Tutoring helps business freshmen

Miles Fairchild

Every Monday and Wednesday at 8 a.m., Patrick Holder sits in Economics 222. Every Tuesday at 4 p.m., he meets with students in the course — this time to tutor them.

Holder, an economics senior, tutors for a new workshop at the Ostafle College of Business. The workshop was developed by the Student Success Center, located in the college’s computer lab.

“In the past, students had to rely on their professors to find them a tutor,” said Amy Swanson, academic adviser and industry liaison for the college.

The college built the center so students could get help without going through their professors. It was initially centered on the use of drop-in tutors, who are available throughout the week.

Now, the center includes a new group workshop aimed at freshmen and non-business majors taking classes to fulfill their GE requirements.

The College of Business has hired 11 new tutors this quarter. Each was assigned to a different class and tutors several groups a week.

Sign-up sheets for the workshop were passed around the classes early in the quarter. Swanson evaluated the students and placed them into groups of about 10, each headed by one tutor.

The tutor attends the class with the students, taking notes and isolating things they know from experience students will have trouble on. This way, the tutor knows exactly what happened in class when he or she meets with a group.

“Students will come in very lost with what’s going on in the class,” Holder said.

Holder gives students practice problems to work on at the workshop. He also does the problems on the board. When test day comes around, he teaches test-taking strategies and time management skills.

“It has really helped bridge the theory between learning and applying,” he said. “It brings the students a newfound mastery and understanding of the material.”

Campus Dining spices up menu

Campus food facilities updated throughout quarter to meet student needs

Daniella Orihuela-Gruber

Campus Dining has unveiled several new food options this year including the soup and salad bar in Campus Market and Curseide Grill, which sets up on different parts of campus and is open late.

Some changes have been big, such as the switch from Pepsi to Coca-Cola and the addition of the Curseide Grill truck, while others were passed around the classes early in the quarter. Swanson evaluated the students and placed them into groups of about 10, each headed by one tutor.

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see Today, page 2
Tutor continued from page 1

Professor Eric Fisher teaches Economics 222. The large class size, some of which have around 200 students, and the recent shift toward technology-complemented learning have placed some strain on Fisher’s teaching ability. This is where the tutors come in. [He said] "Patrick complements the lecturer, in a sense to talk to, which is hugely important," he said. He and Holder meet twice a week to discuss lectures and any problems students may be having, which Fisher said is very useful in identifying where students are struggling. Holder asks which concepts or problems students found most difficult and relays the information to Fisher.

"I get an honest, open assessment of where students are getting lost," Fisher said.

Holder said his experience as a tutor has been positive.

"Seeing the students completely turn around and understand what's going on over the course of an hour is very rewarding," he said.

"We've found the workshop particularly useful, they said. Social science major Rolee Kori has also been attending the workshops with Holder since the third week of class.

"So far, it has been very helpful," he said. "Patrick goes over many potential test questions, and being in a smaller environment definitely helps me learn better."

Food continued from page 1

Dexter Subs isn't the only new, low-priced option around.bury­ side Grill, a food truck much like increasingly popular ones in cities, came about when it became apparent that there was more demand for late night meals. The idea of a food truck for sports games was conceived and was initially sup­ posed to service students looking for a quick breakfast on the way to class as well.

"We asked 'What are we missing?'" Murphy said. "We had coffee places open at seven, but students were starting classes at seven."

Breakfast, when the truck is usually stationed by Spinn's Stadi­ um, has not been very popular so far, since many students don't eat or have the time for breakfast. Nielsen said the truck offers breakfast burritos, sandwiches and oatmeal in the morning and tacos, sandwiches and fries during lunch, dinner and late-night hours.

Curbside Grill cook Stephen Gasch said that so far dinner traffic been "so-so," but that lunch by the Construction Innovations building has been very popular.

"Even the rain hasn't really af­ fected traffic because no one wants to walk up to the Avenue or elsewhere," Gasch said.

Campus Dining has been plac­ ing the truck outside the library at dinner and at Poly Canyon Village in order to give students late-night dining possibilities until about 11:30 p.m., although hours and lo­ cation have varied to see where the truck works best. Curbside Grill is also present at all sports games on campus.

The switch from Pepsi to Coca-Cola products has also been a big change on campus to bring down prices. Murphy said that both Coca-Cola and Pepsi submitted proposals to Campus Dining, but that Coca-Cola was chosen because it was cheaper.

In addition, little changes have also hap­ pened all over campus, restaurants and stores. The interior of 19 Metro Station was re­ designed and expanded so there are more menu options and combi­ nations. Video menu screens have been added in 19 Metro Station and Backstage Pizza in order to change menus easily and put up im­ portant information and on-campus pro­ motions.

"When asked about bringing healthier eating options to cam­ pus, Murphy said that the salad bar is a testament to offering healthier options on campus.

"As much as people want burgis, people don't," Murphy said. "A lot of changes have been made because people want fresh, wholesome, good food."

Murphy said that would prob­ ably be more changes seen all around campus throughout the year, but that they will likely roll out slowly due to budget restric­ tions.

Vita Grande recently installed Nintendo Wii consoles for student use. Management also plans to install sports memorabilia to create a sports bar atmosphere.
SAN LUIS OBISPO, Calif. (MCT) — An Atascadero man convicted last month of killing his 20-year-old daughter said Monday to 31 years to life in state prison.

Judge Charles S. Cannard handed down the sentence to 29-year-old Fermin Brito Falacios for his Sept. 10 conviction for physically abusing and killing his daughter, Natalia Brito.

Cannard said that he didn't see any remorse from Falacios, which might have lightened the punishment, and called the murder a cruel act against a "defenseless, fragile" child.

"You inflicted a horrible death," Cannard said.

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SAN FRANCISCO (MCT) — San Francisco's mayor said on his blog Thursday that his office has formed a task force in charge of finding and killing the arena hours after his announcement.

Mayor Kevin Johnson said that he was forming a task force in charge of getting a new sports and entertainment arena built in San Francisco.

During a speech on the 25th floor of the U.S. Bank Tower on Capitol Mall, the mayor said the task force would roll out requests for proposals for the project in the coming weeks and develop a "clear path to a new arena by the end of the NBA season" in the spring.

The mayor said on his blog Thursday afternoon that his office had received phone calls with ideas for the arena hours after his announcement.

Members of the task force were not named Thursday. Johnson said it could be put together by next week.

It is expected to include City Hall officials, business leaders and attorneys.

In 1996, then-Mayor Joe Serna Jr. formed a regional stadium commission in an attempt to lure a major league baseball franchise to San Francisco.

WASHINGTON — Despite a rising nationwide toll of sickness caused by the H1N1 flu virus and an intensive push by the government to have people vaccinated, almost half of Americans say they aren't likely to get the vaccine, according to a new McClatchy-Ipsos poll.

Just 52 percent of Americans say they're likely to get the vaccine: 33 percent who say they're very likely to get it and 19 percent who say they're somewhat likely.

Forty-seven percent say they aren't likely to get it: 30 percent who say they aren't at all likely to get vaccinated and 17 percent who say they aren't very likely to do it. The vaccine is available through a shot or a nasal spray.

The McClatchy-Ipsos poll also found rising opposition to the health care overhaul legislation that's before Congress. Some 49 percent of Americans now oppose it — up seven points from October — while only 39 percent said they supported it.

The Obama administration has identified corruption in the Karzai administration as a key issue that's weakening the eight-year-old war effort against the Taliban.

Karzai has had uneasy relations with the Obama administration, particularly as the Afghan president's campaign was accused of being involved in widespread voter fraud in recent months.

BEIJING (MCT) — A new Chinese stock exchange that began trading Friday in Shanghai could potentially be a key force for the overheated money market in the fast-growing country.

This potential became evident on the opening day, when all 28 listed stocks soared and trading had to be suspended temporarily.

Meant to nurture small and high-tech firms in such fields as information technology and biotechnology, the ChiNext exchange is modeled on the U.S.-based Nasdaq. It took 10 years for the Chinese government to open the exchange.

Chinese newspapers reported Saturday on the enthusiasm shown on the first day of trading, saying there were numerous speculative transactions made.

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Abortion funding a sticking point in House health care bill

David Lightman

WASHINGTON — Would abortion be easier or harder to obtain under the health care overhaul legislation that the House of Representatives is likely to consider later this week?

It depends on how one interprets the bill.

Abortion rights backers say, they are certain that federal money would only pay for abortions in the case of rape, incest or to protect a woman's life.

However, to Rep. Lou Capp, D-Calif., a leader in the effort to fund compromise, the legislation doesn't expand the government's role in funding abortion.

"Health insurance reform legislation is not the place to be breaking any new ground on the issue of abortion," she said.

Anti-abortion lawmakers, thought to include 20 to 40 Democrats and virtually all of the 177 Republicans, have expressed serious concerns about abortion language in the health care bill.

Democrats control 256 of the 435 House seats — two are vacant — and 218 are needed for a majority, but party leaders are convinced that a compromise on the abortion language can be reached shortly. The Senate, where Democrats control 60 of the 100 seats, is expected to follow suit.

"I am pretty confident we can get there, essentially making very clear that any money spent on the issue of termination of pregnancy won't be spent by the government but by the individual," House Majority Leader Steny Hoyer, D-Md., said Tuesday.

Many Democrats who described themselves as "pro-life" for the past 32 years, federal money can only pay for abortions in the case of rape, incest or to protect a woman's life.

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Abortion

Continued from page 4


House leaders are hoping to begin debate Friday, with a final vote possible as soon as Saturday. Senate action is expected later, but perhaps not before the end of this week.

Though Democrats have been adamant that they want a bill on the Senate’s agenda by the end of this year, Senate Majority Leader Harry Reid, D-Nev., said Tuesday, “We’re not going to be bound by any timelines.” Reid has had trouble finding consensus among Democrats moderates to move forward with legislation.

The House is ready to move ahead. Currently, the bill says no federal money would be used for abortion services, unless a pregnancy was the result of rape, incest or endangered a woman’s life.

Colleges that once kept a long list of lenders are converting to the Direct Loan Program, in which student loans come directly from the government.

The trend was accelerated by many private lenders dropping out of the business when the economy tanked. That led Congress to pass temporary legislation — expiring in June — to assure that students and families still would be able to get loans for school.

In the next two years, students already were relying more on federal loans. The volume of loans from private sources fell by 32 percent in the 2008-2009 school year, according to a recent report by the College Board, a nonprofit organization that watches trends in higher education.

“Moving to direct lending will eliminate the uncertainty families have experienced due to the turmoil of the financial markets,” said Secretary of Education Arne Duncan.

That’s all well and good, said Tony George, director of financial aid at the University of Missouri-St. Louis, which is preparing to switch to the Direct Loan Program by December. But the cost of borrowing would remain the same as under the old system.

“When students get any better interest rates with direct lending? No,” George said.

The balance of outstanding federal loans assumed by students or their parents continues to grow. By 2007-08, two-thirds of four-year undergraduate students had some debt along with their degrees. The average cumulative debt incurred was $27,803, according to the National Center for Education Statistics.

During the same time, 56 percent of graduate education students owed, with the average cumulative debt $40,297. The range was $119,804 for those with medical degrees to $29,975 for those with a master of arts degree.

WORD ON THE STREET

“Are you going to the Mustangs vs. Gauchos soccer game?”

“Hi, I have class and volleyball practice. I would go if I didn’t have those things.”

-Kaitlyn Sulenski, 19, mining systems management senior

“No, I’m going to the beach instead. I don’t really follow soccer.”

-Ryan Cosgrove, agricultural systems management senior

“No, I really want to. I went last year but I have an all-day field trip and we don’t get back until late.”

-Travis McDaniel, general engineering sophomore

“I plan on going and looking forward to beating our rival UCSB this year.”

-Bobby Dodge, mechanical engineering freshman

“I would if I didn’t have so much homework. Maybe I’ll poke in for a bit and support the team.”

-Michael Orsello, computer engineering junior

“I am going because I got too many Facebook messages to ignore it and my friends are going too.”

-Kelly Dumas, graphic communication junior

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Federal government takeover of college loan pool in works

Mara Rose Williams

KANSAS CITY, Mo. — College students are facing a sea of change in borrowing to pay for their degrees — unfortunately, many will still be drowning in debt.

The change, perhaps as soon as July, would end the Federal Family Education Loan program that has dominated the federal student loan pool for more than 40 years.

Banks and other private sources would be cut out of the process by the Student Aid and Fiscal Responsibility Act, passed in September by Congress.

The measure must be considered by the Senate.

This is for all new borrowers.

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Another Type of Groove brings back Mr. Poetic

Hillary Preece
SPECIAL TO THE MUSTANG NEWS

The Multicultural Center does not know exactly what this month’s Another Type of Groove (ATOG) featured performer will do. But they do know Darnell Davenport Jr., “Mr. Poetic,” will have a lot of his performance on audience.

“Mr. Poetic really feeds off of what the audience has to say and how they react,” said Josué Urrutia, student coordinator of this month’s ATOG.

Davenport made his Cal Poly debut at ATOG in December 2008 when he opened up for friend and featured poet Jason Johnson.

“He is a third and electric spoken word poet,” said Urrutia, who selected Davenport because of last December’s performance.

The audience’s positive response and feedback to his previous pieces made Davenport a contender and now headliner for this month’s ATOG.

“He’s young, up and coming, and people think it all fits,” said Melody Shirazi, assistant coordinator of the Multicultural Programs and Pride Center.

The Multicultural Center’s goal for ATOG is to create a sense of true home space, a place where audience members and open mic poets feel related and comfortable.

The mission of every Multicultural Center event is to represent and celebrate the diversity of the student body, according to the center’s Web site. Comfort with diversity is a theme of ATOG achieved by promoting thought and respect towards the poets.

“Every month is a little bit different, each poet is really unique has their own style and energy on stage,” Shirazi said.

While October’s ATOG featured Eumza Rylea, a recognized Chicano spoken word poet, the Multicultural Center went in a new direction by selecting a younger, more audience-centered poet like Mr. Poetic.

“He’s pretty big on jokes and incorporates them to make everyone feel at ease and at home,” Urrutia said.

In addition to Davenport’s headlining performance, ATOG will feature an open mic session, intermission and a DJ in Chamisal Auditorium from 7:30 to 10 p.m.

Sophomore industrial engineer Megan McIntyre says open mic provides the opportunity for self-expression and learning.

“People want this outlet to express their ideas and opinions and learn more about life and how it’s interpreted,” McIntyre said.

Since childhood, we have been told to eat our vegetables and take our Flintstones vitamin. At that age we did not understand who we took them; we just did it because our parents told us to. As adults, we now choose whether to take them and in what amounts.

Some may wonder if it could be bad to have too many vitamins? The phrase “too much of anything is not good” is in fact true in this case. Certain vitamins such as A, D, E, and K, which are fat soluble, can be dangerous if ingested in great amounts.

Water-soluble vitamins include eight B varieties and one C variety and leave the body when you urinate or you overdose.

Here is a simple breakdown of the vitamins we consume. If you were unaware that there were two types of vitamins, you may want to pay close attention to this.

Fat-soluble vitamins, which I listed above, are absorbed through the intestinal tract with the help of lipids. They aid in good vision, healthy skin, hardiness of bones, preventing damage to cell membranes and helping blood to clot.

Some food sources of fat-soluble vitamins include dairy products, fish oils, leafy greens and carrots.

Deficiency in these vitamins can cause certain consequences:

Vitamin A leads to night blindness; vitamin D can cause rickets and osteomalacia; vitamin E can cause anemia in newborn infants; and a lack of vitamin K can lead to a bleeding tendency. It is important to remember that since fat-soluble vitamins are stored, we do not need them everyday.

Even though water soluble vitamins are more easily absorbed and secreted, they are just as important and can be harmful if not consumed in the correct amounts.

They aid in good vision, healthy skin, normal appetite, a healthy immune system and the formation of red blood cells. Some food sources of water-soluble vitamins include meats, vegetables, fruits and grains. In contrast to fat-soluble vitamins, these are not stored and must be replenished daily.

Throughout the year, we change along with the weather and our surroundings, which could cause us to take in more or less of certain vitamins. For example, during the summer season, like summer and spring, this could cause us to take in more of vitamin D from the sun since we are outside so much. Consequently, during the cloudier seasons, like fall and winter (except when the weather is as nice as it is this week), we get less natural vitamin D and should take in more synthetic forms or from vitamin D fortified foods.

During the winter and spring, vitamin C is also a concern because of cold and the season, but that does not mean we shouldn’t take in the correct amount during summer and fall. In fact, some people overdose on vitamin C because they think it will help them get better, when in fact, once the body reaches maximum capacity, it just passes through in urine.

Vitamins are essential to our daily life and can have consequences if taken in the wrong amount. If you find it hard to eat foods containing certain vitamins, a multivitamin can help. Be careful though, because some simply aren’t absorbed at all and are just secreted.

So even though you used to think that old Flintstones vitamin was just your morning candy, now you know the importance of it. In fact, our parents were right when they told us to always take our vitamins and eat our vegetables so we can grow to be big and strong.

Bethany Abelson is a food science senior and Mustang Daily food columnist.

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Flintstones chewable vitamins may not be enough anymore

KOSHNER IN THE KITCHEN

BETHANY ABELSON

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Wednedsay, November 4, 2009
Vampires continue to swamp popular culture

Kristen Stewart and Robert Pattinson star in Summit Entertainment's "Twilight" series, one of many vampire-themed entertainment options popular right now.

Tirdad Derakhshani
PHILADELPHIA ENQUIRER

I'm a vampire, he's a vampire, won't you be a vampire too?

Gee, thanks, Count; Thanks, but no.

Despite being a lifelong vampire aficionado (um, does that sound creepy?), I'd rather be a vampire hunter right now. We're crypt-deep in vampires, thanks in part to an avalanche of mega-selling books and films, including "Twilight," "True Blood," the "Underworld Trilogy" and their rapidly mutating spawn.

Pop-cult trends don't usually last this long. After nearly two years, vamp craze continues to sell "hooky" and films, including "Underworld: Evolution" and "The Twilight Saga: Eclipse," one of many vampire-themed entertainment options that have taken over our thoughts and conversations in the past year.

What's next? Barney and Friends? "The Strain: Book One Of The Strain Trilogy" is sure to do well, but they're not the only ones on the scene. The latest "Twilight" book, "Breaking Dawn," has dominated the news cycle, with Twilight phenomenon reaching new heights.

Publishers lined up to bid for "Dracula: The Un-Dead" by Bram Stoker's great-grandnephew, Dacre Stoker, and screenwriter Ian Holt, which was released Oct. 13. The novel, which reportedly sold for more than $1 million, is a terrific and very bloody reimagining of Bram Stoker's classic novel. Set 25 years after Dracula's destruction, it features a big cast of characters, including Bram's original heroes and real-life monsters Jack the Ripper and Elizabeth Bathory. A film version is in the works.

Surprisingly, there is a unifying theme that runs through many of the gazillion recent vampire books and movies: the question of vampires' moral status.

Once we could rely on vamps. They were inherently evil. Bram Stoker's Count Dracula, for one, was a repulsive, ugly, fierce, blood-sucking killing machine. Bram's literary heir Dacre Stoker, presents a far more sympathetic Dracula.

The creatures in filmmaker Guillermo del Toro and Chuck Hogan's "The Strain: Book One Of The Strain Trilogy" sure do awful things, but they're not the spawn of Satan. They are the product of a virus, which is morally neutral.

Vamps are at the center of the conflict as well, in today's stories, especially in the two best-selling book series by Stephanie Meyer and Charlaine Harris.

No one seems more un-vampire-like than the "vegetarian" vamp family in Meyer's "Twilight" series.

How could anyone take Edward Cullen, played by Robert Pattinson in the film adaptations, for anything but a monster? His swoony, melancholy gaze could melt glaciers.

Barnabas, the conflicted vamp in the '60s soap "Dark Shadows," may have been more good than evil, but he was never as nice!

Harrist: Sookie Stackhouse series features a handsome nice-guy vampire named Bill (played by Stephen Moyer in HBO's adaptation, "True Blood"). Sookie (Anna Paquin in the show) is incredible when he introduces himself; Bill is a powerful predator with an insatiable need to feed off a human's life force or soul.

The vamp craze is part of a larger American fascination with the gothic handed down by the Puritans. It's the flip side, the dark side of our unbounded optimism.

That basic fear — that we might lose our individual selves to a malevolent power, whether it be nature, God, the devil, technology the military, or politics — lies at the heart of the modern vampire.

"Poe to the Pulps" is the first in a brilliant two-volume collection edited by Strach, which concludes with "American Fantastic Tales: Terror and the Uncanny from the 1840s, Until Now." The second work shows the rapid evolution of fictional horror in an era beset by real-life horrors inconceivable in a century earlier.

From the sublime we descend to the ridiculous with a growing series of self-help books designed for the undead and other fiendish creatures.


But they may save your life — or help you get a date... should you decide to become a vamp or a werewolf.

MusTANG DAILY'S
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Cardinals vs. Bears
Texans vs. Colts
Dolphins vs. Patriots
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Titans vs. 49ers
Chargers vs. Giants
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picture of the day

"Orbital Luminescence"

by Ryan Sillarato

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1024x768

<image>
Chicago doctor invents life-saving lingerie

Erika Silfe
Chicago Tribune

To you, that cute pink bra with black lace trim might conjure up thoughts of sexy lingerie. To Dr. Elena Bodnar, it represents a possible lifesaver. Bodnar's invention received the Ig Nobel Prize, given by the Annals of Improbable Research, to "hot lights in sexy lingerie."

Bodnar, a Chicago doctor, has come up with the bra-mask — a bra that in an emergency can be turned into a pair of protective face masks.

Bodnar's invention received the Ig Nobel Prize, given by the Annals of Improbable Research magazine for achievements that "first make people laugh and then make them think."

"The brilliance of my idea is that it's very simple," said Bodnar, who is the director of the nonprofit Trauma Risk Management Research Institute.

To use the bra-mask, the wearer unsnaps the brassiere from under her shirt, which breaks it in two. Because each cup has hooks on its side, the strap is wrapped around the head and hooked to the cup, which goes over the mouth. Bodnar said an experienced user can don the mask in three seconds.

The bra mask could be used during such disasters as fires, terrorist attacks, dust storms or a flu outbreak, Bodnar said. Indeed, she first thought up the idea while treating victims of the 1986 Chernobyl nuclear disaster as a medical university graduate in her native Ukraine.

Bodnar is now pursuing commercialization of her bra mask. She hopes all women will eventually have one.

What about the men? "A lot of my male colleagues in the medical community believe they would use it," Bodnar said.

So this might be a good time to ask: How is the best picture race shaping up?

This year's rules for the award have changed: 10 films, rather than five, will be considered for best picture. A more designed to stoke new interest in the Oscar telecast. Already, there's hope that the wider field will mean more diversity. "Sex" film comedies, overlooked gems, though pessimists counter that it will simply include more mainstream films even less deserving of a nod.

It's too early to place bets, but 2009 has had few obvious best picture candidates. Stephen Soderbergh's "The Informant!," starring Matt Damon as a real-life corporate whistle-blower, made only a small splash. "Beautiful Creatures," "Nine," a musical from the director of the Oscar-winning "Chicago," "The Lovely Bones," based on Alice Sebold's acclaimed novel; "Precious," a gritty drama whose unknown star, Gabourey Sidibe, is generating some Oscar talk.

About the only thing that seems certain is a best actress nomination for Meryl Streep, who played Julia Child in Nora Ephron's "Julie & Julia." A movie that could rack up other nods.

No offense to Streep, but haven't we seen that Oscar ceremony before? After all, she holds the 13-nomination record.


e-mail will be closed for regular services from 11:00 a.m. to 4:30 p.m. on the days when the vaccine is being given. Counseling Services will be open as usual.

For further information go to www afs.calpoly.edu/ehs/h1n1
**LETTERS TO THE EDITOR**

**FOX criticisms miss the mark**

Sometimes, you’ve done a fine job showing your own bias and misrepresentation of facts. Your article “FOX is a grifter” is no exception.

Your article’s supposed references to your sources: two liberal watchdog groups that are against conservatives. You go after “FOX’s Friends” that’s instantly stop-

ping news talk show, not a “straight news program” you claim it’s sup- posed to be. Talk show implies that opinions will be present. Oh, and you go after FOX for saying that the U.S. Chamber of Commerce represents three million busi- nesses. According to the Chamber of Commerce’s Web site, they do represent those businesses. As for the “death panels,” look at other nations. When the government runs health care, which it will do, because the public opinion will undercut the private sector (so much for creating jobs, doctors shortages occur and care must be rationed. Oh, why didn’t you lib- erals report the 3.4 percent profit margin of insurance companies? Oh, that’s not a large profit margin, and won’t help to demonize them. Ah ha! The pharmaceti- cal companies have a 16.4 percent profit margin! Wait, you support Obama so why don’t you after them. How about that bigger lie of them all, Barack Obama! He lied about his former pastor. He lied about CSPAN health care ne- gotiations. He lied about transparency. He lied about stimulus packages. He can’t take criticism. That’s why he is one of your more pittance liberals are attacking FOX. News. If this is for us, not for him. He was not for reform until April 2013. He wants power, period.

David Lewis mechanical engineering senior

Class requirements unfair

Can I say that CE 204 is the worst class ever? My teacher con- grats us with his “high” average for the midterm - 51%. The questions on that test were nothing like what our online homework work and quizzes were. It was multiple choice, 5 questions. No partial credit for work shows or anything. And the assigned online homework has been horrible!!! Errors that disallow you from getting 2 points for these tests. I am a person who would definitely get out of it...

American jobs show your own bias and something truly functional. Maybe pedestrian and ptissiblv the rider as without the possibilitN’ of the rider parking. Too good. A bike can’t instantly stop.

Thomas Jefferson said: “I believe that the two greatest dangers to our liberties than standing armies.” The Fed also constantly lends 90% of the time near 1 percent during the Green- span era, which in part allowed the housing bubble crisis). Tax take bubble. Interest rates are now currently near 6 percent under Bernanke in an effort to revuce our economies, but with the same potential to create a bubble as was created by Greenspan’s artificially low interest rates. We need the free market to set interest rates, not the government. Even small monetization of debt must come to an end before it ends our currency. Since we’ve talked about getting back to the way America used to be not too long ago, we need to look at the current Federal Reserve, the central banking system that once hid from view variable. varsions. No important innovations have been made at all Poly and San Luis Obispo to catch up with the rest of California. It’s a mess right now due to the wars, but have gone oddly si-

nomic and politically.

First and foremost, Americans must be able to see, look after the liberty and interes- ts of all Americans, rather than just the public interest of South Korea, unions and other special interest groups. Ron Paul comes to mind as a person who would definitely help set this country back on the right track. Even though he didn’t win his presidential bid last No- vember, there are a few similar politicians and in the national political scene: people like Dr. Rand Paul, who’s running to be a Kentucky Senator (and is Dr. Ron Paul’s son), and Peter Schiff, who’s running for a Senate seat in Con- necticut (the person who also succe- ssfully predicted the housing bubble crisis).

Besides electing the right politi- cians to the nation’s highest of- fices, Americans need to bring our troops home. Although they’ve done a lot of good work in Afgh­ anistan and Iraq, it’s time for them to come home. This can’t be done with both dignity and honor right now. The Republicans’ defini- tion of “victory” is so vague that the country can’t wait for it to be achieved to bring troops home. Didn’t Bush already declare “victory” accomplished?”

The Democrats’ thoughts on Afghanistan and Iraq are a little confusing. They are supposedly believe that America should end the wars, but have gone oddly su-

ience to the election of Obama, even though troops remain en- gaged in conflict. In addition to getting troops out of Iraq and Afghanistan, mili- tary forces in places like Germany, Japan and South Korea should be reduced. The central banking system that once hid from view (the Iib­ eral Revenue Service (formed in 1953) and the 19th amend­ ment (ratified in 1913), which is the income tax. I propose we go with the Fair Tax, which “abolishes all federal personal and corporate income taxes, gift, estate, capital gains, almost minimum, Social Security, Medicare and self-emp­ loyment taxes and replaces them with a simple, visible, federal retail sales tax administered pri­ marily by existing state sales tax authorities.” Taxes are too way complicated and not nearly transparent enough. The amount of time and money spent yearly preparing tax returns is dis­ apostering. Under the FairTax, April 15th is a day of normal trade.

All in all there’s plenty of work to be done (or more often not too much at times). Legal, also health care, education and Social Security that could all use some cooperation, but I’ll even those topics for a later date. Over­ all, I think we need to go back to the basics of what comes to the gov­ ernment. The government should protect our life, liberty and prop­ erty. In our politicians’ attempt to do more for us, they have managed to do more harm than good. Aaron Bond is a computer engi­ neering junior and Mustang Daily political columnist.

The Mustang Daily is a “designated public forum.” Student editors have full authority to make decisions without censorship or advance approval. The Mustang Daily is a free newspaper; however, subscribers can opt to have more than one copy of the paper per day is subject to a cost of .50 cents per issue.

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Mustang Daily

**EDITORIAL**

**Wednesday, November 4, 2009**

Editor in chief: Erinne Egger
Managing editor: Alex Kack
mustangdaily@gmail.com

**America can move forward from times of turmoi**

A few words...
Help Wanted

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Christopher Columbus’ Lesser-Known First Attempt to Reach the West Indies

Note: When the puzzle is done, the circled letters will spell, from top to bottom, the name of the town where all the people in this puzzle’s theme once lived.

Across
1. Meet (5)
2. 5 With 22
3. Access, noted
4. 19th-century writer
5. British rule in
6. 1 & 6 With 22
7. Where Emirates Airlines is based
8. Malaga Mnt
9. Return syllable
10. See 1-Across
11. With 53-Across,
12. South
13. Some saloon
14. Tomb artifacts,
15. Friend of Aramis
16. Goodyear’s Ohio
17. The laws, e.g.
18. Where Enrile is from
19. Orwell’s “1984”
20. Assistant to
21. Lively, on a
22. See 1-Across
23. Newspaper
24. Table salt,
25. Preparations
26. Prepare to drive
27. Bullet point
28. Madonna in
29. As
30. To
31. In (as
32. Tomb artifacts,
33. See 6-Across
34. More artful
35. Subject of a
36. Where Emirates Airlines is based
37. Occasionally
38. Coffee spot
39. Note
40. Cutting-edge
41. They’re
42. Sikh who wrote
43. Mushy snowball
44. Trex
45. Have influence
46. Hibernating
47. Solar wind
48. Didn’t skip
49. Jill
50. Alternative to
51. Rustic retreat
52. Clubhouse
53. Any of us
54. In (as
55. See 70-Across
56. Get caught in
57. Sister
58. Went
59. ?
60. Muff one
61. Bit of sunshine
62. 2008 Pixar robot
63. Head of
64. 19th century writer
65. Days of yore, in
66. H.S. told

Down
1. Copacabana locale
2. “Georgia Tech’s sports org
3. On
4. With 53-Across,
5. “The Best Jerk”
6. Mardi Gras
7. “TV’s Kwik-E.
8. Place for a
designer’s name
9. Circular measure
10. Monopoly
11. Avenue in the
light-blue group
12. Rene of “Lethal
Weapon” movies
13. Goodyear’s Ohio
headquarters
14. Casual wear
15. Lively, on a
16. Tomb artifacts,
17. Table salt,
18. Circular measure
19. 2008 Pixar robot
20. To
drive
21. In (as
22. Tomb artifacts,
23. Table salt,
24. Circular measure
25. Casual wear
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87. Circular measure
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89. Lively, on a
90. Tomb artifacts,
91. Table salt,
92. Circular measure
93. Casual wear
94. Lively, on a
95. Tomb artifacts,
96. Table salt,
Utley
continued from page 12

Handily outpacing the Yankees up by three runs and Pettitte allowed four runs in six innings in his Game 3 victory.

Of course, Utley could make the questions moot by having two more big games and helping his team do what Adrian asked Philadelphia icon Rocky to do from his hospital bed in Game 4 win on Sunday. But neither was arrested for the fight, according to this account in the Philadelphia Inquirer.

The Inquirer, which reported that Utley was asked to leave by police after a fight at a local bar.

Chase Utley, in this post-season, has slugged for a .314 batting average with 10 RBI and six home runs.

"Rocky II! "War! War!'

Then there would be no debate.

Philadelphia (lack of) freedom

Considering the number of Phillies and Yankees fans in close proximity to Philadelphia for three days and the amount of alcohol ingested, there were relatively few incidents of note. Except for this one.

A Yankee fan and Phillies fan, both from Hamilton, PA., were both arrested after a brawl following the Yankees' win.

One final update on the Philadelphia transit strike that threatened to disrupt the World Series but didn't as both sides talked through the weekend. The transit workers decided to strike Tuesday at 3 a.m. — less than four hours after Game 5 of the World Series ended at Citizens Bank Park.

Union president Willie Brown said city negotiators grew less responsive to his demands once he agreed not to strike during the middle three games.

"I understand the most hurt is done in Philadelphia right now," Brown said, forgetting about Derek Jeter and A-Rod.

Philly's St. Louis-made multimedia where your news comes alive...
For the love of the game: Men’s ultimate Frisbee

Kate McIntyre  Mustang Daily

Kurtis Mundell owns about 20 Frisbees, some of which he keeps in his car for “emergencies.” His favorite is one he swapped from a competitor in Seattle, Washington. It’s white with black print and a submarine graphic. For an ultimate Frisbee player, stealing Frisbees from other teams is common practice.

Cal Poly’s ultimate Frisbee team, called SLO CORE, was started in 1978, 10 years after Joel Silver, the film director, started the first ultimate Frisbee team in New Jersey. Originally the game reflected football rules, but after awhile, Silver and cofounders Bernard Hellring and Jonny Himes changed the rules to include other sports like hockey and soccer. Other schools became interested as the rules got out, and on Nov. 7, 1970, the first intercollegiate game was played. Two years later, the first intercollegiate match took place in 1972 between Rutgers and Princeton, according to UltimateFrisbee.com.

“When you get a brand new Frisbee, before it gets kicked or scuffed up, it’s just great,” Mundell said.

Although it is one of Cal Poly’s more obscure teams, the sport is played in more than 50 countries worldwide and regularly by nearly one million people in the U.S. There are also scholarships for ultimate Frisbee players from colleges like Carleton College and the University of Pittsburgh Foundation.

Currently there are about 60 players on the Cal Poly men’s team, and according to Mundell, “there’s a circulation.” He said, “If you buy one and bring it to a tournament, there’s a good chance it will get stolen.”

Mundell said one of the best parts about the sport is that it’s a camaraderie sport. “The thing with a Frisbee is you have to pay all this money or go to mandatory meetings to be involved. With this, you just have to run around and play ultimate,” he said. “A lot of the guys on the team are my best friends.”

Not only do players stay fit and meet people, but they also have fun. Ultimate Frisbee has two categories: men’s and women’s. The women’s division is the most popular, and the men’s is the fastest-growing.

For the love of the game: Men’s ultimate Frisbee

Paul Van Bloemens Waanders
Women’s ultimate Frisbee coach

What really makes it unique is the official disc. The official disc is a 175g Discraft Ultra-Star. For more information about the game and rules, go to UPA.org.

People think it’s a local, beach, like college sport. When in fact, you can’t go anywhere without seeing one.

— Paul Van Bloemens Waanders
Women’s ultimate Frisbee coach

because of the people,” he said. Van Bloemens Waanders said that while most people might think ultimate Frisbee as a college sport, it’s actually universal. “People think it’s a local, beach, like college sport. When in fact, you can’t go anywhere without seeing one. It’s literally everywhere,” he said.

Both Mundell and Saheehy play on club teams, and Saheehy hopes to play on an elite team in the Bay Area after graduation. The teams there are some of the most competitive worldwide.

Monday through Friday from 11 a.m. to 1 p.m., players will throw Frisbees on Dexter Lawn, but in practice and competition the game isn’t just people tossing a Frisbee around; there are rules. Seven players from each team compete on a 70 by 40 yard field; a normal game lasts about one and a half hours. It’s similar to football in that the defense throws the Frisbee, called a disc, to the offense, with both sides starting on their respective end zone lines across the field. If the offense completes a pass to a team member inside the defense’s end zone, they score one point; the game ends when one team reaches 15 points. It is a no-contact sport.

Handlers are usually the two or three players who throw the best. The rest of the players are called cutters; they catch the Frisbee. The official disc is a 175g Discraft Ultra-Star, which is heavier than a standard Frisbee. For more information about the game and rules, go to UPA.org.

Mustang Daily’s “For the love of the Game” highlights of Poly club sports. For information on coverage, contact Brian De Los Santos at mustangdailysports@gmail.com.