Bike night attracts all types of characters

Cassandra Carlson

In the cool air of a Thursday night, voices and laughter resonate from downtown as bicyclists gather in their post-Halloween costumes illuminated by the brightly colored reflectors and lights that adorn their bicycles.

The Bike Happening, or "Bike Night," as Cal Poly has coined the event, happens the first Thursday of every month with a different theme. This month's theme was Halloween Hanger. Students and community members came in their worn-out costumes to take part in what is now a San Luis Obispo tradition.

"It's really fun; we come with a group of people. It's a community celebration," business senior Caryn Laveman said.

Laveman and her friend, business senior Raksha Patel, do not own bikes but find it hard to pass up the Bike Happening.

"We go through hell getting bikes; we hit up everyone we know to borrow bikes," Patel said. "It's really a mingling event with people of all ages, but it's cool to see that Cal Poly can really take over downtown."

San Luis Obispo City Councilwoman Christine Mulholland first started hearing about Bike Happening a few years ago.

"It's a fun program that doesn't have to be political but promotes alternative transportation," Mulholland said.

Bike Happening was started in 2000 by cyclists of San Luis Obispo and is still put on by an underground network of San Luis Obispo cyclists. The event starts at 9:30 p.m. at the San Luis Obispo Mission.

Hundreds of cyclists celebrate the theme and come together to ride a couple of easy loops through downtown, after which groups take off in all different directions to local bars, cafes and restaurants or the Bike Sumo event held at Cuesta Park, where bikers face off and challenge each other.

Neil Girling, a Computer engineering senior and Bike Happening veteran, dressed as a San Francisco performance artist.

"We are freaks; that's why we like Bike Night," Girling said. "And the cops seem to tolerate us all right. There is never any property damage."

The San Luis Obispo Police Department believes traffic congestion is really the only problem with the Bike Happening.

"The event is loud and it takes up the streets of downtown but there are really no problems or property damage," Sgt. Kurt Hixenbaugh said. Police said about a dozen people were ticketed Thursday night for offenses such as running a red light at the Bike Happening. This is about the average amount of tickets written for this event.

Mechanical engineering junior Max Maloney comes every month and loves the chaos involved with the hundreds of riders circling downtown.

"It's like a riot but no one is breaking anything. I meet a lot of people," Maloney said. Police and the San Luis Obispo County Sheriff's Department was thrown into chaos when Sheriff Patrick Hedges was accused of illegally bugging the chief deputy's office. Did the sheriff really have the right in the matter by saying it was done under a "criminal investigation" or is he a criminal himself? Check out page 2 every day this week to follow what art and design senior Jeff Chang found out behind the scenes.
Bike
continued from page 1

County Bicycle Coalition received some complaints from the motorists after each Bike Happening, complaining of bikers weaving in and out of traffic, along without stopping at red lights.

“Bike Happening can be a two-edged sword,” said executive director of the SLOCBC Adam Fukushama.

“About 85 percent of the people are doing great while others are not following the rules. Bike Happening really has a way of celebrating the lack of helmets are a negative impact. The positives outweigh the negatives, however (Bike Happening) is similar to Farmers’ Market; it’s an event that makes San Luis Obispo unique.”

Councilman Andrew Carter said.

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State

ALAMEDA (AP) — The mother of a 15-year-old girl fatally shot in a park Halloween night is pleading for witnesses to come forward to help identify the shooter. "I lost my sweetest daughter. The killer shot all her dreams," said Uranchimeg Khishigdoij at a news conference Sunday afternoon with friends in the park Wednesday night when a group of young men tried to rob them.

LOS ANGELES (AP) — Authorities have temporarily closed a section of the Angeles Crest Highway after a head-on collision in which three people were injured.

L.A. County Fire Department supervisor Art Marrujo says the two vehicles collided in dense fog about 6:30 a.m.

One person had to be freed from the wreckage by emergency crews. Marrujo says a person was taken by helicopter to a local hospital, but he didn't know if it was the same person freed by crews.

LOS ANGELES (AP) — Despite a fee increase, the number of people who applied for U.S. citizenship in the Los Angeles area tripled in September over the same month in 2006, according to new figures released Wednesday.

There were 24,377 applications, compared to 8,216 for September 2005.

"I feel like there's a lot of partying and drinking here (in the dorms) — I drink at all and I think it's better for people to hang around people like that. It makes it easier for them not to drink."

— Adrienne Peterson, biology freshman

"It's a hard to say right now because I'm pretty much just starting out."

— Kurtis Yarza, biomedical engineering freshman

"I just want to graduate."

— Manali Deshpande, music sophomore

Simply Skin

"It's one thing to write a business plan, it's another to execute it."

— Zach Miller, B.S. '00, MBA '01

Entrepreneur, business owner

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International

N’DJAMENA, Chad (AP) — Seven Europeans among 17 detained for over a week in an alleged attempt to kidnap 103 African children were released on Sunday and left the country with French President Nicolas Sarkozy.

"I was the second time since taking office in May that the French leader has intervened in a major international legal dispute."

The Europeans — among them nine French citizens — were arrested Oct. 25 when a charity calling itself Zoe's Ark was stopped from flying the children to Europe.

JERUSALEM (AP) — Israeli Prime Minister Ehud Olmert said Sunday vigorous peace negotiations could go far toward establishing an independent Palestinian state before President Bush leaves office.

"If we and the Palestinians act with determination, there is a chance that we can achieve real accomplishments" in the little more than a year Bush has left, Olmert told a gathering of scholars, leaders and former peace negotiators.

The Israeli leader did not say a final deal is possible in that time frame, although he affirmed that the practical goal of talks is an independent Palestinian state alongside Israel. Israel has been reluctant to set even a loose deadline for talks, but Olmert appeared to come closer to the Palestinian demand of a date certain for a separate state.

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Compiled and photographed by Whitney Diaz

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"Travel more. Spend less."
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Cal Poly San Luis Obispo
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This event is co-sponsored by: Hillel of San Luis Obispo

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Caravan for Democracy drives constructive dialogue on college campuses throughout the United States by bringing different speakers from Israel to discuss the challenges Israel faces as the only democracy in the Middle East. Caravan for Democracy provides access to resources and opinions to encourage critical thinking about the issues affecting Israel, how it is covered in the media and its unique role in the region.
World's growing dependence on coal fueling a wave of environmental devastation

Michael Casey  
ASSOCIATED PRESS

It takes five to 10 days for the pollution from China's coal-fired plants to make its way to the United States, like a slow-moving storm. It shows up as mercury in the bass sounds of Iraqi life; gunfire, the roar of helicopters overhead and an occasional explosion of helicopters overhead and an occasional explosion.

The move has worked. United Nations' top coal-producing region — China, is home to 20 of the world's most polluted cities, according to a think tank that found links between air pollution and rising hospital admissions in Taiwan.

This is the dark side of the world's growing use of coal. A continent away, abundant coal has become the fuel of choice in much of the world, powering economic boom in China and India that have lifted millions of people out of pov...
Looking Back on Alumni Artists' Past

Marlize van Romburg

Walking into the Retrospective art exhibit at the Kennedy Library is both a trip forward and backward in time as each viewer begins to wonder which of his or her own past accomplishments could be put on display as a monument years from now.

The exhibit, which opened on Friday, displays a variety of works in different mediums from six Cal Poly alumni reflecting on their experiences at Cal Poly and achievements since through a variety of artistic mediums.

"Nobody graduated from the library at Cal Poly, but it's always acted as a gathering place for the eclectic personalities and diverse backgrounds we're putting on display. "We really honored to be able to display all of these alumni's works. They've worked really hard to be where they are," Oecotao, who worked with the library's special collections curator Catherine Trujillo, explained. "Their goal was to bring in alumni from many different backgrounds to display the diversity of talent at Cal Poly.

"These artists come from different colleges here at Cal Poly, not just Liberal Arts," she explained. "We have people like Donna Kandel with her geometry-inspired art right along Heidi Harmon's assemblage sculptures. Catherine Trujillo, explained. They're her goal was to bring in alumni from many different backgrounds to display the diversity of talent at Cal Poly.

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An offer she couldn't refuse

Architecture senior Sarah Cutler, right, chats with Andrew, a German reporter, while waiting to interview Francis Ford Coppola at the Rome Film Festival.

Sarah Cutler

Sarah Cutler

Rome held its second annual International Cinema Festival Oct. 18 to Oct. 27. The festival was a huge operation involving many different venues around Rome. The main venue for the festival was Renzo Piano's Auditorium, one of the few contemporary pieces of architecture that has been built near the center of Rome in the past 20 years.

Five of my friends and I were lucky enough to find tickets for the world premiere of "August Rush," an American film directed by Kirsten Sheridan, at the auditorium. We were running a few minutes late and managed to pick up our tickets from one of the many temporary structures set up at the site.

As we were making our way into the auditorium complex, we passed by the red carpet just in time to see the stars of "August Rush" walking in. (Well, we didn't actually see them, but we saw a lot of people taking pictures of them.)

We were very excited by our near-superstar encounter and quickly made our way to the Sala Santa Cecilia, one of the concert halls in the auditorium. The hall was beautiful with its plush, rich chairs and amazing wood-clad acoustical clouds. The screen was lit up with spotlights and anticipation filled the large room.

Within a few minutes, the lights dimmed and a booming voice announced (in Italian) that some of the stars of the movie would be coming on stage to say a few words along with the director. We sat on the edge of our seats as actors Jonathan Rhys Meyers and Freddie Highmore, along with Sheridan, were introduced in both English and Italian. Unfortunately, Ken Russell and Robin Williams weren't able to make it that night. Fifteen-year-old Freddie Highmore impressed the audience by saying a few words in Italian.

After all that excitement, the movie finally began. The movie is a love story about a young boy with amazing musical talent. I won't say any more than that, but I really enjoyed it and recommend possibly seeing it twice to better understand it. Coppola seemed pretty relaxed, and he even made eye contact with me a few times while he spoke.

Just before Mr. Coppola continued down the carpet, Thomas quickly asked him, "Why Rome for the premiere?" Mr. Coppola responded, "Why not Rome? It's a great city!"

I laughed and thought to myself, "I completely agree." Where else would I have had a chance like this to go to an international film festival and rub elbows with the stars?

Sarah Cutler is an architecture senior studying in Rome, Italy, for the quarter.

while taking pictures and watching many other stars walk down the carpet. When Coppola and his family arrived, every camera was flashing and all video cameras were filming. He slowly made his way toward us, stopping to talk to other people of the press along the way until finally he stood right in front of Thomas and me.

I held the microphone in front of him and just stared as Thomas asked him, "How are you feeling just 10 minutes before the world premiere of your new movie?" Francis Ford Coppola replied that he was very excited for his family to see it, including his film director daughter, Sofia Coppola. He also explained that the movie is a little different and recommended possibly seeing it twice to better understand it. Coppola seemed pretty relaxed, and he even made eye contact with me a few times while he spoke.

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Performers shine in ‘American Gangster’

Bryan Koening

In the late 1960s and early 1970s, the United States was a time of civil strife, violence, drug use, public unrest, war, protest and societal change. It is during this turbulent period that “American Gangster” plows into audiences with Oscar-worthy performances and a mesmerizing plot.

Denzel Washington and Russell Crowe are at the pinnacle of their acting potential in “American Gangster,” providing vivid and brutally honest portrayals of humans rather than characters and men rather than archetypes.

Washington is Frank Lucas, an all-American entrepreneur who rises to the very peak of power, the epitome of the American dream, acquiring vast sums of wealth and power by any means possible.

In “American Gangster,” Lucas plows into audiences with vivid portrayals of wealth and power by any means possible. This turbulent period that “American Gangster” plows into audiences with Oscar-worthy performances and a mesmerizing plot.

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Looking back, their pop sounds and shallow lyrics failed to truly amaze music critics, but for some reason, a generation attached themselves to their songs and the group's fame has proven to stand the test of time.

It is time for the resurgence of our pre-pubescent pop, and I couldn't be more thrilled.

This December, the Spice Girls are returning to the music circuit with a comeback world tour. Demand for tickets have been so high that Scary Spice, Ginger, Baby, and Sporty had to add many additional dates to the tour and raffle off tickets.

As soon as the tour was announced, an international frenzy to purchase tickets began. The girls sold out in London.

Why is the world going ga-ga for a group that the music scene abruptly almost 10 years ago?

Looking back, their pop sounds and shallow lyrics failed to truly amaze music critics, but for some reason, a generation attached themselves to their songs and the group's fame has proven to stand the test of time.

As a preteen I worshiped everything the Spice Girls stood for. Like any other bright-faced, pink-shoelaced tween, "Girl Power" was my motto and I pilfered the five women who sang about it.

I still remember the first time I heard the Spice Girls. Naturally I was in a car full of gangly, neon-nail-polished, screaming girls on our way to swim practice. The mom of the carpool slipped in a little something special into the CD player, and like a drug, we were hooked.

But what I remember most from the Spice adoration era was the summer of their success. During those long hot days, my friends and I rotealed from backyard, methodically choreographing and perfecting our lip-synching skills in front of crowds of shrubs, gardening tools and the occasional parent.

Now that they are back, I feel the urge to break out the pigtail and Union Jack apparel and start rehearsing the steps to "Wannabe," "Stop" and "Spice Up Your Life." What better way to celebrate than to bring back the very anthems that represent it.

It is difficult to try to think of the bands that have made a mark on our generation and compare to the Spice Girls to mega-groups from other eras, but in some sense, they were monumental. For our parents and our parents' parents, a different type of musician ruled the airwaves. But for us, when we were young, the Spice Girls reigned.

They may not have the deepest lyrics or the most colorful, cartoonish lyrics, but they are colorful, their melodies addicting, and the effect they had on our generation is everlasting. Evidence of this is the millions of tickets requested within the days the ticket sale announcements.

I have never regretted my short summer serenades of Spice Girls beats; they are part of my childhood. I only regret not purchasing comeback tickets while they were available. Even if I decided not to go, I could have made a cool profit reselling them to someone else.

Taylor Moore is a journalism senior and a Mustang Daily columnist.

GUEST COMMENTARY

The truth behind terrorism

I would like to begin by commending Mr. Molnar for the rational and fact-based argument he presented in his previous article regarding the relationship between terrorism and Islam. I only take issue with the conclusion he derived from his argument, specifically that "current Middle East tensions have more to do with anger at selfish American interference and enforcing Western standards of morality than anything to do with religion." This, my friend, is a broad and oversimplified generalization of the roots to this messy situation we are in today.

I am not going to try and refute the historical evidence Mr. Molnar used to support his claim: America has intervened with Middle Eastern governments in the past, and generally those actions on our behalf have yielded more problems for us and the involved countries. This does not mean that other factors do not play a significant role in the problems that plague the Middle East today. Religious fundamentalism, ethnocentrism, fascist governments and failed economies are just some of the other factors.

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Now I'm not saying and I don't think anyone else is saying that all Muslims are our enemies. But what I am saying is that our enemies right now happen to be Muslim. Notice the distinction? Let's be real here for a moment and look at things for what they are: We are fighting a war right now against an enemy that is Muslim. We're not fighting them because they are Muslim. We're fighting them because these people threaten our country and our way of life. It may be hard for many of you to accept, but a lot of the people we are fighting today want to see you, your family, your friends, your community and your whole way of life destroyed. They hate you. They hate me. It's a fact.

Don't be blind to the truth of things. Don't be overly sensitive. Just be real.

Angus Cannon is an economics junior and a Mustang Daily columnist.
 leyball to record 2,000-plus digs in a career. In the opening set Saturday, Cal Poly survived 30-28, 13-27, 15-7 game point opportunities to take the lone lead in the match. The Mustangs stomped out a quick 8-4 lead before the Titans earned their first advantage of the match. Cal Poly held the Mustangs reclined at the lead in 24-23 via one of freshman middle blocker Dominique Olowolara’s eight kills. Before surrendering the advantage at 30-29, A Titan error deadlocked the game before Gabriel Prieto’s lone ace of the night pushed the Mustangs in front. Ashworth punctuated the set with a kill.

The Match trudged on to open Game No. 2, 8-4, before recording the ensuing seven points. Cal Poly then compiled a 14-8 run for an insurmountable 25-16 advantage. After trading three kills and falling behind by as much as 12-7 in the third, the Mustangs took the lead at 13-12 via a Titan attacking error. Senior setter Chales Hayes produced a match-high 41 assists while outside hitter Ali Waller recorded nine kills to middle blocker Jacyl Houston’s eight.

Gaucho tie series in rival rematch

SANTA BARBARA — Cal Poly scored first, but defending Big West and NCAA champions No. 15 UC Santa Barbara part three of the net in a spurt of five minutes early in the match. Gauchos a 3-1 conference win over the Mustangs at Harder Stadium on Saturday night.

Cal Poly (9-2-4, 4-1-4 Big West) was outshot 16-9 by the Gauchos and gave up six corners while taking just one. Whereas the first meeting between the teams was more of a physical contest, the Cauchos showed that they had finesse in their game as well on Saturday.

UC Santa Barbara’s Jose Garcia scored in the 37th minute as he struck a ball that was deflected near the top of the box off a Gauchos defender’s head and curved it into the back of the net past UC Santa Barbara goalie Ben Lockwood.

Both teams had several shot attempts throughout the remainder of the first half to no avail.

The Gauchos took the lead early in the second half of the first half for the pace of the first 111 seconds before the defending national champions turned the pressure up.

The Gauchos evened the score in the 60th minute as Eric Arfa found Chris Pontius with a pass on the ground in the box and Pontius drilled a goal into the upper left corner of the net for his Big West leading ninth goal of the season.

The Gauchos took the lead as Andy Io bullied his way through a crowd of Cal Poly defenders in the middle of the box and booted a ball to the lower left corner. UC Santa Barbara scored again after Allison Matogian battled her way into the box and knocked the ball out of the cross bar. Mustang goalkeeper Eric Brangan-Fraco dove and missed the shot, but the ball bounced off the ground to O’Brien, who struck the ball on the left side of the net.

The Gauchos’ attendance of 8,102 broke a Big West regular season record that was set earlier this season when 7,743 fans attended Cal Poly-USC at Alex G. Spanos Stadium on Oct. 17 (7,143).

Matthew Waggoner breaks school records

BIVINS — Matthew Waggoner broke school records in the mile and the 1000 freestyle at the Big West Shoot-Out hosted by UC Irvine this weekend.

The Mustangs had multiple first-place finishes along with a few individual season bests on the first day of competition against UC Irvine, Hawaii, BYU and Cal State Northridge.

Waggoner’s first-place 1:54.94 mile beat the previous record by about eight seconds.

He obtained his second school record on the second day of competition in the 1000 freestyle with a personal best of 10:26.26 and a win over the event at the meet.

Gloria Benfield second place and team captain Stacy Soensens placed fourth in the 200 freestyle. Benfield won the 200 butterfly at 2:05.60 on the first day and placed second in the 200 butterfly with a time of 2:08.71. Benfield’s 200-yard time solidified their team’s second-place finish in the 1000 freestyle at 10:31.68.

Cal Poly will play at Cal State Northridge on Saturday at 2 p.m. in their final regular season game of the season.

Women’s soccer will not host Big West Tournament due to a wireless weekend

LONG BEACH — Cal Poly lost for the first time since Oct. 5 in Long Beach State defeated the Mustangs 3-1 in Long Beach Friday afternoon in a key Big West contest.

The win propels Long Beach State (9-2-4, 5-2 Big West) into a second-place tie with Cal Poly (7-9-1 overall, 5-2 Big West). With one game remaining, Cal Poly needs to win to gain Cal State Northridge a third place in order to ensure the Mustangs will host the Big West Tournament. A loss or draw would send the tournament to Cal State Fullerton.

Long Beach State got on the board early as Lindsay Bulluck headed a Kim Silos corner kick into the upper left corner of the net in the 12th minute.

The 49ers took a 1-0 advantage into halftime before tallying two more in the second half. Mariko Strickland knocked a shot through Cal Poly’s five-man area in the 53rd minute of an assist from Cat Gray for the 49ers second goal and Veradly Hurtado converted from 22 yards out in the 76th minute to put Long Beach State ahead 4-0.

Cal Poly scored in the 87th minute as Jenny Sparks headed a cross by Ashley Vanly into the net for her first career goal.

The Mustangs were out shot 15-5 by the 49ers. Tramell had four saves for the Mustangs while Breanna Truchove had one save.

Cal Poly tied Cal State Northridge 1-1 Sunday afternoon, which puts the Mustangs in third place heading into next weekend’s Big West Tournament. The conference tournament will be hosted at Cal State Fullerton — had the Mustangs won, the tournament would have been at Cal Poly.

Football did not take the bait to a now 0-9, Tim Chicoine earns Special Teams honors

CEDAR CITY, Utah — Four different Mustangs scored touchdowns as Cal Poly clinched in fifth-straight winning season, defeating Southern Utah 28-21 in a Great West Football Conference game Saturday afternoon at Eccles Coliseum.

The win propels Cal Poly (7-1 Overall, 3-0 Big West) into third place in the Big West with an 8-2 overall record and 7-0 conference mark.

The win propels Cal Poly to a one-game lead over No. 9 Hawaii, 7-3 (5-3 Big West). Hawaii suffered its second loss of the season to BYU. Cal Poly can clinch the Big West title with a win over Weber State at the end of the season.

The game was scoreless to start the second quarter until the Mustangs scored first 37 seconds into the period with an interception by linebacker Garrett Parks.

Matt Hager scored his sixth rushing touchdown of the season with 40 seconds remaining on the clock to put the Mustangs up 7-0.

Cal Poly scored on its next possession with quarterback Ryan Versailles finding Matt Mangus from 14 yards out. Versailles found Mangus for a second score 5:32 into the third quarter.

The Gauchos tied the game early in the fourth with a 1-yard run by offensive lineman Jake Roden.

The Mustangs converted a 4th down and long at the Gauchos 30-yard line to put Versailles in the end zone for a 4-yard pass from Mangus to Versailles. The Mustangs’ defense converted a fourth down and long at the Gauchos 15-yard line.

Cal Poly added a 3-yard touchdown run by Ryan Koons with 8 minutes and 14 seconds on the clock to put the Mustangs up 21-7.

The Gauchos put together a 75-yard drive, but the Mustangs defense sacked quarterback Josh Zell and forced the Gauchos to punt with 1:26 remaining on the clock.

The Mustangs defense converted a fourth down and long at the Gauchos 27-yard line to put Cal Poly in the end zone for the final touchdown of the game.

Cal Poly is now 8-2 overall and 7-0 in the Big West and clinches the fifth straight winning season.

Cal Poly will play Weber State on Nov. 3 and Weber State will play Cal Poly on Nov. 10 at the Dixie State Stadium in St. George.

Cal Poly is now a game away from clinching a share of the Big West title and a berth in the Big West Championship game. The Gauchos are 7-3 overall and 1-2 in the Big West.

Cal Poly was led by quarterback Ryan Versailles, who passed for 189 yards and a touchdown.

Cal Poly also improved to 7-0 in the Big West and 8-2 overall for the season.

Cal Poly will host Weber State on Nov. 3 at 2 p.m. in the regular season finale.

The Mustangs defense was able to keep the Gauchos out of the end zone in the final minute of the game.

The Gauchos were led by quarterback Josh Zell, who passed for 259 yards and a touchdown.

The Gauchos defense held the Mustangs to 214 yards of offense.

Cal Poly will host Weber State on Nov. 3 at 2 p.m. in the regular season finale.

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Basketball

"When you get really good at that, you take half your opponents' playbook away from the offensive end," Broome said of his defensive strategy.

Aside from getting into position, Keeler and Broome said that defense as a whole in terms of physicality, re-bounding and mentality needs to be stronger, especially going into the CIT Tipoff Tournament next weekend.

"We have to defend so much better it's not even close," Broome said.

The Mustangs got to the line 34 times to Broome's chagrin and shot 43.8 from the field. The two squads both grabbed 43 rebounds, although the Mustangs pulled down 16 to the Mustangs' 12 on the offensive end.

The Mustangs will take on NCAA tournament teams University of Massachusetts and Northern Illinois — a team Broome believes is on the Mustang level.

"We're gonna have to play a little bit above our heads" to compete in these games," he said. The Mustangs will return home to play Utah State on Nov. 15. The Mustangs are 1-12 against the team all-time.

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New York, NY — An autopsy of elite runner Ryan Shay was inconclusive Monday after the 28-year-old collapsed and died in Central Park at the U.S. men's marathon Olympic trials a day earlier.

"We want to take a closer look at the heart tissue," said Ellen Borakove, spokeswoman for the city medical examiner's office. She said the office likely would reach a conclusion in a week after examining Shay's tissue on microscopic slides.

Shay collapsed about 5 miles into the race Saturday and later was pronounced dead at a city hospital.

His father, Joe Shay, told The Associated Press on Saturday that Ryan was diagnosed with an enlarged heart at age 14. But doctors had repeatedly cleared him for competition because having a larger than normal heart is not unusual among elite athletes.

Training hard in arduous sports, such as cycling, running or swimming, tends to result in a bigger heart that pumps more blood throughout the body.

Dr. Douglas Zipes, a spokesman for the American College of Cardiology, who studies sudden deaths in athletes, said it can be difficult to differentiate a normal athlete's heart from potentially deadly hypertrophic cardiomyopathy.

Cardiac echo tests and electrocardiograms can help evaluate whether the heart is healthy, said Zipes, a distinguished professor at the Indiana University School of Medicine. Genetic testing can also determine whether a person is at risk for certain problems.

Still, those precautions may not catch everything.

Joe Shay said doctors could not adequately test Ryan using a treadmill when he was a teenager because his heart rate was so low. Zipes said that's not uncommon among elite athletes.

Zipes will sometimes have athletes stop training for a month in an attempt to learn why their hearts are enlarged. Healthy athletes' hearts will shrink during that time. The surest way to determine whether athletes' hearts have grown to a point where they might need to take action, he said, is to watch what happens in athletes who have very large hearts and do not have cardiac issues.

"One of the issues is athletes often ignore warning signs you or I might see," Zipes said. "They say, 'One more race,' and then they're back on track."

"When you're older you may need a pacemaker to make adjustments on that," Joe Shay said.

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Men's hoops jump-starts with a win

Rachel Gellman
MUSTANG DAILY

It's that time of year again when the sounds of sneaking sneakers bounce off the Mott Gym walls, while drips of sweat fall off hard-working bodies onto the wood below them. Men's basketball has arrived and it's going to be an exciting season.

"Basketball season seems like it just sneaks up on you," head coach Kevin Bromley said following an exhibition 97-89 victory over Division II CSU Stanislaus Saturday evening in Mott Gym.

Six Mustangs — all five starters and a player off the bench — passed the single-digit barrier while just three Warriors reached double-digits.

Senior forward Dreshawn Vance led the Mustangs with 17 points and seven rebounds. Junior point guard Trae Clark dropped 14 and shelled out three dimes. Guards Chaz Thomas and Dawson Whiten contributed 13 points each and senior forward Matt Hanson tallied 12.

Stanislaus forward Rick Cardosa posted a double-double with 23 points and 14 rebounds and guards Calvin Westbrook and Heath Westsen recorded 17 for the Warriors.

The Mustangs held a comfortable lead for a majority of the game. They experimented with several defensive strategies, scored in the paint and shot almost 50 percent from the field, but several aspects of their game need tremendous improvement.

A 56.1 free throw percentage (23-41) or a 26.1 percentage from behind the arch will not cut it against tougher competition. Also, the Mustangs posted a 14-15 assist-to-turnovers ratio.

Sophomore transfer Lorenzo Keeler said, "When the games start coming down to two or three points, free throws are key." Keeler, an 88 percent all-time free throw shooter, was just 2-4 Saturday evening. Bromley accredited Keeler's two failed technical foul shots to coming off of the bench cold. Along with Keeler, Vance was 7-13 from the free stripe and junior forward John Manley was just 1-2.

"The positive is we got to the line 41 times," Bromley said. He believes that the free-throw problem at hand is a psychological issue opposed to a mechanical matter and he plans to utilize a team psychologist.

"When you're at the line not thinking about anything, there's an art to that," Bromley said. As the season progresses and players mature, Bromley assumes players will begin to shoot consistently from the line.

Along with missing the easy ones, the Mustangs failed to use the shot clock to their advantage as they, according to Bromley, burped the shot clock to their advantage as ones, the Mustangs failed to use their game need tremendous improvement.

Although he supports playing a well-sounded game, Bromley acknowledged the fact that many of his guards "can really shoot the ball."

"The game is still won in the paint," he said. "As the year goes on, they'll get a real feel of when to shoot it and when not to shoot it."

Bromley does not condone three-point shots when they are out of rhythm or continuity. He stresses that team members should know when a long shot it taken so they can capitalize on offensive rebounds.

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Bromley took note. Keeler took part in a 15-point Mustang run in the second half while Bromley was playing around with his guard lineup. Although his presence as a scor­er threat became evident, Bromley noted that Keeler, along with the other newcomers in the lineup, need to become better acquainted with defensive transitions.

Bromley ran a 1-2-2press into a 3-2 zone following made baskets and said several players had a tough time getting into their correct po­sition.

Volleyball

The women's basketball team (2-4) soundly de­feated Division II CSU Monterey Bay 88-57 be­fore a small but enthusiastic crowd in Mott Gym Saturday evening as the No. 23 Cal Poly volleyball team recorded its 12th victory in the last 13 matches with a 32-30, 30-20, 30-27 defeat of Cal State Fullerton at Titan Gym.

The victory kept Big West Conference-lead­ers Cal Poly (17-7, 11-1 Big West) one game clear of Long Beach State atop the league table with four regular season matches remaining. The Mustangs have also captured 14 of their previous 15 conference road matches and 28 of the last 31 Big West outings.

Junior opposite Kyle Atherstone totaled a match-best 15 kills and senior libero Kristin Jackson notched 16 digs closer to making NCAA his­tory Saturday evening as the No. 23 Cal Poly vol­leyball team recorded in 12th victory in the last 15 matches with a 32-30, 30-20, 30-27 defeat of Cal State Fullerton at Titan Gym.

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Additionally, Cal Poly — which has never lost to Cal State Fullerton in six matches under head coach Jon Stevenson — improved to 41-3 all time versus the Titans.

Jackson's 16 digs pushed her career total to 1,999. She needs just 11 digs in Cal Poly's Nov. 8 match against UC Santa Barbara to become one of only 24 players in the history of Division I vol­leyball to register 2,000 career digs.