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University News & Information

California Polytechnic State University, San Luis Obispo, California

September 10, 2010
FOR IMMEDIATE RELEASE



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Cal Poly Hosts Second Annual HANDs on Health Event Oct. 22

SAN LUIS OBISPO – Cal Poly’s STRIDE and the Center for Sustainability are co-hosting the second annual HANDs on Health event Friday, Oct. 22.

The four-part lecture symposium, “Nurturing Healthy Children and Healthy Families: Why is it so Complicated Today?” focuses on the individual, built environment, state and national arenas of obesity issues. The free public event takes place in the Performing Arts Center Pavilion (Room 124) on campus.

Symposium speakers include obesity experts Deanna Hoelscher and Steven Kelder from the University of Texas, followed by a presentation on the obesity and health agenda at the state level by Congresswoman Lois Capps and invited keynote speaker, Kathleen Merrigan, Deputy Secretary of USDA, to inform on national initiatives.

Merrigan has been a leader in promoting sustainable agriculture world-wide, and was voted one of this year’s “Top 100 Most Influential People” by Time Magazine. A panel discussion with Q&A follows the symposium.

Following the panel presentation, STRIDE and the Center for Sustainability will host an hors d’oeuvres reception from 6 to 7:30 p.m. at a campus location to be determined. Tickets for the reception are \$15 and can be purchased from the Center for Sustainability at 805-756-5086. For more information on the HANDs on Health event, visit www.stride.calpoly.edu and www.cfs.calpoly.edu.

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