

# Summer Mustang

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California Polytechnic State University, San Luis Obispo

Thursday, August 7, 1975



Daniel Davis stars in the Pacific Conservatory of the Performing Arts' production of Henrik Ibsen's "Peer Gynt."

## Theater draws talent for summer season

by SUSAN RAMSDEN

Excellent theater does not belong to the big and rich population centers alone. It can be produced wherever a strong artistic drive finds a climate of cheerful dedication and the right formula for creative endeavor.

Such a theater has found a home at Allan Hancock College in Santa Maria.

The theater program, like the college itself, had humble beginnings.

In the beginning the odds against its success seemed enormous. No theater plant was available. No drama curriculum for the development of student artists existed at the college. And there was no history of an interest in theater in Santa Maria.

The Pacific Conservatory of the Performing Arts, better known as PCPA, began in 1965 under the direction of drama instructor Donovan Marley and 21 of his students. Together they built a theater in a two-story section of an old World War II flying school and called it the Interim Theatre.

Beginning its second decade, PCPA is gaining nation-wide fame. It is now one of the oldest continually producing repertory companies on the west coast. This summer the Conservatory is operating two modern thrust stages and presenting a six-play rotating repertory of 92 performances alternating between two theaters—the newest in Solvang.

Known for its high degree of professionalism, the Conservatory during the summer season draws talent from all over the United States. This year the company consists of more than 200 artists and craftsmen—many of them noted professional designers, directors and actors.

Why does PCPA draw talent from as far away as New York, in some cases? They come to work in

a repertory theater. For most of the actors it is a different kind of theater than they have ever worked in before. It is more varied, more hectic, more exhausting, and far more challenging than any other kind of theater.

For 75 days these actors, directors, designers, technicians and organizers work together toward a series of common goals: to find out, discover, invent, acquire, and, finally, to produce. According to Webster's dictionary, this is the very definition of the word "repertory."

Says director Marley, "The blending of the practicing professional artist and the student artist has produced astounding results. When the master and the apprentice 'practice' together,

learning takes place. The extension of this philosophy at PCPA has created an unusual learning environment and an even more unusual theater."

The end result is an outstanding series of plays each summer season. The selections are diverse—ranging from light musicals, such as "OKLAHOMA!" and "Guys and Dolls" to heavy drama, such as "Peer Gynt."

Marley says, "In any other community, it simply could not have happened." He believes that Santa Maria is the one place in California that could combine civic pride with the need for artistic experience to support the Conservatory.

## X-rated movies on campus decision of film committee

by STEVEN SEYBOLD

Choosing 11 motion pictures out of a list of 7,000 is no small chore, but that is the responsibility of the ASI Films Committee.

The selection of films passes through three filtering processes. The officers of the Films Committee first choose 100 out of the 7,000 films offered each quarter by various film industries. The officers then select 35 films to be sent to the committee where a vote is cast to determine which films will be shown in the following quarter. Those films having the highest number of votes will then be ordered.

The ASI Films Committee has an annual budget of \$15,688. However, it is operated like any business and is designed to make an annual profit of \$2,162 or an end of year income of \$17,850. As a result of the need to make a profit and because the fee of current films is rising, the majori-

ty of motion pictures shown next quarter will be raised to a dollar.

The number of films shown each quarter is dependent solely on the availability of facilities. Only Chumash Auditorium has the size and other equipment needed to show films, and it is in great demand by every club, committee and group on campus. Consequently, the Films Committee can obtain Chumash at most about eleven times a quarter.

Another determining factor for the choice of movies is the price. The "Godfather II" costs the committee \$1,000 which is about the top price of films for rent. The average price for films rented is about \$350 to \$500 for such movies as "Gone With the Wind", "Deliverance" and "Camelot". Though the Films Committee, like all Associated Student Incorporated (ASI) Committees, is designed to entertain the students, it must still break

## Poly diplomas given credit after review

General accreditation of Cal Poly as a four-year degree-granting institution has been renewed by the Western Association of Schools and Colleges.

The WASC is the authorized accrediting commission for senior colleges and universities in California, Hawaii and Guam. Its general accreditation covers all of the 52 bachelors degree programs here.

In the words of Dr. David Grant, Associate Dean of Academic Planning, "If you want to finish (undergraduate work) elsewhere or go to graduate school and you don't come from an accredited institution, you're dead."

The recent review of this campus, by two representatives of the association, was a quick one. They met in the course of a day with representatives from the various departments, the administration and the A.S.I. and took their findings to a WASC meeting in Burlingame.

The next review, scheduled for 1979-80, will be more extensive.

At the end of each decade a team of 8-10 people from the association descends on Cal Poly for several days and documents everything in sight. Each member of the team is a specialist in a particular academic area. One person will examine the library thoroughly, one the engineering departments, another agriculture, and so on.

According to Dr. Grant, there have been philosophical agreements in the past between the reviewers and departments here.

"One of the most difficult problems," Grant said, "is that they bring in people from out of state who don't understand the objectives of the California State College System and they make

recommendations based on their own systems."

"Accreditation is supposed to be in terms of the goals of the institution" Grant continued, "but it's hard for them to understand the vocational direction of this campus."

Additional accreditation of individual undergraduate programs here is done by nationally recognized professional groups. Sometimes, accreditation of a department by a professional group makes a difference to an employer or a graduate school.

But according to Dr. Grant, "The very best thing going for us is the success of our graduates."

## Journalist workshop held here

Thirty-two high school journalists from throughout Southern California are in the midst of a two-week short course being held here.

The mass communications workshop, which began Aug. 3, and will continue through Aug. 15, is a joint effort of the California Scholastic Press Association (CSPA) and the journalism Department.

Now in its 22nd year, the course is designed to provide young journalists with practical experiences in a broad range of newspaper, magazine, radio and television, and public relations activities under the guidance of professionals in those fields.

Included on the staff of the workshop, according to Ralph Alexander who is executive director of CSPA and in charge of the program, are Bill Bruns, former sports editor of Life magazine; Steve Harvey and Narda Z. Trout, both reporters for the Los Angeles Times and Dick White, public relations director for The Forum, largest sports arena in the Los Angeles area.

## Volunteers will get free passes to county fair

Passes to the San Luis Obispo County Fair are being offered by the American Red Cross. Persons willing to donate at least four hours of time and who also have a current Red Cross First Aid Certificate are needed to staff the first aid station at the county fair in Paso Robles.

Volunteers are needed to work from noon to midnight, Aug. 12 through 17. Interested persons should contact the Red Cross office in San Luis Obispo by telephoning 543-0696, weekdays from 10 a.m. to 1 p.m.

# Alcoholism: no. 1 drug problem

by LYNN JENNINGS

Jay is an alcoholic. He is also a student, and has been at Cal Poly for the past three years. Jay discovered his alcoholism about nine months ago and has been on a program of recovery ever since.

Alcoholism frequently is referred to in the media as "the number one drug problem." It is a disease much like diabetes or hypoglycemia, and can be fatal if not treated.

"The diabetic cannot eat sugar. His body won't metabolize it properly. I take alcohol into my

system and my body doesn't metabolize it right. My thinking becomes cluttered. My speech becomes incoherent. And more especially, I think, psychologically I just do an about face and become another type of person, a person I don't want to be anymore," Jay explained.

While the physical and psychological effects of alcohol on the alcoholic are painfully destructive, the individual cannot do without the drug. He or she is addicted. Dr. Billy Mounts, of the Cal Poly Health Center describes it as a physical and emotional habituation. The alcoholic is "one who is controlled by alcohol instead of the opposite," and is emasculated by using it," Dr. Mounts said.

A survey taken by Michael Looney of the Health Center Mental Health team showed that 57 per cent of the respondents who drink do so because of "sociability." Indeed, many social functions revolve around drinking. One young woman said she could no longer feel comfortable with her drinking friends, because "they think I'm strange because I don't drink."

Although many people can be "heavy drinkers" for much of their lives, they are not necessarily alcoholic. But those who are, often go for years without realiz-

ing it or don't admit it because of certain moral implications. "The idea of it being a disease, at first I didn't buy it. I thought it was a moral thing. I really did. I thought I was a moral leper," said Jay.

The effects of Jay's disease once brought him to the brink of

suicide. He admits that it is difficult to live with an alcoholic, and that families are often broken because of this.

"I became hypercritical. I wouldn't get physically violent, but I'd get very abusive in my language. I became obnoxious, grossly obnoxious. I

became defensive about what I was doing. I was hostile, belligerent, stuff like that," he said.

Dr. Mounts said the Health Center staff treated 12 cases of alcohol-related accidents and injuries during Poly Royal weekend and that three or four cases each weekend during the academic year are not uncommon.

The Health Center now has an alcohol abuse program. During the summer, any student who needs help can go to the Health Center, Monday through Friday, 8 to 5 p.m. There he or she can receive counseling from the nurse on duty, and doctors are on call. In addition, the program now has a drug called Antabuse. The student must not drink for 72 hours, then can take a pill daily with the assurance that if he takes a drink, he will become violently ill.

The alcoholic's view of Antabuse is not one of complete trust.

Jay said, "The minute you take away the Antabuse, the threat is gone. There's nothing wrong with it. But I think there's more to the problem of alcoholism than just the drinking itself."

Dr. Mounts said that Antabuse is not a cure for the alcoholic, and that those using Antabuse could profit from Alcoholics Anonymous or some other program.

Jay said his program has helped him to be more aware of himself.

"I have become able to be totally honest with myself." He believes that is the first step to recovery.



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# Bugs for dinner— a nutritious meal

by SUSAN RAMSDEN  
 Insects on the dinner table—bees, grasshoppers and termites in every course from soup to nuts—may be an answer to the worldwide problem of malnutrition and starvation.

At least that is the view of a Cal Poly senior in home economics. Carol Miller, 26, of Grover City is completing the final stages of her senior project, entitled "Introducing Insects into the American Diet." In her unique project Mrs. Miller has developed gourmet recipes using these three insects.

What is so unusual about eating bees and grasshoppers? Epicures have been chocolate-coating them for years.

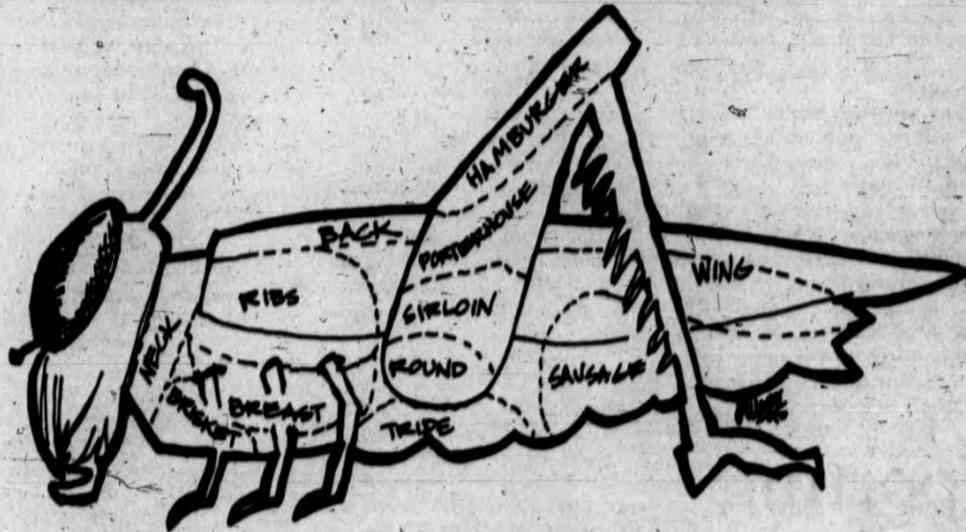
Mrs. Miller's thesis is unique in that it is a serious proposal to Americans, as well as those of less affluent nations, to begin using insects in their everyday diets.

Says Mrs. Miller, "The main problem is the cultural aversion to eating insects. It seems to be indigenous to industrial societies. When most people think of eating insects, they think of it as a novelty or as being barbaric. They don't take it seriously."

In our society, Mrs. Miller says, we are taught from childhood that insects are useless nuisances. She says, "People think I'm kinda wacky for getting into this (study)."

Mrs. Miller, who now relishes insect dishes, admits: "Insects used to freak me out."

Four years ago, determined to rid herself of her aversion, she took an entomology course. She not only learned to respect the little creepy-crawlies, but began to develop a strong interest in working with them. When it came time for her to choose a subject for her senior project, it seemed only natural to combine her interest with her home economics major: hence, her thesis on cooking with insects.



"Entomophagy", the eating of insects, is a new and relatively unexplored field. According to Mrs. Miller, there have been no in-depth studies done on cooking or eating insects, or any of the related nutritional aspects.

Mrs. Miller says that insects could very well have been America's original soul food as they were found in the diets of the Digger, Modoc and Pitt River Indian tribes. She says jokingly, "If people really want to get into the spirit of the bicentennial, a patriotic gesture would be to eat insects."

Why eat insects? Says Mrs. Miller, "Good nutrition is a matter of both the quality and quantity of the food supply. With insects, quality may be attainable with the least amount of quantity." While beef's protein is only 15 to 20 per cent, termites are 40 per cent protein, and grasshoppers are 60 per cent protein.

In addition to their nutritional advantages, insects have the benefit of being prolific and easily adaptable to almost any climate. Therefore, they could be cultivated wherever they are needed.

Mrs. Miller has specific reasons for choosing the three insects she worked with. Bees were chosen because they are readily available as they are raised commercially. Also, they are easily accessible from their hives.

She wanted to develop recipes for an insect that could that could be foraged easily. She chose termites, and then ironically had to resort to getting hers from an exterminator because she could not find any.

Grasshoppers were chosen not only because they are found abundantly throughout the U.S., but also because they can be purchased in markets.

Mrs. Miller says she purposely avoided the use of any car-

nivorous insects, such as flies, that feed off decaying animal carcasses. Since part of her project involved a taste-test panel of faculty and students, she said she wanted to avoid any negative feelings that these insects might generate.

Are there any non-edible insects? Mrs. Miller says one researcher told her to avoid stink bugs which he confirmed "taste like they smell." She, also, says that people who have allergic

Mrs. Miller, who will eat almost any insect, admits that some do have a bad aroma, taste, or "mouth feel" when presented in their most commonly eaten forms. Her recipes attempt to disguise any of these undesirable qualities.

"I tried a pseudo-gourmet approach, developing recipes with wide appeal, general acceptance, and ease in preparation," she says. "It's important for people to think they're eating something special and, also, that they can prepare it themselves. With my recipes I was hoping to set a new pathway."

Insects were incorporated into already-existing recipes as a protein supplement. Mrs. Miller says she feels that is how they can most practically be used. "They can't be used as a total protein substitute in our diet. It's a little bit too far off. There's no way that

(continued on page 4)

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# Dinnertime— let's eat bugs

(continued from page 3)  
people are going to accept insects when they can have a steak."

Mrs. Miller chose recipes that would involve every part of a full-course dinner—from appetizer to dessert. Among the delicacies presented to the Poly panel were: Sake-dipped bee wontons, termite rice pilaff, bee tempura, grasshopper bread (called "Jiminy bread" after Jiminy Cricket), and chocolate-covered bees marinated in orange liqueur.

Richard King, a temporary instructor in fruit science Spring Quarter, was one of the brave testers. "The only thing I didn't like was the chocolate-covered bees. Say, do you know what happens when you eat bees? You break out in hives," he joked.

Says King, "The termite pilaff and bee wontons were very good."

Did he know what he was eating at the time? "Yes, that's the only way I would try it," he says.

The panel, comprised mostly of male faculty members, was served the delicacies in the graciously-decorated living room of the home economics building. Mrs. Miller chose this comfortable setting because she wanted the tasters to be in as receptive and relaxed moods as possible.

Positive results came from the panel's experience. King says, "A lot of constructive comments were given (by panelists)—a lot of ways to present insects to the public in an acceptable way. The tasters had a different opinion (more positive) toward eating insects afterwards."

Not yet completed, Mrs. Miller's project has already generated interest in the world of science. "Science Digest" magazine wants her to write an article for them.

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She already has a firm offer from "Terra", the quarterly publication of the Natural History Museum in Los Angeles. She will not publish her senior project, but will write an historical approach to entomophagy for them.

In November, Mrs. Miller will make an oral presentation and demonstration of her recipes to the Lorquin Entomological Society in Los Angeles. She is hoping to receive a grant from them to continue research toward a master's degree.

## Sporting books on sale now

As a special offer to participants in the three P.E. workshops held here this summer, El Corral Bookstore has arranged a book sale and display featuring books on physical education, games and sports.

In addition to the textbooks and general books regularly stocked, El Corral is offering a special selection of sports and games oriented hard-cover books at up to 85 per cent off their original price.

El Corral is open from 7:30 a.m. to 4:30 p.m. Monday thru Friday.

## Wilson appointed grad dean

A former member of Cal Poly's overseas teaching team has been appointed associate dean of graduate studies.

Dr. Malcolm W. Wilson, a faculty member in the Education Department since 1968, will begin his assignment Sept. 1. He will work with the Graduate Studies Committee and with graduate program advisors in coordinating the 14 master's degree programs offered here.

As a member of the university's teaching team, Wilson spent 27 months during 1969 through 1971 in Africa. He was the director of short courses for primary school headmasters at the combined University of Botswana, Lesotho and Swaziland.

Wilson worked with three groups of headmasters who came to Gaborone, Botswana for a one-month intensive course designed to update primary education. He also made follow-up visits to the villages to work with individual headmasters.

Wilson received his bachelor's and master's degrees from Western State College in Gunnison, Colo. In 1975 he completed study for his doctor's degree from the University of Arizona.

Before joining the Cal Poly faculty, Wilson taught at the University of Arizona. He also taught at public schools in Colorado, Florida and Arizona.

## PE workshops here continue next week

It was thought that Cal Poly's Summer Quarter would be a quiet few weeks to kick back to. But after watching a mass of women physical instructors decorate the campus for a week, an additional 300 male physical education instructors and athletic coaches have joined their turn of muscle tension and coordination.

These high school and community college instructors and coaches are the participants of the 28th California Workshop for Physical Education and Athletic Coaching, first seen this Monday, Aug. 4 and will continue through Friday, Aug. 15.

The 300 or-so-odd women participants who we have already been familiar with are of the 26th Physical Education Workshop for Women in Secondary Schools. They are scheduled to partake in workshops through the end of this week.

But when the women leave, an added 175 participants will re-occupy campus space in the Second Annual Physical Education Workshop for Elementary School Teachers. The week long programs will begin Monday, Aug. 8.

Top guns planned to lead specialized coaches workshops include former Atlanta Braves third baseman Eddie Matthews for baseball, Claude Gilbert of California State University at San Diego for football and Ulysses G. (Pete) Brown of the Harvard Recreation Center in Los Angeles for tennis.

Coordinator of the workshop series and head of the Men's Physical Education Department Dr. Robert Mott, described the workshop series as "the only kind in the United States, and the world, when you come to think of it, that provides a workshop for physical education instructors as well as for coaches."

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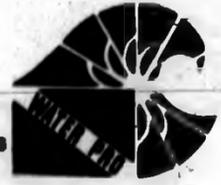
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