

PEAK News

CALIFORNIA POLYTECHNIC STATE UNIVERSITY, SAN LUIS OBISPO, CA 93407

1994-1995

From the Department Head...

This year I thought I might update you on the curriculum and how the department is changing to better prepare our graduates for careers in Physical Education and Health Promotion. Many things have changed while many things still remain the same.

We continue to emphasize "Learn By Doing." The curriculum is very hands-on with a lot of labs, field experiences, and internship required of all students. We still feel that sports and activities form the foundation of our field so we continue to require that all of our graduates take a wide range of activity courses.

We currently offer four concentrations (teaching, health education, commercial/corporate fitness and pre-physical therapy). We also offer an individualized course of study (ICS) where students design their own concentration. The most common ICS is in athletics training. We also offer certificate programs in aquatics and athletic coaching. At the graduate level, we have an emphasis in human movement and sport for people who wish to pursue careers in education and an emphasis in exercise science and health promotion for students who plan to work in corporate fitness, cardiac rehab, etc.



We feel that the diversity of our curriculum, the reputation of our faculty as being student-centered in their approach and the success which our graduates have in obtaining employment and being admitted to graduate school are the reasons we continue to be a very popular program. For example, last year we accepted only a third of those who applied for admission into our undergraduate programs. At the graduate level, we accept all who are qualified and they come to us from across the country.

Although we are extremely proud of our program and the graduates it produces, we feel that the curriculum is dynamic must adjust to meet changing needs and interests. Because of that we are reviewing our current programs with an eye to streamlining them and making them more effective in meeting the needs of the diverse employers who hire our graduates.

Sincerely,

Wayne Head

Wayne Head

Inside This Issue...

2	Alumni News	8	CAHPERD
5	Graduates	9	Faculty News
6	Student Profiles	15	PEAK News
7	Scholarships	17	Thanks for Giving

ALUMNI NEWS

Jolene (Ablers) Thompson, 1988

Teaching PE in Vacaville and husband John Gordon Thompson (ASCI) in Vet School at UCD (pictured above).

Tracy (Ambler) Silva, 1983

My full-time job is raising my two kids (boy - 4, and a girl - 6 months) and taking care of my husband Tom (PE 83 also) who is now a firefighter for Contra Costa County. After graduating from Cal Poly I was the women's fitness director at the Big C Athletic Club in Concord until I had a baby and retired. I'm also officiating girls and boys high school volleyball. My husband, Tom Silva, who threw javelin for Cal Poly's track team, is still competing in javelin and recently took second at the Master's Nationals in Eugene, Oregon.

Michael Beckmann, MS 1978

Is currently teaching Physical Education and Coaching JV Golf at Diegueño Jr. High School in Encinitas. He also spent 14 years coaching swimming at Diegueño.

Ron Berrybill, 1980

Married 10 years, two children, son 4½ years and daughter 2½ years. Live in Dixon, California. President/Owner of Wellness Professionals Network. Business focuses on assisting individuals in developing and maintaining healthy lifestyles. Have been self-employed since 1987. Still exercising and still getting older! Wife of 10 years, Kim, is a Physical Education Instructor at Valley High School in Sacramento.

Cheryl Hammar Brunk, 1986

I have been working for the American Diabetes Association for the past seven years. I am married to Kevin Brunk (Arch '87) and have two children; John Tyler, 3 years and Kristen, newborn.

James "Marty" Dillon, 1978

Currently Athletic Director at San Benito High School in Hollister - also serve as Summer School Principal to over 1,000 student body. Head Varsity Wrestling Coach last 14 years - six consecutive league championships, 1994 Central Coast Section Individual and Team Championships - overall 14 year record 187-39-5. Married with three daughters 12, 11, and 9 years of age. Coached 1994 Little League Fast Pitch Softball team to Northern California Championship game - lost 2-1 to Chico - all three of my girls were on the All-Stars!

Jennifer Ann Eagle, 1993

I graduated in December from Samuel Merritt College School of Nursing, with a bachelor's degree in nursing. My education at Cal Poly - especially within my concentration has been so helpful and I will continue to draw on it throughout my career in nursing. I plan on looking for a job in critical care upon graduation. I'm currently interning in an ER in Martinez, California.

Kelli (Haener) Roman, 1990

Thank you for sending me a newsletter! It's great to hear what is happening. I'm



getting ready to start teaching again in September. This will begin my sixth year at Newhart Middle School. I love my job. Cal Poly prepared me very well for my position. Thank you for everything!

Jennifer Leilani Lemes, 1995

In the fall, I will be starting graduate school at the University of North Carolina at Greensboro. I will be getting a master's degree in Counseling Education with an emphasis on Higher Education Administration. This degree will enable me to work in administrative positions at the university level. My first job will be working at the Student Health Network as a Wellness Coordinator. I also intend to pursue other activities and jobs in student affairs, residence life, and athletics. The program is two years - it will start in the middle of August.

Chrissy (Hugbart) Lesicka, 1978

Last year Cal Poly football played against Southern Utah University (for SUU's homecoming), my family was excited since both my husband, Donald (IT '80), and I were from Cal Poly. We were in a rough position, we have students who play for SUU. Also I was working with the marching band. But, true to our home school "Poly," our whole family cheered as we sat with the SUU fans. I was excited to see some of my teachers from Cal Poly still on staff. I have two children; a son Travis, 14, and a daughter, Tracey, 12. Both play in the high school band that I volunteer at. They both enjoy soccer, I am the Parowan girls high

school soccer coach. We live in a rural community 20 miles north of Cedar City, Utah; at the base of Brian Head Ski Resort. Whole family skies! In 1986, I won Arizona 10k Championship to go to Nationals at Lake Tahoe. Only the top 50 male and top 50 female runners (1 from each state) went to this event. We ran on Wide World of Sports (one of my goals in my running career). Unfortunately, I came down with food poisoning the day before the race, I thought it was the jitters to running on WW of S and \$500,000 prize purse. I placed 16th overall (don't remember running) ended up in the hospital dehydrated and 10 pounds under weight, and semi-conscious. Our family travels and leads Praise and Worship for different churches around Western United States. "Son Shine Praise Singers." We were at Avila Community Church in July!

•Jeff Jordan, 1992

I am an Assistant Football Coach at Chico State University, coaching the defensive secondary. Won the championship (NCAC) in 1993. Also finishing my master's in PE. Living with Josh Nielsen (PE, 1994), who is also coaching and getting his teaching credential. Still working on publishing part of our senior project with Dr. Kellie Green Hall.

•Lou Montano, 1986

Stopped by the office this summer to say hello. He just finished his fourth season as head wrestling coach at Columbia University.

•Kendra (Mattson) Betz, 1991

In 1993 I received my Master of Science in Physical Therapy from the University of the Pacific. Since then, I've worked as a PT at the Seattle, Washington, VA Medical Center. I work with John Airoidi - an '89 Cal Poly PE grad. In June '93, I married Breton Betz, who is also a '91 Cal Poly grad.

•Judy McMullen, 1972 (MS 1980)

Selected assistant director of physical education and athletics and head women's basketball coach at Lewis & Clark College in Portland, Oregon.

•Ronald G. Mercurio, 1967

Doing great! I've been teaching adapted PE for the last 14 years in Santa Ana, California, working mainly with OH and SH youngsters of all ages. Ten years before that I taught PE/Social Science at Saddleback High School, also in Santa Ana, and coached football, baseball, soccer and golf. My oldest son graduated from Cal Poly in Agribusiness/Finance. Keep up the good work, it's always nice hearing about what's going on at Poly!

•Denise Lynn Miller Andreini, 1985

Mother of triplets!!!

•Merry (Moore) Farnady, 1981

My sixth year teaching elementary PE in Hayward, California. Daughter, Krista, turned "2" in August and has been joined by a baby brother, Kyle, on June 2, 1994.

•Don Morris, 1953

Your Newsletter was good! Retired from Cal Poly after 43 years of services as a student, administrator and Professor. Was a cheerleader for Cal Poly when it's population was 2,000 and all males. After graduation from Cal Poly, was accepted into the Naval Aviation Cadet Program and sent to Pensacola, Florida, for flight training. Went on to qualify as a lighter-than-air ship pilot and also became duly certified as a fixed wing/carrier pilot as well. After an active career of 42 years, finally retired in 1991 with the rank of Commander. In 1957 finished master's degree at Cal Poly and took the job of Director of Student Housing; after a few years was promoted to Personnel Director. Earned my teaching credential and was hired by San Luis Coastal Unified School District to be a Teacher/Principal. Taught for several years at Morro Bay High School and also served as Assistant Principal and later Principal of the Adult School. Decided to get my doctorate, so accepted a job at the Simi Valley Union School District and attended UCLA to earn

advanced degree. After graduating from UCLA became a Dean at Moorpark College and taught classes at UCSB. An opening came up at Cal Poly and I was hired back to start the Extended Education Program. After ten years as the Associated Dean of Extended Ed, I switched over to the Education Department and for the last 12 years before retirement was a Professor teaching upper-division and graduate classes.

•Jeanne Murdock, 1991



Work for BeanFit, Health and Fitness Services in San Diego, California, as a health and fitness specialist. Also contract out with companies and apartment/condo complexes teaching exercise classes and swimming lessons to employee's children.

•Callie Palen, 1993

Beginning a master of occupational therapy at Samuel Merritt College in Oakland, California. Started September 1994, and I will complete it in the Summer of 1996!

•Jenny Phelps, 1988

How are things on the beautiful central coast? We certainly do miss San Luis Obispo, although Idaho has been a great place to live too! We live in the town of McCall which surrounds the Payette Lake. (Reminds me a little of a small Lake Tahoe) There is also a ski mountain here, Brunlage Mountain, which make this a year round resort town. When my husband and I

Alumni News continued...



moved here in 1989 we were managing a Four Season Destination Resort just north of McCall. The project was sold in 1991 which was the year we had our first child, a boy named Jamison. I taught swimming lessons the following year while Miguel earned his real estate license. He had many contracts from the resort and the real estate market was hot in 1992, so he was able to enter the market in a strong position. In May of 1993, we had our second child, a girl named Mackenzie, and Miguel became involved in a new project in the area. This has been a great area for the kids and we could easily stay here as long as we are making a good living. Since my youngest child is just over a year old, I thought it was a good time to finish my credential and try to get into the McCall district since it is building a new middle school for the 1995-96 school year. Hopefully next time we're in SLO we will catch you at the college. The last couple of times through town we managed to hit it right at break! Hope life is treating you well and that Cal Poly is still enjoyable for you! Give our regards to the other staff members who might remember us from the way back when...

Robin (Pinkstaff) Rose, 1983

Currently looking at Paso Robles High School. Director of Activities and Teacher Leadership and Health Education. Married

to Mark Rose of Long Beach for five years. We just had our first child July 13, 1994, and a son Taylor Thomas Rose (WONDERFUL)!

•Kelley J. Reece, 1987

Manager of Feminine Fitness Health Club, Santa Maria; PE Teacher at Pine Grove Elementary School in Santa Maria. Received teaching credential from Chapman College in January 1994.

•Tim Reichardt, MS 1992

Recently took a job with the West Side YMCA in Los Angeles.

•Steve Rianda, 1995

From Belmont and a member of the baseball team in 1991-93, has been accepted into the graduate program in sports psychology at Boston University.

•Kathleen (Reilly) Kinsley, 1961

Have been a lab technician for 15 years for Lander Veterinary Clinic, Inc., in Turlock, California. This clinic is a dairy practice. I have four children and 11 grandchildren. I am still employed by Lander Veterinary Clinic.

•R.B. Roche, Jr., 1970

Currently stationed in the Netherlands, will return to the USA in June, 1995, after six years in Europe. Still in the army after 24 years. Spare time: Coach the offensive line at the International High School. Record is 2-0 this season. My son plays off/def tackle. He's 6'4", 255 lbs. He got his size from his dad! Before I played for Poly, I too was 6'4" and 250 lbs., then I shrunk! He will be applying for Cal Poly this year. He graduates June 1995. Who knows, if I can convince him to "step left - block left" he might just have the potential to play for a Division IAA school. Good luck this season! Scrub Slotback 68-69.

•Eric Ronberg, 1990

I have been working for Easton Sports for about three years, and doing exactly what I wanted to do: Fall Sports Product Manager. I over-see the entire football lines and ice hockey protective lines. I do a lot of computer work with different types of software, I forecast sales, develop marketing plans, design presentations, charts, graphs and much, much more. (Eric informed us that he just got engaged as of August, 1994: Congratulations!)

•Lorissa Rullman, 1992

After I graduated in 1992 I immediately started coaching field hockey and track and substitute teach in my home town, Susanville, California. I spent the summer of 1993, teaching swimming in Carrollton, Texas, a suburb of Dallas. (I swore when I was taking the WSI class I was wasting my time—boy, was I wrong!) January of 1994, I started graduate school at the University of Texas at Austin. "Hook'em Horns." I am studying for a Master's of Education in General Kinesiology which includes Sport Administration, Health Education, and Exercise Science. I just started working with the Men's Athletic Department as a mentor for the football team. I spend 10 hours a week with two rookies, tutoring them in their homework, making sure they are prepared for class, and so on. As for my personal life I am still looking for Mr. Right.

•Nels C. Rydberg, 1993

PSU Volleyball team won the Division II NW Regional Tournament and went to the Elite Eight for the fifth straight year, tenth time out of the last 13 years. It's great being a part of the most successful women's volleyball program in Division II history! (Per your comments/suggestions: Does that mean you are volunteering to type the next Newsletter? Let us know, we can use some free hands)

•Anthony Salafia, 1988

I am a Physical Therapist at Central California Rehabilitation Hospital in Modesto. I earned my Physical Therapy degree at Daemen College in Amherst, New York.

•Mari Stewart, (Credential 1989)

Has resigned from teaching elementary physical education in Arroyo Grande and accepted a position to teach at El Camino Highschool in Oceanside.

•Kenneth Triguero, 1957

March, 1991, retired from the La Mesa - Spring Valley School District as a junior high-middle school teacher. Immediately enrolled in college Recreation Department for three semesters. Began working as a Rec Counselor, MWR, Miramar Naval Air Station, Youth Center...Worked both Summer Camps for 1993 and 1994. Counselor for Before and After School Programs

for two years. Beginning on 9-6-94, I will be in charge of three Before School Counselors. On June 1, 1994, I began as a Rec Leader II for the San Diego Park and Recreation Department, Disabled Services Programs...what a unique, fascinating position. Thirty of us provide activities and programs seven days a week throughout San Diego...I hope to remain at both jobs for a long time...I am in excellent health and see no reason to stay retired...Service to others has always been my goal.

• **Lester B. Waddel, 1972**

This is the first time I have written since graduating. So...since then I have been a potter, sold my wares wholesale in Los Angeles, Orange and San Diego counties. In 1980 I moved back to Monterey Peninsula, bought a house and began Triathlon Racing, competed in the Iron Man five times; pro in 1985-86. In 1986 I bought a running store in Monterey. In 1989 Noelle and I became Elite Master Triathletes. May 1989 had a very traumatic bike accident and decided to go back to school. Graduated in March 1994 as a chiropractor, and am now an associate at Monterey Neck and Back Center. I am still married to Noelle (almost 25 years now), she is a RN at Monterey Community Hospital, we have two daughters, Alexis, 20 (junior at SDSU in PE, w/ concentration in Dance/Exercise Phys); and Erin, 17 (senior at Monterey High School - will be going to Chico State and majoring in Psychology).

• **Joseph C. Weltner, 1976**

Married to graduate of Ball State (Indiana); two boys; organized Davis Adult Recreational Soccer League in 1978; directed Yakima Valley College (Washington) intramural sports in 1977; currently work with sports management - Orange County Triathlon and Catalina Marathon; own Quality Management Systems - implement TQM and Performance Management processes in small and large business in US and Canada; run long distance (12 marathons); mountain biking and racquet sports; organized Rancho Santa Margarita Running Club; past CAPHERD president for Cal Poly in 1976.

• **Orion K. Yeatts (Yeast), 1981 (MS'84)**

First I want to applaud the new name of the department. I have been so pleased at receiving the information about Cal Poly and the PE&K department in the PEAK Newsletter. It was good to read that many of my professors are still teaching at Cal Poly...Glassmeyer, Head, Nakamura, Barthels, Proctor, Buccola and Webb. I have been living in Virginia since 1988, and was married in January 1990, to my lovely wife, Lesa, who is an attorney with the City of Hampton. We were fortunate to have a healthy daughter, November 27, 1993, Leigh Hunter. This will be my eighth year as Tennis Professional/Director here at the James River Country Club. I also teach a health class part-time at Christopher Newport University, also here in Newport News. This position has been very exciting for me. It has helped me stay on top of the health and physical education field. Here at CNU Dr. Barthel's books is used for Biomechanics. I often miss California and wish I were back in San Luis Obispo. I am happy to see the Athletic Department is doing so well, particularly the tennis programs. Keep up the good work!

Graduates

Bachelor of Science

Brian Adamack
Darren Avrit
Terry Bauer
Jason Beardslee
Theresa Bell
Katherine Benson
Louis Boggeri
Robert Budke
Dawn Cohen
Katherine Denneen
Chad Dubrui
Trina Dueck
David Dzerski
Melissa Emery
Daniel Feldhaus
Jean-Marie Gifford
Beth Glass

Mark Gonsalves
Melissa Grant
Wendy Grosz
Blaine Hashimoto
Elizabeth Hebel
Gregory Hinton
Jocelyn Hobby
Todd Hoeffer
Jennifer Horn
Gina Indresano
Amy Johnson
Ayen Johnson
Jeffrey Jordan
Kathleen Kastner
Jessica Loomis
Gabrielle MacKenzie
Michael Matoso
Heather McCarley
Shannon Merritt
Jennifer Miller
Josh Nielsen
Doug Noce
Patrice Orton
Laurie Owens
Angela Ramirez
Janette Rauch
Lee Reed
Kelli Rudy
Nels Rydberg
Annmaire Salditos
Christina Sciutto
Gena Scott
Jeffrey Tanaka
Lisa Terracciano
Susan Terrill
Julie Tingle
Marci Trubell
Lisa Vaiaello
Russell Walter
Kimberly Wells
Cynthia Wiley
Daniel Willis

Graduates

1993-1994 Master of Science

Paula Anderson
Karen Ann Edwards
Dee Ann Goshgarian
Glenn Grose
Mark Grosz
Eric Johnson
Barry Lant
Andrea Lueker
Jennifer Macy
Deik Maxwell
Charlie Moore
Joe Rubio
Janell Lynn Scafani
Kelly Stella



Master of Science Program

The graduate program is still going strong with new students continually admitted. Some of these students have undergraduate degrees in fields other than physical education and are taking undergraduate courses in physical education to remove deficiencies before they begin their graduate studies.

Michele Borboa
Michael Cadena
Wei Dong Cao
Susan Carey
Alice Cole
Joey Dansby
William Davidson
Maqsd Dean
Janell Dovalina
Lawren Everingham
Jeffrey Fairbrother
Charlotte Garraway
Suzanne Gerpheide
Allison Grant
Patrick Grant
Julie Hopkins

Amy Johnson
Shelly Loveall
Patrick Madigan
Joseph Madsen
Jolene Martin
Thomas Marzilli
Diane McKeague
Patricia McQuillen
Elisabeth Muckinhaupt
Carrie Parks
Cheryl Pemberton
Jennifer Peters
Joanna Snyder
Julie Tingle
Chantal Vella

Notes from Retirees

Mary Lou White

Enjoying retirement - play percussion in a dance band called "Something Very Special," regular two times a week, plus "special" dances. I also belong to a RV Club and play in a band "Bandeloos," we play at the National Rally annually.

I also enjoy reading, swimming, and pets. I have one dog and four cats. I still drive the 55 MGTF...

Ed Jorgenson

Hi to all! I'm flattered that you want to hear from me - but here goes - Since Fran and I live on the Golf Course (SLO G&CC) most of our time is spent playing this silly game, but I kid them when I'm asked, "How often do you play?" and I reply, "about eight days a week!"

We like to take trips and this May and part of June we will be in Europe on a cruise and the capitals (24 days).

I have been retired since '76 - so I don't know too many, but I look back to many enjoyable days at Cal Poly and would love to hear from any of you.

Student Profiles

KERITH ANN LEMON

I have been valuing equestrian competitively for the last twelve years. In the summer of 1994 I was a member on the United States Vaulting Team that competed in The Hauge, Netherlands, at the World Equestrian Games and World Championships. At these games, I won the Silver Medal in the female individual competition. This was the only individual medal to be brought home to the US since 1986. It is my hope to compete at the 1996 World Championships in Kapsovar, Hungary, and win the Gold Medal. The Germans have dominated this sport since it began and it is my goal to be the first to break this domination. In order to achieve my goal I plan on continuing my training with my coach in Saratoga, California.

Student Profiles continued...



LORIE BETTELYOUN (pictured far left) RECEIVES CAHPERD VAN HAGEN/CASSIDY SCHOLARSHIP

Lorie Bettelyoun (senior from Saugus) a Health Concentration student has had a memorable year. Last summer she was selected to spend the summer at the University of Washington attending the Minority Medical Education Program (MMEP). The program was designed to "offer summer educational experiences to help promising, highly motivated underrepresented minority students improve their competitiveness in the medical school application process." In March she received the State CAHPERD Van Hagen/Cassidy Scholarship. In April she attended the National AAHPERD Conference in Portland as our NASPE Outstanding Physical Education Major and she will attend another MMEP Program this summer at Case Western Reserve University in Cleveland Ohio. Her future plans are to spend next year working as a substitute teacher while deciding what graduate degree she will pursue.



STEVE WHEELER RECEIVES ROBERT MOTT MEMORIAL SCHOLARSHIP

Thank you very much for the Robert Mott Memorial Scholarship. In these days of rising tuition costs, the money comes at a time when it is much needed. Aside from the money, however, the award itself is an honor. I am pleased to find that my hard work is noticed by others than just my immediate family. I have put a lot of time in my PE&K classes, sometimes forsaking other studies to do so. In short, I am doing my best and it is nice to know my best is appreciated. Thank you again for both the scholarship and "the pat on the back."

Poly Alum Receives Honor

When Sharon Chatman, deputy district attorney for Santa Clara County and a former Cal Poly standout, showed up last Friday night at the Long Beach State-San Jose State women's basketball game, she felt right at home. For 10 years, Chatman was the Spartans' coach - and not just any coach, at that.

In 1978-79, her San Jose State squad finished 24-4, the best record ever for the Spartans women's program, which is celebrating it's 100th anniversary this year.

For that, and her other accomplishments at the school from 1976-86, Chatman has been named the university's Coach of the Century. She was honored at the Long Beach State game along with a 14-member Spartan Team of the Century, including former Chatman pupils such as Elinor Banks, Karen Mason and Wanda Thompson.

"Without a doubt, working with the players - the teaching part of it - was the most fun," Chatman said.

Chatman thought of going right into a law career when she finished her master's degree in the early 1970's but she got sidetracked into coaching for a decade. "I'd been a guard at Cal Poly in the late 1960s," she said, "and coaching and teaching were always my first loves."

She coached high school in San Jose, then spent a year at Cal Poly and two at DeAnza College before taking over at San Jose State, where she averaged more than 14 wins a season.

After retiring from coaching, she went to Hastings Law School, passed the bar exam in 1989, and has worked for the Santa Clara County District Attorney since then.

Poly Alum continued...

"There are a lot of parallels," she said.

"That's what interested me initially. I'm a trial attorney, of course, a prosecutor, so preparing cases is like preparing my team."

"I try to make sure my witnesses are well-prepared, just as I tried to make sure my players were well-prepared. I used to scout opponents trying to anticipate what they were going to do. Now, based on the information I get in disclosure, I try to anticipate what kind of defense the opposing side is going to raise."

"The trial is much the same as a game. Of course, the stakes are much higher. But I have to think on my feet, make adjustments."

"The referees control the game on the basketball court, as the judges control a courtroom. I used to scream and yell at officials, but I treat judges a little more courteously."

The basketball tug isn't quite as strong for Chatman as it used to be.

"The first three or four years I was away from coaching," she said, "every October 15 – the day we'd start practice – I always felt like I should be doing something other than what I was doing. The last couple of years that feeling has dissipated."

"But I still miss coaching in March, at tournament time. Someday, I might get back into it again, at the high school or junior high school level."

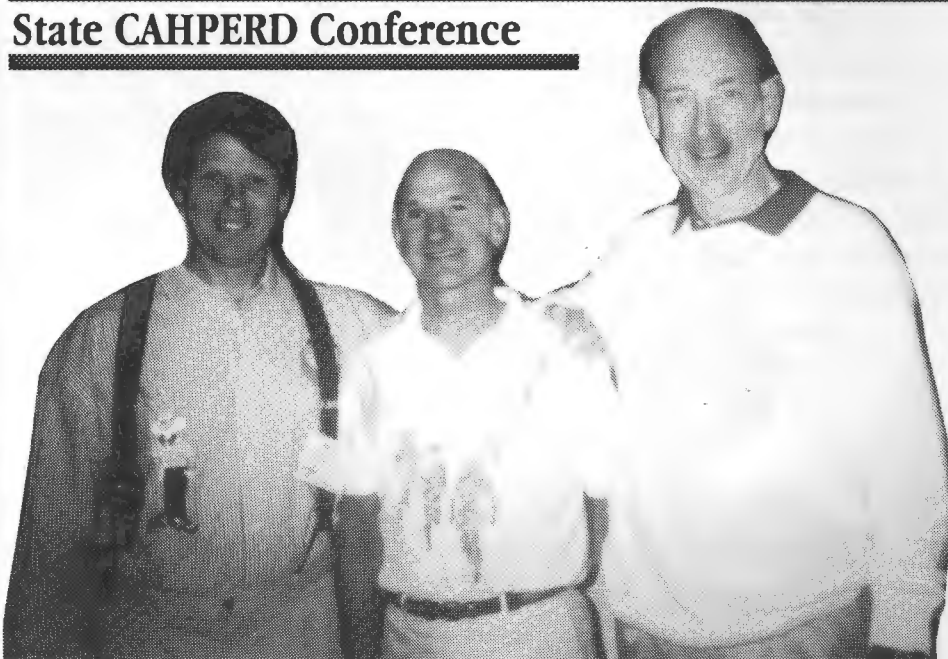
—San Francisco Examiner (February 8, 1995)

CAHPERD

Co-President of CAHPERD,
Eveonne Wylie,
presents COSAM
Dean Bailey
with a newly
designed
CAHPERD t-shirt.



State CAHPERD Conference



Andy Proctor, Jim Webb, and Dwayne Head take a moment for a "mug" shot.

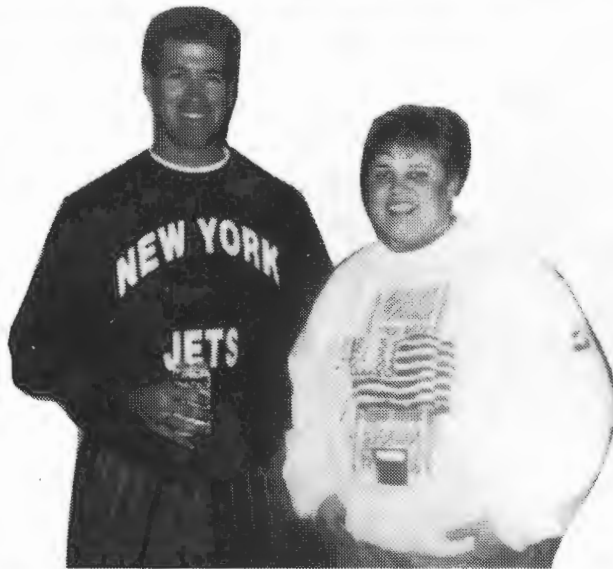
The State CAHPERD Conference was held in Santa Clara this year. Here are some pictures of past and present faculty and students at the social.



Max Karl, Andrea Brown, and Coach Massey are all smiles.

More CAHPERD pictures...

Dr. DeMers socializes with a few more attendees



Don Aguilar and Stacey Lynn Carr catching up on PE news.

FACULTY NEWS**Pat Acord** (still here, but busy as usual)**Andrea Brown**

This last year I have been working with our professionals from the Los Angeles County Office, Kern County Office, and UCLA to design an Institute at Cal Poly at which we could test a few ideas that we might use if and when we are funded for a Project. We in fact had a highly successful Institute for High School Physical Educators here on campus in August. Teachers came from LA, Bakersfield, San Luis, and Ventura. It was a high energy and very rewarding experience for all concerned. I was left with little energy for my committee responsibilities for the Elementary Workshop here on campus the following week. However, yet

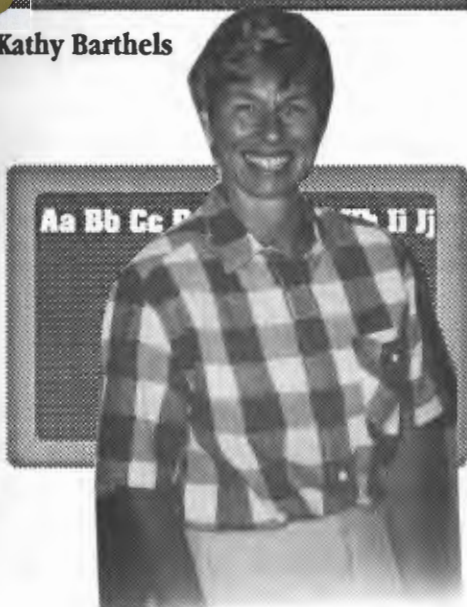
again the Elementary Committee implemented an outstanding workshop which invigorated and empowered many teachers

.....and away from the treadmill and the



profession? I visited England last summer, it was the first time I had been back for four years. It was enjoyable to see my extended family again. I also took a short trip to Ireland where I was very disturbed at seeing British soldiers carrying small machine guns in the streets, and the comparative poverty in southern Ireland. I asked my American friend who was accompanying me to do all the talking through customs, etc., as I thought the American accent was more acceptable than my British accent! I continue to sail my board and paddle my kayak. I am looking to buy a sea kayak as I am limited to flat water with the boat I currently have. I continue to fix up my fixer upper home. I owe many students thanks for help in this venture.

I hope to see you at future professional conferences, and maybe back a Cal Poly for continued education of one sort or another. I hope you continue to work hard and play well.

*Faculty News continued...***Kathy Barthels**

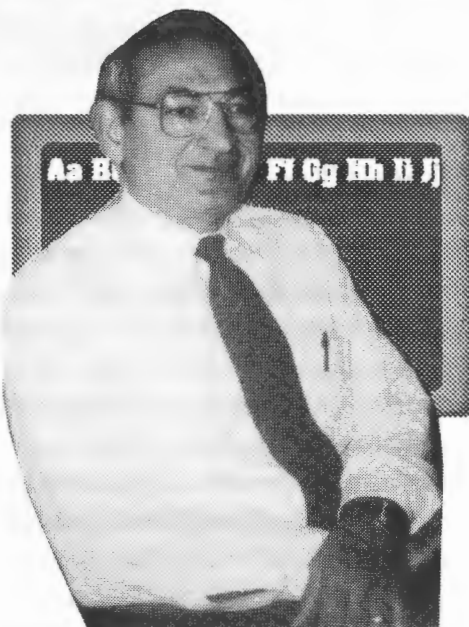
The big event this year was finishing the 4th edition of my Biomechanics textbook..finally!! At school, my behind the scene effort has been to acquire and upgrade the instrumentation in the Biomechanics Lab. We now have state-of-the-art movement analysis capabilities complete with computer data analysis packages (see Lab Update article in this issue). I'm looking forward to the 1995-96 school year working with interested students utilizing these capabilities in their senior projects, theses, and other research projects. Starting soon, a number of the pre-PT students and I will be working with local physicians on a project dealing with low back pain alleviation in pregnant women. Since finishing the text and lab upgrading, I've been able to spend some time doing more fun things on weekends and vacations with family and friends: body surfing, canoeing, golfing, travel-exploring, and trying to teach my new toy poodle, Peaches, how not to get sea sick in a canoe.

Eric Buccola

I am in my 33rd year of teaching at Cal Poly and I am still having an enjoyable time. My responsibilities still include teaching First Aid, a graduate class in Administration of

Physical Education and Senior Project. I am still involved in college athletics by serving as the Commissioner of the American West Conference. I am also a member of the West Region NCAA I-AA Football Committee.

During the past summer my wife, Sally, and I took our trailer out and traveled to the Grand Canyon, Mesa Verde, Dorango, Grand Tetons and to Yellowstone National Park. We had a great time and saw some beautiful country.



We now have seven grand children, six boys and one girl! They range in age from 6 months to 5 1/2 years.

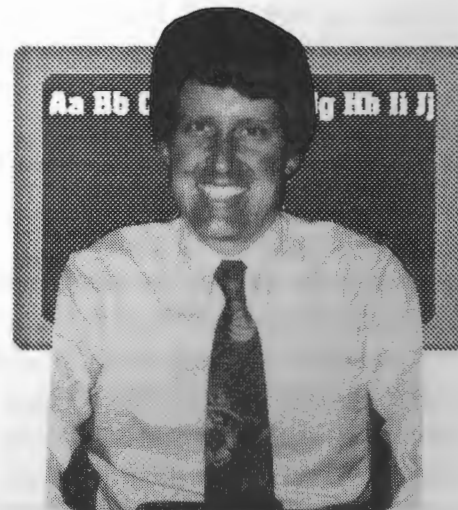
Steve Davis

Greetings Sports Fans! Hope you are all doing well out there in the "real world." Life has been hectic and a real struggle here at Cal Poly, so don't feel like you're missing out on anything. The CSU continues to experience budget shortfalls and we seem to be expected to do more with less every year. On the positive side, we continue to be blessed with talented students whose hard work and appreciation make it all worth while.

My time has been divided between classes, ACSM Health/Fitness Instructor Certifica-

tion, and the development of a University-wide Faculty/Staff Wellness Program. At the time of this writing, we have already tested the first few pilot subjects for the Wellness Program, and we hope to have it up and running full-time by Fall Quarter of 1995. My classes continue to focus and improve, though I'm still having trouble keeping my desk looking clean and organized (seems like more paperwork always comes in than goes out!)

You alumni can help us and give something back to Cal Poly by letting us know when jobs become available and where you are and what you're up to. Our best source of information about jobs is *you*, and it will help us to plan our teaching and training strategies as we enter the 21st Century if you'll let us know what you're doing, what parts of your education have been helpful, and what we could afford to de-emphasize. You can always reach me by mail, phone, FAX (805)756-7273, or E-MAIL "di480@oasis.calpoly.edu."

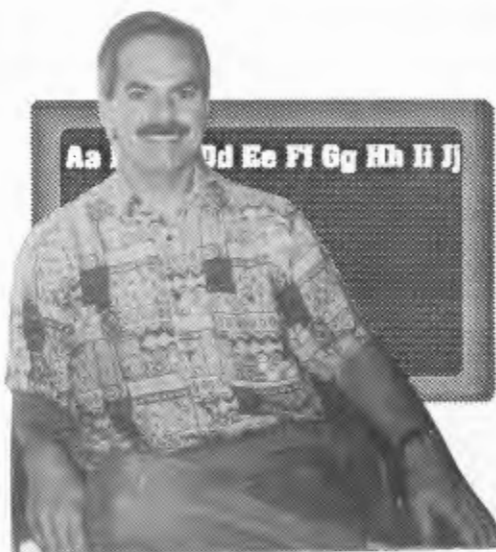


I'll be on sabbatical during the spring Quarter of 1996. After eight and a half years at Cal Poly, it's time for a change of pace! I'm planning on either researching the benefits of exercise for Senior Adults, or

learning to do echocardiography so I can teach it at school. Anybody have an echocardiograph they'd like to donate to the Human Performance Lab?

Well, take care and stay in touch. I'll look forward to hearing from you in the future. Remember, *You Have the Right to be Healthy, Exercise It!*

Gerald DeMers:



Things are as busy as ever. I don't know what I would do if I didn't have some major project going on each year. This year is no exception. In February, I was in Puerto Rico giving a three-day symposium relating to Lifeguard Supervision. Lifeguard supervisors from the US Virgin Islands attended. I am presenting three programs over a four-day time frame at an International Aquatics Conference, "AQUATICA," in Fort Lauderdale, Florida, in May. The programs related to Aquatic Facility Supervision and Spinal Injuries in the Aquatic Environment. I am looking forward to these programs.

This year I have taken on a new challenge. There are no viable methods for spinal injury management in surf conditions. In-line stabilization and backboarding procedures are very difficult in surf and the

current methods performed by beach guards are either dangerous or ineffective. I have developed methods for backboarding and stabilizing the victim's head and neck in surf. One difficulty is that, many times, victims wash up to shore and are in very shallow water. The methods I developed work well in water as shallow as six inches. I am in the process of proposing these methods to the United States Lifesaving Association (USLA). This association trains all surf lifeguards in the United States. Hopefully they will see how beneficial these new techniques are and will consider adopting them. This is a very exciting prospect to me.

I am now in the process of writing a chapter for a new aquatic resource book. This book will consist of information relating to water safety programs all around the world. I was asked to write the chapter comparing water safety programs in the United States. I am also involved in revising and editing a book published by the Council for National Cooperation in Aquatics titled *"Swimming Pools: A Guide to Their Planning, Design, and Operation."*

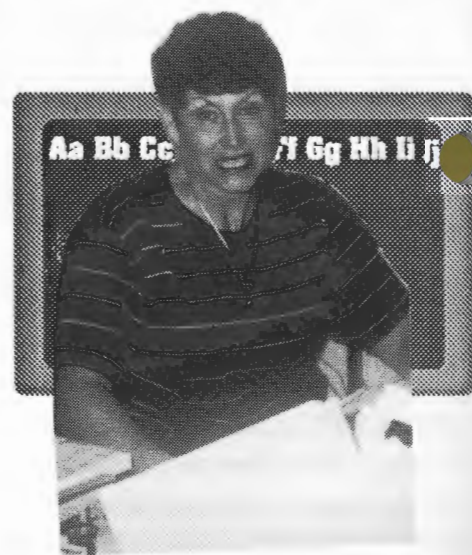
On a personal note, this has been a fantastic year. Jill Hollenbeck (our department secretary) and I were married, December 23, 1994, on the island of St. Thomas in the United States Virgin Islands. We had a great 7-day cruise and loved every minute of it. We now reside in a new home we bought in San Luis Obispo

Sonja Glassmeyer

A milestone was reached this year when I completed my 20th year of full-time teaching at Cal Poly. As I look back there are so many memories - some bittersweet, but most are good. As you are aware, many changes have occurred within the department in the last few years but those of us who are left are still, if I may say so, doing a great job! As the coordinator of the

Commercial/Corporate Fitness Concentration, I am pleased to say that more than 90% of our graduates have jobs in the health promotion/fitness area and some of our students have gone on to a Master's Degree program and a few students have chosen to go other directions, such as Nursing, Physical Therapy, Physician Assistant, Cardiac Rehab, and yes, even to medical school! Needless to say, we are proud of all of our graduates.

I am also happy to say that I am still married to Gary (14 years and going strong!) and we are still living out in the country, about 67 miles northwest of San Luis Obispo. We love the quietness, the wildlife, birds and the incredible weather and clear skies

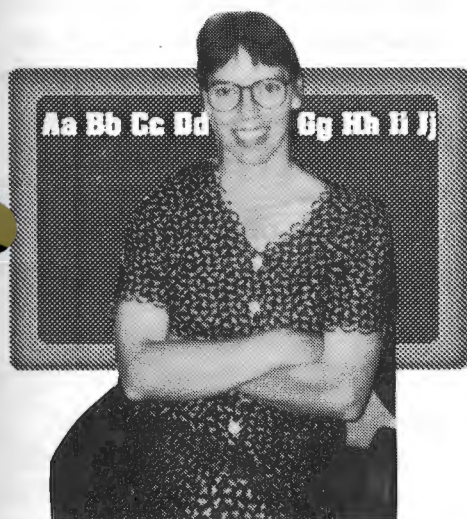


(perfect for Gary's astronomy hobby). We are in somewhat of a rut as we do not go many places - since I am gone the better part of the week I am just happy to be at home. I have taken the opportunity of attending two conferences this year: the Association for Worksite Health Promotion International Conference in Portland, Oregon; and, the Region 7 AWHP Conference held in Phoenix. I spend a considerable amount of time on the road visiting sites and interns, something that I really enjoy doing - nothing like seeing what is

really going on out in the real world! I usually have a few students who accompany me on these visitations and the trips are usually eye-openers for them.

I will be attending, and presenting, at the 63rd Annual CAHPERD Conference and Southwest District AAHPERD Conference next March in Sacramento. I hope to see many of you there. In the meantime, please keep in touch with us - there are many of our former students that we have lost track of. Take care and stay well! Best wishes.

Kellie Green Hall



My fifth year at Cal Poly has been an interesting and delightful experience, as my family and I continue to enjoy life on the central coast!! I've been busy teaching, conducting research, and being involved with CAHPERD at all levels. The highlight of our year was the addition of Connor Elling Hall, our **LAST** baby, who just turned one on May 4th. His big brother Ryan (5) and big sister Jayme (3) love to take care of him and teach him new tricks. This has been a really fun year with the little ones around, even though Greg and I have both concluded that the third child somehow put us over the edge, we reminisce about when we used to feel in control of our lives!!!



I have had an active year professionally. I organized and presented a half-day symposium on Motor Learning applications for the Secondary Physical Educator at the National AAHPERD conference in Portland. Three colleagues from all over the country participated and we had a great response from the educators. We are now working on a similar symposium for Secondary Coaches for the National conference in Atlanta, Georgia next year. I have two presentations remaining this year, one at the National NASPSPA (North American Society for the Psychology of Sport and Physical Activity) conference in Asilomar in June and one at the Southwestern District Conference in Hawaii also in June. I have two articles in press currently, one with the Journal of Motor Behavior and one with the Journal of Applied Sport Science, and several others in the works that I hope to complete this summer in my "spare" time. Also I have been busy working on two grant proposals for external funding for the university. As always I am enjoying my activities with the Cal Poly students who are such a delightful bunch to work with, whether it is with CAHPERD, graduate or undergrad classes, projects, etc. Life is good.

We enjoyed seeing all of you at the State CAHPERD Conference in Santa Clara, and

look forward to seeing you in Sacramento next year. Also congratulations to the student CAHPERD unit who again won the 1995 Intramural Softball Champions for Cal Poly.

Dwayne Head

I have had a good year, but it is easy to have good years when you have the best job in the world. I started playing senior olympic doubles racquetball this year and met with some success by winning a tournament in San Diego and placing third in Palm Springs. My wife Shirley and I had two nice, but short, ski trips. During one we got a chance to practice our powder techniques in a couple of feet of fresh snow at Mammoth. I was able to make two trips back to North Dakota this year, one for a high school reunion and one for a college reunion. It was fun, you should try it some time! One highlight each year is the State CAHPERD Conference where we see so many of you in attendance. It is always gratifying to see so many who have continued their CAHPERD involvement after their initiation to the organization through our student CAHPERD club.

Vaughan Hitchcock:

This school year has passed by more quickly than the previously year, etc., etc. As for what I've been doing this past year, not much!

Last summer I again ran my wrestling skills training camp at Tahoe's Boreal Resort. It was very successful and I will be directing it again this summer. This will be my 28th year of operating my camp. I estimate the overall attendance over these many years at approximately 35,000 young athletes, each spending a week at camp. I am very proud of the camp and the contribution it has made to the sport of wrestling. My camp staff has been made up of primarily outstanding Cal Poly athletes such as Pat Lovell, John Woods, Ken Bos, Dennis Downing, Rick Arnold, Jim Teem, Neil Pew,

Glenn Anderson, Larry Morgan, Lennis Cowell, Steve Hitchcock, Joe Nigos, Guy Greene, Chris Delong, Lou Montano, Pat O'Donnell, Lee Torres, Ernie Geronimo, Benje Williams, Jeff Barksdale, Mark DiGirolamo, Cliff Hatch, Cliff Shidawara, Roger Sayles, Malcolm Boykin, Billy Fitzgibbons, Will Wilson, Scott Heaton, Tom Mount, Jon Talbott, plus many, many more.

In early September, I traveled to Kodiak, Alaska, to go fishing with my old friend Jack King (Cal Poly Alumni), who is a very successful commercial fisherman and retired PE teacher and wrestling coach from Kodiak High School. Had a great time and caught a bunch of fish!

I continue to miss my coaching wrestling, as time passes it seems doubtful that I will ever coach a team again.

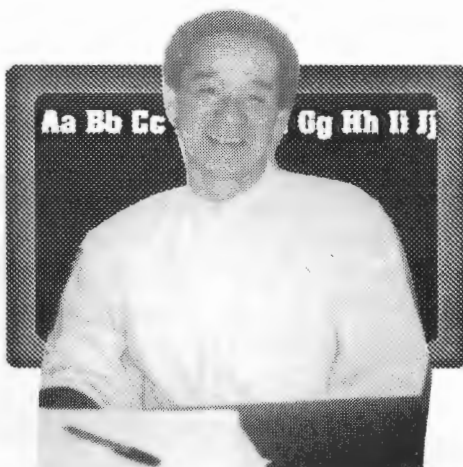
Spring break I traveled to the East Cape of Baja, Mexico, and spent a week enjoying the waters of the gulf.

Wrestling is still a big part of my life and I attempt to remain involved. I attend many dual meets and tournament, including the state High School Championships and the Las Vegas Invitational plus the National Freestyle Championships. This allows me to maintain contact with ol' wrestling friends and to stay current with the sport.

The university school year has brought me new challenges as I am teaching a new course in athletic coaching. I continue to teach sports officiating, first aid and CPR, team handball and wrestling.

Ray Nakamura

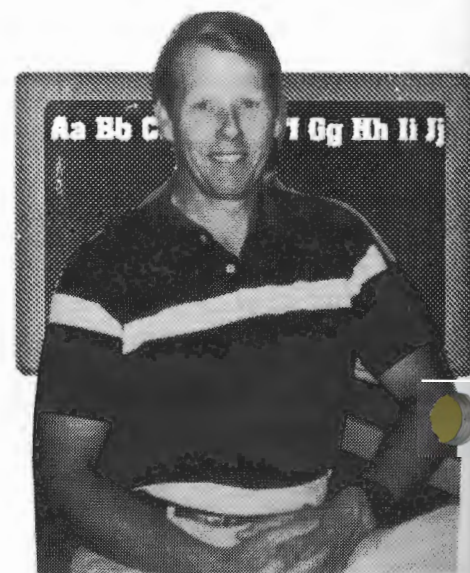
Ohio-Gozymsus. Last year was a very satisfying and rewarding year for me. I was lucky enough to be honored with the Cal Poly 1993-1994 Distinguished Teaching Award. In addition, I have signed a contract for a book that I have written. It is titled,



"The Power of Positive Coaching." The main focus is to help coaches develop self-reliant, self-responsible, and self-disciplined athletes by applying strategies that are based on human dignity and respect. If all goes as scheduled, it will be published in the Fall of 1995. That writing experience has so inspired me that I will be taking a sabbatical leave in the Fall of 1995 to complete a second book. For obvious reasons I have always had an interest in multi-cultural issues and am presently working on a book to help teachers bridge relationships with children who are from different ethnic and cultural backgrounds. My kids are really growing up fast. My son, Kyle, is 17 and a junior in high school. Lindy is 15 and she is a freshman. I've been discovering that parenting teenagers is no easy task. However, both are really great kids and I feel very lucky to have them. The new recreation facility is bringing my wife and I closer together because she and I do our morning workouts together. Even though my hair has receded a little, and I need to wear glasses more often, and I think I'm shorter, I've managed to stay pretty healthy and blessed throughout my 15 years at Poly. I still enjoy teaching and working with students. If you can take time from your busy schedule, please feel free to drop me a line. I would enjoy hearing from you.

Andy Proctor

The past year has been very good for me and I sincerely hope you have had a good year too. If not, there is always next year!! Classes are going great. My students are continuing to spend a great deal of time in the Macintosh Labs and are learning a lot about the computer and various applications. Several former students have contacted me this year and have reinforced how important it is for our students to gain experience and knowledge on the computer. Although I have been saying this for many years now, it is always nice to have students who are in the "real world" also say it. I have started a folder on my e-mail account for all such mail I receive. I have been moving my classes into the world of e-mail (and eventually the internet) and they seem to really enjoy it. It is amazing how many students have friends, family, and relatives who have modems. On the personal side, all four of my boys are doing VERY good in school and as a parent that is always nice to hear. My personal life is also going great. At the start of the school year I made a commitment to regain some strength and have managed to lift weights "fairly" regularly this year, as well as continue with the cardiovascular "stuff." My PE319 class continues to "race" to the top of Poly Canyon as their first lab of the quarter. Although I am not even close to



the front of the class, I feel good that I am not last in the class to reach the top. I also decided to compete in water skiing again and have been skiing regularly since January (in between rain storms). My oldest son, Ryan, will also start competing this year. Please remember that your former teachers do enjoy hearing from you. For those with a modem my e-mail address is: aproctor@oboe.calpoly.edu

Mary Stallard

July 31st, 1994, was my last official day of employment at Cal Poly - same day that I managed to meander through the SLO Triathlon. On August 1st, I was a retired woman!

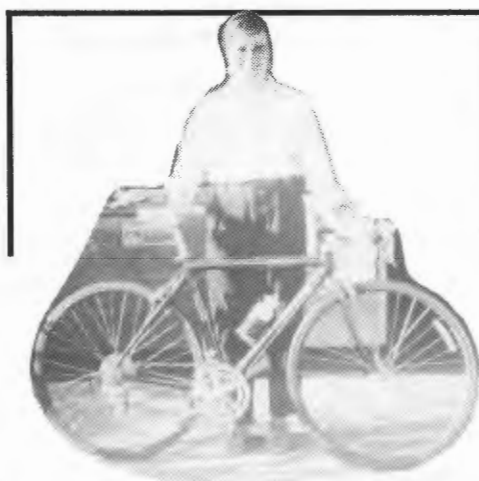
It took me quite a long time to reach the decision to hang-up my teaching togs, but I helped myself by teaching two-thirds time for two years prior to taking the big plunge. The retirement process involved much reflection upon a career which included seven years of public school teaching and 28 wonderful years at Cal Poly. I had the pleasure of working with many treasured colleagues and interacting with, learning from, and teaching hundreds of super young men and women.

My career at Cal Poly included the excitement of coaching volleyball, basketball and starting the Cal Poly softball program. It is amazing to observe the marvelous changes in women's athletics since Title IX, but it is troubling also to realize that 23 years after the law passed, there is still a long road to travel before gender equity is realized.

Many have asked me, "What do you plan to do now that you are retired?" Quite honestly, I do not know for sure, but I am involved in three community projects, two of which I am very fortunate to serve as a board member. In April, I was appointed to the Business and Professional Association's (BAPA) board, a local gay and lesbian

association and the newly formed Central California Women's Political Committee (CCWPC), a group of diverse women and men who are committed to a variety of "women's issues" - e.g., choice, Affirmative Action, education, health care, and a host of other social issues. There are 18 of us who are sitting on the first board which includes women and one man from throughout San Luis Obispo county. Some own their own businesses, some are in education, and yet others are attorneys. Recently, we had a day long workshop and I was impressed by the intelligence and strength of each person there. It will be thrilling to be a part of the political process

The PE&K Department could not get through 1994-95 without me (ho, ho) and while they sought a replacement I taught two classes both winter and spring quarters. A young woman who is completing her degree at my "old school," Utah, will begin teaching here in the fall. I believe she will be a fine addition to a great faculty. So, on June 11th, I will begin my retirement, officially!



The photo above is me and my new toy, a Trek 5000 bike and my two standard poodles, Buster and Winnie! Warmest regards to all alumni!

Jim Webb

Dear Poly grads and friends: It's that time of year again when the secretaries instruct

us to get out the word processors or "pen," as the case may be, and share some of 1994-1995 with you. Where does one begin? It seems that every year is filled with more trips, more activities, more projects, new faces and new challenges.



Professionally, this was my second year in the new Human Performance Lab following our move from Mott Gym. I think all the "kinks" have finally been worked out of the laboratory assignments, and "thank heavens." I believe I now know where everything is. The year was spent obviously teaching and in addition, visiting interns and prospective job sites. I attended my usual professional meetings, visited with old friends, and picked up my certification in Advanced Cardiac Life Support. During the winter, I took on contracts with the County to test their "Hazmat" fire personnel and with Pismo Beach Fire Department to supervise and administer their fitness testing program. This was in addition to the SLO Fire Department Health/Fitness Program which I've been doing for approximately 13 years. I conducted about 90 treadmill tests during spring 1994, so that kept me out of trouble.

For R and R, Jean and I manage to get our travel trailer out each summer and spend some time on the road. I also spent three

Jim Webb continued...

weeks in Alaska fishing for halibut and salmon with my brothers, nephews and son. It's our annual male bonding ritual. Caught 400 pounds of halibut and 1,100 pounds of salmon. Best year ever! Jean and I golfed more than usual this summer and fall, and got out for some fun ski trips this winter. I'm still getting my workouts in on a regular basis and the "bods" holding up pretty well. The new Rec Sports complex is like having a country club in your back yard. Wonderful! Stop in and say hello if you're in town.

American Red Cross Makes Major Changes to Lifeguarding Program

by Gerald DeMers

In 1992 the American Red Cross assembled a committee of aquatic professionals to evaluate the Lifeguard Training program which had been in effect since 1983. The Lifeguard Training Revisions Committee agreed that a major change was needed to update the program. In late 1994 the American Red Cross introduced the new program. Lifeguards and Lifeguard Instructors have had to undergo retraining to meet the new requirements.

The biggest change is related to rescue skills. In the past, lifeguards were taught to perform rescues while in direct contact with the victim. The new program requires that the lifeguard carry a piece of rescue equipment, known as a rescue tube, with them at all times. All rescues must be performed with a rescue tube. New tube rescue techniques have been introduced to make rescues as simple as possible.

The old course required that participants receive First Aid and CPR certifications

Exciting News for Physical Education

by Andrea Brown

What an exciting year for those of us involved in the teaching of physical education. Two major developments have given us tools to improve both the quality and status of our discipline within our public schools. The State Framework is now published and is out and being used in the schools, and the National Standards are published and are slowly finding their way into the schools. These documents can be instruments for change in the K-12th grade curriculum. I for one am excited about all the possibilities. Having a framework is but one step towards being on the text book adoption cycle. I wonder if we could go straight to CD and miss out on the actual paper texts? Anyone interested in working in this area?

A second significant happening is the State funding of subject matter projects for health and physical education. Many of you have heard of the "Writing Project" and the "Math Project." Well as of 1996 we will be having Health and Physical Education Projects. I was fortunate to be selected to attend a leadership conference at Fullerton this summer in preparation for the introduction of the projects. At first there will be three to five sites in the State and gradually over the years the number of sites will increase. I encourage you to contact your local university (you are always welcome back here at Cal Poly), or your local county office and find out what is going on in your area. Get involved as soon as you can, these are exciting professional development programs.

I also am happy to say that our student teachers continue to be hired at schools across the state. All of our students who were prepared to leave the San Luis Obispo area were hired this summer. Thank you alumni for looking to Cal Poly when positions are available in your schools, please continue to do this as we have some excellent beginning teachers in the "pipe line."

outside of the Lifeguard Training program. The new course includes Community First Aid and Safety and CPR for the Professional Rescuer.

There are many other changes which have also been implemented. More emphasis has been placed on simplifying the rescue techniques so they can be more readily learned and remembered. The new skills provide greater safety for the victim and the rescuer.

Needless to say, the Lifeguarding course offered at Cal Poly has been completely restructured. More time is needed for lecture and less time is needed for teaching rescue skills. Students who successfully complete the course become certified in Lifeguarding, First Aid, and CPR for the Professional Rescuer. Since First Aid and CPR certifications are included in the course, PE 243 Lifeguard Training can be a course deviation for PE 280 First Aid and CPR.



Biomechanics and Motor Behavior Laboratory Update

by Kellie Green Hall and Kathy Barthels

The first floor of the Physical Education & Kinesiology tower encompasses the laboratory used in the Motor Behavior and Biomechanics classes. Since we moved into the new building several recent additions in equipment have made our lab one of the best in the CSU system. Our most recent addition is a Kistler piezoelectric crystal force plate that has been built into the floor in the center of a track way that runs the length of the building. Additionally, we have upgraded the Peak Performance Video Analysis system, and our students are doing 3D automatic digitizing very well.

Three research studies were done using this equipment over the spring and summer quarters, two of which were presented by our students at international conferences. Scott Marzilli presented a paper entitled, "Increased Attention Demands on Elderly Gait," at the North American Society for Sport and Psychology of Sport and Physical Activity in Asilomar in June.

In July, Patrick (PJ) Madigan, presented a paper entitled, "Two dimensional kinematic analysis of a skilled, cyclists 'Bunny Hop' maneuver," at the International Society of Biomechanics of Sport Conference in Thunder Bay, Ontario, Canada.

A digital electromyography system is being used in conjunction with other instrumentation to evaluate muscle activation patterns during movement.

We are pleased with the high level of interest we are finding in the students for the research we are conducting in the Biomechanics and Motor Behavior Lab, especially when the research combines motor behavior, biomechanics, and physiological questions

NEW INSTRUCTOR Linnea Hauge-Barber



Linnea came to the PE department in September of this year. She graduated from Fall River Public High School, a small rural school in Wisconsin, with a total enrollment of 350 students. She received a BS in music from the University of Wisconsin-Eau Claire, her concentration being the French Horn, with a minor in piano and coaching. She received her master's degree in physical education at DePaul University and University of Illinois, Chicago, and completed her doctoral work at the University of Utah in Psychosocial Aspects of Sport and Pedagogy. She "successfully defended her dissertation," titled *"Thought Suppression and Balance Skill Performance."*

After receiving her BS she moved to Chicago, where she gave private music lessons while working at an urban school. She was also a substitute teacher for music

and PE and coached gymnastics at New Trier High School, in Winnetka, Illinois. She has taught pre-school through high school movement classes at Wilmette Park District in Wilmette, Illinois, as well as coached club gymnastics.

Linnea has been very involved in gymnastics since 1974 as a competitor, teacher, coach, judge, and researcher. She has been a gymnastics official since 1983. In addition to being involved in teaching and coaching, Linnea also performed other odd jobs, and has worked for some prominent companies such as Quaker Oats, MCI, Bear Stearns, and EDS. She worked for various law firms and insurance companies, and at one time worked on the Chicago Board of Trade floor as a runner for a company called Term Commodities. She has served as a Sport Psychology Consultant to the University of Utah Women's Swim Team for two years, and provided private consulting with gymnastics teams, skaters, and skiers. She was also a private consultant for computer training, in that she taught health care and business professionals how to use computer programs such as Windows, Lotus, DOS and WordPerfect. She has also worked at Camp We-Ha-Kee, a private summer camp for girls as a counselor, teacher, program director, and staff trainer since 1983.

While completing her doctoral work at the University of Utah, she continued to teach gymnastics in the continuing education program, as well as taught gymnastics, aerobics, introduction to exercise and sport science, sport law, and sport skill analysis. She was a teacher's assistant for applied sport psychology, sport in society, games development and secondary physical education.

Currently Linnea is living in Shell Beach with her husband Tom, her dog Murphy, and three cats, Louise, PeeWee and Ted. She enjoys golfing, tennis, skiing, antiqueing and playing with her computer. We welcome her to the PE&K department and wish her well!

Thanks... for Giving!

Mike Alamo	Karen Kirkendoll
Lawrence Allen	Steve Kolar
Natalie Auyong	Dana Lamphear
Ralph Baldiviez	Joe Lee
Manny Bautista	John Lindow
James Benkert	Annarae Luevano
Jimmy Book	Annmarie Malzahn
Larry Brem	Howard McGlone
Michael Butcher	Ron Mercurio
Mark Capritto	James Mikacich
Salvatore Cardinale	Donald Morris
Gary Churchill	Patricia Mullen
Jerry Clark	Nancy Negri
Donald Cooke	Katherine Niederfrank
Michael Coulson	James Oliviera
Robert Crosson	Callie Palen
Kristan Davis	Diane Park
James Douglas	Andy Proctor
Michael Driscoll	Cathleen Prouix
Shirley Durant	Gordon Ray
Grover Faust	Loretta Reed
Douglas Federman	Walter Rehm
Robert Finberg	Lucy Sacco
Paul Gabriel	David Scott
Charlotte Green	Kimberly Shrode
James Halley	Socorro Sigala
James Hargrove	Alan Silver
Nancy Harper	Cathleen Spindler
Margaret Hart	Susan Strain
Cynthia Hasbrook	Thomas Sullivan
Kelly Hazard	Ken Takahashi
Terri Healy	Ken Verheyen
Julius Henry	Laura Vines
Darlene Jackson	Court Warren
Kris Jankovitz	Sandi Warren
Laura Johnson	Jerry Wattenbarger
Matthew Kalla	C.D. Wilson
Paula Kinney	Richard Womack
Sheila Kircher	

ATTENTION ALUMNI: *What's new with you?*

We are very interested to know what you are doing now and your plans for the future. Please take a moment to send us any changes in your career, family, and location as well as comments/suggestions for our next newsletter.



Name _____ Degree/Year Graduated _____

Address _____

City _____ State _____ Zip _____ New Address? Yes No

Company/Agency _____ Position _____ How Long? _____

News for publication:

Please mail or fax this form to:

PEGK Department • Cal Poly - San Luis Obispo • San Luis Obispo CA 93407 • FAX: (805) 756-7273.....THANK YOU!

CAL POLY
CALIFORNIA
POLYTECHNIC
STATE UNIVERSITY
SAN LUIS OBISPO
CA 93407

Physical Education & Kinesiology

1-11453

Non-Profit Organization
US Postage
PAID
San Luis Obispo CA
PERMIT NUMBER 30