Substantial changes to registration

Nicole Sivers
SUNDAY, OCTOBER 10

Students will face a number of changes when they sign onto POWER, the winter registration system starting Oct. 27.

During the initial registration rotation, students will only be able to register for 14 units, but can be added to a waitlist for closed classes.

"We want to spread desirable courses into the registration cycle," said Thomas Zuur, director of the office of academic records. "If you take the whole process, you will see students can make better progress toward degrees."

He said this will encourage students to only hang onto classes they really need. It will also help if people "play nice" and drop classes they really don't want, rather than holding onto them he said.

During the open enrollment period, Nov. 19 to Dec. 30, students can register for a maximum of 22 units without prior approval.

One of the biggest changes will be the debut of a waitlist option.

"waitlisting has been a high priority among students," said Linda Sandh, application management coordinator with ITS.

When students attempt to register for a closed class during the initial or open registration period, they will be asked whether or not they want to be added to a waitlist. When a seat opens up, POWER will automatically enroll the student.

Students must meet the course requirements and have no time conflicts to be enrolled in a waitlisted class. POWER will continue to try to add the student rather than drop them into the class unless the other students are not available for courses with co-requisites, such as a lab/lecture or lecture/recitation.

Students can monitor their place on the waitlist through POWER. They will receive an e-mail notification if they are added to the waitlist or notified when the student drops out.

The MyCalPoly portal will have a registration changes page that will display the student's waitlist status and the list of classes that the student has added to the end of their waitlist. Students can review their waitlist status at any time, verify the status of waitlisted courses, and remove themselves from a waitlist.

In addition, students will be able to view, add, and remove classes through the phone registration system, CAPTURE, and the web registration system, POWER.

For more information, see Changes, page 2

Local politicians attend campus BBQ

Miac Paulson
SUNDAY, OCTOBER 10

California State Assemblyman Abel Maldonado and San Luis Obispo Central Council candidate Paul Brown greeted Cal Poly students as they indulged in free hot dogs and hamburgers at a Cal Poly College Republican booth Thursday.

Maldonado, a Cal Poly crop science graduate and a candidate for the 15th District state Senate seat, joked about students that choose politics over a free lunch.

"These are not Republican or Democrat hot dogs," Maldonado said. "One young lady refused to take a hot dog because she was a Democrat. I explained to her because we're using Heinz Ketchup, they are more bipartisan hot dogs."

Maldonado became a member of the Santa Maria City Council at age 20. Two years later he ran against a two-term incumbent to become mayor of Santa Maria and in 1998 was elected to the California State Assembly. The 15th District stretches from San Jose to Santa Maria and includes all of San Luis Obispo.

"I never dreamed of being in politics when I was at Poly, I was going to be a plant doctor," Maldonado said. "One day I woke up and decided I was going to run for City Council."

Business marketing senior and Democrat Pedro Vasquez was consoled over Maldonado not limiting the Hispanic vote seriously.

"(Maldonado) talked to me about the impact of the Hispanic vote," Vasquez said. "He expressed his concern that Democrats take the Hispanic vote for granted."

Other students, like industrial technology senior Matt Eddy were interested in other aspects of Maldonado's campaign.

"I asked him 'when you met Arnold (Schwarzenegger) did you ask him for his signature?' and whether he put it up on his wall, he said 'yes,'" Eddy said.

Governor Schwarzenegger came to Maldonado's campaign rally Oct. 12, to show his support for his fellow Republican.

Brown, a member of the San Luis Obispo Chamber of Commerce Board of Directors and a Cal Poly graduate, said he has a connection with students that live in San Luis Obispo.

"There is a chasm between students and the instructor."

We want to encourage students to get involved and not limit themselves in what they do in life.

"If you want something big to happen, you have to take it on yourself," Maldonado said. "You can't expect Patagonia or a local politician to do it for you.

See Changes, page 2

Granny D's coming to Cal Poly

Doris Haddock, known to most as "Granny D," will appear at the Cal Poly Performing Arts Center tonight for a public discussion.

The political candidate and author of the book, "Granny D: You're Never Too Old to Raise a Little Hell," will discuss her perspective on practicing democracy and talk to students about her life.

Haddock's speech is scheduled to begin at 7:35 p.m. and will last an hour. The event is sponsored by PREFACE, the Cal Poly Shared Reading Program on campus, that invited incoming students to read the novel over the summer. During their Week Of Welcome orientation, new students were separated into small groups to discuss the Haddock's book.

The goal of PREFACE is to provide new students with an introduction to the expectations of higher education.

As a special treat, Cal Poly recruited Granny D to come and speak to the community about her experiences.

Patricia Ponce, special assistant to the vice provost and coordinator of tonight's event, said she is thrilled to have Granny D come to campus.

"She is full of life," Ponce said. "Granny D has a fabulous spirit and is so inspirational."

Tonight's festivities are free of charge and participants are welcome to attend early for a reception and book signing with Granny D. The author will be signing books from 7 to 7:30 p.m. and will also be available for an hour after her speech.

At tonight's event, Granny D hopes to encourage students to get involved and not limit themselves in what they do in life.

"If you want something big to happen, you have to take it on yourself," Haddock said. "You can't expect..."
Granny continued from page 1

somehow to do it, you have to take on the burden of it." Granny said that freedom to think for oneself with an open mind is the beginning of wisdom.

The novel describes Haddock's 3,200-mile journey across the United States to draw attention to campaigned finance reform.

Granny died then age 90, walked 10 miles a day through rain, snow, mountains and desert.

She made it to Washington D.C. 14 months after her departure from Los Angeles, California.

After already receiving national press, Granny was met by more dozen members of congress who walked the final miles with her.

Dennis Burke, co-author of the novel, said he was astounded by all the people.

"It was a religious experience," Burke said. "We expected certain media, but not the huge crowd." In her journey, Granny trained continuously for a year. She consistently took long walks for a week to get used to the idea of being with little food.

"I felt like a bird," Granny said. At the age of 94, with two children and 16 grandchildren, Granny D is running for the United States Senate for the state of New Hampshire.

She is running for on the same message that she has walked for. "Our nation's leaders have been corrupted by special interest dollars and no longer represent the interest of their constituents," Haddock said on campaign.

With hundreds of speeches given so far, co-author Dennis Burke said he helps Granny D research audiences.

"We collaborate a lot," said Burke. "But her favorite thing is just getting under a trail with a yellow pad and writing." Together, Haddock and Burke have traveled the country to tell the story of the woman in the story with giant feathers who decided she was going to make a change.

Granny strongly contends that people should embrace life and look for the good in everyone. She has set out to prove that ordinary people like herself can create change.

**Kerry gains from debates**

Scott Lindlaw

LAS VEGAS -- President Bush said Thursday the trio of prime-time debates with Sen. John Kerry demonstrated he is running on his record even as the Republican campaign acknowledged that Kerry had gained from the confrontations viewed by tens of millions of Americans.

"The senator's record is 20 years of out-of-the-mainstream votes without any significant reforms or results," Bush told thousands of cheering supporters amid post-debate polls showing Kerry was widely viewed as winning each one. "I'm proud of my record. My opponent seemed to want to go over the top on the latter." 

Marc Racicot, Bush's campaign chairman, insisted that any advantage to Kerry from the debates would prove fleeting.

Assessing all the debates combined, Racicot said Kerry "did provide himself some temporary assurance with the first debate that got more leaned in the second debate and then began to dissipate at a what-ever-unknown rate with last night's performance. I just think he was on his heels most of the night."

Bush and Kerry set out on an 19-day campaign sprint to Election Day concentrating their time and adverusing on a dozen or so battleground states that will settle the election. The ubiquitous polls made their race a virtual dead heat.

The Democratic Party was quick to publicize what it called a debate "threepiece" for Kerry, launching two videos that mocked Bush's performance.

One shows Bush talking about Osama bin Laden and selling "White House reports," "I truly am not that concerned about him. I know he is on the run," then denying during the debate that he had ever said it.

The other video shows Bush laughing when asked about unimagined outreach.

Bush played down negative reviews of his debate performances.

"The past and the present ... they all have their opinions but there's only one opinion that matters and that's the opinion of the American people on Nov. 2," the president said to reporters during a rare visit to the press cab in the rain. "I feel great about where we are.

"My spirits are high," Bush declared. "I am enthusiastic about my campaign." Kerry's day included an appearance before the AARP's national convention in Las Vegas.

In a veiled reference to Kerry's remarks about his daughter, the vice president called into question Kerry's qualifications and character.

"Kerry's record is 20 years of S.S.6 trillion surplus and turned it into a deficit," Bush said. "Kerry cited Mary Cheney, the vice president's openly gay daughter and an official in the campaign, as a woman who would say being gay is not a matter of choice.

"That drew a rebuke from both Dick Cheney and Mike Pence. In a veiled reference to Kerry's remarks about his daughter, the vice president called into question Kerry's qualifications and character.

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"I am still very active here on campus," Brown said. "If you go, many wineries will have vine tastings and hours of drawing and these are usually free. Or it will just be the normal tasting room for which is only a couple bucks," Landre said.

Landre also pointed out that students interested in the viticulture industry might want to take advantage of the 19-day campaign sprint.

"It's a good opportunity to meet winemakers and industry leaders," Landre said. "They'll all be going to be there this weekend.

"The Paso Robles Vintners and Growers Association has conducted this festival for more than eight years. It used to be called the Harvest Wine Festival and it was more of an internal event. But a few years ago, the association changed the name and opened it to the public, Landre said.

Since the events are organized by each individual winery, Landre said there is no way the association can approximate the wine that will attend this year's Harvest Wine Tour.

"We've got a lot of calls that all the hotel rooms in the area are sold out," Landre said.

The Paso Robles area is renowned worldwide for its vines that produce concentrated, yet balanced wines with unique terroir flavors, according to a press release.

**Barbecue continued from page 1**

Scions of San Luis Obispo and the more permanent members of the community, Brown said. "My business helps me to understand how young people think and what they want.

"Browns received a BS in agriculture science from Cal Poly in 1992. As a student he was on the Week of Welcomes Board of Directors, played for the Cal Poly rugby team, was the social-chairman for Alpha Gamma Rho fraternity and was a founding member of the Alpha Phi Omega coed fraternity.

"I am still very active here on campus," Brown said. "I am a member of the University Alcohol Task Force. I am an assistant coach for the rugby team and I am an advisor for the Alpha Gamma Rhoraternity.

A topic that has garnered a great deal of attention in local politics is whether San Luis Obispo should build a marketplace downtown.

"This is the first time in the last 13 years that we (San Luis Obispo) have had to dip into reserve funds," Brown said. "By building the marketplace, more tax revenue will make sure we won't have to dip into our reserves again."

Local candidates will be setting up booths at the UU throughout October so students can learn more about local issues.

Faculty will use the channel to retrieve enrollment sheets, waitlists and e.letters.

The process for making changes to the portal and POWER were initiated in June of this year. ITS and academic records staff worked over the summer to update the current system.

"No resources were to purchase additional software or equipment," Sandy said. "This is stuff we can do now for tens of dollars."

This is only a transitional period before PeopleSoft will be used in 2004.

"Staff spent the end of the summer and beginning of fall testing out the new system.

"In coming up with testing scenarios we considered class types of student and class restrictions," Carter said. "Hopefully we've tried to foresee all potential problems."

For additional information, visit www.ca.calpoly.edu/records.

**Paso wineries celebrate harvest**

Melissa L. Doreck

More than 60 wineries in Paso Robles will come together from all over the country to celebrate Harvest Wine Tour 2004 this weekend.

Each winery designs their own special events, including dinners, seminars, special tastings and concerts. It's a great weekend to go see what Paso Robles has to offer. For students, it's so close, you can just come up and go to four or five wineries and then call it a day," said Matt Landre, the winery program manager for the Paso Robles Vintners and Growers Association.

Some of the events include a like a guest chef dinner at Justin Winery, can cost up to $150. But Landre said that there are also a lot of events that are more affordable, some are free.

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**Changes continued from page 1**

have used CAPTURE over the past few quarters. Another reason for eliminating CAPTURE is because new functions featured on POWER would work not on the phone system.

A new course information channel will be available for both students and faculty on the MyCalPoly portal. Students will be able to deliver a product and students and faculty like to use it," Sandy said.

Rather than using Mustang Info, students can use the new portal channel to view detailed information about courses they are enrolled in. The channel also shows classes students are on waitlists for.

On the channel, students can view a detailed course schedule, a calendar version and access a campus map by clicking on the building or room number of a course, students will be linked to a campus and building map.
STATE NEWS
SANTA MARIA — The judge in the Michael Jackson molestation case Thursday rejected a bid by defense attorneys to throw out the grand jury's indictment against the singer in a ruling that for the first time publicly detailed the conspiracy charge against the pop star. Judge Rodney S. Melville also turned down defense requests to exclude evidence seized from a private investigator's office and Jackson's Neverland Ranch. He announced the rulings at the end of an unusual hearing where, for part of the day, reporters and members of the public were banned from talking, even before the hearing was underway.

INTERNATIONAL NEWS
BAGHDAD, Iraq — Insurgents struck deep inside Baghdad's heavily fortified Green Zone on Thursday, setting off bombs at a market and a popular cafe that killed at least 10 people and wounded 20 others in the cafe that killed at least 10 people. The blasts, one near a market and the other at a popular cafe, occurred on a day when U.S. officials reported a significant drop in the number of Americans killed in Iraq. The attacks were the most lethal in the city in nearly three months.

NATIONAL NEWS
OPA-LOCKA, Fla. — A robbery suspect trying to escape police ran into a Catholic school Thursday on the corporate headquarter's campus of Harrah's Entertainment, delivering a loud message of support for their co-workers who have been striking for two weeks in Atlantic City, N.J.

LA S V EG A S — Several hundred union members descended Thursday on the corporate headquarters of Perpetual Help school after crashing a truck into a house and then shooting at officers in the Miami suburb of Opa-locka, police said. The suspect was soon arrested, along with the second man, who was found outside the school.

NEW YORK — The Bush administration renewed its approval of a planned pullout of U.S. forces from Iraq on Thursday, forcing about 140 children to flee.

WASHINGTON — The trade deficit jumped to the second-highest level in history as surging oil prices swamped a small gain in U.S. exports, the government reported Thursday. America's trade gap with China hit an all-time high as retailers stocked up on cell phones, toys and televisions in preparation for Christmas sales. The worse-than-expected trade performance in August — a deficit of $54 billion — represented a 6.9 percent widening from July's trade gap of $50.5 billion. The record monthly deficit was set in June at $55 billion.

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**Newcomer Charlotte Martin channels Tori Amos**

Charlotte Martin is a young singer who plays piano. Her debut album, released in the past few years, has been praised by critics. The album includes a bonus song, a live version of "Wild Horses," and each song communicates a different style or emotion, such as anexitia, depression, and lost love. Her lyrics are simple yet poignant, and her voice floats above the strings entering the mix only after the main melody of the song is established in the piano and vocals. Despite an onslaught of young, beautiful female singers, such as Norah Jones and Alicia Keys, Charlotte Martin rises above the rest with her soulful voice combined with piano, string orchestra and a few beats.

Her debut album, "On Your Shore," begins with a delicate piano and orchestral orchestra, which creates an ethereal texture. She also uses many backup vocal arrangements that Amos uses. For example, she strongly accentuates certain beats on the piano for emphasis. She has a control in her voice, sultry and she has a control in her singing that Amos does not have. The slower songs also deserve high merit. Her voice is sultry and she has a control in slower songs that is unparalleled. The last song on the album is incredibly beautiful "Wild Horses," written by Mick Jagger and Keith Richards. Ironically, Tori Amos did a very similar cover of the same song years ago. Although it would be very difficult to screw up such a well-written song, Martin improves upon it by injecting her smooth, sweet style and adding a vocal solo section near the end. As a cynic and someone who is sick of artists being popular simply because they're female and sexy, Charlotte Martin is a breath of fresh air. However, the quality of her live shows will be a big factor in whether she lasts or not, but as long as she doesn't die her hair red, she'll be good to go.

**Top 10 War Protest Songs**

1. Marvin Gaye — "What's Going On"
2. John Lennon — "Imagine"
3. Bruce Springsteen — "Born in the USA"
4. Creedence Clearwater Revival — "Fortunate Son"
5. Bob Dylan — "Blowin' in the Wind"
6. The Who — "My Generation"
7. Bob Marley — "Buffalo Soldier"
8. The Byrds — "Turn! Turn! Turn!"
9. The Doors — "Unknown Soldier"
10. Buffalo Soldier — "For What It's Worth"

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**Brian Wilson finally shows his 'SMILE'**

Bonnie Johnson

**STANFORD DAILY** — ... I been taken for lost and gone and unknown for a long, long time. So sings the Beach Boys' mastermind Brian Wilson in "Heroes and Villains," the would-be single of the long-awaited album in rock history. "SMILE" has been the subject of much interest and speculation in the years since its inception, it's a wonder anyone would have the guts to finish such a project and confront the sky-high expectations of those who have followed it. It's a particularly impressive victory for Wilson. The story goes like this: Obsessed with creating the perfect pop statement, Wilson broke down upon hearing "St. Pepper's Lonely Hearts Club Band" in 1967, walking away from it in disgust. The various pieces quickly reveal themselves to be integral to the record and to each other, their textures complementary. Crafted mirages of magical decadence and a sweetly childlike attitude contrast with interjections of grown-up reckoning and moments of nightmarish orchestral noise. Parks' work on the album follows the trajectory of "Sleep John B," rather than that of "Wouldn't It Be Nice," departing from themes of teenage romance to deal almost entirely in imaginative fiction and existential musings. Wilson's arrangements contain the trappings of baroque pop, the gorgeous melodies and harmonies, for which the Beach Boys were unparalleled, and creative instrumentation that includes sounds from the barnyard and the tool shed as well as touches of the whimsical bells, whistles and bike horns that graced tracks on "Pet Sounds." It's appropriate that "SMILE" ends in perhaps the one song on which fans, critics and Wilson himself have always agreed: "Good Vibrations." And when the record ends, the real question is whether "SMILE" is as visionary now as it would have been in 1967. In fact, it is.
Anthony Breznican
ASSOCIATED PRESS

LOS ANGELES — Sometimes Trey Parker and Matt Stone are trying to make you laugh, and sometimes they're trying to make you squirm.

The "South Park" creators do all of the above with their new film, "Team America: World Police," which narrowly avoided an NC-17 rating by trimming a hardcore sex scene between puppets.

"Team America" is inspired by the old "Thunderbirds" puppet sci-fi adventure TV show. Parker and Stone, who delight in pushing the limits of both comedy and taste, borrowed the format to mock the Iraq war and Hollywood blow-up epics like "Con Air" and "Armageddon." The movie follows a squad of marionette heroes who fight terror — never mind that they reduce characters from the movie, saying they didn't want it to be blatantly political.

"I think the only thing we do assert is that it's fine and good for everyone to hate (Americans) and think we're (jerks), but there is a big difference between (jerks) and (psychos)" like Osama Bin Laden, Parker said, substituting profane body-part slang for his descriptions.

Body parts were conspicuously absent from the puppet sex scene; the marionettes have only a network of joints and hinges awkwardly bumping and grinding. After the scene was cut, the movie ratings board gave "Team America" an R.

"It's still funny," Stone said of the scene, "but nowhere near what it was. The scene itself is so funny and innocuous. It's not mean-spirited. It's not edgy. It's just what kids do. We all did that with dolls growing up.

Old college friends Parker and Stone are mostly tickled by what the board gave "Team America" an R.

In "Team America," jerks need the sissies to keep them in line, and sissies need the jerks to protect them from psychos. Overall, the movie is just meant to provoke people, regardless of their politics.

"That's much more interesting than, 'Here's what we think!' " Stone said. "We don't know anything about foreign policy or anything. We don't know anything about anything."

Trey Parker and Matt Stone are ready to stir up more controversy with their new film, "Team America: World Police." The film only received an R rating after they cut a scene featuring hot, one-on-one puppet sex.

South Park creators get ready to defend the world

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Carbohydrates are part of a smart diet

As America's obesity problem nears epidemic proportions, more and more Americans are taking desperate measures to lose weight. The low-carb craze that began in the early ’70s as “Dr. Atkins’ Diet Revolution” has captured the consumer once again in the 2000s as “Dr. Atkins’ New Diet Revolution.”

Once again, the diet goes against the grain (no pun intended) promising rapid weight loss while eschewing foods like red meat and cheese. Even though the Atkins Diet may seem enticing, there are plenty of reasons to rethink this type of weight loss approach.

First of all, nutritionists tend to frown upon the term “diet” because it implies a quick fix or restrictive eating habits, rather than long-term changes that result in a healthy lifestyle. A healthy diet strives for variety, balance and moderation — principles that Atkins seems to overlook.

The Atkins Diet earned its claim to fame by restricting carbohydrates and advocating the consumption of eggs, meat and dairy; however, all are high in dietary fat and cholesterol which have been linked to obesity, heart disease and strokes.

By severely restricting a particular food group you deprive your body of vital nutrients that are essential for the maintenance of various physiological systems. Professionals agree that a low-carb, high protein diet can strain the kidney and lead to other complications like osteoporosis. Furthermore, the long-term effects of the diet are still unknown so it is not yet recommended.

Although the Atkins approach does result in rapid weight loss, most is due to a loss of water and muscle mass as your body tries to compensate for the lack of carbohydrates in the diet. According to the Institute of Medicine, the organization that sets the recommended daily intake of nutrients, the brain requires a minimum of 130 grams of carbohydrates a day, far from the scant 20 grams that Atkins recommends. Generally, healthy weight loss occurs over a longer period of time. Dieters recommend losing no more than 1 to 2 pounds per week, which is equivalent to reducing energy intake by 500 calories a day.

Despite the bad reputation carbs have earned from the Atkins craze, they are an essential component of a healthy lifestyle. Complex carbohydrates such as fruits, vegetables and whole grains provide some of the most efficient sources of glucose to the body, not to mention a plethora of other critical nutrients such as fiber and antioxidants that help reduce the risk of cancer, heart disease and diabetes.

When you begin any new eating program, be sure to consult your physician or a dietician before making any major dietary modifications.

ABOUT YOUR HEALTH

Surviving the college years

LETTERS TO THE EDITOR

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El Niño could be boon to spring skiing

Robert Weller

DENVER — After years of drought, ski resorts may finally be in luck. Experts say El Niño may mean lots of fresh snow for the crucial spring skiing period.

"Last year we didn't get the snow we needed in March," said Kevin Wright, spokesman for the Loveland Ski Area. Unseasonably warm weather was blamed for cutting spring skier and snowboarder numbers from California to Colorado.

Nationally, skier days were down slightly from the year before, but still the third best ever, despite lower spring numbers.

"Now I am seeing optimism like I have never seen. The wet summer combined with one of the snowiest falls we have ever seen at Loveland has created a buzz," Wright said. Loveland planned to open Friday, in earliest opening in six years. Climate specialist Klaus Wolter of the National Oceanic and Atmospheric Administration said a strengthening El Niño could mean a better spring, but it is unclear whether it will have much, if any, impact this winter. "The weather now is consistent with El Niño. The signs are good but this is not something that is in the bank," Joani Lynch, spokesman for Mammoth Mountain in California, hopes predictions of a strengthening El Niño are correct. "We typically get immense amounts of snow in El Niño years," Lynch said. The first Utah resorts probably won't open until next month but lodging reservations are up 10 percent from last year, which saw record skier numbers in the state, said Nathan Rafferty of Ski Utah, the trade group representing resorts.

For answers, call 1-800-285-5656, $1.20 a minute; or, with a credit card, 1-800-814-5554.

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The Mustangs face a 2-3 team, but don’t be fooled. Texas State has a strong running game and has faced tough competition.

MUSTANG DAILY STAFF REPORT

Homecoming is just a day away. The undefeated Mustangs, ranked No. 8 in the ESPN/USA Today poll following a 24-17 Great West Football Conference victory over Southern Utah last Saturday, will host Texas State (2-3) for a non-conference homecoming game Saturday at 4 p.m.

Texas State comes in a definite deep threat. Though the Bobcats are 2-3, the record doesn’t tell the whole story.

The Bobcats have already played two Division I-A teams and lost 20-13 to Florida Atlantic which is two Division 1-A teams and lost 20-13 to Florida Atlantic which is.

FOOTBALL

The Mustangs offensive unit steps into the eyes of a South Dakota State offensive line. This week the defensive line will be undersized against a bigger Texas State offensive line, but the Mustangs have relied on their speed.

MUSTANG DAILY STAFF REPORT

When Holder was just a kid, he was hunting and fishing. "I was ecstatic," Holder said. "It was just an incredible feeling." Holder said that the credit, the players stick by Holder. Almost everyone is... I was hoping and praying to get 65 percent.

Matthew Robinson scores in the extra period to give Cal Poly its first home win in five tries and improves the team to 4-3-3

MUSTANG DAILY STAFF REPORT

Soon, Cal Poly returns to the Rose Bowl. Holder said that the weight room has remained the same for four years. This has guaranteed a consistent effort, skill and determination. Holder said, citing the head football coach, Ellerson's coaching staff has remained intact and programmed to work more with the athletes exercising the weights. Holder laughed. "Ask the guys on the football team how they got where they are today... I'm not sure." Holder said. "They're the ones in here pushing the weights around!"

"Our team doesn't intimidate anyone... but when the big guys come down and start whispering, our players will do the same," Holder said. Holder's program has the athletes exercising four days a week for at least an hour and a half, and running for an hour, three days a week.

Ivory's pick to preserve S.

UTAH wins earn him honor

But Ivory jumped up with excitement about his play in the air, but when the pair landed on the ground, Ivory had wrestled the ball away from Eason.

Ivory led the team with four interceptions and is among the nation's leaders.

South Dakota State quarterback Brad Nelson was chosen as Offensive Player of the Week for the second time this season.

The Special Teams Player of the Week was Southern Utah punter Trevor Ward.

Family's golden memories

Ivory's pick to preserve S.

MUSTANG DAILY STAFF REPORT

After his game-saving interception against Southern Utah, Cal Poly cornerback Karl Ivory shared Great West Football Conference Player of the Week honors with South Dakota State quarterback Brad Nelson.

Cal Poly cornerback Karl "Bull" Ivory picked up Defensive Player of the Week honors as the Mustangs defeated Southern Utah 24-17.

Ivory intercepted a pass in the end zone with 31 seconds remaining to stop the Thunderbirds drive for a potential game-tying touchdown and extra point.

It was second and goal at the Dakota State defense that also includes ends Beck, a 2004 Buck Buchanan Award candidate who broke the school record for career tackles earlier this season, this Bobcats following three seasons as an assistant coach at Texas State and former Texas A&M quarterback Ben Eason. Beck added 16 lbs.

Norwood was 20-for-35 with one interception and one touchdown in South Dakota State's Dakota Marker victory over Northern Utah State on Oct. 23.

He also rushed three times for 25 yards. Eibad had 127 rushing yards and a touchdown, and also caught seven passes for the Anteaters.

Karl Ivory

Ivory leads the team with four interceptions and is among the nation's leaders.

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The Special Teams Player of the Week was Southern Utah punter Trevor Ward.

FILE PHOTO

Karl Ivory

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FILE PHOTO

Karl Ivory