APPENDIX B

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Age:\_\_\_\_\_\_\_\_\_\_

Benefits and Trends of Breastfeeding Survey 2

1.Do you plan on having children? Circle one: Yes No

2. If yes, do you or your partner plan to breastfeed your child? Circle one: Yes No

3. How long would you plan to breastfeed? Circle one: Not at all 0-3 mo 4-6 mo 7-12 mo 12+mo

Please explain your choice:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4. Would you strictly breastfeed, strictly formula-feed, or a combination of both?

Circle one: Only breastfeed Only formula Combination

5. For women: If you plan on returning to work after your child is born would you continue to breastfeed/pump breast milk? Circle one: Yes No

For men: Is it important to you that your partner continues to breastfeed/pump breast milk if she chooses to go back to work? Circle one: Yes No

6. For women: Would you feel comfortable breastfeeding in public? Circle one: Yes No

For men: Would you feel comfortable with your partner breastfeeding in public? Circle one: Yes No

Please explain:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

7. Do you know the American Academy of Pediatrics’ recommendation for breastfeeding duration? Yes\_\_\_\_\_\_\_ Not Sure

8. Imagine your friend just found out she is pregnant and is debating on whether or not to breastfeed when the baby arrives. What two pieces of advice would you give her about breastfeeding?

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9. Can breastfeeding have benefits to the mother? Circle one: Yes No

Please Explain:

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APPENDIX C

Evaluation of Presentation

1. How useful was the presentation in educating you on the relationship between trends and breastfeeding?

1=not useful 5=highly useful: 1 2 3 4 5

2. How effective was the presentation in educating you on the benefits of breastfeeding?

1=low 5=highly effective: 1 2 3 4 5

3. Imagine your pregnant friend is contemplating breastfeeding once the baby arrives. What three things would you tell her? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4. After viewing the presentation did your perspectives on breastfeeding change? If yes, how? If no, why? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_