**Ag freshman dies in car accident**

Christopher Thomas Harvey, 18, was killed in a car accident while home for the holidays on Dec. 7. Harvey had just taken two finals to complete his first quarter at Cal Poly when he decided to make the four-hour drive north to his home in Walnut Creek. Once home, Harvey volunteered to be a designated driver for a friend at a party that night. He never made it home after the party.

At 2:45 a.m. on Dec. 8, Harvey and a passenger were on their way, just a few blocks away from Harvey’s childhood home, when the road curved. He continued to drive straight and struck a raised dirt embankment before the car then rolled multiple times and landed on its roof, preliminary police reports said.

Firefighters were able to remove Harvey and the 19-year-old passenger from the car, but Harvey was pronounced dead at the scene due to a blunt force injury, the California Highway Patrol said.

Harvey grew up in Walnut Creek, Calif., east of San Francisco. Since his childhood, he had been involved in a variety of sports but was especially dedicated to basketball and baseball. His father, Christopher Harvey, often coached his son in his athletic endeavors and described him as “smart.”

Harvey’s first-choice school was Cal Poly, where he majored in bioresource and agricultural engineering, his father said.

“He got accepted to a lot of different schools, but when he heard from Cal Poly, that was it,” his father said.

During Harvey’s short time at Cal Poly, he began plying with a fraternity, made many friends and enjoyed school.

“He was a very likeable boy,” his father said.

“He seemed to get along with a lot of different people from a lot of different backgrounds.” Harvey was described as the person who would take the new kid under his wing and help him feel comfortable.

“I really can’t put into words how amazing my little brother was,” said his older sister Sarah Harvey, who is also a student at Cal Poly.

In celebration of Harvey’s memory, his friends at the Sierra Madre Residence Hall, where he lived during his time at Cal Poly, had a game night on Jan. 17. The group gathered to play Harvey’s favorite card game, listen to his favorite music and eat some of his favorite foods.

Veteran of the Afghanistan and Iraq wars Peter Mohan displays a Combat Infantryman Badge attached to his leather jacket at a veterans’ homeless shelter.

**GrC conference goes green for Printing Week**

Communication Institute will host a “Green Media” conference Thursday that will feature some of the top graphic communication professionals from across the nation.

Presented as part of International Printing Week, the conference will focus on green policies within the industry and will discuss what can be done to improve sustainable business practices. The event will be free to all Cal Poly students and staff.

“We want to promote the importance of sustainability and the importance of people thinking about doing things that keep the environment in mind and reduce waste,” Graphic Communication Department Chair Harvey Levenson said.

DonaldCarl, senior research fellow with the Institute for Sustainable Communication, will be giving the keynote presentation covering sustainability, climate change and the evolution of greener graphic communication supply chains. He is also the co-founder of the Institute for Sustainable Communication, the organization presenting the event and responsible for coordinating the speakers.

The schedule is comprised of six different sessions and a lot of them will have panelists,” said Lyndee Sing, Graphic Communication Institute program manager. “It won’t be your typical PowerPoint conference, but it will be very active.”

With approximately 15 speakers in attendance, each session will include a wide range of opinions and offer students new perspectives regarding the green revolution currently hitting the industry.

One session, titled “Bringing Greenerzy into the Mainstream,” will discuss the challenges ahead for the industry and will focus on what designers, buyers, students and other stakeholders can do to increase sustainability.

**New generation of homeless veterans emerges in wake of Iraq war**

Peter Mohan never did find a steady job after he left Iraq. He lost his wife — a judge granted their divorce this fall — as well as his friends and his home, and now he is here in a shelter.

He is 28 years old. “People come back from war different,” he offers by way of a summary.

This is not a new story in America: A young veteran back from war whose struggle to rejoin society has failed, at least for the moment, fighting demons and left homeless.

But it is happening to a new generation. As the war in Afghanistan plods on in its seventh year, and the war in Iraq in its fifth, a new cadre of homeless veterans is taking shape.

And with it come the questions: How is it that a nation that became so familiar with the archetypal homeless, combat-added Vietnam veteran is now watching as more homeless veterans turn up from new wars?

What lessons have we not learned? Who is failing these people? Or is homelessness an unavoidable byproduct of war, of young men and women who devote themselves to serving their country and then see things no man or woman should see?

LEEDS, Mass. — Peter Mohan traces the path from the Iraqi battlefield to this lifesize conference room, where he sits in a kilt and a (“amp KillYourself” selfT-shirt and calmly describes how he became a sad, drugged, homeless veteran.

There was a happy homecoming, but then an accident — car crash, broken collarbone. And then a move east, close to his wife’s new job but away from his best friends.

And then self-destruction: He would gun his motorcycle to 100 mph and try to stand on the seat. He would wait for his wife to leave in the morning, draw the blinds and open up whatever bottle of booze was closest.

He would pull out his gun, a .45-caliber, semiautomatic pistol. He would lovingly clean it, or just look at it and put it away. Sometimes place it in his mouth.

“I don’t know what to do anymore,” his wife, Anna, told him one day “You can’t be here any more.”

Peter Mohan never did find a steady job after he left Iraq. He lost his wife — a judge granted their divorce this fall — as well as his friends and his home, and now he is here in a shelter.

He is 28 years old. “People come back from war different,” he offers by way of a summary.

For as long as the United States has sent its young men — and later in young women — off to war, it has watched as a segment of them come home and lose the battle with their own memories, their own scars, and war up without homes.

The Civil War produced thousands of wandering veterans. Frequently addicted to morphine, they were known as “tramps,” searching for jobs and, in many cases, literally still tending their see Homeless, page 3
Historians fear loss of Rev. Martin Luther King’s legacy to pop culture

Deepi Hajela
ASSOCIATED PRESS

NEW YORK — Nearly 40 years after the assassination of the Rev. Martin Luther King Jr., some say his legacy is being frozen in a moment in time that ignores the full complexity of the man and his message.

“Everyone knows — even the smallest kid knows about Martin Luther King, and can say his most famous moment was that I have a dream speech,” said Henry Louis Gates Jr., professor of urban and regional planning at the University of Buffalo.

“No one can go further than one sentence.”

King was working on anti-poverty and anti-war issues at the time of his death. He had spoken out against the Vietnam War and was in Memphis when he was killed in April 1968 in support of striking sanitation workers.

Gates had come a long way from the crowds who cheered him at the 1963 March on Washington, when he was introduced as “the moral leader of our nation” and when he pronounced “I have a dream” on the steps of the Lincoln Memorial.

By taking on issues outside segregation, he had lost the support of segregationists, he had lost the support of seeing him as a pariah,” Sitkoff said.

Scholarly study of King hasn’t translated into the popular perception of him and the civil rights movement, said Richard Greenwald, professor of history at Drew University.

“We’re living increasingly in a culture of top 10 lists, of celebrity biopics which simplify the past as entertainment or mythology,” he said. “We lose a view on what real leadership is by compressing him down to one word.”

That does a disservice to both King and society, said Melissa Harris-Lacewell, professor of politics and African-American studies at Princeton University.

“By putting him on a pedestal of perfection that doesn’t acknowledge his complex views, “it makes it impossible both for us to find new leaders and for us to aspire to leadership,” Harris-Lacewell said.

She believes it’s important for Americans in 2008 to remember how dichotomous King was before his death in April 1968.

“If we forget that, then it seems like the only people we can get behind must be popular,” Harris-Lacewell said. “Following King meant following the unpopular road, not the popular one.”

In becoming an icon, King’s legacy has been used by people all over the political spectrum, said Glenn McNair, associate professor of history at Kenyon College.

He’s been part of the 2008 presidential race, in which Barack Obama could be the country’s first black president. Obama has mocked King, and Sen. John Kerry endorsed Obama by saying “Martin Luther King said that the time is always right to do what is right.”

Not all the references have been received well. Sen. Hillary Rodham Clinton came under fire when she was quoted as saying King’s dream of racial equality was realized only when President Lyndon B. Johnson signed the Civil Rights Act of 1964.

“King has slipped into the realm of mythology,” he said. “We lose the moral leader that people use and manipulate for their own purposes,” McNair said.

Harris-Lacewell said that is something people need to push back against.

“It’s not OK to slip into flat memory of who Dr. King was, it does no justice to us and makes him to easy to appropriate,” she said.

SLO Macintosh Users Group meeting

What: Where: When: Questions?

Where: Sierra Madre Residence Hall main lounge When: Thursday from 6 to 7 p.m. Questions? Call University Housing at 756-1226.

Engineering Careers in Sustainability

What: Where: When: Questions?

What: Giam insight into careers in sustainability from a panel of employer representatives. There will also be opportunities for the representatives to look over resumes. A complimentary lunch is included.

Building 7 (Advanced Technology Labo Where: Thursday from 11 a.m. to 1:30 p.m.

Questions? Call Career Services at 756-2501.

Perez Hilton speaks at Poly

What: Where: When: Questions?

What: ASI Events presents celebrity blogger Perez Hilton who will be speaking about celebrity and staying after- Where: The Craft Center on the first floor of the University Union. What: Free craft Friday. Where: When: Questions?

Where: The Craft Center on the first floor of the University Union. When: From 1 to 4 p.m. Questions? Call the Craft Center at 756-1266.

Free craft Friday

What: The free craft class will be held in the Craft Center at 8 p.m. and students are encouraged to attend the two day event, which costs regular attendees $39 but is free with a Cal Poly ID.

Conference continued from page 1

can do to help ensure a sustainable future.

"Greener Expectations: The New Normal" is another panel discussion that will be led by supply management professionals and will explain the changing expectations for the industry and the impact that new sustainability guideline will have on the future of print and other communication media.

Both of these are important issues, seeing that the graphic communication industry consumes a massive amount of energy and resources through production each year and produces large amounts of greenhouse gas emissions and solid waste as a result.

The event will take place in Herman Hall at the Performing Arts Center from 8:00 a.m. to 4:15 p.m. Students are encouraged to attend the daylong event, which costs regular attendees $395 but is free with a Cal Poly ID.

A reception and banquet will follow at the Embassy Suites Hotel after the day’s events and will feature U.S. public printer Robert C. Tapella, who will discuss what the U.S. government is doing to promote green policies.

"It’s important that people are continually aware and helping to reduce waste and global warming, to make sure that the world exists for future generations," Levenson said.

The cost of the banquet will not be covered, but students are still welcome to participate at their own expense.
Homeless
continued from page 1

A lengthy gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.

People who have studied post-traumatic stress say there is always at least a gap between coming home — the time of parades and "onslaught" and even "tsunami" to describe what could be happening again — ultimately forgets them.
Nearly 50 white separatists rally where 20,000 ‘Jena 6’ supporters marched months earlier

Mary Foster
ASSOCIATED PRESS

About 50 white separatists protest­ed the Martin Luther King Jr. hol­i­day Monday in this tiny town, which was thrust into the spotlight months ago by 20,000 demonstrators who claimed prosecutors discriminated against blacks.

Police separated participants in the “pro-majority” rally organized by the Learned, Miss.-based National­ist Movement from a racially mixed group of about 100 counter-demon­strators outside the LaVille Parish Courthouse. There was no violence and one arrest, of a counter-demon­strator.

Chants of “No KKK” from the mostly college-age counter-demo­nstrators were met with a chant from the separatists that contained a racial epithet.

At one point, dozens of state police forced back about 10 people, dressed in New Black Panther uniforms, who had gathered around a podium where the separatist group’s leader Richard Barrett was to speak.

One man who broke away from that group was arrested and booked with battery on a police officer and resisting arrest; authorities identified him as William Winchester Jr., of New Orleans and said he was a member of the New Black Panthers. Members of the group at the scene declined to comment.

Race relations in Jena (population about 2,800) have been in the news ever since six black teenagers were ar­rested in the beating of a white class­mate at Jena High School in Decem­ber 2006.

About 20,000 people peacefully marched in support of the so-called Jena Six in September, and Monday’s demonstration was organized in op­position to both the teenagers and the King holiday.

Five of the black teens were origi­nally charged with attempted murder, leading to accusations that they were being prosecuted harshly because of their race. Charges have since been reduced.

Critics of the prosecutor have not­ed that months before the beating, no charges were filed against three other white students accused of hanging nooses — seen as signs of racial intim­idation — in a tree at the high school.

The prosecutor has said that the noose hangings, while “abhorrent,” violated no state law.

Many Jena residents said that carry­ing on the controversy last year ini­tially portrayed them as racists, and that Barrett’s group brought renewed unwanted attention. Only when faced with a lawsuit did the town drop a re­quirement that the Nationalists post a $10,000 security bond for a permit.

Almost all the demonstrators and counter-demonstrators appeared to be from outside of Jena.

“I’d like to see more people from Jena here,” said George Ferguson, a lo­cal resident who wore a T-shirt read­ing “Justice for Justin,” referring to Justin Barker, the white teen beaten in the school attack. “I haven’t seen any­one like I know.”

A few locals, black and white, watched from the sidelines.

“I wanted to see what was go­ing on,” he said. “I’ve heard a lot about it,” said Charles Bailey, a white 53-year-old Jena resident. “It looks like a big waste of my tax money.”

Police from several organizations, including Louisiana State Police and at least three parish sheriff’s depart­ments, were on hand. Snipers staked out the rooftops of buildings across the street from the courthouse.

Jena resident Diana Brown, a black woman who made a scrapbook on the September march, preached on. “I’ve heard a lot about it,” she said.

AAA photo

Jena resident Dana Jones, a black woman who made a scrapbook on the September protest, had her camera in hand Monday. She said she was ready to see Jena’s time in the spotlight end.

“I’m hoping this is the last of it,” Brown said. “Jena’s not a bad place to live if you’re black or white. We’d just all like to see things settle down.”

Rec. Al Sharpton, an organizer of the September march, preached at a Jena church Sunday but was not among the counter-demonstrators; he said he had prior commitments.

Some of the Nationalist support­ers were arrested despite a call from Barrett to leave guns behind.

Acting LaVille Parish Sheriff Scott Franklin told a father and son from Tiaqua, about 30 miles from Jena, to put away all weapons during the march, under Louisiana law.

“I’m here to protest black-on­white crime,” David Dupre Jr., 55, told reporters.

State Briefs

CORONA (AP) — Author­ities tried Monday to learn why two small planes collided over a row of businesses, dropping a macabre shower of debris and body parts and killing someone inside an auto dealership when one of the aircraft punctured the roof.

All four people aboard the two aircraft also were killed in the crash on Sunday, a clear, crisp afternoon that seemed ideal for flying.

The Riverside County Coro­ner’s Office identified the dead as Scott Gayle Lawrence, 55, of Cerritos; Paul Luther Carlson, 73, also of Cerritos; Brandon William Johnson, 24, of Costa Mesa; Anthony Joel Garman, 29, of Hesperia; and Earl Smiddy, 58, of Moreno Valley.

Smiddy was crushed in the car dealership. The other four were in planes with two in each aircraft.

• • •

LOS ANGELES (AP) — Police say a day manager arrived for the morning shift at a San Mateo TGI Friday’s to find a slain employee on the floor.

San Mateo police Lt. Mike Iannucardi said the victim was found at the restaurant Monday morning, showing clear signs of trauma. He was pronounced dead at the scene.

Authorities did not release the name of the victim or say how or where they believe he was killed.

NEWSPHOTO ASSOCIATED PRESS

Michael Brown, of West Monroe, La., holds a Ku Klux Klan flag. Brown is a self-proclaimed member of the Ku Klux Klan.

FRESNO MADERA FARM CREDIT

Working on the farm isn’t the only way to work in agriculture. Consider an internship.

At Fresno Madera Farm Credit working in farming and ranching isn’t just a job; it’s a way of life.

The more you get to know us, the more you’ll understand that no one is more dedicated to agriculture and the values of the people who work in this industry than the individuals at Fresno Madera Farm Credit.

VISIT US TODAY AT THE CAL POLY AG SHOWCASE

Located in the Chia Mashi Auditorium

FRESNO MADERA FARM CREDIT FRESNO MADERA FARM CREDIT

NOW ACCEPTING RÉSUMÉS FOR SUMMER INTERNSHIPS (12 Week Paid Program)

FMFC is seeking top college candidates who are looking for a unique opportunity to learn and experience agriculture lending and appraisal.

In our program, you will receive valuable field experience that can only be gained through hands on training.

LAX/S49

Daily Express Shuttle

Luxury Motor Coaches
Roomy, Reclining Plush Seating
Satellite TV & XM® Radio
Clean, Convenient Restroom
Cal Poly Pickup & Drop off
Service Provided by Silverado Stages

Convenient • Comfortable
Stress-Free • Economical
For Information Call 805-545-8400
Reservations Required • Fares, Schedules & On-Line Booking at:
www.CoastFlyer.com

Take a break! and visit mustangdaily.net

Common areas
• photo slideshows
• podcasts
• send letters to the editor
• post story comments
**Colleges rely more on part-time pros but do little to stop the cycle**

Nancy Zuckerbrod  

College students are getting a raw deal. A recent New York report alleged the problem is one they’re talking about, not solving.

But that same report unambiguously revealed something about how higher education is more culpable than it once was admitted to when it comes to its problems.

The issue is huge: One in every five full-time faculty now on part-time contracts. Adjuncts are cheaper for colleges, but they often lack the time and resources for focused teaching, and research studies students’ performance suffers if they are taught by part-timers too often.

In its report last month, a 39-member commission called for New York’s (SUNY) and city (CUNY) systems to alleviate the over reliance on adjuncts by hiring 2,000 more full-time faculty for their 87 campuses.

But just one page away, the report also called for adding at least 4,000 more full-time faculty for New York’s community colleges.

Thus, the accommodation between those numbers that deserves more attention.

In many fields, there are already too many Ph.D.s awarded for the full-time academic posts available, creating a surplus of likely jobseekers. That pool becomes adjuncts, who command wages and benefits so low that universities find them irresistible.

"It’s not uncommon to have a disconnect like this in higher education, in which people are both concerned about the difficult career prospects being faced by recent Ph.D. graduates and concerned there aren’t enough Ph.D. students,” said Michael Teitelbaum, the Alfred P. Sloan Foundation’s president.

This time, he said, “often don’t get connected. It’s puzzling.”

Adds Jeff Crane, an adjunct who teaches two art courses at SUNY-New Paltz: “There’s this tendency to turn a blind eye to things like that and not make those kinds of equations.

Of course, some adjuncts have other jobs and like working part-time. But many are adjuncts by necessity. Crane, an artist, says he likes the shorter workday. “You can paint,” but he thinks he should be paid equitably. He earns about $5,200 per semester.

It’s well known that jobs in, say, philosophy, are rare. Even at the very top doctoral programs, only one in 10 who start will end up teaching at an elite research university, according to Brian Letter, whose blog “Philosophical Gourmet” tracks the field.

In fields like history, recent numbers show the market improving, but there will be more jobs as baby boomers retire. But some fields like American and European history still have such a surplus that even community colleges now commonly look only at candidates with a doctoral degree.

It’s not just humanities. Groups such as the Business Roundtable have grabbed headlines with urgent warnings about the need to ramp up production of American scientists. In fact, Teitelbaum testified to Congress last year, there is no evidence of a shortage of scientists and engineers — particularly on the Ph.D. track.

But in the life sciences, the U.S. is awarding twice as many doctorates as two decades ago, but has no more faculty jobs, according to one recent study that prompted the journal Nature to editorialize that “too many graduate schools may be preparing too many students.”

2,000 more full-time professorial jobs, some will be disappointed.

The national average for full-time assistant professors is about $60,000, and $100,000 since they get tenure. Crane says many of his colleagues work mostly for the health insurance, which unlike many places, New Paltz offers to adjuncts.

Teitelbaum is quick to point out New York may have good reasons to add doctoral students. They will help improve the state’s standing in the research sector, and of course, many may find work in the private sector.

But if they come seeking full-time professorial jobs, some will be disappointed.

It’s well known that jobs in, say, philosophy, are rare. Even at the very top doctoral programs, only one in 10 who start will end up teaching at an elite research university, according to Brian Letter, whose blog “Philosophical Gourmet” tracks the field.

In fields like history, recent numbers show the market improving, but there will be more jobs as baby boomers retire. But some fields like American and European history still have such a surplus that even community colleges now commonly look only at candidates with a doctoral degree.

It’s not just humanities. Groups such as the Business Roundtable have grabbed headlines with urgent warnings about the need to ramp up production of American scientists. In fact, Teitelbaum testified to Congress last year, there is no evidence of a shortage of scientists and engineers — particularly on the Ph.D. track.

But in the life sciences, the U.S. is awarding twice as many doctorates as two decades ago, but has no more faculty jobs, according to one recent study that prompted the journal Nature to editorialize that "too many graduate schools may be preparing too many students." A 1998 National Research Council made much the same warning.

No doubt universities keep flooding the academic pipeline. The latest federal data show about 60,000 were awarded in 2003-2004, 3.1 percent higher than the year before; it was the largest single increase and tied for the highest percentage increase since 1971.

Faculty like having graduate students around. They’re good intellectual companions, and they boost a professor’s research efforts.

Particularly in the sciences, they also often come with funding from sources such as the National Institutes of Health, which doubled its budget between 1998 and 2003.

But funding usually leads to more slots for graduate students, not for professors. That’s why the percentage of science Ph.D.s moving on to "post-docs" (temporary university posts where they do research while continuing to apply for faculty jobs) is surging — from 43 percent to 70 percent in physics, for instance, in just a few years.

Of course, universities could cut back on using adjuncts and pay up for better wages and more full-time jobs. Some, like Rutgers in New Jersey, have agreed to add tenure-track positions, and the American Federation of Teachers is pushing for legislation in 11 states to require more teaching coming from full-timers.

But with universities already under fire for skewing job priorities, it’s probably unrealistic to expect most will pay more than the going rate for a captive labor pool.
WORD ON THE STREET

“How far into the quarter before you stop reading your textbooks?”

Compiled and photographed by Cary Conrady

“I only look at them at the end of the quarter, for finals.”
— Kevin Jones, biomedical engineering sophomore

“I look at them when I need to prop up a table or something, for sure.”
— Matthew Cobette, biomedical engineering sophomore

“I read mine all quarter, but less after the first midterm.”
— Whitney Schulze, business senior

“I’m struggling with that right now, three weeks into the quarter. I have senioritis really bad. I’ve had senioritis for the past 4 1/2 years.”
— Arleen Paperny, communication studies senior

The Party Is Still Over

Despite what you may have heard

Thank you for helping to end Mardi Gras violence in SLO. Let’s keep it that way.

To support the effort, special laws will be in effect January 31 through February 6. You can expect:

- Large number of additional law enforcement officers on duty
- DUI checkpoints
- Fines tripled citywide for alcohol and party violations
- Up to $1,000 fines for excessive noise
- Special fines in effect for flashing and nudity
- Strict enforcement of laws

Help keep San Luis Obispo a safe place for everyone.

www.MardiGrasSLO.com
Ryan Chartrand

"Cloverfield," has, from the start, accomplished its goal. From the moment the first trailer, eerily shot in the Internet across fanboys of the film’s producer J.J. Abrams to the curious Internet sphere were hooked to a film they didn’t even know the name of yet. Then came the actual viral marketing, the endless Web sites that provided little bits of information: the video news reports from around the world of a drifting rig off the coast of New York that had been destroyed, the MySpace pages for the characters, which, through personal comments, showed dialogue prior to the film’s story and out and out.

And the marketing has only continued since the release of the film as more and more sites and videos have been added to these various Web sites. But the viral marketing served a greater purpose — even greater than telling the rest of the film’s story. The online campaign served as an experience by itself that, when combined with the film, became all too real and actually like a rum for the audience.

Even I can admit that I fell into the whirlwind of hype, mystery and excitement. And after experiencing it all, I can gladly say I’ve been awakened, refreshed and given a new perspective.

For months I was hooked to every clue and every rumored plot line I could learn. But why? Why do we try to spool the fun with entertainment today? Ever since “Survivor” started, this is the way people in 2008 react in situ, much like the stomach of a sailor to make it through. Just take a look at CNN’s iReports during that time: images of people breaking into electronics stores and reporters being visibly naively named are all present in “Cloverfield.” But what’s new to the mix is what Abrams and director Matt Reeves were most interested in, which is the way people in 2008 react in situations of fear and mass panic: they document it and show it to the world in hope of securing a digital legacy.

As the Statue of Liberty’s head comes tumbling down the streets of Manhattan, people aren’t running in fear; instead, they’re whipping out their Nokias (apparently only Nokia exist in Manhattan) to take pictures, record videos and know that they have something important to share with the world.

And why is it that we love to document our lives so much? More, more love to photograph every five minutes of their newborn baby’s life, but why do we believe that simply going out to dinner with friends is worthy of an album of 50 photos on Facebook? In the case of “Cloverfield,” why do we consider documenting more important than our own lives?

Just take a look at CNN’s iReports during those events such as mall or school shootings, and you’ll find plenty of cell phone videos — sometimes even of the shooters — when the films-takers should have been running for their lives.

So to truly enjoy “Cloverfield,” you have to go beyond the remarkable special effects and look at what is a thrilling YouTube-sans account of fear. It’s Sept. 11 meets “Godzilla,” except filmed by the average Joe.

And it’s ultimately not so much a reflection of a culture but rather a byproduct. We all live in fear, whether it’s fear from terrorism, monsters or confusing relationships, and we try to document all of it, knowing that it will one day be published online. That sense of securing our importance and popularity in society has only grown larger since the advent of YouTube. While these fears and technology combine, you get that which “Cloverfield” has conveyed so perfectly in the last several months.

And in the end, that is the bigger story; there is no government conspiracy, no epic tale of an alien monster. It’s simply a cathartic experience — one much like “United 93” — for Americans to face their big, bad, metaphorical monster and attempt to let go of their fears in a visceral thrill ride that sadly ends all too soon.

“Cloverfield” did what last summer’s HBO series “Voyage Project” was unable to do: create a story that is spread out across the Internet and then comes together in one film to cast a mirror upon the audience.

While it’s easy to blow it off as overhyped nonsense with a brainless “story,” average acting and a camera that has an 75 percent chance of making you leave with a popcorn bag full of vomit, “Cloverfield” does have some redeeming qualities that, when looked at as a whole, from its start to now, are worthwhile and will certainly be memorable.

Cat Power returns with ‘Jukebox’ album

Whitney P

When you think of “New York, New York,” the first thing that comes to mind isn’t something sexual. The song brings to mind Broadway, can can dancers and hoards of Hawaiian-shirted, binocular-necklaced tourists running around frantically, hot dog in one hand and suntan lotion in the other. But when the slow and sultry bass drum kicks up in Cat Power’s cover of the same song on her soon-released album, “Jukebox,” the lights dim and the audience is completely different. Yes, these songs are the same ones you listened to on your record player with your parent, but intrinsically they are not.

“Jukebox” contains a sultry and compelling sound that’s hard to create and keep in a covers record, as the nature of covers records is copycatting. It’s easy for the listener to jump to track two, put down the earphones and say, “I’ve heard this before.” Instead, Marshall takes her chops and smoky voice and wields her songwriting abilities in ways that re-save the classic songs, allowing listeners to find new nuances and new feelings in the old singles.

Cat Power’s newest album, “Jukebox,” in stores today, revamps old favorites.
AG SHOWCASE
Job Fair

Attending Companies:

Adam's Grain Company
Agro Engineering
American AgCredit
American Civil Constructors
Amy's Kitchen
Arborwell
Bank of the West
Benchmark Landscape
Blue Spruce Landscape
Brickman
Britz Fertilizers Inc.
Bronco Wine Company
California Exposition & State Fair
California Milk Advisory Board
California Mushroom Farm
Campbell Group LLC.
Cargill
Carson Landscape Industries
CCOF Organic Certification
Christopher Ranch, LLC
Church Brothers Produce
Circle Four Farms
Confidence Landscaping
Cooperative Agricultural Support Services
Crown Packing
Dole Fresh Vegetables
Dow AgroSciences
Driscoll’s Strawberry Aassoc.
Duda Farm Fresh Foods
E & J Gallo Winery
Earthbound Farm
Ecolab Inc.
Elanco Animal Health
Famous Software LLC
Farm Credit
Farm Credit West
Five Rivers Ranch Cattle Feeding
Foster Farms
Fresno Madera Farm Credit
Frito Lay
Gallo Sales Company
Gardener's Guild
Gothic Grounds Management
J.D. Heiskell & Co.
J.G. Boswell Co
Jensen Corporation Landscape
Lextron Animal Health
Mission Produce Inc.
Monsanto
Nunhems USA Inc.
Nurseymen’s Exchange
Nutrition Physiology Corporation
Ocean Mist Farms
Odenberg Engineering
PacFresh Produce Inc.
Paramount Citrus
Peace Corps
Pismo Oceano Vegetable Exchange
Platinum Performance
Reiter Affiliated
RGS Service
Seminis Vegetable Seeds
Seneca Foods
Sierra Pacific Industries
Success Strategies
Sunview Vineyards of California, Inc.
Superior Farms
Tanimura and Antle
Target Specialty Products
Taylor Farms
US Agriseeds
USDA Ag Marketing Service
ValleyCrest Companies
Weedman
Wells Fargo Bank
Wilbur Ellis
Woodside Electronics Corp

Tuesday, January 22
Chumash Auditorium
8:45am to 2:30pm

Students: Don't Forget to Bring Your Resumes - Open to All Majors
MEET A CAL POLY GRAD

ROBERT C. TAPELLA
PUBLIC PRINTER OF THE UNITED STATES

Friday, January 25 at 8:00 a.m. | Graphic Arts Building 26, Room 104

Hear his journey
FROM CAL POLY TO HIS APPOINTMENT BY THE PRESIDENT OF THE UNITED STATES
TO LEAD A FEDERAL GOVERNMENT AGENCY

Hear about
CAREERS AT THE U.S. GOVERNMENT PRINTING OFFICE | www.gpo.gov
Elaborate ‘Secret History’ more than just murder

An elite college in a remote area of rural Vermont. A small group of affluents, improbably intellectually gifted classics students. A charismatic, quite possibly amoral leader of the group. A cinderella protagonist and admirer of the group's curios to see just how much he can exert his influence over it. A murder. Their. another murder. And, at the center of it all, a young transplant student from a modest background, both enthralled by the group's successes and frightened by the potential emotional and psychological cost of its activities.

Such are the elements of Donna Tartt's debut novel, "The Secret History," in which the narrator and protagonist Richard Papen recalls his long-ago days as an "influence" over it. A curious to see just how much he can exert his dreamy tone and revealing sense of detail, illustrate just how well that influence can be portrayed.

When "The Secret History" was published in 1992, it was a huge best-seller that garnered generally ecstatic reviews. In the 16 years since, Tartt has written two more novels, "The Little Friend," and "The Goldfinch." Whatever the reason for this gap (and there has been plenty of speculation about it), her debut work remains a haunting and even sporadically moving exploration of a group simultaneously united and isolated by their secret history.

Quentin Dunne is a psychology graduate student and Mustang Daily book reviewer.

At 576 pages, Tartt's novel rambles at more than a few paces. It's also hard not to detect a certain sense of a young novelist's eagerness to show off her literary knowledge in ways the novel, a little show-offy.

Now, how does this sound? Four slightly more attractive, overly aroused middle-aged women living in New York City. That's the not-just-good concept behind ABC's "Cashmere Mafia." "Cashmere Mafia" is pretty much "Sex and the City" — they even have the same executive producer, Daren Star. But the show's lack of creativity may not be such a bad thing. ABC's just trying to give "Sex and the City" fans more of what they want to see on television. There's even a small chance that ABC can improve on a battle-tested TV formula like CBE's "Gossip Girl" (with Fox's "The O.C.").

In order to accomplish this difficult task, "Cashmere Mafia" puts a lot of stock in three potentially compelling elements — Blackberries, Lucy Liu and a girl who is trying to discover her true sexual identity.

The portrayal of the four women at hard-working tops executives is considerably hampered, in whatever way they achieve their goals or make their lives better. While the simultaneous checking of personal planners gets old, the group's friction on their jobs makes for somewhat captivating plot lines. For example, in the pilot, one of the girls faces off against her husband for a promotion that ultimately led to their separation. The work-a-day world gives another dimension to "Cashmere Mafia," making it more like "Sex, Jobs and the City.

The portrayal of the five women as hard-working top executives is in essence a commercial formula, "Sex and the City" formula, with moderate tweaking here and there, "Cashmere Mafia" put a lot of stock in three potentially compelling elements — Blackberries, Lucy Liu and a girl who is trying to discover her true sexual identity.

The portrayal of the four women at hard-working tops executives is considerably hampered, in whatever way they achieve their goals or make their lives better. While the simultaneous checking of personal planners gets old, the group's friction on their jobs makes for somewhat captivating plot lines. For example, in the pilot, one of the girls faces off against her husband for a promotion that ultimately led to their separation. The work-a-day world gives another dimension to "Cashmere Mafia," making it more like "Sex, Jobs and the City.

The portrayal of the five women as hard-working top executives is in essence a commercial formula, "Sex and the City" formula, with moderate tweaking here and there, "Cashmere Mafia" put a lot of stock in three potentially compelling elements — Blackberries, Lucy Liu and a girl who is trying to discover her true sexual identity.

The portrayal of the four women at hard-working tops executives is considerably hampered, in whatever way they achieve their goals or make their lives better. While the simultaneous checking of personal planners gets old, the group's friction on their jobs makes for somewhat captivating plot lines. For example, in the pilot, one of the girls faces off against her husband for a promotion that ultimately led to their separation. The work-a-day world gives another dimension to "Cashmere Mafia," making it more like "Sex, Jobs and the City.

The portrayal of the five women as hard-working tops executives is in essence a commercial formula, "Sex and the City" formula, with moderate tweaking here and there, "Cashmere Mafia" put a lot of stock in three potentially compelling elements — Blackberries, Lucy Liu and a girl who is trying to discover her true sexual identity.

The portrayal of the four women at hard-working tops executives is considerably hampered, in whatever way they achieve their goals or make their lives better. While the simultaneous checking of personal planners gets old, the group's friction on their jobs makes for somewhat captivating plot lines. For example, in the pilot, one of the girls faces off against her husband for a promotion that ultimately led to their separation. The work-a-day world gives another dimension to "Cashmere Mafia," making it more like "Sex, Jobs and the City.

The portrayal of the five women as hard-working tops executives is in essence a commercial formula, "Sex and the City" formula, with moderate tweaking here and there, "Cashmere Mafia" put a lot of stock in three potentially compelling elements — Blackberries, Lucy Liu and a girl who is trying to discover her true sexual identity.

The portrayal of the four women at hard-working tops executives is considerably hampered, in whatever way they achieve their goals or make their lives better. While the simultaneous checking of personal planners gets old, the group's friction on their jobs makes for somewhat captivating plot lines. For example, in the pilot, one of the girls faces off against her husband for a promotion that ultimately led to their separation. The work-a-day world gives another dimension to "Cashmere Mafia," making it more like "Sex, Jobs and the City.

The portrayal of the five women as hard-working tops executives is in essence a commercial formula, "Sex and the City" formula, with moderate tweaking here and there, "Cashmere Mafia" put a lot of stock in three potentially compelling elements — Blackberries, Lucy Liu and a girl who is trying to discover her true sexual identity.

The portrayal of the four women at hard-working tops executives is considerably hampered, in whatever way they achieve their goals or make their lives better. While the simultaneous checking of personal planners gets old, the group's friction on their jobs makes for somewhat captivating plot lines. For example, in the pilot, one of the girls faces off against her husband for a promotion that ultimately led to their separation. The work-a-day world gives another dimension to "Cashmere Mafia," making it more like "Sex, Jobs and the City.

The portrayal of the five women as hard-working tops executives is in essence a commercial formula, "Sex and the City" formula, with moderate tweaking here and there, "Cashmere Mafia" put a lot of stock in three potentially compelling elements — Blackberries, Lucy Liu and a girl who is trying to discover her true sexual identity.
It's the third week of the quarter, and you know what that means? It's midterm week! Time. For some college students, this means their caffeine intake will be gradually increasing until the end of the quarter. Caffeine can be used to help restore mental alertness for those of us that are experiencing tiredness or fatigue. It is not intended to replace sleep on a regular basis, but really, what college student doesn't need some kind of pick-me-up from time to time? Around 90 percent of Americans consume caffeine in one form or another every single day. More than half of all Americans consume more than 300 milligrams of caffeine (the equivalent of three cups of coffee) every day, making it America's most popular drug by far. Among in many actions, it operates using the same mechanisms that amphetamines, cocaine and heroin use to stimulate the brain. This explains why some of us can't fathom getting through the morning without some source of caffeine.

Caffeine is present in coffee, tea, soft drinks and, my personal favorite, chocolate! The effects of caffeine are different for everyone. For example, there are people who can drink coffee and fall right asleep, and there are those that can barely drink coffee, double think. I've heard multiple mixed reviews on caffeine, so I decided to give both sides of the story.

Cons

Caffeine does boost blood pressure, which might not be good for you if it's happening all the time. Repeated elevations in blood pressure and increases in your reactions to daily stress that occur with caffeine intake could boost the risk of heart disease. Caffeine may cause nervousness, irritability, trouble sleeping, dryness or a pounding heartbeat. Some of the other downsides of coffee is that It can cause blurred vision, dry mouth, excessive urination, nausea, stomachache and unusual thirst. Coffee withdrawals cause blood pressure to drop dramatically, causing an excess of blood in the head and leading to a headache. Another negative aspect of caffeine results when it is mixed with alcohol, such as the popular drink Red Bull and vodka. This creates a false sense of alertness, which might make someone feel that they are sober enough to drive. This dangerous mixture also increases heart rate and possibly leads to increased liver damage. Studies also prove that caffeine may cause the body to lose calcium, and that can lead to bone loss over time. Caffeine stays in our bodies between three and seven hours, and since coffee is a diuretic, it could increase chances of dehydration and thus fatigue. Drinking caffeinated soft drinks and coffee instead of milk can have an even greater impact on bone density and the risk of developing osteoporosis.

Pros

Caffeine can boost both your mental and physical stamina. It makes you more alert, boosting your concentration. Caffeine can help you work out with longer endurance, increased muscle strength, less fatigue and more rapid recovery. It increases the body's metabolism by around 10 percent. Females metabolize caffeine 20 to 30 percent more quickly than males. However, it can take twice as long to metabolize caffeine when women are taking certain medications, such as oral contraceptives.

Caffeine has been shown to decrease liver cancer, asthma, diabetes, Parkinson's disease and colon cancer. Caffeine can also stop a headache, boost mood and lift depression. There are some antioxidants in coffee beans, some which become especially potent during the roasting process. Decaf has the same antioxidant benefits as regular coffee. Drinking coffee that has been freshly roasted and brewed is more beneficial than downing coffee that is stale or badly brewed. If you want a gentler source of caffeine that also has antioxidant benefits, try green tea. Certain compounds in green tea called catechins have anti-inflammatory, antioxidant and anti-viral properties. American researchers reported that these same compounds inhibited the hardening of the arteries.

Caffeine and a sweet treat, chocolate has a bit of caffeine and appears to have been proven to prevent many types of cancers. If you want your caffeine and a sweet treat, chocolate has a bit of caffeine and appears to be a particularly good source of antioxidants and may offer cardiovascular benefits as well. So now you are armed with the facts. Please drink responsibly.

Sarah Bailey is a nutrition senior, a Mustang Daily nutrition columnist and a Mustang Daily opinions editor.

The buzz on caffeine

<table>
<thead>
<tr>
<th>TYPE OF DRINK</th>
<th>SERVING SIZE</th>
<th>CAFFEINE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coffee</td>
<td>16 oz.</td>
<td>266 mg</td>
</tr>
<tr>
<td>Starbucks coffee</td>
<td>16 oz.</td>
<td>320 mg</td>
</tr>
<tr>
<td>Decaf coffee</td>
<td>8 oz.</td>
<td>312 mg</td>
</tr>
<tr>
<td>Starbucks espresso</td>
<td>6.5 oz.</td>
<td>170 mg</td>
</tr>
<tr>
<td>Starbucks frappuccino</td>
<td>9.5 oz.</td>
<td>155 mg</td>
</tr>
<tr>
<td>Arizona Iced Tea, black</td>
<td>16 oz.</td>
<td>32 mg</td>
</tr>
<tr>
<td>Nescafé</td>
<td>8.3 oz.</td>
<td>26 mg</td>
</tr>
<tr>
<td>Coke, regular or diet</td>
<td>12 oz.</td>
<td>47 mg</td>
</tr>
<tr>
<td>Pepsi, regular or diet</td>
<td>12 oz.</td>
<td>38 mg</td>
</tr>
<tr>
<td>Mountain Dew</td>
<td>12 oz.</td>
<td>51 mg</td>
</tr>
<tr>
<td>Dr. Pepper, regular or diet</td>
<td>12 oz.</td>
<td>42 mg</td>
</tr>
<tr>
<td>Monster Energy</td>
<td>16 oz.</td>
<td>160 mg</td>
</tr>
<tr>
<td>Red Bull, sugar free</td>
<td>8.3 oz.</td>
<td>80 mg</td>
</tr>
<tr>
<td>Full Throttle</td>
<td>16 oz.</td>
<td>144 mg</td>
</tr>
<tr>
<td>pills (energy)</td>
<td>1 tablet</td>
<td>200 mg</td>
</tr>
</tbody>
</table>

By e-mail: MustangDailyOpinions@gmail.com
By mail: Letters to the Editor, Building 326, Cal Poly, SLO, CA 93407

corrections

The Mustang Daily staff takes pride in publishing a daily newspaper for the Cal Poly campus and the neighboring community. We appreciate your readership and are thankful for your careful reading. Please send your correction suggestions to MustangDaily@gmail.com.

notices

The Mustang Daily is a "designated public forum." Student editors have full authority to make all content decisions without censorship or advance approval.

The Mustang Daily is a free newspaper; however, the removal of more than one copy of the paper per day is subject to a cost of 50 cents per issue.

Lauren Rabano Mustang Daily

Around 90 percent of Americans consume caffeine in one form or another every single day. More than half of all Americans consume more than 300 milligrams of caffeine (the equivalent of three cups of coffee) every day, making it America's most popular drug by far. Among many actions, it operates using the same mechanisms that amphetamines, cocaine and heroin use to stimulate the brain. This explains why some of us can't fathom getting through the morning without some source of caffeine.

Caffeine is present in coffee, tea, soft drinks and, my personal favorite, chocolate! The effects of caffeine are different for everyone. For example, there are people who can drink coffee and fall right asleep, and there are those that can barely drink coffee, double think. I've heard multiple mixed reviews on caffeine, so I decided to give both sides of the story.

Cons

Caffeine does boost blood pressure, which might not be good for you if it's happening all the time. Repeated elevations in blood pressure and increases in your reactions to daily stress that occur with caffeine intake could boost the risk of heart disease. Caffeine may cause nervousness, irritability, trouble sleeping, dryness or a pounding heartbeat. Some of the other downsides of coffee is that It can cause blurred vision, dry mouth, excessive urination, nausea, stomachache and unusual thirst. Coffee withdrawals cause blood pressure to drop dramatically, causing an excess of blood in the head and leading to a headache. Another negative aspect of caffeine results when it is mixed with alcohol, such as the popular drink Red Bull and vodka. This creates a false sense of alertness, which might make someone feel that they are sober enough to drive. This dangerous mixture also increases heart rate and possibly leads to increased liver damage. Studies also prove that caffeine may cause the body to lose calcium, and that can lead to bone loss over time. Caffeine stays in our bodies between three and seven hours, and since coffee is a diuretic, it could increase chances of dehydration and thus fatigue. Drinking caffeinated soft drinks and coffee instead of milk can have an even greater impact on bone density and the risk of developing osteoporosis.

Pros

Caffeine can boost both your mental and physical stamina. It makes you more alert, boosting your concentration. Caffeine can help you work out with longer endurance, increased muscle strength, less fatigue and more rapid recovery. It increases the body's metabolism by around 10 percent. Females metabolize caffeine 20 to 30 percent more quickly than males. However, it can take twice as long to metabolize caffeine when women are taking certain medications, such as oral contraceptives.

Caffeine has been shown to decrease liver cancer, asthma, diabetes, Parkinson's disease and colon cancer. Caffeine can also stop a headache, boost mood and lift depression. There are some antioxidants in coffee beans, some which become especially potent during the roasting process. Decaf has the same antioxidant benefits as regular coffee. Drinking coffee that has been freshly roasted and brewed is more beneficial than downing coffee that is stale or badly brewed. If you want a gentler source of caffeine that also has antioxidant benefits, try green tea. Certain compounds in green tea called catechins have anti-inflammatory, antioxidant and anti-viral properties. American researchers reported that these same compounds inhibited the hardening of the arteries. Both green and black tea contain polyphenols, which have been proven to prevent many types of cancers. If you want your caffeine and a sweet treat, chocolate has a bit of caffeine and appears to be a particularly good source of antioxidants and may offer cardiovascular benefits as well.

So now you are armed with the facts. Please drink responsibly.

Sarah Bailey is a nutrition senior, a Mustang Daily nutrition columnist and a member of PULSE. E-mail her your questions at slbailey@calpoly.edu.
Why I hate uptight people

To all you highly offended readers out there: grow a sense of humor, ya punks.

I read James Koman's infa­

mous column, and then guess what? I didn't whine or cry about it, I didn't think of all the ways it hurt race relations in this country, and I didn't immediately write a list of all the different countries in Europe my ancestors came from ... I laughed. Because it was funny.

Maybe it's because I don't drive a gas-pitting battle sta­

tion, or maybe it's because I'm actually 1/32 black (you can tell from my blinding white tan), but surprisingly enough, I wasn't horribly offended by it. More likely it's because I understand words like "racist" and "self-deprecating humor," and I'm not even an English major!

But I do have to congratulate you on one thing: you finally managed to conjure up some moral outrage. That's a good thing.

Now, take that anger and apply it to something that actually MATTERS. We face issues like war (that we're fighting for who knows what reason anymore), torture, wholesale stripping of civil liberties, rampant disregard of global warming, and 24/7 news coverage of a regime that doesn't care less. But somebody makes fun of your Burger King order and your choice of bumper adoration, and suddenly you're nuts.

Grow up and get over yourself. I'm sorry that your frag­

il self-esteem got bruised, but you just proved the column right.

Andy Scott Mechanical engineering senior

Eminem? More like ad­

hominem!

In his recent article — and I use the term "article" loosely — Ian Nastriere wrote, "Ron Paul is crazy. I thought that the Mustang Daily was above such BARELLES-ad hominem attacks, but apparently NOT.

The fact of the matter is that Mr. Nastriere and the rest of the SHILLS who have been bashing Congressmen Dr. Ron Paul's campaign in The Mustang Daily and other campus publications have no information that's obviously available, un­
ging and doing a

sicken­

ing stripe right in front of you, if only you're willing to look — the enforcement of gender norms has spread into un­
imaginable areas.

There's an area of study in political psych­

ology devoted to what's called "the author­

itarian personality." The essence of the idea is that there is a personality type that simply cannot deal with complexity or conflict. The theory was conceived in the wake of Nazism, and its originsator clearly had racial intolerance in his mind. But with racism driven underground, maybe authoritarian energy needed some­where else to go.

When that one hallmate of mine crossed the line freshman year, he knew perfectly well the definition of feminism. But finding himself the only male standing out, he looked around and said, "It just means you support equality, right?"

It's not a war between men and women, and it's not feminists who decided to interpret it that way, to make it socially uncomfortable to be on that side of the line. People always say that feminists want to politicize everything, to genderize things that are genderless. The fury directed at those who are perceived to be gender-bending is visible wherever you look, and it's not pretty.

It doesn't take a sharp eye to see the gender police on patrol everywhere, watching who talks in class, who comes to parties and even what they wear.

So let's clean something up. There's a differ­

ence between no longer being able to tell between the sexes and what to do and being told what to do. In the space between in two cir­

cuslations is equality.

When white guys look at a world they no longer run quite the way they used to, and think, "I am so oppressed," they don't get any sympathy.

Dude Mustang Daily — why are you still letting this clown write for you? Was the amaz­

ing amount of negative feedback about him not a HUGE clue how the students feel about his writ­

ing?

— Michael

Response to "Avoid disappointment, give up now" Hey Jackie, thanks for suggesting to James that he keep the audi­

ence in mind. I'd like to suggest an idea for you too: "the audi­

ence" does not have the same view as you. For one thing that the article was humorous and not ignorant at all, and I applaud James for writing this informative piece and further spreading real news and education to the masses.

— Gustavo R. Melha

Response to "Dear James Koman"

Lame ... This is college; some people just need to grow up and realize this. Although I suppose the perspective that is written about solubly shows some maturity.

— Ryan

Response to "Poly students argue UCSB campus before games"

This article is just as ridiculous as Mr. Koman's article last week. Shoul­

darsn't journalism be about reporting the facts, not the hu­

mor in printing obscene language. I think I am going to cancel my subscription to this ridiculous paper.

— Tom

Response to "Why I hate generaliza­

tions"

"The Ron Paul revolution is not going to work." "Thompson is my man ... I'll just have to cross my fingers." For a man who seems to be so sure about the fact of Dr. Paul's campaign, you seem to be in la-la land with your vision of "Mr. Conservative." Can we try your son's campaign. Really, time for a reality check. Ron Paul beat Fred Thompson in New Hampshire and Michigan by a fairly substan­

tial margin and almost doubles Thompson in total primary votes thus far. Honestly, if freedom is that "crazy" to you, maybe you should think about living in another country. Take your ad­

hominem attacks elsewhere.

— Matthew

Response to "Will the real presiden­

tial candidate please stand up"

Be our GUEST!
The Mustang Daily is always accepting guest commentaries.

Send your commentaries of about 500 words (and an original topic) on <mustangdailyopinions@gmail.com>
NBA
continued from page 16

Denon Williams and Brandon Roy.
18) Washington Wizards – On Jan. 12, the
Wizards beat the Celtics. Soon afterward, Gil-
bert Arenas announced he will opt out of his
contract to sign with a contender. (Jan. 14,
while the Wizards beat the Celtics again. The point
is nobody cares what Arenas says or does any­
more.
19) Sacramento Kings – Ron Artest thinks
he has ever had.
20) Indiana Pacers – Mike Dunleavy, Jr. is
leading a team in scoring?
21) Chicago Bulls – The only big headline
we should be reading about there’s how they
are still one of the NBA’s biggest disappoint­
ments.
22) Charlotte Bobcats – MJ should lace
up the Nikes and mentor the young guys like
he did with Kwame Brown.
23) L.A. Clippers – They are making a case
for Elton Brand to win the MVP award next
year.
24) Philadelphia 76ers – I know they will
have a lot of cap room this summer, but why
would anybody want to sign with a team that
rarely wins out of town?
25) Milwaukee Bucks – I know Yi Jion–
lian was worried about the Chinese market
in Milwaukee, but what about the embarrass­
ment of having to suit up for as awful team?
26) Memphis Grizzlies – They make me
want to take back my comment about the
UCLA Jazz.
27) Seattle SuperSonics – Another conspir­
acy theory: The NBA will only allow the Son­
ics to move if they relocate to the East Coast
so more people can watch Kevin Durant on TV.
28) New York Knicks – Sadly, Isiah Thomas
is becoming the Britney Spears of the NBA.
29) Miami Heat – The combination of Des­
yane Wade and O.J. Mayo sounds pretty good.
30) Minnesota Timberwolves – I am going
to have to give them a little more there and say that
Kevin McHale isn’t going to win GM of the
Year.

Denny’s
is an animal science senior and a Mus­
fangled daily sports columnist.
Mustangs dominate Westmont in opener

Kory Harbeck

"Lots of energy today!" shouted head coach Justin McGrath as his Cal Poly men’s tennis team took the court for its first dual match of the season.

The young Mustangs took the advice to heart as they rolled over Westmont 7-0 Saturday afternoon at Mustang Courts.

Only three players returned from last season’s Big West Conference regular-season title team, but the four players making their Cal Poly debuts showed why the team still has aspirations to build on last year’s success.

"I thought we showed some nerves, but we fought through that and finished strong," McGrath said.

"We got off the courts quickly, which is always good. I thought it was important to get one under our belt," Cal Poly set the tone early, sweeping the three doubles matches to earn the doubles point.

Junior Andy Gerst, a Washington transfer, teamed with freshman Joel Abt to win their match 8-2.

"We’re still trying to get a feel for each other in practice, but it felt good to get out and start the season," Gerst said.

The other doubles matches were both won 8-3, as junior Darrin Jacobs and sophomore Robert Wardman and freshman Drew Jacobs were also dominant in their matches, both dropping just one game over two sets.

"I thought the two boys from SoCal (Jacobs and Wardman) were impressive in their debut," McGrath added. "And Gerst was gritty in his match."

No one on the team says they expect smooth sailing for the rest of the season.

On Sunday, the Mustangs traveled to Fresno State and fell to 1-1 after a 3-2 loss.

"We got off the courts quickly, which is always good. I thought we battled hard tonight," he said. "The effort was there."

Classifieds

**HELP WANTED**

**Classifieds**

**Earn CASH for Opinions. Paid Focus Groups coming soon to your area. Register online at:**

http://www.q-in-sights.com/resident.html

**We currently have groups for apartment, condo, or house renters between the age of 18-64 years old. Interested? Please Call (805) 884-3102**

Place your ad today! Visit www.mustangdaily.net/classifieds

**CLASSIFIEDS**

**FOR SALE**


**ANNOUNCEMENTS**

The Heart of Christianity Join a book study of Marcus Borg’s book that sees Christianity as a dynamic relationship with God rather than a religion of rules and propositions. Get the book “Heart of Christianity” at El Corral or at the study: Thursdays all quarter from 1110-room, Building 52 Room E46. Led by Lutheran Campus Ministry. 542-0260

Free List of all Houses and Condos For Sale in SLO. Call Nelson Real Estate 546-1990 OR email steve@slohomes.com

**SHOUT OUTS!**

**Place your ad today!**

**LOST AND FOUND**

LOST Monthly Planner - Reward - black zippered planner w/address book lost on campus Dec 2007 finals, $100 reward. (775) 287-4896

LOST Parse left at Campus Market. Please call Janelle at (805) 234-3830

Lost something? Place your ad today! Call (805) 756-1143 or visit our website!
Gauchos outgun Mustangs

**Cal Poly loses for sixth time in seven games**

Rachel Gellman  
**MUSTANG DAILY**

The energy and eagerness was there at Mott Gym in Saturday night’s Central Coast rivalry match-up between the UC Santa Barbara and Cal Poly men’s basketball teams — but the baskets wasn’t too receptive of the ball when a Mustang released it. Cal Poly shot a season-low 10.3 percent from the 3-point line (2 of 19) on the way to a 75-60 defeat in its third-straight Big West Conference loss.

“We had some good looks and they didn’t go in,” Cal Poly head coach Kevin Bromley said. “That’s kind of been our story to this point.”

Senior UCSB guard Alex Harris, meanwhile, hit 5 of his 9 shots from deep while dropping a season-high 13 points. Harris was quick on the attack and got himself to the line often, making 10 of 12 free throws.

“You take his free throws away, and he has 21 points,” said junior Cal Poly guard Trae Clark, who had 12 points and four assists on the night.

Sophomore guard Lorenzo Keef-  

er also had a team-high 12 points for the Mustangs (6-11, 1-4 Big West). Clark said Harris was definitely the focus of the Mustangs defense, yet he was crafty in drawing fouls and more importantly, proficient at the free-throw line.

Sophomore guard James Powell added 20 points for UCSB thanks to a trio of 3-pointers. He made 9 of 12 free throws while dishing out five assists and grabbing five rebounds.

Although 15 Mustangs scored, no one reached double digits aside from Clark and Keeler.

“We don’t have a go-to guy,” Bromley admitted. “When things break down, a lot of times that go-to guy (could) make a shot or take over.”

The Mustangs opened the contest with defensive energy, as senior forward Dreshawn Vance had three blocks in his first eight minutes of see Men’s, page 15.

In a match-up of two teams with undefeated conference records, UCSB (10-6, 5-0 Big West) into a tie for third. Cal Poly was out-rebounded 36-31 and committed 20 turnovers while shooting 35.7 percent from the floor.

In a battle between Big West Conference champs — err, 1 mean — champs.

**In first place no more**

**Mustangs fall into third place with loss to Big West Conference rival**

Kory Harbeck  
**MUSTANG DAILY**

In a battle between Big West Conference heavyweights, the UC Santa Barbara women’s basketball team delivered a first-round blow that Cal Poly never fully recovered from.

Falling behind 9-2 early, Cal Poly trailed throughout, struggling to find a rhythm offensively in a 75-58 defeat Saturday afternoon at Mott Gym.

In a match-up of two teams with undefeated conference records, UCSB (10-6, 5-0 Big West) made an early bid for Big West supremacy in a physical contest that dropped Cal Poly (7-11, 4-1 Big West) into a tie for third.

This was a contest of wills, and we didn’t match their physical play,” said Cal Poly head coach Faith Mimnaugh. "It was a fight, and (UC) Santa Barbara knocked us out today.

Cal Poly struggled to match the size advantage UCSB had inside. Six-foot-4 center Kat Sudderman scored 14 points and grabbed a game-high six rebounds for the Gauchos, and forward Ashlee Brown came off the bench to make all six of her shots from the floor to finish with a team-high 15 points in just 15 minutes.

Cal Poly was out-rebounded 36-31 and committed 20 turnovers while shooting 35.7 percent from the floor.

Senior guard Sparkle Anderson led the Mustangs with 12 points and six assists, she also finished with four rebounds and a steal.

Playing in front of a crowd of 1,172, the Mustangs longest since 2003, Cal Poly was stung early by a swarming Gauchos defense.

The Mustangs missed 14 of their first 17 shots, including several contested looks from point-blank range before Ashlee Stewart hit Cal Poly’s first 3-pointer of the night to trim the deficit to seven, at 21-14 with 9:11 left in the first half.

“(UC) Santa Barbara is always a physical team,” Cal Poly forward Megan Harrison said. “They applied a lot of pressure, but we were still able to get the shots we wanted. We just couldn’t get them to fall tonight.”

Harrison finished with 10 points, making it see Women’s, page 14.

**Boston on the way to another ring?**

Dmitry Bisk  
**The GIVE and GO**

Mere weeks remain until the NBA All-Star break. Nearly halfway through the season, there is a breakdown of every team in the league, ranked from first to worst:

1) Boston Celtics — Three All-Stars, 10-0 against their division, 11-0 against the Western Conference, 7-3 in their past 10 games, and an overall record of 33-6. Enough said.

2) San Antonio Spurs — Heard this one before: Is it April yet? No? Well then let’s just stick to cruise control.

3) Dallas Mavericks — All Dirk Nowitzki needed was a summer-long exit in Australia with a woody beard and two wins against the Warriors to finally get rolling again.

4) New Orleans Hornets — Scary thought: Chris Paul has yet to play to his full potential.

5) Phoenix Suns — How much longer can Steve Nash’s aching back carry these guys?

6) L.A. Lakers — Conspiracy theory: Lakers’ team doctors reported that Andrew Bynum is only going to be out two months, just to give Kobe Bryant some hope while the trade deadline passes.

7) Detroit Pistons — Poor man’s (Eastern Conference) San Antonio Spurs.

8) Utah Jazz — I have never seen an NBA team do so little with so much.

9) Orlando Magic — Compare Hedo Turkoglu’s 18.7 points per game to Rashard Lewis’ 18.6. Now compare their contracts.

10) Golden State Warriors — Monta Ellis can be the first player to win the Most Improved Player award twice.

11) Denver Nuggets — Allen Iverson dribbles dunks the court and shoots. Carmelo Anthony dunks down the court and shoots. Is that dunks the court and shoots. Anthony dunks the down the…

12) New Jersey Nets — Maybe Jason Kidd needs to get more “headaches.”

13) Portland Trail Blazers — Arr still the only person not sold on them just yet.

14) Cleveland Cavaliers — All had King James and the defending East- ern Conference ch ch ch ch, err, I mean — champs.

15) Toronto Raptors — I should have bumped them up a couple more spots after Chris Bosh made his All-Star ballot commercial.

16) Houston Rockets — T-Mac cries after fifth-round playoff exit and laughs at trade rumors.

17) Atlanta Hawks — A few guards that would have drafted instead of forwards: Chris Paul, see NBA, page 14.