Television poker ignites gambling

Big-money tournaments are incentive for college students to pursue a life of chance

Melissa L. Dorcak

Computer science senior Jason Smyth is as fast back as poker players come. While he plays, he remains calm and focused. He gets a rush when he wins, but he explained that his rush comes from his satisfaction of making the right decision to call, raise or fold.

"I like to outplay people. It's not a matter of gambling and getting lucky. I like figuring out if I should gamble or not," he said.

Another rush for Smyth is seeing college-age poker players on television. It shows him what he can accomplish. Right now, Smyth is entering $100 tournaments for a chance to win a seat at a televised tournament in Las Vegas.

While casually playing poker once a week or twice a week may seem harmless, the potential for problems looms over every gambler's head.

If you suspect you have a gambling problem, controlling your playing is not possible, according to Eric Gefen, a clinical psychologist who specializes in compulsive gambling.

He said compulsive gambling is an impulse control disorder, similar to kleptomania, which is the compulsion to steal things. "Abstinence is the only way," he said. "It's important not to ignore it... gambling is a progressive problem and it doesn't magically go away."

Like many addictions, studies show there is a neurological component to gambling. According to About.com, researchers at the Massachusetts General Hospital found that when patients were set up with magnetic resonance imaging and played a game of chance, they had a neutral response.

"The incentive of money produced blood flow changes in the brain similar to those seen in response to other forms of rewards," Gefen said.

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Americans suffer 'discouraging' day; death toll is 1,400

Jason Keyser

BAGHDAD, Iraq — A U.S. helicopter crashed in a desert sandstorm in the early morning darkness Wednesday, killing the 30 Marines and one Navy sailor aboard. Six other troops died in insurgent ambushes in the deadly first day for Americans since the Iraq war began nearly two years ago.

Only days before Iraq’s crucial elections Sunday, militants set off at least eight car bombs that killed 13 people and injured 40 others, including 11 Americans. The guerrillas also carried out a string of attacks nationwide against schools that will serve as polling centers.

In Washington, President Bush called on Iraqis to defy terrorism and go to the polls despite relentless insurgent attacks. He said it was a "very discouraging" day when the U.S. death toll for the war rose above 1,400.

The CH-53 Super Stallion was carrying personnel from the 1st Marine Division on a security mission in support of the election when it went down about 1:20 a.m. near the town of Rutbah, about 220 miles west of Baghdad, the military said.

The crash occurred during severe weather, but in case was still under investigation, said Army Gen. John Abizaid, chief of U.S. Central Command.

"You have a 275-member National Assembly and regional legislators. Sunni Muslim extremists have threatened to sabotage the election, and many Sunni clerics have called for a boycott because of the presence of U.S. and other foreign troops.

The group calling itself al-Qaeda in Iraq warned people to stay away from the polls, threatening attacks. "Oh people, be careful. Be careful not to be near the centers of infidelity and vice, the polling centers... Don't blame us but blame yourselves if harmed," a Web statement issued in the group's name said.

Sex used to weaken Guantanamo detainees

Female interrogator tactics included wearing miniskirts and thongs and smearimg fake menstrual blood on prisoners

Paisley Dodds

SAN JUAN, Puerto Rico — Female interrogators tried to break Muslim detainees at the U.S. prison camp in Guantanamo Bay by sexual touching, wearing miniskirts and thongs under wear and, in one case, smearing a Saudi man's face with fake menstrual blood, according to an insider's written account.

A draft manuscript obtained by the Associated Press is classified as secret pending a Pentagon review for a planned book that details ways the U.S. military used women as part of a tougher physical and psychological interrogation tactics to get terror suspects to talk.

It's the most revealing account so far of interrogations at the secretive detention camp, where officials say they have halted some controversial techniques.

"I have really struggled with this because the detainees, their families and much of the world will think this is a religious war based on some of the techniques used, even though it is not the case," the author, former Army Sgt. Erik R. Saar, told AP.

Saar didn't provide the manuscript or approach AP but confirmed the authenticity of nine draft pages AP obtained. He requested his hometown remain private so he wouldn't be harassed.

Saar, who is neither Muslim nor of Arab descent, worked as an Arabic translator at the U.S. camp in eastern Cuba from December 2002 to June 2003. At the time, it was under the command of Maj. Gen. Geoffrey Miller, who had a mandate to get better intelligence from prisoners.
Gambling continued from page 1

such as euphoria-producing drugs."

"There's no question that some
people are affected in this way by
gambling. Dopamine is a hormone
that is highly involved in addictions
in general," Geffner said. "Dopamine is
secreted into our systems when we eat
food, feel a surge of cocaine or win
money gambling."

Iraq continued from page 1

In addition to Wednesday's crash
deaths, four Marines were killed in
fighting in Iraq's Anbar province, the
military said.

A reporter embedded with those
troops, Jim Dolan of WAHC in New
York City, said the deaths came when
insurgents ambushed a Marine convoy
leaving the town of Haditha, north-
west of Baghdad, in a vehicle with a
rocket-propelled grenade.

Also Wednesday, insurgents attacked
a U.S. Army patrol near the northeastern
town of Duluiyah, killing one soldier
and wounding two others, and in the
Baghdad area a roadside bomb killed
another soldier and wounded two oth-
ers, the U.S. command said.

The day's deaths brought to at least
438 U.S. military who have died in Iraq,
according to an Associated Biess

Continued from page 1

count.

Fritliy, January 28, 2005

Guantanamo

continued from page 1

including alleged al-Qaida members,
captured in Afghanistan.

Saar said he witnessed about 20
interrogations and about three
months after his arrival at the remote
U.S. base he started noticing "disturbing
practices.

One female civilian contractors
used a special outfit that included a
miniskirt, thong underwear and a bra
during late-night interrogations with
prisoners, mostly Muslim men who
consider it taboo to have close con-
tact with women who aren't their
wives.

Beginning in April 2003, "then
hung a short skirt and thong under-
wear on a bed," Saar said. "Later I
learned that this outfit was used for interrogations
by one of the female civilian contrac-
tors... on a team which conducted interrogations in the middle of the
night on Saudi men who were refus-
ing to talk."

Some Guantanamo prisoners who
have been released say they were
treated by "prostitutes.

Saar describes a female military
interrogator questioning an uncoop-
erative 21-year-old Saudi detainee
who allegedly had taken flying lessons
in Arizona before the Sept. 11 terror
attacks. Suspected Sept. 11 hijacker
Hani Hanjour received pilot instruc-
tion for three months in 1996 and in
December 1997 at a flight school in
Scottsdale, Ariz.

"His female interrogator decided
that she needed to turn up the heat," Saar writes, saying the repeatedly
asked the detainee who had sent him
to Arizona, telling him he could
"cooperate" or "have no hope what-
soever of ever leaving this place or
talking to a lawyer."

The man closed his eyes and began
to pray. Saar writes.

"The female interrogator wanted to
"break him," Saar adds, describing how she removed her uniform top to
expose a tight-fitting T-shirt and
began taunting the detainee, touching her
breasts, rubbing them against
the prisoner's back and commenting on
his apparent erection.

The detainee looked up and spat
in her face, the manuscript recounts.

The interrogator left the room to
ask a Muslim Imam how she could
break the prisoner's reliance on God.

The linguist told her to tell the
detainee that she was menstruating,
touch him, then make sure to turn off
the water in his cell so he couldn't
wash.

"Strict interpretation of Islamic law
forbids physical contact with women
other than a man's wife or family, and
with any menstruating women, who
are considered unclean.

"The concept was to make the
detainee feel that after talking to her
he was unclean and was unable to
before his God in prayer and gain
strength," says the draft, stamped
"Secret."

The interrogator used ink from
a red pen to fool the detainee, Saar
writes.

"She then started to place her
hands in his pants as she walked
behind the detainee," he says. "As she
circled around him he could see that
she was taking her hand out of his
pants. When it became visible the
detainee saw what appeared to be red
blood on her hand. She said, 'Who
sent you to Arizona?' He then glared
at her with a piercing look of hatred.

She ailred the red ink on his
face. He shouted at the top of his
lungs, spat at her and hanged for-
ted," so fiercely that he broke loose
from one ankle shackle.

He began to cry like a baby," the
draft says, noting the interrogator left
saying, "Have a fan night in your cell
without any water to clean yourself."

Fritliy Saar describes several previous reports of abusive female
interrogation tactics, although it was
possible to independently verify
his account.

In November, in response to an AP
request, the military described an
April 2003 incident in which a
female interrogator took off her uni-
form top, exposed her bra and,
ran her fingers through a detainee's
hair and sat on his lap. That session
was immediately ended by a supervi-
 sor and that interrogator received a
written reprimand and additional training,
the military said.

The military reported that in early
2003 a different female interrogator
"wiped dye from red magic marker on
detainees' shirt after detainee spit
on her," telling the detainee it was
his blood. She was verbally reprimanded,
the military said.

Sexual tactics used by female inter-
rogators have been criticized by the
FBI, which complained in a letter
obtained by AP last month that U.S.
defense officials hadn't acted on com-
plaints by FBI observers of "highly
aggressive" interrogation techniques
including one in which a female
interrogator grabbed a detainee's gen-
italia
decides whether to file criminal charges. The San Bernardino County Sheriff's Department turned its case over to prosecutors this week.

SANITA ANA — Laws prohibi­ting a gay couple from suburban Orange County from marrying are a violation of civil rights equivalent to racial segregation, an attorney for the men argued Thursday in a case that is one of the few challenges to same-sex marriage pending in federal court.

Calling gays and lesbians "the most oppressed minority since slavery," attorney Richard C. Gilbert urged U.S. District Judge Gary Taylor to overturn the California and federal laws against same-sex marriage.

SAN FRANCISCO — Environmentalists said the federal government Thursday over plans to log Giant Sequoia National Monument, which they said would violate the presidential proclamation creating the preserve that is home to two-thirds of the world's largest trees.

The Sierra Club and four other environmental groups called the U.S. Forest Service's decision to include the monument in central California a scientific and ethical mistake that would violate public interest in safeguarding the starting point of wildfires.

State and federal government agencies are required by law to conduct environmental reviews before proceeding with projects that could lead to environmental damage.

The state argued Thursday companies and the federal government had not yet completed the environmental impact statement before proceeding with the timber harvest.

The state's motion to dismiss the case in Mariposa County Superior Court was denied Thursday.

WASHINGTON — In the last blow to California Secretary of State Kevin Shelley, the federal commission that distributes election reform money voted unanimously to audit $27.3 million sent to California in 2003 for general voting reform activities.

A state audit released last month had said Shelley misplayed the money, including by paying employees to attend partisan events.

Ford Motor Co. is recalling nearly 4 million F-Series Supercrew trucks made at the same time. Ford will notify owners of the recall in February, and dealers will deactivate the cruise control switch for free.

MESA, Ariz. — The state argued Thursday for the dismissal of a lawsuit that seeks to broaden a voter-approved law aimed at keeping illegal immigrants from voting and obtaining certain government benefits.

A U.S. district judge in Tucson previously agreed with a legal opin­ion by Arizona Attorney General Terry Goddard that says the new state law applies only to some welfare programs, according to the state's motion to dismiss the case in Maricopa County Superior Court.

WASHINGTON — In the latest blow to California Secretary of State Kevin Shelley, the federal commission that distributes election reform money voted Thursday to audit millions in questionable expenditures he oversaw.

The four-member U.S. Election Assistance Commission voted unanimously to audit $27.3 million sent to California in 2003 for general voting reform activities.

A state audit released last month had said Shelley misplayed the money, including by paying employees to attend partisan events.

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**RAILROAD SUICIDE**

Suicide attempts by train more common than most people know

Suicide by train is an underreported method, railroad professionals say, with most attempts resulting in death

Leslie Miller
ASSOCIATED PRESS

WASHINGTON — Scores of times each year, people intentionally stand, jump and drive in front of trains, figuring it's a sure way to end their lives.

Authorities say Juan Manuel Alvarez, 28, thought about it Wednesday when he drove his SUV onto a railroad track in Glen Allen, Calif., near Los Angeles. But he changed his mind and left the vehicle on the tracks, causing a chain-reaction derailed that killed 11 people and injured nearly 200.

He walked away from the scene virtually unscathed by the crash, although he had apparently slit his wrists and stabbed himself in the chest. It was not immediately clear when he did that. He was held without bail in a hospital jail ward.

Many others succeed in killing themselves.

A 13-year-old girl from suburban Chicago committed suicide in March by walking on commuter rail tracks with her back to the train. A 53-year-old woman killed herself in July by lying down on railroad tracks in Boca Raton, Fla.

That month in Kansas the 19-year-old daughter of a Kansas High school principal was struck and killed by a train after tiring himself to the tracks with halting words: "They’re suffering and they see this as a way of ending the suffering," said Dr. Brian Mishara, director of a center that studies suicide at the University of Quebec in Montreal. "It’s not true that it’s a sure way of dying."

In Germany, where there are 19 suicides by train every week, one in 10 survivors attempts to do it again.

The Center for Disease Control and Prevention report that 132 people nationwide killed themselves using trains, buses and subways in 2002, a tiny percentage of the approximately 100,000 suicides each year.

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**With 140,000 miles of rail line and 150,000 grade crossings, I’m not sure there is any method that’s effective in preventing it. The key is suicide prevention.**

— TOM WHITE

American Association of Railroad Spokesperson

People in the railroad industry say suicide by train happens far more often than people hear about.

John Tolman, spokesman for the Brotherhood of Locomotive Engineers and Trainmen, said the average train engineer will see three suicides during his 25 years on the job. A commuter rail engineer will see as many as 20 in his career.

"When you’re frequently interacting with passengers — with platform, grade crossings — that’s where the suicides and the close calls are," Tolman said.

Engineers are traumatized when they witness a person, something they can’t prevent because trains can’t stop on a dime, Tolman said. Engineers and trainmen experience post-traumatic stress disorder similar, much like Vietnamese veterans, he said.

Many railroads offer counseling and off-duty for engineers after they hit a suicide victim, but Tolman said some programs are much better than others.

Though suicide by train is relatively rare, it causes great pain and anguish.

And it may be on the rise, especially since news of the Glendale tragedy may inspire copycat attempts.

"The more you publicize it, the more likely this will become a more popular method," Mishara said.

Early Thursday, another apparently suicidal man was pulled onto a train but was not injured.

"We have a couple list of methods we try to keep off the tracks," said Fred Lyall, a spokesman for the American Association of Railroads.

"But there are a couple methods we can’t control that’s effective in preventing it. The key is suicide prevention."

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**Damaged Semester at Sea vessel heads to Hawaii**

Classes aboard a study-abroad ship were suspended after a 30-foot wave struck injured crew members, ruined controls

Dan Joling
ASSOCIATED PRESS

ANCHORAGE, Alaska — A damaged Semester at Sea research vessel with 900 people on board changed course Thursday in a calmer Pacific Ocean and headed for Hawaii for repairs.

The 591-foot Explorer had been destined for Midway Island but chose to take the longer route to Honolulu for repairs, the Coast Guard said.

Semester at Sea is a study-abroad program for undergraduate students with the goal of giving students a more global perspective.

The Explorer lost power in three of its four engines Wednesday when a 30-foot wave broke bridge windows, damaged controls and injured two crew members. The vessel was about 600 miles south of Adak, Alaska, in the Aleutian Islands about 1,300 miles southwest of Anchorage.

Crew members were able to start a second engine but could manage only one knot — about 11.5 miles per hour — in 35-foot seas and winds gusting to 20 miles per hour.

Sea diminished Thursday to 15-foot seas with winds of 20 mph. The wind and seas were on the Explorer’s stern as the ship headed southeast and the Coast Guard said the conditions would allow for a smoother transit for crew and passengers.

Woodrow Freeman, operations manager for Institute for Shipboard Education, which operates Semester at Sea, said he had been in contact with Becky Dreyer, a dean on board the ship.

No passengers reported injuries, Freeman said, or a desire to depart once the ship reached port. One crew member suffered a broken leg and another a broken arm, he said.

"We do not have specifics on damage."

"There has been some cosmetic damage to the classroom and the public areas," he said. Each classroom has audiovisual equipment such as projectors and DVD players. Items that were not secure may have been tossed around, he said.

Classes resumed Thursday after being suspended for at least one day and regular meal service had resumed.

During normal operations, students can communicate by fax, phones and e-mail. However, after the damage, only students carrying satellite phones could call out, Freeman said, and they were being shared for quick calls to family.

The Coast Guard reported the ship 600 miles north of Midway Island and about 1,450 miles from Honolulu.

The trip could take several days, depending on the number of main engines that are available for use, the Coast Guard said.

The 378-foot Coast Guard cutter Jarec, which left Dutch Harbor, Alaska, on Wednesday, was continuing to sail toward the Explorer and a Coast Guard HC-130 aircraft was standing by at Midway Island ready to support as needed.

The Explorer is a 25,000-ton, Bahamian-flagged vessel, that was en route to Korea and Japan from Vancouver, British Columbia. Stellar Mariner S.A. is the owner. It was built in 2001.

Of the 990 people aboard, 681 are students and 113 are faculty and staff. The other 196 are ship’s crew.

The 100-day voyage began Jan. 18 in Vancouver. The Explorer was headed to Korea and Japan.

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**Colleges buying more food from local farmers**

Jeanette J. Lee
ASSOCIATED PRESS

MERIDIAN, Conn. — Mealy apples, boxed mashed potatoes, frozen veggie mixes and suspicious mean drive many a college student to the cereal and bagel bin.

But salsa bowls from Barnes College in Maine to the University of California at Santa Cruz are improving those habits and helping their local agricul­

tural economies by going straight to the farm.

That means small and medium­

sized farmers near campus for fresh produce, meat and dairy products.

Most of the farmers grow organic crops to use pesticides sparingly and practice methods of sustainable agri­

culture, such as crop rotation.

About 200 colleges nationwide purchase at least one product from a small farm in their community or state through campus Farm to College Program Manager of the Community Food Security Coalition.

The hook, many say, is that locally grown food just tastes better.

"Produce that’s meant to be trans­

ported is grown for durability,"

Markley said. "Local farmers grow varieties that are delicious, but not as durable."

Last year, Yale undergraduates would often doctor their school­issued ID cards to get into the one dining hall that regularly cooked with farm­

fresh ingredients.

"It’s not as much of a problem this year since we spread the menus to all the college dining halls," said Melissa Shannon-Dipietro, Associate Director of the Yale Sustainable Food Project.

Buying locally also helps satisfy stu­

dent demand for vegetarian, vegan and organic options, and reduces or elimi­

nates the fuel, packaging and refriger­

ation needed to transport perishable foods.

And replacing but not spiriting produce with local varieties — luscious heirloom tomatoes and sweet Roma apples — encourages students to munch on more fruits and vegetables.

"It is a challenge to keep students healthy choices so they can develop food habits that are good and long­

lasting," said Jennifer Walling, Director of Cornell University’s Farm to School Program.

As sales of organic produce have skyrocketed and restaurants have turned to local farms for haute cuisine, Shannon-Dipietro even sees the move as a recruiting tool.

"Twenty years ago it was important how good academically a college was. Now it’s overall quality of life that’s also important and food is right up there," she said.

Advocates of buying locally, many of them students, also hope to sustain the ever­

prising demand for small to medium­sized farms.

"Colleges are lucrative customers for farmers because they buy in bulk on a regular basis and have good credit," said Jack Duff, he was spotted on the watch out of suicide prevention," White said. "The key is suicide prevention."

Karen Marshall, founder of a suicide prevention foundation in Michigan, said people need to recognize suicidal tendencies and seek help.

"The time to have prevented the suicide attempt that the man made yesterday was long before he got behind the wheel of the SUV and headed toward the railroad track," she said.

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Yale students eat lunch in the dining hall at Yale’s Berkeley College

Tuesday, Jan. 11.
If you've ever wondered where the music is coming from while dining in The Avenue, it's mtvU, a new channel from the MTV network geared specifically toward college students.

The station is played exclusively on college campuses and features mostly up and coming, independent artists.

"We are trying to emulate MTV in the early days, when it was great," said Sharon Liveten, publicist for mtvU. "The goal of mtvU is to be different from everything else and we are trying to provide a voice and a place for college students to air their points of view as well as being an incubator for college talent."

The majority of the programming on mtvU is music videos from bands that are more obscure than those featured on MTV and music that is heavily drawn from college playlists.

"I like mtvU because they show a lot of independent artists," said mechanical engineering senior Jordan Harpole said while watching mtvU in The Avenue.

Harpole discovered the music of Sondre Lerche while watching its video on mtvU. He then went on the mtvU Web site to learn more about the artist.

"I like the mtvU Web site too because they have a lot of videos that I can watch online because I don't have as much time when I am eating lunch on campus to watch new videos," Harpole said. Even though mtvU is more independent and smaller than its parent network, they have VJs, events, concerts and even its own spring break.

"mtvU is more than a network, it's a lifestyle," mtvU VJ Mayleen Ramey said. "We have an interactive Web site, scholarships available, we come out to the different universities, and it is the epitome of youth culture and music."

Ramey, 25, who graduated from the University of California, Santa Barbara, is one of six VJs who travel to different college campuses hosting concerts and events. As a VJ, "we bring what students want and what they see on mtvU and online to them on their college campuses," Ramey said.

In addition to music and pop culture, mtvU encourages students to become involved in world events such as the crisis in Sudan through Amnesty International, the tsunami disaster relief and HIV and AIDS awareness with World AIDS Day.

"I think it's a surprise to many people that we are such a well-rounded network," Ramey said. "I think that it is important for young people to get involved and to see what's going on in the world."

The channel also hosts contests for college students to participate in, including "mtvU Strips," which searches for the best college comic strip, an mtvU Grant that gives away money for social entrepreneurship to help improve the community and Best Film and Best Music on Campus Contests.

Not only does mtvU bring concerts to universities from its featured artists, it organizes surprise appearances through a feature called "Stand-In." Recently, Marilyn Manson crashed a Temple University class to fill in for the professor and Snoop Dogg shocked the Trojan players when he took over as the coach of the USC football team for a day.

With the growth of the network and an overwhelming amount of positive feedback, Liveten said that mtvU hopes to be on as many college campuses as possible that want the channel.

"I think we've really hit on something big, and people really enjoy watching mtvU," Liveten said.
C ollage is an interesting time in a young person’s life when it comes to food. Issues with food surround us. From late night TV cooking shows to learning how to cook for one (or cook at all for that matter). But, after awhile, even pizza and beer become boring, and you must face that stark, scary place called the kitchen.

Let’s be realistic. We’re not all blessed with Emeril’s magical “BAM!” or Iron Chef’s ingenuity. Here are some guidelines to help you whip up a face that stark, scary place called the kitchen.

Hut, alter awhile, even pizza and beer become boring, and you must face that stark, scary place called the kitchen. Even at home, even at your dorm, the kitchen is just a place for towels and for cleaning, not necessarily a place where fresh food is served. But it doesn’t have to be that way.

Here are some suggestions that are healthy and inexpensive. Feel free to mix and match based on your individual food preferences and to create variety in your diet.

First of all, you’re going to need a few key supplies and ingredients to make that fabulous bag lunch a reality. Stack up on Ziploc bags of different sizes, foil and some Tupperware. Also, invest in a small lunch tote (yes, you may look like a dork, but at least you won’t be starving between classes) and some frozen ice packs to keep leftovers cold. In addition, make sure to keep food hands on food at all times so you can always throw something together as you rush out the door. Preparing food on whole wheat never has to be refrigerated, and foods like apples, bananas, dried fruit and trail mix can just be tossed in your backpack without much effort or cost.

Here are some quick and easy lunch suggestions that are healthy and inexpensive. Feel free to mix and match based on your individual food preferences and to create variety in your diet.

Bread:
- Pita
- English muffin
- Whole wheat bread
- Bagel
- Tostilla

Protein:
- Peanut butter
- Cream cheese
- Ham
- Cottage cheese
- Yogurt

In addition, don’t forget about beverage costs. Brunch enthusiasts, consider bringing a thermos of coffee with you to school or stash individual tea bags in your backpack. Campus Market, Julian’s and The Avenue all supply complementary hot water. Bring your own water bottle to school, so you can stay hydrated throughout the day and save a buck or two. Don’t get caught drowning your pockets to buy non-nutritious convenience foods when you can prepare your own healthy lunches and snacks from home for a lot less money.

Mardi Gras 2005

Send us your letters to the editor at opinion@mustangdaily.net.

LETTERS

Don’t let the unqualified kid become the leader.

Bush right, eh? The Kyoto admittedly would have ended with U.S. companies paying huge sums to foreign countries for doing nothing. That’s the point though. Economic incentive for environmental friendliness. Hire some homogenmum engineers to fix your plants and save money. But the treaty did little to avoid the cor-

Terrorists are human beings who know right from wrong.

If terrorists are “crazy,” as Matt Randle says, they do not have enough concience to know what is right and wrong. Why, then, should they be destroyed? They are human beings who can feel pain and suffering, so why should they be bombed? Perhaps, because they will try to kill Americans first. But then I do not see the difference between the United States and these terrorists. They are two nations at war, with neither taking the higher moral position.

Moreover, Bush refuses to recognize the Geneva Convention as international law. Everyone agrees that Americans live over lives for less reason this country is so screwed up.

Jonathan Allen

Biology senior

LETTER POLICY

Send in your love, hate and more.

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MUSTANG DAILY
Having nice lines

45. How do you do?

46. Position in a rock band

47. Position of a fellow

48. Pull out, as brads

49. "The Facts of Life" actress

50. "My life ___

51. Part of an order

52. Judgment Day

53. Travel guide?

54. Somebody nice

55. One loved by Hermes

56. Org. of 1861

57. Galley

58. Conical

59. War chronicle

60. Lows of charges

61. The old college cheer

62. Travel

63. Have a loan from

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Many challenges faced, but one regret

Brian J. Lambdin

Angie Garrido loves a good challenge. The current head coach of the University of Texas baseball team and the women's coach in WA-NA Division I history has searched out and faced challenges all her life.

Garrido's ties to Cal Poly go back to the time of players like Mike Krakow, Dean Termin сравн и e n Robert Baggetto, who Cal Poly's Big West Stadium is named after.

After graduating from Fresno State in 1960, Garrido played six years in the minor league system of the Cleveland Indians before taking a job as the coach of Sierra High School in Tollhouse, Calif.

During this time, Garrido would also make his first connection with Cal Poly as he attended the school and earned a master's degree in education administration in 1964, and made important connections with the athletic department.

Garrido took the head coaching job at San Francisco State in 1969, and when Bill Hicks stepped down as the coach of the Cal Poly baseball team, Garrido's connections helped get him the job as Cal Poly's head coach in 1970.

Garrido came into that first season with high expectations.

"According to his former player Texas coach Tom Lee, "he was aggressive and enthusiastic." All that energy though didn't translate into a lot of wins as the Mustangs went 6-33, his worst record as a head coach.

That first year was important though shaping the coach he would become.

"The first year was difficult, it seemed to be a season where I had to recon­ nect the environment I was creating on the team," he said.

From that reenergizing of his coaching philosophies Garrido began to focus on the mental parts of human behavior. "Players need a balance of their emotions to perform. I needed to foster their self-esteem in order to get the best performance to come out," Garrido said.

Seeing baseball as a tool to help all his players grow was another approach Garrido started to develop while at Cal Poly.

"The game of baseball creates real-life situations to learn from. Baseball can be a part of a learning experience if it is treated right. Baseball can and life are both about failures. The game gives players an opportunity to overcome failures and we need to help players do this," Garrido said.

That first year team still holds a special place in Garrido's heart. "That whole team at Cal Poly was a favorite team of mine. We gave to each other and nurtured each other's lives. Those were key experiences to making changes at a personal level so that I might become a more effective as a coach," he said.

After only three years at Cal Poly a new challenge arose and Garrido took the head coaching job at Cal State Fullerton.

"It was a chance to build the baseball program at Cal State Fullerton. My good friend and neighbor Neil Stuver had put Cal Poly to take the job as the athletic director there. It was about friendship too," Garrido said.

After heading to Cal State Fullerton in 1973, Garrido would stay there until 1987.

He won his first College World Series Championship in 1979 and the experience was one he will never forget.

"I was shocked and surprised when we won the first championship. It does not make all the problems go away, therein lies the solution, though. It is about relationships with players and that is where you find your happiness," Garrido said.

When he won his second championship in 1984, Garrido said, "I found my happiness in them."

Garrido would leave Cal State Fullerton in 1988, for another challenge at the University of Illinois. It was a new challenge in a new place with a whole new environment, one where baseball wasn't supposed to flourish because of the cold weather. That was the main reason why Garrido went there.

"It was a chance to build the program there," Garrido said.

Garrido won national championships at Fullerton and Texas.

Baseball Preview

Mustangs and Bruins to rematch after three-decade break

Cal Poly, which opened its 2005 season last weekend by sweeping a three-game series at the University of San Diego, hits the road again for another three-game set this weekend against UCLA at Jackie Robinson Stadium.

Friday's game will start at 6 p.m., followed by a 10:00 o'clock contests Saturday and Sunday.

The Mustangs and Bruins have met 19 times in baseball, but this weekend's non-conference series will be the first between the two schools since 1970. UCLA holds a 13-5 advantage in the series and all 19 games were played in Los Angeles.

First meeting in the series was played on March 6, 1953, and was won by the Bruins 6-3. Cal Poly's head coach that season was Tom Lee, father of current Mustang mentor Larry Lee. Last Mustang win over UCLA was a 14-11 slugfest on March 12, 1966. UCLA, which is opening its 2005 season this weekend, is tied for 40th with Cal Poly in the preseason Sports Weekly/ESPN poll. The Bruins have 21 lettermen, including three position starters and 10 pitchers, back from last year's 35-29 team, which finished tied for third in the Pac-10 and qualified for the NCAA regionals.

First-year Bruins head coach John Savage (fourth season overall, 88-84-1, Nevada '91), who was head coach of the renamed UC Irvine program for six seasons, said he would start sophomore Hector Anibriz (2-2, 3.62 ERA in 2004) on Friday, senior Matt Cooper (9-5, 2.31 ERA in 2004) on Saturday and either SD>phx)inore (2-1, 5.57 ERA in 2004) or sophomore right-hander Brandon Roberts (6-3, 2.98 ERA in 2004) on Saturday.

The Texas program is a prestigious position and Garrido became only their fourth coach since 1911.

In 2000, he brought them back to the College World Series for the first time since 1993. In 2002, he won his fourth national champion­ ship. This championship, like all the rest, Garrido acknowledged as unique.

"There was a lot of satisfaction winning that championship. The idea I wanted to was to build the team, everybody being important, buying into that proved to be a pow­ erful combination, "he said.

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