

PERANNUM

CALIFORNIA POLYTECHNIC STATE UNIVERSITY, SAN LUIS OBISPO, CA 93407

Physical Education
AND RECREATION

ADMINISTRATION

DEPARTMENT NEWSLETTER
1990 - 91



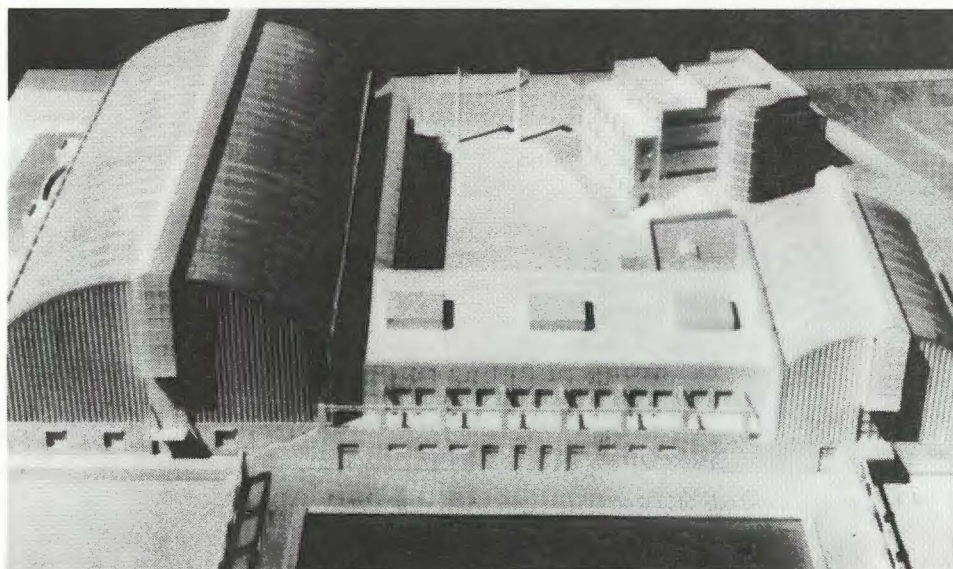


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EXPO '91

SAN LUIS OBISPO—For Cal Poly student, the search is always on for the perfect job— whether it's summer work, a Co-op, an internship or a rewarding volunteer opportunity. To help student in their search for work, Cal Poly will host Expo '91. The Expo is an open job fair that will provide employers with opportunities to meet on campus and discuss job openings with students. Both paid and unpaid jobs are available in the San Luis Obispo area as well as throughout the state and nation.

Expo '91 will be held on Tuesday, February 26, in Chumash Auditorium of the McPhee University Union. The Expo will begin with an open forum from 9:30 to 1:30 p.m. on Tuesday, February 26. A number of companies will also be scheduling personal interviews for

Tuesday afternoon and all day Wednesday. Students interested in interviewing should dress appropriately and bring resumes.

CALENDAR OF EVENTS

Spring BreakMarch 23- 31
Spring QuarterApril 1
(Classes Begin)

Spring Commencement .June 15

PE Workshop Dates:

SecondaryJuly 7 - 12
.....July 14 - 19
CoachingJuly 21 - 26
.....July 28 - Aug 2
ElementaryAug. 4 - 9



FROM THE DEPARTMENT HEAD

I hope that this newsletter finds you well. The department had another successful year and it looks like this year will be the same despite the budget cuts we have experienced.

I have listed below a number of last year's noteworthy events. First and foremost our graduates continue to find employment in their

were inducted into the Athletic Hall of Fame and Distinction. Dr. Carolyn Shank (1977) is this year's honored Alumnus for the School of Professional Studies. Dr. Jim Railey has been named Associate Dean for the School of Professional Studies.

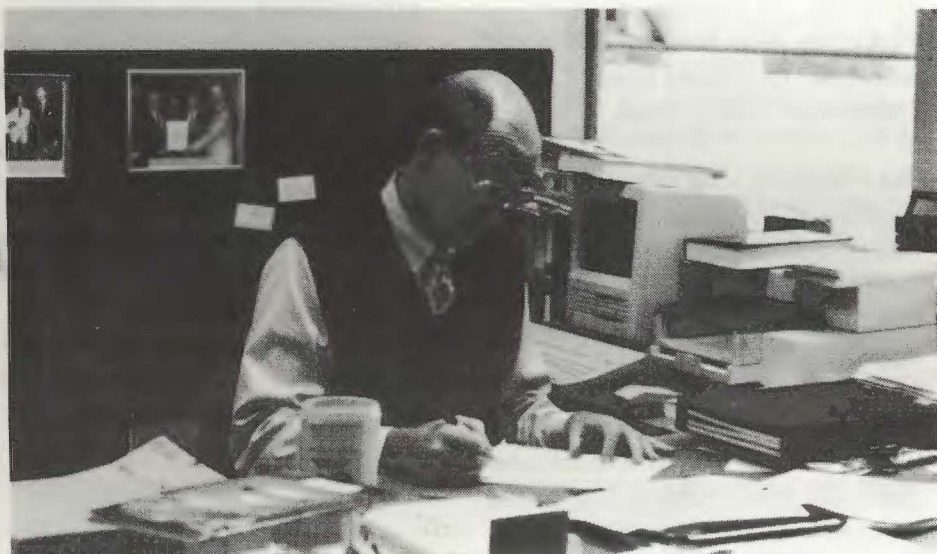
Professionally, I had a productive year having had one article pub-

Education and Recreation Administration Department last year. With the money we received we were able to purchase a video camera and cordless mikes for the Teacher Education program and a laser quality printer for the Recreation Administration Unit. We were also able to host a post-commencement reception for our June graduates and their families. Without your contributions, we would not be able to do the extra things which add so much to the education we offer.

Please stop by when you are in town. If you don't come to SLO, please complete the information sheet at the end of the newsletter and return it. We very much want to hear from you.

Dwayne Head, Ed.D.
Professor and Department Head.

P.S. The 1991 American Alliance for Health, Physical Education, Recreation and Dance National Conference will be held in conjunction with the State CAHPERD Conference April 3-7 in San Francisco. The department will host a social on Saturday, April 6, at a site to be determined. The social will not be listed in the conference program because we want to restrict it to Cal Poly folks only. Stop by the Cal Poly booth in the conference exhibit area for the exact time and location.



Dr. Dwayne Head fearlessly leading our department.

chosen fields and continue to be admitted to graduate schools. Our faculty continues to be active in professional and scholarly activities. We added another new tenure-track faculty member in Dr. Kellie G. Hall, who will teach Motor Learning, Motor Development and Research Methods. Three of our faculty received high honors this fall. Emeriti professors Dr. Mary Lou White and Tom Lee

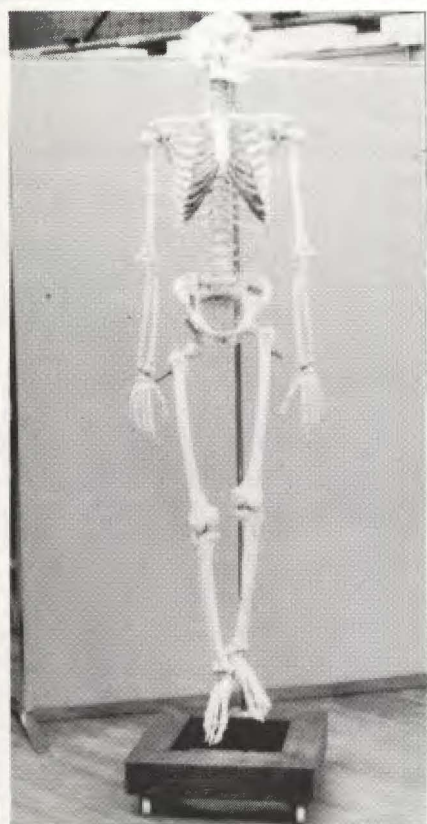
lished and having made two presentations at national meetings. Personally, I survived our daughter's wedding, am pleased that our oldest son finished his M.S. (Physical therapy) degree and joined the work force and anticipate our youngest son's graduation in June.

I want to sincerely thank everyone who contributed to the Physical



DEPARTMENT NEWS

Jim and Betty Railey participated in the Legends of Racquetball Tournament IV, October 12-14 in Salinas, California. Jim won the Golden Masters Division for the third time in four years! Jim only allowed his opponents to score a total of 11 points in three matches! He won 75 big ones. Together Betty and Jim won the championship match in Mixed Doubles by winning the first two games 15-7 and 15-5. They picked up the cash prize of \$100. Lastly, at the end of the tournament Jim was recognized as a legend of the racquetball tournament and was presented with a "Legend's" jacket.



Definitely struggling with Chapter 3.

Alisa Goughnour (B.S. 1982, M.S. 1985) a part-time faculty member, finished 6th in her age group at the Triathlon World Championship in Orlando, Florida. Team USA swept the gold in all of the Women's divisions. Other results for Alisa in 1990 include 3rd place at the USTS National Triathlon Championship for Women 30-34 and 1st place at USTS San Jose, USTS Indianapolis, US National Biathlon and the Human Race Triathlon. In addition to triathlons, Alisa has had successful results in the United States Cycling Federation (USCF) races.

Stu Chestnut, long time faculty member in Physical Education, retired from full-time teaching in June, 1990. He will continue to teach part-time for the next four years. Stu came to Cal Poly in 1963 and during his tenure here he served as the Head Basketball Coach and assisted in football and baseball. His teaching assignment included nearly every course in the teaching option as well as health education and a variety of activity classes. He is probably best remembered for his practical orientation, his dedication to teaching, his wit and his "Hoosierisms." Our best wishes to Stu and his wife Janet for a healthy and fulfilling retirement.

Health/Fitness Fair

If you have ever read the book Fit or Fat and are willing to admit it, you'll know who I'm talking about. Covert Bailey was the keynote speaker this year at the PE/RA 3rd Annual Health Fitness

Fair, funded again by your gambling lotto money and programmed by REC 210 class. The fair featured over 60 public, private and commercial health and fitness businesses as well as student displays and interactive stations from the community health and graduate classes taught by Mary Bentley. In addition to Bailey's talk on ways to lower fat from the body, there were six other professionals who reported on consumer fraud, benefits of meditation, leisure values, hypnosis and injury prevention. The 4th annual fair, which is in early planning stages, will include more representation from the fitness industry.





ATHLETIC HALL OF FAME

1990 Cal Poly Athletic Hall of Fame and Distinction Inductees

San Luis Obispo - Two former coaches and three former athletes have been selected as the 1990 inductees for Cal Poly's Athletic Hall of Fame and Distinction.

Dr. Mary Lou White, Tom Lee, Gary Davis, Tom Hall, and Jill Shankel will be honored at an induction program on Friday, Oct. 12, at the Embassy Suites in San Luis Obispo. They will also be recognized at halftime of the Cal Poly vs. Cal State Sacramento football game the following evening.

Following in alphabetical order are short biographies on each of the 1990 inductees:

Gary Davis is recognized as one of the greatest football running backs ever to wear a Cal Poly uniform.

He arrived in 1973 as a "walk on," earned a scholarship, and proceeded to rewrite the record books. Known for his "slashing" style as a runner, he still holds records for most touchdowns by rushing in a season (15), total touchdowns in a season (16), and most points scored in a season (96).

After graduating with a degree in social sciences in 1977, Davis was drafted by the National Football League's Miami Dolphins for which he started at running back for several seasons. He also played for the Cleveland Browns and Tampa Bay Buccaneers. Now an Atascadero resident, he is owner and program director of Operation COY, an innovative rehabilitation program for troubled juveniles.

Tom Hall was a nationally acclaimed wrestler and four-year letter winner at Cal Poly in the late 1950's. While bracketing his eligibility around a stint in the U.S. Army, he went undefeated in dual matches for two years, took top honors at the Naval Training Center AAU Tournament (a nationally recognized event in that era), and won his weight class and the outstanding wrestler award at the Pacific Coast Intercollegiate Tournament.

During three years in the Army, Hall was named to the All-Army Wrestling Team and won the national Greco Roman championship. A resident of Templeton, Hall earned two degrees in physical education at Cal Poly. He has been a coach and teacher with the San Luis Coastal Unified District since 1961.

Between 1952 and 1988, Tom Lee was member of the faculty and coached several sports at Cal Poly, including football, baseball, and basketball. But it was in boxing that he distinguished himself. His teams were ranked in the top to national champion, five Pacific Coast Athletic Association champions, and 25 NCAA all Americas: twice was president of the NCAA Boxing Coaches Association; and was regarded as one of the top coaches in the nation.

Named an emeritus professor at the time of his retirement two years ago, Lee still lives in San
Continued on page 4 .



Student practicing CPR in the First Aid and CPR course.



Continued from page 3.

Luis Obispo where he has always been active in community recreation and volunteer programs, including the Special Olympics.

Jill Shankel is recognized by many who have observed Cal Poly athletics as the greatest distance runner to ever compete for the university. A dominant performer from 1975 to 1980, he almost single-handedly led Mustang teams to four NCAA national titles - two each in cross-country and track and field. She personally captured 12 All America awards and established Cal Poly records in the 3,000-, 5,000-, and 10,000-meter runs, as well as the two-three- and six-mile events.



Hydrostatic weighing tank.

A 1981 graduate with a degree in recreation administration, Shankel currently resides in Peoria, Ariz. He is the district manager and buyer for the Athletic Attic, a retail store specializing in athletic shoes and clothing.

Mary Lou White, who taught physical education, coached, and was an administrator at Cal Poly from 1961 to 1979, is recognized as the person most responsible for the growth of women's athletics at the university. She coached women's volleyball, basketball, softball, and track and field, as well as men's and women's fencing. In addition, she served as head of the women's PE department, was women's athletics

director, and served as associate dean of the university's School of Human Development and Education.

Still a Morro Bay resident, White was also a member of the committee that helped organize the Association of Intercollegiate Athletics for Movement, the forerunner to the present administration of women's programs by the NCAA. Cal Poly awarded her the honorary professor emeritus designation at the time of her retirement.

Including these latest nominees, a total of

29 persons have been selected for the Cal Poly Athletic Hall of Fame and Distinction.

Nominations for the hall of fame can be made in any of three areas:

- Athletes who have distinguished themselves while on university teams.

- Individuals who have given exemplary support to the university's athletic program.
- Coaches, athletic administrators, or athletic department staff members who have achieved outstanding success during their tenure at the university.

Nominees for the Cal Poly Athletic Hall of Fame and Distinction are reviewed by a board composed of persons associated with, and knowledgeable about, the university's athletics program. That group then recommends a list of inductees to the university president for final approval.





Association for Fitness in Business (AFB) Club

Association for Fitness in Business (AFB) has just begun its tenth year at Cal Poly! AFB is a national professional organization promoting health and fitness in the workplace. In 1981, corporate fitness students at Cal Poly started the nation's first student chapter of AFB. Cal Poly's AFB club allows students to gain invaluable experience and to develop a foundation of knowledge in the diverse field of health and fitness.

To being its 10th year, AFB members are busy gearing themselves for their future. For example, this past summer AFB had two members attend the national AFB conference in Orlando, Florida. The four-day event consisted of seminars that included all the latest information in the health field, ranging from personal health to company program strategies. Cal Poly also had the chance to present a slide show of its many club activities. Being one of the only student chapters of AFB, the show helped demonstrate why Cal Poly stands out as a leader in the corporate fitness field.

September 21st and 22nd found 11 AFB members in San Ramon, California, for the first "Step Up the Corporate Ladder" conference hosted by Pacific Bell. The conference was unique because it was designed especially for students soon to be moving into the world of corporate fitness. Representatives from several corporations including Apple, Chevron, General Dynamics and others were there to answer questions, put students through mock interviews, speak on many critical issues, and lend support to over 60 students in attendance. What a positive experience!

On October 9th and 10th, six AFB members travelled to Vandenberg Air Force Base in Lompoc, California, to assist Marion Medical Center, Santa Maria, with health screenings and fitness testing. Members gained testing and counseling experience working with people of all ages in the areas of body composition, step testing, blood pressure, strength and flexibility.

AFB's body composition testing program is off and running once again. Our two fitness coordinators and the testing committee are busy everyday taking appointments in the University Union and performing testing in the Human Performance Lab. The test consists of measurements, hydrostatic weighing, computer analysis, and personal counseling. AFB provides service to athletic teams, faculty, and students for the minimal fee of \$5 per test. They have re-

Continued on page 19.

Recreation Administration Majors (RAM) Club Revisited and Revised

There is a new look to RAM Club this year beginning with a board of directors who have been meeting on a weekly basis to establish the mission, goals and objectives of the club. The mission of Pride and Unity in the Major will be accomplished through a complete reorganization of the club and it's bylaws, communication, involvement, and professional growth. Co-chairs this year are Dave Hauxhurst and Candace Nakamura; Scribe is Kelly Griebel;

Finance is Christie Woods; Director of Marketing is Jay Ingram assisted by Lori Phillips. The professional organizations have as their representatives: Jaylene Hauk for CPRS; Margaret Madden for NYRS; Jeanie Holden for NESRA; and Mark White for RCRA. The new students are getting involved through the two homecoming activities: the Laugh Olympics and the homecoming parade. A fall BBQ is being held to eat, socialize and recruit members for commit-

tees and professional organizations. By the end of this year, a marketing system will be in place, new board members and reps will be selected and trained for 91-92, evaluations of all events will be completed, the conference will have been held and many of the majors will have had a hands on experience with accreditation, club publicity, program and meeting planning and budgeting. This will be a very challenging, yet rewarding, experience.



MASTER OF SCIENCE PHYSICAL EDUCATION

The graduate program is going strong with 13 new students being admitted for the 1990-91 school year. Several more are to enter during Winter Quarter. Some of these students have undergraduate degrees in fields other than physical education are taking undergraduate courses in physical education to remove deficiencies before they begin their graduate studies. The new students and their undergraduate institutions are listed below.

Benko, Terry

Human Movement and Sport
B.S. in Physical Education and Physical Therapy from UC Berkeley in 1983. Terry is presently a physical therapist at SLO General Hospital. She hopes one day to teach and coach at the college level. Terry is very interested in aquatics and is a former water polo player. She is also a member of the American Physical Therapy Association.

Bodnar, Dede

Human Movement and Sport
B.S. in Industrial Technology from Cal Poly in 1990. Dede is the assistant volleyball coach at Cal Poly and, of course, is hoping to become a top division 1 volleyball coach. She was honored as an all-American volleyball player when she played for Cal Poly in 1984 and 1985.

Burrows, Karen

Human Movement and Sport
B.S. in Physical Education from San Jose State in 1968. Karen is presently employed at Arroyo Grande Hospital and also hopes to teach physical education at the university level. She is actively involved in softball, painting, and cooking. She was a Women's Sports Magazine high school athlete of the year.

Candelaria, Elaine

Wellness Management
B.S. in Physical Education from Long Beach State in 1981. Elaine is presently employed by the Paso Robles School District but someday

hopes to teach physical education at the university level. She is actively involved in softball, painting, and cooking. She was a Women's Sports Magazine high school athlete of the year.

Dettrick, Cheryl

Cheryl is currently enrolled through Extended Education and will be listed in the upcoming Winter of 1991 Graduate newsletter.

Erickson, Brent

Human Movement and Sport
B.S. in Physical Education from CSU Stanislaus in 1989. Brent is an assistant track coach for Cal Poly and hopes to be both a teacher and coach at the university level. He was a track all-American while competing as a sprinter at the college level.

Hamson, Lisa

Human Movement and Sport
B.S. in Physical Education from University of the Pacific in 1983. Lisa is presently trying to finish her thesis and graduate as soon as possible. She is actively involved in ultimate Frisbee. While in college, Lisa earned a number of sports awards.

Hinton, Jennifer

Human Movement and Sport
B.S. in Physical Education from Cal Poly in 1990. Jennifer hopes to teach and coach in the community college system or work with kids at the elementary school level. Jennifer is actively involved in tennis, mountain biking and the arts.

Karels, Greg

Human Movement and Sport
B.S. in Physical Education from Cal Poly in 1989. Greg is presently employed by ERA Realty. He hopes to teach Physical Education at the community college level. Greg is a YMCA volunteer and participates in many sports.

McCracken, Kimberly

Wellness Management
B.S. in Nutrition from Cal Poly in 1989. Kimberly hopes to one day be a Director of a Weight Management Program in either the public or private sector. Kimberly is active in a variety of sports and was also a member of the Cal Poly tennis team.

Nystrom, Roche (Rocky)

Human Movement and Sport
B.S. in Physical Education from Fresno State in 1984. Roche is a part time instructor, coach and assistant athletic director at Cuesta College. She hopes to continue as a full time teacher in the community college level. Much of her time is taken up as the assistant volleyball coach at Cuesta College.

Reichardt, Tim

Human Movement and Sport
B.S. in Physical Education from Cal Poly in 1981. Tim is presently a graduate teaching assistant and hopes to teach physical education at the college level. He graduated with distinction from SDSU.

Selter, Sherri

Human Movement and Sport
B.S. in Physical Education from Humboldt State in 1989. She hopes to work towards improving the fitness and health of today's youth. She is a certified ACSM exercise test technician. She enjoys crew, biking and other outdoor sports.

Weber, Ted

Wellness Management
B.S. in Business (Finance) from Cal Poly in 1989. Ted hopes one day to teach at the college level. He is actively involved in triathlons and running as well as a variety of other sports.



BACHELOR OF SCIENCE

Bachelor of Science Degree Graduates in Physical Education

Tara Babiasz	Spring 1990
Andrea Bell	Spring 1990
Lisa Allen Best	Spring 1990
Paul Carnazola	Spring 1990
Brian Colley	Spring 1989
Pamela Crandall	Spring 1990
Mary Delatorre	Spring 1990
Jeannette Dewhurst	Spring 1990
Gregory Dileo	Spring 1990
Kenneth Dyar	Spring 1990
Stuart Englehart	Spring 1990
Cheri Eplin	Spring 1990
Catherine Erhard	Spring 1990
Sheryl Fant	Spring 1990
Terri Farkas	Spring 1990
Kathleen Ferguson	Spring 1990
Diana Florence	Spring 1990
Stacey Freier	Spring 1990
Lisa Gardner	Spring 1990
Kelli Gill	Spring 1990
Brent Griffiths	Spring 1990
Kelli Haener	Spring 1990
Christine Hagan	Spring 1990
Karen Hannas-Becker	Spring 1990
Maura Hazeldine	Spring 1990
Sarah Hight-Rothman	Spring 1990
Jennifer Hinton	Spring 1990
Julie Hoots	Spring 1990
Kymberly Horner	Spring 1990
Julie Hughes	Spring 1990
Cynthia Jaeckels	Spring 1990
Kathleen Jordan	Spring 1990
David Kearney	Spring 1990
Delrae Kleppe	Spring 1990
Lisa Kurz	Spring 1990
Robert Laeng	Spring 1990
Cayetano Ledesma	Spring 1990
Amy Lee Burn	Spring 1990
Lauren Looker	Spring 1990
Jeanne MacKenzie	Spring 1990
Toni Marder	Spring 1990
Cindy Masters	Spring 1990

Deik Maxwell	Spring 1990
Patricia McQuillen	Spring 1990
Kimberly Meyer	Spring 1990
Wendy Meyer	Spring 1990
David Miller	Spring 1990
Mary Miscisin	Spring 1990
Darold Morris	Spring 1990
Jane Morton	Spring 1990
Kelly Mulry	Spring 1990
Susan Negrini	Spring 1990
Kathleen O'Malley	Spring 1990
Jacqueline Pasch	Spring 1990
Robert Petersen	Spring 1990
Christian Prieur	Spring 1990
Eric Ronberg	Spring 1990
Samuel Santillo	Spring 1990
Jeanne Serge-Strangman	Spring 1990
Theresa Smith	Spring 1990
Paula Spano	Spring 1990
James Tucker	Spring 1990
Jeff Turner	Spring 1990
Jill Walston	Spring 1990
Shawn Winslow	Spring 1990
Chris Wolfley	Spring 1990
Michael Wood	Spring 1990
Robert Zenz	Spring 1990



Bachelor of Science Degree Graduates in Recreation Administration

Jeanette Albertson	Spring 1990
Rebecca Anning	Spring 1990
Sally Barton	Spring 1990
Robert Berg	Spring 1990
Bridget Blomfield	Spring 1990
Patricia Boles	Spring 1990
Lisa Byars	Spring 1990
Nancy Cahalan	Spring 1990
Ann Marie Farley	Spring 1990
Elisabeth Gahr	Spring 1990
Julie Garrett	Spring 1990
Robert Gibson	Spring 1990
Scott Goodrich	Spring 1990
Eric Griffin	Spring 1990
Christopher Hansen	Spring 1990
Leslie Humann	Spring 1990
David Janisch	Spring 1990
Sonja Koehn	Spring 1990
Jennifer Larder	Spring 1990
Molly Lenz	Spring 1990
Mark McAlister	Spring 1990
Danielle Micheletti	Spring 1990
Karyn Mills	Spring 1990
Claudia Mulcahy	Spring 1990
Lisa Palmer	Spring 1990
Grace Papoulis	Spring 1990
Adrienne Paris	Spring 1990
Carmella Read	Spring 1990
John Reis	Spring 1990
Aleta Sandri	Spring 1990
Nicholas Sorani	Spring 1990
Sally Spiekerman	Spring 1990
Richard Van Horn	Spring 1990
David Vanderkarr	Spring 1990
William Watters	Spring 1990
Kimberly Zimmer	Spring 1990
Carolyn Zolezzi	Spring 1990



FACULTY NEWS

Pat Acord, Ph.D. Physical Education

I continue to teach Adapted Physical Education, Health Education and Archery. The amount of committee work continues to increase at an accelerated pace I envision a time when classes will have to be cancelled in order to complete these responsibilities.

In June I attended the California State Special Olympics at UCLA in the role of an accompanying adult. The bus trip down and back seemed endless, and at times, I wondered if I would survive the three days as chaperone to "Gabby." It was an "interesting" experience to say the least, and gave me new respect for those individuals who volunteer their time on a regular basis.

During the summer, I also participated in a three-week Writing Across the Curriculum workshop at Cal Poly. It focused upon the integration of writing activities into the curriculum for the purpose of improving student writing skills. I discovered, somewhat to my

surprise, that I can still write items other than committee reports and memos.

I still perform as a puppeteer with Kids On The Block, which provides disability awareness training for elementary-age children. I'm not making much headway in mastering the unicycle, but my juggling skills are improving. I

ment began somewhat as an adventure, the longer it continues, the less it is perceived as such. Looking at the situation, however, on its good side; I can devote a lot of time to my work. And, after 27 years, I still enjoy teaching as much as ever!

Andrea Brown, Ph.D. Physical Education

So what have I enjoyed doing this past year? I have really enjoyed meeting and working with many "new" people across California. Where did I meet all these new people: I taught at both the Elementary and Secondary Physical Education Workshops at Cal Poly this summer. I served on the state committee to design assessment

procedures of physical education subject matter for Californian teachers and I served on the CAHPERD State Board as the section chair for University/College. As section chair for CAHPERD, I was responsible for planning part of a program for the fall conference. This was a new experience for me, one I hope that I do not have to repeat too often! Having said that, I will be part of



PE/RA faculty and Staff: (back row) Bob Meyers, Carolyn Shank, Mike Swiderski, Jill Hollenbeck, Vaughan Hitchcock, (next row) Steve Davis, Thamur Al-Hasso, Andrea Brown, Ray Nakamura, Vic Buccola, (next row) Mary Ann Millington, Kellie Hall, Andy Proctor, Jerry DeMers, (front row) Jim Webb, Lynn Jamieson, Pat Acord, Sally Travers, Dwayne Head.

was fortunate to attend the National Juggling Convention, held in July at UCLA. I was both intimidated and motivated!

On a more personal level, Jim and I are still commuting back and forth to Sonora each weekend. He has just completed his third year of work there, and it's unknown as to when he'll be transferred back to San Luis. While this arrange-



the planning team for next year! At least now I have lost the feeling of being the new kid of the block!

As of September 1990, Teacher Education is a "unit" by itself. No longer are we part of the School of Professional Studies. So now I find myself divided between departments of Physical Education and Teacher Education, and attending two sets of department meetings, and two sets of committee meetings! More of our student teachers are opting for an elementary school experience in the 6-unit student teaching. Five of our graduates from this past June are currently teaching in elementary schools. I am excited about this.

Away from school I have really enjoyed my new motor home. The longest trip to date has been four days. I know that I will beat that record very soon. I have also treated myself to a new windsurf board which is much smaller and lighter than my other one. I can now load and unload without help if needed. Now I need a brace for my windsurfer on my motor home!

This year I attended my first family reunion potluck and barbecue. It was another fascinating piece of American culture which I enjoyed. The "family" consisted of some friends of mine who are wheat farmers in Washington. Since coming to the States in 1976, I have spent every Christmas with these friends, their children, and their grandchildren. I think that I have paid my family dues by teaching two of their children to ski and go rafting, as well as five of their grandchildren to swim, and one of their grandchildren to

ski and play tennis. Snow was limited in Washington this past Christmas so it was tennis, and the sixteen year old grandchild beat me. I guess I'm getting old.

Victor Buccola, Ed.D.
Physical Education

I am beginning my 29th year of teaching at Cal Poly and am enjoying teaching as much as I did my first year. My responsibilities still include coordinating the Basic Instructional Program (activity classes), teaching a graduate course in Administration of PE and Athletics, and teaching various activity classes. I am still involved in college athletics by serving as the Commissioner of the Western Football Conference. I am also completing my fifth and final year as a member of the NCAA Division II Championship Committee. I taught summer school this summer so did not have an opportunity to travel or to do anything out of the ordinary.

Steve Davis, Ph.D.
Physical Education

Hi everybody! Hope you're all doing great. It's great to hear from you guys from time to time. Please keep those cards and letters coming and let us know what you're all up to.

I'm fine, and things are going great for me at Cal Poly. I'm starting my 4th (can you believe it??) year in SLO-town. The 1989-90 academic year just blew by, but there were several highlights worth sharing.

My classes and teaching have continued to improve. The ECG classes were the best ever. We had new equipment to work with in the lab, and many students were able to take advantage of their knowledge and become involved with my research project at French Hospital. I got a \$5,000 State Faculty Support Grant from the CSU, and most of that went to pay student assistants. It's great to be able to offer some additional financial support to those who are willing to do the extra work to learn. I have submitted a large grant proposal to the National Institutes of Health to continue the research project on a larger scale, and hopefully we will receive that funding.

I've continued to advise the Pre-Physical Therapy Club, and we have continued to expand. We devised a "Pre-Physical Therapy" concentration for the PE Department which we hope to implement for the 1992-94 curriculum. We are looking into becoming a student chapter of The American Physical Therapy Association.

We will be getting a new PE faculty office building/exercise science laboratories, and gymnasium sometime in 1992-93. Thank you for your support!! I can hardly wait for my own office and the new exercise



ALUMNI NEWS

physiology laboratory. Some of you may want to consider returning for your master's degree in exercise science starting in 1993. The new facilities will greatly increase the quality of our program, and will make your degrees more reputable than ever. Your continued financial support is essential to this process.

We also had the second annual Cal Poly ACSM Health/Fitness Instructors' Workshop and Certification Exam this last summer from July 25-29. I'm pleased to report that the 14 Cal Poly students who participated all passed

the practical examination. Hopefully, everyone passed the written exam as well. Twenty-three persons attended the workshop (up from 13 in 1989), and 40 people attempted certification (up from 34 in 1989). Thank you to everyone who contributed to this effort! Please consider coming back to obtain certification in 1991 if you have not previously done so. We may also begin offering the Exercise Test Technologist certification, but probably not until 1992.

I had a whirlwind summer. I taught five tennis classes, one section of "fitness walking," and two sections of drug education. If

you have to work summers, it's a great way to go. (Somebody's got to do it!) I banked my summer pay, and hope to use it to buy my own place sometime this year. (Probably a teepee in Carrisa Plains!)

I miss all of you graduates, so please stay in touch. Those of you who still haven't quite finished your senior project, please give me a call and let's finish it off! (805) 756-2754 or (805) 473-3159. Take care everybody, and exercise your right to be healthy!!

Sonja Glassmeyer Ed.D.
Physical Education

The past year has been a busy one professionally. I continue to teach my favorite classes: Lifestyle Management, Fitness Walking, Health Education and Exercise and Health Promotion for Senior Adults. In addition to these classes, I am teaching my Hatha Yoga class, and this class will soon have a new name: "Flex, Stretch, and Relax!" I am "on the road" a lot - not only commuting from our home in Lockwood, but visiting our commercial/corporate fitness student interns who are scattered through-out Northern and Southern California, and out of state. I really enjoy the on-site visitations to observe our students in action and to keep up on what is happening out in the "real" world. This past year I presented a workshop on fitness walking for children at the CAHPERD conference in San Diego. I have also been part of a team that presents workshops to students who will be making a career in the corporate fitness setting. Seven corporations and

Cal Poly (me!) had great success with one of these presentations and we will be presenting at the national AFB conference in Phoenix next September. I am also serving on the Region 7 Board of Directors this year as Director of Communications. Personally, my husband and I continue to enjoy living in the country and our 3 cats and dog love it too! I went to Montana for a short vacation this summer and I then ended the summer with sinus surgery (isn't THAT exciting?!) Keep in touch and continue to do all of the good things we hear all of you are doing!

Vaughn Hitchcock, Professor
Physical Education

I have continued to teach principally in the area of first aid and CPR. I have continued to direct my summer wrestling skills training camp at Borel Resort near Lake Tahoe.

Dr. Lynn Jamieson, Re.D.
Recreation Administration

Dr. Lynn Jamieson, Re.D., serves as coordinator of the Recreation Administration Program, which is comprised of five faculty members and 200 Recreation Administration Majors.

In the past academic year and during the summer, in addition to teaching and coordinating assignments, Dr. Jamieson completed a text as a co-author titled Leisure Systems (with Murphy, J., Neipoth, W., and Williams, J., Sagamore, 1991 pending); a chapter in a Canadian-American text titled Management of Recre-



ational Sports in Higher Education (Boucher, R., and Weese, J., eds., Benchmark, 1991); a commentary titled "Whither Sport in Leisure Studies?: A Commentary" in Schole: A Journal of Leisure Studies and Recreation Education, 5:178-80; and several articles that are currently being submitted to referred journals. In addition, Dr. Jamieson served as curriculum chair and served on the Board of Regents for the Pacific Revenue Sources Management School, held at the University of San Diego-La Jolla from July 22-26, 1990. One hundred forty professionals in the park and recreation field heard over 30 speakers on various aspects of revenue and marketing

ciation. A special appointment to the Certification Examination Committee for the National Recreation and Park Association completed most of the professional development responsibilities engaged in this year.

In addition to writing and serving, Dr. Jamieson spent the summer water-skiing, boogie-boarding and vacationing with her husband, Stephen Wolter and their six year-old, Byron.

Bill Johnson, Ph.D.
Recreation Administration

My first year at Cal Poly was very enjoyable, both personally and

internships are now available at Walt Disney World, in Orlando, Florida. Janice Finrock is currently hospitality hostess at Disney's Grand Floridian Hotel and is the first California student to participate in their college personnel program. I am also attempting to further our relationship and involvement with the Resort and Commercial Recreation Association. Approximately 10 of our students will be attending RCRA's national conference this fall at Ameliah Island Resort in Florida. I look forward to my second year at Cal Poly and the expected additional responsibilities and associated challenges.

Bob Meyers, D. Crim.
Recreation Administration

Grandchildren number 10, including two soon-to-be's. My work with APRS Religion and Recreation Committee still operative; CPRS' similar committee "extinguished" by current president because of concerns regarding "separation of church and state" issue - (things did get hot there for awhile). Really shot in the 80's recently - first time in months; left my driver in the bag, except once, which produced a marvelous excursion in the woods.

FACULTY NEWS



Dr. Ray Nakamura hard at work.

approaches in the field. Dr. Jamieson presented a monograph titled "Tourism As a Revitalization Tool" at this sabbatical. She also served in her first year as board member for the Society of Park and Recreation Educators, National Recreation and Park Asso-

professionally. The support I received from the administration, faculty, and students was unexpected and greatly appreciated. I was able to achieve some degree of success with my classes and administrative responsibilities. As a result of some of my efforts,



FACULTY NEWS

Andy Proctor, Ph.D. Physical Education

It is so nice to read what many of our graduates are doing. So please return the section of the newsletter that tells us what you are doing. Also, it was especially nice to see and talk with so many of our former students at the CAHPERD conference in San Diego. Yes, we do remember you and it means a lot to the faculty to "keep in touch" with former students.

My last year has been much the same as the previous. I am starting my 17th year of teaching at Cal Poly and my sixth year as coordinator of the

undergraduate physical education major. This year I have volunteered to teach the "seminar of problems in physical education" graduate class. I looked forward to this class because I believe it will be a good compliment to my history and philosophy class and it will also allow me to teach in our graduate program. On the home front, my four boys are 9, 6, 4 and 4 years old and this summer all of them were "pulled" behind my Mastercraft ski boat, even though the twins were in a rubber raft!!

This fall, Tim Rivera resigned his coaching position at Cal Poly and accepted a job as the women's gymnastics coach at UC Santa

Barbara. Those students who were fortunate enough to have had him for a class know that he did a great job teaching our gymnastics classes and also coaching the women's gymnastics team. We will surely miss him and wish the best of success at UCSB.

Jim Bailey, D.P.E. Associate Dean Physical Education

The most significant occurrence in my professional life has been my appointment as the Associate Dean of the School of Professional Studies. Although I am really looking forward to serving in this new role, making a decision that will take me away from teaching racquetball was difficult. At least for the current year, I will continue to teach PE 401. During the 1989-90 year, while competing in the National and World Masters Racquetball Tournaments, I conducted a questionnaire-type survey of 150 top-ranked master's players relative to their supplemental conditioning programs. It was interestingly revealed that weight-resistance exercise, cycling, and jogging (in that order) were the most-used supplemental training exercises of the top players. This study will be presented at the upcoming CAHPERD Conference in Long Beach. While in Albuquerque in August, Betty and I went out to dinner/

dancing with Lisa Delpy, who is a doctoral student at University of New Mexico. This was an experience I hope to duplicate with more of our graduates.

Dr. Carolyn B. Shank, Ed.D. Recreation Administration

This year I have been named Honored Alumnus for the School of Professional Studies. For those of you who only knew me as a faculty member in Recreation Administration, I graduated from Cal Poly in 1969 with a B.S. in Physical Education. Finally, I get to be in a parade, but they want me to ride in a car rather than roller skate my way down Higuera St. In all seriousness, if that's possible for me, I am extremely proud of this honor and thankful for the education I received here.

For the past year I have increased my computer literacy on the Macintosh. Now students in REC 210 and 260 submit planning reports, fliers and evaluations using word processing and computer graphics. I presented at a pre-conference Aquatic Workshop at A.A.H.P.E.R.D. in New Orleans



Psst! ... Dr. Proctor! Over here!



last year and published an article in Central Coast Parent on water adjustment for their children. I continue to teach a fall semester class at Cuesta College in order to supply Heidi and Heather with college tuition and panty hose.

Now get this. Last summer I actually PLAYED. My kayak, mountain bike, the Macintosh and I spent a month in Northern California rooting for the Giants, writhing on the Markleeville Death ride, writing short stories, running into students and alumni, reliving my past with family, and rewarding myself with hot cups of coffee at the Los Gatos Roasting Company. I returned with renewed vigor.

Michael Swiderski, Ph.D.
Recreation Administration

This summer I started my own consulting business, *Storybound Enterprises*. The business specializes in management research (customer service studies) and human resources development (team building, group trust development).

I am currently conducting personal research in the area of teamwork, teambuilding and group synergy.

This year has been a computer development period for me. Having used an IBM for the past five years I find that the Macintosh (located in both school and home offices) has opened up a whole new avenue of leisure education.

My favorite quote of the summer: "Is there a heaven? Yeah . . . it's the place dreams come true."
Field of Dreams

Jim Webb Ph.D.
Physical Education

Once again it's time to say hello to you the many friends and alumni from Cal Poly. As always 1989 was an exciting year for us. Steve, Sonja and I were pleased as punch to graduate approximately 25 new wellness specialists and to assist them as they moved into various roles as clinical, corporate and club professionals. In addition to the teachers, therapists, researchers, recreators, etc. have graduated from Cal Poly through the years, there are now some 150 of you who are working in the wellness field as exercise leaders, program directors, clinical exercise physiologists, cardiovascular technicians and the like, you are making a terrific impact on the health and fitness of our country. (If you're not currently on our mailing list for the Forward In Fitness newsletter and would like to be, contact me).

The Human Performance Lab continues to grow. This past year we acquired another new respiratory gas system, so that we now provide the department with three independent testing stations capable of conducting gas analysis/electrocardiography. We are currently in the process of purchasing a bioelectric impedance body fat analyzer and a Kodak DT-60 cholesterol/enzyme assay unit. Both will complement our testing capabilities quite nicely.

Time away from the university was spent camping, getting in some skiing, and taking a number of professional and personal trips to various parts of the country. I've slowly reduced my "running" mileage so biking is now occupying a good share of my "workout" periods. Jean and I also enjoy biking while camping so needless to say the bikes are priority items when the packing starts. We're presently making reservations and getting our skis "waxed" and "tuned" in hopes that we have a very wet winter with lots of snow. Otherwise it's off to Oregon, Colorado or Utah.

A number of you called or stopped in this past year to say hello. I enjoy these visits. Keep it up!



1990 NEWSLETTER ALUMNI RESPONSES

Jolene Ahlers

450 South Lincoln
Dixon, CA 95620
PE/Home Ec. Teacher
PE-teaching: grad-1988
I'm engaged! The date is set for June 29, 1991. I will be marrying John Thompson (graduating from Poly Summer 1990 and starting Vet School at Davis this fall). Starting a new job this year - teaching 7th & 8th grade PE (4 classes) and a home economics class in Vacaville (Vaca Pena Middle School). Will also coach volleyball and basketball. I enjoy the newsletter - keep it going!

Vicky Alfano

3023 Rockview Apt. #2
San Luis Obispo, CA 93401
Leisure/Fitness Professional
Rec Admin: grad-3/89
Currently I'm working at Morro Bay Recreation and Parks Dept. where I did my internship. I am the Promotion and Marketing Specialist for the Department. I am also a fitness instructor at a local gym. I teach aerobics, do some personal training, etc. In my leisure time (what's that?!) I am attending grad school at Poly, and concentrating on the wellness emphasis in physical education.

Patrice Lynn Ambrose Petroff

3015 Third St. #2
Santa Monica, CA 90405
Masseuse, Corporate Fitness Instructor
Physical Education-Corporate Fitness: grad- 6/85
I'm getting married on Aug, 1990 to Gregory Petroff - a Cal Poly grad in architecture. I'll be attending the physical therapy program at Mount Saint Mary's this fall. I'm a certified masseuse and have been doing massages and taking pre-requisite science courses at Long Beach State.

Gail Penny Ashbaugh

PO Box 264
Tahoe City, CA 95730
Escrow Officer
Physical Education: grad-9/81
I'm a mother of a 3-year-old girl and work as an escrow officer. I am still pursuing a teaching position in the Tahoe-Truckee Unified School District. Hopefully this may be the year. I've been subing PE for 1st through 3rd graders and love it. My husband Chuck has his own business. We love Lake Tahoe! Cross-country skiing and windsurfing on the Lake is wonderful.

Thomas Barnhart, Ph.D

823 North 9th St.
Fargo, ND 58102
Associate Professor of Leisure Studies and Community Services
1973-BS Physical Education,
1974-MS Physical Education.
I continue to serve as an associate professor and director of the Leisure Studies and Community Recreation Department at North

Dakota State University (15 years). I just returned from presenting a paper on *Computer Utilization in Parks and Recreation* at the Central District meeting of AAHPERD in Denver. Last week I received the most votes (10,430 votes) in my bid for reelection to the Fargo Park District Board of Commissioners. We are in the process of building a new championship 18-hole golf course and a 16 diamond softball complex in south Fargo. It was a close election with 5 people vying for the three openings on the board. We will break ground this Thursday for a new \$60,000,000 dome to be built just north of the Bison Sports Arena. I have administered the National Youth Sports Program here for 15 years. I am also the proud father of a division-wide Macintosh computer network. We have a 40 Mac network that is providing our faculty with a great tool to do a better job in their respective disciplines.

Sue, my wife of 10 years, is assistant manager of the Senior Health Care Unit at St. Luke's Hospital. We have a son Andy (8), computer and soccer nut, Jessica (6) ballet enthusiast, and Laura (3) Papa's girl.

I was extremely saddened to hear of the death of Dr. Bob Mott, but his legacy lives on in the many students he affected and the traditions that he started at Cal Poly.



Respiratory Gas Analysis and ECG work stations.

Amy Lynn Benvenuto

1155 Arcadia Avenue #3
Arcadia, CA 91007

Commercial Property Management
Corporate fitness: grad-June 1986
After graduating from Cal Poly, I moved to Houston, Texas, to work for Conoco, Inc. as a fitness coordinator in their employee fitness program. It was a great experience, but I missed California. In 1989, I moved back to the L.A. area, got my Real Estate license and began working for Property Management Systems. I have been with this company for almost 2 years and my future is bright. I am currently a Property Manager for an 11-story high-rise and look forward to future challenges they offer me. I am still single, but keep very active both physically and socially. I look forward to the newsletter and get nostalgic when I read about all the exciting things going on in the

department - keep up the good work!

P.S. "Hi Dr. Webb"

Tiffany Shellese Bridges

188 Wilton Drive #4
Campbell, CA 95008
Athletic Trainer

PE/Athletic Training: grad-June 1989
Just finished my 1st year of graduate work at San Jose State in Athletic Training. I am working as an athletic trainer at Branham High School. I am also engaged to be married next summer!! Congratulations to my bud Cheryl Wolfley for getting accepted into physical therapy school!

Fred M. Brown Jr.

21 Campbell Lane
El Sobrante, CA 94803
PE Instructor at Merrit Laney Community College
PE/Health: grad-1963 Masters in PE/Health Education
He is the Women's Basketball

Coach at Merrit College. They have been Conference Champions five years in a row and have been to the state finals 8 times. His wife Carol is a Public Health Nurse and supervisor in Berkeley. Fred has three children, Kim 23 -nurse, David 22 -Stanford history graduate, and Nicole 19 - Cal Poly sophomore in speech communication.

Diane Campagna

PE 1987

I am teaching part-time at Sonoma State and working at a Health Club in Santa Rosa. Ed, my husband, is teaching at Comstock Jr. High and he's feeling great. I really enjoyed seeing Kathy, Mary and Pat at the WSPECW conference last fall. Thanks for the PERAnnum!

Michael Alan Church

4901 Glen Cairn Drive
Columbia, Missouri
65203
Football Coach
PE 1972

I'm starting my second year as a football coach at the University of Missouri. I'm the defensive coordinator and coach the line-backers. This is the seventh University I have worked at in my 18 years since leaving Cal Poly. Coaching has been good to me. I'm divorced and my daughter Kasey lives in San Luis Obispo with her mom. Kasey is 12. I have not remarried.

ALUMNI NEWS



ALUMNI NEWS

Lisa Delpy

439 Avalon Drive
Vista, CA 92084
PE-B.S and Masters
After setting foot in 5 continents, 55 countries, and interviewing at least 500 sports related individuals, I have finally returned home. With over 100 hours of video tape to edit and bundles of written materials to absorb, the new year will be filled with many exciting challenges. Actually I was all prepared to begin my Ph.D. in Sports Administration at the University of Oregon spring quarter until a week ago when they wrote and said they were phasing out the program because two professors left. This was not good news

but life goes on. I am currently seeking a Ph.D. in Administration at the University of New Mexico. (Lisa was admitted and is currently attending University of New Mexico).

Marty Dillon

2050 Santa Ana Road
Hollister, CA 95023
Teacher/Coach
PE: grad-1978
Teaching and coaching for 11 years, 3 in Arizona, 8 now in Hollister, California. I actually teach in a classroom since I picked up my supplementary credential in history (1985). As wrestling Head Coach my teams have won 6 league championships

in 8 years. I have been mentor/teacher for 3 years. I am currently completing an administrative master's.

I am divorced with 2 beautiful children (girls!); Jordan 7 and Shelbi 5, both of whom live with Dad.

Judi A. Gideon Dodson

813 E. Cooper Drive
Lompoc, CA 93436
Elementary PE instructor K-5
PE-A.P.E: grad-June 1987
I am currently working part-time as an elementary PE teacher at Fillmore school in Lompoc. Each summer since graduation, I also teach adaptive PE here in Lompoc. Unfortunately, there are no full time positions available now or in the foreseeable future for PE in my area, so I must continue to be patient. My husband, my 9-year-old daughter, and 11-year-old son are content with that because since finishing school (Cal Poly) they get to see me a lot more! I am glad to see that there is life

after college. I enjoy sharing my PE experiences with some of the young people in Lompoc.

You'd love it at Fillmore, Stu (Chestnut). It's a wonderful feeling to see all the children (even the unco-ordinated, usually unmotivated, etc.) feel good about themselves in a physical activity and have such a positive reaction to PE!

Anyway, part-time or not, I'm definitely having fun with my job, and continue everyday to be grateful I finally finished college (after 9+ years!) Take care and God bless . . .

P.S. to Marylinda and Andrea - if you ever need to place an elementary PE student teacher, consider Fillmore in Lompoc. I'm sure the student teacher would have a great experience!



Margaret Wiggin advising student Catherine Noel.

**Merry Moore Farnaday**

144452 Wake Ave.
San Leandro, CA 94578
Graduated in June of 1981 in
Physical Education.

Karen Devor Donaghe

320 Bristlecone
Blythe, CA 92225
High School PE Teacher
PE: grad-1982

I am currently teaching PE at the high school where I graduated and loving it. I married Dale Donaghe (Biology '83) and we have 2 daughters Haylee 4, and Hannah, 10 months. We've just purchased a new home and we are enjoying all the work of putting in yards, filling with furniture, etc. . . .I'm looking forward to a trip up to SLO. Maybe a conference/workshop or Poly Royal (if it survives) will provide the opportunity. What's with the drawing for the new PE building? Looks great.

Sheryl Fant

12345 El Monte Road
Los Altos Hills, CA 94022-4599
Adaptive PE instructor
I just wanted to share my excitement with you regarding my job! (& my new business cards!) I was hired on full-time at Foothill as an Adapted PE Instructor in September and I absolutely love it!! The work is so exciting and so challenging for me! It's wonderful! I'm working with such a variety of people with varying limitations-everyday a new challenge awaits me!!

I will be finished with my Master's degree at San Francisco State by Dec. 90. Then. . .I hope to eventually begin a doctorate program in Special Education. Berkeley

and SF State have a great doctorate program which I am looking into!

I'm speaking at the District CAHPERD conference at San Jose State in April concerning our new programs for arthritis which I have implemented. So. . . I'm looking forward to that!

Randy and Cindy Genung

1328 Fairview Lane
Redlands, CA 92374

Michelle Danielson McMichael

41265 Pamela Place
Oakhurst, CA 93644
Salesperson
Recreation: grad-1984
After five years as a recreation director at a private R.V. Resort, I've gone into a new business selling "Ginsu Knives" and the German "V-Slicer" at fairs, home shows and R.V. shows. My fiancée and I travel 1/2 the year and do live demonstrations. It's fun and I work for myself with time off between shows for my own recreation!!

As a recreation director, I worked 10-14 hrs/day, 6 days a week at low wages, but it was so satisfying in my heart! The members appreciated and loved me. The boss lost the best employee he ever had! I loved Rec. and can still go into the field anytime I want such as cruise ships, Club Med, etc.

Kathy T. Hajopoulos

3787 Keating St. Apt B
San Diego, CA 92110
Occupational Health Services Contractor
PE/Corporate Fitness-grad: June 1988
I just completed my master's

degree in Health Services Administration (MPH) from San Diego State. I am working as an Occupational Medical Clinic Contractor for a PPO in San Diego and I love it!.

Lisa Janssen Magnuson

2002 Notre Dame Ave
Belmont, CA 94002
Sales Manager for Xerox Recreation Administration/grad 1982
I've been with Xerox corporation for 6 years in sales. I learned leadership, a positive attitude and how to motivate people when I was at Cal Poly and these skills made me successful in my sales career at Xerox. Thanks for providing me with the tools that I needed to survive in the business world!!!

Wendy McBane

P.O. Box 562
Depoe Bay, Oregon 97341
Traveler
PE/grad: March 1972
After leaving Poly I flew with TWA as a flight attendant until Aug. 1989. Two years ago I received my Real Estate license ('88) Aug '89 and have participated in a very active San Diego market. As of May '90 I've rented everything and picked up to travel the world - Greece, Yugoslavia, Nepal, Malaysia, and Australia.
(Let's hear from more grads in the '70's.)



Dawn Palen

2013 Notre Dame Ave.
Belmont, CA 94002
Recreation Coordinator for the
City of Pacifica, Parks, Beaches &
Recreation Dept.
Recreation Administration-Private/
Commercial: grad-Sept. 1988
After ceremonies in June 1988, I
completed my internship with
Loral/ROLM Mil-Spec Computer in
San Jose. Later, I worked tempo-
rarily as an assistant to the Em-
ployee Activities Coordinator at
Unisys Corporation before getting
my current position as Recreation
Coordinator with the City of
Pacifica, Parks, Beaches and
Recreation Department in Decem-
ber of 1988. Currently, I coordi-
nate teen and youth activities, day
camp programs, community center
supervision and special events. I
started back to school in Septem-

ber 1989 to pursue a master of
science degree in Recreation
Administration at San Francisco
State University, and I am explor-
ing career opportunities in the
realm of senior services. I spend
much of my non-work time with
another Cal Poly grad Daren
Stewart (ME 1989) and have just
finished my sixth year as a Wild-
flower Triathlon volunteer! (Way
to go Janice!)

Pamela Jones Peri

PO Box 8243
Breckenridge, CO 80424
Special Events Director at
Breckenridge Ski Area
Recreation Administration/ grad:
June 1980
Married to David E. Peri in 1989.
Expecting first child around
August 1, 1990.

Michele Shaffer

5380 Medical Dr. #1420
San Antonio, TX 78240
Aerospace Physiologist
PE/grad-1986
Hi! I went on for my M.S. in PE at
CSUS (Sacramento) and graduated
June 1989. I completed my
masters thesis at NASA Ames
Research Center in Space Physiol-
ogy. In June 1989 I left California
for Texas as a 1st Lieutenant in the
USAF working in the field of
aerospace physiology. I spend
most of my time conducting
research and some time teaching
pilots and air crew the stresses and
human factors implications facing
them in modern military aviation
and prepare them to meet these
challenges successfully. In Sept.
1990, I will be acting as the Chief
of Plans and Operations in the
Hyperbaric Medicine Division at





Robert A. Mott Memorial Scholarship Endowment

A scholarship endowment is being established in memory of Dr. Robert A. Mott, former Physical Education and Recreation Department head, who died April 15 at the age of 74.

The Physical Education and Recreation Administration Department, in conjunction with the Mott family, has established the endowment fund to recog-

nize Dr. Mott's contributions to Cal Poly and the physical education profession. Earnings from the endowment will provide financial assistance to qualified students majoring in physical education with concentration in teaching.

Dr. Mott, who developed the physical education curriculum when he came to Cal Poly in

1946, retired in 1978. He was one of 13 inaugural inductees into the Cal Poly Athletic Hall of Fame and Distinction in 1987.

Donations for the Robert A. Mott Memorial Scholarship may be made to Cal Poly in care of University Development Services, Heron Hall.

the School of Aerospace Medicine, Brooks AFB, Texas.

James Dudley

4620 Cape May Ave.
San Diego, CA 92107
Real Estate Appraiser

Robert Schumann

612 Steeplechase Dr.
N. Bedford, TX 76021
Recreation Administration
grad 1983

Kenneth Verheyen

1812 Dover Drive
Newport Beach, CA 92660
Manager: PE/grad-June 1983
Hello Dr. Railey! Currently living in Southern California. Recently appointed to the Board of Directors at Astro Pak Corporation where I am in my 7th year. I am a Vice President and officer responsible for West Coast Marine Operations. Soon I will be appointed Chief Operating Officer over all divisions. Married in 1988 to Tera Maxey (1987 USA RNBSN).

Ann Stocker (Wilber)

426 N. Shadydale Ave.
W. Covina, CA 91790
Adaptive PE specialist/swim coach
PE/Psych minor
grad 1973

I'm in my 9th year as an adaptive PE Specialist in the Charter Oak School district (Covina and Glendora areas). I teach at five elementary, one intermediate and one high school. It's a challenge!

I also coach the boys and girls high school swim team. My son, Dan, is a 6th grader and plays sax in the intermediate school band. I sure miss the San Luis Obispo area, and I'll get up to visit as often as possible.

Hello to Sonja!

cont. on page 21.

AFB Club

Continued from page 5.

cently begun extending service to the community at \$10 per test. Testing is AFB's biggest source of income and it also provides practical hands-on experience for members.

Upcoming activities include AFB's Second Annual Bike Raffle and a visitation field trip to

several corporate fitness sites to see first hand how different programs are run. Plans for guest speakers, fund-raisers and community service projects are also in the works.

AFB, helping move this word toward a state of optimal health—BE HEALTHY!!

ALUMNI NEWS

What's new with you??? Tell us about your family,

Please mail to: PE/RA Newsletter Editor
PE/RA Department
California Polytechnic State University
San Luis Obispo, CA 93407

Occupation	Soc. Security No.
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ALUMNI NEWS

Beth Lynn Zeulner Kolsbun

46 Twentieth Street
Cayucos, CA 93430
PE/Corp. Fitness: grad
1984

Student/mom

In the past six years since I have graduated I have: started up four fitness centers locally (one of which I owned); I worked in real estate, receiving my broker's license in 1988 and owned my own real estate company in Cayucos; married in 1988 and had a baby boy in 1989. I am currently enrolled at Cal Poly in the Education Dept. to pursue a teaching credential to teach elementary school. We are also expecting our second child in

January. I still try to surf and windsurf when possible and enjoy the beach life here in Cayucos. Keep up the alumni news - great to hear how old friends are doing and where they are.

Thanks for Giving

Aguiar, Donald
Andreini, Denise
Baker, William
Blixt, Sharon
Butcher, Michael
Carter Hawley Hale Inc.
Cieloha, Elizabeth
Connolly, Chris
Cotter, Patrick
Crosson, Robert
Cummings, Craig
Davin, Edward
Doshier, Kyle
Drew, John
Epstein, Carole
Franger-Roberts
Garcia, Debra
Gibson, Bruce
Hawkins, Janet
Hendricks, Julie
Hopper, Gloria
Jordan, Janice
Katen, Richard
Kerr, Janet
Lamphear, Dana
Leland, Ronald
Luevano, Annarae
Madrid, John
Mariani, Georgianna
Mercurio, Ronald
Milstead, Patricia
Mullen, Patricia
Nix, Douglas
Pagani, Thomas
Proctor, Andrew
Ray, Gordon
Reed, Loretta
Root, Jim
Sacco, Denise
Shank, Carolyn
Solis, Sammy
Stenberg, Susan
Svedeman, Donald
Vincent, Nathan
Wiener, Susan
Wind, Joan
Yoshihara, Lorene

Alamo, Michael
Ayers, Michael
Baldiviez, Ralph
Buck, John
CAHPERD
Chase Manhattan Bank
Clark, Jack
Connolly, Jaye
Cox, Carol
Cumming, Bonnie
David Gill Ranch
Day, Debbie
Dovalina, Gilbert
El Corral Bookstore
Fitzsimmons, Michael
Furgieue, Richard
Gardiner, James
Guntermann, Holly
Head, Merwin
Hitchcock, Gary
Johnson, Dave
Jorgensen, Janet
Kehl, Jessica
Kircher, Sheila
Lee, Joe
Linnell, Gerald
MacDonald, Dwight
Maher, Sheila
Martin, Freddie
Meyers, Robert
Moon, Christina
Nelson, Harold
Padilla, Richard
Palmaymesa, William
Proulx, Cathleen
Raymond-Williams, Tanya
Reynolds, Gerald
Sacco, Carmen
Schroeder, Charles
Silva, Tomas
Sousa, George
Stilwell, Barbara
Uchida, Hiroshi
Warren, Sandi
Williams, Carol
Worsley, Roger
Yoss, Dianne

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