Crocket Johnson (right) cools off Ryan Hirschler at the Children's Center on a warm summer day

New, bigger center to relieve current demand for daycare

By Lori Bickel
Staff Writer

Cal Poly — and a host of current students — received a big gift for a bunch of little people from the CSU Board of Trustees.

At a meeting held at the Chancellor's Office in Long Beach on July 16-17, the Board of Trustees approved plans to build a new campus Children's Center facility.

The approved new facility comes as a welcome relief to Poly, whose waiting list for the current center stands at 260.

"The new facility is double in size, which means we can serve a lot more, up to 192," said Evelyn Ruehr, food program coordinator for the center.

Currently, the Children's Center can only accommodate up to 60 children, which means parents may wait up to a year for a spot.

The approved new facility will enable anyone with hand-held computers to issue citations for illegal parking on campus, said Cindy Campbell, Cal Poly parking administrator.

Parking officers will use hand-held computers to issue citations for illegal parking on campus, said Campbell.

This means a car with several outstanding violations will stand a greater risk of being impounded than before.

"Basically the new system is a much better way for officers out in the lots to access a wide range of data much faster than they could before," Campbell said.

Instead of having to take the time to call the license number in over the radio, now you just enter the information into the computer and the car's current status comes right up."

This could prove especially valuable when the car is stolen or has a large amount of overdue tickets, she said.

"You would be surprised how many stolen cars are dumped on the campus lots," Campbell said.

"We can now identify those cars that much faster, as well those belonging to repeat parking violators who are impound candidates."

Another advantage of the system, Campbell said, is that the information collected on a daily basis from the hand-held computers can be downloaded into a larger central computer and compiled for future reference.

The new computers are capable of both uploading and downloading (receiving and giving information), she said.

See COMPUTERS, page 7

Under the stars...

Two Cal Poly students traveled to Costa Rica to get married during the total eclipse.

Two Cal Poly students traveled to Costa Rica to get married during the total eclipse.

Summer Entertainment:

Reporter Peter Hartlaub reviews Harrison Ford and Annette Benning in the film "Regarding Henry.

Ostrich burgers...

A local farm breeds ostriches for human consumption as an alternative to beef.

Friday weather:

Low clouds clearing to sunny.

High: 60s - 70s
Low: 50s

winds n.w. 10-20 mph
4 ft. seas 6 ft.

A local farm breeds ostriches for human consumption as an alternative to beef.
Summer Mustang

**World**

**Philippine government lifts ban on Marcos**

MANILA, Philippines (AP) — The government today lifted its five-year ban on former First Lady Imelda Marcos and said she may return from U.S. exile to face tax fraud charges — but without her husband's body.

In New York, family spokesman Roger Peacey said Mrs. Marcos received the news "calmly."

But her lawyer, James Linn, said she was bitterly disappointed to learn she could not take the body of Ferdinand Marcos home for burial. He said she would probably decide today whether to return.

In Honolulu, Marcos family friend Joe Loo said he doubted she would return without the body of the former president, who died in September 1989 in Hawaii.

**Presidential Executive Secretary Franklin Drilon, who announced the end to the ban on Mrs. Marcos, said tax fraud charges would be filed against her and her three children by Thursday.**

**Baker to visit Israel to initiate peace talks**

MANILA, Philippines (AP) — Secretary of State James A. Baker III will go to Israel on Thursday in a new attempt to gain approval for a Middle East peace conference, diplomatic sources said today.

But Shamir rejected a Baker proposal to hold talks with him, a time Minister Yitzhak Shamir to resolve a dispute over which Palestinians would be invited to a peace conference co-sponsored by the United States and the Soviet Union.

President Executive Secretary Franklin Drilon, who announced the end to the ban on Mrs. Marcos, said tax fraud charges would be filed against her and her three children by Thursday.

**Pentagon staff solving MIA cases is doubled**

WASHINGTON (AP) — Defense Secretary Dick Cheney ordered the Pentagon on Tuesday to nearly double the size of its staff working to resolve POW and MIA cases in Southeast Asia.

Pentagon spokesman Pete Williams, who announced the addition of 86 new staff members to the effort, said the change was "in the mill for a long time" and not related to publicity over recent claims that U.S. servicemen might still be alive in the region.

"We're starting to get more access to Vietnamese records, more access to crash sites, that kind of thing," Williams said. "As Vietnam turns over more remains to us, that requires more staff. It's a very painstaking process and it takes more people to do it."

Williams said the additions bring to 222 the number of staffers responsible for dealing with the issue of 2,273 Americans still listed as missing in action after the war in Indochina.

**Student found hanged from tree at university**

MOSCOW, Idaho (AP) — A dark-skinned student, his hands tied behind his back, was found hanged from a tree at the University of Idaho, police said.

A black leader said he feared the man had been lynched.

Moscow Police Chief Dave Cameron said the investigation was being treated as a murder, although it was possible the man may have killed himself.

Cameron refused to say whether he thought the death was racially motivated.

Police said the victim was black or of mixed race. The student, whose name was not released, was born in Israel and appeared to be in his 20s, police said.

The body was found by a child in woods along a secluded jogging trail. The man's hands were tied with twine, police said.

An autopsy was to be performed Wednesday.

**Auto insurance fraud ring uncovered in L.A.**

LOS ANGELES (AP) — An auto insurance fraud ring staged accidents and billed insurance companies out of an estimated $50 million, a prosecutor said.

Eighteen people were arrested Tuesday in connection with the ring, said Deputy District Attorney Barry Thurne. The Department of Insurance Fraud Bureau began investigating the ring in November 1989, he said.

The alleged ringleader, Esther Diaz, 49, of Downey was being held in lieu of $1 million bail.

"This woman took the concept of operating a small business out of her home beyond any reasonable limit," said state Insurance Commissioner John Garamendi.

Roberto Valentien, a 43-year-old Arcadia chiropractor, was arrested for investigation of preparing false medical reports to make insurance claims.

**Woman fires water gun, faces battery charges**

HEALDSBURG, Calif. (AP) — She knew the gun was loaded and, according to Sonoma County prosecutors, Carin Lieberman used "willful and unlawful force or violence" when she fired at two people.

The gun was loaded with water.

But Lieberman, from Corte Madera in Marin County, faces two counts of battery in the alleged July 8 water gun attacks and, if convicted of the misdemeanors, could face up to six months in jail and be fined $2,000. Plans of innocent were entered on her behalf Monday in Municipal Court.

Defense attorney Chris Andrian called the charges "unbelievable."

Lieberman allegedly fired on Doris Roth, who was eating in a Healdsburg restaurant, and later sprayed Richard Stirted, a parking enforcement officer, outside the restaurant.

"It was a hot day and she was having a little fun," Andrian said. "But come on. It was a joke and not a crime."

**Cuesta student sentenced to jail for manslaughter**

A 21-year-old Cuesta College student was sentenced today in Superior Court for vehicular manslaughter.

Judge Warren Cooklin sentenced Christopher Charles Paz to one year in County Jail, six months in an alcohol treatment program, six months of community service and to pay $5,000 to the victim’s family.

John Patrick Kapsou, 22, died in the alcohol-related motorcycle accident that occurred in May.

Paz was speeding northbound on Foothill Boulevard with John Kapsou on the back of his motorcycle. Both had been drinking beer before the accident.

Paz crossed the double yellow line to pass a car, lost control of the bike and crashed into a road sign where Kapsou suffered fatal injuries.

In an unsteady voice, Paz addressed the judge, "There’s nothing I can do to change what happened, but maybe with my story now I can prevent it from happening to someone else."

— Leslie Morris, Superior Court Intern

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**Auto insurance fraud ring uncovered in L.A.**

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Despite nationwide drops, job recruiting at Poly still strong

By Lori Lentenschlegler

Despite what seemed to be numerous cancellations, job recruiting at Cal Poly did not drastically decrease during the last year.

In fact, for some schools, recruiting increased, said Deb Caccese, coordinator for recruiting at Cal Poly.

"There may be certain majors that are high volume for the on-campus interview program, such as civil engineering, that went down, but mechanical engineering went up, so the overall totals for each school don't show that," Caccese said.

The number of companies that came to Cal Poly in the '90-91 school year was 435, an 8 percent decrease from the '89-90 school year.

However, Cal Poly's decrease was much less than the 15 percent average of 30 percent, Caccese said.

Still, the total number of student interviews was only one percent lower than last year, Caccese added.

The reason Cal Poly fared so well on campus recruiting is because of its good reputation, Caccese said.

"I don't know how many times I heard, "we cut out all of our schools but two or three for on-campus recruiting, and you guys were one of the ones we kept," said Caccese. "So that is a real good reflection on the education, and the kind of graduates that come out of here."

Companies like the hands-on training schools at Cal Poly both on-campus and through co-ops, Caccese said.

Companies who have hired Poly graduates frequently ask if they can come recruit on campus, Caccese said. Hewlett Packard, IBM, and Arthur Andersen are some of the major companies that keep coming back because they are pleased with Poly graduates, Caccese said. All the companies that return wouldn't do it if they weren't pleased with Cal Poly graduates, said Caccese.

"There were slight decreases in the schools of Business, Engineering and Liberal Arts for on-campus interviewing, but where schools showed increases with the School of Professional Studies and Education increased 23 percent and the School of Science and Engineering," Staff Writer page 8.

\[\text{Footnote:} \text{See RECRUIT, page 8.}\]

\[\text{Footnote:} \text{See TAXES, page 8.}\]
The ‘Tao of Traffic' teaches temperance

By A.J. Schuermann

On Sunday I participated in a traffic jam of Biblical proportion. A hazardous waste spill had closed Freeway 101 in Ventura, forcing a massive exodus of automobiles through the Ojai Valley. I came from Thousand Oaks and arrived in Santa Barbara at midnight, seven hours later.

I discovered the ‘Tao of Traffic' somewhere in the Ojai Valley, and fortunately I came out of the hills with my sanity and without a nervous breakdown. Sadly though, many other survivors came out shaking and weeping, astonished and exhausted from Post-Traffic Stress Syndrome.

The northbound traffic paraded twelve miles east on Route 33, then crawled up through the town of Ojai, and finally progressed down through Highways 150 and 192. The people of Ojai seemed friendly. Some bicyclists even went door to door on the road, selling sodas and cigarettes to the pinning motorists.

By midnight, however, the traffic was strung out in the hills on Highway 150 and the landscape had become a still-life. It looked like an infinite chain of red lights and I was paralyzed by the misery of the moment.

I wanted to take charge and move ahead of the traffic, just like the barbarian who had terrorized the shoulder of Route 33 with his Chevy Blauer.

I wished that I had more cassette tapes, a clear radio reception, and a bullhorn so I could scream at the other motorists.

I wanted every headlight behind me to stop glaring in my rearview mirror. I wished someone else would ‘drive' my car. I needed to cut out and find a restroom.

Still, none of my wishes or wants mattered much, as I was stuck in the middle of 1,000 automobiles and could not control what was happening to me. At that moment I discovered the ‘Tao of Traffic.'

Simply put — as the Taoists would put it — I became aware that it was foolish to try to control or conquer that which could not be controlled or conquered.

In other words, the only solution to my dilemma was to simply remain in the traffic jam and revel in my misery.

There was no sense in tailgating the car in front, for that would not save me time. There was no sense in trying to move traffic with psychic energy, for that would only give me a headache. There was no reason not to let traffic merge in front of me, for the merging traffic was inevitable.

The ‘Tao of Traffic' made things easy. I turned off the buzzing car radio, rolled down my window and conversed with the drivers of cars heading the other way.

I blew spitballs through a plastic straw at cars when they were moving, and I was stuck.

I turned off my headlights, got out of my car, took a short walk and found a restroom in the bushes by the side of the road. I felt much better after that and the traffic seemed to move a little quicker.

Of course, if I had discovered the ‘Tao of Traffic' earlier that afternoon, I would have retreated entirely from the traffic and driven up to San Luis Obispo the next day.

I guess I didn't realize that it was senseless to drive seven hours just to circumvent a hazardous waste spill.

I probably should have stayed in bed for another two days.

A.J. Schuermann is the business manager for Summer Mustang.
Cal Poly couple sheds light on their original wedding by the dark of the moon

By Cam Inman
Staff Writer

As they prepared to marry during the total eclipse, Erich and Lisa Rienecker were married on a beach in Costa Rica — where the total eclipse could be seen as the couple said their vows.

"I came home after class and asked Erich what he thought about getting married during the eclipse," said Lisa, a 23-year-old aeronautical engineering junior. "Erich added that some local Costa Rica residents thought it was a better idea than a church wedding," said Erich. "If you're gonna do it, you might as well make it interesting."

The ceremony took an unexpected twist when the lawyer performing the ceremony had trouble reading his book in the dark.

"For two minutes, he couldn't find his place," said Erich. "He highlighted before the ceremony the legal statutes he needed to say, but highlighter doesn't show up in the dark."

A group of about 20 showed up to observe the wedding, including the couple's parents and Cal Poly students Dave Crone and Mara Wildfeuer. According to Erich, the remaining observers were tourists who had "comments of astonishment."

One of the most difficult tasks in organizing the wedding was convincing their parents to travel to Costa Rica. An organization called Weddings Around The World helped make other arrangements for the ceremony. Despite all the help, "Getting married during school is a pain in the ass anyway," said Erich.

Costa Rica was actually the couple's third choice for the site of the wedding. "We tried to go to Cabo San Lucas in Mexico but that was booked for two years," said Erich. "We then tried Hawaii, which was booked for five years. Finally, Costa Rica was next on the line of the eclipse and it actually cost less."

Erich added that some local Costa Ricans told him that it was the first wedding in all of Costa Rica to be held on the beach. A Costa Rican newspaper printed a story on the wedding.

Two Cal Poly students traveled to Costa Rica for a unique wedding in the total eclipse.

The wedding party arrived in Costa Rica on Tuesday, July 9. The ceremony took place on Thursday and the group returned to the United States on Sunday.

As far as honeymoon plans, Erich said, "We're saving that as an excuse for another adventure."
Historic locomotives may be restored by students at Cal Poly's Swanton Ranch

By Lori Cheeseman
Staff Writer

With a quiet rumble, like far away thunder, Al Smith's steam engines wind their way through Swanton Pacific Ranch, Chugging along the Santa Cruz coastline, through pastures and giant redwood trees, the 1915 locomotives are a piece of preserved history.

In June, the locomotives carried Cal Poly faculty, students and special guests on tours of Smith's ranch during the 4th annual Swanton Pacific Railroad Day.

Train rides, student demonstrations and a barbecue were just a few of the events that took place.

Swanton Pacific Ranch is part of the School of Agriculture's strategic plan and capital campaign called "New Visions."

Smith, a 1944 crop science graduate, is leasing the ranch to Cal Poly as a working ranch and teaching facility. He has provided for donating the 3,300 acres to Cal Poly.

Smith's three working steam engines, which are 1/3 scale models of live steam engines, run on about two miles of track around his ranch. The engines were built in 1915 for the Pan American Exposition in San Francisco, and purchased by Smith in 1979. Smith has a fourth engine on display in the California Railroad Museum in Sacramento.

I have a fascination with trains," said Smith, who worked for the Southern Pacific Railroad while attending Cal Poly.

Chugging along the Santa Cruz coastline, historic locomotives may be restored by students at Cal Poly's Swanton Ranch.
Kerry Yamada has been appointed the new director of the Health and Psychological Services at Cal Poly. This appointment was effective July 1st.

Yamada has been the director of Psychological Services at Cal Poly since 1981, but with the combination of the Health Center and Counseling Services he will now be overseeing both.

His appointment came about because of the merger of the Health Center and Psychological Services due to anticipated budget constraints and the upcoming retirement of Health Center Director James Nash in September.

Nash's position as Medical Director of the Health Center was eliminated due to the merger. Nash was given the choice to retire or take a position in management or as a physician.

Yamada didn't start out with a desire to go into psychology or health services. In fact, he got his bachelor's degree in Business Administration with emphasis in accounting from the University of South Dakota. However, his first job after college was as a high school music teacher.

He taught instrumental and vocal music for seven years in South Dakota and Minnesota. He had minored in music in college. Yamada said he always had an interest in music.

"I came from a relatively musical family," Yamada said. "They play by ear, I was more of a visual, simianas in the field, but we do a lot of singing, that sort of thing." Yamada also has a long time interest in psychology. But it wasn't until he was teaching that he began thinking about it as a career.

He was encouraged by friends to get his master's degree in psychology. He then quit his teaching job and went back to the University of South Dakota.

After completing his degree he worked as a psychologist at a State Hospital in South Dakota. There his boss encouraged him to get his doctorate.

"In all this sort of happened, you know. People encouraging you to do one thing or the other and there are a series of opportunities and obstacles," Yamada said. "And I try to avoid obstacles and when an opportunity would come up, then I would pursue it." After receiving his doctorate from Ottawa University in Canada he worked in a variety of jobs, such as clinical, psychiatric agencies and hospitals.

"I was trained to be a therapist, essentially, but because of my background, I opened some doors for me to get into administration and management," Yamada said.

Before coming to Cal Poly, he was the director of the Behavioral Therapy Unit and Counseling Center at UCLA for six years.

"Since I am basically a small town boy, I had a hard time living in a large city," Yamada said of his decision to leave UCLA.

Yamada stressed the importance of his experience and background in helping to make the decision of his appointment to director of the Health and Psychological Services.

"And again, because of my background in dealing with health issues and psychological issues, it made it possible for this merger to occur," Yamada said. "The pieces kind of fell into place."

Yamada hasn't given up his interest in music, despite his administrative career.

"One of my ambitions is to learn to play the clarinet," he said. "My wife bought me one for my birthday, and I've been trying to play it ever since, but I'd like to take lessons."

Yamada would also like to learn Japanese, a language he learned in Hawaii where he was born and raised.

"My whole family speaks it fluently and I can't understand obstacles and when an opportunity would come up, then I would pursue it."

Kerry Yamada is the new director of the Health Center, which has merged with Counseling Services.
Program teaches self-defense skills and confidence

By Ann Garrett

A Cal Poly student jogging alone in Perforco Canyon, San Luis Obispo was attacked by three men and raped in February 1986.

"After the attack, I could not sleep by myself," Maris Knight, a human development senior, said. "I could not go out running or walking by myself."

Knight enrolled in Model Mugging, a self-defense and empowerment course, approximately seven months after the attack.

"About two weeks after the class began was the first time I went out running or that my body would know confident that if something happened I would know what to do," she said. "I actually spent nights by myself.

"The main thing was I felt confident that if something happened I would know what to do, or that my body would know what to do."

The Model Mugging program is a full-contact, self-defense course, which includes emotional support and confidentiality, said Mary Tesoro, a director of the program in San Luis Obispo.

"The empowerment learned in Model Mugging provides women with the ability to keep themselves safe instead of being afraid of all of the human race," a human development senior, said. "It gave them the ability to choose. It is hard to feel powerful and be afraid of all of the human race."

During the training sessions, women are attacked by people in heavily-padded suits, said Tesoro.

"They are mugged more slowly until they learn what it feels like to deliver a knockout blow," she said. "As they gain in skill, the mugging is faster. It bypasses the mind after a while until bodies learn to deliver knockout blows."

Tesoro pointed out that the program does not focus on male dominance.

"Our society is set up for men to dominate females, but it is also set up to oppress males," she said. "The program focuses on internal empowerment as opposed to external empowerment."

Many people who have gone through the class say it helped them to regain their sense of self-confidence.

"When I came into the class, I was scared to death of men, and I hated all men," Knight said. "He changed that point of view to accepting men and realizing that there are good and bad men out there."

Knight said that the program has helped her accept her own judgments. She said that in the past, "If what somebody was doing was upsetting me, I would just sort of put up with it, whereas now I do not put up with it."

Carole Lewis, a Poly nutritional science junior entered the program to learn how to defend herself.

"I am a lot more assertive," she said. "Man or woman, I do not let people walk on me like I used to. I am more aware of my rights, just as a human being, not as a woman."

The Model Mugging program works with men also.

"A lot of men have been sexually assaulted," Lewis said. She said the program's philosophy is directed toward people being whole.

"For women, claiming their bodies is very, very important," she said. "For men, sometimes it is claiming their emotions as well."

"There are requests for Model Mugging from all over the world," Tesoro said. "In San Luis Obispo we have one of the most complete programs in the country."

The Model Muggling technique originated in 1972 by a karate black belt, Matt Thomas, according to an article by Tesoro published in May 1986.

After the brutal rape of a female-black student and the subsequent rape and beating of his girlfriend, Thomas felt women needed to learn self-defense courses within a very short time span. He designed a self-defense course based on methods most often used by men to attack women.

The program's success rate speaks for its effectiveness. Tesoro said that approximately 8,000 people have completed the course. She said that about 50 graduates have been physically attacked, and 48 knocked out or disabled their assailants up to eight years after completion.

Also, hundreds of graduates have stopped attacks before physical contact. Courses include single, unarmed-assailant defense, multi-armed weapons defense, multi-weapons-defense courses for women.

Men's and couples' courses are also offered. Children's courses are not yet available in this area. A course lasts 27 to 30 hours and costs $650. Tesoro said the first place Model Mugging was taught locally was at Cal Poly, in January 1987. Presently classes are held at the Martial Arts Center.

She said for every hour spent by a student outside of class, 30 hours are spent on that student outside of class by other people. She said it takes several years to train a good instructor, and that there is counseling and other kinds of consultation involved.

"I put on a lot of weight," she said. "In martial arts, you can train for 20 years and not reach the same level of physical ability."

TAXES

From page 3.

"People come in expecting to pay 65 cents for a cake and end up paying 69 cents. Some people aren't ready for that and it creates a change problem," Carson said.

Carson said that there were problems distinguishing foods which were taxable. One example Carson gave was that a slice of cake is taxable while a whole cake is not. Similarly, unpopped popcorn is not taxed while popped popcorn is.

Sandwich Plant and other meal ticket operated on-campus dining complexes have not had things any easier.

While goods ordered from the campus meal ticket shop such as doughnuts and danishes are not taxed, Hostess products such as Ding-Dongs, Twinkies and Ho-Hos are taxed.

In addition, packaged chips, packaged cookies and soft drinks are taxed.

Jeanette Hull, Sandwich Plant supervisor, said there are problems in more than one area.

"We had to re-program the cash registers ourselves and we only have so many keys," Hull said. "Also, people are used to bringing in exact change and there have been some problems adjusting to that."

Customers, however, haven't been the major problem with the new taxes.

After buying a bag of chips at Sandwich Plant, an electrical engineering senior Dan Robertson did not have any major complaints.

"The tax kind of threw me off, but it's only three or four cents and there's nothing the Sandwich Plant can do about it," Robertson said. "I guess everyone will adjust pretty soon."

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"I feel a real challenge to run something like an academic-institution first and foremost, as a profit center," Greil said.

Greil is enthusiastic about the railroad project.

"I am delighted to work with my plan to turn Swanton Pacific Ranch into a transportation center," Greil said.

"And I enjoy working with the students on the projects."

Anyone interested in the Cal Poly Swanton Pacific History and Railroad Society can contact Mark Cooper at 756-2571.
’Regarding Henry’: almost good in spite of predictable plot and artificial emotions

By Peter Hartlaub
Staff Writer

You can look in your thesaurus, you can look in your dictionary, but when it comes down to it there is only one word in the human language that can describe Mike Nichols’ film, “Regarding Henry.”

Almost.

I was almost moved by this movie. I almost walked away from this movie ready to spend my life taking long walks on the beach and playing with puppies. I almost asked my doctor for a prescription for high amounts of estrogen in hopes that I too could become a sensitive guy like Henry.

Almost.

But not quite.

“Regarding Henry”, starring Harrison Ford and Annette Bening, is a well-acted, well-directed movie that is just a little short on entertainment when it all comes together.

Harrison Ford does an exceptional job as Henry. He convincingly plays a difficult character that changes abruptly midway through the movie. Much like Hoffman in “Rain Man” and DeNiro in “Awakenings,” Ford plays a physically handicapped person with believability that makes you forget he’s an actor.

Sometimes his slow limping gait makes him resemble a hairless sloth with hemorrhoids on crack, and that can be distracting, but his overall performance is credible.

Also a pleasure to watch is Bill Nunn, who adds to the movie as Henry’s dedicated physical therapist. Nunn appeared in several Spike Lee films and “New Jack City.”

A major problem with the movie is its identity crisis. It shifts from a hard-edged courtroom drama to a touching rehabilitation movie and then to a morally opinionated movie. All three identities are done well, if not a little too predictably, but the combination leaves the viewer confused.

Unfortunately, Paramount Pictures Co. does not have this respect for you. If you have seen a commercial for the movie or a preview, you’ve basically seen the entire movie. That fact added to the predictability and greatly cut down my enjoyment while seeing this film.

Probably the clincher that ruined this movie of high potential was the ending. There is nothing wrong with a film like “Regarding Henry” trying to be sugary. Films that play with your emotions can be entertaining to even the most insensitive souls. “Field of Dreams,” and “Dead Poets Society” are two recent examples of this. Unlike these movies, however, I had no doubt at any point during “Regarding Henry” that my emotions were being toyed with.

In this way, “Regarding Henry” was less like sugar and more like Nutrasweet. It looked like sugar and tasted sort of sweet but in the end I knew it wasn’t real, and I almost vomited.

Almost.

Truly good movies shouldn’t make a person want to vomit.

“Regarding Henry” almost entertained me but ended up making me sad that I just missed seeing a movie that could have been great.

Harrison Ford and Annette Bening play a couple who, because of Ford’s accident, have another chance at their marriage.
Sick of chicken, tired of turkey, try a meal of a different feather

— Jane Phillips

By Jane Phillips

As you walk up to their pens, Mr. Chips, Quasar and Xanthus immediately come over, group together and inspect you with their huge eyes.

The curious ostriches live well in the hot, dusty climate near Pozo.

The three baby chicks rest in a pen outside under a tree to absorb some sunlight, their main source of vitamin D.

These little guys weigh between four to six pounds and look like brown, fuzzy Q tips.

Veterinarian James E. Aarons and his wife Mary have owned and run their ostrich ranch, Shadowmore Farms, in Creston since 1989.

Ostriches, the largest birds in the world, are now being raised in the United States to provide a healthier alternative to red meat.

They are considerably less expensive to raise than cattle.

Ostrich meat is dark and taste much like beef and is lower in calories than chicken, turkey and lean beef. Mary Aarons said.

Adult ostriches have tremendous strength and have been known to push new sections of fence back to the original boundaries of the pen, she said.

They prefer the cooler temperatures in their habitats and they'll map their beaks to show you that they don't approve, she said.

By taking some of the ostriches to local fairs this summer, she said it is trying to sensitize people to the opportunities involved in raising ostriches as an alternative to cattle.

"Usually there are some farmers who look really skeptical and stand back with their hands in their back pockets and ask a lot of questions," she said. "But once they see me and my assistant, who is small, moving or handling the animals easily, they begin to show some interest."

"Ostriches have a relatively low feed-to-gain ratio," she said. "For every 1.7 pounds of feed, they gain one pound of weight."

We sell our birds at two months of age, to people who want to start raising ostriches.

— Mary Aarons, Shadowmore Farms

"We sell our birds at three months of age, mostly to other breeders or to people who want to start raising ostriches," she said.

Three-month-olds sell for around $3,000 and unrelated pair, about $5,500.

Adults can weigh from 300 to 400 pounds.

"At about one-and-a-half-years of age, a cow can have one calf a year as compared with barn hens who, at two years of age, begin laying an average of 12 eggs per year and can continue laying for 25 to 40 years," she said.

Adult male ostriches are ready to breed at about two to three years of age and change color somewhat during the breeding season.

The beaks and front of the legs of the African Black and the Bluenecked males, the two other breeds, turn bright pink during breeding season and the Bluenecks have a pink halo around their eyes.

"Ostriches have a relatively slow breeding season and the eggs are infertile," she said.

"With the number of eggs each hen can lay per year, even if we start raising all the eggs that are produced, that would still be a tremendous rate of growth of the total ostrich population," she said.

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