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'Vaguely Familiar' & 'Cut Out'

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Vaguely Familiar

Shame and insecurity are threads woven into the fabric of our human existence, shared by each of us in our unique journey. It’s a universal experience, not a solitary one. Yet, we often feel pressured to conceal our emotions, as if vulnerability were a flaw. Society, through magazines and media, can breed the belief that we are somehow deficient—too unattractive, unintelligent, lacking talent, or undeserving. And so, we shed tears.

We weep until our eyes swell and the ceiling lights above our bed blur into insignificance. We cry, sometimes in solitude, sometimes in the presence of others. But in those tears, we find strength. We uncover the courage to confront our insecurities and redefine our worth. Remember, even the most resilient souls have moments of fragility. It’s within those moments that we discover our resilience and our shared humanity.

Cut Out

You never know when you might just fall. Away from the earth, away from your troubles, leaving only but a blank space where you used to be.