Parents converge on Cal Poly for weekend

Amanda Sedo
AMANDASEDOS.MUSTANDAILY.COM

This past weekend, more than 900 families swarmed the Cal Poly campus for Parents' Weekend activities. Parents' Weekend has been around for decades, but in 1995 the Parent Program in the Division of Student Affairs was created to head the event. In addition to planning Parents' Weekend, the Parent Program provides programs and services to assist parents in supporting their students' success during the college years said Nicky Nickelson, the Parent Program Coordinator. With approximately 3,000 guests total, the popularity of Parents' Weekend has been growing; every year tickets to the event sell out. This is one of the many reasons that Homecoming and Parents' Weekend have been placed on different weekends.

The last time that Cal Poly's Homecoming and Parents' Weekend fell on the same day was four years ago. The two events were separated in order to allow more people to participate in the on-campus festivities. Now, parents that do not get tickets before they sell out to Parents' Weekend can plan to come visit Cal Poly on Homecoming weekend, Nickelson said. "The changes were made so that we could serve more parents," Nickelson said.

But Parents' Weekend is not all about the parents—it's about the students too, Nickelson said. It is an opportunity for the students to reconnect with their families and enjoy the campus and community together.

Under the leadership of Nickelson, the Parent Program has been in charge of organizing Parents' Weekend for the past 15 years. The Parent Program also partners with Cal Poly Athletics, Cal Poly Arts and the Cal Poly Music Department to create the successful occasion.

"When I started, it was just a one-day event with a football game and barbecue," Nickelson said. Since then, Parents' Weekend has developed into a two-day event. This year, on Friday Oct. 22, the Cal Poly Music Department put on an Ensemble Showcase concert. On Oct. 23 parents were able to choose from activities such as the Mustang Tailgate party.

Guest speakers at the symposium included Congresswoman Lois Capps, Dr. Deanna Hoelscher, Dr. Steven Kelder and Michael R. Dimock. They all stressed the importance of living a healthy lifestyle through diet and exercise.
Kaffir
continued from page 1

growing up in apartheid in South Africa and why those same struggles
should not be censored from the public on Oct. 21.

His lecture was preceded by a
discussion by event sponsor and pro-

fessor John Hampsey of the English
department about the paradox of 
free American society in the face of
certain ideas, such as the page from
"Kaffir Boy" depicting child prostit-
tution simply for food.

"We are a country of paradox,"
Hampsey said. "We praise the myth
of so-called rugged individuals and at
the same time, we're one of the most
conformist countries."

Hampsey relayed the local dilem-
ma surrounding the content in "Kaf-
fer Boy" to a want for censorship.

"We like to talk of freedom, of
expression, and at the same time we
have a long history of censorship,"
Hampsey said.

After Hampsey opened the lec-
ture, the San Luis Obispo high
school student who first reported on
the anonymous complaints about "Kaffir Boy" introduced Mathabane.

Mathabane greeted Derek Chest-
nut with a hug and took the hat he
wore off while bowing, telling the
audience it was a tradition.

Mathabane first spoke about his
coming-of-age in a society plagued
with apartheid — starvation, police
raids, vermin biting at his feet out of
their own starvation and other events
that left the audience in complete si-

Mathabane said he used to ask
himself, "Why was I born to live
such a life?"

However, he said he was one of the
luckier ones under apartheid. He
had the support of his mother; a woman
who did whatever she could to make
sure her children were fed

Mathabane also had the gift of
tennis, a gift that eventually led him
to the United States. Mathabane said
he was inspired when he saw African
American tennis player Arthur Ashe
on television after a match.

"What had me mesmerized, riv-
ered, was the way he looked in the
eyes of white men when he spoke to
them," Mathabane said. "I had never
seen such a display of freedom."

He then set his sights on becom-
ing a tennis player in America.

Mathabane did not spend his lec-
ture praising America, though.

"America is endangered by fellow
humans," Mathabane said. Many
Americans lack empathy for others
and "Kaffir Boy" is a true depiction
of suffering, hatred, hopelessness and
bitterness, Mathabane said.

"(My) book was a window into
that world," Mathabane said. "A mir-
ror into our own lives."

Mathabane wrote "Kaffir Boy" to
try to understand his own life and
American reality.

Mathabane linked lack of empa-
thy to the increasing terrorism threat
in America. Mathabane said some
Americans may see Muslim people as
anything but human because of the
terrorist attacks on Sept. 11, 2001.

He said people should see terror-
ists as human beings and understand
they are not born as terrorists.

"Life is a journey and along the
journey, things happen," Mathabane
said. "Along the journey of some
children in this world, terrible things
happen and those terrible things
can take a child and turn him or her into
a committer of the most heinous
crimes."

"Terrorists are not born — they
are made," Mathabane said. Matha-
bane then questioned the motive of
some people who claim they believe in
God.

How can someone claim they
worship a loving God when, at the
same time, they "speak" about homosexu-
als, Muslims, et cetera, Mathabane
said.

Mathabane said he considers
himself spiritual instead of religious,
and said if God truly does exist, he
must be one of pure love.

"You cannot love something you
cannot see when you fail to love
something right before your eyes (like
other people)," Mathabane said.

Biomedical engineering junior
Aaron Rowley said Mathabane was
reasonable in his discussion about
terrorism and Americans.

"Forgotten everyone is human is
easy to do," Rowley said. "You may
disagree with someone, but we're all
human."

Computer engineering junior Jo-
seph White thought Mathabane was
also reasonable with his political out-
looks.

"He sounded intensely educated,"
White said. "He said he liked how
much discussion could be spawned
from the topics Mathabane covered.

Mathabane's lecture did spawn a
discussion with random applause.

During the question and answer ses-
tion, someone asked if he considered
releasing an abridged version of his
book censorship.

Mathabane said no, "it was impor-
tant that...it was readable," but some of
the freshmen in the audience
didn't get to see the book.

Those who can't read the book
because of various reasons are in the
minority and "the strength of a de-
mocracy is measured by how it treats
its minorities," Mathabane said.

After the question and answer ses-
tion, Mathabane autographed books
in the lobby of the Spanos Theater.

"It is especially important with fresh-
man since they have been away now
for around a month,"

Most of the freshmen did not
seem to have a problem with their
parents coming to visit for the
weekend.

"There's nothing negative about
it," Stephen Knaus said. "I hadn't
ever seen them in a while, so it was nice
to get to see them."

His brother Ben agreed and said
they get to enjoy their parents' com-
pany and free food.

Dan and Anne Hadley also said
their son enjoyed them visiting be-
cause of food.

"He seemed happy that we were
here," Anne Hadley said. "We brought
a ton of food for him, so he
better be."

"Some, not all, like for their
parents to come, but it's a great
opportunity to make some of the
students feel like their parents still
care and relieve some homesick-
ness,"Nickelson said.
Health
continued from page 1

Michael & Susan Dell Center for Ad-
ancement of Healthy Living and a
professor of Health Promotion at the
University of Texas School of Public
Health, according to her biography in
the pamphlet provided at HANDs
on Health. She said the community
must take action, especially in the case
of children, who need more exercise
and food with nutritional value rather
than what they are being provided.
Hoelscher said that because of this,
more children are becoming obese,
and, "in some schools, (this is) be-
coming the norm."

“When I worked in CATCH
initially in the early '90s, if you saw
a child with high blood pressure,
chances are they had genetic problems
and...now that's not the case," Hoel-
scher said. "In some of the overweight
chances are they had genetic problems
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Dimock said in order to get children
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“When (ROC) began, the whole
idea was that the food system needs
fixing, and this began in an agricul-
tral world where we're having a lot
of impact from the way food is be-
ing grown, both soil, water impacts
and other resource impacts," Dimock
said. "But it actually emerged to be
once people started looking at the
problems in agriculture, the problems
in agriculture are not based in agri-
culture. They're actually based in the
food system (in which) society is call-
ing upon."

Dimock said "40 percent of food
produced goes to waste," which is
something ROC is trying to fight
against in making food more sustain-
able. He also said there needs to be
more fruits and vegetables in people's
diets and ROC is working toward try-
ing to make those foods more afford-
able.

HANDs on Health provided an
outlet for these health professionals
to inform the students of changes
they should make to their generation
does not head down the same path.
According to Hoelscher and Capps, it
is predicted that one in three people
will have diabetes. Hoelscher said
symposiums like HANDs on Health
provide a great learning opportunity
for students.

"I think they're great," Hoelscher
said. "I think the more we can get
people together to talk about this is-
sur, the more chances you have to
making someone or igniting a passion
in someone or just getting informa-
tion out to people to (make better
decisions)."

Dr. Ann McDermott, the director
of STRIDE, said it was important for
college students to be more informed
now.

"A bachelor's degree is the terminal
degree, and if we're a window of time
in which we know we can influence
a lot of people and raise awareness," McDermott said.

Mara Minarik, the community
liaison for STRIDE, said events like
this are beneficial for students "to get
a sense of the public health."

However, she said there wasn't a
specific problem at Cal Poly, rather,
she said it is more a problem in our
nation as a whole and there are more
things that people can do to be health-
ier and influence others.

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— Stephanie Teaford
Community liaison for STRIDE

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Healthier food is more expensive, es-
specially in these "food deserts," but
ROC is working toward making pol-
icy changes to make food accessible
to needy and low income families,
as well as providing more benefits
to farmers and farm workers in order
to create more environmentally efficient
ways of producing healthier foods.

According to the ROC website, this
is part of a "policy making activity"
called "Ag Vision."

Sandra Milli, another local dieti-
tian who attended the event, said peo-
ple need to get their priorities straight,
like focusing on the quality of their
food more than how many text mes-
ages they are allowed. She also said
the food policies of our country sup-
plement the trend of bad health.

“Our rules and our regulations that
we have developed and our (agricul-
ture) policies (are) toxic, and it's sick,
and it's made the environment sick," Miller
said. "And it's very wasteful."

Swedener, another dietitian and
the dietician intern director at Cal
Poly, mirrored Capps when she said
the "public needs to demand" better
health standards. Yet, she said it is hard
to fight big money.

"I think an interesting thing about
the meeting today is that you can
make changes," Swedener said. "In
fact, people like Lois Capps, folks like
her ... say 'I want to know what you
young people coming into the field
want.' I think having people like that
and going to those people (is benefi-
cial)."

In addition, Dimock said Cal
Poly students are the future and must
understand the need for a more sus-
tainable, health conscious and envi-
ronmentally conducive food environ-
ment.

"Cal Poly produces more of the
leaders of California agriculture than
any other, more than UC Davis," Di-
mock said. "People that run farming
companies come out of Cal Poly, and it's
absolutely essential that they un-
derstand what we mean by (our mes-
 sage)."
State

LOS ANGELES (MCT) — California's food stamp program has a new name, which officials hope will encourage more people to apply for the nutrition benefit CalFresh.

The new name and logo — an abstract representation of the diverse produce available in Cali­fornia — was launched Saturday at an event in Long Beach sponsored by the state's first lady, Maria Shriver, to provide free medical, financial and educational services to low-income women.

The rebranding of food stamps is the latest in a series of efforts to increase participation in the program, which offers qualifying fam­ilies an average of $200 per month of food benefits in California.

SANTA BARBARA (MCT) — A body surfer died after being at­tacked Friday morning by a shark on a beach along the northern Santa Barbara County coast, offi­cials said.

Details were sketchy, but a spokeswoman for Vandenberg Air Force Base told the Los Angeles Times that Santa Barbara County coroner’s investigators are at the beach and that the investigation is being handled in conjunction with the Santa Barbara County Sheriff’s Department.

The attack occurred at Surf Beach, which is on the Vandem­berg Air Force Base. The base has closed Surf, Wall and Minuteman beaches for 72 hours.

In April 2009, a 17-foot shark killed a retired veterinarian who was swimming in the ocean off Solano Beach, near San Diego.

Lieutenant guards said the shark may have been a great white and the swimmer, who regularly swam off Solano Beach, was wearing a wet­suit and may have been mistaken for a seal.
Democrats, Republicans both predict victories in November midterm elections

Lisa Mascaro  
TRIBUNE WASHINGTON BUREAU

Republican National Committee Chairman Michael Steele on Sunday predicted an "unprecedented wave" of GOP victories while Democrats saw signs of voters awakening as both sides made closing arguments in the final week before the midterm election.

Democrats said voters were souring on the big money being funneled to outside groups supporting Republican candidates, including one associated with President George W. Bush adviser Karl Rove.

"I would like to have a different finance system, but we have the system we have," Rove said on CBS "Face the Nation."

Some outside groups are structured in a way that does require donor disclosure.

"It is what it is, and the choice is whether you fight the battle with one arm tied behind your back or not," Rove said.

Democrats are in a vote-by-vote fight to ensure voter turnout in battleground states across the nation.

Democrats are in a vote-by-vote fight to ensure voter turnout in battleground states across the nation.

Dozens of congressional districts are considered too close to call.

President Barack Obama is scheduled to make a final campaign blitz next weekend, hitting four states in two days.

Rep. Chris Van Hollen, D-Md., chairman of the party's House congressional campaign committee, said voters were beginning to connect the dots between outside donor and GOP race.

"These big interests are fighting hard to get back in power, and I think the American people are waking up to that fact," he said. "That's why I think you're seeing a closing of the political energy gap that's been talked about."

Republicans are depending on the enthusiasm of this year's highly motivated conservative voters, many of them associated with the "tea party" movement, to push turnout in their favor.

"You're going to see a wave, an unprecedented wave, on Election Day," Steele said on NBC's "Meet the Press."

Many political experts expect Republicans to pick up the 39 seats needed to wrest majority control of the House from Democrats in the Nov. 2 election.

A GOP takeover of the Senate would be tougher, and neither Steele nor Rove was prepared Sunday to say whether Republicans would win the 10 seats needed.

Control of the Senate is likely to hinge on a few battleground states, including Nevada, where Majority Leader Harry Reid, who has a pity party than a rally," Steele said.

Steele has faced his own criticisms for his tenure as RNC chairman, and he declined to say Sunday whether he would seek re-election. "I'm not irrelevant," he said in response to his critics.

The president this week is also scheduled to tape an interview with Jon Stewart of "The Daily Show."

Stewart and fellow comedian Stephen Colbert are headlining a rally Saturday on the National Mall. Their performances will serve as an alternative to the conservative-themed rallies that have been staged by tea party groups and commentator Glenn Beck.
Catherine Borgeson
CATHBER7@POLY.UCI.EDU

Cal Poly’s MultiCultural Center and Student Life and Leadership will present Cal Poly’s first official Latino Fashion Show in celebration of Latino Heritage Month.

Nutrition sophomore Isabel Montenegro helped put on the event, and looks forward to sharing Latino cultures with the student body.

“We want to showcase our culture and show that even though there’s not much diversity here at Cal Poly we’re still really proud of it,” Montenegro said. “We’re hosting this event in honor of our culture.”

The fashion show is designed to display the major differences within the various Latino countries across the globe. Biological sciences junior Devon Buddan is one of the students who helped organize the event.

“I think a lot of people when they hear ‘Latinos’ have a one-sided view,” Buddan said. “But even though the clothes, values and cultures may be similar, there are distinct differences within them.”

The event will highlight the fashion of Latino countries who celebrate their independence during September and October. This includes Mexico, El Salvador, Guatemala, Belize, Nicaragua, Costa Rica and Honduras. In addition to modeling the traditional attire of each country, the show will explain how the people of these different countries celebrate their independence.

“Celebrating your independence is huge,” Buddan said. “We get to show Cal Poly what’s going on in other parts of the world. Different people’s families around this time may celebrate it at home. I think this fashion show is one way to give people outside of the home an opportunity to see it, or at least get a glimpse of it.”

Buddan is the first person in her family born in America, yet she remains close to her Bolivian heritage.

“My culture and my ethnicity are important to me,” she said. “Your nationality and ethnicity are two different things. Even though I’m the U.S. citizen of my family, I want to still be connected.”

The Latino Fashion Show is one way to be connected, Buddan said. Buddan, along with Montenegro, have been planning the event since June. They found the clothes through a combination of family members, volunteers providing their own traditional outfits and going to different thrift stores in Los Angeles.

To find volunteers, the two asked friends and family, have been planning the event since June. They found the clothes through a combination of family members, volunteers providing their own traditional outfits and going to different thrift stores in Los Angeles. To find volunteers, the two asked other parts of the world. Different people’s families around this time may celebrate it at home. I think this fashion show is one way to give people outside of the home an opportunity to see it, or at least get a glimpse of it.”

Buddan is the first person in her family born in America, but the cultural community but the cultural community and clubs come together and we help each other in any way we can,” Castro said. “Because of their support, it has made me a stronger person and who I am today.”

Castro is half Salvadorian and half Mexican, and her mother introduced her to the history and different cultures in her heritage. In elementary through middle school, Castro danced in Ballet Folklórico — a dance ensemble that reflects the traditional culture of Mexico — Castro said.

Ballet Folklórico de Cal Poly will perform two dances from different regions in Mexico at the show. Performance group Danza Aztecas will also perform.

General engineering junior Sean Johnson is another model in the Latino Fashion Show.

“My culture and my ethnicity are important to me,” she said. “Your nationality and ethnicity are two different things. Even though I’m the U.S. citizen of my family, I want to still be connected.”

The fashion show will take place on this campus, Castro said. “I think it’s cool that this fashion show is a way to instead celebrate culture,” Caldas said.

The fashion show will take place at the University Union (UU) in room 220 at 7 p.m. on Wednesday, Oct. 27. There will be food, music, dancing and fashion.

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Every Monday, cut out this fridge for the week's happenings

**Monday: Football Specials**

- **Fish Friday**
  - Fish Tacos: $6.00
  - Fish Sandwiches: $6.00

- **Sun Football**
  - Fish Tacos: $6.00
  - Fish Sandwiches: $6.00

**Tues: Happy Hour**

- **4-6pm**
  - **$3 Pints**
  - **$3 Pizza, Burger, Hot Dog, Free Nactios**

**Weds: Fish Night**

- Fish Tacos: $6.00
- Fish Sandwiches: $6.00

**Thurs: 7-9pm**

- **$1 Tacos**
- **$2 Corona**

**Fri: Live Music**

- **7pm - 9pm**
- **$3 Tacos**
- **$2 Corona**
- **$1 Margarita**

**Sat: Buffet**

- **10am - 9pm**
- **$22 for adults, $15 for kids**

**Sun: Breakfast Specials**

- **8am - 10am**
- **$4.00 Eggs, Sausage, and Cheese**

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Sherlock Holmes comes to PBS

Rick Bentley
MCCLATCHY NEWS PAPERS

The Guinness Book of World Records has called Sherlock Holmes the most played literary fictional character in movies, stage productions and TV shows.

So, what does PBS do to make the character feel original in yet another TV program? The answer is elementary, my dear Watson: modernize the Baker Street sleuth.

"I think for any actor to play an iconic character, there's a huge pressure that's associated with delivering something that everyone knows culturally," said Benedict Cumberbatch, who plays the modern-day Holmes in "Sherlock," which airs Sunday. "But there is an element of a blank canvas because of this brilliant reinvention and reimagining of him being a 21st century hero."

This latest version of the Sir Arthur Conan Doyle character comes from a couple of guys who know how to upgrade a popular character: Steven Moffat and Mark Gatiss, the men behind the latest incarnation of "Dr. Who" in the early '60s they actually consciously patterned some of the doctor's characteristics after Sherlock Holmes, said Moffat.

"When they were first working on 'Dr. Who' in the early '60s they actually consciously patterned some of the doctor's characteristics after Sherlock Holmes," said Moffat. "They both have that sort of great Edwardian adventuring thing going on. The truth is they're actually almost opposites. I kind of think of the doctor as being a lot more human in a strange way because the Doctor is like an angel who aspires to humanity. Sherlock Holmes is like a human being who aspires to being a god."

That became the basis for his modern Holmes. Moffat wanted to make him a person who — no matter how mad or alarming he might seem — would always be perfectly comfortable in his own skin. He describes Holmes as being "unrepressed."

Putting Holmes in a technologically advanced world wasn't a stretch. Every version of Holmes has had the great detective embrace the technology of that time period.

"It made absolute sense that he's using text messaging instead of having to write inconvenient filling systems of out-of-the-way knowledge," said Gatiss. "He's very media savvy."

There were a few Holmes characteristics that proved more challenging, such as what to do with his drug addiction. The series creators agree that part of the Holmes mythology has been wildly different than home-cooked meals and giving access to a hamburger and fries all day is convenient. And don't get me started on the delicious breakfast items available at VG's late night.

All excuses aside, the freshman 15 is not a laughing matter. In my opinion, there is nothing humorous about gaining 15 pounds. I am terrified of weight gain — especially such a large dose of it.

Cal Poly landscape architecture freshman Chanel Barritt agrees. She said she regrets allowing herself to gain weight during her first month on campus.

"My clothes are too small now," Barritt said. "But my goals for the year are to use the gym more often and eat more healthy foods, but less often, in order to stay fit."

The freshman 15 is not a death sentence, nor is it inevitable. Since I came to Cal Poly, I have been able to exercise, monitor my portions and make healthy choices, which has helped me to avoid gaining excess weight altogether.

Consider the Recreation Center on campus is open all day and late into the evenings and is included in tuition for students, there is no reason exercise and burning off those burger calories should not be a part of one's weekly life.

There are also other options of exercise, such as hiking, surfing and swimming. These exciting ways to get the heart pumping are new to me and seem like a lot of fun in comparison to a dull repetitive gym routine.

Watching portions is a bit more difficult, as I like many students, feel pressure to get my money's worth out of each meal credit on my meal plan. My best advice in this area is to use the change to go waste. If I do not utilize my entire credit for my meal, it is still better than grabbing four candy bars — calories I do not need to consume — as I approach the register. Another option for spending those extra meal dollars is grabbing a few water bottles so you don't have to keep filling up your water filter in the dorm.

Despite what students may think, healthy choices do exist at all restaurants on campus.

Take breakfast, for example. Most on-campus restaurants offer a single-serving of yogurt with granola. This is a much more health-conscious choice than my personal breakfast favorite, a cinnamon roll. This healthy choice won't put anyone into a food coma either — the same cannot be said for the gigantic, sugar-coated cinnamon roll.

I also try to only eat when I am actually hungry. Although this sounds like a no-brainer, I have often found myself peering into the eyes of temptation as friends invite me along for dinner or a late-night snack after I have recently eaten. I have found it is next to impossible to go along on food excursions and not eat so I now just decline the invitation.

In the end, you are what you eat. So does that make me an Almond Joy, just because I slipped up a few times? Absolutely not. But I am still trying to avoid the freshman 15 and give this fitness thing a go.

Sydney Ray is a journalism freshman.

Freshman Column

How to escape the freshman fifteen

The freshman 15, the 15-pound weight gain first-year students are known to experience after coming to college, is often seen as a normal part of college life by many students. The quality of food on college campuses is often joked about without thinking twice, while students continue to make up excuses and continue eating.

Sure, the food on campus is quite different than home-cooked meals — but not always in a bad way. Having access to a hamburger and fries all day is convenient. And don't get me started on the delicious breakfast items available at VG's late night.

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Despite what students may think, healthy choices do exist at all restaurants on campus.

Take breakfast, for example. Most on-campus restaurants offer a single-serving of yogurt with granola. This is a much more health-conscious choice than my personal breakfast favorite, a cinnamon roll. This healthy choice won't put anyone into a food coma either — the same cannot be said for the gigantic, sugar-coated cinnamon roll.

I also try to only eat when I am actually hungry. Although this sounds like a no-brainer, I have often found myself peering into the eyes of temptation as friends invite me along for dinner or a late-night snack after I have recently eaten. I have found it is next to impossible to go along on a food excursion and not eat so I now just decline the invitation.

In the end, you are what you eat. So does that make me an Almond Joy, just because I slipped up a few times? Absolutely not. But I am still trying to avoid the freshman 15 and give this fitness thing a go.

Sydney Ray is a journalism freshman.
I'm a physician who has had concerns about National Breast Cancer Awareness Month for years. They persist despite my wife's breast cancer diagnosis a decade ago (for the record, she's fine and shares my concern).

I worry that the campaign has led women to be more fearful of breast cancer than ever before. It's true that breast cancer does not need to be "in 8" or "in 9" in 9 years, in particular, serves as a poster child for how to exaggerate risk (both because it encompasses the relentless promotion of screening mammography as the solution.

That the campaign's principal founder is a manufacturer of breast cancer drugs doesn't make me feel any better. Nor does the appearance of pink as full color in the National Football League.

Knowing my concerns, a reporter recently asked me, "What do you think women should be aware of?" Here's my list:

1. Breast cancer is an important cancer.

2. If you are a woman who smokes, worry about lung cancer and heart disease instead.

3. This is a serious debate about the value of screening mammography.

4. Small "cancers" that would not have been found without the mammogram and would never have caused problems. Many more have been caught in cycles of testing, abnormal results, biopsies and worry.

5. Screening mammography is your decision, not your physician's. Although it's hard to know how widespread the problem is, a number of women have shared with me that they have been frightened ("Don't you want to live?"") or guilted ("Don't you care about your family?").

7. Screening mammography must be a close call. That the debate persists in the face of this wealth of data tells you something. Screening mammography must be a close call. That the debate persists in the face of this wealth of data tells you something. Screening mammography must be a close call.

The Mustang Daily is a "designated" student newspaper. "Designated" means students have full faculty authority to make all content decisions without parental or agency approval. The Mustang Daily is a free newspaper. However, the removal of more than 50 percent of the material per day is subject to the cost of 50 cents per day.
We are a strong team-oriented workplace where the ability to enjoy your work while playing well with others is extremely important. The ideal candidate should enjoy being creative, organized, self-motivated, and have a high level of attention to detail.

For this position, we are seeking someone who has excellent design and creative capabilities and has working knowledge of Adobe Creative Suite, HTML and Flash.

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Football

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Broadous took over and seemed to provide the Mustangs with a spark on offense. He passed for 510 yards and four touchdowns, while also rushing for 362 yards and three touchdowns, in five games. In three games, he racked up team-high totals on the ground and, in four starts, has led the team to a 2-2 record.

Replacing the Mustangs’ new star didn’t add any pressure on Smith’s shoulders, he said.

“I don’t think there was any pressure,” Smith said. “If anything, it made me feel more relaxed. I feel better when I know I am going in there and my number is going to get called.”

Playing time isn’t a new thing for Smith. He started all 11 games last year and threw for 1,618 yards. Against North Dakota, it didn’t take long for him and his teammates to get into the groove of things.

To start the game, Smith scored on a quarterback keeper to cap a 18-play drive. The Mustangs lumbered across the field, eating up 8:57 off the clock. Running back Mark Rodgers got a heavy dose of the carries and wide receiver Dominique Johnson chipped in when he could.

Call Poly didn’t let up. In the second quarter, Rodgers punched in another touchdown, a 42-yard run off the corner to put the Mustangs up 13-0.

“(David)Mahr had a nice block and so did (Johnson) down the field and they just set it off for me,” Rodgers said. “I just went off their blocks and scored.”

As Rodgers ran across the goal line, he heard a sound he hadn’t heard for a while. It was the first time in five weeks a home crowd erupted to cheer after the Mustangs scored.

“It felt so good, everybody was juiced up to come back home,” Rodgers said. “(After) five road games, the body gets tired.”

It was something the Mustangs needed at the start of the second half. When the Fighting Sioux stole the show, Smith said. At the beginning of the third quarter, North Dakota scored on a 25-yard fumble pass. Josh Murray to Greg Harlin — to put the Fighting Sioux ahead, 14-13.

On their next drive, they added more, Rodgers scored his second touchdown of the half on a five-yard touchdown run by Murray. “The crowd really helped the momentum swing and kept that momentum on our side,” Smith said. “They were loud and they never looked back.”

“We got some serious speed,” Smith said. “He is a serious big time player and a huge addition this year for us.”

The Fighting Sioux threatened to take the lead in the closing moments. They had a field goal attempt sail wide left with three minutes left in the game and quarterback Jake Landry completed a long pass to Jarrel Davis, but was stopped short at the 19-yard line as time expired — giving the Mustangs their fifth win of the season.

In Smith’s first start in five weeks, he finished 12-16 for 80 yards and an interception.

“It was fun,” Smith said. “Whatever my responsibility is week-to-week I do whatever the coaches ask me. This week it was to win a football game and I was just trying to put our team in the best scenario to do so.”

Smith helped his team keep their playoff hopes alive with their win over the Fighting Sioux. With one more loss, especially in the Great West, it may be hard for the Mustangs to try and get into the postseason. But for Smith, he is not looking that far ahead, he said. At this point, the team has to keep it simple.

“We get to take it one game at a time,” Smith said. “We were focused on this game and now we are tuned into St. Francis.”

Volleyball

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the Anteaters by rising over the net to slam the ball home.

Freshman Kristina Graven’s streak of nine consecutive double-doubles was snapped on Saturday night, but she still added to her total.

The Mustangs head into a pivotal stretch of Big West play with a conference championship on their mind. To do so, they’ll need eight in a row and right now they’re at two. So six more.”

State Fullerton and Long Beach State on Friday, then Cal State Fullerton and Long Beach State on Saturday. In five games, he passed for 362 yards and three touchdowns, including the game-winning two-yard touchdown pass to senior Dower on Saturday.

“Something the Mustangs needed at the start of the second half,” Smith said. “We were focused on this (game) and now we are tuned into St. Francis.”

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Football escapes North Dakota rally

Quartermback Tony Smith got the starting nod against North Dakota after Andre Broadous was sidelined with an injury.

Volleyball defeats Northridge, Irvine

Sophomore Holly Franks was the star of the match. Stevenson said, "They took what we said to heart and showed up ready to go. They did a number on a really good team." He said Irvine's record does not reflect how good of a team the Anteaters are and that his team had to play extraordinarily well to win the match.

Senior push men's soccer past UC Davis

Cal Poly men's soccer (5-5-3, 2-2-2 Big West) defeated UC Davis (5-10-0, 3-4-0 Big West) 2-1 Sunday afternoon after early goals scored by the team's two seniors, David Zamora and Junior Burgos.

With five Big West games remaining and fifth in the overall standings, trailing UC Davis and Cal State Fullerton by four points, Cal Poly went into the game with added urgency.

Cal Poly started strong with an early goal from Zamora in the 10th minute. Zamora scored his second goal of the season off a pass from Burgos which he headed into the left side of the goal. "I've been carrying this weight on my shoulders because I haven't been able to score as much this season and scoring from a header like that, it was a beautiful goal from a great cross," Zamora said. "It felt great." Zamora, who has been on the verge of breaking multiple Cal Poly soccer records in his senior year, recorded his 58th career point with his two goals and an assist on his team's 47 assists. Cawrse took over as the team's 14 kills and a hitting percentage of .542. She seemed more enthusiastic following the game against Northridge.

"The goal reminded me how good of a feeling it is to score a goal," especially at home in front of my family and my friends," Burgos said. "I hope (the goals) keep coming in future games.

The Aggies kept pressure on the Mustangs, outshooting them 13-12, but the difference was junior goalkeeper Patrick McLain, who ranks second in the Big West in save percentage (.870). UC Davis had four saves on the game.

UC Davis scored its only goal on McLain in the 85th minute when Kevin Schulte dribbled around McLain as he came out of the goal box to connect the shot and deposited the ball into the back of the net.

The Aggies managed four more shots but weren't able to put another past McLain who had two critical saves in the final seven minutes of play.

Though still in fifth place, the victory puts the Mustangs two points out of third.

"We really needed those three points and this puts us back into the hunt for one of those four conference playoff spots," head coach Paul Holocher said. "We did exactly what we needed to do today.

The Mustangs' next game will be the highly anticipated Blue-Green rivalry match versus UC Santa Barbara Wednesday, Oct. 27 in Alex G. Spanos Stadium.

Against Santa Barbara, we're facing a different animal," Holocher said. "As far as the quality of the player, I think they have some of the best talents individually and as a team, in the country. We're going to have to go back and come up with a good plan when we face them."