Religious studies minor in the works
By Ashlee Bodenhamer

Some students pray at night. Some go to Mass. Some attend classes in numerous religions. To cater to the needs of those hungry for religious knowledge, Cal Poly will offer a minor in religious studies starting this fall.

Courses required for the minor include Judaism, Hinduism, Buddhism, Monophysites: the Bible and the Qur'an.

Professor Judy Saltzman of Cal Poly's Philosophy Department was the driving force behind the program. Saltzman's vision is that students will emerge from the minor more open-minded, more respectful and more compassionate, she said. "I want to go beyond the idea of tolerance, because that's not even very nice," Saltzman said.

Saltzman began developing the minor in fall 2001. After approval by the philosophy department, the College of Liberal Arts, the Academic Senate voted to adopt the program, said David Hannings, chair of the senate's curriculum committee and a horticulture and crop science professor.

Interest in religion, especially in Islam, has grown recently, Hannings said. "The minor appeals to a broad range of majors, and is not constructed for one major," he said.

In 1985, when Cal Poly first offered a course on Islam, it was a struggle to even fill the class. These days, Islam classes are bursting at the seams, Saltzman said. Hannings stressed the importance of such classes. "Everyone should be exposed to a class on Islam," Hannings said. "The problem is that there aren't enough people to teach it."

Also, because religious courses are not a general education requirement, students who need to take the courses the most aren't going to, Hannings said. "Since students who sign up for religious studies courses are already probably open-minded, you're essentially preaching to the choir," Hannings said.

Courses will be taught in the most fair, non-partisan way possible, Saltzman said.

Courses required for the minor in fall 2001.

1. Required for the minor: Introduction to Religious Studies. This course introduces students to the theories, theologies and practices of numerous religions.
2. Three electives from the following, with the approval of the minor's advisor: Islamic Studies, Jewish Studies, Hindu Studies, Buddhism, Taoism, Religion of the Americas, or an additional course in a field of study not already represented in the minor.
3. One of the following: Religious Studies Seminar, Introduction to Religion or junior/senior seminar.

Cal Poly students have been very alive at Poly, 4 classes to immerse themselves in some go to Mass. Some attend the theories, theologies and practices of numerous religions.

By Jenni Mintz

Herbed ricotta stuffed shells, Dijon rosemary lamb chops served over Farfalle pasta, honey pecan crusted chicken breasts ... this is not a dream. It's Kristi Shawl's senior project.

A nutritional science senior, Shawl began her own personal chef business to bring the delight of healthy and delicious dining back into the home. The purpose of her project is to design a feasible business plan for a personal chef business, Shawl said. Which contextualizing her senior project, Shawl has learned to implement the marketing tools she needs to create her own business.

First, Shawl interviews her clients and has them fill out an extensive questionnaire to find out about medical conditions, food allergies, weight loss needs, likes and dislikes. After this, she and her clients create a customized menu to fit their needs.

As a personal chef, Shawl shops for food items on the way to her client's house. She then prepares packaged or hot meals based on the client's preferences.

Shawl offers a variety of different meal plans, anywhere from three entrees of four servings each to five entrees with four servings. Although she makes a different menu for each client, Shawl has a long list of appetizers and entrees that clients can also order, such as spinach dip in a sourdough bread bowl, grilled bacon wrapped shrimp and stuffed mushroom caps.

By Alina Neacy

Many Cal Poly students are graduating with thousands of dollars in student loans. With increases in fees, decreases in grant awards and a $13 million budget cut, the margin between students' needs and what they can borrow is shrinking.

Approximately 35 percent of Cal Poly students receive some kind of financial aid. During the 2002-03 school year, $393 million was given out in loans and $66 million in total aid. The remaining $26.5 million is comprised of grants and work, assistance. The Federal Pell Grant for the coming year will only increase by $50.

In increases in student loans spurs post-grad bankruptcy concerns
By Alina Neacy

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CHEF continued from page 1

wrote that recent studies have illustrated that eating dinner as a family helps children stay out of trouble, learn in school, find out more about dealing with conflict and create a greater sense of belonging.

For households with working parents, preparing nutritional meals can be a time-consuming, stressful feat that some don’t have time for. Many families are resorting more and more to eating out to fit in with their fast-paced schedules.

With a personal chef, families can have everything — taste, nutrition and family unity — if they can afford it, she said.

Shawl’s target market is mostly middle-to-upper-class families. The average client may not be able to afford her meals, which range from $150 to $255 per meal.

Although perhaps pricey for the avid fast food diner, Shawl said her meals could save money in the long run.

“When you add in taxes, tips and gas money, dining out can get really expensive,” Shawl said.

Unlike fast food or restaurants, Shawl’s packaged meals can last for up to a month.

So far, Shawl has five clients that she prepares food for on a weekly or monthly basis.

Sun Luis Obispo resident and business owner Andrea Herron’s family of four have utilized Shawl’s service. She said that they were very pleased with Shawl’s cooking, and want to have her around as long as they can. They are on a weekly plan, with three to four main courses of six servings each.

VOTE continued from page 1

ment.”

Acosta was a Vote Smart intern last summer and said she believes that because the nation was founded under democratic ideals, every voter deserves to be informed about a candidate and their viewpoints on certain issues.

Project Vote Smart has over 5,000 sponsoring news organizations and libraries and has conducted more than 30,000 background checks on issues and candidates.

Acosta said the motto of their internship group was to save democracy by providing the American people with much-needed voting information.

Colgan said they are still of building the retreat center and that an intern’s tasks can range daily from candidate interviews and presidential research to building corral fences and painting lodge facilities.

She said she believes that the work is hard and terribly important, but in return students get to live in an incomparable paradise.

Acosta said the interns worked Monday through Friday from 8 a.m. to 5 p.m. and that their workload varied each day. Some days they had a lot of downtime, and other days they worked really hard.

She said the environment there was similar to being at a camp. She met a lot of new people and went hiking almost everyday.

“It was really good for me to go there,” Acosta said. “I thought that I wanted a more traditional internship, and after going there I realized that I got a whole lot more than I ever imagined.”

Current Cal Poly students of all majors are urged to apply for the internship, but political science, journalism and communications majors are especially encouraged.

Graduate students and recent college graduates are also eligible for scholarship support.

For more information about Project Vote Smart or for an application, check their Web site at www.vote-smart.org or call the Voter’s Research Hotline at 1-888-868-3762.
Gov. Gray Davis has promised to treat a treaty to sharply cut numbers of nuclear warheads. The Moscow Treaty, hailed by the Bush administration as symbolizing a new era of friendship and cooperation with Russia, would take missile levels to the lowest point in 50 years. The pact calls on both nations to cut their strategic nuclear arsenals to 1,700 to 2,200 deployed warheads by 2012 — down from about 6,000 for the United States and 5,500 for Russia.

Southern California club closed for alleged fire code violations

LOS ANGELES — Fire inspectors closed a nightclub early Thursday after finding it was overcrowded and of the emergency exits was chained, authorities said. The Belmont Club was the second closed in Los Angeles amid a focus on nightclub safety since a fire killed 98 people in Rhode Island and a stampede killed 21 people in Chicago last month. Los Angeles authorities began a weeklong education campaign on Friday. Fire officials visited The Belmont Club on La Cienega Boulevard just after midnight and found 211 people inside the building, which is permitted to have 149 occupants, said Inspector Kendall McCarthy. "The exiting was not proper either and so we had to close it down," McCarthy said.

Controller raises borrowing estimate to $2 billion to $8 billion before the end of June to deal with cash flow problems brought on by its budget cuts and vehicle license fee increases drag on in the Legislature.

Controller Steve Westly said the state will have to borrow $4 billion to $11 billion in June to keep its operations running as lawmakers try to erase a budget deficit that could reach $34.6 billion over the next 16 months.

Westly said in early February the state would probably have to borrow $2 billion to $8 billion before the end of June to deal with cash flow problems brought on by its budget cuts and vehicle license fee increases drag on in the Legislature.

The Legislature has approved a package of about $8.6 billion in cuts and funding shifts, but those bills are tied to enactment of a measure designed to raise vehicle license fees. Gov. Gray Davis has promised to veto the VLF bill.

Senate ratifies U.S.-Russia treaty to sharply cut numbers of nuclear warheads

WASHINGTON — The Senate unanimously ratified a treaty Thursday that would cut U.S. and Russian long-range nuclear warheads by two-thirds, acting as a separate nuclear crisis was building in Asia.

The Moscow Treaty, hailed by the Bush administration as symbolizing a new era of friendship and cooperation with Russia, would take missile levels to the lowest point in 50 years.

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"The exiting was not proper either and so we had to close it down," McCarthy said.

Calls seeking comment from the club's owners were not immediately returned.

Last Sunday, Club Solo was shut down for alleged overcrowding and a chained exit. Angry patrons pelted police with rocks and bottles after being forced to leave, but no one was hurt, said police Sgt. John Paquariello.

Los Angeles fire inspectors routinely monitor nightclubs and other public assemblages to look for code violations and safety hazards.

The campaign began Friday involves firefighters from more than 100 stations. Its focus will be education, not inspection, said Capt. William Wick.

International Briefs

Pope explores life and death, including his own, in new poetry book

VATICAN CITY — Pope John Paul III's new book of poetry, a three-part meditation on nature, life and death — including his own — makes clear he has no plans to step down.

"Roman Triptych" is the first published work by the pope discussing his own passing. "Roman Triptych" is the first book of poetry John Paul has written since becoming pope in 1978. Vatican officials said the poems came out of a trip to his beloved Poland last summer.

The slim burgundy-covered volume was published Thursday in John Paul's native Polish, although translations in English, French, Spanish, Italian and German are ready, papal spokesman Joaquin Navarro-Valls told reporters.

The frail 82-year-old pope has spoken about his own mortality in recent years, referring to the "twilight years" of his papacy and, during the trip to Poland last year, asking for "a prayer for the pope during his lifetime and after his death.

But "Roman Triptych" is the first published work by the pope discussing his own passing.

U.S. military preparing new ward for Guantanamo prisoners with mental problems

GUANTANAMO BAY NAVAL BASE, Cuba — The U.S. military is opening a new ward for terror suspects with mental problems at Guantanamo Bay following a rash of suicide attempts by detainees, including one that left a man with serious brain damage.

The mission commander, Army Maj. Gen. Geoffrey Miller, also said he has recommended some detainees be freed, but he would not say how many.

"The decision on transferring these enemy combatants back to their home countries will be made by the highest levels of our government," Miller said Thursday. "They may be there for weeks or months.

"The psychiatric wing of about 35 cells will open this month with a staff of psychiatrists, psychologists and nurses," Miller said in an interview with The Associated Press.

Miller denied the unit is being opened solely in response to suicide attempts, saying it is part of planned improvements in health care.

Everest base camp to get Internet café

KATMANDU, Nepal — It could be the most challenging Internet café project going. Fifty years after two men conquered Mount Everest, a native Sherpa is determined to set up a cybercafe at the 17,400-foot-high base camp of the world's highest mountain.

Besides freezing temperatures and storms, there is no electricity or plumbing at the site. There aren't any permanent buildings, either.

"The Internet café I am planning will be in a temporary shed built with stone walls and covered with a tarp," said entrepreneur Tsering Gyalzen, whose grandfather was one of more than 100 Sherpas who carried equipment and supplies in the 1953 expedition.

Gyalzen said he is forced to build a temporary structure because the base camp sits on a glacier that moves a few inches a day.

The café will open only during the spring and fall, when hundreds of mountaineers come to climb Everest and surrounding mountains in the Khumbu region.

"If we have Internet access on the base camp it would be easy to call for helicopters to airlift injured or sick mountaineers and also check on weather forecasts," said Ang Tshering, who operates a trekking business.

Briefs compiled from The Associated Press wire service by Mustang Daily managing editor Mala Spencer.

CAL POLY SCIENCE MAJORS

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We'll take finals week any time of the year. We know, you're probably thinking, "What the hell are these (insert expletive here) talking about? (Insert expletive here) finals?" Look at it this way though. You're only in class for maybe three, four hours a day: top-of-the-class people fall into the category of those who spend more than this on exams, you are an engineer, and you can't complain -- you know what you were getting yourself into. For the rest of us it is all about sleeping in, no parking problems and, most importantly, the least amount of class the whole quarter. Finals week is in, a word, beautiful.

It's this whole "dead week" thing that really kills us. Isn't dead week supposed to be dead? And by "dead," that means no new material -- strictly is all a bunch of stuff sleeping in, no parking problems and, most importantly, the dents, giving us ample time to learn the 10 weeks of material that we slept through. Now, we still have to go to class for one extra week and pretend to learn what should be taught over a semester-length course, blah blah blah. But why do we come to a school that is on the quarter system -- so that we can come to class unprepared, ready to embark on mindless tangents that actually entertain the class. It is perfect.

Steve Hill and Chrissy Roth are journalism juniors and Mustang Daily columnists who spend much too much time at the Ouija board. Cross over to their column this way though. You're only in class for maybe three, four hours a day: top-of-the-class people fall into the category of those who spend more than this on exams, you are an engineer, and you can't complain -- you know what you were getting yourself into. For the rest of us it is all about sleeping in, no parking problems and, most importantly, the dents, giving us ample time to learn the 10 weeks of material that we slept through. Now, we still have to go to class for one extra week and pretend to learn what should be taught over a semester-length course, blah blah blah. But why do we come to a school that is on the quarter system -- so that we can come to class unprepared, ready to embark on mindless tangents that actually entertain the class. It is perfect.
God's a she, and she has an extreme lack of tan because she's been vitally important to the... [Text continues]

Safal Khan is a freelance architecture editor.

More letters to the editor

Editor, Commentaries and cartoons do not Within the past two months, a major... [Text continues]

Susan Piekarski is an editorial writer at the... [Text continues]

Marc Blackwood is an aerospace engineer.
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- Charlene Petersen

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Baseball

continued from page 8

were infield singles by Herbert and Mustang Daily

For more info, call 595-5425.

BASEBALL

continued from page 8

team's younger members.

"He doesn't miss practice and he doesn't want to miss practice," Anveda said. During the team's sprinting and distance training, Moreno's speed and endurance impress both the coaching staff and the wrestlers, he said.

"When he's in the room he trains hard," said Brett Schumann, a business senior and fellow Cal Poly wrestler. "Vic makes everyone else want to train harder."

While Moreno is fiercely driven on the mat, he is surprisingly easygoing, Schumann said. "Most people need a break," Anveda said. "I don't think Vic has taken many breaks."

"I never thought I'd wrestle, I thought I'd run...As a wrestler, you go through so many ups and downs. If you can make it through wrestling, you can make it through anything," Vic Moreno

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Classifieds

756-1143
Cal Poly’s Vic Moreno

‘A little over the edge’

The Mustangs’ smallest wrestler is also most intense competitor on the mat

By Genevieve Russell ASSISTANT WRESTLING COACH

Vic Moreno is driven. While he doesn’t know exactly what fuels his tenacious ambition, his wrestling career proves that dedication will invariably foster success.

As a transfer student from Cal State Bakersfield, Moreno is a new member of Cal Poly’s wrestling team whose dogged willpower has already garnered considerable respect from his coaches and fellow wrestlers.

At 5 feet 3 inches tall and 125 pounds, Moreno is the smallest wrestler on the team. However, his size by no means reflects his capabilities. After placing third in his weight class at the Pac-10 Championships in Idaho, Moreno is poised to qualify as an All-American.

“He has an amazing work ethic,” assistant coach John Azevedo said. “He wrestles hard, runs hard and lifts hard.”

John Azevedo assistant wrestling coach

Moreno, a kinesiology junior, admires wrestling’s never been his sole passion. At Escalon High School in his hometown of Stockton, he devoted his energy to cross-country and track. Moreno later became the first person in section history to win three individual section titles in the same year in those three disciplines.

“I never thought I’d wrestle. I thought I’d run.” Moreno said. “I didn’t take wrestling seriously until my senior year of high school.” During his senior year, Moreno shifted his concentration from running to wrestling.

“I loved running, but I’d been doing it too long,” he said. “My heart wasn’t in it. I needed to try something new.”

Regardless of his focus, Moreno developed an intense work ethic that he has continued to cultivate. Moreno diligently trains in pursuit of his ultimate goal. To win his weight class at the NCAA Division I Championships later this month.

He recognizes that his desire to maximize his ability often borders on obsession.

“I don’t know where it comes from. I just have a drive to be the best I can be,” he said.

For Moreno, the fluctuations he experiences as a wrestler mimic those he encounters everyday.

“As a wrestler, you go through so many ups and downs,” he said. “If you can make it through wrestling, you can make it through anything.”

Living in San Luis Obispo and wrestling for Cal Poly have been a welcomed change for Moreno. In addition to the expertise of the coaches involved, Moreno values the camaraderie among the team. He anticipates the next few years but is keenly aware of the hard work awaiting him.

“Everyone works hard,” Azevedo said. “Vic is a little over the edge.”

As a coach, he appreciates Moreno’s intensity, which sets a sterling example for the see MORENO, page 7

Cal Poly Baseball

Bats coming to life for Mustangs

By the numbers

Cal Poly point guard Jason Allen had made a three-pointer in 19 consecutive games through last week. His 53 three-pointers lead the team.

Junior centerfielder Sam Herbert had a 3-6-6 day at the plate, including a double and triple, driving in one run and scoring three times. Senior shortstop Scott Anderson was 4-for-5 with a double and three RBIs.

Also contributing at the plate were infielder Josh Morris with a single and double for two RBIs and catcher Cory Taluon with two singles and an RBI.

Freshman left-hander Garrett Olen, pitching about three miles from his alma mater (Buchanan High School in Clovis), allowed three runs and seven hits in 3 2/3 innings. Junior right-hander Matt Powers, the second of four Mustang pitchers in the game, improved to 2-1 with 3 1/3 scoreless innings, allowing one hit, no walks and three strikeouts.

Cal Poly’s four pitchers did not allow a walk and struck out eight Beefalo. Fresno State’s six pitchers, on the other hand, surrendered nine walks.

Cal Poly out hit Fresno State, 16-10. The nine-run second-inning rally was the biggest of the year as the Mustangs sent 12 batters to the plate. Besides Beem’s home run to right, other key hits see BASEBALL, page 7

SCORES

BASEBALL

fresno state

men’s lacrosse

simon frasier

men’s lacrosse

oregon

ucal

women’s lacrosse

ucal

nevada

SCHEDULE

ncaa finals

San Francisco

Fresno State

FILE PHOTO/MUSTANG DAILY

Vic Moreno finished third in the Pac-10 championship last week. He’s ranked No. 9 in the nation.

STATS

By the numbers

19

Cal Poly point guard Jason Allen had made a three-pointer in 19 consecutive games through last week. His 53 three-pointers lead the team.

10

Cal Poly second baseman Adam Leavitt has stolen ten bases in ten attempts this year.

TRIVIA

Which real-life NBA player takes Jesus Shuttlesworth on a tour of a college campus in “He Got Game”?

Submit answers to iljackso@calpoly.edu

Two of Walter Payton’s records were broken last year. One was the rushing record. What was the other?

All-time yards, Jerry Rice

Congratulations Emily Schwartz, Kristen Fraise and Lindsey Harter!

Sports editor Jacob Jackson can be reached at 756-1796 or Iljackso@calpoly.edu.