In the news:

**Music faculty pianist hosts concert Saturday**

By Katie Schiller

MUSTANG DAILY STAFF WRITER

Classical music will hit a high note at Cal Poly on Saturday. Music faculty member and pianist William Terrence Spiller will give a benefit concert of the works of Wolfgang Amadeus Mozart and Frederic Chopin at 8 p.m. Saturday in the Cal Poly Theatre.

Titled "Two Many Notes! Works of Mozart and Chopin," the recital includes two sonatas by Mozart and the Op. 10 Etudes of Chopin. Spiller will start the concert with Mozart's Sonata in F Major and his Sonata in A minor.

The works by Mozart and Chopin are technically brilliant and are a challenge to any pianist. The GWR-qualifying test is offered once every quarter to ensure college graduates are competent writers.

In 1976, the California State University system designed the Graduation Writing Requirement to ensure college graduates are competent writers.

The GWR can be met in one of two ways — either by receiving a score of at least eight of 12 points on the Writing Proficiency Exam or by receiving a C or higher in an approved, upper-division English course and passing an in-class essay.

The two-hour exam is offered three times each year at the beginning of every Fall, Winter and Spring quarter. This quarter it will be administered on campus on Jan. 24 at 9 a.m.

Students are eligible to take the exam after completing 90 units and can sign up at the cashier's office in the administration building. The test fee is $25, and the registration deadline is Jan. 16.

With the latter option, students have the advantage of writing on a topic they have studied the quarter. Also, the class often fulfills a General Education requirement.

WPE registration ends Jan. 16

The GWR-qualifying test is offered once every quarter.

By Ashlee Bodenhamer

MUSTANG DAILY STAFF WRITER

In 1976, the California State University system designed the Graduation Writing Requirement to ensure college graduates are competent writers.

The GWR can be met in one of two ways — either by receiving a score of at least eight of 12 points on the Writing Proficiency Exam or by receiving a C or higher in an approved, upper-division English course and passing an in-class essay.

The two-hour exam is offered three times each year at the beginning of every Fall, Winter and Spring quarter. This quarter it will be administered on campus on Jan. 24 at 9 a.m.

Students are eligible to take the exam after completing 90 units and can sign up at the cashier's office in the administration building. The test fee is $25, and the registration deadline is Jan. 16.

With the latter option, students have the advantage of writing on a topic they have studied the quarter. Also, the class often fulfills a General Education requirement.

Quick facts

**1976**

the year the system designed the GWR

**68%**

the pass rate of the exam

20 units.

the number of units a student must complete before taking the exam

30%the writing center helps this failure rate

M.R. BEALS/MUSTANG DAILY

State may increase CSU fees

MUSTANG DAILY STAFF REPORT

Students at California State Universities and Universities of California should prepare for another possible fee increase, the Los Angeles Times reported Thursday.

Sources familiar with Gov. Arnold Schwarzenegger's budget told reporters that the governor plans to propose a 10 percent fee increase for undergraduate students and a 40 percent increase for graduate students at CSUs and UCs.

Concurrently, financial aid for moderate-income families is expected to take cuts, including lowering the ceiling for Cal Grant recipients.

According to the Los Angeles Times, UC and CSU fees for undergraduates who are residents of California would still be lower than the average of similar public universities.

The Los Angeles Times reported that Schwarzenegger's budget, which will be presented to the Assembly, is expected to call for a 20 percent increase in non-resident fees as well.

COMING ON MONDAY

How the state budget will affect Cal Poly

The pass rate is approximately 68 percent, Harrington said. Students may re-take the exam as many times as they wish.

"A lot of students who fail the first time, pass their second," she said.

The Writing Center helps combat this 30 percent failure rate.

At the center, which is located in building 10, room 138, students can take practice tests and view samples.
Gov. suggests cap on student fees

By Adam Foxman

LOS ANGELES — A proposal by Gov. Arnold Schwarzenegger that would prevent universities from drastically increasing student fees has been met with cautious optimism by members of the University of California System.

In his State of the State address Tuesday, Schwarzenegger proposed that universities should not be allowed to increase fees by more than 10 percent per year.

Schwarzenegger’s proposal also applies to student fees at the California State University system and community college systems.

Although colleges and universities will have to "share the burden of the financial crisis," wide fluctuations in fees should be moderated so students and their parents can plan to pay for higher education, the governor said.

UC student fees rose 11.8 percent in 2002 and an additional 10 percent in 2003. These increases came after a 5 percent drop in fees during both the 1998 and 1999 academic years and no fee increases until 2002.

The regents increased fees in 2002 and 2003 in response to a series of cuts in state funding to the UC. Over the past three years, state funding to the UC has dropped 14 percent while enrollment has increased by 18 percent. An additional $29 million in mid-year cuts are set to go into effect this year, according to a press release from the UC Office of the President.

The cuts are expected to dramatically decrease funding to the university’s outreach programs and completely cut funding to the university’s labor research institutes.

Although colleges and universities will have to "share the burden of the financial crisis," wide fluctuations in fees should be moderated so students and their parents can plan to pay for higher education, the governor said.

If fees were set by market forces, you could have a situation where the state is disinvesting in the UC, and quality and access could go down," Brad Hayward, UC Office of the President, said.

"If fees were set by market forces, you could have a situation where the state is disinvesting in the UC, and quality and access could go down," Brad Hayward, UC Office of the President, said.

Gov. Arnold Schwarzenegger

The regents increased fees in 2002 and 2003 in response to a series of cuts in state funding to the UC. Over the past three years, state funding to the UC has dropped 14 percent while enrollment has increased by 18 percent. An additional $29 million in mid-year cuts are set to go into effect this year, according to a press release from the UC Office of the President.

The cuts are expected to dramatically decrease funding to the university’s outreach programs and completely cut funding to the university’s labor research institutes.

Although colleges and universities will have to "share the burden of the financial crisis," wide fluctuations in fees should be moderated so students and their parents can plan to pay for higher education, the governor said.

If fees were set by market forces, you could have a situation where the state is disinvesting in the UC, and quality and access could go down," Brad Hayward, UC Office of the President, said.

"If fees were set by market forces, you could have a situation where the state is disinvesting in the UC, and quality and access could go down," Brad Hayward, UC Office of the President, said.

Gov. Arnold Schwarzenegger

The regents increased fees in 2002 and 2003 in response to a series of cuts in state funding to the UC. Over the past three years, state funding to the UC has dropped 14 percent while enrollment has increased by 18 percent. An additional $29 million in mid-year cuts are set to go into effect this year, according to a press release from the UC Office of the President.

The cuts are expected to dramatically decrease funding to the university’s outreach programs and completely cut funding to the university’s labor research institutes.

Although colleges and universities will have to "share the burden of the financial crisis," wide fluctuations in fees should be moderated so students and their parents can plan to pay for higher education, the governor said.

If fees were set by market forces, you could have a situation where the state is disinvesting in the UC, and quality and access could go down," Brad Hayward, UC Office of the President, said.

"If fees were set by market forces, you could have a situation where the state is disinvesting in the UC, and quality and access could go down," Brad Hayward, UC Office of the President, said.

Gov. Arnold Schwarzenegger

The regents increased fees in 2002 and 2003 in response to a series of cuts in state funding to the UC. Over the past three years, state funding to the UC has dropped 14 percent while enrollment has increased by 18 percent. An additional $29 million in mid-year cuts are set to go into effect this year, according to a press release from the UC Office of the President.

The cuts are expected to dramatically decrease funding to the university’s outreach programs and completely cut funding to the university’s labor research institutes.

Although colleges and universities will have to "share the burden of the financial crisis," wide fluctuations in fees should be moderated so students and their parents can plan to pay for higher education, the governor said.

If fees were set by market forces, you could have a situation where the state is disinvesting in the UC, and quality and access could go down," Brad Hayward, UC Office of the President, said.

"If fees were set by market forces, you could have a situation where the state is disinvesting in the UC, and quality and access could go down," Brad Hayward, UC Office of the President, said.

Gov. Arnold Schwarzenegger

The regents increased fees in 2002 and 2003 in response to a series of cuts in state funding to the UC. Over the past three years, state funding to the UC has dropped 14 percent while enrollment has increased by 18 percent. An additional $29 million in mid-year cuts are set to go into effect this year, according to a press release from the UC Office of the President.

The cuts are expected to dramatically decrease funding to the university’s outreach programs and completely cut funding to the university’s labor research institutes.

Although colleges and universities will have to "share the burden of the financial crisis," wide fluctuations in fees should be moderated so students and their parents can plan to pay for higher education, the governor said.

If fees were set by market forces, you could have a situation where the state is disinvesting in the UC, and quality and access could go down," Brad Hayward, UC Office of the President, said.

"If fees were set by market forces, you could have a situation where the state is disinvesting in the UC, and quality and access could go down," Brad Hayward, UC Office of the President, said.

Gov. Arnold Schwarzenegger

The regents increased fees in 2002 and 2003 in response to a series of cuts in state funding to the UC. Over the past three years, state funding to the UC has dropped 14 percent while enrollment has increased by 18 percent. An additional $29 million in mid-year cuts are set to go into effect this year, according to a press release from the UC Office of the President.

The cuts are expected to dramatically decrease funding to the university’s outreach programs and completely cut funding to the university’s labor research institutes.

Although colleges and universities will have to "share the burden of the financial crisis," wide fluctuations in fees should be moderated so students and their parents can plan to pay for higher education, the governor said.

If fees were set by market forces, you could have a situation where the state is disinvesting in the UC, and quality and access could go down," Brad Hayward, UC Office of the President, said.

"If fees were set by market forces, you could have a situation where the state is disinvesting in the UC, and quality and access could go down," Brad Hayward, UC Office of the President, said.
**National Roundup**

ALBUQUEQUE, N.M. — Protesters shouted "Stop!" and waved signs from an interstate overpass Thursday as a shipment of radioactive waste bound for a nuclear waste dump in southern New Mexico passed through the state's largest city.

The waste, in three large containers aboard a tractor-trailer, headed east on Interstate 40 on a 1,132-mile journey from the Nevada Test Site through California and Arizona to the Waste Isolation Pilot Plant near Carlsbad in southeastern New Mexico.

While WIPP routinely receives radioactive shipments, Thursday's was the first to come from the Nevada site and to travel through urban Albuquerque, home to roughly half a million people.

ROOSEVELT, Wash. — Authorities investigating the first case of mad cow disease in the United States are now focusing their attention on cattle that entered the country from Canada with an infected hoof.

The calf, after months after workers burned a herd of 487 bull calves, which included an offspring of the infected cow, in a landfill in southern Washington on Wednesday. The calves were killed to prevent the spread of a disease.

The U.S. Department of Agriculture is still deciding whether other herds that may have been exposed to the infected cow will meet the same fate, Agriculture Secretary Mike Johanns said.

Scientists have concluded that eating contaminated beef, not exposure to an infected animal, is the main transmitter of mad cow disease. But federal officials have said they are being very cautious.

WASHINGTON — Farm-raised salmon contain significantly more dioxins and other potentially cancer-causing pollutants than do salmon caught in the wild, results from a major study show that tested fish from farms in the U.S. and Canada contained up to five times more of certain pollutants found in salmon are too low for serious concern. The agency urged on its country of origin, could slightly increase the risk of getting cancer later in life, researchers conclude. They urge consumers to buy wild salmon.

But the Food and Drug Administration said the levels of pollutants found in salmon are too low for serious concern. The agency urged farmers to change fish feed.

Scientists have concluded that eating contaminated beef, not exposure to an infected animal, is the main transmitter of mad cow disease. But federal officials have said they are being very cautious.

WASHINGTON — Farm-raised salmon contain significantly more dioxins and other potentially cancer-causing pollutants than do salmon caught in the wild, results from a major study show that tested fish from farms in the U.S. and Canada contained up to five times more of certain pollutants found in salmon are too low for serious concern. The agency urged on its country of origin, could slightly increase the risk of getting cancer later in life, researchers conclude. They urge consumers to buy wild salmon.

But the Food and Drug Administration said the levels of pollutants found in salmon are too low for serious concern. The agency urged farmers to change fish feed.

Scientists have concluded that eating contaminated beef, not exposure to an infected animal, is the main transmitter of mad cow disease. But federal officials have said they are being very cautious.

WASHINGTON — Farm-raised salmon contain significantly more dioxins and other potentially cancer-causing pollutants than do salmon caught in the wild, results from a major study show that tested fish from farms in the U.S. and Canada contained up to five times more of certain pollutants found in salmon are too low for serious concern. The agency urged on its country of origin, could slightly increase the risk of getting cancer later in life, researchers conclude. They urge consumers to buy wild salmon.

But the Food and Drug Administration said the levels of pollutants found in salmon are too low for serious concern. The agency urged farmers to change fish feed.

Scientists have concluded that eating contaminated beef, not exposure to an infected animal, is the main transmitter of mad cow disease. But federal officials have said they are being very cautious.

WASHINGTON — Farm-raised salmon contain significantly more dioxins and other potentially cancer-causing pollutants than do salmon caught in the wild, results from a major study show that tested fish from farms in the U.S. and Canada contained up to five times more of certain pollutants found in salmon are too low for serious concern. The agency urged on its country of origin, could slightly increase the risk of getting cancer later in life, researchers conclude. They urge consumers to buy wild salmon.

But the Food and Drug Administration said the levels of pollutants found in salmon are too low for serious concern. The agency urged farmers to change fish feed.

Scientists have concluded that eating contaminated beef, not exposure to an infected animal, is the main transmitter of mad cow disease. But federal officials have said they are being very cautious.

WASHINGTON — Farm-raised salmon contain significantly more dioxins and other potentially cancer-causing pollutants than do salmon caught in the wild, results from a major study show that tested fish from farms in the U.S. and Canada contained up to five times more of certain pollutants found in salmon are too low for serious concern. The agency urged on its country of origin, could slightly increase the risk of getting cancer later in life, researchers conclude. They urge consumers to buy wild salmon.

But the Food and Drug Administration said the levels of pollutants found in salmon are too low for serious concern. The agency urged farmers to change fish feed.

Scientists have concluded that eating contaminated beef, not exposure to an infected animal, is the main transmitter of mad cow disease. But federal officials have said they are being very cautious.

WASHINGTON — Farm-raised salmon contain significantly more dioxins and other potentially cancer-causing pollutants than do salmon caught in the wild, results from a major study show that tested fish from farms in the U.S. and Canada contained up to five times more of certain pollutants found in salmon are too low for serious concern. The agency urged on its country of origin, could slightly increase the risk of getting cancer later in life, researchers conclude. They urge consumers to buy wild salmon.

But the Food and Drug Administration said the levels of pollutants found in salmon are too low for serious concern. The agency urged farmers to change fish feed.

Scientists have concluded that eating contaminated beef, not exposure to an infected animal, is the main transmitter of mad cow disease. But federal officials have said they are being very cautious.

WASHINGTON — Farm-raised salmon contain significantly more dioxins and other potentially cancer-causing pollutants than do salmon caught in the wild, results from a major study show that tested fish from farms in the U.S. and Canada contained up to five times more of certain pollutants found in salmon are too low for serious concern. The agency urged on its country of origin, could slightly increase the risk of getting cancer later in life, researchers conclude. They urge consumers to buy wild salmon.

But the Food and Drug Administration said the levels of pollutants found in salmon are too low for serious concern. The agency urged farmers to change fish feed.

Scientists have concluded that eating contaminated beef, not exposure to an infected animal, is the main transmitter of mad cow disease. But federal officials have said they are being very cautious.

WASHINGTON — Farm-raised salmon contain significantly more dioxins and other potentially cancer-causing pollutants than do salmon caught in the wild, results from a major study show that tested fish from farms in the U.S. and Canada contained up to five times more of certain pollutants found in salmon are too low for serious concern. The agency urged on its country of origin, could slightly increase the risk of getting cancer later in life, researchers conclude. They urge consumers to buy wild salmon.

But the Food and Drug Administration said the levels of pollutants found in salmon are too low for serious concern. The agency urged farmers to change fish feed.

Scientists have concluded that eating contaminated beef, not exposure to an infected animal, is the main transmitter of mad cow disease. But federal officials have said they are being very cautious.
Top 5 TV Dinners

By Andrea Svoboda

Face it, most college students barely have enough time to sleep, much less find time to cook a home style meal. So when minutes become valuable, the ever-ready TV dinner can become quite a commodity. While the title "TV dinner" can be associated with such words as quick, cheap and bland, remember that not all meals are created equally.

The quest to find the tastiest microwavable masterpiece began with a trip to Ralphs. There I stocked up on the most popular dish — turkey dinner.

Yet as I piled the cardboard containers into the cart I met my first disappointment. None of the brands came with the infamous apple crisp dessert. Despite this slight setback, I did not give up hope. Armed with dinners of various brands and a microwave with a rotating turntable, I set out to find the superstar dish in TV dinner land.

The dinner that most resembled the photo on the box was Marie Callender's turkey breast with stuffing. In addition to the meat, this dish also came with mashed potatoes and gravy, green beans and cranberries. The portions were not only large but delicious as well — amazing for a meal with only 380 calories and 13 grams of fat. The total cooking time is seven to nine minutes, and then the meal needs to cool for two minutes. Directions were straightforward, and the dinner didn't require any stopping and stirring — just pop it in the microwave and set the timer. The mashed potatoes were amazing with a buttery kick. The stuffing was great but had a tendency to clump together. For those who like veggies, this dish contains a lot of greens. The dried cranberries on top of the green beans were a sweet treat. This dish was so good I considered purchasing it again.

Another impressive microwavable dinner was the roast turkey breast with gravy, dressing and broccoli made by Claim Jumper. This dinner contained 550 calories and 23 grams of fat. It had three big slices of carved turkey, steamed broccoli and decent stuffing (it was definitely no Stove top). The downside of this meal was the complicated directions. The meal required a total of eight minutes of cooking, had to be stopped and stirred and had a separate gravy pouch that needed to be tended to. Yet the food was so good I forgave the slight delay.

The Hungry-Man XXL roasted carved turkey dinner by Swanson boasted one and a half pounds of food and contained white stuffing. It was only 450 calories and 18 grams of fat, this dish seemed to be more health-friendly than the Hungry-Man. Although the size changed, the taste didn't. The stuffing was crusty, the turkey was so-so and food was presented in a very symmetrical manner (not very appealing). The worst part of this meal was the four and a half minutes promised. The result was a warmoutside and still frozen inside — a discovery made only after I started eating it. So save your money and spend it on something a little more palatable.

The most disturbing dinner was the Banquet turkey meal (note to self: never eat anything that has "mostly white meat" printed on the box). The most disturbing dinner was the Banquet turkey meal (note to self: never eat anything that has "mostly white meat" printed on the box). The most disturbing dinner was the Banquet turkey meal (note to self: never eat anything that has "mostly white meat" printed on the box). The most disturbing dinner was the Banquet turkey meal (note to self: never eat anything that has "mostly white meat" printed on the box). The most disturbing dinner was the Banquet turkey meal (note to self: never eat anything that has "mostly white meat" printed on the box). The most disturbing dinner was the Banquet turkey meal (note to self: never eat anything that has "mostly white meat" printed on the box). The most disturbing dinner was the Banquet turkey meal (note to self: never eat anything that has "mostly white meat" printed on the box). The most disturbing dinner was the Banquet turkey meal (note to self: never eat anything that has "mostly white meat" printed on the box). The most disturbing dinner was the Banquet turkey meal (note to self: never eat anything that has "mostly white meat" printed on the box). The most disturbing dinner was the Banquet turkey meal (note to self: never eat anything that has "mostly white meat" printed on the box). The most disturbing dinner was the Banquet turkey meal (note to self: never eat anything that has "mostly white meat" printed on the box). The most disturbing dinner was the Banquet turkey meal (note to self: never eat anything that has "mostly white meat" printed on the box).
Island flavors meet mainland deli

By Lacie Grimshaw
MUSTANG DAILY STAFF WRITER

Sixteen different hula dolls greeted me as I walked up to the counter at BackDoor Deli and requested the most popular dish, the Hawaiian Plate special. After ordering, I grabbed a seat and settled into the warm, tropical atmosphere.

Who would have thought that a little piece of Hawaii was stashed away in Oroville? Pale yellow walls created the perfect backdrop for vibrantly colored pictures of hidden beaches, Hawaiian dancers, waterfalls and surfers.

Light sounds of Hawaiian music drifted through the spacious deli, while I watched a television playing a video about the Hawaiian Islands and their attractions. Unlike a typical deli, BackDoor provided a large seating area.

The availability of seating enabled me to leisurely enjoy my meal, rather than rush because someone else wanted a seat. The tropical theme continued outside. Nine umbrella-covered tables filled the outdoor patio. Bright flowers and large leaf plants include the patio, which made it surprisingly quiet for its busy location.

I couldn't have been more comfortable actually sitting on a bench. Forget that I've been living on pasta since the start of college, the meal I ate at BackDoor Deli was one of the best I've had in the last five years.

The Hawaiian Plate came with two mounds of white rice on top of a fresh green salad, dressed in mouthwatering Oriental poppy seed dressing. White chunks of chicken covered both the salad and the rice completing the savory combination of flavors. But the finishing touches on both wonton noodles and a tomato on the side made it perfect.

Including a drink, my total came to $8.75. BackDoor's menu included those dishes typically found at a deli: sandwiches, salads and wraps all with an unique Hawaiian twist. Whether it's pineapple or SPAM, BackDoor has it.

The most expensive item on the menu is an Italian salad, but if weight counts for anything $7.50 seems cheap for this salad. It consists of seasoned roast beef, black forest ham, biscocho salami, pepper jack cheese, pepperoncinis, tomato, red onion and homemade croutons, and is served with Italian dressing.

I would have splurged on dessert, but the last piece of Island Fudge was sold before I had the chance.

Of course I could have had a number of other tempting desserts, like Hawaiian Rollie Pollie, Haole Delight or Tropical Banana. I'll save those and the other dishes for my next visit.

BackDoor Deli also serves breakfast, complete with an espresso bar. The deli is located at 980 Grand Ave., Grover Beach. Business hours are Monday through Friday, 7 a.m. to 4 p.m. and Saturday, 9 a.m. to 4 p.m. BackDoor Deli, like an island, provides a relaxing vacation from the ordinary.

KCPH 91.3

SLO BITES
Tuesday
Frog & Peach
Pay Night: Bands: Five foot Tuesday and Mono - 21+
Mother’s Tavern
6th Night: Skeptics - 21+
Nautical Bean
Soupby Poetry - 7 p.m.
The Great
Comedy Night - Starts at 8 p.m. - 18+
Torito Flats
Happy Hour 4 to 7 p.m.

Wednesday
Mother’s Tavern
Duo Night: Drink specials - 21+
Nautical Bean
Duo night - 7 to 9 p.m.
The Great
College Kemp night w/ Sly 96
Torito Flats
Happy Hour 4 to 7 p.m.

Thursday
Torrito Flats
DI. Meal - 18+

New!
Open 'til 3 a.m.

FREE DELIVERY
UNTIL 3 am

ANY & ALL ITEMS
FOR $15
(including tax, tip & delivery)

Now Hiring!!
Stop in for an application
544-7499
3121 South Higuera • SLO

Look for On The Rocks
Every Friday in Mustang Daily

Classified Advertising
It's for selling, it's for clubs, it's for anything
Classifieds are killer!
Call 736-1143

Announcements
Growing Co. in Goleta looking for Technical Account Manager. If you like technology & want a career in sales, this is the job for you! Training available for motivated grads! Benefits, 401K, stock opts., profit share. Email: careers@gooplace.com

Tibetan Buddhist Meditation and Dharma Teachings
with Lama Khedrub and students. Ongoing on Wed. evenings, 7-9 pm
See www.buddhpath-west.org or call 528-1388, 528-2495

Help Wanted
Sacramento-based environmental nonprofit seeks Central Coast-based organizer for coastal, marine, and watershed protection program. Background in community organizing and/or watershed processes a plus. Spanish speakers preferred, candidates from diverse backgrounds encouraged to apply. PCLF is an equal opportunity employer. Cover letter and resume to PCLF, 926 J St., Suite 612, Sacramento, CA 95814. No phone calls.

Make Money
taking Online Surveys
Earn $10-$125 for Surveys
Visit www.cash4students.com/cpsu

Movie Extras/Models Needed
Local & Statewide Productions
No Exp. Req'd, All looks.
Ages 18+
Minor & Major Roles Avail.
Earn up to $300/day
1-800-818-7520

Campus Clubs
Eating with Industry Sign-ups
Tuesday, Jan 13 at 6pm in Chumash Auditorium.
Eating with Industry is a banquet where students can network with more than 30 companies. $10 for SWE members, $25 for non-members.

Book Exchange
Bus 452 Casebook $30
Textbook $75
Call Enza 594-1326

Books:
Math 244
Mat 210
Chem 124/125/127/129
ME 211
Call Steve 459-1462

Rooms For Rent
5 Bedroom, 1 Bath, n/p
doj to school. $475 + utilities.
Call or email for more info.
709-8233 (Matt), brooklyn104@hotmail.com

For answers, call 1-800-285-5556, $1.20 a minute; or, with a credit card, 1-800-940-5554.
Annual subscriptions are available for the best of Sunday crosswords from the last 50 years. 1-888-7-ACROSS. Online subscriptions: Today's puzzle and more than 2,000 crosswords from the last 50 years; 1-888-7-ACROSS.

nytimes.com/learning/xwords.

For answers, call 1-800-285-5556, $1.20 a minute; or, with a credit card, 1-800-940-5554.
Annual subscriptions are available for the best of Sunday crosswords from the last 50 years. 1-888-7-ACROSS. Online subscriptions: Today's puzzle and more than 2,000 crosswords from the last 50 years; 1-888-7-ACROSS. Crosswords for young solvers: The Learning Network, nytimes.com/learning/xwords.

For answers, call 1-800-285-5556, $1.20 a minute; or, with a credit card, 1-800-940-5554.
Annual subscriptions are available for the best of Sunday crosswords from the last 50 years. 1-888-7-ACROSS. Online subscriptions: Today's puzzle and more than 2,000 crosswords from the last 50 years; 1-888-7-ACROSS. Crosswords for young solvers: The Learning Network, nytimes.com/learning/xwords.

For answers, call 1-800-285-5556, $1.20 a minute; or, with a credit card, 1-800-940-5554.
Annual subscriptions are available for the best of Sunday crosswords from the last 50 years. 1-888-7-ACROSS. Online subscriptions: Today's puzzle and more than 2,000 crosswords from the last 50 years; 1-888-7-ACROSS. Crosswords for young solvers: The Learning Network, nytimes.com/learning/xwords.
H 00 crazy! No, he’s sane! Wait — who defines crazy? What’s crazy is that an insane person can be treated for insanity only to be considered sane for execution. Over 6, Arkansan executed, Charles Singleton, convicted murderer and diagnosed schizophrenic. Singleton was sentenced to death in 1979 after murdering Mary Lou York during a grocery store robbery.

In 1997, Singleton was diagnosed with paranoid schizophrenia by a prison psychiatrist. The question then became whether or not Singleton, a mentally ill person, could be executed. Prosecutors argued that Singleton was sane when he committed the crime. But, it is entirely possible that Singleton was already experiencing the effects of schizophrenia at the time of the murder.

According to the National Alliance for the Mentally Ill, schizophrenia, like most mental illnesses, is caused by defects in the brain. Often, this means biology is the cause of mental illness, and a person is born with the disease. Singleton was 19 at the time of the crime and symptoms of schizophrenia start to appear between the ages of 15 and 34. These symptoms usually develop slowly and may include strange statements or behavior, anger, confusion and indifference to the opinion of others. Schizophrenia is one of the most damaging of all mental disorders. If the disease is left untreated, a person should not be held responsible for their actions.

The Supreme Court agreed in a 1986 decision to exempt the mentally ill from execution. If the insane can’t be executed, why was Singleton executed? He was executed because a Supreme Court decision in 1990 allows for the forced medication of inmates in certain cases.

Singleton was one of those cases. He was forced to take anti-psychotic drugs after a prison medication review panel found him to be a danger to himself and others. Giving a mentally ill prisoner medication is understandable since prescription drug treatment is usually successful in making an insane person sane. But once a person is sane, it becomes completely legal to execute them.

According to a 2003 ruling by the 8th U.S. Circuit Court of Appeals, states may forcibly administer anti-psychotic medication to control a prisoner’s behavior, even if it makes them sane for execution.

First, the courts decided to ban the execution of the mentally ill. Then they decided the mentally ill can be forcedly be controlled with medication, and finally, if the medication is a success, mental illness is no longer an issue and the prisoner can be executed.

The legal system is the one with the mental illness: it’s called split personality disorder. Only to the courts does this make sense. After all, 5 to 10 percent of inmates on death row have a serious mental illness, according to the National Mental Health Foundation. These numbers are finding a convenient way to dispose of the mentally ill.

Lacie Grimshaw is a journalism senior and Mustang Daily staff writer.

Letters to the editor

Safe storage of nuclear waste is needed

Editor, The celebration of the New Year is the oldest of all holidays. It was first observed in ancient Babylon about 5000 years ago. Their celebrations lasted 11 days. It’s safe to say that modern day festivities pale in comparison. However, today it is common for people to resolve to lose weight and eat healthier. Babylonians’ most permanent resolution was to return borrowed farm equipment. Times have changed, and it’s a good thing that we don’t believe, as the Babylonians did, that the success of our resolutions dictate the prosperity of the year. Most of us would be on the streets, hungry and broke. Americans make an average of two resolutions at the first of every year, and the vast majority of those resolutions never see March 5, Aug. 19 or Dec. 31, so be it.

The key to keeping resolutions

The key to keeping resolutions is to make them specific. Just how will one eat their design? “I will go to the gym on Monday, Tuesday, Wednesday and Friday from 5 to 7 p.m., allowing for at least 30 minutes of cardio each time I go.” This goal is specific, measurable and a lot more attainable than declaring an objective with no method of achievement. And, for some of the most prevalent resolutions Americans make is: eating healthier, losing weight and getting organized. These are admirable goals, but they make unrealistic, because how will one eat healthier, lose weight and get organized?

If it’s going to last, the goals need to be explicit in their design. “I will go to the gym on Monday, Wednesday and Friday from 5 to 7 p.m., allowing for at least 30 minutes of cardio each time I go.” This goal is specific, measurable and a lot more attainable than declaring an objective with no method of achievement.

Getting organized is one of the most attainable goals that Americans harbor is that they can mimic the airbrushed, anorexic-ridden models seen on the covers of supermarket magazines. This delusion often rears its ugly head most severely when it comes time for resolutions. No one is perfect, and resolutions should reflect the fact that 99 percent of people don’t have the bodies and lifestyles that we are bombarded with every time we turn on the television or pick up a magazine filled with sexy advertisements. These resolutions should do nothing but succumb to inevitable failure.

This cyclical process is that the New Year’s resolution generates nothing for people but a feeling of constant inferiority. Every year a goal is set, and every year it fails.

Don’t get me wrong. I absolutely believe in self­ growth and development, but I don’t necessarily believe it has to commence on Jan. 1. Let this mark the era of a new ideology. This year, I challenge resolutions to be made when they’re deemed needed and attainable. If that means a goal is set on March 5, April 19 or Oct. 31, so be it.

Nicole Angeloni is a journalism junior and Mustang Daily staff writer.

Suggestion of ways to conserve fuel

Editor, The new millennium is here, a time of new beginnings, new ideas, new possibilities, and a new look at the world. However, the world as we know it today is in serious trouble. We are running out of oil — a finite fossil fuel. Southern California is over­ saturated with cars. Vehicles pollute the air we breathe, contribute to being overweight and cause global warming.

To reduce our oil use, I suggest the following:

1. Maximize gasoline tax with money being used to pay the state deficit.
2. Everyone ride bicycles and walk more.
3. Abolish the OR Highway Vehicle Division of State Parks, which spends tax dollars to promote vehicle use for ‘recreation.’

We are running out of oil — a finite fossil fuel. If our culture is to become sustainable we must first kick our addiction to oil, which is running out — the only positive and rational solution.

Bill Donenoe is a Nipomo community member.

Mustang Daily is looking for a few good cartoonists and columnists

Cartoonists should bring a proposal and art sample to Laura in 26-226. Columnists can send a proposal and 500-word sample to mustangdaily@hotmail.com. Please include your name, major and phone number with all submissions.
Sports

Mustangs sweep meet

*After wins over Columbia and Boise State, the Mustangs travel to the Midwest to face No. 1 Oklahoma State and No. 13 Oklahoma*

By Anastasia Kilham

The Mustang wrestling team travels to Stillwater this weekend to take on top-ranked Oklahoma State.

While the team does not expect an overwhelming victory, they do hope for a solid performance against the former NCAA Division I champions.

Cal Poly wrestler Steve Esparta understands firsthand the skill level his team will encounter this weekend.

Esparta wrestled for Oklahoma State for one year before deciding to return to California and attend school closer to home.

This weekend, he will wrestle a former teammate whom he lost to before. He is optimistic about the upcoming challenge.

"Their style of wrestling is impressive and it's intense," Esparta said. "We plan to keep our heads up and stay focused."

Darrrell Vasquez will defend a recent victory over Oklahoma State's NCAA champion Johnny Thompson. Vasquez was recently acknowledged for his success at the Reno Tournament of Champions that took place over the winter break.

Vasquez is not intimidated by Oklahoma State's high ranking.

"I look at them as just another team," Vasquez said. "It's a real blessing to be able to compete, and we are really coming together as a team."

Competing against the best will help the Mustangs see if they are ready to achieve their ultimate goal.

"It's on all of our minds of becoming one of the best teams in the country," John Azevedo Wrestling coach.

Athlete of the Week

Sparkling play

By Amy Hessick

She was named by her grandmother after a character in a 1980s movie, but Sparkle Anderson's parents couldn't have known how well their daughter's name would fit her.

Cal Poly's freshman starting point guard shines on and off the basketball court. Head coach Faith Mimnaugh and senior guard Carina Taylor use the same word to describe Anderson—sparkling.

She earned Mustang Daily Athlete of the Week honors by leading the Mustangs in points in the teams' two conference wins this week.

She scored 14 points and sparked a late rally for the Mustangs in their four-point win over UC Irvine. Against Long Beach State, she tallied 15 points.

Anderson said she learned her energetic and impressive style of play from watching a lot of NBA games on television.

"I love to hear the ooh and ahhs, to keep the crowd entertained," Anderson said.

Mimnaugh said even though Anderson has just begun her first season with Cal Poly, she is a great asset to the team.

"She's quick as lightning and I would consider her one of the best point guards in the league," Mimnaugh said. "It makes for an exciting product when you can get players out there who love the game and work well with their team."

Anderson also plans to run track for Cal Poly, competing in the long and triple jump.

A solid education, friendly people and a great basketball program were the reasons that Anderson chose to come to Cal Poly. She said every day is an improvement for her and the team, and that she is constantly learning.

As for her future in basketball, it looks bright. Mimnaugh says Anderson is still learning a lot about the game, but she has exceptional athletic ability as well as a dedication to the game and her team.

Freshman Sam Temko pins his opponent in No. 23 Cal Poly's 25-12 win against Columbia. Ryan Halsey, Vic Moreno and Arturo Basulto all won two matches on the night.

Tough turn around for basketball

By Dan Watson

Before men's basketball coach Kevin Sampson even had a chance to answer a question after Wednesday's practice, an assistant informed him that starting guard Eric Jackson's hobbled left ankle was indeed fractured - the senior lead guard with the Mustangs said Monday to the media he was planning to return to Cal Poly. He said every day is an improvement for him and the team.

In many ways it was his first start.

His trip to the funeral left the team without their coach Monday as they fell to Long Beach State in front of a Fox Sports Net audience.

So Bramley had every excuse in the world to act somber Wednesday when the news dropped.

Instead, by all official accounts, the afternoon saw the team hang in the post or to aggressive style, still notch 14 points and 7.4 rebounds. Off the bench, Nate Harris sparking another 10-point game as a sophomore.

"They're better than they were last year. They set unbelievable hard screens," said Bramley whose Mustangs fell to Utah State by three points in the Big West Championship game in 2003.

Tough turn around for basketball

By Dan Watson

Before men's basketball coach Kevin Sampson even had a chance to answer a question after Wednesday's practice, an assistant informed him that starting guard Eric Jackson's hobbled left ankle was indeed fractured - the senior lead guard with the Mustangs said Monday to the media he was planning to return to Cal Poly. He said every day is an improvement for him and the team.

In many ways it was his first start.

His trip to the funeral left the team without their coach Monday as they fell to Long Beach State in front of a Fox Sports Net audience.

So Bramley had every excuse in the world to act somber Wednesday when the news dropped.

Instead, by all official accounts, the afternoon saw the team hang in the post or to aggressive style, still notch 14 points and 7.4 rebounds. Off the bench, Nate Harris sparking another 10-point game as a sophomore.

"They're better than they were last year. They set unbelievable hard screens," said Bramley whose Mustangs fell to Utah State by three points in the Big West Championship game in 2003.

Utah State is no slouch on defense, either.

"They'd defend like nobody we've seen this year, and as a team right now they are playing better than anyone," Bramley said.

Last year, the Mustangs shot 50 percent from the field in their first game against the Aggies - one that no doubt could set a precedent for how the rest of the season goes.

Utah State, ranked 17th in the Associated Press national poll, faced Santa Barbara Thursday on a six-game winning streak. Before playing the Gauchos, the Aggies retained the best overall record in the Big West standings at 9-1.

Headlining Utah State is senior guard Cardell Butler, who comes in averaging 14.8 points per game, while starting forward Spencer Nelson averages 11.4 points and 7.4 rebounds. Off the bench, Nate Harris sparks another 10-point game as a sophomore.

"They're better than they were last year. They set unbelievable hard screens," said Bramley whose Mustangs fell to Utah State by three points in the Big West Championship game in 2003.

Utah State is no slouch on defense, either.

"They'd defend like nobody we've seen this year, and as a team right now they are playing better than anyone," Bramley said.

Last year, the Mustangs shot 50 percent from the field in their first game against the Aggies - one that no doubt could set a precedent for how the rest of the season goes.

Utah State, ranked 17th in the Associated Press national poll, faced Santa Barbara Thursday on a six-game winning streak. Before playing the Gauchos, the Aggies retained the best overall record in the Big West standings at 9-1.

Headlining Utah State is senior guard Cardell Butler, who comes in averaging 14.8 points per game, while starting forward Spencer Nelson averages 11.4 points and 7.4 rebounds. Off the bench, Nate Harris sparks another 10-point game as a sophomore.

"They're better than they were last year. They set unbelievable hard screens," said Bramley whose Mustangs fell to Utah State by three points in the Big West Championship game in 2003.