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FOR IMMEDIATE RELEASE

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Cal Poly to Hold First SLOCAVORE Workshop April 13

SAN LUIS OBISPO — Cal Poly Extended Education will hold the first SLOCAVORE workshop, titled "Cal Poly Wines & Ranches; Tour and Tasting," from 10 a.m. to 2 p.m. Sunday, April 13.

SLOCAVORE takes its name from the recent trend to consume fresh, local fare, a choice sometimes referred to as locavore. SLOCAVORE explores the Central Coast's bounty of foods and wines.

The April 13 workshop begins at the Cal Poly Crops Unit with a tour of the campus winery and special instruction by cellar master Matt Brain. Attendees will also visit the campus vineyard on Cheda Ranch, located just a few miles northwest of San Luis Obispo on Highway 1, for an orientation to the "SiP" (Sustainability in Practice) certified viticulture practices used on campus.

The workshop concludes with a barbecue that will include Cal Poly wines at Serrano Ranch on the Cal Poly campus.

In addition, Shohreh Niku, professor of food science and nutrition, will provide insights into the art of food and wine pairing, and Aaron Lazanoff, Cal Poly Beef Center manager, will talk about Cal Poly's innovative range management practices.

The workshop fee is \$125. Pre-registration is required and space is limited.

Seven additional SLOCAVORE workshops are planned for 2014. They include:

Earth Day Winery & Farm Culinary Tour p.m.	April 19	9 a.m. – 1
Herbal Essentials noon	May 3	9 a.m. –
Sausage Making noon	June 28	9 a.m. –
Artisan Cheese: Basic Production and Appreciation	Aug. 16	9 a.m. – 1 p.m.
Edible Gardens & Ecological Design Dinner	Aug. 23	3 – 8 p.m.
Heritage Poultry: Husbandry, Breeding & Cooking	Sept. 5-7	TBD
Everything Olive – Olea Farm p.m.	Oct. 4	1 p.m. – 4

Each workshop provides a unique opportunity for participants to experience the agricultural bounty, rich heritage and beautiful landscapes of San Luis Obispo County through classes, workshops and events led by farmers, vintners, ranchers, artisan chefs and land stewards.

For more information and to register for these workshops, go to: www.slocavore.calpoly.edu.

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