By Randi Block

Cal Poly speech communication professor Cynthia Kivel died Sunday at Serra Vista Hospital in San Luis Obispo. Kivel, 32, suffered a brain aneurysm. She was recently engaged and her father is in town to take care of arrangements.

Her death, scheduled the morning of April 19, was a shock for her students and the speech department. Kivel taught at Cuesta College and Colorado State University.

"She taught a class on group work, which she encouraged in order for her students to gain a larger education base while in school, her students remembered. "She always told us that college wasn't just about learning, it was about meeting people too," Steinbruge said. "She definitely stepped over the restricted line."}

By Valerie Angelo

Vandenberg Air Force Base encountered a handful of protesters March 22 who were arrested for bypassing restricted territory as part of a protest. Among the political activists was a woman known for her moral and ethical stature. Sister Mary Pat White, a San Luis Obispo nun, denounced the war by committing civil disobedience along with other advocates of anti-war activities. To express her commitment to faith and peace, she and a companion stepped over the restricted line and knelt in prayer.

"I protested the war because I felt so strongly that it was immoral and unjust," White said. "I had to take a stand and do so with my whole body." Through the years, White has been arrested several times for her acts of protest and what she is called is her journey toward peace throughout the world. 

Her actions have sparked bomb- ing and wartime affairs. However, she said her primary concern has been bloodshed and the descent of land.

"My actions in no way meant that I do not support the troops," White said. "I am just as concerned about their lives as I am the Iraqi lives."

Although her actions alone have spoken out to a great deal of supporters, White's execution of outward expression lies much fur- ther than protesting in the name of her faith. She has received her bachelor's degree in English, a

By Meghan Nowakowski

The students in the Society of Civil Engineers club have done it again.

Cal Poly won the coveted Pacific West Regional Conference Competition for Society of Civil Engineers award last week for the ninth consecutive year.

"She had a lifetime of teaching and work still ahead to contribute to the world and that was cut prematurely short." - Susan Currier, associate dean of the CLA

The bridge is judged on how much weight it can hold and how much time it takes to put it together. The conference, which she encouraged in order for her students to gain a larger education base while in school, her students remembered. "She always told us that college wasn't just about learning, it was about meeting people too," Steinbruge said. "She definitely stepped over the restricted line." 

By Stacee Doming

An unlikely coupling of two artistic mediums will bring architects and artists from all over the world to the Cal Poly campus this weekend.

"Unscené" will be held Friday and Saturday in Philips Hall in the PAC.

Festival creator and architecture senior Aaron Walker said of all the film festivals out there, there aren't many that have to do with architecture. "There isn't a presentation method available that shows architecture how it really is," Walker said. "By showing architecture in motion on film, it explains so much more." A group of students from the College of Architecture and Environmental Design organized the festival after Walker came up with the idea.

While studying abroad last year in Florence, Italy, Walker was intrigued by an architecture film festival he attended that was put on by Marco Brizzi. The show drew famous architects and artists from all over Europe, sparking an idea that Walker would soon replicate on the Cal Poly campus. "I was so inspired that I wanted to try and do something on a student level," Walker said.

Upon his return to Cal Poly, Walker created a Web site inviting architecture students to submit films for his festival. He also posted announcements on popular architecture Web sites to get the word out. The response was remarkable, Walker said. He received more than 30 submissions by his February deadline.

The video submissions came from all over the world, including students in Poland, Australia and Greece, as well as from students across the nation and here at Cal Poly. After receiving all the films, a selection committee was formed of ...
Nutrition knowledge pays off for students

By Katie Schiller

Cal Poly nutrition majors answered this health-related question and others in the first College Nutrition Bowl, a Jeopardy-style challenge held at Cal State Northridge on April 5. They shut down the competition, beating California State University, Northridge 70 to 5, and San Diego State 100 to 0.

“Without a doubt the credit to our adviser, (Professor) Jana Gonsalves, because she met with us for practice,” said nutrition senior Melissa Ramos, captain of the Nutrition Bowl team. “We were the most prepared team and it definitely showed.”

The team took home $1,000 to help fund the nutrition department and a plaque, Ramos said.

The four nutrition seniors — Ramos, Justin Robinson, Alison Hendrickx and Lauren Carey — met once a week during winter quarter to practice.

Each participating school submitted questions for the bowl, Ramos said. The team, armed with electronic buzzers, studied facts they found in books or on previous exams.

“Since this was the first-ever competition, we get to say that we’re the first and second rounds, respectively, of the single-elimination tournament,” Ramos said.

“Wanted students to participate in something outside the classroom,” Gonsalves said.

The team defeated CSU Northridge and San Diego State in the first and second rounds, respectively, of the single-elimination tournament. Cal Poly, Pomona also competed in the bowl.

“Since this was the first-ever competition, we get to say that we’re the all-time, un-scored upon champions,” Robinson said.

Students were quizzed on their knowledge of such topics as vitamins and minerals, carbohydrates and fats, food service management, metabolism and other aspects of nutrition.

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Teamsters, GOP group join forces

WASHINGTON — The Teamsters union and the Council of Republicans for Environmental Advocacy have formed the Labor Environmental Alliance to balance environmental issues with job creation, and to work with labor and environmental politicians — mostly Republicans.

The two groups successfully lobbied the House to pass President Bush's energy bill that opens Alaska's Arctic National Wildlife Refuge to oil drilling, and decided to join forces for a showdown with the Senate.

The Senate last month rejected drilling in the refuge, and Democratic senators — including several running for president — have vowed to block any energy bill that would open the area. Beyond ANWR, the group also plans to tackle emissions reduction and road construction.

New York judge: gay man can sue as spouse of deceased partner

NEW YORK — A judge ruled that a gay man can sue a hospital as the spouse of another man who died a year ago, in what a gay rights group believes is an unprecedented decision.

John Langan can proceed with his wrongful death lawsuit against St. Vincent's, the Manhattan hospital where he was treated in connection with a stroke. The hospital's sidekick Dr. Paul Scipichaud's death, Nassau County Supreme Court Justice John P. D'Anne said in a decision released Tuesday.

The American Civil Liberties Union has supported Langan, a lawyer for the gay civil rights group Lambda, as the judge's ruling is the first in the nation to treat a same-sex couple joined in a Vermont civil union as a married couple.

The group represented Langan.

"This is a significant building block toward securing full equality for same-sex relationships," Annison said.

Michael Feingold, a spokesman for St. Vincent's, refused to discuss the case, saying the hospital does not comment on pending litigation.

Langan and Scipichaud exchanged vows and rings in a civil ceremony in Vermont in November 2000, soon after the unions became legal. They had been together 15 years before their civil union.

Scipichaud was struck by a car on Feb. 12, 2002, and died three days later from medical complications. Langan said the hospital did not treat Scipichaud's spouse, alleging that Scipichaud's treatment by medical professionals was neglectful and reckless.

South African victims of apartheid to receive government reparations

CAPE TOWN, South Africa — Thousands of victims of apartheid in South Africa, who testified before the Truth and Reconciliation Commission will receive one-time reparations of about $5,000, President Thabo Mbeki said Tuesday.

"That amount is about one-fourth of what the commission called for in its final report on crimes during the apartheid era. The report was issued in March.

Mbeki also said at a parliamentary debate about the report that the government would not support lawsuits or special taxes aimed at corporations suspected of supporting the apartheid regime.

"The South African government is not at all prepared to party to such litigation," Mbeki said.

He was referring to lawsuits recently filed in the United States on behalf of South African apartheid victims.

"That is a billion-dollar suit against mining giant Anglo-American and De Beers, the world's diamond producer.

In its report, the commission recommended that the 22,000 victims who testified should receive $17,500 each. The government is offering $4,3 million.

Briefs compiled from The Associated Press.
Under the Radar

Self starts morning right with ‘Breakfast’

By Grant Shellen

Some musicians just make me sick. I’ve played several instruments for almost 10 years now, and I consider myself to be a fairly competent musician. But every now and then, I hear an album that makes me want to burn every musical instrument I own and take up knitting.

Matt Mahaffey of Self is one of those musicians. He started playing drums at an age when most kids are still learning not to put video-cassettes in the toaster. By the time he was in his mid-teens, Mahaffey had picked up guitar, keyboards and a few other instruments along the way.

He began recording and producing with local hip-hop artists during the day and playing with rock bands at night, developing a modern taste for pop hooks and killer beats.

After releasing a mostly self-performed album (hence the band’s name) in 1995, Mahaffey enlisted the help of drummer Jason Rawlings, keyboardist/pianist Chris James, bassist Mac Burns and brother and guitarist Mike Mahaffey to tour behind the record.

Thruough that band appears on much of Self’s 1999 follow-up, “Breakfast With Girls,” it is Matt Mahaffey’s songwriting and singing that drive the record.

The album starts with a movie soundtrack-sounding piano part accompanied by spacey sound effects, before being interrupted by crunchy guitar, razor-sharp keyboards and a steady-but-rocking drum part. That song, “The End Of It All,” moves back and forth between chugging rock and 1960s pop, a blend that is prevalent on “Breakfast.”

Probably the album’s biggest strength is Self’s knack for filling in empty spaces with interesting sounds. Unlike many popular albums where extra instruments are added just to beef up weak songs, Mahaffey’s songwriting takes on lively textures with the addition of just the right guitar lick, keyboard tone or sampled drum-beat.

Clever lyrics are another part of the Self sound. On “Mog Ryan,” Mahaffey sings, “If Meg Ryan were my personal taste/ I’d be atop the Empire State every Christmas.” (The song’s “Sleepless in Seattle” reference used to include “every Valentine,” but was changed for some reason — probably rhythm and flow.) “The Uno Song” finds him writing his own version of the famous-biblical passage about love: “Love is jealous and wicked and sad songs have never depicted/ The love that I knew was always bring more/ than it could chew.”

One area many bands fall short in is keeping listeners’ attention for the full duration of a song. Mahaffey separates himself from many of his contemporaries who enhance rock songs with influences from hip-hop and electronic music by actually writing songs, not just grooves.

In the middle of “What Are You Thinking?,” the song’s bouncy pop-rock feel breaks down to give way to a mellow, ringing guitar while Mahaffey sings “Want! I’m not down just yet! I’ve got mountains of regret/ and my sorrow fills an ocean.” Strings come in, and the song slowly builds up to a beautiful rock crescendo that would make Weezer shiver.

Self’s creativity didn’t stop with “Breakfast.” The band’s next album was recorded using nothing but children’s toys and instruments. Don’t laugh — it sounds way better than most albums recorded with $3,000 guitars and custom drum kits.

Self is busy working on a new album, and who knows what’s next? Before that record comes out, I suggest you pick up “Breakfast” and become a fan.

Grant Shellen is a journalism senior at Cal Poly.

Reycle Bin

Peter Weir’s ‘Fearless’ style unmatched, underappreciated

By Doug Keesey

Director Peter Weir has made many fine films, including “Witness,” “Dead Poets Society” and “The Truman Show.” Some believe that the Australian films Weir made before coming to Hollywood are his best. When you get the chance, try “Picnic at Hanging Rock,” “The Last Wave” or “Gallipoli.”

Weir’s most powerful film may be his least known, “Fearless.” This is a moving but unsentimental movie with a meaningful subject, a gripping story and convincing performances by Jeff Bridges, Rosie Perez and Isabella Rossellini.

Then why didn’t it do well at the box office? Because the subject is painful. How plane crash survivors deal with death and with the life ahead of them.

But this is not a documentary; it’s a mysterious, surprising, dreamlike tale about very real grief, fear and fortitude.

This is a film with important things to say, but I won’t tell you what they are because the way the film communicates its meanings is vital to their understanding. Certainly, it is not a movie you are likely to forget. (The main reason it is rated R is for its sheer intensity.)

(1993; 122 min.; color; VHS/DVD)

Doug Keesey is a Cal Poly Film Professor.
Dr. Friedrich of the Health Center suggests that the cost of treatments should not exceed a certain amount, and that the services should be provided in a timely manner. However, some people may not be able to afford these treatments, and Dr. Friedrich believes that the government should provide some form of financial aid to those who cannot afford these treatments.

AIDS is a major concern for the Health Center, and Dr. Friedrich has been working to educate the community on the prevention and treatment of this disease. She has also been working with other organizations to provide resources for those who are living with AIDS.

Dr. Friedrich is also concerned about the increasing incidence of STDs among young people. She believes that education and awareness are key to preventing the spread of these diseases, and she has been working to provide education and resources to prevent the spread of STDs.

Dr. Friedrich is also a strong advocate for the provision of health care to those who are unable to afford it. She believes that everyone should have access to quality health care, and she works to ensure that this access is available to all.

Dr. Friedrich is a respected member of the medical community, and her dedication to the health and well-being of the community is evident in her work. She is a true leader in the field of medicine, and her contributions to the field of medicine are invaluable.
Opinion

Point / Counterpoint

War coverage: How much reality is too much?

When the image of troops or military strategy is given away in a newspaper or on the nightly news, it is their duty to encourage the American public to see the true

Editor, Mustard Daily

While an informed public is one of the most important things in a democratic country, there are some things the public just doesn't need to see.

Christian Science Monitor reporter Phil Smoker and Fox's Gerald Rivas have been reproached for reporting specific information that is a threat to the safety of the soldiers and the war strategy.

The main reason that the public does not need to see everything that goes on in war is to prevent American soldiers from staying with the units, mainly to encourage "sacrifice." If such information was placed on reports detailing the specific numbers of troops, the rules of engagement, intelligence information, future operations, and the effectiveness of enemy defenses and troop movement, among other things.

Although these constraints may be necessary in order to protect national security, they protect both national security and the effectiveness of enemy defenses and troop movement, among other things.

Letters to the editor

COB spending plan available online

Editor, The Wochenblatt

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**SCF**

continued from page 1

some animosity between us, but once we all start competing, the other schools start relaxing and we all have good time. Ferguson also recognizes the competition is getting tougher. "We did well, but the competition is getting tougher every year, particularly University of Arizona and Cal Poly Pomona," he said. Next year the annual conference will be held at Cal Poly San Luis Obispo.

"I think that we will have more pride about it being at our school," Ferguson said. "People will take more responsibility because we are representing ourselves by holding it at Cal Poly."

Conference coordinator and civil engineering junior Kimmie Schmidt said the event went smoothly. "We all had a really good time," Schmidt said. "It was a really good opportunity to meet alumni and talk to professors from other schools. It was an excellent learning experience."

Civil engineering senior Andrea McGrath-Massie said she also enjoys the social aspects of the conference. "It's really fabulous because you get to know people in your class on a personal level," McGrath-Massie said. "You end up good friends with the people who were your acquaintances. It is also good networking for meeting engineers from other schools, and you end up seeing them at conferences the next year."

**UNSCENE**

continued from page 1

architecture student, who reviewed the films and chose which films were to be shown. The committee selected about 95 percent of the films submitted, Walker said.

One of the featured artists is architect senior Frank Mahan. His film "Indenturitate Nitum" explores the theoretical concepts behind his architecture thesis project. "It was natural for me to make my video about my thesis project because I'm always preoccupied by it," Mahan said.

The festival will also feature the film "Dance by Design," which was created by Harvard medical student Valerie Weiss. The film shows the story of a woman trying to choose between her interest in architecture and her passion in dance.

"The UNScene" features some presentations that are straightforward and others that are more obscure, Walker said.

One of the more obscure performers whatever they want to do," White said. "Chris McJinsey is a student administrative intern. "White is very mellow, kind and passionate," she said. "She acts as a spiritual guide and helps students talk through problems. She provides social justice and faith-building experiences."

**WHITE**

continued from page 1

master's degree in education, a mas­-ter's degree in administration and a master's degree in spirituality.

After working several years in educating young children, she moved on to campus ministry to help develop relationships and spiritual growth within the Catholic community.

Currently, she can be found working close up and personal with Cal Poly students at the Newman Center. Her goal is to actively take part in the students' lives and be a spiritual facilitator for them.

"I try to enable students to do more responsibility because we are representing ourselves by holding it at Cal Poly," Ferguson said. Conference coordinator and civil engineering junior Kimmie Schmidt said the event went smoothly. "We all had a really good time," Schmidt said. "It was a really good opportunity to meet alumni and talk to professors from other schools. It was an excellent learning experience."

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**DEADLINE:** April 22, 2003

**Dept. Jur 226-228**

Attn: Liz Boscocci

Questions: eboscocc@calpoly.edu

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**2003-2004**

**ANNOUNCEMENTS**

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**Wednesday, April 16, 2003 7**

"It introduces us more to the profession of civil engi­neering by exposing us to real-life situations such as orga­nizing labor and meet­ing deadlines."

Ryan Ferguson
Society of Civil Engineers president
Cal Poly softball dropped both games in a doubleheader against Long Beach State on Saturday at Bob Janssen Field. The 49ers took the first game 3-2 and the second 4-1.

"We battled, but someone's got to win in the end and we just couldn't make it happen," said Eva Nelson, the Mustang pitcher in the first game.

Both teams were scoreless in the first game until the fourth inning, when the 49ers took advantage of two Poly errors and scored two runs. But the bottom of the fourth, a walk and a wild pitch placed two Mustangs on base. Natalie Carrillo of Cal Poly answered the 49ers with a triple, scoring both runners and tying up the game.

"It was good that we came back, we didn't just lay down and die after we scored in the first game," Nelson said.

As the game went into extra innings, Nelson remained tied at two until the top of the ninth, when Long Beach's Colleen Burdick chucked a game-winning two-run home run to right field that the Mustangs were unable to answer.

In the bottom of the ninth, the Mustangs lead by a run, but Bechler couldn't lead the conference in errors, committed four in game one while the 49ers committed none.

"Our mistakes definitely cost us in the first game," said Mustang head coach Lisa Boyer.

The second game also began with the 49ers scoring in the second inning despite errors in the first. The 49ers continued to dominate throughout the rest of the game.

Cal Poly's Shannon Brooks slides in safely at home plate during the Mustangs' 3-2 loss Saturday.

Ephedrine: 'All-natural' doesn't mean safe for consumers

A 23-year-old life and a promising career, Steve Bechler left behind his wife and unborn child, all because he fell victim to society's obsession with quick fixes. The death of Bechler, a Baltimore Orioles pitcher, may have been the straw that broke the camel's back. Bechler, whose Feb. 17, death was caused by heatstroke, has been linked to use of Xanadrine, an "all-natural" drug.

Bechler's death may be the one that triggers a change in the way these "dietary supplements" will be offered to consumers.

Bechler's wife Kiley had tried to convince her husband not to take Xanadrine, but he didn't listen. Bechler had cited it for being out of shape by Baltimore manager Mike Hargrove. In a desperate attempt to lose 10 pounds, Bechler took Xanadrine as a way to boost energy, lose weight and increase muscle mass. It can be assumed that Bechler felt that this was only a permanent fix to a temporary problem.

Taking ephedra-based supplements is like playing a game of Russian roulette — you're crazy for playing it and lucky if you survive.

The FDA classifies ephedra as a drug, not a dietary supplement as manufacturers call it. It works by stimulating the heart and central nervous system to lose weight, increase metabolism and burn fat. Ephedra, which constricts blood vessels and raises blood pressure, inhibits the body's ability to cool itself. Bechler died of organ failure brought on by heat stroke when his body temperature reached 108 degrees.

The problem with dietary supplements, especially those containing ephedra, is the manufacturers can claim they are "all-natural," which consumers take to mean safe.

Despite the repeated warnings to athletes that the use of ephedra was not safe, popularity remained high and reports continued to be made of the serious side effects and deaths that were occurring because of it.

Minnesota Vikings offensive lineman Korey Stringer died after collapsing during training camp in 2001 due to his use of ephedra-based supplements. In August of the same year, Rashidi Wheeler, a Northwestern University football player, collapsed and died during a workout due to his use of the same supplements.

More recent adverse reactions to ephedra-based products are due to overdosing or long-term use. The overdose of these supplements can be attributed to vague directions for use and deceitful terminology of the ingredients. Although manufacturers of these products warn against exceeding the recommended dosage on their packaging, they do not explain the repercussions of the overdose or explain how much consumers should limit ephedra or caffeine.

Wheeler drank the ephedra-based sports mix Ultimate Punch and used Xanadrine with teammates prior to his death. Bechler was allegedly taking three capsules of Xanadrine RFA-1 each morning; two capsules per day is the recommended dose.

It's hard to believe that consumers are making irresponsible health choices and overlooking harmful side effects. Much like tobacco addiction, consumers will keep buying products such as Xanadrine because they believe that these deaths are something that could never happen to them.

FDA regulation of all ephedra-containing supplements as over the counter drugs would be the best way to help decrease deaths. It would control unverified label claims and discrepancies between product contents, and also label ingredient descriptions and potentially harmful label directions.

Ephedra is a drug much like tobacco. In a desperate attempt to stay thin and look and perform as society tells us, consumers are making irresponsible health choices and overlooking harmful side effects. Much like tobacco addiction, consumers will keep buying products such as Xanadrine because they believe that these deaths are something that could never happen to them.

Cal Poly's Shannon Brooks slides in safely at home plate during the Mustangs' 3-2 loss Saturday.

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