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Physical Education/Recreation Administration Department Newsletter 1988-89
California Polytechnic State University, San Luis Obispo, California 93407

FIRST ANNUAL HEALTH AND FITNESS FAIR

The Physical Education and Recreation Administration Department sponsored its first annual Health and Fitness Fair on March 1 and 2, 1988. The Department, with funds provided by the California State Lottery, presented a variety of activities to the university and the community which focused on health and fitness.

The feature of this event was a two-day residency by George Sheehan, M.D., the author of *Running and Being*, *Dr. Sheehan on Fitness*, and contributing columnist to the *Physician and Sports-medicine* with "Running Wild". On the evening of March 1, in Chumash Auditorium, Dr. Sheehan presented his personal philosophy and shared his many exciting and colorful experiences about health and fitness. The presentation was well attended by university students, faculty and staff as well as by the community. On March 2, Dr. Sheehan presented a seminar for Physical Education and Recreation Administration majors in which he outlined his beliefs on the role of the physical health, recreation and lifestyle educator in the pursuit of optimal health and fitness. Dr. Sheehan enthusiastically responded to students' questions and concerns, and provided an experience that will long be remembered as a high point in the college careers of our students.

That evening, Dr. Sheehan presented a professional seminar for physicians, physical therapists, chiropractors, exercise physiologists and sportsmedicine practitioners from the San Luis Obispo area. Dr. Sheehan shared both his experiences as a physician and an athlete and offered his philosophy on the role of the physician and sportsmedicine professional in the pursuit for the optimal health and fitness of their patients.

Day two of the Fair transformed Mott Gym into a mass exhibition of health and fitness information, activities, demonstrations, and guest speakers.

Health and fitness organizations, businesses, clubs and services from the community and the university were invited to present a booth in the exhibit. Exhibitors provided an opportunity to educate and orient Cal Poly students to the health and fitness services available within the community. The exhibitors provided hands on and interactive experiences such as: massage, bio-feedback, training heart rate, blood pressure, nutrition counseling, injury prevention and rehabilitation, plus many others. Guest speakers presented throughout the day on a mini-stage in the gym. Topics ranged from hypnotism to acupuncture, from back care to shoe care, and lifestyle education for quality living.

Overall, our first Health and Fitness Fair was very well attended. The Fair provided the university and community with a wealth of information about health and fitness, showcased the PE/RA Department and was most definitely, a success.

The second annual Health & Fitness Fair will be held during the week of **March 6-9**. This year we will feature Denise Austin of ESPN and Today Show fame and former astronaut James Lovell, who served as the chairman of the President's Council for Physical Fitness and Sports.

MAIN GYM REDEDICATED AS ROBERT A. MOTT PHYSICAL EDUCATION BUILDING

During the fall of 1987, the PE/RA Department recommended to the Academic Senate, President Warren Baker and the C.S.U. Trustees that the Physical Education Building be renamed in honor of Dr. Robert A. Mott. On September 24, 1988, this recommendation became a reality with a ceremony which renamed the building the Robert A. Mott Physical Education Building. A bronze plaque of Dr. Mott was unveiled by President Baker

during the dedication ceremony.

The program, which was attended by more than 300 well-wishers, consisted of friends and colleagues making brief comments about Dr. Mott. Larry Voss, Associate Vice President, University Relations, was the M.C. for the program.

Speakers and the groups which they represented were:

- Dr. Carl Cummins, former Dean of the School of Human Development and Education. He spoke on behalf of the University Administration, faculty and staff.
- Dr. Dwayne Head, present head of the PE/RA Department, represented the department.
- Lewis Cryer, representing the department's alumni, is Commissioner of the Professional Rodeo Cowboys Association.
- Gordon Gray, former Head of the PE Department at Canada Community College in San Mateo. As a former director of the Workshops, he represented all the workshop directors and participants.
- Mr. Casey Conrad, former director of the President's Council for Physical Fitness and Sports referred to Dr. Mott's national and international leadership in our field. He delivered a letter from President and Mrs. Ronald Reagan to Dr. Mott.

A pictorial history containing nearly 100 pictures traced Bob's life from early school days to the present.

ALDORA SANTOS HONORED

Aldora Santos, Crandall Gym equipment technician for the last sixteen years was honored on November 19, 1988 with a retirement party held aboard the Tiger's Folly II out of Morro Bay. Thirty faculty, staff, friends and family enjoyed a beautiful late afternoon cruise and buffet.

Ms. Santos was given gifts and cards of praise for her many years of dedication. We will miss Aldora and her caring and concern for all of us. We wish her a happy and fun-filled retirement.

BOB GIBSON WINS BRONZE MEDALS IN PARALYMPIC TRACK EVENTS IN SEOUL, KOREA

Bob Gibson, senior recreation major at Cal Poly, competed in the Paralympics in Seoul, Korea in October and won

bronze medals in both the 100 meter race and the 4x100 relay, where he anchored the last leg.

Bob was a high school athlete when he was involved in an auto accident at the age of 17 and has spent more than 10 years in his wheelchair. He has been active in wheelchair track for six years and won many titles including national

titles in the 100 meter, the 4x100 relay and in the 4x200 relay races.

Through the efforts of a KLZZ-FM radio auction this summer, more than \$4,000 was raised which enabled not only Bob, but also his parents, to travel to Korea. Bob's father, a Korean war veteran, was hosted by the Korean government during his stay.

GOOD JOB, BOB!



PE/RA FACULTY

Bottom row, left to right:

Jim Webb, Sonja Glassmeyer, Jim Railey, Carolyn Shank, Maurice Phipps, Kathy Barthels, Stu Chestnut, Lynn Jamieson

Top row, left to right:

Andy Proctor, Mary Stallard, Glenn Lewis, Marylinda Wheeler, Aldora Santos (Retired), Pat Acord, Dwayne Head (Dept. Head), Mike Lacourse, Steve Davis, Vic Buccola, Andrea Brown

Not pictured:

Sheldon Harden, Bill Hicks (Retired), Vaughan Hitchcock, Ray Nakamura, Mike Swiderski (on Sabbatical)

RETIREMENT PARTY FOR TOM LEE

Professor Tom Lee has retired after 36 years of teaching at Cal Poly. Tom received his B.A. from San Jose State University in 1949, his M.A. from Stanford in 1950, and another M.A. from Los Angeles State College in 1971.

Tom Lee's retirement party was held on August 5, 1988 at the Madonna Inn, San Luis Obispo. About 225 people attended. Many of those who could not attend sent testimonial and congratulatory letters to Tom.

Mike Lee, Tom's son, was the Master of Ceremonies for the affair and John Ronco did the video of the evening. Sons Terry and Larry, and daughter, Renee, and the mother of the brood, Anne, were also in attendance.

Special tributes were given by former students, colleagues and friends. Among those were: Bob Cheatley, a Southern California businessman and alumnus of the Cal Poly football and wrestling teams; Jack (and Jan) Jordon, coach and teacher from San Joaquin Delta College; Jack (and Bev) Bettencourt, a retired banker and All American boxer;

Don Roberts, a radio announcer; Bob Meyers (and Jan), Professor at Cal Poly and Tom's longtime officemate; Harry Herzog, retired business and former boxer, manager, promoter, announcer; Bobby Gow, lawyer and former Cal Poly NCAA boxing Champion; Don Adams, coach and former Cal Poly All American boxing champion; Alex and Phyllis Madonna, Madonna Inn; and Pete Godinez, engineer and former Cal Poly All American boxer.

We wish Tom well in his retirement and thank him for his marvelous contribution to Cal Poly, and for his dedication to the many students over the years.

FROM THE DEPARTMENT HEAD

The year 1987-88 has been a vintage year, both professionally and personally.

Professionally, I presented a paper at the National AAHPERD Conference at Kansas City and served as the host for the College and University Administrator's Council National Meeting which was held at the San Luis Bay Inn.

Personally, my wife and I had one (out of three) child graduate from college and join the ranks of the employed. We were also able to attend the SW District AAHPERD Conference on Kauai (tough duty) and spend some time visiting the Pacific Northwest.

The Department continues to change and still be strong. Tom Lee retired after 36 years on the faculty. We will miss him. (See related article in this newsletter.) We have the biggest graduate enrollment in recent history and our undergraduate majors continue to have more applicants than we can accommodate.

The new Physical Education / Rec Sports Building is becoming more and more of a reality each day. The schematic drawings have been approved by the Chancellor's Office and we are currently reviewing the preliminary plans. The building will be over 100,000 sq. ft. and will cost over \$12,000,000. You will be getting more details later.

I want to thank those of you who contributed to our Phonathon on our annual giving campaign this past year. With that money we were to pay some of the expenses for over 40 students to attend professional conferences and buy a new camcorder for use in our classes. Without your help we would not be able to do these kinds of things. Once again, we ask that you consider making the PE/RA Department part of your giving plan. Please help us by sending a contribution now, while you are thinking about it. Any size gift will help and will be much appreciated.

Best wishes to you and yours.

Dwayne Head, Professor and
Department Head



OFFICE STAFF

Bottom row, left to right:

Jill Hollenbeck, Department Secretary;
Kris Jankovetz, Curriculum Advisor

Top row, left to right:

Terry Preecs, Clerical Assistant; Anne Tognazzini,
Clerical Assistant

FROM THE EDITOR

GREETINGS! 1988-89 is my second year as editor of the PE/RA Newsletter, and I have had a lot of fun putting this one together. I hope you enjoy the changes and additions we made.

Both the office staff and the faculty enjoy hearing what you've been doing and we encourage your comments, suggestions, or whatever. You don't have to have had a change of address or name to write in!

Terry Preecs

CALENDAR OF EVENTS

Start of Spring Quarter

Poly Royal

Year-End BBQ

Commencement

PE Workshop Dates:

Physical Education Workshop

Physical Education and

Athletic Coaching Workshop

Physical Education Workshop

for Elementary School Teachers

Fall Commencement

April 3, 1989

April 28-April 29, 1989

June 2, 1989

June 17, 1989

July 9-21, 1989

July 23-August 4, 1989

August 6-August 11, 1989

December 9, 1989

1988 CAL POLY ATHLETIC HALL OF FAME AND DISTINCTION INDUCTEES

Five former athletes were selected to join the Cal Poly Hall of Fame.

A pitcher who spent 13 seasons in baseball's major leagues and the general manager of one of professional football's most successful franchises are among six people selected as 1988 inductees into Cal Poly's Athletic Hall of Fame and Distinction.

Thornton S. Lee, whose big league career included stints with the Cleveland Indians, Chicago White Sox, and New York Giants, and Bobby Beathard of the Washington Redskins were honored, along with three other athletes and a former coach at a reception and banquet on Friday, Nov. 4, 1988 at the Embassy Suites Hotel.

The others recognized were Sandy Aughinbaugh, Vernon "Pinky" Bebernes, Alex "Boom-Boom" Bravo, and Howie O'Daniels. They were also honored during halftime of the Cal Poly vs. Southern Utah State University football game on Nov. 5.

Aughinbaugh led the Cal Poly women's volleyball team to a 125-48 won-lost record and national prominence from 1980 through 1983. She was the university's team athlete of the year twice, made four different Division I All-American teams, and was the U.S. Volleyball Association's player of the year in 1983. Since graduation, she has twice been USVBA All-American; twice been on the U.S. Olympic volleyball team; and spent two seasons with the New York Liberties of the Major League Volleyball League.

Beathard was an outstanding two-way performer on Cal Poly's 1956, 1957, and 1958 football teams. As a quarterback and defensive back, he led the Mustangs to a total of 25 wins and five losses. He is still ranked in the top ten career passers and pass interceptors in Cal Poly football history. With the Washington Redskins since 1978, Beathard has put together a team that has posted 81 wins and 41 losses in the 1980s. In that same period, the Redskins have appeared in the Super Bowl three times and won that symbol of professional football excellence twice (1983 and 1988).

Bebernes is being recognized for his outstanding performances as a member of Cal Poly's football and baseball teams during 1946, 1947, 1948, and 1949. He twice was an all-conference back and in 1948 was on the Little All-Coast football team. He still holds Cal Poly records for the most touchdown passes in a season (15) and most career touchdown passes (28).

As an infielder, Bebernes made the all-conference baseball team in both 1946 and 1948. He led the team in batting in 1946 and was the runner-up in the race for the conference batting title in 1949.

Bravo was the offensive star of Cal Poly's unbeaten, untied 1953 football team that claimed the then-mythical national small college championship. He played a total of three seasons. Following his final year in 1953, he received honorable mention on the Little All-America team, and was named to the all-conference, All-Southern California small college, and Little All-Coast first teams. He is still ranked in the top ten in both career rushing and career total offense in the Cal Poly record books. Bravo went on to play professional football with the Los Angeles Rams and in the Canadian Football League.

Lee played football, basketball, and starred on the Cal Poly baseball team after having played those same sports at Arroyo Grande High School from 1921 through 1925. Reports in the student newspaper during the 1926 season credit him with striking out 20 batters in a victory over San Jose State, winning all of his starts, and averaging 15 strikeouts a game. Lee signed with the San Francisco Seals of the Pacific Coast League after that season and began his major league career with Cleveland in 1933. The highlight of his career came in 1941, when he finished the season with a 22-11 won-lost record and a 2.37 ERA with the third-place White Sox. He had a lifetime big league record of 117 wins, 124 losses, and a 3.5 ERA.

O'Daniels began his career as a football, basketball, and track coach and faculty member at Cal Poly in 1933 after having held those same assignments across town at Mission High School. In 11 seasons as football coach (1933-1941 and 1946-1947) his teams compiled a combined record of 54 wins, 34 losses and six ties. After three years away from coaching, during which time he worked in the office of Cal Poly President Julian A. McPhee, O'Daniels returned as an assistant football coach in 1950 and continued in that capacity

until 1967. He is also credited with being a founder of the California Collegiate Athletic Association, the athletic conference to which Cal Poly still belongs, and the university booster's club.

Nominations for the Cal Poly Athletic Hall of Fame and Distinction may be made in any of three areas:

- Athletes who have distinguished themselves while on university teams;
- Individuals who have given exemplary support to the university's athletics program; and
- Coaches, athletic administrators, or athletic department staff members who have achieved outstanding success during their tenure at the university.

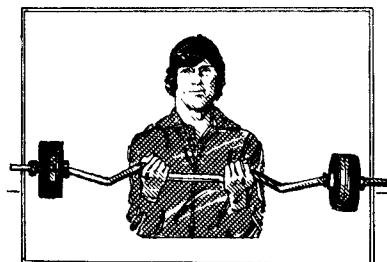
Nominees are reviewed by a board composed of persons associated with and knowledgeable about the university's athletics programs. That group then recommends a list of inductees to the university president for final approval.

KATHERINE BARTHELS, PH.D. Physical Education

During the past year and continuing through this year, I have been involved in my Biomechanics textbook revision for the third edition. Most of the past summer was spent in this endeavor, although I did attend the Annual Symposium of the International Society for Biomechanics in Sport as a member of the Board of Directors.

Updating the Biomechanics Lab seems to be an ongoing effort, and the latest addition is a new computer lab for the Image Digitizer used in high speed cinematographic analysis. We now have two high speed cameras and can perform analyses in three dimensions. The use of our underwater viewing periscope allows us to do much more in the way of underwater movement analysis. Shuttered video is also a recent capability for doing quantitative as well as qualitative analyses.

Still hooked on water, I continue to spend time in the surf and in the pool, not taking fitness to extreme and managing to have lots of fun.



PAT ACORD, PH.D.
Physical Education

This fall marks my ninth year at Cal Poly, and with it comes a new focus. Instead of having to divide my efforts among Motor Learning, the Graduate Program and Adapted PE, I can at last, concentrate on the latter.

To that end, I will be attending a training workshop at Oregon State, December 3-12. The goal of the workshop is to gain the skills and knowledge to develop and implement a data-based gymnasium. The result, hopefully, will be to establish a permanent lab for the Adapted PE classes, in conjunction with the County Office of Education, at a site in the community.

In addition to the focus on Adapted PE at Cal Poly, I am now an official puppeteer with the Kids on the Block puppet troop. The troop includes both disabled and able-bodied puppets. Its purpose is to educate elementary school children about the problems and special needs of disabled people. It's been a great test of my motor ability — even more so than juggling!

ANDREA BROWN, PH.D.
Physical Education

Change is taking place in California, positive change in terms of attitudes towards elementary physical education (EPE). As an ardent proponent of EPE and fitness programs for young children, I am elated. Four of our 1987-88 graduating teachers are teaching in elementary schools/districts. They are:

1. Leslie Crane — Los Altos School District
2. Lori Davey — Merced Elementary School
3. Stacey Easter — Greenfield Elementary School
4. Kristine Furbie — Baywood Elementary School

These new teachers are to be congratulated; I'm sure they know that the faculty here at Cal Poly are proud of them.

The graduate program is also supporting EPE in the form of internships. Currently there are three master's candidates teaching in the San Luis area; they are:

1. Peri Berkler — Bishop Peak Elementary School
2. Barry Lant — Teach Elementary School
3. Janette Deeds — Bellvue Santa Fe Elementary School

I hope that this trend will continue. I know that our university will maintain its role as a leading practitioner through such positive changes.

Professionally, I have been busy. This quarter I have had one co-authored article accepted for publication by the *Journal of Human Movement Studies*, "A Paradigm for Accelerating the Development of Intentional Motor Skills (AIMS): The Interrelationship of Motor Development and the Movement Framework." Also this quarter I will be making three presentations: Two of these presentations are directly related to my own interests. At the Washington Association for the Education of Young Children (WAEYC) I will co-present a paper, "Perceptual Motor Mechanisms: A Kingpin to Motor Development." At the Western Society for Physical Education of College Women, I will be presenting a paper, "Risk Taking as a Teacher Behavior."

While on campus I continue to enjoy teaching in the professional and activity programs. I continue to take pleasure in being part of this learning process. As for life beyond school, I now know why people love to live in this part of California. Of late I have become a windsurf addict, and I am beginning to spend more time on my boogie board.

STEVE C. DAVIS, PH.D.
Physical Education

Greetings to Cal Poly PE alumni, students, and friends! The rumor is true. I'm back for one more year as a lecturer/exercise physiologist with the Department. This year I'm scheduled to teach the same classes, and I'll be striving to improve both the content and presentation. Unfortunately, we received no funding for new equipment (which means we'll be depending on the same antiques that you remember).

I bought an IBM PC (my new car for 1988-89), and I'm using it to enhance teaching and lab work.

I successfully passed my ACSM Program Director exam this fall, and I'll be working to develop a clinical internship and research program at French Hospital. I'm also busy planning an ACSM Health-Fitness Instructor certification workshop and exam for July 10-14 at Cal Poly.

Hope you're all doing well, and that you're exercising your right to good health!

VICTOR A. BUCCOLA, ED.D.
Coordinator, Basic Instructional Program (BIP) Physical Education

I am starting my 27th year of teaching at Cal Poly. At the present time, I am coordinating the Basic Instructional Program, teaching jogging, weight training, senior project and "Administration of Physical Education and Athletics."



LYNN M. JAMIESON, RecD **Recreation Administration**

I have been teaching in the Cal Poly Recreation Administration Program since 1980 and serve as unit coordinator. I am responsible for the private/commercial concentration and, in addition, have teaching expertise and experience in administration and recreational sports. Administrative experience in the field includes 10 years in public and private sector recreation in Corpus Christi, Texas; San Diego, California and Johnson County, Kansas. I am president and owner of Leisure Visions, a recreation and tourism planning firm. I am recently the co-author with Dr. John C. Crossley of the University of Utah of the new text, *Introduction to Commercial and Entrepreneurial Recreation*.

Additional recent publications include journal articles in the following: *Journal of Employee Services and Recreation Management* (1987), *SPRE Annual on Education* (1988), *Journal of Physical Education and Recreation* (1988), and *NIRSA Journal* (1988).

I will be on sabbatical leave in Spring Quarter 1989 to conduct research on tourism as a means of revitalizing small communities. In connection with this interest, I have been active in the San Luis Obispo Chamber of Commerce and local tourism advocacy.

Professional involvement includes membership and leadership in the National Recreation and Park Association, California Park and Recreation Society Educators and Commercial Section, and the Resort and Commercial Recreation Association.

On the home front, I am married to Stephen Wolter, Director of Recreation and Parks in Morro Bay and have one son, Byron, who is four and a half years old. We enjoy outdoor recreational pursuits, especially water skiing, cross country skiing, walking, cycling, and the Los Osos habitat.

GLENN LEWIS, PH.D. **Physical Education**

To introduce myself, let me begin by saying that I am a California native who was born in Los Angeles. I graduated from Cal State Los Angeles and played water polo against Cal Poly during the late fifties while Dick Anderson was coaching.

I am married and have two daughters. The oldest, Paige, is a freshman at Princeton University and is studying

Japanese language. She hopes to work for the U.S. State Department. My youngest, Dayle, is a freshman cheerleader at McQueen High School in Reno, where she is studying phone calls, TV, and boys. Dayle is a school officer and hopes to attend Poly.

Sylvia (my wife) is an English teacher and graduated from Seton Hill in Pennsylvania. She has a Master's from Arizona and hopes that the next 25 years of our marriage will be less hectic. I hope she gets her wish.

I also managed to receive a Master's from Arizona and a Doctorate from Utah. I am glad to be home in California after teaching 25 years in Nevada.

I will be taking over the Adaptive Aquatics course, teach Advanced Lifesaving, Swimming, Coaching Aquatics and WSI.

MAURICE PHIPPS, PH.D. **Recreation Administration**

Last year was my first year teaching at Cal Poly. My courses in outdoor activities (windsurfing and skiing), leadership, and commercial recreation gave me an interesting variety of subjects.

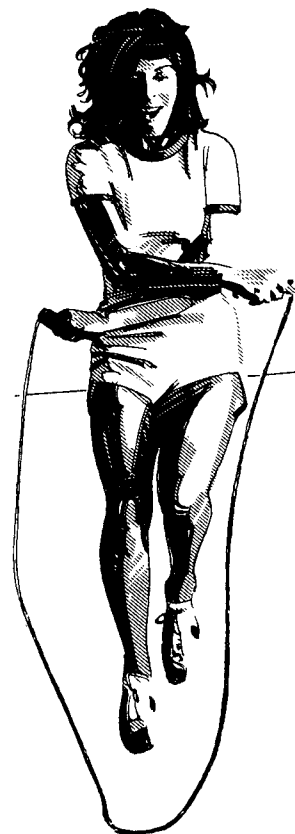
Professionally, this year I have enjoyed some writing. Meier, Morash and Welfton included a chapter in their text, *High Adventure Outdoor Pursuits*, that I wrote to use in my leadership/outdoor classes, "Group Dynamics in the Outdoors, a Model for Teaching Outdoor Leaders." I also had three journal articles published: "Teaching Experiential Education," in the fall issue of the *Journal of Environmental Education*; "Experiential Leadership Education" in the spring issue of the *Journal of Experiential Education*; and "Teaching and Evaluating the Soft Skills of Outdoor Leadership", in the *Outdoor Recreation Research Journal*.

I have also completed a chapter for a textbook with Dr. Mike Swiderski titled, "The Soft Skills of Outdoor Leadership." This is a literature review for a new adventure text presently being edited by Dr. Priest of Texas A&M University.

Last fall, I conducted a workshop at the National Conference in Experiential Education at Port Townsend, Washington. The workshop involved a modified Delphi technique to gain consensus on the inventory "ELSA" (Expedition Leader Style Analysis) that Cindy Phipps and myself have developed. Having redesigned the

instrument I am now conducting some research with Marianne Ballard, a Recreation Administration student, and Mike Lacourse, a Physical Education faculty member, to test the validity of the instrument.

One of the highlights of the year for me was the opportunity to gain some new insights into Cooperative Learning from a course with the Johnson brothers in Minneapolis. The main event of the year was the birth of our daughter, Stephanie.



MARY STALLARD, PH.D. **Physical Education**

The academic year promises to be challenging and rewarding with many new faces among the department's majors. Fall quarter began on a real "high" with the Seoul Olympics corresponding with my "Olympic Games" course. It has been interesting taking a close look at the 24th Olympiad.

I have an article "in the works" and will apply for a leave of absence for Fall, 1989 to complete it and have it submitted for publication.

My summer was spent doing chores around the house, cycling and jogging and included two nice vacations. My neighbor and I took a cycling/camping vacation in June and the latter part of July I drove to Washington State to visit friends.

JAMES WEBB, PH.D.

Physical Education

Greetings from the "mad" professor and overseer of that department torture chamber known as the HUMAN PERFORMANCE LABORATORY. Doesn't seem possible that it's been a year already since I wrote the last one of these. As we all know, "time flies when you're having fun." Thinking out loud, here's what comes to mind when I think of the past twelve months.

Professionally....we had a great group of Commercial/Corporate Fitness interns go out this summer. They were placed in Dallas, Houston, San Diego, Santa Monica, San Francisco, Alameda, and all over the Silicon Valley. There were 14 of them in all, and each representing Cal Poly in an outstanding manner...just as we would expect. Approximately 30 percent of our undergraduate majors now elect to take the fitness concentration so if you know or hear of a position in the wellness field, we're constantly on the go to place our new grads and, of course, to relocate those of you who are looking for a new challenge or "greener pastures." Stay in touch. No new equipment in the lab during 1987-88, but we're keeping our fingers crossed for the acquisition of a treadmill/ECG unit (Quinton Industries) called the Q-5000 for the current year—it's a honey and will be a great addition to the lab. Also the department and the student AFB (Association for Fitness in Business) club have had some discussions regarding the joint purchase of some type of automated blood cholesterol analyzer. This is still in the thought stage, but raises some interesting ideas about its use.

Summer found me working at good "ole" Cal Poly this year. Actually, I use the term "work" loosely because it was a nice change of pace to teach golf, softball, and weight training during the summer quarter. I did, however, have a minor accident in the softball class, one which ultimately resulted in orthoscopic surgery to my right knee (my double play pivoting at second base was a bit rusty)...but to make a positive out of a negative, I had the physician give me a spinal block and I got to view my surgery on TV while he was doing the work. Needless to say my jogging has been cut back a bit and I'm doing more biking.

Professional trips to a number of conferences broke up the year nicely and I had the opportunity to visit and renew friendships with many of you whom I see only from time to time. A trip to Kauai, Hawaii in June to attend SW-AAHPERD (with the Heads) was a nice way to start the summer and a fishing/camping trip to Campbell River, British Columbia in September was the perfect way to finish it.

Be sure to stop in and say hello if you're in the area. Have a healthy and fit year.



STUART CHESTNUT,

PROFESSOR

Physical Education

This summer I attended the "Writing Across the Curriculum Project", conducted under the auspices of the Cal Poly English Department. Professors were selected from disciplines which do not regularly require a considerable number of writing assignments in their courses. All forms of writing and the problems of students have at Cal Poly were reviewed, including the "learning disabled." The class was held over a three week period and required considerable writing assignments with critical peer evaluation. We were stimulated to increase the writing assignments for the upper division students.

Professionally, I am editing for future publication, a manual to be used in the public schools and for teacher preparation courses K-12 on the screening, methodologies of presentation, curriculum design, and evaluation.

MARYLINDA WHEELER, PH.D.

Physical Education

This past year many of you who had completed your student teaching during the past five years responded to a survey. It was fun to receive some personal notes as well as the information requested.

During spring quarter, I enjoyed co-teaching some days of a gymnastics unit at Los Osos Junior High School and also served as a curriculum consultant for a local high school going through the accreditation process. This coming year I will serve as a physical education curriculum consultant at Avenal and perhaps one other high school.

The new school year will be busy, too, as we look at curriculum proposals for 1990-92.

During the summer I had the distinct pleasure of serving as tour guide for three weeks while friends visited from Sweden. We took trips to several national parks as well as to mountains, lakes, the seashore, Gold Country, San Francisco and Los Angeles. The month of August was spent relaxing and recreating in the mountains, so now my energy level is up and I'm looking forward to a good school year. Best of wishes to all of you.

SONJA GLASSMEYER, PH.D.

Physical Education

How time flies! Here I am in my 14th year of teaching at Cal Poly, and I continue to enjoy it just as much now as in the beginning! My major area of interest and teaching is in the Wellness and Commercial/Corporate Fitness areas. As coordinator of the "intern" program for our Commercial/Corporate Fitness Concentration, I have the opportunity to see the students participating in some wonderful programs. I also continue to enjoy the yoga and first aid classes and there is still a need for stress management and gerontology-related seminars and workshops. There are so many exciting things going on in our profession today and I am proud to be a part of it!

My husband, Gary, and I live in a beautiful area in southern Monterey County—about an hour's drive from San Luis Obispo. We love the "country life" and when I go home it is like taking a "mini-vacation"!

I hope that all of you are enjoying lots of happiness and satisfaction in all that you do! Y'all come and see us!

**F. SHELDON HARDEN,
PROFESSOR EMERITUS
Physical Education**

I have retired from active teaching and at the present time, I am on the FERP (Faculty Early Retirement Program) and enjoying it very much. I teach a quarter and then I am off a quarter throughout the school year. I handle all support courses such as tennis, racquetball, and golf.

The program at Cal Poly has grown so fast, it is hard to believe it is the same school. However, with growth there comes philosophical changes and we have seen those here at Cal Poly. It is just keeping with the times. However, these changes are hard on a person who has seen it change so rapidly over the years.

It is always nice to have alumni come back to visit the campus.

**MICHAEL G. LACOURSE
Physical Education**

Since the last newsletter it seems that I have been constantly on the move. During the spring of 1988 I traveled to Kansas City, Missouri to deliver a lecture titled "The Use of LISREL in the Analysis of Complex Structural Models." I also attended a symposium at Indiana University (Bloomington, Indiana) on the topic of "Structural Equation Modeling with Dichotomous and Polychotomous Variables".

I spent the summer at Indiana University for the purpose of completing the final two chapters of my dissertation entitled, "Invariant Characteristics of the Parameter Integration Process in the Perception and Memory of Muscular Torque-Impulse." While in Indiana, I also worked at the U.S. Olympic Trials in track and field. During the latter part of the summer I visited New Hampshire and other parts of New England, including the Center for Neuromuscular Research at Boston University where I toured the many labs and observed some of the research being conducted.

During the fall I conducted testing in Denver, Colorado for "The Athletics Congress" (TAC). This testing was for the purpose of predicting track and field potential in children. I have also had a research paper accepted for presentation at the AAHPERD National Meeting in Boston titled "Psychophysical Characteristics of Muscular Torque-

Impulse, Movement Velocity, and Inertial Preload During a Rapid Anisometric Movement." This was co-authored with Dr. Harold Morris of Indiana University.

**WILLIAM HICKS,
PROFESSOR EMERITUS
Physical Education**

I am enjoying my retirement and looking forward to teaching golf each fall quarter.

During the three quarters away from campus, I spend my time improving my golf game, learning as much as I can about the game, raising veggies, and caring for my fruit trees.

Jacque and I take a couple of golf trips each year and a fishing trip to the Sierras each fall.

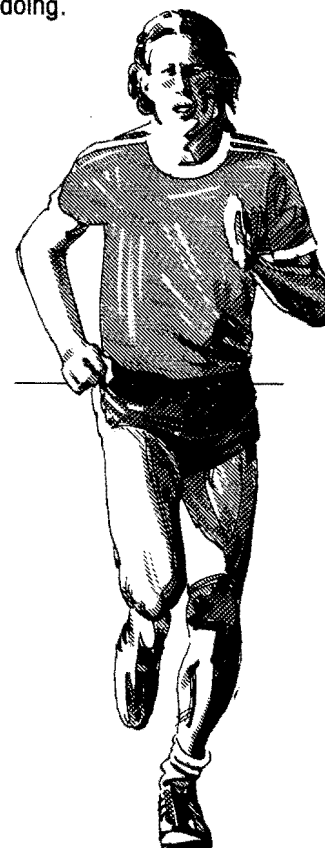
**ANDREW J. PROCTOR, PH.D.
Physical Education**

During the 1987-88 school year, I assumed the role of Dr. Mom. For those 15 months, I had the extreme pleasure of being cooped up in our house with our four children — all boys!! Words cannot express the feelings I exhibited during that time. At least not words that I would write in this newsletter! Ryan is almost eight years old and started playing soccer, not gymnastics, but soccer. Kevin is almost five and continues to demand much of our attention. Then there are the twin boys who turned two at the end of summer. There is only one thing worse than the "terrible two's", and that is the "terrible twin two's." Their names are Jason and Sean. I survived my sabbatical counting down the months, weeks and days until I could return to the peace and quiet of work.

On the serious side, all former measurement and evaluation students will be delighted to hear that I did spend considerable time working on new course content for PE 319. Prior to last year I had spent very little time on the IBM compatible computers (I am now a former Apple II+ user), so I used some of my sabbatical time to learn the different computer system and various software of our PE 319 computer work onto the PC. Starting next fall, all of our five scheduled computer labs will be held in the school's IBM computer lab. This is a move that Dr. Head and I have discussed for several years but can only now be realized because of the school's new lab and my time off to prepare the material. Also what makes this all

possible is the university's new PC lab which has the hardware, software and the open hours for the students to do their homework. I plan to teach a spreadsheet, database and word processing (most students in class this quarter already know one); and yes, SPSS and Minitab are available on the PC's too! There is also a variety of software available for health appraisals. There are many uses for the personal computer in our field besides statistical applications and we will be focusing on them in the next couple of years.

I certainly wish all of you good health and much happiness and I truly enjoyed reading in the newsletter what you are doing.



**RAY NAKAMURA, PH.D.
Physical Education**

I am still actively involved with teaching the various health classes. Most of my time is now being taken up as the Interim Graduate Coordinator and the advisor to the CAHPERD Club. However, I still find time to play tennis, jog, and have just co-authored an article for publication.

CAROLYN B. SHANK, ED.D.
Recreation Administration

This is my 15th year on the PE/RA faculty, and I am as excited and challenged by my profession today as I was the first day at Poly when I faced the majors in a professional activity field sports class. I continue to serve the aquatic field in research, writing and speaking while teaching generalist and research classes for Recreation Administration.

This year, Cuesta College has hired me to introduce Leisure and Recreation to their students — a great connection.

Physical activity is a necessary part of my life; it keeps me balanced and easier to live with. Cycling has been on hold — watch out for overexuberance in your "training." For all you exercise physiologists, I have the Levator Scapula Syndrome.

On the home front, Heidi is learning to be a student at Cuesta, Heather is rooting for the home team at Morro Bay High.

JIM H. RAILEY, D.PE
Physical Education

A new textbook titled *Managing Physical Education, Fitness and Sports Program*, co-authored by myself and my daughter, Peggy A. Railey, has been published by the Mayfield Publishing Company. Several universities have adopted the book as a text for their undergraduate or graduate program. It recently was given a most positive review in the *Journal of Health, Physical Education, Recreation and Dance* and was highly recommended as an undergraduate text.

At the end of the 1988 Summer Cal Poly Workshops, I resigned my responsibility as coordinator, after serving in that capacity for 11 years.

With tongue-in-check, I can state that I gave up that role so that I may devote more time to a belated career as a racquetball competitor. I was the 1987 California Grand Master's champion and finished seventh in the 1988 National Master's Racquetball Tournament held in Las Vegas.



ASSOCIATION FOR FITNESS IN BUSINESS (AFB)

The Association for Fitness in Business is alive with positive attitudes and enthusiasm as the school year swings into motion. The staff of ten officers are full of spirit ready to bring AFB to its highest potential. Activities in which members participate include the body composition analysis program, the wellness decathlon, regional and national conferences, and just getting to know one another at various socials.

For the fifth consecutive year, AFB is offering the body composition analysis service to all students, faculty and staff. The program entails testing body fat with hydrostatic weighing and skinfold caliber measurements. Clients receive nutrition and exercise counseling after computerized results are analyzed. Most important, student AFB members gain invaluable experience testing and counseling clients on an individual basis. Plus, the fitness testing service brings in the highest club revenue — last year AFB profited \$1,200. Fitness coordinators, Stacey Frier and Paula Spano are both organizing the program to run successfully.

Last May, fifteen students were able to attend the Fifth Annual Region 7 conference because AFB and the PE Department jointly contributed \$70 for each person. Providing invaluable learning and networking opportunities, the conference enriched our knowledge and growth in the fitness field. Sessions to choose from ranged from high-impact speaking, stress management, and strategic planning to AIDS education, cholesterol awareness, and back injury reduction. Probably benefitting students the most, a career guidance panel of seven professionals described opportunities in the fitness, recreation, and physical therapy world. Even Cal Poly participated in a conference session as Karen Hughes and Anja Phelps presented an entertaining, informative slide show of our AFB student chapter.

In addition to gaining professional experience, AFB is establishing unity through social events. In Fall '88, members had fun at college grad night, fund raisers, the Annual Christmas Social, and private parties.

Hence, AFB, combining personalism and professionalism, is reaching for the stars of excellence.

Katelyn Johnson, AFB President



CALIFORNIA ALLIANCE OF PHYSICAL EDUCATION, RECREATION & DANCE CLUB — CAHPERD

The Cal Poly CAHPERD Club is looking forward to another exciting year. Last year was a banner year for our students. Besides the many social functions that usually occur with our club, last year's professional accomplishments are worth reviewing:

1. The "Body Wonderful" Program was taken into a number of local elementary schools. This program consisted of five hours of hands-on activities that were all related to the scientific foundations of physical education. The program was so well received that numerous other schools have contacted us for more presentations this year. Also, the students from the Gifted Program in San Luis Obispo voted our program as the best one from over 12 other programs presented to them.

2. Our CAHPERD Club made two major professional presentations at the 1988 State CAHPERD Conference in Los Angeles. Our two presentations were titled, "The Body Wonderful From a Physical Education Perspective" and "Changing the Image of the Physical Educator." This was a tremendous experience for some of our students. Both presentations were very well received by the audience and this experience certainly reinforced the positive image of our students throughout the state.

3. More of our CAHPERD students attended the CAHPERD State Conference than any other university student club. This is a reflection of our professionalism.

4. Three of our students were selected to be officers within the Student Section of CAHPERD.

5. The CAHPERD Club won the first-place ribbon for most outstanding booth at Poly Royal.

This year, the Club will:

1. make two more professional presentations at the State CAHPERD Conference in Santa Clara. We hope to make this an annual project.

2. start a jump rope program for the community. Any child within the community can jump for fun. The Club hopes to have the children perform at various community events.

3. continuing the other professional programs and commitment that it made last year.

4. making the Club a place away from home where our students can socialize and make life long friends.

RECREATION ADMINISTRATION MAJORS (RAM) CLUB

Jump back Jack, the Recreation Administration Majors (RAM) Club is organized for another big year. We've a slate of new officers who are planning the usual: trips to the Melodrama, tailgate parties, the phoneathon fundraiser (if you get a call from us you know your donation will go to a very worthy cause), Poly Royal (we'll be in our fourth year of the relaxation station — get your hands-on experience from us) and the Wildflower Triathlon (one of the 10 best in the nation according to *Triathlete Magazine*).

We're also working on new plans: increasing membership and involvement in RAM Club with a "RAM Buddies" program — old hand pairs up with a neophyte; contracting for a new logo design so we can use it on T-shirts, for car window decals and on all our communications; increasing involvement in professional organizations and providing registration fees for officers who attend major conferences.

We're also interested in what our alumni are doing and this is where you can help us. We have a bulletin board under glass where we want to post your business cards, picture of you in your place of work, program brochures or fliers that show what you are doing. We're asking you to send anything that would give us an idea of what we can look forward to in the "real world" of Recreation Administration. Please send your stuff to Dr. Carolyn Shank, c/o the PE/RA Department, Cal Poly, San Luis Obispo, CA 93407. Then, when you come back for Poly Royal, check it out in the hallway.

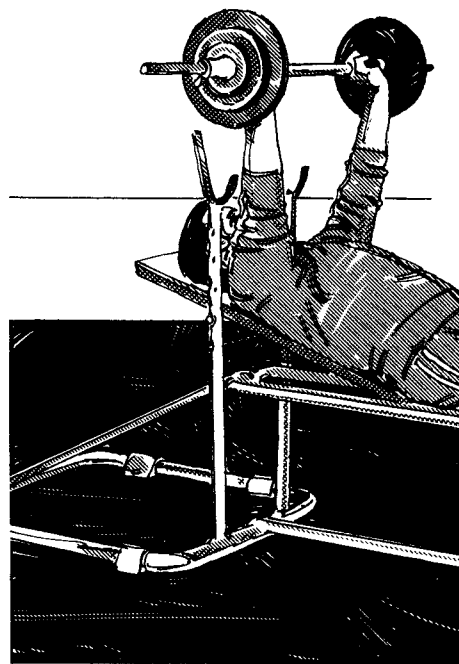
BACHELOR OF SCIENCE DEGREE GRADUATES IN RECREATION ADMINISTRATION

	Option	Date of Graduation
Christy Binns Jodi Callister Anjanette Dubbin Stacey King Sonja Koehn Karyn Mills Cheryl Miyahara Monica Sherman	Commercial / Private	Fall 88
		Summer 88
	Therapeutic Rec.	Summer 88
	Commercial / Private	Fall 88
	Commercial / Private	Fall 88
	Commercial / Private	Summer 88
		Fall 88
	Commerical / Private	Fall 88

THE GRADUATE PROGRAM

The graduate program is alive and well. This year's group of graduate students is outstanding. We have close to 40 active graduate students in our program. Over 20 of them are attending full time. The reputation of the program is growing. We are now getting inquiries from students from all over the United States. A number of innovative programs are also being implemented such as internships, satellite classes in other parts of the state and graduate projects.

If you want more information about the graduate program, please write to: Raymond M. Nakamura, Graduate Coordinator, Physical Education / Recreation Admin., California Polytechnic State University, San Luis Obispo, CA 93407.



BACHELOR OF SCIENCE DEGREE GRADUATES IN PHYSICAL EDUCATION

	Option	Date of Graduation
Jolene Ahlers	Teaching	Spring 88
Gregg Armstrong	Teaching	Spring 88
Judy Brush	Teaching	Spring 88
Rod Carver	Indiv. Course of Study	Spring 88
Brian Colley	Corporate Fitness	Spring 88
Kelley Cook	Health	Spring 88
Craig Cowan	Indiv. Course of Study	Summer 88
Laura Drago	Pre-Phys. Therapy	Fall 88
Sandee Eaton	Teaching	Summer 88
Kathy Ferguson	Coaching Option	Spring 88
Steve Ferrario	Indiv. Course of Study	Fall 88
Mark Garvey	Corporate Fitness	Fall 88
Laurie Hagan	Corporate Fitness	Spring 88
Gina Haley	Pre-Phys. Therapy	Spring 88
Pam Hansell	Teaching	Spring 88
Sharon Hanson	Teaching	Fall 88
Lance Hardy	Teaching	Spring 88
Gary Harris	Teaching	Spring 88
Leslie Harris	Teaching	Spring 88
Karen Hughes	Corporate Fitness	Spring 88
Maureen Lanahan	Corporate Fitness	Spring 88
Martha Petersen	Health	Winter 88
Anja Phelps	Corporate Fitness	Spring 88
Darla Rasmussen	Teaching	Spring 88
Jone Rodley	Teaching	Spring 88
Terri Rossi	Health	Winter 88
Mark Rudy	Teaching	Spring 88
Doug Sapper	Teaching	Winter 88
Paula Spano	Corporate Fitness	Fall 88
Donna Sterling	Health	Spring 88
James Tucker	Indiv. Course of Study	Spring 88
Kathy Wright	Indiv. Course of Study	Summer 88
Kurt Wright	Corporate Fitness	Spring 88
Chris Wolfley	Teaching	Spring 88

PHYSICAL EDUCATION STUDENTS GET INVOLVED

A Wellness Decathlon was held in the University Union Plaza on Tuesday, October 18, 1988 from 10 a.m. to 3 p.m. Stations were set up, dealing with various health aspects from alcohol awareness to AIDS information.

The student chapter of the Association for Fitness in Business (AFB), ran a body fat composition testing booth. Student volunteers estimated body fat percentages using calipers to measure skinfold thickness at different locations on the body.

Not only AFB members helped out. Several students from Dr. Sonja Glassmeyer's PE 450 (Lifestyle Management) were there to assist in the testing, calculation of data, and administration of results.

The student turnout for managing the body fat composition booth was tremendous. Thanks to the following people for being there and a special thanks also to those who helped get things set up, organized, and cleaned up:

Daphne Aurthur
Pam Bales
Kathy Benson
Lisa Best
Kimberly Davis
Melissa Daymond
Jeannette Dewhurst
Kelly Donaldson
Cheri Eplin
Terri Farkas
Diana Florence
Stacey Freier
Amy Gorman
Sarah Hight
Jeannie Holder
Trudy Jacobs
Darren Kanenaga
Jeff Labrado
Jim Latter
Jeanne Mackenzie
JoAnn McKay
Noell McQuillan
Kim Meyer
Mary Miscisin
Kelly Mulry
Sue Negrini
Ronda Ryan
Staci Sargent
Paula Spano
Gretchen Sweigart
Andrea Willer

A special thanks to Dr. Sonja Glassmeyer and Dr. James Webb!



SPECIAL THANKS

A very special thank you to all the PE/RA Alumni who generously donated to the department last year. Your gift, whatever the size, was most appreciated and was put to very good use by the department.

Alamo, Michael C.
Archuleta, Michelle T.
Baldiviez, Ralph
Barnhart, Thomas C.
Bebernes, Vernon
Bogart, Terri A.
Buck, John L.
Cahl, Dick
Cias, Gerald & Marian
Clickard, Donn I., Jr.
Collins, Carolee
Connolly, Chris D.
Craft, Caren L.
Cummings, Craig A.
Cvijanovich, Sherri L.
Dovalina, Kristin
Downing, Dennis D.
Drew, John G.
Dyche, Lynn M.
Edgmon, Sara K.
Feeney, James & Edwina
Fisher, Michael & Gretchen
Fitzgerald, Linda
Fleisch, David L.
Fleisch, Lynda G.
Gardiner, James G.
Hansen, Gary & Beverly
Herrman, Pamela J.
Horner, Peggy L.
Jordan, Loretta D.
Lawson, Brooke
Leathers, Scott W.
Levy, Diane E.
Luevano, Annarae A.
MacDonald, Dwight B.
Mariani, Georgianna
Matulich, Elizabeth A.
McAlexander, Tanya
Moses, Myron L.
Nelson, Harold R.
Nerio, Katsuji
Niederfrank, Katherine
Opfermann, Gary R.
Parker, Evangaline D.
Pinkstaff, Robin C.
Ray, Gordon L.
Reed, Blake A.
Stilwell, Barbara J.
The Gallo Foundation
Warren, Sandi L. Tyler
Wilson-Graham, Dianne
Yoshihara, Lorene C.
Young, Crystal L.

ALUMNI IN THE SPOTLIGHT!

ROBERT PARR, PE graduate and baseball team alumnus, charges \$100 per hour as a fitness trainer. *New York Woman* magazine reports that he helped Madonna get fit for her last concert tour (May, 1988) by working out with her 2½ hours per day, seven days a week, for five months. He also had a speaking part in the movie "Perfect", starring Jamie Lee Curtis and John Travolta!

LESLEY J. WHITE, PE grad and Master's student, was a winner in the California State University Research Competition with a paper titled, "Alternate Forms of Training for Maintenance of Cardiovascular Fitness in Cross-Country Runners."

ESCONDIDO HIGH SCHOOL, CALIFORNIA, has turned into a haven for four ex-Cal Poly graduates:

JEFF CARLOVSKY (MS 1969) is the Athletic Director and Head Softball Coach, while his Cal Poly football and baseball teammate TOM EVEREST (BS 1968) is the Head Football Coach. MIKE WILLIAMS (BS 1964) is the Varsity Baseball Coach and CLAY CLIFFORD (BS 1978) is the Varsity Wrestling Coach. Both Jeff and Tom played three years of football and baseball at Cal Poly in the mid-sixties and were graduate assistants in 1969. Jeff's teams have won 12 league championships. He was selected as Coach of the Year five times before moving over to Escondido High last year. Tom was an assistant coach at UCSB, was at Dos Pueblos High for seven years, spent six years at Lewisville High in Dallas, TX, and was the Defensive Back Coach with the San Antonio Gunslingers before the USFL folded. Tom married a Cal Poly cheerleader (Joan Morris) in 1970. Mike Williams played both basketball and baseball for Cal Poly in the early sixties. Mike's wife, Dana, also a Cal Poly grad is a junior high school principal in Poway. Mike had his best team last year as they posted a 20-6 record.

CLAY CLIFFORD, the youngest of the ex-Mustangs serves as the ASB Director and Head Wrestling Coach. His team has won back-to-back league wrestling titles and are expected to retain their lofty position again this year.

NEWS FROM THE ALUMNI

MICHAEL BECKMAN, PE, '78: It's been 10 years since I completed my MS in Physical Education at Cal Poly, and eight years since I moved back to San Diego County to complete an Administrative Services Credential at San Diego State University. Leaving San Luis Obispo meant leaving a six-year tenured position at Arroyo Grande High. Once relocated, I began my present teaching/coaching position at San Dieguito High in Encinitas. I've been married for a year to Susan, and she is currently doing well with her sportswear shop in Carlsbad. Best wishes to the staff within the Physical Education Department, especially Dwayne Head, my graduate/thesis advisor.

ROBIN L. PERRIN (PAXTON), PE, '79: Hello long lost friends from days gone by. I have the best job in SLO. That's right, I could not bear to leave this area. I manage the SLO Swim Center for the City. It was part-time at first to allow me time with Doug (my husband: you may remember his twin brother, Dave Perrin, that's another story in itself) to raise our two "little squirts". Kyle is now seven (yikes) and Chelsea is five and half (our baby!). My position has been full time for about 4 years and I love it. I now have two marathons to my credit and would like someday to qualify for Boston. In my spare time (haha) I pitch on a softball team, chauffeur two kids, volunteer for the Red Cross and basically enjoy my family and life. I hope all of you can say the same. I know there are some great post-grad stories out there so please write!

TRICIA L. BURKE, PE, '85: After graduating in 1985, I attended a one year nuclear medicine program in Santa Barbara. I have now been employed by Cedars-Sinai Medical Center for nearly two years as a Certified Nuclear Medicine Technologist.

CHERYL L. BRUNK (HAMMAR), PE (Health Ed), '86: I'm living in Sacramento and working in Field Services for the American Diabetes Association, California Affiliate. We are responsible for training volunteers, maintaining, and setting up new chapters within the state. I am married to Kevin Brunk, who is a Cal Poly Architecture graduate and is working for a firm in downtown Sacramento. All is well!

BARBARA L. KNIENER (BELCHER), MA, PE, '83: Housewife

KRISTI L. ROSENBERG (KUCERA), RA, '83: Am living in the Phillipines (my Navy pilot husband is stationed at Cubi Pt.). We travel the orient — Hong Kong, Singapore, Thailand, Japan, Korea and Malaysia. Great adventure! We have a two year old daughter — Rebecca — and a new son — Benjamin. I substitute teach at the government schools, play soccer, compete in triathlons, scuba dive, enjoy my kids and SHOP! Working on a export business.

ROSEANN M. BORA (MASON), RA, '84: I will be married two years on 6/14 to the greatest guy, David Bora, whom I met at Cal Poly. I have been a recreation coordinator for the City of Newport Beach for three and a half years and I am moving on beginning June 6 to create my own business in instructing water exercise to all ages. My goal will be to hire and train instructors throughout Orange County to work for me in water exercise. It's going to be great working for myself. The newsletter is great!! But, what are all the Rec. majors doing? It seems like it's all P.E.

JOHN G. DREW, PE, '83: I am teaching Life Science and Earth Science at Fallbrook High School in San Diego County. I am in my third year where I have coached varsity football for one year and freshman football and baseball for two years. I have just recently received my biology teaching credential. During the little free time I have I play softball, golf, and a little tennis.

CINDY L. TARALDSON (PRATT): Buyer at Pratt's Sporting Goods.

STEVEN A. TUCKER, PE, '77: My wife Vicki (formerly Vicki Smith, also a Cal Poly Grad) and I are preparing to celebrate our 10th anniversary this coming August. Our son, Shawn, is playing his first year of T-ball and will be entering kindergarten next fall. After teaching five years at El Tejon Junior High, I am now in my third year of teaching at Highland High in Bakersfield. My duties include teaching math and physical education as well as coaching football and track.

JEFF R. NOLAN, PE, '86: I'm currently working in Greenfield, CA teaching PE and Health to sixth and eighth graders. I also coach soccer and track and field. In September of this year, I'm getting married to Hillary Northway, also a Cal Poly PE major. Thanks for a great education. Keep up the good work on the Newsletter!

MAUREEN BUCKEY (HARDEN), PE, '70: I am in my 17th year of teaching PE at Thompson Junior High in Bakersfield. I've also coached volleyball, basketball, and directed the drill team. My husband, also a Cal Poly graduate in architecture, is an architect and contractor. Our children are Jeff, 13, a potential athlete, Mandy, 10, and Craig, 7. We still get over to Poly a lot to visit my folks, Sheldon and Dorothy Harden.

CAROL L. CAROL (SARKISIAN), PE, '81: Hello. I was married in 1983. Had a son on August 25, 1984. I am currently working as a PE instructor to fourth through sixth grade students at Lindsay Unified School District. I enjoy my job very much. My husband (Joel), son (J.J.) and I enjoy living a quiet life on a ranch just north of Woodlake, CA. I enjoyed the newsletter very much.

FRANCINE E. FINCHER, PE, '73: Since graduating from Cal Poly many changes have taken place. I am presently the accounting coordinator for Ocean View School District, Oxnard, California. I've been slowly working towards a B.A. in business. Moved to Ventura in 1979 and in 1983 decided to settle down and marry, we have no children. We love to travel and play a lot of golf.

KIMBERLY R. RENWICK (VACCARO), RA, '81: Working for University of Nevada — Reno in Continuing Education. Married, live in Truckee, CA and miss SLO! Would like the newsletter more often, otherwise terrific!

SCOTT W. LEATHERS, PE, '78: Farming 1,500 acres of wheat, safflower, rice and dry beans. Married to Donis — met at Week at Welcome (1973). Children: Landon (9), Megan (6), Nathan (3). Was President of CAHPERD for 2 years ('77 and '78), enjoyed it very much...best talent show among members. Sheldon Harden, advisor.

CHARLA LITTLE, PE, '79: Taught PE at Fesler Junior High in Santa Maria and coached the varsity gymnastics team at Santa Maria High School in 1980-81. I traded in my warm-up suits for business suits in September of 1981 when I joined the Holden Group. We market tax deferred annuities to educational employees. I'm currently a regional director and am responsible for sales in Colorado, Utah and New Mexico. I reside in Denver, Colorado with my dog, "Gable." Thanks for tracking me down!



Charlie Meusel, RA, '80: Married to Lorraine. Both work at University of California Santa Cruz; I worked with the county of Santa Cruz Parks and Recreation for six and a half years. Now at UCSC as an Assistant to the Student Affairs Officer of College Eight. I am also a food broker part time and both of us are resident preceptors for College Eight campus residents. Great to hear and see what others are doing these days.

LYNN DYCHE, PE, BS, '60; MA, '64: 25 years of teaching in the Eastside Union H.S. District, San Jose, CA. Was Athletic Director and Varsity Wrestling Coach for 16 years before changing "careers" and now teaching high school computer math. While coaching I was selected as the National High School Wrestling Coach-of-the-Year in 1973 and also the California and District 8 High School Wrestling Coach-of-the-Year in 1978. I have officiated college wrestling for 25 years and am the Northern California Collegiate Wrestling Commissioner. I am married (Ruth) and have a 16 year old son, Riley.

BRIAN JARVIS, PE, '80: After graduating from Cal Poly, I attended the California College of Podiatric Medicine in San Francisco. After receiving my D.P.M. Degree in 1985, I completed my residency training at the Veteran's Administration Medical Center in Topeka, Kansas. Presently, I am in private practice in La Canada / Flintridge, in Southern California. I am a member of the orthopedic attending staff at Los Angeles County — U.S.C. Medical Center, and I am an Assistant Professor of Podiatric Medicine at C.C.P.M.'s southern campus at L.A.C. — U.S.C. Medical Center. I am also one of the limited number of podiatrists certified by the state to perform ankle surgery. The PE/RA Newsletter is a great idea — I hope we won't have to wait too long for the next issue.

KATHY MOSER, PE (HEALTH), '80: Eight years, owner and director of Backstage Academy of Dance and Performing Arts in Turlock. Married 12 years to Dave Moser (AgEd, BS, 1980 at Poly). Three sons, Dean, Danny, and Joey.

DICK J. MANNINI, PE, BS, '59; MA, '60: Currently the Defensive Coordinator for Stanford University football (starting our fifth year at Stanford). Previously seven years as Head Coach at St. Mary's College and three years as Def. Coordinator at San Jose State University. I have been teaching PE and coaching for 29 years. The last 11 years has been restricted specifically to coaching. Have taught at the high school, junior high, and college level. Three daughters, the youngest of which was just married — giving us three sons-in-law.

BETH M. BALDWIN, RA, BA, '85: Recreation Coordinator II for San Luis Obispo Recreation and Parks Dept.

MARIA FISCHER (MASCY), PE, '77: After receiving my teaching credential, I moved to North Hollywood to teach elementary PE for three years at a Christian school. I followed this experience with four years teaching second graders in downtown LA. In 1985 I married Jack Fischer (from Hinsdale, Illinois). I've been employed on a part-time basis at my church, Valley Vineyard, as a secretary. We live in Woodland Hills. The newsletter is a great idea! I especially like the sections where the professors share what they're up to and also the update on past alumni.

DONNA DARMODY, PE, MS, '86: Occupation — Health Specialist at Paso Robles Public Schools. I'm working on publishing my thesis. It was such a "joy" to receive the newsletter. (Update: Donna is now a Health Education Assistant Student Health Services, Cal Poly.)

Leslyn Keith, RA, THERAPEUTIC REC., '86: I am the director of a therapy pool in Ventura for disabled children and adults. The warm water (95°) gives a lot of relief and freedom of movement to infants all the way up to our ever increasing number of octogenarians! I live with another Cal Poly graduate, Bill Robinson ('76), on our 41 foot Kettenburg sailboat. We are currently planning a cruise to Mexico and points beyond for sometime in the not-so-distant future.

STUDENTS CURRENTLY ENROLLED IN THE MASTER OF SCIENCE DEGREE PROGRAM IN PHYSICAL EDUCATION

Mitzi Androvich, BS, PoliSci, '68, USC
 Rebecca Bartel, BA, PE, '84, Fresno Pacific College
 Carol Bayley, BS, AgEd, '80, MS, '87, Cal Poly
 Kathy Beals, BS, PE, '87, UC Davis
 Peri Berkler, BS, PE, '87, Cal Poly
 Shawn Cabalka, BS, PE, '86, Cal Poly
 Ed Crawford, BS, PE, '87, Cal Poly Pomona
 Craig Cummings, BS, PE, '82, Cal Poly
 Janette Deeds, BS, PE, '87, Cal Poly
 William Garrison, BS, PE, '81, CSU Chico
 Harriet Huggins, BA, PE, '84, Fresno Pacific College
 Trudy Jacobs, BA, PE, '76, Kearney State College
 Kimberly Kellner, BS, PE, '86, UC Davis
 Joe Lawrence, BS, PE, '87, Cal Poly
 Calvin Lowell, BS, PE, '87, CSU Bakersfield
 Erin Lynch, BS, PE, '84, Cal Poly
 Anita Martinez, BS, PE, '88, CSU Fresno
 Meg Mackenzie, BS, Radio, TV & Film, '86, CSU Northridge
 Sue McNeal, BS, IT, '87, Cal Poly
 Kelly Meise, BS, Finance, '82, University of Arizona
 Mike Norlock, BS, PE, '86, Cal Poly
 Miguel Phelps, BS, PE, '84, Cal Poly
 Heidi Poulon, BA, PE, '86, Humboldt
 John Rembao, BS, Bus, '86, Cal Poly
 Tino Reyes, BS, PE, '84, Cal Poly
 Kim Sanders, BA, PE, '78, CSU Fresno
 Erin Sherman, BS, PE, '86, Cal Poly
 Doug Sholders, BS, PE, '71, Cal Poly
 Tamara Stewart, BS, PE, '84, Sonoma
 Steve Tucker, BS, PE, '77, Cal Poly
 Doug Weber, BS, Liberal Studies, '87, UCSB
 Aaron Weiny, RecAdmin, '83, San Diego State
 Suzanne Will, BS, PE, '83, Cal Poly
 Lesley White, BS, PE, '88, Cal Poly
 Gary Yokata, BS, PE, '88, UC Berkeley
 Kim Zerbe, BS, PE, '81, Iowa State



HOW ARE YOU DOING?

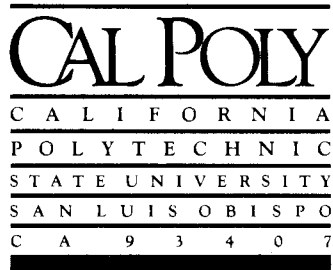
What's new with you???? Tell us about your job, family, etc.

Comments / Suggestions for the Newsletter: _____

Please mail to: **PE / RA Newsletter Editor**
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HAS YOUR NAME OR ADDRESS CHANGED? If so, please fill out the form below
if your personal data is different from the address label on the reverse side.
Thank you for helping us keep our records updated.

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Graduation Date	Degree	Major	
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