Students skip a meal, give to the hungry

By Katie Schiller
MUSTANG DAILY STAFF WRITER

The Food Bank Coalition of San Luis Obispo County is asking students to skip a sandwich today and give to the hungry instead. The Rally for Hunger will be held today at 11 a.m. at Mitchell Park. The Skip-a-Meal proceeds benefit the Food Bank.

The preliminary results of a Cal Poly hunger survey will be announced at the event. "We want to inform the public that people who are hungry are not the stereotypes," Food Bank executive director Jim Kemper said. "They're not who people usually think of.

Each year, 40,000 people in San Luis Obispo County go food assistance or go hungry, Kemper said. "The results of the survey will be a basis for developing a concrete plan for hunger in the county," he said.

Students made the hunger survey as part of a new community-based learning class, POLS 384, said political science professor Bud Evans.

"They engage in projects that tie directly to the academic content of the course," he said.

The students interviewed 219 clients in 20 different sites around the county, mostly in food kitchens or pantries. Forty-eight percent of the hungry were children, followed by 27 percent working poor. Others included low-income senior citizens, the disabled and the homeless.

"When people think of the hungry, they think of the homeless," Evans said. "But they were only 5 percent.

The county needs 12 million pounds of food each year, but has only eight million in its safety net, Kemper said.

"For just $5, we can raise 75 pounds of food, enough to feed a family," Kemper said.

By Allison Terry
MUSTANG DAILY STAFF WRITER

Hitting the beaches

Graphic design senior Shawn Dollar, who has been surfing for 15 years, surfs at Studio Drive in Cayucos. Central Coast surf is known to be unpredictable but with untapped potential. See page 9 for a guide to San Luis Obispo County's beautiful beaches.

Counting down to commencement at Poly

By Dale Quinn
MUSTANG DAILY STAFF WRITER

The increase of human demands on the earth's ecosystems led Associated Students Inc. and the Academic Senate to recently pass resolutions urging President Warren Baker to sign a declaration that would commit Cal Poly to environmentally sustainable practices.

The Talltress Declaration has been signed by 299 university presidents worldwide and more than 100 in the United States and Canada, according to the association of university leaders for a sustainable future Web site. Brown University in Rhode Island, the University of Colorado at Boulder and the University of California, Santa Barbara are included in those that have joined the declaration.

see SUSTAIN, page 8

Where to park

A shuttle service will run 7 a.m. to 7 p.m. June 14 on Via Carta from the Rec Center to the corner of Higuera and Los Osos.

California Boulevard C-4 lot will be reserved for disabled parking. It will be closed from 5 p.m. June 13 to 5 p.m. June 14.

The north perimeter lot will not be accessible for California Boulevard from 7 a.m. to 5 p.m. on June 14.

"Commencement fees cost $40 for each graduate," Barclay said. "Commencement is a break-even operation because we have a lot of expenses."
**Weather Watch**

5-Day Forecast

**FRIDAY**
High: 73° / Low: 52°

**SATURDAY**
High: 74° / Low: 52°

**SUNDAY**
High: 75° / Low: 52°

**MONDAY**
High: 76° / Low: 52°

**TUESDAY**
High: 75° / Low: 50°

**Today’s Sun**
Rises: 5:48 a.m. / Sets: 8:14 p.m.

**Today’s Moon**
Rises: 10:38 a.m. / Sets: 12:51 p.m.

**Today’s Tides**
Low: 8:57 a.m. / -43 feet
High: 12:58 a.m. / 5 feet
Low: 8:20 p.m. / 3.2 feet
High: 4:42 p.m. / 3.6 feet

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**RALLY**

continued from page 1

Rep. Lois Capps (D-Santa Barbara) and Assemblyman Abel Maldonado (R-San Luis Obispo) will speak at the rally. They are actively working to eliminate hunger in the county through facing the problem of food stamps, Kemper said. “Sixty-seven percent of people eligible for food stamps don’t receive them,” Evans said. “We want to figure out why that is.”

**What’s Going On**

Coming up this week

*Central Coast Book and Author Festival- Author Earlene Fowler will speak at the festival, Saturday from 10 a.m. to 4 p.m. Fowler will speak at 11:15 a.m. at the Historical Museum. Visit www.ccbookfest.org for more information.

*SLO Mambo- The music of SLO Mambo will be presented in the Christopher Cohan Center Pavilion Sunday at noon. Parking and admission are free.

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* Weight Room
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June 12 - June 14
10 am - 3 pm

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continued from page 1

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June 12 - June 14
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Mustang Daily

National/International News

Thursday, June 5, 2003

Linda Paredes

Judge says Kelly cannot go to music video shoot, but can go to awards show, charity concert

CHICAGO — R. Kelly, free on bond since he was indicted on 21 child pornography charges, cannot go to Los Angeles to film a music video, but can travel to attend the Black Entertainment Television Awards and perform at an upcoming concert, a judge ruled Wednesday.

The 36-year-old R&B singer hasn't been allowed to leave the Chicago area without a judge's permission since he was indicted June 5, 2002. The charges stem from a video purportedly showing him having sex with an underage girl. Kelly has denied the charges.

The Grammy-winning performer had sought to travel to Los Angeles to produce a video for a song off of an upcoming album. But Cook County Judge Vincent Michael Gaughan said Kelly cannot go to Los Angeles, where Kelly's from, or Chicago, where Kelly's from.

Gaughan did allow Kelly, whose first name is Robert, to travel to Los Angeles for BET's awards show on June 24; he is nominated in two categories. He was also given permission to go to Dallas for a charity concert for the families of soldiers injured or killed in the Iraq war.

Meat companies must share tests, plans for preventing listeria, USDA says

WASHINGTON — About 2,500 plants that make hot dogs and other meats such as sausages are testing by government officials to prevent the deadly bacterium and could hurt the party and distract from official, business leaders or donors.

The California Business Roundtable, which issued Wednesday it was opposing the recall. The Republican leaders of state Senate and Assembly are not getting involved. Meanwhile, White House officials have been "graciously encouraging" major donors to keep focused on Bush's re-election, said Johnson, who is president and chief executive of a medical supply company in Riverside County.

With some hand-holding from Bush, Israeli and Palestinian leaders take first steps toward peace

WASHINGTON — Israeli Prime Minister Ariel Sharon and Palestinian leader Mahmoud Abbas launched a 'groundbreaking peace plan Wednesday with President Bush's encouragement, offering once-unthinkable pledges in hopes of ending decades of Mideast bloodshed.

In statements choreographed by the United States, Sharon promised to immediately begin dismantling unauthorized Jewish outposts on the West Bank, while Abbas — speaking in Arabic — explicitly asserted that the "armed intifadah must end," referring to the Palestinians' 28-month spring uprising against Israel.

"Our goal is clear and we will implement it firmly and without compromise: a complete end to violence and terrorism," Abbas promised.

Miss Dominican Republic wins Miss Universe title

PANAMA CITY, Panama — There were no tears of joy, just the customarily short speech of a winner when 18-year-old Miss Dominican Republic, Amelia Vega, was crowned Miss Universe 2003.

A 6-foot-1 aspiring singer, the niece of merengue musician Juan Luis Guerra, apparently afraid of a violent power struggle if Taylor is removed, rushed home by the thousands, crying out frantically for their children, and soldiers careered through the streets in machine-gun mounted jeeps.
Only guests with tickets will be allowed to attend the main ceremonies. Graduates should check with their colleges or departments for information on the receptions after the main ceremonies. For more information on the commencement ceremony, contact the Student Life and Leadership Department at 756-2476.

Fees are used for the costs of putting on the ceremony, mailing diplomas, and receiving the ceremony. Graduates who continued from page 1

"We started accepting reservations in November, and it took four months to fill all our rooms," Mueller said. "We require pre-pay­ment and the reservations are (non-refundable). We would have been full within a month if we just accepted reservations."

Graduates who continued from page 1
Save 30% on all regular priced general books
architecture books, cook books, fiction,
journals, childrens, gift books and more

Save 30% off on all Cal Poly gift merchandise
including: sweatshirts, tees, glassware,
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Save 30% on all art, office, and school supplies

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*excludes computer department, textbooks, photo department,
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O p in io n

Mustang Daily

The grad’s guide to freaking out, seizing the day

While our parents and teachers like to tell us that we are no longer children, we all know they’re lying.

You don’t need to push out the past to face the future. Distance between two people can either be an excuse to end it or just something else to deal with. It’s up to you.

This week, live it up! Call the hotline, get it on. Go to the drive-in, be Out of sight until you’re sick. And if you need to stay in denial about going, go for it.

The mind protects itself from dealing with what it can’t comprehend. For many of us, we’ve spent more time in school than we will in any career, any city or even any marriage. For 16 years we’ve been groomed for this moment, when we complete our education and emerge as competent adults. But does anyone out there feel like an actual adult? Sure hell don’t. Would an adult have a wall of shame and barely be able to cook chicken? Would they scribble penises on their desk and buy Harry Potter books?

While our parents and teachers like to tell us we are no longer children, we all know they’re lying. Graduates are merely pseudo-adults, lacking maturity just enough for someone to give us a paycheck. We’re in a societal limbo—too old to get away with stuff, too young to be taken seriously.

Is there anything good about finishing college, or should I bring a handful of candies to commencement?

With our diploma we receive the greatest prize of all: Freedom. Sweet, precious liberty to chase our own happiness, limitless of parental, educational or social expectations. We are the free birds of society, chasing with potential, whims from which to be free. The world now we don’t have to answer to any thing but our own desires.

Yes, we may struggle for a while, but it is a noble struggle. Anything too easily gained has no value, whether it is a guy, a grade or a job your daddy got you. So as you flip that golden tassel, go confidently in the direction of your dreams. Live the life you’ve imagined.

Shannon Lester is a speech communication and Mustang Daily columnist who has not yet named an heir to her sexual dynasty and doesn’t really want to either. She wishes you could write for you until the end of time, or at least up until you write to the paper and tell them. Clap if you believe! Wish her good luck and tell her how much you’ve always wanted to hook up with her at shannonlester@hotmail.com.

Letter to the editor

Rainbows don’t represent everyone

Editor,

Rainbows are bright and all that, but I think the rainbow celebration has been long enough. About what time of day will the P be changed to an L? I am sure that there must be other clubs that want to be seen before the end of the year.

Or maybe everyone on campus just digs the rainbow style.

Matt Johnson is an agriculture senior.

Letter policy

Letters become the property of the Mustang Daily and Mustang Daily reserves the right to edit letters for length, letters, comments and cartoons do not represent the views of the Mustang Daily. Please limit length to 250 words. Writers must include the writer’s full name, phone number, major and class standing.

By mail: Letters to the Editor Mustang Daily Building 26 Room 226 Cal Poly, San Luis Obispo CA 93407

By fax: (805) 756-6784

By e-mail: mustangdaily@calpoly.edu

Letters must come from a Cal Poly e-mail account. Do not send letters as an attachment. Please send the text in the body of the e-mail.

Attention: Your letter will not be printed unless you submit it in the correct format.

Amanda Hipple is a super-sweet journalism senior and Mustang Daily staff writer.

Opinion

Sex and San Luis

My feet have no tingle to move down a commuter. Must I push on, or should I take a different route? I wonder if any of my feet have no tingle to move down a commuter. Must I push on, or should I take a different route? I wonder if any of my

Government may take fun out of sporting events

O ne of the most interesting fasted press releases landed in my hands the other day while I was hunting for my last and final opinion piece for the year. When I read its contents, I couldn’t believe what the ink spelled out for me.

According to the news sent from 24th assembly district representative Rebecca Cohn, a democrat, the State Assembly has just passed a bill that prohibits public interference of sporting events. Immediately the Nike commercial of the guy streaking through the soccer game came flying into my mind. That, my friends, would be punishable if the bill is passed through the government’s hierarchy of lawmakers.

Certain behaviors will be cited for a misdemeanor punishment and up to a $250 fine if the bill passes. These include touching a player with the intent of interfering or distracting play, throwing objects in the field of play with the intent of interfering or distracting a player or throwing objects at the players or attendants before, during or immediately after the sporting event in certain areas of the venue.

For many fans in every sport, this bill could take some of the fun out of going to professional soccer, football or whatever floats your sports-fanatic boat. I can remember going to an Angels game when I was just a wee little lady and seeing a man run across the outfield in his birthday suit. The fans went crazy and it made a mark in my memory of that game. If this bill goes into effect, sports fans will be deprived of an exciting occurrence that happens at almost every sporting event.

Shannon Cohn

Editor in chief

Mustang Daily

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Open View for women?”

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Commentary

The bars around here low a plethora of 21-year-olds. Cal Poly students during the summer. I got served five drinks in a row at the local bars without a hassle or the wet drip of someone else’s sweat on my left elbow. For some, this could be considered a downfall. Fewer available men and women, less drinking with four people at once, fewer free drinks on your bleez and crowded streets, the lay goes on.

And yet for others, having empty bars is their ticket to freedom. Finally, I can dance with oxygen, can drink at the bar without worrying about my clothes being soaked. I can have them vanishing into a shifting crowd, I can have a casual conversation with the bartender.

Reminder No. 3: The police officer in my rear view mirror is not a witch. He could expect you from a county whose initials, in and of themselves spell out what this town’s all about. The truth is, when you come to San Luis Obispo expect to take a step back from the fast-paced hustle and bustle lifestyle of not only California’s major cities but also the sprawling suburban areas that surround them. Few of the students there, however, live this every year. Enjoy the slow life in SLO town.

Life is not fast in SLO town, especially for the student and there are reminders of this everywhere.

Reminder No. 1: Driving downtown Monterey Street at about 6:30 p.m. on a Friday night and screaming bloody hell as your car slowly decelerates to a halt and the horse-driven carriage in front of you signals you to go around. Notice the smell of horse urine: you should hate it. And from the looks of it, it seems like the riders in the carriage are having a much better time than you. So enjoy being where you are, because it’s not going to get any faster.

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SUSTAIN
continued from page 1

Associate Provost Linda Dalton expressed one of the reasons she supports this document.

"The value of joining other universities is to express a commitment to the goals that Talloires represents," Dalton said.

In its text the declaration expresses concern for the extraordinary scale of pollution and the rapid depletion of natural resources by industrialized societies. It also indicates that universities play an important role in reversing these trends.

She said in many respects Cal Poly already exhibits environmental consciousness and signing the document will "make what we already do more visible."

The 10-point declaration includes provisions that seek to increase awareness about sustainable development, educate students about environmental responsibility and create a committee to inform other universities of progress in executing the declaration.

Former ASI president and psychology senior Angie Hacker helped to create initial awareness in the document. Cal Poly's position as a trend setter in the CSU system and the importance of environmental awareness encouraged her to lend her support.

"The university plays a big role for modeling things for students before they enter the real world," she said. All students should be exposed to these issues before leaving the institution, she said.

She and other members of the campus community presented the Talloires Declaration to Baker last spring.

Baker chose not to sign the declaration at that time because of various issues he wanted the Academic Senate to address, executive presidential assistant Dan Howard-Greene said. The document refers to instructing all students in environmental responsibility and decisions that affect curriculum are to be made by the faculty not the president, he said.

"Beyond that the president in a memo made a clear statement that the values of sustainability are very consistent with values present in the Master Plan," Howard-Greene said. In his memo, Baker indicated he was also hesitant to create a committee to monitor environmental issues on campus when a group of faculty, staff and students at Cal Poly's Campus Sustainability Initiative, has already had success at doing this. Such a committee might separate environmental sustainable practices from the rest of the campus, Baker wrote in the memo.

The president also did not want to sign the document and not follow through with the provisions, Howard-Greene said.

"The declaration really is very comprehensive and detailed. As we continue to review it, we will assess Cal Poly's readiness to comply with the full aspects of the resolution," Howard-Greene said.

Mathematics professor Harvey Greenwald further emphasized the reasons why Baker held off on signing the declaration.

"There are two provisions that talk to curricular issues and he wanted to make sure the faculty concurred before he went ahead with it," he said.

The Academic Senate has passed a resolution drafted by English professor Steven Marx that may provide the faculty support Baker requested. As a legislative body it is assumed the senate representatives consulted with their constituencies and that the resolution represents the views of the faculty in general, Greenwald said.

With Hacker's help, ASI representative Kelly Sheehan drafted a resolution to show Baker students also support the declaration. A general lack of awareness of environmental problems throughout the student body encouraged her to draft the resolution, she said.

"It's better that we educate students so they get into the mindset of being earth-friendly," she said.

ASI passed the resolution and forwarded it to the presidential office for review. The president will consider both actions from the ASI and the Academic Senate before again making a decision whether or not to sign the document, Howard-Greene said.

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Taking the top off

Industrial technology senior Phil Baiardo is part of the group which made a bottle opening belt buckle for an IT 407 project. The class presented products which they designed, created and funded at a trade show Thursday. The belt buckle is being sold for $25.

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Variety, serenity and utility — these are some of the things San Luis Obispo County's numerous beaches offer Cal Poly students. As summer approaches and warmer weather kicks in, chances are students will head out to the coast to escape the clammy weather known to characterize this town. Getting there isn't the problem; it's about finding what to do when you get there.

Here is just a small glimpse of what our beaches have to offer:

Serenity
Montaña de Oro State Park is a jewel for the outdoor enthusiast, offering like beauty in abundance not only for the leisurely stroll but for the challenge of a traverse along the cliffs and secluded beaches that pepper the coast.

Goldilocks beaches, sandy beaches spread of Sunspot, the park's longest beach, and the numerous sheltered coves that lie just north of the beach are popular places for Cal Poly students with a wide range of interests, whether they be athletes, therapeutic or perhaps reflective.

Egan was amazed at how much the park from Baker's Beach. "I often visit the park every year to get away from it all. I can look around and not see people for miles, and the views from the top of the park are just amazing," said Egan Fleming, a tourist who visited the park from Baker's Beach. "I often visit the park every year to get away from it all."

A variety of activities are offered at Montaña de Oro, including hiking, mountain biking and the numerous coves that pepper the coast.

We went down to the beach and chilled in the shade with some buds, and after, though we knew we shouldn't be there and we went down the park lends itself to a dead end and with a barbed wire fence that doesn't permit entry, because just a few miles south lies Diablo Nuclear Power Plant — strictly off limits. Contemplating somehow sneaking across or around the barbed wire fence may sound enticing at first, but it's probably not a good idea even though the beach below looks enticing.

Still, people have negotiated the trek. Erick Egan, a business junior, is one of those people. When questioned why he did it and what it was like, Egan was stunned at first but soon boastful over his accomplishment, as it should be considered illegal.

"We went down to the beach and chilled in the shade with some buds, and after, though we knew we shouldn't be there and..."
Increase your size three inches! Read further for details

By Devin Kingdon

“Three more inches!” I exclaimed as I opened my Hotmail account. Wow, just think of all the possibilities. I could get an A in Spanish, I could legitimately wear a Speedo and I would even achieve world peace. Three inches equals a lot of potential.

Ah, can you smell that? That’s the sweet smell of junk mail floating through the information superhighway.

Sure, 43 spam e-mails in about two hours can be annoying, but isn’t it fun to see what these people will do to get you to visit their respective sites? I, like the average Internet user, usually just delete anything that even looks like junk mail, but this time I decided to look a little closer.

For two days, I let the junk mail pour in from places as far away as Russia. I received a total of 71 junk e-mails from both my Cal Poly account and my hotmail account.

One of the first e-mails to come in was entitled “Huge pants filler!” which promised penile enhancement of one to three inches in a matter of days. The product, “Menzyte,” is probably about as legitimate as those jellybean PMS pills from Spencer’s novelty shops. Menzyte is the number one organ enlargement pill on the Internet, so they say, so I had to give it a natural second look.

According to the site, the pills are selling like hotcakes, which I’ve been told is pretty fast. The pill also has endorsements, including a cousin named Scott Evans, who says, “My wife cannot believe the hardness; what’s in this stuff?” Good question Scott. If I were a betting man, I’d put my money on cancer being the main ingredient.

As another e-mail, “Searching for Singles in Your Area” caught my eye. The link in the e-mail sent me to www.imatchup.com. I created a screen name, slopimpin, the obvious choice. I also had to give my e-mail. In an effort to cut down on the junk mail I just said I enjoyed junk mail didn’t I? Dang! I tried in Hanson-fan224.com, who’s been getting my junk mail since about 1997.

I entered a profile of myself and then put in a profile of my ideal girl. One of the questions asked about alcohol consumption, labeling them as a “teet,” “light,” “social” or “heavy” drinker. I picked heavy — who wants a girl that can’t handle her booz, right? I clicked search, giddy with the prospects that lay ahead.

Unfortunately, my results yielded only one result: happy_turtle69.

Sure, 43 spam e-mails in about two hours can be annoying, but isn’t it fun to see what these people will do to get you to visit their respective sites? I, like the average Internet user, usually just delete anything that even looks like junk mail, but this time I decided to look a little closer.

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Free tacos and burritos from Taco Bell! Straight from the creators of “Devin, Tacos, Nachos and Burritos on UC” this was an offer a starving college journalist like myself could not resist. I clicked the link, thinking about the $1.73 I would save if these promises were fulfilled. But the junk mail again brought me up to pull me down and break my heart.

There were no chopalups involved, only credit cards with $5,000 limits.

The rest of the junk mails I received included one about a pyramid scheme that would net me $3,000 in 24 hours. Another included a free issue of Gardening How To magazine that came with a free pair of pruning shears. During these two days, a friend e-mailed me one of those “get this free if you e-mail it to 25 people” scams (she knows who she is). Seeing as I was conducting research, I decided to try it. I forwarded the e-mail that promised a $50 gift certificate to Applebee’s if the e-mail was sent to eight people. Needless to say, I received no gift certificate, only pissed off responses from the people that received my forwarded e-mail. I’m sure I lost a few friends in the process.

But even with all the hassle junk e-mail causes, wouldn’t you rather read about three inches instead of those damned "your message store is at its size limit" e-mails!

An unidentified student checks his junk e-mail. While most students know the plight of opening a mailbox to the fresh scent of offers for larger size and secret rendezvous, one Mustang Daily reporter welcomed the burden for the sake of journalism.
BEACHES

continued from page 9

chances of a Park Ranger kicking us out were pretty good, we decided to do it anyway," he said. "I can't say that many people have, and I wouldn't say it's a good idea, but it was thrilling." Utility

When it comes to utility, beaches both to the south and north of San Luis Obispo offer a wide variety of activities suitable for the beach-goer and avid enthusiast of outdoor activity. Pismo Beach is just one of these beaches. Sporting more of a Southern California style setting, this beach has it all: Palm trees, a good mix of people from different places and backgrounds, a horde of tourists during spring and summer months, the staple pier, beachfront shopping for the spenders and a stretch of beach long enough for joggers to get a work-out without looking behind their shoulders. Here, surfers, locals, tourists, swimmers and sun-bathers gather to celebrate the warmer weather the beach tends to offer during the summer and the feeling of Southern California nostalgia that many Cal Poly students leave when they come here.

Just north of the Pismo Pier, Shell Beach offers a variety of settings, ranging from sandy beaches to rocky shorelines, with reef with eels. Most of the beach between Spyglass Road and Silver Shores Road (just along Highway 101) is accessible during low, medium, and (lower) high tides and has been known to be a popular party place for Cal Poly students, who can be seen on any given night by the illuminating light that emanates from the many beachfront fires that encircle Morro Rock.

For those looking for the complete beachfront park setting, complete with barbecues, a children's play-ground, water fountain, shower, grass and portable toilet, Spyglass Park in Shell Beach is the way to go. It is another popular destination for college students, especially surfers, looking for glassy waves and warmer, weather and water.

Variety

Morro Bay has a lot to offer when it comes to long stretches of semi-isolated sandy beaches, where endur-ing sands plow with dogs, surfers and beach-goers. Although it can be a bit chillier during the summer months, the raw beauty surrounding Morro Rock is awe-inspiring, and the adjacent Morro Strand beach is accessible during low, medium and (lower) high tides and has been known to be a popular party place for Cal Poly students seeking an ideal beach for simple relaxing and enjoying the sunshine.

To make a long story short, what don't our beaches offer? That may be a more difficult question to answer naturally got rid of unfurling lines. Forget the towering waves. No longer would I fear being mopped in a bed like Brandy in "Still Know What You Did Last Summer?" Even guys who don't like bike and can't ride it or print white faced and all of the racy naked woman, all in one full sweep. Naturists (those who do things nude) create an open environment, wearing self-accepting, body-confident friends. Often on weekends, a skald and crowds sand flies over Pirate's Cove. Beach-goers play volleyball, they have invited us to join them. Not because they are persons who want to see the jump raked, but because the nudity creates a sort of camaraderie. When there is nothing to hide, nothing is hidden. Although variation at nude beaches is all the rage, there are other sights to see at Pirate's Cove. Sometimes sea lions grace the rocks merely 20 feet from us. Unlike Pismo Beach, canine friends are welcomed with gusto—partly because there is no one to enforce any rules. Because of the lack of police, some clothed cover quests are just there to drink their Corona and pray for girls gone wild.

Alex the beach has some rich histo-ry. In the days of prohibition, nimrun-nets unloaded beef in Pirate's Cove for secret deliveries to speakeasies in San Luis Obispo. According to the 1970s editions of the 'Morro Bay Daily News,' the beach was a popular hangout for surfers. However, the beach was also notorious for a sixties-style party scene that included nudity. According to the 'Morro Bay Daily News', the beach was a popular hangout for surfers. However, the beach was also notorious for a sixties-style party scene that included nudity. According to the 'Morro Bay Daily News', the beach was a popular hangout for surfers. However, the beach was also notorious for a sixties-style party scene that included nudity. According to the 'Morro Bay Daily News', the beach was a popular hangout for surfers. However, the beach was also notorious for a sixties-style party scene that included nudity. According to the 'Morro Bay Daily News', the beach was a popular hangout for surfers. However, the beach was also notorious for a sixties-style party scene that included nudity. According to the 'Morro Bay Daily News', the beach was a popular hangout for surfers. However, the beach was also notorious for a sixties-style party scene that included nudity. According to the 'Morro Bay Daily News', the beach was a popular hangout for surfers. However, the beach was also notorious for a sixties-style party scene that included nudity. According to the 'Morro Bay Daily News', the beach was a popular hangout for surfers. However, the beach was also notorious for a sixties-style party scene that included nudity. According to the 'Morro Bay Daily News', the beach was a popular hangout for surfers. However, the beach was also notorious for a sixties-style party scene that included nudity.

By Katie Schiller

Confessions of a nude-beach-goer

Like a beautiful woman begging to be ravished, Pirate's Cove entices beach-goers with its warm sun, beckoning waves and, of course, naked bodies. Protected by a natural wall of rock, this nude beach in Avila Beach calls out to those who desire freedom from restricting clothing. But birthday-suicide sunbathing is not something to be ashamed of. It's really quite a hippie thing. I, for one, am just an average woman with an affinity for nature and an aversion to tan lines. My first visit to Pirate's Cove reminded me of "the naked dream"—the one where I look down and find myself topless in a shop class. Sadly, this was real. All I was wearing were the knees of the summer breeze. I nervously sat my bikini top; I removed the bottom. Strangely enough, it was not as bad as being the only one wearing lingering, and added a Fluffy pajama party. Yearning for sunglasses, my eyes avoided everyone—including myself. I focused on a magazine. This nude beach deal was no easy task; it took some real balls to chalk raked. Meanwhile, naked men strutted up and down the beach. However, contrary to my wishes, they definitely were not Chippendales material. Most were old and shrunken with paunches. The young attractive men did not flaunt their nudity; they sat on towels and remained immersed in other pursuits. Pirate's Cove doesn't have a sexual atmosphere. Visitors are more addicted to the natural experience than "down there." After my first experience, the only reason I went back was because my boyfriend, who grew up in a nudist colony in Ukiah, Calif., suggested it. My first visit to Pirate's Cove reminded me of "the naked dream"—the one where I look down and find myself topless in a shop class. Sadly, this was real. All I was wearing were the knees of the summer breeze. I nervously sat my bikini top; I removed the bottom. Strangely enough, it was not as bad as being the only one wearing lingering, and added a Fluffy pajama party. Yearning for sunglasses, my eyes avoided everyone—including myself. I focused on a magazine. This nude beach deal was no easy task; it took some real balls to chalk raked. Meanwhile, naked men strutted up and down the beach. However, contrary to my wishes, they definitely were not Chippendales material. Most were old and shrunken with paunches. The young attractive men did not flaunt their nudity; they sat on towels and remained immersed in other pursuits. Pirate's Cove doesn't have a sexual atmosphere. Visitors are more addicted to the natural experience than "down there." After my first experience, the only reason I went back was because my boyfriend, who grew up in a nudist colony in Ukiah, Calif., suggested it.

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"We like to party here because, for the most part, we can be here here having our fire and our keg and no one will bother us," he said. "So long as we're not too To make a long story short, what don't our beaches offer? That may be a more difficult question to answer.
Moving into a new M:OME

By Nicole Shanafelt

Imagine never having to pay utility bills by living in a modern home that uses environmentally friendly technologies.

Cal Poly architecture professors recently created such a sustainable model home in San Luis Obispo, called the M:OME design. A model is on display in the Cal Poly Architecture Department.

Pronounced ‘Mome’, the design looks like a contemporary home, with special features like a V-shaped roof to collect water for household needs, water heating and landscaping.

There are countertops and stairs made of harvested energy, water heating and landscaping.

The cost of building the M:OME design starts at $118 per square foot, which is 32 percent less than a standard conventional home and nearly 40 percent less than previous sustainable, customized homes, Di Santo said. Homeowners will reduce a third of their costs. A M:OME could also reduce energy costs by 100 percent; there could be no bills for heating, cooling or electricity.

A national report on development reveals that with only 6 percent of the world’s population, the United States consumes 25 percent of the world’s energy.

“The building industry is the highest polluter, according to a San Luis Obispo city planner, builds consume 35 percent of local energy, and transportation consumes another 30 percent of energy. ”

“The M:OME project is a means for making sustainable housing available and more affordable for a wider market,” Di Santo said. “M:OME could represent a complete paradigm shift in the way we do housing.”

Di Santo and partner Joines-Novotny created the M:OME design with a method to bring environmental building technology into the suburbs. The sustainable housing development plan is similar to tract housing, but is aimed at providing the working-class by making the M:OME affordable and designing a development of several MiOME units. This would make a greater sustainable impact. Di Santo and Joines-Novotny said they see a necessary future for environmentally friendly suburbs.

“People should know more technologies are just being put together to create the M:OME package,” she said. “This is definitely a unique, out of the box design.”

The architects are trying to appeal to a diverse home-buyer market and tailor their concept to housing for the working-class by making the M:OME affordable and designing a development of several M:OME units. This would make a greater sustainable impact. Di Santo and Joines-Novotny said they see a necessary future for environmentally friendly suburbs. In order to make an impact, the concept of sustainability needs to be available to many buyers in a larger market.

Students let loose during finals

By Samantha Weeks

M:OME let students unwind during a high stress week of exams. The event will be held in the Julian A. McPhee University Union Plaza on Tuesday, from 8 a.m. to 2 p.m.

“There will be a lot of great activities that let students relax between finals and have some fun,” said Amy Vickerman, ASI’s social event student supervisor.

Procrastination Station will start with a pancake breakfast while supplies last. The program will include massages, inflatable jousting, a Velcro wall and craft making from 11 a.m. to 2 p.m.

“The pancakes and the massages tend to be the most popular things for students to enjoy,” Vickerman said.

The crafts center is taking part in Tuesday’s festivities by offering candle making. Crafts center manager Emily Berrio said candle making is one of the most popular crafts.

“We are doing candle making as a promotion for the crafts center,” Berrio said. “Procrastination Station is a fun idea that lets students have some options to relax during finals week, and we thought this would be a great way to help out the students.”

“Having the opportunity to relax between tests is useful, said English and philosophy senior Ann Campbell.

“Think that it’s a good diversion and idea to have an outlet for students to release some stress while studying hard during the week,” Campbell said.
70-year-old Ohio woman takes law into own hands, battles gang

By R.H. Aly
THE LEXINGTON (OHIO STATE U.)

COLUMBUS, Ohio — Elizabeth "Granny" Mitchell-Dulaney, who is about 70 years old, said she felt like she had no other choice on Labor Day of 1999 when the Fourth Street gangsters started approaching her.

"I remember I had a gun locked in my bedroom upstairs," she said, sitting down in the living room of her house. Although it has been about four years since that fearful Labor Day, the gun is what helped save Granny's neighborhood.

Earlier that day, Mitchell-Dulaney, also known as "Granny" by her friends for her love of children, was throwing a huge cookout. Along with friends and family, eight of Granny's day care children were also at the party. As Granny ran inside to get the children some of Granny's day care children were also at the party. Granny ran a day care center from her house. Then Granny heard a cry from her great-granddaughter, Ivory. "I had some of children that I was keeping, because I kept children seven days a week, 24 hours a day," Granny said.

"Granny" said, somebody threw a big rock over the fence," Ivy told her. Granny said. The rock almost hit Bryan — one of the children. Granny was sitting — in the head.

She ran out the house, put the fence gate and into the street to ask the neighbors if they witnessed anyone throwing a rock. The neighbor across the street didn't see anything. Granny said she questioned a couple of children who said they had seen a boy smacking down the street. Granny ran away. She made the 9-1-1 call, but she couldn't give her any information, "Realizing it was a hopeless case, Granny called the police complaining because I kept children seven days a week, 24 hours a day," Granny said.

That's when a police officer was outside, she hoped to see the gang of boys away.

"At that time, I shot in the ground for them to stop, I think I was scared," she said. "They kept coming.

"After the second shot, the gang scattered out and ran away. She made the 9-1-1 call," she said.

The police arrested Granny, she said. After her conviction, she served a three-year sentence.

However, Granny said she didn't see herself as having any other choice. For the four and a half previous years, Granny called the police complaining about threats she had received from her neighbors.

"I think I must have called the police about 200 times during that four year," she said. "I got no response."

Within the neighborhood, the Fourth Street Gang, the same boys who had tried to attack Granny, were causing trouble by drug dealing. In fact, according to a press release from City Council, the dealers were operating from a duplex house across the street, at 1016 and 1018 S. Fourth St. A little less than a month ago, on April 10, both houses were demolished.

The head of the operation was Granny's next door neighbor. "She was a 'pill lady,'" Granny said. "That's what everyone calls her."

Also known as the "Pill House Operator," Virginia Smith was later sentenced in June 2000 to 23 years in prison as a result of an investigation conducted by the Pharmaceutical Unit, according to the Columbus Division of Police Web site.

"Smith was the head one," Granny said. "Her sons was helping her."

At first, Granny left the drug dealers to themselves. However, the most annoying thing for Granny was the way the drug dealers resounded over her yard.

"They used to walk across my yard to get to the other side to avoid the police," Granny said. The police had been out the area further down the street, she said.

To deter the drug dealers from crossing her property, she said she decided to put a fence around her house. But then the situation went from bad to worse. Annoyed with the blockade, Granny put around her house, the gang began spraying graffiti across the fence and destroying some of the wooden boards. After the destruction, Granny said she began calling the police. With all the police calls she made down the street, she got a lot more.

"I lost 10 pounds and a lot of inches really quickly but that was it," Cordova said. "I stopped following the diet because I stopped losing the pounds. That's when I changed to another diet."

The diet was very restrictive and the get tired of eating "beef, beef, beef," Cordova said.

Atkins diet good for more than quick weight loss

By Brian Morgan
THE PROVO DAILY (/ UB)

PROVO, Utah — Cut the carbs and lose the pounds — that is the primary principle behind the Atkins Nutritional Approach.

After completing a six-month analysis on 132 subjects, the New England Journal of Medicine published an article on May 22, which vindicates the much-ridiculed Atkins approach. However, many dieting enthusiasts still seem to regain much of the weight.

The Atkins diet has four basic principles: Weight loss and maintenance, good health and disease prevention. The diet promotes a low carbohydrate menu emphasizing high proteins like steak, cheese and eggs.

Celebrities are even using the controversial program. Diet guru Dr. Robert Atkins developed in 1992. Before Atkins died on April 17 of this year at age 72 after falling and hitting his head, he only saw studies that demonstrated the short run benefits.

The diet has been controversial for years because previous studies have spooked dieters into believing the diet causes high cholesterol because of too much meat and protein in the diet. It has also shown quick weight loss methods but no apparent long-term weight loss maintenance.

The recent study showed the diet really does help people lose weight faster without raising their cholesterol, according to last week's article in the New England Journal of Medicine.

One important fact resulting from the journal's research is that people on Atkins' high-protein diet lose twice as much weight over six months as those on a regular low-fat diet. However, some research subjects regained some of the weight over a year's time.

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A statue of Ozzie Smith by renowned sculptor Harry Weber will be unveiled, and Ozzie's Cal Poly teammates and friends will reminisce.

**Just follow the event signs to parking at the Sports Complex. Souvenirs and refreshments will be sold near the grandstands.**
WASHINGTON — Lawmakers will consider partiy reversing a decision that eased media ownership restrictions, Senate Commerce Committee Chairman John McCain said Wednesday.

The committee questioned the five members of the Republican-controlled Federal Communications Commission with senators from both parties criticizing the agency's 3-2 vote to relax regulations. That party-line decision on Monday allowed individual companies to own more TV stations in some cities and largely ended a ban on one company owning a newspaper and a broadcast station in the same community.

McCain said that no matter what Congress is displeased with, it should not be in the public interest. He said a five-year review period would be better. The FCC in 1996 increased the limit from 35 percent to 45 percent of U.S. households, instead of 35 percent. The FCC also changed rules to allow individual companies to own more TV stations in some cities and largely ended a ban on one company owning a newspaper and a broadcast station in the same community.

McCain said that no matter what the FCC decided, "we're not really satisfied with the process." He blamed uncertainty caused by the 1996 law and court rulings.
Bay Valley Athletic League honors.

Nick McMillins, Pitcher, 6-4, 210, So., Fullerton City College
McMillins, a 2002 first-team choice of the Chicago White Sox out of CIF-Southern Section championship El Dorado High School. McMillins finished a 2-6 record and 6.75 ERA at Fullerton City College this season. He struck out 49 batters in 61.2 innings. The right-handed pitcher played his freshman season at Fullerton City College and played as a freshman at the University of Sioux Falls in 2002, where he hit .432 and drove in 33 runs in 40 games.

Josh Hobson, Pitcher, 6-0, Sr.,Sacramento City College
Hobson, a Hirson Johnson High School graduate, posted a pair of complete-game victories in the playoffs for the Mustangs. Mike Pasinelli, Pitcher, 6-0, 225, Sr., Sierra College
An Oakmont High School graduate, Pasinelli compiled a 1-2 record and 2.81 ERA as Sierra College finished 26-18, fourth in the Bay Valley Conference's East Division and 12th in the final state poll. Pasinelli struck out 73 batters in 93 innings with a 1.71 ERA. "He should give us quality depth on the mound," Lee said. "He can throw any pitch for strikes." Pasinelli earned first-team All-Bay Valley East honors.

Gary Gattis, Infielder, 6-0, 175,
Sr., Capistrano Valley High School
Gattis had 13 doubles for 1 record en route to first-team All-Sierra College honors as an infielder. "He is hard-nosed, very aggressive and should be a top-of-the order type of hitter for us," said Lee. Gattis had a graduation of Valley Center High in Escondido and played as a freshman at the University of Sioux Falls in 2002, where he hit .432 and drove in 33 runs in 40 games.

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Jay Hobson is agile and has power from the right side. "Gattis had 13 doubles for 1 record en route to first-team All-Sierra College honors as an infielder. "He is hard-nosed, very aggressive and should be a top-of-the order type of hitter for us," said Lee. Gattis had a graduation of Valley Center High in Escondido and played as a freshman at the University of Sioux Falls in 2002, where he hit .432 and drove in 33 runs in 40 games.

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Bay Valley Athletic League honors.
The wizard of bronze

By Graham Womack

Sports Staff Writer

Facility Services workers were eating their lunch when State Warehouse employee Jim Metley rushed in with news to tell that Tom May had been waiting to hear.

"He said, 'Tom there's a big crate out here on the loading dock for you,'" May's coworker Robert Pahlow said.

Believe it or not, Ozzie Smith is already at Cal Poly — and he's, bronze, four-and-a-half feet tall, and, since last Wednesday, he's been chilling in a crate outside of the State Warehouse, near the University Police Station. Even with its shroud, though, the statue's journey to campus is beyond any imagination and already has a reputation.

"It turned out really magnificent. It's a beautiful piece," said Danny Lambert, who co-owns Carr Lane Castings in St. Louis, where the statue was cast. "It's something you guys can be proud of."

The statue will be unveiled June 13 at 3:30 p.m., between Bixby Stadium and Bob Jones Field, as part of the dedication for the new Poly's women's lacrosse team will say "That first year we were all battling it and now the payoff is more than I ever dreamed of," Chase said. "He had mentioned before that he owned the business where you could get something representing Ozzie that wasn't of this caliber," McCutcheon said. "There's no free ride," Walker said. "He has great leadership qualities."

Cal Poly's Lauren Chase

Chasing away the competition

By Amanda Hippe

Sports Staff Writer

They call her the "secret weapon," and that rang especially true in the National Lacrosse Championship. With the loss of Lauren Chase, Cal Poly's women's lacrosse team will face an uphill battle to contend for a starting job.

Chase, a journalism senior, has just finished her fourth and final season playing for the team. She is graduating next week and reflects fondly on her journey with a team that thought it would never make it out of the starting gates.

"We were in hambles at the beginning," Chase said. "We didn't have a coach and we were in desperate need for someone to step up and take the position.

Luck would have it that a friend of a player decided he wanted to help the team out and run their practices since he had no experience in playing lacrosse. In fact, he had never even seen the sport played.

That first year we were all banking on the learning curve that haunted both myself, as a coach, and the players," said Brandon Badgley, head coach of the team.

For Chase, her first year on the team held apprehensions about trying something new. Fortunately, the athletic spirit she holds in her heart overcame the doubts and pushed her to work hard and get the game down.

"I am a pretty athletic person and I tend to pick up things fairly easy, but I was blown away with how difficult lacrosse was at first," Chase said. "But I knew I was going to go crazy if I wasn't playing a sport I love."

Chase, Badgley and the rest of the girls braved out the first year. The team was blown away with how difficult lacrosse was at first, "We didn't have a starting gate," Badgley remembers. "I got a chance to sharpen my skills and understand the combination of aggression and finesse that was needed to play game-winning lacrosse.

"I jumped on every chance I could," Badgley remembers. "I got a wonderful opportunity to travel with a team to Europe to really immerse myself in the game. I read books, attended clinics and really just absorbed as much as I could from Chase."

For Chase, the next three years had highs and lows and something she describes as an experience she couldn't have had anywhere else. In 2003 the team came full circle and won their first of three consecutive national championships.

"The first year was absolutely amazing," Chase said. "We went from the bottom to the top, which is some-