional development of the students, and curriculum in the Lucia Mar schools as well as that at Cal Poly. All of us involved in this innovative program are looking forward to assessing its value and impact. To date, most of the comments from the students and the high school teachers have been very positive.

On the personal side, I attended my adopted American family reunion in Pullman, Washington, over Thanksgiving. There were 38 of us in all and we gathered from Wyoming, Tennessee, New Mexico, Idaho, Washington and California. Too many for one home, we cooked and ate in the local American Baptist Church which I had attended for 11 years as had many of the family. One memorable event for me was when I took Daniel, who is four years old, and Payton, who is three years old, for a short trip on my cross country skis. These two Washington born “grandchildren,” currently living in Tennessee, do not as yet have a southern drawl, but they are developing the vocabulary.

Activity, yes! I have two new toys. I bought a Health Rider which I use when there is a good movie on television. I think that this is the only rote exercise I enjoy due to the entertainment it provides! On a more esoteric level, I also bought a new sea kayak this fall. My new Scrambler XT has one central water-proofed camera hold and two open holds. With this new toy I look forward to more trips in the ocean as opposed to just paddling in Morro Bay.

As always, I ask those of you who are teaching in the public schools to remember our current credential students. Please let us know of any teaching positions that are open in your district. Please also remember to stay in touch with us here at Cal Poly. Join us at the March CAHPERD Social and at that time ensure that we have your current address. Let us know if we can assist you in any way.

Vic Buccola (retired)

The past year, 1996, was an exciting year for Sally and me. We took a trip to the Canary Islands in March during the quarter break. We started our trip by staying in Rome for three days and we then boarded the cruise ship and visited Malaga, Spain; Funchal, Madeira; Santa Cruz del Tenerife; Lanzarote; Agadir, Morocco; Casablanca; Barcelona, Spain; and we ended the trip in Genoa, Italy.
Vic Buccola continued...

We returned in time for me to teach my last quarter at Cal Poly as a full time faculty member. I have retired from Cal Poly after 34 years of service. My official retirement date was June 21, 1996. My wife, Sally and I have enjoyed the associations with the Cal Poly students, faculty, staff, and administrators. My years at Cal Poly have been enjoyable and rewarding. I will miss the student interaction. I am sure that my wife will have days when she wishes that I was still at Cal Poly. I will be teaching one quarter a year for four years. I put in my one quarter for the 1996-97 academic year this past fall. It is now mid-January 1997, so I now have been away from campus for around three weeks. It sure is different.

We will continue to reside in San Luis Obispo. We plan to travel and spend time with our children and grandchildren. We have seven grandchildren, six boys and one girl. They range in age from 2 years to 7 1/2 years. They are located in San Jose, Pleasanton and Sioux Falls, South Dakota. We also plan on playing golf and tennis.

I want to thank all of you, whom I had the opportunity of associating with, for making my years at Cal Poly very special.

Steve Davis (sdavis@calpoly.edu)

Greetings sports fans! Hope all is well with everyone. I'm fine, and still working hard here at good ol' Cal Poly. Last year was a little different because I went on a “sabbatical leave” for winter and spring quarters. This gave me a chance to work on some special projects and gave one of our alumna, Doctor Kristine Jankovitz, a chance to give us back some of her newly acquired expertise as my substitute. I served on a jury for a sexual assault case for several weeks during January and February of 1996. The defendant had hired an “exotic dancer” to come to his home, and then required somewhat more than he’d hired her for. Needless to say, it was a very interesting case and I learned a lot about the justice system. We also received the green light from campus administration to begin a Wellness Program for faculty and staff, and I spent much of the spring and summer launching this new activity with the help of many capable students. You are all invited to visit the new Wellness Program Home Page at, “http://www.calpoly.edu/~scdavis/wellness.htm” I bought a new IBM Aptiva computer system as my Christmas present to myself, and I've been slowly exploring the opportunities that the multimedia-capable hardware provides. Cal Poly is entering the “virtual university” era, and I'll be trying to keep up with the innovations in technology too.
Steve Davis continued...

You'll be pleased to know I'm practicing what I preach by continuing to exercise regularly. I cut 20 whole seconds off my San Luis Obispo Triathlon time last summer, probably by adopting the technique of walking through the aid stations and slowing down long enough to actually drink some fluid and receive a good dousing with the hose!

Dr.'s Jankovitz, Glassmeyer, and I will be collaborating on a survey this spring. Believe it or not, this is my 10th year here at Cal Poly, and I'd like to find out what you've all been up to since leaving us. We're about to begin a major revision of our curriculum and we want to make sure we continue to provide an education that will meet the needs of our students in the 21st century. In another 15 years or so I expect to be teaching your kids, and with your help we'll be ready for them.

After a one-year hiatus for my sabbatical, we've applied with ACSM to host the Health/Fitness Instructor certification again here at Cal Poly on May 24, 1997. I'm also planning on attending the ACSM National Meeting in Denver, May 28-31, 1997, and I hope to see many of you there, too.

Please remember we can use your help placing our students in internships and jobs, and networking with you is still our most important way to do this. If you're ever upgrading your equipment or throwing away things which might be of value to our laboratory, please consider donating them to Cal Poly instead. (It might even be tax-deductible!) Take care everyone, and please stay in touch. You can send E-mail or call me at (805) 756-2754. And of course, remember: "You have a right to be healthy, so exercise it!"

Gerald DeMers (jdemers@calpoly.edu)

I am now in my eighth year at Cal Poly. Boy, time flies. This past year was very exciting and rewarding professionally. I completed a manuscript for publication titled, "Spinal Injuries in a Surf Environment: An Etiology of 258 Cervical Spine Injuries". A colleague and I collected accident report forms which included reports of spinal injuries from the past 20 years of records at Huntington Beach, CA. The results were very interesting and we were able to make some recommendations for preventing further injuries. The manuscript has been submitted for publication. I have been invited to present this study at the American Alliance for Health, Physical Education, Recreation, and Dance conference in St. Louis, MO in April.

My research in Spinal Injury Management techniques for surf conditions is going well. I have been invited to present my research at the International Lifesaving Association conference in San Diego, CA, September, 1997.

I am affiliated with a consulting group (Professional Aquatic Consultants International). This group promotes aquatic safety, writes textbooks, consults in legal cases, presents workshops, and sets aquatic standards. This year we completed one textbook, Swimming Pool Operations, and have started another relating to aquatic facility design and management. I have been consulting as an expert witness in aquatic injury court cases this past year. Some of the cases have included drownings, spinal injuries, and most recently a discrimination case which will set a precedent relating to the Americans with Disabilities Act. This has been a very educational, interesting,
Jerry DeMers continued...

and enlightening experience. All of this involvement directly relates to the courses I teach and helps students understand the importance of aquatic safety.

On the home front, this past summer was very busy for Jill and me. I decided to become a carpenter and build some furnishings for the house. I think I drove Jill crazy with all the noise from the electric sander. All-in-all, things turned out pretty nice and have added to the ambiance of the sun-room we had built last year. Jill and I have been in our new house for two years now and we are almost finished with all of the add-ons. Jill has done a fantastic job with all the flowers that she’s grown. It really adds color and character to the house and yard. I think she has two green thumbs. All of this has made our house a comfortable home.

Next year I am planning on taking a sabbatical leave to work on a book. However, I still need approval from the university administration. One last note, I was promoted to Professor last Spring. I guess now I can sit back and relax. Yeah, Right!!!

Rafael Escamilla (new lecturer) (rescamil@calpoly.edu)

Greetings. As a new faculty member, this has been a very rewarding and productive year for me. I have thoroughly enjoyed my classes and students, and I feel fortunate to be able to work with the fine individuals who comprise the Department. I have developed meaningful relationships with several faculty members and students. This summer, I will return to the University of Alabama, Birmingham, to continue working toward a Master of Science in Physical Therapy. I will also collaborate with my colleagues at the American Sports Medicine Institute in Birmingham and continue our physical therapy-related biomechanics research. We have developed a mathematical model of the knee that allows us to quantify cruciate ligament tensile forces, patellofemoral compressive force, and tibiofemoral compressive force while performing open and closed kinetic chain exercises, such as the squat, leg press, knee extension, knee flexion, and step up exercises. I look forward to another enjoyable year here at Cal Poly.

Sonja Glassmeyer (sglassme@calpoly.edu)

Happy New Year to all past and present Cal Poly PE&K students, faculty and staff! Yes, I am still here! Where else would I find such great people to work with, students who keep me on my toes, and such a beautiful part of the state to live and work in?

Each year provides new challenges for me. After 22 years of teaching it is important to find new ways of doing things and one way I do this is to try to keep updated on what is happening in the real world. I really enjoy getting on the road and visiting former students at their worksites and talking to other professionals in the field.
Sonja Glassmeyer continued...

Gary and I are still living “way out” in the country where the deer and rabbits play! We think it would be hard to move back into a city after 10 years of living where there is little traffic, no pollution and lots of wildlife (also lots of dirt, dust and mud!) Gary is now telecommuting from home and has a home based business - and he loves it. I am still commuting to SLO but have a great schedule (thanks to Dr. Head and Jill) which allows me to have all of my classes in three days so that I can be home or travel the other days.

The Commercial/Corporate Fitness Concentration is alive and well. There will be some curriculum changes occurring in the next year or so that, we hope, will even better prepare our students to have that extra “edge” when they enter the job market. There is a lot of competition now for jobs in the health promotion/cardiac rehabilitation field and we want to be sure our students are still considered to be THE BEST!

We have some changes in the department this year with the retirement of Dr. Buccola, Dr. Barthels and Mr. Hitchcock. We are excited to have Dr. Kris Jankovitz back with us as part of our team and she brings lots of fresh and new ideas in the health area. We continue to have both graduate and undergraduate students “shine” in their internships and nailing down some great jobs.

We would love to hear from our former students. As the saying goes, YOU stay in touch, so WE can stay in touch! Best wishes to all of you. Sonja (“Mom”)

Kellie Green Hall (kghall@calpoly.edu)
What a productive year 1996 has been. Well, I didn’t have any new babies, which in itself has allowed for production in other areas. Cal Poly and the PE and K department continue to be very good to the Hall family. I love my job here and we are enjoying life on the central coast. I did become a tenured professor in this my seventh year at Cal Poly. One of the highlights of my year professionally has been working with several excellent Master’s students who have done some great research. We biomechanically analyzed the swing patterns of several skilled switch hitters in our lab and found the patterns to be practically identical in relative time and sequence. However, the hitters were able to sum more power and speed on their dominant sides. This finding supports what the motor learning literature suggests about motor control, but it’s interesting that the switch hitters themselves “feel” that the swings are very different from side to side. This is probably due to natural dominance and comfort levels on one side, as well as changing perceptions due to their dominant eye. This was a fun study and I presented it in Toronto at the North American Society for the Psychology of Sport and Physical Activity. The Graduate students who helped me with this study were Mike Matoso and Scott Marzilli, both of whom have graduated and are on their way. Mike is at USC working in Athletic Academic Advising and Scott is working towards a Ph.D. in Motor Learning/Control at Florida State. I have completed several other studies this year, concerning practice schedules and maintaining cognition in learning. These manuscripts are at various stages in the publication process which often looks something like this: rejected, resubmitted, reedited, reanalyzed, rewritten, accepted, reedited, revised, and maybe... finally published!
Kellie Hall continued...
I am currently serving as the Research Chair for Southwest District AAHPERD. Our conference will be in Albuquerque, February 5-8th, which is going to be a great conference. We have been encouraging students and young professionals to attend, and have several special sessions planned for them. If you want more information on that please call or email me at KGHall@oboe.calpoly.edu. I am also serving on the National COPEC Cabinet as the student advisor representative. We have planned a session at National AAHPERD in St. Louis specifically designed to help students prepare for the job market. Presenters will conduct mock interviews in the areas of teacher ed, exercise science, and sports administration, and provide many preparation tips. There will also be a portfolio building session conducted by Dr. Debra Tannehill of Ohio State University. I was just elected to this position this summer and will serve a 3-year term. My mission is, at a national level, to find ways to make students lives more manageable and to facilitate the transition from school to work. If any new professionals out there have suggestions for me in this area, I would love to hear them.

And finally, my family is quite well, Greg is busy as ever with many small business ventures and car pooling the kids everywhere. He still finds time to run and golf though. Ryan is 7 and has fallen in love with soccer—what a great sport for kids!!!! Jayme is 5 and is taking ballet and tap classes at American Dance, Pat Jackson’s studio. They do a great job there and Jayme loves it. Connor is at my favorite age, two, and he is talking up a storm; too bad no one can understand him. He is extremely healthy and active and, naturally, like all of my children, has advanced motor development!!! Wishing you all the best, come and visit if you’re back in town. - Kellie -

Dwayne Head (dhead@calpoly.edu)
I can't believe it but I will be receiving my 30 year award (probably not a Rolex watch) this year. My how time flies when you're having fun!

This has been a pretty uneventful year for Shirley and me. Unless you count having a new granddaughter born. Kendall Marie is our third grandchild. I didn't think that having grandkids would be any big deal. I was wrong!

After having spent the last 30 years golfing about once a year, I decided that I would work on the game so that I wouldn't be embarrassed every time I played. So I have spent much of my free time trying to improve my golf game. It has been humbling but I have made some progress. I just hope that I can live long enough to shoot my age.

I look forward to seeing many of you throughout the year at the CAHPERD meetings or at our summer workshops.

Kristine Jankovitz (new lecturer) (kjankovi@calpoly.edu)
Greetings to all Physical Education and Kinesiology Majors, Alumni and Friends. I am pleased to have the opportunity to say hello to friends, former classmates and students, and to introduce myself to Alumni and current PE & K majors. I am excited to be back at Cal Poly as a faculty member after a five year absence and it feels...
Kris Jankovitz continued...

Good to be “home.” In 1992, my husband, Ted, and I moved to Lincoln, Nebraska so that I could attend the University of Nebraska (The proud home of the back-to-back National Champion Nebraska Cornhusker Football Team - GO BIG RED!). We really liked living in Lincoln and I enjoyed teaching and studying at UNL. I must admit it was hard for a Southern California born and raised person like me to get used to bone-chilling Nebraska winters. I did eventually adapt to the conditions but I rather enjoy these mild Central Coast 80 degree Fall days.

While at UNL I found that my B.S. and M.S. degrees from Cal Poly prepared me very well for my Ph.D. program. While working on my doctorate I had the opportunity to work on Statewide health promotion projects for comprehensive school health education and to reduce tobacco use in Nebraska. I also conducted research in the areas of prevention of sexually transmitted diseases and adolescent tobacco and alcohol use, and had the pleasure of working with a school-based faculty/staff fitness program, which was a great experience. It is my plan to continue working and conducting research in the areas of adolescent health, prevention and health promotion.

In August of 1995, I graduated with a Ph.D. in Health Education, and Ted and I headed back to SLO just in time for the best two things that ever happened to us. On September 11, 1995, I gave birth to our twins, Ben and Annie. They are a great source of pride, affection, and exhaustion. We now refer to Ben as our first child and Annie as our last child. As you can imagine, it’s been a busy year as we adjust to life with very active 18-month old twins. I am adjusting to life as a “Working Mom,” as I started teaching fulltime at the beginning of Fall Quarter 1996. I am enjoying teaching graduate courses in health education planning and health behavior, as well as the health education recitations. I’m excited about a research project that Dr. Davis and I will collaborate on this Spring. We will be contacting our Alumni for information to help us with the project.

I am primarily working with students in the Commercial/Corporate Fitness Concentration and the M.S. specialization in Exercise Science and Health Promotion. It’s kind of strange moving from being Dr. Davis’, Glassmeyer’s, and Webb’s student to being a “colleague.” I will tell you that they teach me something new every day and I continue to appreciate their wisdom.

It’s been a pleasure to begin serving as the AWHP club faculty advisor. It’s an honor to take the torch from Dr. Webb who served as the advisor since the inception of the club so many years ago. The AWHP board members are great to work with and last year (95-96) the AWHP club won the College of Science and Math Club of the Year Award. AWHP continues to provide the very successful body composition testing program and will continue to work on a variety of projects which promote health and fitness.

I look forward to the opportunities and challenges of the year ahead and hope to hear from some of you very soon. I can be reached at (805) 756-2534 or email me at kjankovit@obeo.calpoly.edu. May your 1997 be filled with prosperity, good health and happiness for you and your families.
Ray Nakamura (rnakamur@calpoly.edu)

Konnichiwa! This past year has been a very exciting year for me. My son, Kyle, is in his first year at UC Santa Cruz. He is doing well and, in particular, enjoying his new found freedom. My daughter, Lindy, is now a freshman at Cal Poly and majoring in Biology. I can't believe that Connie and I are the proud parents of two college students. I am beginning to feel much, much older. I also can't believe that I am in my 17th year at Cal Poly.

This past March, my book, The Power of Positive Coaching, was finally published. The focus of the book is centered on understanding and meeting the basic needs of our athletes. The book utilizes the theories of Adler and Driekurs and provides strategies for making athletes feel accepted, significant, capable, and safe. I have also completed another manuscript that focuses on teaching. It is titled "Positive Teaching: Educating All Children in a Changing Society." It is currently being reviewed by a couple of publishers. With a little luck, it will be published next year.

I have also been actively involved with the Asian American students on campus as advisor to the Asian and Pacific Islander Student Leadership Commission. More importantly, my participation has provided me greater insight and appreciation of other cultures within and outside of the Asian-American community. As a result of this experience, I have been working on a personal project called the "DOism" project. DOism is a positive, prosocial act that a person can do now that enriches and contributes to the relationships that you have with others. One of the goals of this project is to have students personally commit to actually doing something within their own lives to bring about better race relations. I am going to various organizations and schools and making presentations on this topic. I hope, in the end, that I will make some positive difference in the lives of some people.

Well, enough about me. I would sure appreciate hearing from you. Please drop me a note or come back to Poly for a visit. I want to know what's going on in your life and to hear about your accomplishments. Sayonara.

Andy Proctor (aproctor@calpoly.edu)

How time seems to fly by! It hardly seems like another year has passed since I wrote my last newsletter article. I hope this last year has been enjoyable and healthy for you. Remember my classes? Well you will be happy to know that much not has changed in the past three years. However, if you took them before that time, they have changed a lot. I continue to learn more and more about computer application and the internet. How many of you are connected to the internet? Have you “checked out” the PEK home page? Martin Andrade did this for his senior project. I completed my second year of competitive water skiing with a local water ski club. I think it is safe to say that I am back to the level I was at when I stopped skiing over a decade ago. As I said, time flies! If you get a chance, please drop me a line or an e-mail and tell me what you are doing.
Well, here we are moving well into 1997 already. My, how time flies when you're having fun. Some new faces around the department and some old faces leaving. We're going to miss talking wrestling with Vaughan Hitchcock, seeing the cheerful face of Kathy Barthels, and getting business tips from Vic Buccola - wonderful colleagues and lasting friends. Happy retirement!!

And now to share a few of my 1996 “happenings”. Not a great deal of new undertakings. Instruction still centers on “phys of ex”. If my math is correct, I’ve turned out about 3,000 of you since I arrived at Poly, Fall of 1969. Senior projects and graduate research always allow for interesting and fascinating projects. We’ve been fooling around with the “Breathe Right” nasal strip this fall and that, in itself, sets the stage for some humor. Imagine walking into the lab and seeing a subject with his mouth plugged, snorting air, while being tested on a bike ergometer. More recently, alums Mark Boyle and Jason Zinn (The “Feelgood” Store, Englewood, CO) sent me some ceramic power magnets (Tectonic Body Kit) to research with respect to pain alleviation. That should be fun. More and more, Cal Poly “grads” are joining the Nat’l Strength and Conditioning Association, and their growing interest in NSCA’s certifications prompted me to get certified this past summer. I managed to “sneak” through it, so now I can provide some guidance for future “personal trainers” and/or “strength and conditioning specialists”. I annually attend my usual 3-4 professional meetings, and it’s always exciting to visit with former students who are now making names for themselves in the field. You make us very proud!! - - and I might add, Cal Poly students, faculty, and alumni can still “out party” those other conference people hands down! Have you attended any of our State CAHPERD Conference socials lately? You missed some good parties if you didn’t attend the Southwest ACSM Conference in Las Vegas this past November. We’re still on the “cutting edge” when it comes to having a good time.

All work and no play makes Jim an awfully “dull boy,” so I managed (accompanied by my wife, of course) to get in some R&R periodically during the year. Although those darn lift ticket prices continue to climb, I still get my money’s worth on the mountain and this past year was no exception. Lots of fun and the knees and legs are holding up pretty well. Traveled to Alaska in August and brought home my share of salmon and halibut. Jean and I also ventured out to Colorado before the summer ended, did some sightseeing, visited with friends and relatives, and managed to hit that little white ball around a few times. Ugh! I need to practice, practice, practice.

There have been a number of you who called and/or stopped in for a visit during 1996. Thank you! It’s always exciting to hear about your life after Cal Poly. We truly are interested. As I close, can I make the assumptions that: a) you’re getting your workouts in regularly, b) you’re eating the right foods, and c) you still know how to graph the O₂ association/dissociation curve. (Oh well, two out of three isn’t bad!) Have a happy and healthy ’97.

- Jim Webb -
In response to issues facing higher education in general and Cal Poly specifically, a new and innovative multi-year planning strategy has been initiated at Cal Poly. The reality of limited public resources coupled with public and institutional expectations for improved quality and efficiency provided the motivation for long-range planning. The process, officially titled the Cal Poly Plan, is guided by a broad-based Steering Committee with membership that includes students, faculty, staff and administration. The planning process began during the 1995-96 academic year; the initial phase of the Plan was approved by the Chancellor’s office in the Summer of 1996; implementation of the Plan began in Fall of 1996; and the planning for future phases continues during the 1996-97 academic year.

Using information gathered from many different sources including consultation and open communication with all the campus constituencies, surveys, focus groups, and open forums, the Steering Committee defined four interrelated goals for increased student learning and preparation for life and work in the 21st century.

- Enhanced educational quality;
- Timely progress to degree completion;
- Improvement in institutional productivity; and
- Development of accountability and assessment measures.

To assist in implementing these goals, an academic fee of $45.00 per quarter went into effect Fall of 1996 (with possible increases over the next three years). Of the dollars raised in the first year, approximately $1.8 million are being used to fund 25 Cal Poly Plan projects. The projects are designed to fulfill another of the fundamental principles of the Cal Poly Plan—they bring direct, visible benefit to our students. The 25 projects, selected from over 200 proposals submitted by faculty and staff, are the products of the creativity inspired when the campus broke with tradition and asked for proposals from the campus community. These projects are either up and running or ready to come on line during winter and spring quarter.

Projects are both university-wide and college/department specific. The College of Science and Mathematics received funding for Chemistry and Physics studio lab classes and a New Student Success and Achievement Program. At a university-wide level, students now have easier access to their address information, class schedule, grades and other information through “MustangInfo,” on the World Wide Web. Additional projects developed by Student Affairs have been able to initiate or expand several programs including additional Math Workshops, study groups, a community service program and re-entry/older student services.

If you would like additional information, or if you have questions about the projects or the Cal Poly Plan in general, the Cal Poly Plan e-mail address gives you the opportunity to ask the “planners” specific questions (polyplan@calpoly.edu), or the Cal Poly Plan WWW home page (http://www.calpoly.edu/), has a list of the current Cal Poly Plan projects (with links to many of their own home pages), new Plan developments, and (during winter quarter), information on how faculty, staff, and students can submit a proposal for a Cal Poly Plan project for 1997-98.
Questionnaire

We would like to hear from you concerning the effectiveness of our curriculum in preparing you for your career. Please take a couple of minutes to complete the questionnaire below and return it to us by August 15, 1997.

1. What kind of coursework or experiences should be added to the curriculum in order for it to become more effective?

2. What courses or experiences have you found particularly useful in your career?

3. Please suggest future directions or initiatives which the department should consider undertaking.

Degree/Graduation Year        Concentration

CAL POLY PE&K DEPARTMENT
Information Update

Name ____________________________
Address ____________________________

Is your above address a new address?  O yes  O no

Phone (___) ____________________________
Company/Agency ____________________________
Address ____________________________

Position ____________________________  How Long? _____

E-Mail address: ____________________________

Alumni Update

Years and Activities within the PE Department:

Current PE Activities:

Personal News for Friends:

If this isn't enough space, don't hesitate to write us a letter.