Armstrong's first events as Cal Poly president will be an ASI breakfast, a press conference and an afternoon meeting with the Academic Senate today.

New Poly president officially takes office

Victoria Zabel

For Jeffrey Armstrong, today will begin just like any other day — he’ll get up, go for a run, shower, eat breakfast and spend time with his wife, Sharon. After that, things for Armstrong will change: today is his first official day as Cal Poly’s president.

“I’ve really enjoyed spending time here ... getting a feel for the campus and the students,” Armstrong said in a meeting with the Mustang Daily staff Jan. 21. “Last week I had a piece of pizza with an engineering student, and I already have a meeting scheduled at Woodstock’s.”

Matthew Roberts, interim chief of staff to the president, said free time to wander around campus will be limited in the coming weeks because Armstrong’s days will be filled with activities and engagements.

“When there’s a change of president there’s a transition period, and everyone is curious about him or her,” Roberts said. “Right now, everyone — internally and externally of the university — wants President Armstrong’s time.”

Roberts mapped out a tentative schedule of events for Armstrong’s first day: a breakfast meeting with student leaders and college council presidents, a press conference, a tour of the administration building, a meet and greet with the staff of each department and an afternoon meeting with the Academic Senate.

Sarah Stortelli, Associated Students, Inc. (ASI) president, is excited to work with Armstrong and said he has really embraced the campus culture.

“So far, President Armstrong has been wonderful ... he’s accessible, student-oriented and seems genuinely happy to be at Cal Poly,” Stortelli said. “The schedule he’s put together for the first day is tremendous — he’s made a real effort to intimately connect with all different facets of leadership on campus.”

Armstrong also said his number one focus is “gauging every decision on how it will impact student learning.”

“Many students are concerned that if they come into the DRC it may go on their permanent record, so they may not come in at all,” Parker-Kennedy said.

Cal Poly’s Universal Design initiative began three years ago and pushes for professors to use and offer materials in class that are accessible to everyone, such as captioned PowerPoint presentations. The response from professors who receive training on the initiative is great so far, Parker-Kennedy said, and sets the tone for the way students with disabilities are treated in classes.

To find out how students with disabilities feel about how responsive the campus is to their needs and how
overwhelmed with the responsibilities he will take on. Rather, Armstrong plans on using the "valued individu­ als" the university possesses to help him accomplish tasks and get work done.

"Cal Poly boasts some of the highest quality individuals who are the best in (their) business," Armstrong said. "I am not afraid to delegate work to someone (their) business," Armstrong said, "I am so impressed that students..."
Fraternity booths defaced

Victoria Billings
victoriabillings2009@gmail.com

Vandals targeted the rush booths of four fraternities over the weekend.

Fred Anders said the phrase "Rapist language, she was embarrassed that on the booths before they were removed. English freshman Alixn Gyepes and her boyfriend were showing a visiting friend around Cal Poly when she saw the vandalism Sunday morning.

The three were walking toward the library when they saw white spray paint on the PKE booth. Gyepes said the phrase "Rapist scum your time will come" was painted in red and white while the front had another accusation of rape. Gyepes said along with being shocked by the gravity of the language, she was embarrassed that her friend saw the graffiti as well.

"We were talking about how awful Cal Poly was and how much I liked the environment, and then there was vandalism," Gyepes said. "Really hateful vandalism."

Gyepes said neither she nor her friends noticed the vandalism of the other booths because the graffiti was so attention-grabbing.

"My eyes just kind of focused on the PKE booth because that was the one with the spray paint," Gyepes said.

Police are actively investigating who could be behind the damage, said University Police Commandor Lori Hashim, and can't reveal much about the case.

The vandalism occurred some time between 9 a.m. on Jan. 21 and 12 p.m. Jan. 23. Police Records Manager Fred Mills said. Although the time frame makes narrowing down suspects difficult, Mills said a student probably defaced the booths, since students commit most crimes at Cal Poly.

The fraternities removed the vandalized booths from Dexter Lawn shortly after the police arrived at the scene, around noon Sunday.

The presidents of the clubs whose booths were defaced declined to comment individually, but they issued a united statement through the IFC, of which all are members, stating that the vandalism was an "act of prejudice" and that "having this happen on the extraordinarily safe Cal Poly campus is disturbing calls for action."

The IFC statement also said the vandalism was disrespectful of the greek system, which has gone to great lengths to build a strong positive relationship with the non-greek Cal Poly community.

Student Life and Leadership Assistant Director Stephan Lamb said the vandalism is shocking because crimes of this kind are so unheard of on the Cal Poly campus.

"There are so few instances of public vandalism that I'm aware of, or a public statement against any part of our community that I think when that happens we all lose a little bit," Lamb said.

This is the first anti-greek vandalism in Cal Poly's history, and the first instance of hateful vandalism in almost a decade, which is a sign of how accepting and close a community Cal Poly is, Lamb said.

"The last time I remember some sort of overt vandalism it was against the LGBTQ Pride booth at Open House," Lamb said. "I think it was eight years ago."

Gyepes said neither she nor her friends noticed the vandalism of the other booths because the graffiti was so attention-grabbing.

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Cuesta Grade crash results in fatality

Karie Prazak karie.prazak.20@gmail.com

One person is dead and another hospitalized after a sedan hit a semi-truck head-on on the Cuesta Grade on Highway 101 Monday morning, according to California Highway Patrol Officer Toby Adriane.

The driver of a Chrysler Sebring heading south crossed over through a break in the median into northbound traffic for unknown reasons. It then collided with the semi-truck, which was in the third lane just north of Old Stagecoach Road, at 9:26 a.m., Adriane said. Upon collision, a fire started and both vehicles became engulfed in flames.

"There was quite a bit of damage just from the collision, and once the fire started it was a pretty messy scene," Adriane said.

The driver of the semi-truck, Jose Hernandez Estrada from Santa Maria, was able to exit his vehicle before suffering any major injuries. He was rushed to Sierra Vista Regional Medical Center and treated for minor injuries, Adriane said.

Estrada is in fair and stable condition. Sierra Vista Associate Administrator Director Ron Yukelson said. He was still at Siera Vista at time of press.

There was quite a bit of damage just from the collision, and once the fire started it was a pretty messy scene.

— Toby Adriane
California Highway Patrol Officer

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Homeland Security fed up with attitude of public officials toward U.S.-Mexico border

Brian Bennett
TRIBUNE WASHINGTON BUREAU

Battling the widespread perception that U.S. border cities have become increasingly more dangerous, Homeland Security Secretary Janet Napolitano on Monday called on public officials to stop exaggerating the violence occurring on the U.S. side of the Mexican border and "be honest with the people we serve."

In a speech in El Paso, Texas, Napolitano cited FBI crime statistics that show violent crime rates in Southwest border counties are down 30 percent over the past two decades and are among the lowest in the nation.

Napolitano's effort to change the public's mind about crime along the border follows a heated campaign season last fall that saw candidates in border states frequently emphasizing the impact of illegal immigration on their communities.

Arizona Gov. Jan Brewer was criticized during last year's campaign for saying that headless bodies were being found in the Arizona desert, a statement she later retracted after local coroners could not confirm her claim.

A handful of mayors in the region said they portrayed the migrants as dangerous places to live and work and hurt their towns economically.

"Let's stick with the facts," Napolitano said. "We need to be up front and clear about what's really happening along our border."

Even as the drug war has escalated just south of the U.S. border in Mexico, crime rates in Arizona border towns have remained essentially flat, said Napolitano, who linked the public safety gains to the addition of manpower and technology in the border region.

Also, the number of illegal immigrants apprehended at the border — an indication of illegal cross-border traffic — has dropped 36 percent over the past two years, Napolitano said.

"Everybody has their own stats about whether crime is going up or going down," said Matthew Benson, spokesman for Brewer. "The issue is there are tens of thousands of people being murdered immediately across the border in Mexico by the cartels. And the cartels that are violating by the cartels will begin spilling across the border."

Napolitano's view that public safety has improved in the border region, "doesn't match the stuff she was saying when she was governor of this state," Benson said. Napolitano was Arizona governor from 2003 to January 2009.

For Arizona cattle ranchers, the day-to-day reality of drug and human smugglers traversing their property is "far more impacting" than Napolitano's comments, said U.S. Rep. Ben Quayle, R-Ariz.

"Statistics and averages might mean something to government bureaucrats and analysts in Washington, but try telling the people who deal with these realities every day that the violence along the border has subsided," said Quayle, who won his congressional seat in November.

Napolitano's talking points about security on the border "has more to do with political pivoting for the 2012 elections than it does with what is happening on the border," said Paul Babeu, sheriff of Pinal County, 35 miles outside Phoenix.

The county covers an area larger than the state of Connecticut, has the highest concentration of human and drug smuggling traffic in the U.S., and Babeu says, pursuits of criminals and drug arrears are at their lowest levels.

But Angela Kelley, an immigration policy expert at the Center for American Progress in Washington, argued that there is a "pretty big disconnect" between the public perception about safety along the border and what the statistics show.

"When you have politicians stirring the pot and turning up the heat on people's emotions and fear levels, you don't have a constructive debate on what to do," she said.

Washington releases new rules for healthy living

Andrew Zajac
TRIBUNE WASHINGTON BUREAU

In a new attempt to help an overweight nation slim down and improve its long-term health, the government released new dietary guidelines that called on Americans to eat less, cut down on salt, bulk up on fruits and vegetables and try water instead of sugary soft drinks.

The guidelines, part of an every-five-years effort to present government dietary advice to the public, mean something to government budget writers, but they are not mandatorily binding on the public.

The new guidelines recommend that the half of the U.S. population — as opposed to lower intake to about 1,500 mg.

That likely would be hard to do except for kids or for the elderly, because about 90 percent of a person's sodium comes from restaurant or packaged food, not the salt shaker.

"You have to look at a label or a (food) company website," said Margo Wootan, nutrition policy director for the Center for Science in the Public Interest.

Wootan praised the guidelines for straightforwardness that she said will help consumers understand what they need to do.

For example, Wootan said, the documentation may be about the in the series dating back to 1980 to state the obvious: "eat less" — and to offer an image rather than a measurement of a proper portion: "make half your plate fruits and vegetables."

"To be clear," Wootan said.

The guidelines also advocated switching to fat-free or low-fat milk and dairy products that don't want their products passed over by consumers.

Nutritionist Marion Nestle said the new guidelines are a substantial improvement over earlier versions, that she said the government pulled punches by failing to name foods to be avoided, in deference to powerful food lobbyists who don't want their restaurants and fast-food labeling and how foods are marketed to children.

Officials presented the guidelines as part of a mosaic of food-centered health initiatives aimed at persuading people to eat better and get more exercise.

They include a proposed USDA overhaul of federal dietary guidelines in school food programs, Meals on Wheels, and the Food and Drug Administration is working with food producers to improve nutrition information on restaurant menus.
Disability

continued from page 3

accommodating their professors are, the DRC conducts a yearly questionnaire as part of the CSU Quality Improvement Program. Dominguez said the results show four out of five students surveyed said they were satisfied with their treatment at Cal Poly.

The DRC also stresses the importance of making the school's website accessible to students with visual disabilities. In December 2010, a study by the Chronicle of Higher Education reviewed the websites of 183 universities across the country for accessibility. Cal Poly was ranked as having the third most accessible website.

Despite the high ranking, Dominguez said there are still some areas of the campus that could be improved for students with disabilities.

"Transportation is still an issue," Dominguez said. "The van service ends at 4:30 or 4:45 every day, and students still have class after that. The construction makes the campus hard to navigate as well."

According to the Cal Poly Facilities website, there are 31 DRC tram stops on campus. A document released in March 2010 by the University Police Department reports that there are 183 handicapped parking spots on campus. As of January 2011, there are 152 state-maintained accessible restrooms on campus, according to a report by Facilities.

Dominguez, member of the Inclusive Excellence Council along with Vice President of Inclusive Excellence (IE) David Conn, said the scope of IE includes students with disabilities, and it's goals fit with those of the DRC as well.

The Center for Teaching and Learning supports academic development by offering resources and holding events to help faculty learn more about effective teaching methods. Center director and architecture professor Bruno Giberti said he thinks the campus tries to do the right thing when it comes to students with disabilities, but he's not sure the same is true with individual knowledge.

"The campus has made investments like the DRC, but there will always be people who are more or less sensitive to the issue," Giberti said.

For instance, faculty are hired based on their expertise in a certain discipline, not for their expertise in how to deal with students with disabilities, Giberti said.

"It's asking them to stretch a bit, and the reaction will vary," Giberti said. "There's always room for improvement."

The Center for Teaching and Learning will host a workshop this month to educate faculty on how to address diversity in classes that don't regularly encounter those issues, including the issue of students with disabilities. Giberti also said the Center holds ongoing workshops on teaching faculty about the Universal Design Initiative.

Vice President for Student Affairs Comil Morton said he sees the Cal Poly faculty as very responsive to accommodating students with disabilities, and he hasn't received reports of any outright resistance to supporting these students.

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Dominguez, member of the Inclusive Excellence Council along with Vice President of Inclusive Excellence (IE) David Conn, said the scope of IE includes students with disabilities, and its name out.

"We really want to encourage people to think globally," Parker-Kennedy said. "We encourage incorporating teaching techniques that appeal to all people."
SANTA CRUZ (MCT) — Three cars were spray-painted with swastikas and other graffiti over the weekend in what deputies are investigating as a hate crime, the Sheriff’s Office reported.

The crimes were reported Sunday morning at and near an apartment complex on Chanslorié Avenue near Muriel Drive, said Sgt. Dan Campos, spokesman for the Sheriff’s Office.

A white Dodge truck had a derogatory term, plus a swastika, painted on the driver’s side of the truck in black spray paint, Campos said. An orange Smart Car had a swastika painted on its windshield, he said, while a red Honda CRV had black paint on it which was indecipherable.

Campos said such graffiti is rare.

SACRAMENTO (MCT) — The Sacramento County Office of Education is prepping overflow rooms for Tuesday evening’s Board of Education meeting, where a proposal for 10 charter schools will be presented and possibly voted on.

The meeting begins at 6:30 p.m. at the county Office of Education at 10474 Mather Blvd. Proponents of four schools have flooded the county Board of Education with 471 postcards and 46 letters of support. Trustees from Sacramento City Unified and Twin Rivers Unified have voiced opposition.

The schools will aim at closing the African American achievement gap, but will be open to any student, regardless of race.

The lengthy bill signing ceremony took place at a packed Chicago Cultural Center.

MICHIGAN (MCT) — The Plymouth-Canton school district has opted to allow Sikh students to wear a small, religious dagger to school.

The decision reverses a ban put in place in December after a fourth-grade boy at Bentley Elementary School in Canton was found with a dull 3- to 5-inch kirpan, a dagger and a religious symbol that baptized Sikh males are expected to carry.

In Sikh tradition, the kirpan represents a commitment to fight evil.

The school board instigated a ban because of concerns from parents and conflict with prohibitions against bringing weapons to school.
Florida judge calls Obamacare unconstitutional in court decision

Noam N. Levey
David G. Savage
TRIBUNE WASHINGTON BUREAU

A federal judge in Florida dealt President Barack Obama's health care overhaul another legal blow Monday, ruling the entire law unconstitutional. The White House said it would appeal the decision, which would allow lawmakers to require Americans to buy a product like health insurance.

Noam N. Levey

The existing problems in our national health care system are recognized," Vinson wrote in his 78-page decision. "There is widespread sentiment for positive improvements that will reduce costs, improve the quality of care and expand availability in a way that the nation can afford. Regardless of how laudable its attempts may have been to accomplish these goals in passing the Act, Congress must operate within the bounds of the Constitution.

Vinson warned that if Congress could mandate health insurance, Congress could decide for Americans "whether and when (or not) to buy a house, a car, a television, a dinner or even a morning cup of coffee."

"It is difficult to imagine," Vinson said, "that a nation which began, at least in part, as the result of opposition to a British mandate giving the East India Company a monopoly and imposing a nominal tax on all tea sold in America would have set out to create a government with the power to force people to buy tea in the first place."

The insurance requirement in the health care law was designed to spread risk more broadly and control insurance premiums, enabling the federal government to offer consumers other protections like prohibiting insurers from denying coverage to patients with pre-existing medical conditions.

Without a mandate, healthy Americans would be able to avoid buying insurance until they got sick.

That phenomenon, which has occurred in several states that have guaranteed coverage without any insurance requirements, has helped drive up premiums.

"People who make an economic decision to forgo health insurance do not opt out of the health care market," said Cutter at the White House. "At Congress found, every year millions of people without insurance obtain health care they cannot pay for, shifting billions of dollars in costs onto those who have insurance and onto taxpayers."

But the mandate remains the most unpopular feature of the health overhaul and has helped galvanize a nationwide Republican attack on the new law.

Nineteen states joined Florida on the suit last year; Alabama, Alaska, Arizona, Colorado, Georgia, Indiana, Idaho, Louisiana, Michigan, Mississippi, Nebraska, Nevada, North Dakota, Pennsylvania, South Carolina, South Dakota, Texas, Utah and Washington.

And in January, six more states joined the lawsuit after new GOP governors took office.

These include Ohio, Kansas, Wyoming, Wisconsin, Maine and Iowa.

Except for Louisiana — which is represented in the lawsuit by its Democratic attorney general — the states are represented by Republican attorneys general or governors.

Several dozen leading consumer groups, medical associations and patient advocates have joined the Obama administration in defending the new law.

These include the American Cancer Society Cancer Action Network; the American Diabetes Association; the American Heart Association; the American Nurses Association; the American Medical Association; the American Hospital Association; the Catholic Health Association of the United States; the National Breast Cancer Coalition; Families USA; Consumers Union; and the March of Dimes Foundation.

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The ‘happiest place in the nation’ lacks perfect crime record

Erik Hansen is a graduate student pursuing a Master of Public Policy and the "When I Was a Mustang…" columnist.

I caught a news story over the weekend about a young man who was "strong-arm robbed" — which is a technical term for mugged — on Foothill Boulevard Saturday morning. This occurrence coincides well with the fawning that has been going on ever since Oprah named San Luis Obispo as the happiest place in the Milky Way Galaxy last week.

What kind of person — I won’t give them the honor of calling them men — would do such a thing? When I read the news story, it said the two persons who mugged the young man stole his shoes — WTF. What kind of person would want to steal another person’s shoes? I’m digestion through.

While pedophiles, rapists and murderers are at the bottom of the barrel, thieves, thugs and assholes don’t always fare all that much better in my book, and they are the ones who we are most likely to cross paths with in everyday life. Ideally, one should be able to just shrug off petty crimes as a consequence of living in an imperfect world. However, something still boils inside me when I hear about a crime like the one that occurred last Saturday, even when it has no connection to me or anyone I know personally.

While we could take this article in one direction and try to establish what Charles Bronson would do in real life, going full Chuck Norris on an assaulter should only be reserved for when all your chips have been played and there is no other course of action to take.

The other direction we could go is to call and get an interview with the San Luis Obispo Police Department, where they will tell us the best thing to do is to simply hand over your possessions and get a description of the perpetrators. Then file a police report.

That’s nice. Thanks for the interview. You guys are really keeping the city safe by hiding out and giving me that seashells ticker over the summer, but you are nowhere to be found on Foothill Boulevard at 2 a.m. on a Saturday, where and when you know nothing good is going on.

How about we go neither direction, step back and take a pragmatic look at the situation, realizing that crime happens everywhere, even in the happiest place in the universe. Is this an increasing or decreasing occurrence? And I don’t care about comparisons with other cities, or how the nation is doing on a whole.

Yes, according to the FBI preliminary 2010 statistics, crime is continuing to decrease across the nation, even in this shaky economy. But how are we doing as a city?

Well, according to the FBI’s latest complete set of crime statistics for the city of San Luis Obispo, from 2001 to 2009, we have seen a decrease in the reporting of most major crimes; aggravated assault (down 45 percent), burglary (down 18 percent), larceny (down 7 percent) and auto theft (down 49 percent). This could be due in part to the city’s stringent enforcement of the California seatbelt law. However, there are two glaring categories that have seen an uptick in reporting during this same time period: rape (up 30 percent) and robbery (up 129 percent). While in no way discounting the horrendous crime of rape, in light of the latest occurrence just this last weekend, it’s disappointing to see such a steep increase in robberies reported.

I am sure some people with a more conservative bend in their thinking have their reasons why this type of crime is increasing, and how we could fight it, just as those with a more liberal point of view have their own reasons why this type of crime is increasing, and how to best handle it. Someone else can handle that discussion. The point of this column is to simply make you aware of the facts, as the numbers don’t lie or have an opinion of their own.

Without the intent of trying to scare anyone, as San Luis Obispo is still an extremely safe place to live and have fun in, use common sense and weigh those numbers before you place yourself in a vulnerable situation — one of the best ways to prevent yourself from becoming a victim. Take away the opportunity for a criminal to victimize you. Walk home in a group, don’t carry anything expensive with you if you don’t have to and be cognizant of your surroundings. All of these things are no business and were probably pounded into everyone’s first week at Cal Poly during Week of Welcome.

While in a perfect world, everyone would free to stumble home drunk, stoned or completely sober whenever they damn well please, we don’t live in a perfect world … even if we do live in the happiest place in the nation.

Dates That Left You Dazzled!

The Mustang Daily "MustAsk" of the Day Quiz

He’s a Mustang Daily reader who asked what your best date?

"My last date was a 1957 Stingray. I was getting ready to buy it the next week but in the end, we are giving away a diamond heart to the winner. All That Glitters Jewelry Store, 937 Calle San Blas, San Luis Obispo. (805) 773-5534.

All That Glitters Jewelry Store
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Building, San Luis Obispo, CA 93407

Name:

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TUESDAY, FEBRUARY 1

AQUARIUS (Jan. 20-Feb. 18) — You can afford to be a little more demonstrative — in personal situations as well as professional negotiations.

PISCES (Feb. 19-March 20) — You won’t be expected to do what others are doing, but you may be asked to come through with a few key promises.

ARIES (March 21-April 19) — You may have reason to celebrate before the day is out, but you don’t want to show any sign that you think you are above anyone else.

TAURUS (April 20-May 20) — Recreation proves essential to you at this time, and the more you explore certain outlets, the greater your enjoyment — and benefits.

GEMINI (May 21-June 20) — The social scene provides you with something you very much need at this time, though you won’t know it now, and may not know it later.

CANCER (June 21-July 22) — Someone you’ve only tentatively met is likely to tap into certain unspoken desires. He or she has you considering new options.

LEO (July 23-Aug. 22) — You’ll be taking care of more than your own, but the situation overall will empower you and have you feeling on top of the world.

VIRGO (Aug. 23-Sept. 22) — Make a start, and the finish line will appear faster than expected. Don’t simply wait for someone else to motivate you.

LIBRA (Sept. 23-Oct. 22) — You’re able to think a bit more like a realist, and that will surely give you a distinct advantage when you meet face to face.

SCORPIO (Oct. 23-Nov. 21) — Now is the time to let your opportunity pass by you, even one that doesn’t seem to promise much in the way of personal gains.

SAGITTARIUS (Nov. 22-Dec. 21) — You want to show someone new in your life just what you’re made of, but how far are you willing to go? Anticipate consequences.

CAPRICORN (Dec. 22-Jan. 19) — Certain signs point to the situation that you’ve been looking for lends. The numbers seven may figure prominently in your thinking.
As a member of Cal Poly's "dancesport" team, you have to earn your team jacket. Team member Amy Leung earned her jacket after catching dance fever during a competition at San Jose State University. "I was so nervous and scared," Leung said. "I didn't even have a partner. I was like, 'I'm just going to go watch my friends. I'm not going to compete ever.' I watched it and I was so hooked. I was like, 'I want to go dance.'"

Leung left the sidelines and twirled her way on stage at the next competition to earn a place on the team. The green dancesport jacket Leung and her teammates wear is bringing the northern and southern California as a dancesport has earned its status in 2009. They are able to succeed later is because I was in band when I was in high school. "That's how we give to the community — we teach them how to dance," Blessinger said. "Even if you've never danced before, we'll get you dancing." Ellwood said. "That's how we give to the community — we teach them how to dance."

Many club members join with no dance experience. Such was the case of Leung and Nguyen. They started dancing for the ballroom club team last year with minimal dance experience. Since then, they have accelerated quickly into becoming advanced dancers. "Amy and Khoa are our up-and-coming couple that's doing really well," Ellwood said. "In the San Jose competition they did really well. They got a bunch of firsts."

At the San Jose State University Ballroom Classic competition in November 2010, the couple took first place in several of the bronze and silver categories. "We've had showcase couples that were outstanding but in terms of how high he is on the totem pole of dance he's just perfect," Blessinger said. "I'm so excited to see his performance. It's going to be awesome."
My dearest, you are the ruler of my heart, xoxo

"You are my sunshine, my only sunshine!"

Your love note will be published February 10 in a special section of the Mustang Daily!

We have a directory dedicated just for your needs. Check out the Go Greek Directory on Monday!

The kumquat brings competition for candy

Heather Rockwood is a food science junior and Mustang Daily food columnist.

As a college student, I find myself busier than ever and in need of refueling. But as always, time is a primary consideration when determining which snack I will attack next.

College students like us need a convenient, quick and tasty snack to keep us going throughout the day. Sometimes I feel so busy (or lazy) that even peeling an orange or banana seems like too much work. On days like that, I need something even simpler. On those days I grab a handful of olive-sized kumquats and pop the entire fruit in my mouth — peel and all.

In fact, the peel of the kumquat, which is primarily made up of essential oils responsible for the majority of the fruit's aroma, is much sweeter than the flesh. As you sink your teeth into the flesh you will be met with a mild sweetness that lures you to keep eating, and then you hit the explosive center of sour goodness. This flavor profile makes these delicious fruits nature's own Sweet Tarts candy — with so many more benefits than those of the famous Mr. Wonka.

The wide flavor range of kumquats allows extreme versatility in cooking and eating. Clearly, eating the fruit raw is the quickest no-mess snack you could have. But, kumquats can also be candied and cooked to create wonderful jams, jellies and preserves that can be used to top breads and desserts. Cooking weakens the acidity of the tart flesh and allows for kumquats to enhance meat dishes such as pork, chicken and duck. The small size of the fruit allows for kumquats to enhance a beautiful centerpiece of vibrant colors — or that is until they get gobbled up by your roommates. If you prefer to consume your fruit at colder temperatures, place the fruits in an airtight container and they will keep in the fridge for up to two weeks.

These small jewels originated from China, their name is derived from the Cantonese "gam gwat" meaning "golden orange." Often associated with prosperity and wealth, these fruits are given as gifts of good luck to friends and family members on Chinese New Year. Bonus: often debate about which family to place kumquats in because of its great similarity to oranges, and so they are often considered to be part of the Citrus family. However, some botanists have given kumquats their own family: Fortunellaceae, named after the horticulturist who brought the fruits from Asia to Europe and later North America.

Don't forget this Thursday, Feb. 3, marks the beginning of the year of the Rabbit and Chinese New Year. What a perfect excuse to make a trip downtown to Farmers' Market and buy a basket of kumquats to give to your friends, professors, neighbors and anyone else you want to wish a prosperous new year.

HINT: "Killer Tofu" was one of their top hits.

Candied Kumquats with a Kick

**Ingredients:**
- 8 cups of roughly chopped kumquats (roughly 1-1/2 lb.)
- 1 cup of water
- 2 cups of sugar
- 1 tsp of each nutmeg, cinnamon ground and mace

**Directions:**
1. Roughly chop the kumquats.
2. Heat the water and sugar over high heat until it comes to a boil. Simmer for 4 minutes. Add the kumquats and spices and simmer for 10 more minutes.
3. Remove kumquats with a spatula. Add sugar and orange juice. Cook until thick.
4. Combine the kumquats and 1/4 cup of the syrup together, and enjoy!
Another Type of Groove celebrates Black History Month

Katelyn Sweigart
KATELYNSWEIGART.MD@GMAIL.COM

Brutha Gimel, spoken word poet and co-founder of Da’ Poetry Lounge in Los Angeles, will be the featured poet of Another Type of Groove for Black History Month. As a D.J., Gimel has been the turntable for the holiday parties of the shows “The King of Queens” and “CSI: Miami,” was a member of Seattle’s National Slam Team and was a part of Roni Walters’ “Backstreet Poets.”

Generally, a lot of the featured poets are found on YouTube and invited to be a guest at Another Type of Groove (ATOG). This is Brutha Gimel’s first ATOG, but he came to Cal Poly in 2008 during May Mayhem, which highlighted University Union programs. He also performed several love poems, coordinator of Multicultural Programs and Services Renoda Campbell said.

“He evoked a lot of positive emotions,” Campbell said. “He has a spectrum of poetry he recites, or ‘spits.’ You spit spoken word.”

While ATOG involves various forms of poetic expression — beatboxing, songs and basic poems — Gimel is known for his spoken word poetry. Marielle Cuison, lead advocate of ATOG, said while people hear ‘poetry,’ they always think it is like Shakespeare, but spoken word is for this generation — more upfront and a bit aggressive.

“It’s like performance poetry,” Cuison said. “It’s meant to be said out loud.”

The show will start off with an open mic session, followed by a set performed by Gimel. There will be a brief intermission and then a repeat, Cuison said she expects the guest poet to be good, since she has listened to Gimel on YouTube and his co-founders have been to Cal Poly before.

During open mic, people have a lot to say about a variety of topics. However, people come with an open mind and no one has become upset enough to yell at the performers, Cuison said.

“I would expect people would be kind of angry, like ‘Why did they say that?’ or ‘How could they say that?’” Cuison said. “But at the same time we have to respect that. You can’t call it open mic if it’s not open.”

Electrical engineering senior Adonna Anderson was not only an emcee, but also a participant in ATOG. Anderson said she attends the event as often as she can and thinks everyone should attend ATOG at least once to see if they like it.

The poets address a diversity of topics, including love, life, politics, diversity and their families, and the audience gets someone else’s perspective on life in the form of a poem, which is “creative and always cool,” Anderson said.

“Honestly, if people go to it and get something out of it, it’s the best fulfillment.” Anderson said. “I get inspired from going to it, so hopefully someone gets inspired.”

While she hasn’t heard Gimel, Anderson said she always expects ATOG guests to be great, as well as the open mic. The last time Anderson attended, someone performed a love poem, and was followed by another poet whose poem was about hating love poems.

“It wasn’t really a conflict, but it was kind of ironic that they went right after each other,” she said.

Spoken word poet Brutha Gimel will perform at the Multicultural Center’s Another Type of Groove this Wednesday.

COURTESY PHOTO

President & Mrs. Armstrong,
On behalf of the Cal Poly Corporation & Cal Poly Housing Corporation, we want to

Welcome you to Cal Poly.

Another Type of Groove: Spoken Word will be held in the Chumash Auditorium on Feb. 2 from 7:30 to 10 p.m.
Oh the dilemma of property rights

Say you own a llama ranch, but I decide how to cut the grass, how the money is spent and whether or not to sell the entire operation to the alpaca cartel down the street. Which of us really owns the llama ranch? Whatever it may say on paper, the true indication of ownership is control. It entails the right of control, up to and including disposal. Ownership and rights are so closely related, they may be considered two halves of the same idea; to own something indicates the right to control it, to have a right to something indicates the control — the ownership — of that object, potential or action.

If I own an apple, I have the right to dispose of it as I see fit (say, with peanut butter or a thick slice of sharp cheddar cheese). To say I do not have the right to throw it at your head means that your head is not owned by me; it is owned by you. If you were feeling generous you might perhaps let me throw the apple at you, but that is your call, not mine. You can recite the Encyclopaedia Britannica from memory, if you like, but if you're in my house I can tell you to stop — but I certainly can't stop you from reading it.

Each of these cases is based on some form of property right. The physical apple is your property, your head is yours, the speech your mouth produces is yours, the thoughts you think are yours. It gets complicated, but every human conflict is a conflict over property — over who has the right to make what decisions.

The word "property" paints a seemingly passive picture: to me, a rural landscape dotted with trees and lazy cows. But the interesting and significant part of property is all based on actions, real or potential. Who tends the farm? Who receives its produce? Who decides what to grow? Who speaks and who decides what is to be known? Who reads and who decides what is to be written? Who claims and who decides what is to be spoken? Who reads and who decides who is to speak? Who earns profits and who decides how that profit is spent? The ownership of a thing is the ownership of its actions, of what it can and does do.

There are any number of ways in which rights can be cut and categorized, but one of the most significant distinctions is between negative and positive rights. The existence and extent of positive rights is at the heart of many of our modern political conflicts and has been for the last two centuries. At the most simplistic, a negative right is a restraint on interference. To own property is to claim and protect the right to control the actions that occur on your property. The only good purpose of a government is to champion the rights of those who establish it. In the case of negative rights, this means holding a shield and a sword between every person's production and whatever criminal that would take it. The government cannot command production — command is ownership — but it can and should protect it.

In the case of positive rights, this means supplying the rightful needs of its citizens. Those needs are necessary for some kind of production. Government is rarely a producer of goods (with the exception of force), so the products it supplies must be derived from somewhere else, usually in the form of taxation. Because the consumption of these products is a right, the demand cannot be supplied voluntarily (because voluntary donation implies ownership by the donor). Therefore, this right must be taken by (threat of) force from the producing non-owners and transferred to the consuming owners.

If the fact that you create something means you have the least right to consume it, what does that say about the relationship between the creator and the consumer? If a government system makes the final decision about the utilization of products, what does that say about the relationship between the government and the producer? If the government is the creation of the public, and the government owns the products of the individual, what does that say about the relationship of the individual to the public?

What is the value of receiving adequate nutritional and veterinary care if it means you are someone else's property?
Obama's message resembles those of previous presidents

Dick Polman is a columnist for the Philadelphia Inquirer.

Barack Obama's re-election recipe combines a heap of Clinton centrism with a dash of Reagan optimism.

His State of the Union speech — in essence, the opening salvo of the '12 election cycle — signaled the strategy. I heard so many echoes of Bill Clinton, circa 1995 and 1996, that it felt like time travel. It made me want to watch "Seinfeld" and dance the Macarena.

After Clinton's party was shellacked in the '94 midterms, he muted his most liberal ambitions and moved to the middle. In the parlance of the time, he "triangled," working with Republicans as well as Democrats, without being hostage to either camp. He successfully steered the center by stressing modest, nonpartisan issues — while suggesting that his conservative foes were prisoners of their ideology.

Obama 2.0 is strikingly similar. Let us count the ways.

In his address the other night, Obama called for "a government that's more competent and efficient." And here's Clinton, in his '96 State of the Union speech, calling for "a government that works better and costs less."

"Obama said that the federal government needs to be modernized for the information age, in his words, "We cannot win the future with a government that's out of date," and here's Clinton, in 1996: "Our job is to get rid of yesterday's government so that it felt like time travel. It made me want to watch "Seinfeld" and dance the Macarena.

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I'LL BET

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ACROSS
2. Large car 11. Double a file 15. Forbidden in Paris
33. Mich. neighbor 34. Lithia 35. The "A" in RAM
36. In the 37. Sall cellar 38. Nobody's fool
39. Mountain's aid 40. 20 kohls
41. Bored 42. California's —
43. Lithia 44. Thimble-gourd
45. Mich. neighbor 46. Lift 47. Vacines
48. Violets 49. The "A" in RAM 50. Ball cellar
51. Sall celler 52. Nobody's fool 53. Mountain's aid
54. Nobody's fool 55. Mountain's aid 56. 20 kohls
57. Genres 58. Movie genre 59. Forum wear
60. Forum wear (11 wds.)

DOWN
4. 5. Yoder's patch 6. Yoder's patch
23. Ames pat 24. Yoder's patch
27. Yoder's patch 28. Crooner Damone
29. Ames pat 30. Yoder's patch
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55. Crooner Damone 56. Ames pat
57. Yoder's patch 58. Crooner Damone
59. Ames pat 60. Yoder's patch

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Men’s basketball set for Northern Arizona in BracketBusters game

Last year, it was Hawai'i. This year, it’s Northern Arizona. The Cal Poly men’s basketball team (9-11, 4-4 Big West) is slated to square off against the Lumberjacks as part of the 2011 ESPN BracketBusters series on Feb. 19 in Mott Gym. The last time the two teams met was on Dec. 9, 2007, when Northern Arizona registered a 85-51 victory at home. The Lumberjacks hold a 6-4 advantage in the all-time series. This season, Northern Arizona is 11-8 (3-4 Big Sky). The Lumberjacks average 74 points per game and are shooting 49 percent from the field. The Mustangs have won five of their last eight games.

Lee continued from page 16

as she values mine.”

Markhoff and Lee have been doubles partners since fall 2010, and in Markhoff’s opinion, “work really well together,” which is evidenced by their No. 63 national ranking.

Lee has the same feelings about the pairing.

“Amy is more intense and high energy,” she said. “I keep more quiet and calm. It works for us.”

Bream said the calmness Lee referred to is her greatest asset.

“Alexa is completely composed for 90 percent of the time, and the other 10 percent she fakes ... she knows she cannot afford to show her opponents her weaknesses,” Bream said.

Lee’s composure is what first attracted Bream to her when she was in high school. He recruited Lee from La Quinta High School in Bermuda Dunes, Calif. After watching her play and getting to know her and her family, Bream knew Lee would be a good match for the Cal Poly tennis team.

“For Lee, choosing Cal Poly was a decision she didn’t take lightly. Although Saint Mary’s, UC Irvine, University of San Francisco and Cal Poly all recruited Lee. Cal Poly stood out.

“I just love it here — the area, the school,” Lee said. “In the end, I know I wanted to be somewhere I would still want to be if I got injured, or if something with tennis went wrong.”

Lee’s tennis career is not going wrong, though; quite the opposite — it’s soaring. But with great success comes great pressure and expectations. In Lee’s case, however, she tries hard not to focus on the negatives.

“It would be awesome to be in the rankings, but I can’t think about it like that,” Lee said. “I have to take it one match at a time. Being the underdog isn’t as scary as it is inspiring — it makes me work harder.”

THURSDAY
7:00 P.M.

CAL POLY vs.
BASKETBALL

Men’s Basketball vs.
UC Davis

SATURDAY
7:00 P.M.

CAL POLY vs.
BASKETBALL

Men’s Basketball vs.
Pacific

Admission is FREE for all Cal Poly Students. Like us on Facebook.com/calpolymustangs.
Women's tennis player Alexa Lee poised to have 'breakout season'

With the loss of Cal Poly's experienced seniors last season, Alexa Lee is looking to be one of the players to fill their shoes.

Alexa Lee comes from a family of athletes. Her mom played volleyball at Texas State. Her dad is an "all-around athlete." Her two brothers played tennis for UC Davis. It's fitting, then, that in a family of talented competitors, the Cal Poly women's tennis player would also shine in the sports arena.

Lee, a history sophomore, plays on the women's tennis team. She has the potential for a "breakout season," head coach Hugh Bream said. After losing a talented class of senior players last year, Bream knew other people would step up and take the lead — Lee was one of them.

"What's really neat about college sports is that when you lose senior leadership, it opens a door for the next person to step up," Bream said. "Alexa has really embraced the role of leader on the court — she's consistent and always positive."

Lee's evolution from an "uncomfortable" and "tense" freshman, to an experienced college athlete has enabled her to take on a leadership role.

"Alexa worked hard and really built a great foundation last year," Bream said. "This season she's much more confident and comfortable on the court."

Lee agrees with her coach. She said as one of only two freshman on the team last year, she often felt overwhelmed and afraid of making mistakes. Feelings of apprehension and uneasiness are not a problem for Lee this year, she said.

"I'm not the youngest on the team anymore — this year we have four freshman, and I have the chance to mentor them the way my teammates did for me last year … that's helped me loosen up and feel more comfortable," Lee said.

Lee also accredits her transformation as a player in part to the guidance of teammates. One such teammate is Lee's current doubles partner, senior Amy Markhoff.

Markhoff said she has more experience playing tennis at the collegiate level, so the role of mentor "makes sense" in that respect. Other than that, Markhoff doesn't feel as if she knows more than Lee just because of her seniority. "I value her opinion and game just as much see Lee, page 15

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Azevedo expected to step down from coaching job

Mustang Daily Staff Report
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After 10 seasons with the Cal Poly wrestling team (eight as head coach), current co-head coach John Azevedo is expected to step aside once the season ends. His retirement makes way for current co-head coach Mark Perry to take over the team next season.

Azevedo led the Mustangs to their best dual meet record in a decade in 2009-2010, going 8-4. With one more victory this year, Cal Poly would surpass that mark as the team currently owns an 8-1 record after two wins this past weekend.

Although the Mustangs have not won a Pac-10 title during Azevedo's tenure, they placed as high as second in 2004. The most dominant wrestler Azevedo coached was Chad Mendes who maintained an undefeated record in 2007-2008 until the NCAA Championship final where Mendes fell to J Jaggers of Ohio State.

In 2010 Chase Pami made a title run, only to be stopped short in the final by Harvard's J.P. O'Connor.

Azevedo, a former NCAA wrestling champion at Cal State Bakersfield in 1980, won all but two matches in college, while compiling a 122-2 record and securing his place in the California Wrestling Hall of Fame.

He was on the 1980 Olympic team and may have competed if the United States did not boycott the Games, but he still went on to win a freestyle national individual title in 1981 and place fourth in the World Championships in 1982.

Azevedo coached wrestling at Cal State Bakersfield, Arizona State, Notre Dame and Wisconsin as an assistant. Then he moved on to a head coaching position at Calvary Chapel High School in Santa Ana, Calif.

During his 12 years as a high school coach, Azevedo lead his team to 10 CIF-Southern Section titles and noted that he would not be surprised if he coached at the high school level again sometime.

Next year, Azevedo leaves Perry at the helm. Perry arrived at Cal Poly as an assistant coach in 2009, just two years after winning his second NCAA individual championship at the University of Iowa.

Perry has increased his role this year, taking over most of the coaching duties according to wrestlers on the team. Perry said this allowed Azevedo to guide him and help him adjust to a new role; a role Perry said he is excited to fill.