Cal Poly students create kayak for disabled users

Amanda Sedo
AMANDASEDO.MIUT@GMAIL.COM

Bryan Gingg, who suffers from quadriplegia, kayaked through Morro Bay last Friday.

Gingg’s adventure was made possible due to the launch of a new and improved SoloQuad kayak — a motorized kayak that responds to a sip and puff system or joystick as a control mechanism.

Kevin Taylor, head of the adaptive paddling program at Cal Poly, developed the idea for the SoloQuad project. He said in an email that the first SoloQuad kayak was developed in 2008 but the control mechanism failed, causing Gingg to be towed back to shore.

This time, however, that was not the case.

Kevin Bezerra, a kinesiology senior, said the launch was a complete success this time around.

"The sip and puff mechanism worked without a hitch; there was no overheating of the motor," he said. "It went about as well as you could hope for."

Bezerra said the sip and puff system consists of a straw, which can be used to control the kayak through breathing.

"A person can control and steer the boat through the straw based on puffing or sipping air," he said. "For example, a short puff would move the boat forward."

Bezerra works alongside Taylor, and is also a part of the team who successfully got Gingg out on the water.

"This was a great opportunity to allow someone to go out and do something that they have been told they could not do," Bezerra said. "In some ways we were pretty much doing a better job."
It gives the user personal control.
To be able to give someone control back is the greatest gift that we can give them.

— Roem Tourn
Computer engineering senior

There's a heat sensor and a display board showing what directions it has been given. And the prior team didn't make anything waterproof, so this team went in and got that done," Tourn said.

"It is not published quite yet but out hope is to have it available sometime after summer," Tourn said.

Watson said having open source code is another way the adaptive paddling program can change more lives.

"The fact that people around the world will be able to download the information means that there is the potential for more of them to be built," Watson said. "That way Bryan's life won't be the only life that is changed — we can help more people."

Bezerza said the launch of the SoloQuad will eventually be open source so that everyone can download it, Tourn said.

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Bezerza said the launch of the SoloQuad will not only change the lives of the participants, but also the lives of those around them as well.

"If you asked people, they wouldn't think it was possible or a good idea for someone with quadriplegia to be out on the water on their own," Bezerza said. "With innovations like the SoloQuad, we can start breaking misconceptions."

KCPR
continued from page 1

mat shows on Saturday afternoons, and enjoys the musical freedom.

"I pretty much play whatever I want plus new stuff," Fraser said.

Genre format, or the other hand, are shows that adhere to specific themes, such as "Lo-Fi, Hi Five!" or "Musica Americana."

"My Eurotrash show is basically trying to promote dirty dancing and tips for how to pick up ladies at a dance club," Bravo said.

between genre and regular format, KCPR is able to fill almost all its airtime with live disc jockeying. Only several programs are pre-recorded broadcasts of shows such as "Democracy Now."

Out of the box

KCPR's mission now is to take the 24/7 programming to new audiences, said Steven Ramsey, the co-general manager.

"Before, we had this idea of being like a box transmitting out to the world, but now we want to bring people into the box," Ramsey said.

KCPR is bringing people in by first heading out and becoming more active in the community. The station has decided to establish local newscasts to supplement its music by advertising for a news director.

They've also begun a public relations campaign, with promotions like Palm Wednesdays, in which students can receive a discount on movie tickets at The Palm Theatre simply by mentioning KCPR at the window.

Finally, they've established a booth at Farmers' Market on Thursday nights.

Directly across from the perpetually long F. McClintock line, KCPR DJs stand at a booth passing out program schedules, free CDs and records to anyone who stops by. The albums are ones that have been listened to and ultimately rejected by the staff, and are now used as promotional material.

Though there are plenty of people out at Farmers' Market, only a few stop to see what is at the new booth.

Out of the throngs of people, one man drifts up to the table and examines the sign.

"Does Weird Al ever come by and say hi?" the man asked.

Andreas, who helps man the booth, said Weird Al may have in the past, but he has never personally met the former KCPR DJ.

Privately, Andreas and Ramsey said the station is trying to distance itself a little from its most famous DJ.

Indeed, it would like to stand on the merits of its programming, a predominantly alternative music-based fare.

"Our focus is independent music as an alternative to what else is on the radio," Ramsey said.

And for now, that programming continues around the clock.

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Lisa Mascaro
TRIBUNE WASHINGTON BUREAU

Congress headed toward approval of a four-year extension of expiring provisions of the Patriot Act after the Senate voted overwhelmingly Monday to advance the anti-terrorism law over the objections of a coalition of conservatives and liberals.

Because of strong support from the Obama administration, a bipartisan majority in both the House and Senate is expected to ensure passage this week, preventing a lapse of the federal enforcement powers. The Senate is expected to ensure passage of the extension after conservatives in the House and Senate headed toward approval of a coalition of some moderates and liberals.

The law has troubled civil libertarians and conservatives since its enactment after the Sept. 11 attacks. "We cannot give up our liberty. If we do, if we trade it for security, we'll have neither," Paul said.

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"This is a time when our vigilance must be heightened," Feinstein said.

Sen. Rand Paul, R-Ky., led opposition on the Senate floor Monday, arguing that the act allows the federal government to peer too deeply into Americans' private lives. He questioned the wisdom of trading privacy for national security. "We cannot give up our liberty. If we do, if we trade it for security, we'll have neither," Paul said.

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The sections of the law expiring Friday include the so-called roving wiretap provision, which allows investigators to continue eavesdropping even when a suspect switches phones. Another section allows authorities to conduct broad personal records investigations, a provision that has become known as the library records provision. And a so-called lone-wolf provision allows the government to track foreign terror suspects even if they are not linked to a known terrorist group.

In all cases, a court order is required for monitoring. Congress struggled earlier this year to approve even a brief extension after conservatives in the House, including freshman lawmakers aligned with the tea party, mounted a surprise opposition to the measure.

House GOP leaders said they are confident the bill will pass. The Senate voted 74-28 Monday to advance the bill, with four Democrats, three Republicans and independent Sen. Bernard Sanders of Vermont opposed. A final Senate vote expected later in the week.

Several senators are seeking to amend the bill, and a bipartisan amendment from Paul and Sen. Patrick Leahy, D-Vt., would impose limitations and oversight.
Missouri town residents picking up the pieces after violent tornado

On Sunday evening a tornado roared through Joplin, Mo., leaving 116 dead and a trail of devastation in its wake. Residents are now trying to rebuild their lives, with the assistance of the Federal Emergency Management Agency (FEMA).

The apocalyptic after-images were depressingly familiar, reminiscent of those from the April tornadoes in the South: rubble as far as the eye could see, cars buried under pieces of houses, trees wrenched from the ground with their huge roots reaching toward the sky, columns of smoke rising from gas fires, emergency vehicles with their lights flashing.

And everywhere, people stunned by nature's violence mourned their losses, counseled their blessings and told their harrowing stories.

The May 22 tornado, which touched down in Joplin, Mo., was the strongest tornado since 1953, when 116 were killed in Flint, Mich. It was rated F-4 on the Fujita scale, one step below the Fujita scale, one step below the strongest tornado. The tornado tore the roof off the Joplin hospital, where a helicopter had been blown off the roof, and the hospital was cleaning floors at the Greenbrier Nursing Home when he heard a "code red" announcement on the intercom. About a dozen staff members tried to gather the 83 patients into the central hall, since the house had no basement.

The tornado tore the roof off the nursing home. Simonds saw cars being tossed around overhead. "Everybody was praying, you could hear people praying, 'Please God, don't kill me,'" he said. Then, the glass-plated front of the building burst. "It just sucked everybody out," said Simonds, who was able to duck into a closet-sized room with a few other people, including a man in a wheelchair. When he left to find help, he had to pick his way past decapitated bodies. And there was no help to be found. All the buildings he passed were destroyed. "I didn't think anybody was alive." Behind the nursing home, a Catholic church was destroyed. All that stood was a cross. All around Joplin, families reunited gratefully, still puzzling over their fates and those of others less fortunate.

Melissa Clark and Richard Slimp, both 26, took refuge with their four children and six neighbors in the basement of their white clapboard house. When the tornado passed, they emerged to find their house seemingly intact, except for the windows. But Monday afternoon, torrential rain poured through the roof. "Every one of our walls look like we mowed in here," waving at the mud and grass and debris surreally caking the vertical surfaces.

David Uter, 26, was driving with his wife, and two children when the tornado touched down. "The rain started going sideways, and it lifted us up and pushed us into the oncoming line," Uter said. They were unhurt; their van was untouched. "I've lived here my whole life," he said, "and I no longer recognize where I am."

Everybody was praying, you could hear people praying, 'Please God, don't kill me.'

— Zach Simonds
Joplin resident

They didn't know what happened to their families, and yet they were focused 190 percent on keeping people alive.

— Dr. Jason Peroff
Florida internist and storm chaser

The National Weather Service said Monday that the Joplin tornado, with winds as high as 198 mph, was the deadliest single tornado since 1953, when 116 were killed in Flint, Mich. It was rated F-4 on the Fujita scale, one step below the strongest tornado.

The weather service agency also said more than 100 tornadoes have occurred in May, which is the most active month for tornadoes. The May record of 542 tornadoes was set in 2003.

On Sunday evening a tornado roared through Joplin, Mo., leaving 116 dead and a trail of devastation in its wake. Residents are now trying to rebuild their lives, with the assistance of the Federal Emergency Management Agency (FEMA).

Dr. Jason Peroff, a Florida internist and storm chaser, had been in southeast Kansas on Sunday with his storm-chasing partner when they realized they were seeing something huge. "This storm will do incredible things," Peroff remembered thinking.

But as they headed into Missouri, they tuned on the radio that a "debris ball" had been spotted on radar — a mass of material torn from the ground, carried along by the turbulence. Peroff's excitement turned to terror. He pulled off the highway into Joplin and closed several semi trucks.

He flagged down an emergency worker and got directions to the nearest functioning hospital, where he and his friend helped treat patients all night, around the dedication of the hospital staff.

"They didn't know what happened to their families," Peroff said, "and yet they were focused 190 percent on keeping people alive." A few blocks from St. John's Hospital, where a helicopter had been blown off the roof, Zach Simonds was cleaning floors at the Greenbrier Nursing Home when he heard a "code red" announcement on the intercom. About a dozen staff members tried to gather the 83 patients into the central hall, since the house had no basement.

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When the tornado hit, Staci Perry, a scrubs technician at St. John's Regional Medical Center, had just left the operating room to grab a piece of equipment for a surgery in progress. An urgent announcement came over the loudspeaker: "Evacuate condition gray." That was the hospital's code for an impending disaster, though in drills, the command was always preceded by "Prepare for condition gray." But as they headed into Missouri, they tuned on the radio that a "debris ball" had been spotted on radar — a mass of material torn from the ground, carried along by the turbulence. Persoff's excitement turned to terror. He pulled off the highway into Joplin and closed several semi trucks.

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And everywhere, people stunned by nature's violence mourned their losses, counseled their blessings and told their harrowing stories.

In torrential rain, lightning and heavy winds, rescuers went door-to-door on Monday, gingerly avoiding debris and downed power lines that ignited fires fueled by leaking gas. They pulled seven survivors from the rubble, officials said.

Joplin officials said that more than 2,000 structures were ripped apart and whole neighborhoods were obliterated. Power remained out on Monday on most of the city's west side. Residents were advised to boil water.

"We still believe there are people to be saved in the rubble," said Missouri Gov. Jay Nixon, who deployed about 140 National Guard troops to help with the rescue.

President Barack Obama, visiting Ireland, expressed his condolences in a telephone call to Nixon. The Federal Emergency Management Agency Administrator Craig Fugate was on
California ordered by Supreme Court to solve prison overcrowding problem

Michael Doyle
MCCLATCHY NEWSPAPERS

A closely divided Supreme Court on Monday cited "serious constitutional violations" in California's overcrowded prisons and ordered the state to abide by aggressive plans to fix the problem.

In a decision closely watched by other states, the court concluded by a margin of 5-4 that the prison overcrowding violated constitutional protections against cruel and unusual punishment.

Pointedly, the court rejected the state's bid for more time and leeway.

"The violations have persisted for years," Justice Anthony Kennedy wrote for the majority. "They remain uncorrected." The court agreed that a prisoner-release plan devised by a three-judge panel is necessary to alleviate the overcrowding. The court also upheld the two-year deadline imposed by the panel.

"For years, the medical and mental health care provided by California's prisons has fallen short of minimum constitutional requirements and has failed to meet prisoners' basic health needs," Kennedy wrote.

Driving the point home, the court's majority made the highly unprecedented move of illustrating the decision with stark black-and-white photographs of a jam-packed room at one state prison and cages at another. The court cited, as well, particularly vivid examples of what has happened to inmates as a result of the overcrowding.

"A psychiatric expert reported observing an inmate who had been held in ... a cage for nearly 24 hours, standing in a pool of his own urine, unresponsive and nearly catatonic," Kennedy recounted in one of several similar examples. Attorneys for the inmates praised the court's action.

"This landmark decision will not only help prevent prisoners from dying of malpractice and neglect, but it will also make the prisons safer for the staff, improve public safety and save the taxpayers billions of dollars," declared Donald Specter, the director of the nonprofit Prison Law Office.

Conservative dissenters, in turn, warned that dire consequences will result from the plan, with Justice Antonin Scalia calling the decision a "radical" one that will force the release of a "staggering number" of felons who might start preying again.

"I fear that today's decision, like prior prisoner release orders, will lead to a grim roster of victims," Justice Samuel Alito added.

The court's decision fell along the conventional ideological lines, with Chief Justice John Roberts Jr. and Justice Clarence Thomas joining in the conservative dissent. Justices Ruth Bader Ginsburg, Stephen Breyer, Sonia Sotomayor and Elena Kagan helping Kennedy form the majority.

Reducing overcrowding doesn't necessarily mean that thousands of inmates will be let loose. Alternatives include transferring some to other jurisdictions, diverting nonviolent inmates to jails and forming parole so that fewer violators are returned to prison.

"I will take all steps necessary to protect public safety," California Gov. Jerry Brown said in a statement, adding that "null and constitutionally guaranteed funding" now must be secured to solve the prison overcrowding problem.

Last month, Brown signed a bill that would shift to counties the responsibility for incarcerating many low-risk inmates.

Up to 30,000 state prison inmates could be transferred to various county jails over three years, under the bill.

First, however, California state officials must agree on a way to pay for it.
Jennifer Coolidge brings sassy act to Cal Poly

Sarah Parr
SARAHPARR.ME@GMAIL.COM

Stifler's mom seduced again — but this time, she seduced Cal Poly.

Jennifer Coolidge, known for her roles as Stifler's mom in "American Pie" and manicurist Paulette in "Legally Blonde," brought her boldness and raunchiness to Chumash Auditorium May 20.

Coolidge has starred in more than 80 titles, including "Epic Movie," "Date Movie," "Click" and "Best in Show." She currently plays Betty in "The Secret Life of the American Teenager" on ABC Family.

Coolidge danced on to the stage wearing a lacey mini-dress with a plunging neckline, and silver, glit­tery stilettos. She began her hour and a half stand-up routine with jokes about the end of the world supposedly occurring the next day, May 21.

"The coolest thing about why I get to be here is because the world is ending tomorrow," she said about being in the so-called happiest town in America. "I just couldn't imagine running from a mushroom cloud in this dress."

Unfortunately, she joked, the role was cut because she spoiled the whole plot of the film when Heath Ledger and Jake Gyllenhaal first walked into the bar.

"Hey, you two are cocklovers!" she said she shouted in the axed scene from the film.

Although she claimed she almost had the part in "Brokeback Mountain," she said she still didn't enjoy the film because it was obvious that a straight man made it.

"No gay director would have had the ass-loving scene right after the bean-eating scene," she said.

She also expressed doubt toward the entertainment industry in general.

"My biggest complaint is how full of shit everyone is," she said.

When Coolidge saw actress Sophia Loren tell Oprah she merely used rosewater to attain her youthful look, she said "I wanna get some of that rosewater because it has stitches in it."

Unfortunately, she joked, the role was cut because she spoiled the whole plot of the film when Heath Ledger and Jake Gyllenhaal first walked into the bar.

"She got me through a horrendous time," she said.

She told a story about her naiveté with men, especially the time she caught her ex-boyfriend having sex with her skinny neighbor and believed him when he said he thought he was getting it on with Coolidge.

Her ex-boyfriend said he had a condition called "faceblindness" — in which he had trouble identifying faces. She said she believed him, and ended up creating a "faceblindness" awareness campaign for him.

Later on, Coolidge and he broke up. Miserable and consuming mass amounts of fatty foods, Coolidge said she saw Cruz on Oprah with actor Daniel Day Lewis promoting "In the Name of the Father" and thought, "I'm not going to do that."

Instead, Coolidge took men up on their offers and paid off her credit card debt.

"I was done," she said.

To refresh the audience's memory, she listed all the roles she's been in, including small roles that no one caught, such as a bartender in "Brokeback Mountain." She was told to improvise her role since she said she's good at it.

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Who needs sleep? How to make time for a good night's sleep in college

Erik Hansen is a graduate student pursuing a Master of Public Policy and the "When I Was a Mustang..." column.

Many of us have tested the bounds of sleep deprivation this past year. It always seems like there is never enough time in the day to squeeze in class, work, homework, studying, reading, exercise and a social life - let alone getting a full eight hours of sleep. Every day ends up being a test of one's time management skills and endurance.

As you start getting to bed later and later, and the amount of sleep you get becomes less and less, it's not just your 8 a.m. physics class that suffers - eventually your mind and body will follow. To make matters worse, some of you might begin feeling the added effects of stress as we wrap up the school year and head into finals.

According to Dr. William Dement of the Stanford University School of Medicine, the average college student needs approximately eight hours of sleep each night, but University of Illinois McKinley Health Center states that college students obtain an average of only six hours of sleep per night. As such, many college students are experiencing the effects of sleep deprivation, creating what Dr. Dement calls "sleep debts." A 2007 article in "USA Today" summarized the findings of a St. Lawrence University study on sleep deprivation, which found that sleep deprivation can significantly impair a college student's academic and athletic performance. Also, in December 2010, the UK's "Independent" reported that when researchers showed people photographs of the faces of volunteers who had been deprived of sleep, the volunteers were found to be less healthy-looking and less attractive than photographs of the same volunteers when they were well-rested.

It's not that you don't have time to go to sleep, according to WeMd, short-term sleep deprivation can result in decreased performance and alertness, memory and cognitive impairment and an overall reduction in one's quality of life. Long-term sleep deprivation can also result in high blood pressure, obesity, psychiatric problems and mental impairment.

To perform at your best, and for those who routinely lack adequate amounts of sleep, try 1) making more time for sleep and 2) making the most of your sleep: emphasis on the word "making."

To help, the following tips have been compiled from, or are inspired by, the websites of the various "sleep institutes," which specialize in addressing sleep disorders.

Making more time for sleep

Get stuff done earlier: Take inventory of the activities that are keeping you up late at night. This could include activities such as homework, household chores and/or emailing friends and family. Now, take this list of activities and schedule them for earlier in the day.

Stop procrastinating: Rescheduling those activities that keep you up late at night for earlier in the day can help address procrastination. People tend to put off activities that don't excite them, and/or which are boring or mundane. Whether it's delaying finishing a paper, or ignoring a sink full of dirty dishes, the task isn't going to complete itself. There's no such thing as a magic bullet for procrastination other than rationalizing the short- and long-term benefits and consequences of completing tasks in an efficient and timely manner.

Schedule your bed time: While you're rescheduling those activities that keep you up late at night, also try scheduling a time by when you'll be in bed. Realize though that scheduling is the easy part; sticking to your schedule is the hard part.

Making the most of your sleep

Transition to bed: If you do schedule a time by when you'll be in bed, try to also set aside an hour right before for you to "transition." This means creating a time period when you don't do anything physically or emotionally taxing.

Limit/eliminate your stress: Everyone handles stress differently. Meditation, music, reading and video games are just a few examples of activities people use to deal with stress. These types of activities are also appropriate for that time period during which you're transitioning to bed.

Tune the atmosphere: Control the climate, increase the darkness and decrease the noise. Eye shades and earplugs are two cheap and easy ways to positively modify your environment and help you fall asleep more quickly.

Cut the caffeine: In the morning, try to limit your caffeine intake to a healthy level — typically less than 500 to 600 milligrams, or approximately three cups of drip coffee. As the day goes on, try to avoid caffeine in the afternoon and evening — this also means avoiding some sodas, teas and chocolate. With a half-life of approximately five hours, this will allow your body to process the caffeine in your system by the time you head to bed.

Get your drinking in early: If you're going to drink, try drinking earlier in the evening as your body has enough time to metabolize all of the alcohol in your system by the time you head to bed. As a general rule of thumb, your body is able to metabolize one drink — or half an ounce of pure alcohol — every hour; that's one beer, five ounces of wine or one shot. If you plan on being in bed no later — or earlier — than 10 p.m., having two drinks with dinner is fine, so long as you wrap up your drinking by 8 p.m.

Exercise: Not only does exercise exhaust your body, but it can also help your body better manage stress. However, similar to caffeine and alcohol, try to exercise earlier in the day or evening, finishing your workout at least two hours before you plan on being in bed. This will give your heart plenty of time to slow down, your body plenty of time to cool off and your mind plenty of time to come down from the adrenaline surge.

Don't go to bed too hungry or too full: Slacking that happy medium isn't as hard to do as it may seem. By not skipping dinner, but not eating after 8 p.m., you can prevent your stomach from keeping you up at night.
Asparagus: the speediest veggie

Asparagus; the speediest veggie we want everything to be accommodated at the rapid production pace we are waiting for a crop to finally be ready to harvest, but if we are patient, there is one veggie that seeks to catch up and keep up with their extremely quick growth rates— the rate at which starches convert to sugar content, and a much fatter texture. This variety also has higher levels of anthocyanins (helpful antioxidants). After purchasing comes storing the asparagus. The truth is, storing asparagus is not highly recommended. Along with their extremely quick growth rates, these veggies have high respiration rates—the rate at which starches are broken down to sugars due to the plant’s intake of oxygen after being harvested. For the best quality it is important to consume these vegetables within 48 hours of purchase. To maintain the best quality within those 48 hours of storage, you can either wrap a damp paper towel around the bottom of the stalks, or place them upright in 1 to 2 inches of water. One of the major health benefits asparagus has is its excellent source of folacin (folate). This is the natural form of vitamin B9 found primarily in leafy green vegetables as well as the stalks of asparagus as they recognize the synthetic form, folic acid. Folacin, a member of the B-complex vitamins, is an essential element in supporting the growth and formation of red blood cells as well as skin cells within our body. Folacin is also a key factor in pregnancy, protecting the baby from harmful neural tube defects such as spina bifida. With graduation just around the corner and multitudes of celebrations coming up, you will need a quick and easy appetizer, but don’t cut out and just grab boxed snacks. Impress all your friends by providing a delicious, healthy and elegant asparagus appetizer. Not to mention you can look rather insightful when you inform them that the use of asparagus was your attempt at a symbolic gesture—after years of patiently waiting (in classes and underground), your parents and the friends of the asparagus are now ready for the fast-paced growth of the workplace set before them.

HINT: This member of the Rose family has a whole museum dedicated to it in Belgium.

Prosciutto-Wrapped Asparagus
250 g asparagus
8 to 10 slices of prosciutto
Fresh peeled and sliced garlic
Fresh lemon

Directions
Cut the asparagus into 3 to 4 pieces and wrap one-half strip prosciutto around each asparagus spear leaving the tip and end exposed. Lay on a double sheet with sides. Season to taste with pepper and salt. Bake at a preheated 400-degree Fahrenheit for 20 to 25 minutes, or until prosciutto is cooked. Serve warm or at room temperature.

Line for the meet-and-greet was able to either ask for an autograph, or take a picture with Coolidge.

Coolidge continued from page 6

ing their movie “Nine.” Cruz told Oprah Lewis was the funniest man, even though most people, including Lewis himself, wouldn’t agree with her. “She tells shit to men they’re never heard, but desperately want to believe,” Coolidge said. Thus, Coolidge said it’s been a PC. (Penelope Cruz) year since that moment of enlightenment. In order to keep a man around, she said she must lie to him: “Your dick is way too big for me to ever want to marry you.” Throughout the show, Coolidge commented on how “civilized” and proper Cal Poly was when she made obscene jokes. “I should’ve ended up at a school like this—I would’ve had a husband,” the later said at a sit-down talk with the student media. Some audience members, including mechanical engineering senior Shelley Dangour thought parts of the act were vulgar, but still enjoyed the show. “I thought their material was really entertaining and relevant to today,” Dangour said. “I’m not a big fan of drug or sex references, but those topics were not the main focus of the show.” Dangour said Coolidge did an “amazing job,” especially when she made fun of Jennifer Lopez’s song “On the Floor”—dancing and singing to it both at the beginning and end of her act. After her stand-up performance, a meet-and-greet session was held for the audience. Everyone in the audience was able to either ask for an autograph or take a picture with Coolidge.

Coolidge, although her name isn’t instantly recognizable. “With her, there’s a lot of facial recognition,” Hackney said. “People may not know her name, but they know her as Stifler’s mom from American Pie” or from ‘Legally Blonde.”

Wine and viticulture junior Marissa Monarrez said at first she didn’t know who Coolidge was by her name only. Although Monarrez was at the event for the meet-and-greet, she said it was the most memorable part of the night. “After the meet-and-greet, being able to sit and talk with her was so personal,” Monarrez said. “To hear stories about her on the set of ‘American Pie’ or from ‘Legally Blonde’ and calling Reese Witherspoon by her first name is so personal to me. I don’t think I’ll ever get an opportunity like that with any other actor or actress.”

When the homeless men are beautiful, you know you’re in the right town.
Competitive human nature efficient tool of power

Eric Baldwin is an electrical engineering and Mustang Daily librarian columnist.

Violence and conquest have been used as tools for power for a long time, but they are, at least in their old roles, increasingly obsolete. New methods of obtaining power over people have been developed and they are far more effective.

Oppression is very much a "taking" form of power; it is when some one from over there comes over here, rough you up, and takes what you have. It tends to excite resentment and resistance, and it can't take what you don't have. It is limited.

"Giving" forms of power, however, are limited only by our capacity to want. Givers aren't alien to us; they are an intimate aspect of our daily lives. Rather than take what we possess, they provide what we lack; engendering gratitude, approval and hunger for more. Companies, governments and entire societies maintain and expand power over people by engineering their perception of needs, of rights and of "the good life." People's behaviors are determined by their perceived needs, and those perceptions are easily engineered. To engineer perceptions is to direct behavior.

It is difficult to express the extent to which our perceptions are engineered because it is pervasive and we have no baseline against which it may be measured, but examples are easy to find; commercial advertising is the easiest example to identify. Advertisements don't just present products, they create problems which their products solve. How many people would notice the poor state of their hair if companies weren't so eager to correct it? If nobody noticed, would average hair actually be a problem? Everyone wants to be rich, or at least appear like it. Since money correlates to social status, wealthy people (or those who form the image of wealth) gravitate toward products and services that represent that status, which is known as a rich or rich-looking image. Because people are capable of honestly evaluating, we evaluate our politicians on the basis of wealth, not actions. Wealth guarantees, we evaluate our politicians on the basis of wealth, not actions. Wealth guarantees, we evaluate our politicians on the basis of wealth, not actions. Wealth guarantees, we evaluate our politicians on the basis of wealth, not actions. Wealth guarantees, we evaluate our politicians on the basis of wealth, not actions. Wealth guarantees, we evaluate our politicians on the basis of wealth, not actions. Wealth guarantees, we evaluate our politicians on the basis of wealth, not actions. Wealth guarantees, we evaluate our politicians on the basis of wealth, not actions. Wealth guarantees, we evaluate our politicians on the basis of wealth, not actions. Wealth guarantees, we evaluate our politicians on the basis of wealth, not actions. Wealth guarantees, we evaluate our politicians on the basis of wealth, not actions.
HELP WANTED

The Mustang Daily is hiring the following positions for the 2011-2012 school year:
• Section editors • Copy editors • Staff writers • Web editor • Design editors

If you are interested in any of the above positions please send a résumé and at least clips to kaytlynLeslie.md@gmail.com or drop off in the Mustang Daily newsroom, Graphic Arts Building 26 room 226. Job descriptions are available on MustangJOBS.

Cal Poly's student radio station KCPR 91.3 is looking for a News Director.

The News Director will lead and manage public affairs through the planning, production, and generating of news, and news operations along with managing news planning, reporting, editing, and production, while closely working with the Mustang Daily, and other facets of Cal Poly Journalism. Responsibility and understanding of news planning, reporting, editing and production.

All majors are encouraged to apply. Applications may be submitted to generalmanagers.kcpr@gmail.com or at KCPR on the third floor of the Graphic Arts Building (Bldg 26), Room 301.

MISCELLANEOUS

COME TO THE "THAT'S THE KEY" SPRING CONCERT
"That's The Key" is Cal Poly’s brand new a cappella group!
Come and enjoy a night of music and entertainment on either
(or both)
of their Spring Concert nights.
MAY 26th (THURSDAY) @ 6:30pm, 284 La Canada Drive, SLO
MAY 30th (MONDAY) @ 6:30pm, 22 Lepton locale
Tickets are $5- and doors open at 6pm!

NEXT MONTH
Tickets are $5- and doors open at 6pm!

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SUDOKU

ACROSS
1. Lap dog
5. Box tightens
9. Clarinet
13. Alkaline
14. Bellamy or Nader
15. Membrane's nanny
16. Theater compara­
tions, briefly
17. Mancurist's board
18. Codes —
19. Registers for
21. Objective
22. Lepton locals
23. Your follower
24. School perkxte
27. Grudgingly
admitted.
31. Frightens
33. Mephisto kid
36. Heavy hydrogen
38. Banish
39. Casseur's law
40. Quiz-show VIP
42. — kevin dr.
43. Horace's gates
44. German Industrial
47. Calculator key
48. Balance
50. Dainty dessert
(2 eds.)
52. Roast pig repeat
54. Humane org.
55. Ring the bell
58. Big tige. radish
59. Deepot
64. Jal.
69. —
71. "Fist Magic" artist
76. Roasted
78. No longer feral
79. Govt. credit
81. "King —"
72. Portrait
73. Round dwelling
74. "Maidens"

DOWN
1. Ceremonial fire
2. Neck and neck
3. Dirt part with
4. Bureaucratic
5. Mr. Houston
6. Skim
7. Taxing month
8. Couples
9. Strange truth
10. Those off heat
11. Baja snack
12. Pillow cover
13. Briefly
14. Drag
15. Paris street
16. School periods
17. Japanese
18. "Bad News"
19. "Bad News"
20. La Gala show
21. 37th President
22. Type of coffee
23. Fiber — cable
24. "The Maiden"

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STORE
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NOW I CAN KEEP
YOU WITH ME, LARRY...FOREVER...

When Bob the Tomato went bad, he went really bad.
Stow family expresses gratitude to Los Angeles Police Department

Ann Scow's (left) son, Bryan, remains in critical condition after he was beaten following a Giants-Dodgers game in Los Angeles on March 31.

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have somebody that can organize fundraising campaigns.”

On top of helping the program get endowed by alumni and supporters, the new coach will have to keep players on track with the school’s academic standards, Azevedo said.

“It’s a tough school,” he said. “Holding them accountable academically during the season is very tough when they’re working out twice a day.”

Junior Ryan DesRoches said Azevedo has had a knack for keeping the team in line school-wise.

“Azevedo knows how academic- ics work,” he said. “A lot of coaches, when they come in new, they don’t know how Cal Poly is. We want a coach that wants us to succeed in life as well as (in) wrestling.”

DesRoches also said he wants a leader with expectations as high as his own.

“I think that we could have at least three All-Americans (next year),” he said.

Nowackov, a returning senior, said he wants the new coach to be someone he can grapple with.

“I just hope that it can be somebody I can wrestle,” he said. “A younger coach that’s my weight.”

Nowackov also said he hopes whoever is chosen will carry on Azevedo’s ability to know the needs of individuals.

“(It’s important) to be on the same page as the team (and) know exactly what your athletes need,” he said. “I hope we find out soon; it’s been a long wait.”

Even students who are not on the team are anxious to see who fills the position.

Biomedical engineering junior Adam Altman wrestled all through- out high school and said he knew Azevedo by reputation long before coming to Cal Poly.

“His name just a wrestling coach,” Altman said. “He really does good at all the other stuff behind the scenes. It’s definitely going to be hard to replace him.”

**Cal Poly Mustangs**

Athletic and Academic Excellence

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**WEDNESDAY, MAY 25th**

9:00 am - 12:00 pm

Front of Mott Gym

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WWW.GOPOLY.COM
Oberhelman continues search for Azevedo's, Perry's replacement

We want a coach that wants us to succeed in life as well as (in) wrestling.

— Ryan DesRoches
Cal Poly junior wrestler

David Liebig
DATIVELBIG. GMAIL.COM

Cal Poly athletic director Don Oberhelman is just a few months into the job, but he may soon make his first big move since coming to campus: finding a successor to wrestling head coach John Azevedo and co-head coach Mark Perry.

Azevedo, whose name within wrestling circles is synonymous with knowledge and experience, announced earlier this year that the 2011 season would be his last, after 10 years of building the team up to one of the school's most prominent programs.

Primarily under Perry's watch last season, the Mustangs had one of their best seasons to date. They went 9-2 overall and 4-2 in the Pac-10, and sent Boris Novachkov to the NCAA Championship match in the 141-lb. weight class.

That was one of the main reasons, following Azevedo's retirement, Perry was expected to take over. However, Perry accepted a coaching job at the University of Illinois, leaving Cal Poly wrestling momentarily without a leader to pick up where the promising team left off this year.

Oberhelman said this was an unexpected double whammy.

"Azevedo did a great job here for a long time," he said. "It's kind of the perfect storm that he retires (and) at the same time Mark leaves for Illinois."

Oberhelman said he is conducting a national search for a new coach and has received some impressive resumes.

"We are whittling our list down," he said. "We're going to be doing phone interviews, hopefully, by the end of the week. I am very, very pleased with the applicant pool. We've got some great coaches out there that want to come to Cal Poly."

The team has been increasingly successful over the past few years, finishing the 2011 season with one of their best dual meet records and sending four wrestlers to the NCAA Championships. Part of Azevedo's legacy is having a Pac-10 Champion and an All-American competitor every year.

Oberhelman said the program's reputation is aiding in finding a qualified new coach.

"Knowing what kind of program a guy like (Azevedo) can build just makes it more marketable to people," he said. "They're probably looking at it thinking, 'I may be able to build on what he's already done...'"

Azevedo said furthering the team's success is going to require work both on and off the mat.

"Any of the wrestling coaches that they're going to be looking at can teach wrestling skills," he said. "There's a lot of things here at Cal Poly that you have to have skills in because of the situation with the finances and the budget. You have to make it more marketable to people."

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