Football team flight canceled, rescheduled

Emily Rancer  
MUSTANG DAILY

For several hours on Thursday, the Cal Poly football team had to frantically look for a new flight to Montana for its game on Saturday. The original flight, set to leave today at 9 a.m., was canceled when FEMA (the Federal Emergency Management Agency) “commanded” it to evacuate those who are in the path of Hurricane Wilma, said Eric Burdick, the assistant media relations director. The hurricane is the strongest hurricane ever to form in the Atlantic.

“As of 3 p.m., we still did not have a plane for Montana,” Burdick said.

The football team will now leave at 6 p.m. today on a charter flight from Santa Maria, which will get everyone to Montana around 9 p.m. The Mustangs moved to No. 3 in the rankings last weekend, meaning this weekend’s game against No. 9/10 Montana could greatly impact Cal Poly’s standing. The two teams have faced nine times in past years and the Grizzlies have won all contests. Kickoff is still scheduled for 12:05 p.m. on Saturday at Washington-Grizzly Stadium in Missoula, Mont.

LAUNCHED

The final Titan rocket launched Wednesday at 11:05 a.m. from Vandenberg Air Force Base launch pad. This 16-story rocket was the 200th launch of the Titan series of rockets, costing $411 million dollars. The rocket is carrying a classified spy satellite for the U.S. National Reconnaissance Office, a government agency that organizes the U.S. spy satellite fleet.

SLO unites to Make a Difference

Jennifer Gongaware
MUSTANG DAILY

This Saturday is Make a Difference Day in San Luis Obispo County. It is a national day of service that encourages community members to get out and volunteer for a day.

The Cal Poly Community Center, United Way of San Luis Obispo County, the San Luis Obispo County Board of Supervisors and City of San Luis Obispo are involved in the organization of the day.

“People can see a part of their community that they don’t normally see,” said Harmony Quismundo-Newman, the Cal Poly Community Center student coordinator.

Volunteers can choose from 30 different projects scheduled around the county. Some involve hands-on labor such as gardening, tree planting and painting. Others are geared towards human interaction, such as spending time with seniors, said Jay Pederson, Cal Poly Community Center program coordinator.

The Cal Poly Community Center estimates that nearly 900 volunteers will be involved in the day, with 200 to 300 of those being students.

“This is a cool way to bridge the gap between our school and the community,” said Valeria Viteri, Cal Poly Community Center student coordinator and nutrition senior.

Projects are scheduled at the Prado Day Center, YMCA, Sexual Assault Recovery and Prevention Center and the Hospice Partners among many others stated in a press release.

“A lot of times, especially students, get wrapped up with everything else,” Quismundo-Newman said. “It’s really great to get out there and do something with community service.”

The day begins at 8:30 a.m. at the Veteran Hall off Grand Avenue in San Luis Obispo. Volunteers can sign up and are given a free breakfast, after which they will dispense to the project sites and work from 10 a.m. to 2 p.m. Free lunches will also be provided at those sites.

Although it is strongly encouraged to volunteer the entire four hours, participants can leave early if necessary.

“In classes we talk about what is wrong with our society and what’s going on in our community,” Viteri said. “This is a way for students to actually get out there and do something about it.”

Students conserve, protect Mayan ruins in Honduras

Holly Burke
MUSTANG DAILY

Students and faculty from Cal Poly’s landscape architecture and city and regional planning departments pooled their resources to sustain ancient Mayan ruins in Honduras.

Cal Poly students and faculty from the architecture and city and regional planning departments pooled their resources to sustain ancient Mayan ruins in Honduras.
Honduras continued from page 1

waters. "The Copan River has changed drastically over the decades, due to deforestation. It is now a fast running river that has already eroded some of the ruins."

The groups met to devise a plan to stop erosion by using sustainable strategies of planting and farming. Currently, the surrounding local staple crop is corn, which is problematic because the crops are on steep hills. The corn does not support the earth, which can bring mudslides like the one the students experienced. The groups came to the conclusion that crops like coffee and bananas would better support the steep land, and corn could be grown in flatter areas.

One of the groups meeting with the students suggested that the land surrounding part of the ruins be turned into a golf course. However, Cal Poly faculty and students did not agree. Landscape architecture senior Rodolfo Castro said, "It is not (the Maya) lifestyle to golf. We have golf courses here. People do not go to other countries to experience golf courses."

"The project was not only to protect and preserve the archeological ruins, it's really to look at the sustainable future for the whole area. It's how you solve the people then, the environment and the ruins."

Donaldson said. They also plan to plant a native forest canopy to secure the earth near the rivers edge. Donaldson also said that locals were receptive to change and the groups were eager to learn from each other.

By involving both the students of Cal Poly and Centro De Diseño, Arquitectura y Construcción de Tec. The Honduras Institute for Tourism could capitalize on the free advice given by faculty and students. City and Regional Planning Junior Mike Austin said, "Not many businesses and firms are willing to work for free. So situations like this allows professors and students to help and learn."

Castro agreed and said, "Not just Honduras, but many developing countries are in the same situation. They are developing so they need planning projects like this to help get funding."

Both students felt they had learned a lot during the trip. "When you get pulled out of Dexter lab at Cal Poly and thrown into an international state it is a whole different experience. It was the best experience of my life," Austin said. "They also found the project rewarding. "You know that when you leave you are going to have a final product that is going to benefit everyone down there. It will provide jobs for people, beauty the area and support the habitat. That's the best feeling, that we made a lasting difference on a big scale," Austin said.

CANCUN, MEXICO -- Desperate tourists jetted for flights out of Cancun on Thursday as officials hurried thousands of visitors to luxury hotels to emergency shelters ahead of Hurricane Wilma, which forecasters said was growing stronger. Cuba evacuated more than 290,000 people.

The hurricane, which killed at least 13 people in the Caribbean, was expected to hit Cancun in the afternoon and sideline Cuba. early today. Forecasters said it would then swing around to the northeast and charge Tuesday hurricane-weather, Foha, where Gov. Jeb Bush declared a state of emergency.

Briefly the most intense Atlantic hurricane on record, Wilma remained a dangerous Category 4 hurricane and was gaining strength. Its 150 mph winds made it more powerful than Hurricane Katrina as the time it plowed into the U.S. Gulf Coast on Aug. 29, killing more than 1,200 people.

While many were evacuated from the island, a few had stayed. "This is getting very powerful, very threatening," Mexican President Vicente Fox said.

In Cuba, whose tip is just 220 miles east of Cancun, civil defense officials said 220,000 people had been evacuated by midday Thursday, most from low-lying areas in the southern province of Pinar del Rio.

Another 14,500 students at boarding schools in rural Havana Province surrounding the nation's capital were told that bars would be closed and smoking banned in the shelters.

Center was roughly 135 miles southeast of Cozumel, a popular vacation island where the storm was likely to hit first before heading to Cancun. Many were evacuated from the island, a few had stayed. "This is getting very powerful, very threatening," Mexican President Vicente Fox said.

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Young guns leading the Mustang offense

Vertically, running back James Noble and wide receivers Ramses Barden and Treacle Tolver are very different. They are an odd bunch to stand together for a picture with Noble standing at just 5’6”, Tolver checking in at 5’9” and Barden towering over the entire team at 6’7”.

One thing they have in common, however, is they are all redshirt freshmen who have led this year’s football team to a 5-1 overall record and 1-0 Great West Conference record.

In their last game, a 37-10 drubbing of nationally-ranked North Dakota State, each of the three players scored a touchdown, with Noble rushing for 161 yards on 26 carries, Barden racking up 77 yards receiving on five receptions and Tolver compiling 66 yards receiving on two receptions.

Most athletes competing in their first year of collegiate football would not expect to make an impact so soon, but Noble would beg to differ. "I’m something you plan for, and work hard in practice for," he said. "We worked together on scout team last year and all during summer, so after that we were ready to put it together on the field.”

This season’s success is just the beginning of their collegiate careers, and in addition to being teammates, the trio are good buddies off the field.

“The three of us and Fred (Hives 11) live together and we always hang with each other,” Barden said. “The best part is knowing we have a lot more time together.”

The difference between high school football and Division 1-AA college football is huge and most athletes generally take longer than one year to adjust to the pace, much less thrive in it.

“In college, there’s less room for error,” Tolver said. “Everything is more aggressive.”

“The college game is much faster, and more is expected of you,” Barden said.

Noble and Tolver both mentioned that their game has improved in many ways because of older teammates showing them the ropes of college football.

“There were great running backs in front of me when I came last year. I’ve learned from Jeremy (Konaris), and Geno (Randle) really took me under his wing and taught me a lot of things,” Noble said.

“A substantial amount of my football knowledge comes from Darrell Jones, and Jason Holmes has been a player-coach to me,” Tolver said.

Barden credited his lifelong experience with basketball in helping him perform on the football field.

“My basketball foundation has definitely helped me in football,” he said. “Basketball helped me learn how to use my body as a shield and how to get an extra step on the defense for higher pulls.”

He added that, “the offense and defense have provided for us (redshirt freshmen). They’ve given us the opportunities to make plays.”

Barden, in addition to being one of the team’s leading receivers with 200 yards and three touchdowns so far this season, has also been a threat on special teams. He has blocked two field goal attempts this year and has come close to blocking several others.

Tolver is also significant to the special teams unit, as he returns kickoffs and punts. In seven punt returns this season, he is averaging an impressive 16.6 yards a return. He is among the top wide receivers on the team with 135 yards receiving.

Meanwhile, Noble has snuck past opposing defenders all season, rushing for 161 yards on 20 carries, Barden racking up 77 yards receiving on five receptions and Tolver compiling 66 yards receiving on two receptions.

The redshirt freshmen will certainly play a key role when the No. 3 Mustangs travel to Missoula, Mont., to play No. 10 Montana University (4-2) at 12:05 p.m. tomorrow. The game will be televised live locally on KSHY-TV, channel 4 in San Luis Obispo.
No. 3 Cal Poly
Conference: Great West
Record: 5-1, 3-0
Last week: Bye
Head coach: Rich Ellerson (30-29 in his fifth season)

Garnett and Noble team up for a dangerous ground attack. Garnett has been efficient as a passer, but his seven rushing touchdowns have been key to the Mustangs' offensive success. Noble, meanwhile, has five rushing touchdowns.

QB Anthony Garnett  RB James Noble
MUSTANGS

No. 10 Montana
Conference: Big Sky
Record: 4-2, 2-1
Last week: Lost 34-10 to No. 6 Eastern Washington
Head coach: Bobby Hauck (25-9 in his third season)

COACH'S CLIPBOARD

PASSING

Anthony Garnett is eighth in the nation in passing efficiency at 159.12 and has thrown just two interceptions this season. He is a strong runner, but has proven to be a solid passer.

RB James Noble

RUSHING

An average of 114 rushing yards per game and five touchdowns in six games is not the typical resume of a redshirt freshman, but James Noble has done just that for Cal Poly this season.

LEX HILLIARD

DEFENSE

Kyle Shortwell and Chris Goeong have devastated opponents this year. Goeong leads the nation in sacks and Shortwell averages over 10 tackles per game.

A

A case of what have you done for me lately? The Grizzly "D" has a pair of shutouts, but gave up 395 passing yards in a home loss against Eastern Washington last week.

SPECIAL TEAMS

While the kicking game has been solid (Tom Chacon has a second in the nation in punting and Nick Coronel is 8-10 in field goals), the return game is struggling.

B-
"The most important game of the season"

This has to be one of the roughest weeks of our season. Not only do we have the most important game of the season, the majority of the team has midterm this week and next week. It is a good thing the bye week came when it did, or we might be in a world of hurt come Saturday. With our student-athletes on this football team, it caused physical and mental fatigue from studying playbooks to the Flexor Digit. Ty Darin, make the playoffs and win the national championship — all haven't been accomplished yet.

The first goal we already missed which was to win the opener (Troy). The other goals — win conference, beat Davis, make the playoffs and win the national championship — all haven’t been accomplished yet. We can’t get there unless we win the most important game of the year, which is this Saturday against them Grizzlies.

Quick shout out to the White House. If you check myspace.com or maybe even Facebook, you can look us up. Hopefully, in the near future, you’ll see a story on us in the Mustang Daily about us ten football STUDENT-athletes that live in the same apartment complex, and are best friends. But that is beside the point. I would personally like to thank the Green Machine (defensive scouts), for making our offense work super hard this week and preparing us in week in and week out. I haven’t had a chance to watch the offensive scouts, but they’re a huge part of why our defense is so good.

We do appreciate all that you guys do everyday, and just would like to say, “White House y’all can’t see us... CHUCK!”

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Smart eating on campus

It’s never too early to start thinking about your eating habits while living on campus, but it’s not as challenging as it seems. Here are some tips to help you:

Tip No. 1: Make time for meals. Try to eat three meals a day and follow a meal plan. This will help you maintain a healthy weight. 

Tip No. 2: Eat balanced meals. It’s important to eat combinations of grains, fruits, vegetables and meat. For example, instead of Chik-Fil-A sandwich and fries, opt for the Churr-grilled chicken sandwich (or a wrap from Garden Grill) and a baked potato or some steamed veggies. This will save you calories and the grilled chicken sandwich will still be just as tasty. You can also swap your white bread for whole grain bread. When you’re ordering a sandwich from City Deli or the Sandwich Factory, you can grab a piece of fruit instead of cookies for dessert.

Tip No. 3: Don’t forget the dairy. Your bones are still growing into adulthood and need calcium, so it’s important to include dairy in your diet. Pick up some milk, yogurt or string cheese during the day. If you are lactose intolerant, you can substitute enriched semikom or soy “yogurt” (available at Campus Market).

Tip No. 4: Stay hydrated throughout the day. A stressful day of running around can dehydrate you and a soft drink will only dehydrate you more. Drink water even if you are not thirsty. You can signal that you are thirsty by looking at the color of your urine. If it’s dark yellow, you need to drink more water.

Tip No. 5: Choose healthy portions. Restaurant portions are usually more than one serving. So plan on taking the other half of your meal home with you, or split it with a friend. When you are eating on campus, take smaller portions to start off with and go back for seconds if you are still hungry.

Tip No. 6: If you’re hungry a few hours after eating dinner while you are studying in the evening, keep some healthy snacks in your room. Drop by Campus Market and pick up granola bars, trail mix, microwave popcorn, mini boxes of cereal, pretzels, peanut butter, crackers or fresh fruit. Keep some low-fat string cheese, yogurt, pudding, and hummus and pita bread in your refrigerator.

Tip No. 7: Make time to exercise. Jessica and Robyn are diet and health education students and they can be reached at stacy@futady.com.

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Patience and precise timing

Michael Mullady
MUSTANG DAILY PHOTO/COMMENTS

Since recently transferring to Cal Poly and renting a place in Morro Bay, my mind has been set on photographing Morro Rock in an incomparable moment. For the past couple of weeks, I have found myself consistently riding my cruiser down to harbor in the evening with a tripod and a camera strapped to my back. Often times I'll only find seemingly endless fields of gray with the persistent Morro Bay fog blanketing the Pacific. Not to be defeated by the elements of Mother Nature, I knew that my persistency and patience would eventually be rewarded.

On Oct. 17, as the clock struck 6 p.m., I proceeded with my newly-evolved tradition and headed down to the water. What I found was texture, which is the first thing I look for when I begin to compose my idea of a traditional landscape. With the shifting seasons and the frosty bite of winter, the atmospheric pressure that creates those drops provides stunning texture to the sky. With this dramatic scene in front of me, I realized the opportunity for something special.

Arranging myself along the edge of the bay, I tried several different positions until I found an acceptable composition. With my camera in place, I simply waited for proper lighting, the final element to any successful photographer. Just as the sun seemed to melt into the horizon, the sky suddenly began to transition into a vigorous display of fierce magentas and pastel purples. Metering the scene for optimal exposure, I waited, take in the moment of tranquility, and then began to shoot. Patience and precise timing are what it took me to produce this dramatic photograph.

In my eyes, this image truly represents Morro Bay the way I interpret it: A coastal town that is driven off fishing, art and tourism surrounding the rock.

‘It’s Better Live!’ and it’s cheap too

In hopes of attracting more students to the classical music scene, SLO Symphony cuts the community a deal

Jennifer Boudevin
MUSTANG DAILY

For students looking for a classy night out on a budget, the San Luis Obispo Symphony’s “It’s Better Live! 2 for $25” ticket offer provides an affordable opportunity to attend the group’s performances. The specially-priced tickets encourage students and community members to experience something new and attend one of the Symphony’s four remaining concerts at Cal Poly’s Cohan Center. Though a symphony performance may sound dull to coeds often conditioned to spending the weekends party-hopping, Patty Thayer, the marketing and public relations director at the San Luis Obispo Symphony, feels that classical music has something for everyone.

“It is living, breathing music that is as old as time yet as new as your next breath.”

For those not easily convinced, the deal makes performances as affordable as a movie (by the time you add popcorn and soda expenses), and free wine is served at intermission (to those with valid ID).

“It sounds like a good opportunity to try a new activity that is not necessarily so accessible,” said liberal studies junior Lindsey Merendino.

Led by conductor Michael Nowak, between 50 and 100 musicians work together on stage to create a harmony of non-verbal communication and creative ensemble playing, Thayer said.

For concert information or tickets, check out the “Classics in the Cohan” section of the Symphony’s Web site at www.slosymphony.com. Tickets may also be purchased at the PMC ticket office or by calling 756-2787.

Haikus from the Desk of an Engineer

Midterms are starting
It is time to study hard
Instead we party.

Soon the clock hits twelve
Then I’m off to my next class
Anything but this.

This teacher is bad
No one can understand her
Stiff engineering.

I’m an engineer
There are girls all around me
Thank God for GE’s.

— Brandon Clarke
Computer engineering junior