**Seinfeld-esque comedian comes to Poly**

By Chrissy Roth  
**MUSTANG DAILY STAFF WRITER**

If laughter is considered the best medicine, Cal Poly students will receive a large dose Tuesday.

Nationally renowned comedian Mitch Helberg will perform in Chumash Auditorium at 8 p.m. The Associated Students Inc. event is free to all students.

The veteran comedian has performed numerous times on "The Late Show with David Letterman" and is considered one of the program's favorite comedic guests. He has also appeared on "Craig Kilborn," MTV's "That '70s Show," Comedy Central's "Ed" and "Almost Famous."

ASI Events decided a comedy show would be a great way to fill a comedic void in the community.

"There's not a place in this county to see stand-up comedy," said program director Amie Moberg. "We wanted to fill the need we have in this area."

Known for his routines filled with dry one-liners, Helberg's shows are nothing out of the ordinary. With his dark brown hair nearly brushing his shoulders, Helberg stands center stage, reciting his material as he focuses on the ground.

By Sara Howell  
**MUSTANG DAILY STAFF WRITER**

Many students have noticed they are not catching enough Zs, according to a recent survey. The Mustang Daily staff wanted to find out why students are not getting enough sleep.

A survey conducted by the National Sleep Foundation revealed that 62 percent of adults between the ages of 18 and 29 get fewer hours of sleep on weekdays than any other age group.

A survey conducted by the American Association of Sleep Medicine, recommended eight hours of sleep for all age groups to promote optimal performance.

On average, college students lose sleep, but during study periods, senior Alex Taylor said they still give up sleep.

"When you compare the benefits of getting some sleep rather than pulling an all-nighter, there is some research that shows that if you learn something and that's followed by a period of REM (Rapid Eye Movement) sleep, your recall of that material will be better the next morning," Taylor said.

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**Braving the elements**

By William Reitz  
**MUSTANG DAILY STAFF WRITER**

For decades Bonnie Raitt has been active in the movement to stop production, transportation and storage of nuclear waste. Now, she brings her support to some San Luis Obispo residents in their effort to contest a proposal by Pacific Gas & Electric to store 140 casks of high-level radioactive waste at the Diablo Canyon facility.

Raitt donated 60 special benefit tickets to her Nov. 18 show at the Cal Poly Performing Arts Center to the Environmental Center of San Luis Obispo (ECOSLO) and Mothers for Peace. The donation was made to help fund their campaign against PG&E.

The tax-deductible Gold Circle tickets, which include some of the best seats in the house and a private reception with Raitt after the show, are available from ECOSLO for $200. Silver Circle tickets are available for $100.

Several of the tickets will be saved and raffled off at $15 per ticket for those who cannot afford the regular prices.

"Funds from this concert are going to ensure continuance of this campaign," helping to provide expert witness testimonial and other legal expenses," said Sandra Sarrouf, ECOSLO environmental health projects coordinator. "We are trying to protect (San Luis Obispo) residents, many of whom live within miles of Diablo Canyon or along the proposed transportation route."

In December 2001, PG&E asked the Nuclear Regulatory Commission's permission to develop a dry storage facility at the Diablo Canyon power plant. Currently, the plant uses two specially designed pools, which are expected to fill by 2006.

If the NRC approves the dry storage, PG&E plans to have the facility constructed and operational by 2005. According to PG&E's Web site, the licensing process will take about two years, which will afford ample opportunity for public input along the way.

The Diablo Canyon legal intervenors have requested that the NRC hold full hearings to address three issues.

One of the issues is in-depth defense from terrorism, acts of malice and insanity at the storage site, proposed to hold over 4,450 high-radioactive spent fuel assemblies above ground. The intervenors also asked the NRC to address the funding to build, operate, transfer, store, maintain and secure high-level radioactive waste.

Lastly, they will address the seismic design for the facility.

In any advocacy endeavor, awareness is the key, said Pamela Heatherington, executive director of ECOSLO.

Heatherington said she was unable to see only three of approximately 175 audience members raised their hands when asked if anyone knew there was a nuclear power plant within miles when she was a guest speaker at Cal Poly's Earth Day observances.

The public is welcome to join ECOSLO when the group unveils its new office building at an open house Nov. 14 from 5 to 7 p.m.

For information or to order tickets for Bonnie Raitt, call ECOSLO at 544-1777.
News

Greekfs put on day for mentally disabled kids

By Kelly Foster
MUSTANG DAILY STAFF WRITER

Sigma Nu fraternity and Kappa Alpha Theta sorority are having a party next Friday — complete with food, drinks and police.

No, the police will not be there to end the fun, but instead to add to it. "A Day for the Kids" will be held at the Sigma Nu house from 10 a.m. to 1:30 p.m. to benefit mentally disabled children at C.L. Smith Elementary School.

"Weather permitting, I think they will have a lot of fun," said agbusiness senior Rory Cornell, philanthropy community service chairman for Sigma Nu.

The event began last year, and it included a bounce house, face painting, a fishing booth, jewelry making and football.

"They really had a lot of fun last year," Cornell said. "We didn't change much this year."

The police and fire departments, which coordinated the event, will be there to give a demonstration to the children.

"Last year, the kids could sit inside the fire truck and they turned on the sirens," said recreation administration senior Toren Bentson, Kappa Alpha Theta service chairwoman. "They really got excited just because they got to sit in the truck."

Along with the police and the fire departments, the humane society may also make an appearance at the event with dogs and cats for the children to play with, Cornell said.

Kappa Alpha Theta is in charge of arts and crafts for the day, and there will be a total of 34 people from C.L. Smith Elementary School at the event.

Two of the classes from the school are district classes with mild to moderate disabilities; one is first-through-sixth graders and the other is fourth-through-sixth graders.

The other group is a county class with moderate to severe disabilities, said Greg Kramer, the fourth-to-sixth grade special education teacher.

"The kids had a blast last year," Kramer said. "I think the fraternity and sorority members got just as much out of it as the kids."

Bentson said each of the children will be paired up with a Greek member who will then take them around to the different stations.

"We will be there to play games with them and supervise them while they have fun," Bentson said. "Almost all of the girls are volunteering that day."

SLEEP
continued from page 1

quality sleep.

"To fall asleep faster, do not have a big meal before bed, make sure you are relaxed (and) avoid strenuous activity before bed," said Margaret Shook, a registered dietitian and nutrition specialist with CP Health Systems, Inc.

"There is a chemical in the milk that is associated with sleep."

"I wouldn't suggest artificially trying to create more periods of REM sleep," Hawthorne said. "And don't drink before you go to bed. You will have fitful, frequently interrupted sleep, even if you fall asleep faster."

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SLEEP
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quality sleep.

"To fall asleep faster, do not have a big meal before bed, make sure you are relaxed (and) avoid strenuous activity before bed," Hawthorne said. "Warm milk is helpful because there is a chemical in the milk that is a precursor to serotonin, which is associated with sleep."

If a student is having trouble sleeping, sleep aids are not recommended.

"I wouldn't suggest artificially trying to create more periods of REM sleep," Hawthorne said. "And don't drink before you go to bed. You will have fitful, frequently interrupted sleep, even if you fall asleep faster."
By Morgan Rege

Washington Post

WASHINGTON — Even a single drink of alcohol is enough to impair someone's judgment, ability to reason and ability to detect errors, according to a study that electronically monitored brain waves in volunteers who downed beer.

The volunteers then focused on a screen that contained a grid of squares within squares, each containing a letter. In a computer test that required quick thinking and intricate reasoning, changes in brain activity were quickly detected even after a single drink, leading the researchers to conclude that alcohol, even in "modest doses," was enough to make the mind's ability to think clearly and accurately assume a "much more primitive state," said Michael Breiter, who led the study.

The dosage was based on the weight of the test subject. For instance, a 180-pound drinker would receive about 1 ounce of alcohol, and so on. Consequently, participants had to avoid alcohol the day before and for 12 hours of the test, an expert in alcohol research.

The alcohol was administered using orange juice spiked with vodka containing a low concentration of alcohol.

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Writer experiences the scenic park on two wheels instead of four

By Diana Krutop

The California coast is best experienced on a bicycle — seeing it from the inside of a motor vehicle while speeding along at 65 mph hardly does justice to the tremendous amount of unaltered beauty.

I am taking part in Dan's Extremely Arduous Tough Hilly Ride, also known as the D.E.A.T.H. Ride. The Cal Poly Wheelmen Cycling Team hosts this annual 107-mile tour of the coast, running from Big Sur to San Luis Obispo.

Saturday, we spend the night at Pfeiffer Big Sur State Park. Our campsite is surrounded by pine trees and situated next to a river. I drift off to a peaceful night's rest while listening to the rustling of the wind through branches and the lapping of water against the river's shore.

6 a.m.: Rise and shine. The weather is absolutely perfect. The sun's rays peer through the tops of the trees and I am surprised to feel how mild the temperature is. Climbing into the bigger cold chill, but it is turning out to be a rather warm morning. We are off to a good start.

Mile 1: Jumpstart. If I wasn't awake before I left the campsite, I am now. As soon as I make a left onto U.S. Highway I, I am greeted by an unleathering hill. Back and forth the road keeps twisting and turning, and in its steepness doesn't seem to subside. After what seems like an eternity, I finally crest the top of the hill. That's three miles down and 104 to go.

Mile 23: Life is beautiful. The first 50 miles of the ride are amazing. South Highway 1 is one huge roller coaster, with its quick series of grueling climbs and screaming-fast descents. Five miles down the road, I have already forgotten that I share the road with multi-ton vehicles. I am thoroughly relishing the speed, curves and incredible scenery the coast has to offer.

Along the route, our group stops at a vista point off to the side of the road; the highway has several turnouts for passers-by to stop and admire the view. At this particular point, we can see the Pacific, a bright blue-green ocean that transforms into a bright aqua blue when it nears the shoreline. As a waterfall crashes onto the sand, I think of how fortunate I am to experience this magnificent part of California that is completely preserved and unscathed by anything unnatural.

Mile 50: Lunch Break. Ragged Point is the halfway mark of our trip. A quaint hotel and restaurant sit atop one of the most picturesque locations on the Central Coast. We stop to snack on hamburgers and french fries while sitting on the outdoor lawn. It is a great stopping place, especially since the last 10 miles have been extremely steep inclines proceeded by 30 to 40-mile descents.

When we start up again, I find that the next 30 miles are more or less flat. With the wind at our backs, we zip past elephant seals lounging near the highway, Hearst Castle, Cambria and into Cayucos.

Mile 80: So close, yet so far away. The last 20 miles are rough. The wind has switched directions and it isn't helpful, my legs are tired and I can't stop thinking about food. Needless to say, I am elated when I see the San Luis Obispo city limits sign.

Mile 107: Home sweet home. Eight hours later, we are finally riding into familiar territory. A feeling of relief sweeps over me. I've never attempted to ride such a distance, and I wasn't sure how long I would last. Though I am currently experiencing severe soreness in my shudders and legs, I accomplished a goal.

Tips for cycling through Big Sur

1. Always wear a helmet.
2. Bring lots of food and water as places to stop are few and expensive.
3. Carry identification information, extra cash and a cell phone just to be safe.
4. Camera and journal.
5. Pace yourself and enjoy the ride.
6. coax a friend into following you by car stocked with lots of comforts.

Arts & Culture

Places

D.E.A.T.H. ride through Big Sur offers new take on life

Diana Krutop/Mustang Daily

Alumna Holly Phipps (left) and psychology senior Joanna Jones take a lunch break after 50 miles of riding.

Linnaea's serves up lottsas lattes and local music

By Stephen Harvey

For almost 20 years, Linnaea's Cafe has provided a peaceful place to study, drink coffee and, on the weekends, listen to some alternatons to typical bar fare.

"One of the reasons we opened was to create a venue for poets and singer-songwriters," Linnaea's Manager Marianne Orme said.

Linnaea's Phillips founded Linnaea's Cafe in 1984 as a classic 1950's-style coffeehouse complete with beatniks, espresso and folk performers such as Jean Ritchie, Rosalie Sorrells and Utah Phillips. Phillips is still the owner, but the focus of the cafe has changed a little; the current costumers are mainly college students and the music now reflects the tastes of the younger generation.

Singer-songwriters passing through town or local artists still provide most of the music and, because Linnaea's is a coffeehouse, they don't plan on having big bands play any time soon.

"If you want a rock group, you can go across the street to SLO Brew," said Robert Thomas, book-

ing manager at Linnaea's.

Recent artists have included Toni Land, a Portland-based musician who was passing through San Luis Obispo and Passenger Messenger and Beau Wammack, who played Linnaea's in October.

While the artists don't get paid much to perform at Linnaea's, the coffeehouse's reputation is what draws them to play while in San Luis Obispo, Orme said.

Although no musicians have contacted Thomas recently, he said he expects January will be booked advance, Thomas said, but there are other opportunities for enter-

tainment besides Friday and Saturday evenings. Use of the dance stage is not an opportunity for local artists to showcase their own talents. There is also featured an artist each month that has his or her work on display inside the cafe.

The art ranges from paintings to original poems to sketches.

Between Cal Poly's spring and fall quarters, Linnaea's also increases the number of artists playing because there are fewer students using the cafe to study.

"I will book more (gigs) during the summer," Thomas said.

Linnaea's is located at 1110 Garden St., across from SLO Brew. The cafe is open daily from 7 a.m. to midnight. For a list of each month's performers, visit www.linnaeas.com.
**Lights shine on Incubus as a whole**

*By Carrie McGourty*  
*MUSTANG DAILY CONTRIBUTOR*

As Incubus took control of the stage at its tour-opening performance at the California Mid-State Fair, there was no indication that the band suffered anything less than success. Throughout the last 13 years, the group has replaced a member, produced five albums, toured nationally and has gained a place in the music industry. Despite its nugget trek to musical stability, the band is finally finding its ground, becoming respected on all fields in music and, most importantly, staying together as a group. Their talent and professionalism were displayed that night at the concert last August. The audience had a vibrant connection to their music and was adored with appreciation for the band.

As they performed "Wish you were here," young couples swayed and sang the lyrics to each other and a field of lighters illuminated the band on stage. As an upbeat song would swarm over the masses, the atmosphere became heated with excitement.

"I've never seen them this awesome," screamed an enthusiastic fan.

Although the spotlight was lit on the vocalist Brandon Boyd, the whole stage was evenly lit. The band was united, pulsing to the same beat. This aspect makes Incubus so awesome to view live, mainly because the viewer doesn't have to worry that the ego of the vocalist will dominate the whole band.

Half-way through their performance, Boyd ripped his shirt off and showed off his amazing abs (which are in competition with Britney's as far as media attention, much to his "annoyance"). But even Boyd's beautiful body can't drive away the attention from the rest of the group. Their unity is a common theme throughout the band's history.

Incubus formed in 1991 when high school buddies Mike Einziger (guitar), Alex Katunich (bass), Joe Pasillas (drums) and Brandon Boyd (vocals) decided to take advantage of their musical talent and get out their teenage angst. They named their band Incubus after an evil spirit that has sex with women while they sleep, an indication of their teenage male sexual frustration.

They rapidly gained interest and attention from local club gigs and were on the road to a professional career. United by childhood friendships, their music was driven by more than the possibility of record deals.

They put out their first album "Fungus Amongus" in 1995. Immortal Records picked them up and distributed their second album "S.C.I.E.N.C.E." in 1996.

In 1998 they joined the Family Values Tour and found DJ Kilmore, who added to the band's palette by mixing up their hard rock with pop sounds. This addition made existing hard rock fans stay and increased their fan base to the mainstream. They didn't receive mainstream attention until they switched their label to Epic and then produced their 1999 release of "Make Yourself," an eclectic record that is mostly noted for its diversity in direction, which displays their creative freedom.

"Most of our evolutions as a band has been very natural," Boyd said in an MTV interview in 2003.

In 2000, Incubus nabbed a spot on the Ozzfest tour, where they were able to showcase their talent for die-hard rock and roll fans, further increasing their fan base. Immortal Records released an album recorded in their earlier days, "Enjoy Incubus" in 2001, but their newest album has gained much more attention. They retreated to Malibu while recording their most recent album, "Morning View," so-named after their Southern California beach surroundings. Critics have deemed the album "generic rock," but fans still linger to their music without any hesitation.

Incubus has survived the music industry's infamous era of whiny boy bands and is finding its place in the new times. Their heavy guitar distortion maintains the integrity of true rock, but they also venture off into many other styles. Using the bare essentials of vocals, drums, bass and guitar, they overcome dull moments with DJ tables, making their band even more unique.

Despite their growing fame, Incubus maintains a modest self-image. They are seemingly the boys next door jamming in their garage, but the neighbors don't seem to mind. They've found their place in the neighborhood.

This week Incubus will be hitting up the Midwest and will work its way back to California for its final performance in Irvine by the end of this month. They will have played 37 shows through the end of October and recently re-released their album, "Morning View."

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**Iranian filmmaker's masterpiece on DVD**

"Taste of Cherry" is a fascinating examination of morality and ethics from Iranian film giant Abbas Kiarostami.

The film opens with the despondent Mr. Badii driving through Tehran, trying to find the right man for a very strange task. Mr. Badii wishes to either kill himself or find a reason to live, but he cannot decide or complete the job alone. It's a truly compelling journey through one man's struggle with despair and philosophical conflict.

Actor Homayoun Ershadi executes a nuanced performance as the protagonist Mr. Badii. Ershadi employs a natural acting delivery, using finite expressions and movements to display his emotions and entice the viewer. Although the camera spends almost an hour and a half in the car with Mr. Badii, Ershadi's performance remains captivating. The supporting actors follow Ershadi's lead, conveying emotions naturally without pushing.

Director Abbas Kiarostami uses gorgeous cinematography to delicately frame this film. Some of the most breathtaking moments in the film occur during simple shots of the sun and dust in the Iranian desert, making "Taste of Cherry" a beautiful visual statement. "Taste of Cherry" represents a rare example of a film that avoids cliches and tells a truly interesting story. Check out the Criterion Collection DVD for an interview with Kiarostami on his filmmaking career and Iran's film industry.

-Colin Westerfield, Insomniac U.
A long as there is unemployment in the United States, immigration should be limited. In theory, it would be nice to believe that because our immigrant forefathers built this country, the people who wish to immigrate should be welcome to do so. However, you can only cram so many people in before they start spilling out the sides.

It is time for the lax system of immigration to change. Before any more immigrants are allowed to become citizens, the doors to the United States should close until unemployment goes down.

By locking the doors and hiding the key for the time being, those who are already within the borders could fill positions that would be given to immigrants because there would be no new immigrants to fill them. Wages might even go up because there would be a growing demand for workers since the population pool would no longer be growing at the same rate.

Once unemployment is at the bare minimum, the United States can find the hidden key and open the doors — but only to those immigrants with much more stringent qualifications.

There is no need to bring in additional people without any skills. We already have enough of them. So when the doors open, let the people in who can contribute to society.

This sounds harsh, and if there was a way to let everyone in and maintain a healthy economy, then that is what I would propose. However, that cannot realistically happen. There is no such thing as a free lunch.

According to the U.S. Immigration Services Web site, there are only a few requirements for becoming a U.S. citizen. To gain citizenship, any immigrant must have the following:

• A period of continuous residence and physical presence in the United States.
• An ability to read, write and speak English.
• Good moral character.
• Attachment to the principles of the U.S. Constitution.
• Favorable disposition toward the United States.

This list is too vague. There is no way to prove that someone has "good moral character" and an "attachment to the principles of the U.S. Constitution." Many native-born citizens do not even know what it means to have a "favorable disposition toward the United States."

The list should include more objective requirements such as family size because, after someone gains citizenship, one can petition for green cards for his or her children and close relatives. If the list were to include family size, then the number of immigrants coming in after the initial person gains citizenship could be limited.

An alternative would be to simply limit the number of people who can gain citizenship from one country.

Even with a small number of people being allowed into the country, problems will persist. Illegal immigration will still be a dilemma, but that is an entirely different issue. One term of legal immigration, the only way to limit the numbers is to create higher standards and more articulate guidelines for citizenship.

We should close the doors for a while and see things improve from within. At a time of international insecurity, closing the doors would only improve the U.S. economy.

Kelly Foster is a journalism junior and Mustang Daily staff writer.

Opinion

Television shows shouldn’t be guides for the real world

(UWIRE) ARLINGTON, Texas – Being affiliated with a severe case of co-ed insomnia — a common condition that causes college students with early morning classes to stay up all hours of the night for absolutely no reason — I have a chance to review a few reality shows on late-night television. In particular, the block of “reality” dating shows that almost continuously inhabit the WB network from midnight to dawn. This front page portrayal of the dating scene is about as accurate as a cross-eyed archer.

Dating, like U.S. foreign policy, is a complicated notion that few understand and endure. Going through the whole “dating process” can be one of the most embarrassing, confusing and depressing experiences in a person’s life.

And sensing this, the creative forces at the Warner Bros. Network (who brought us such television masterpieces as “Off Centre” and “Felicity”) decided to build a show based on those real-life awkward moments with real people, repackage them in a game-show format and place them on television for public consumption. But somewhere along the lines, their concept of reality became warped.

Rather than showing “real” looking people, these dating shows feature people so attractive they must have been genetically engineered. From Calvin Klein-lei model uomo with strong jaw, high cheek bones and feminine haircuts, to tan, voluptuous women with exotic-sounding names like Shane and Taipu, the “realness” of those shows simply became surrealness.

To make matters worse, on these “dates” the people are constantly having a good time. They are continuously laughing and giggling to the point that a normal person would go insane. First dates are not that enjoyable. In the real world, a first date is like going into court on a murder charge. A person has to wear his or her best clothes and is extremely nervous because someone they barely know sits in judgment — a person that after the ordeal is over neither party is led away in handcuffs.

Now, a discussion on first dates would not be complete without discussing first date’s evil, fraternal twin — the blind date. Now, a good rule of thumb is not to partake in an activity that derives more than half of its name from a physical disability. But, seeing they could make at least a dollar off the idea, one of the WB’s staple dating shows is called “Blind Date.”

Letters to the editor

Aren’t most crimes committed out of hate?

Editor,

I’m writing in response to Christy Roth’s article about Hate Crimes (“Hate crime laws protect the under-represented,” Nov. 6). I’m not necessarily against hate crime legislation, I just believe that if our judicial system were strict and moral then there would be no need for the extra legislation. How often has it been reported that someone was recently arrested for a crime they should have been in jail for? Instead, the weak judicial system of the United States lets the men or women free without fulfilling their obligation to society.

How many lives would have been saved (physically and emotionally) if all murderers, rapists and molesters served the entire sentence that was handed to them? Many San Luis Obispo locals know that Rex Krebs was released early from his 20-year sentence only to brutal­ly take the lives of two young women. As hate crimes are concerned, isn’t the most common hate crimes hate crimes? The kids of Columbine killed jocks because they got to them. When a gang member and another rival gang member, is it not out of hate? Hate breeds violence. The real solution is to stop treating our judicial system as a shrimp and rehabilitation center, and start treating it like it was supposed to be, as a system of jus­tice. It shouldn’t be a judge’s job to figure out why someone is crazy or hateful; it is his or her job to protect the many law­abiding citizens of this country.

Greg Maita is an industrial engineering senior.

Now, a good rule of thumb is not to partake in an activity that derives more than half of its name from a physical disability.

As the name implies, strangers are paired up and sent on dates without ever having seen each other. Of the dating shows, “Blind Date” is the most realistic because it doesn’t focus entirely on the outer beauty of the time, the people involved do not like each other. But, like most reality shows, it has its moments of unbelievability.

For example, the last show I watched had a nice looking brood who got stoned on a blind date with Obsession. Now, for those not up on the current pornorama, Obsession is like the J-Lo of the Black Adult film industry. On the date, she took him to a strip club, danced for him with the other girls and everything. At the end of the date this man had the audacity to say he didn’t want a second date.

To this day, I still wonder what he was thinking. Being set up on a blind date and getting an A-list porn star is like playing the dating lotto and hitting the pick-69, and this fool did not want to collect his winnings. Needless to say, after this episode, “Blind Date” lost a lot of its sense of reality.

All the preceding rhetoric was written with one specific goal in mind, and that is to remind everyone watching these dating shows — and there are a lot of people who do — that there is noth­ing “real” about those reality shows, and in no way should those shows be used as a gauge in assessing one’s own dating life.

Finding someone who is worthy to spend time with is a hard, grueling process, and dating shows do not make that fact apparent.

If a person’s dating prospects are not meeting with the likes of people they see on these types of shows, do not give it a second thought because all who don’t appear on television are dealing in the real world.

And as we all know, no matter how much a television show is billed as reality television, it is still just television.
Rickshaw pullers get workout and cash at same time

By Rachelle Ackley

Classifieds 756-1143

News
Friday, November 8, 2002 7

By Rachelle Ackley

The scene is familiar on Friday and Saturday nights. Students stumbling out of the bars are faced with the question of getting home. Instead of waiting for a taxi that may never come or walking, an often-overlooked option is jumping onto a rickshaw pulled by Cal Poly students.

SLO Rickshaws was in business six years ago, said mechanical engineering junior Bryan Hilderbrand. His past roommate ran one of the rickshaws, but when he moved away the rickshaws stopped running and disappeared from downtown.

After Hilderbrand discovered the rickshaws collecting dust in a friend's backyard, he and other run­ners decided to fix them up and put SLO Rickshaws back in business.

They replaced the tires, painted the frames and sewed the cushions. By February of this year, three of the five rickshaws were up and running, until the police shut them down two months into it.

"It's hard on the body," Hilderbrand said. "We trained up to February." They were in pretty good shape and then we got shut down." Bryan Hilderbrand mechanical engineering junior

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Hilderbrand's routines start off like those of Jerry Seinfeld; he offers a random idea that most people wouldn't normally think of. But, instead of tying many ideas together, his jokes have no stream of consciousness. He recalls one random thought after another, often with­out any transitions.

"He's so funny, but not in any conventional sort of way," said Kelly Nichols, graphic communica­tion senior.

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They can be seen entertaining the crowds outside the bars as they do tricks like pop-wheelies down the street. "It's cool, because people are sup­portive and those getting pulled are having a good time," said agriculture mechanical engineer­ing senior, Kelly Nichols.

"It's just fun; we get a tip and everyone who rides feels happy." Typical runs work for SLO Rickshaws and can be spotted running all around the downtown area on Thursday, Friday and Saturday nights. They attend Farmers Market on Thursday evenings and wait for customers in front of Bull's, Mother's and SLO Brewery begin­ning at about 11 p.m.

Since June, six licensed rick­shaw runners work for SLO Rickshaws and can be spotted running all around the downtown area on Thursday, Friday and Saturday nights. They attend Farmers Market on Thursday evenings and wait for customers in front of Bull's, Mother's and SLO Brewery begin­ning at about 11 p.m.

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Cal Poly Women's Basketball Preview

Shooting for excellence

► Experienced team hopes to improve on last year's fifth-place finish

By Heather Zwaduk

With a team full of versatile and experienced players, this year's women's basketball season is expected to be nothing but net.

"I'm excited and optimistic," Mimnaugh said. "We have the strongest team we've ever had because we have more depth and experience this year."

The eight returning players, who last year helped lead the team in fifth place in the Big West Conference, help bring that experience to the team. Joining these women will be seven freshmen players, each contributing their own talents gleaned from high school and community college teams.

Three returning players — juniors Heather Joanes, Lacy Tanneberg and sophomore Holly Richards — all bring experience to the forward position. Joanes was the team's No. 2 rebounder in the 2001-2002 season, with a 5.2 average. She started in 24 of the Mustangs' 28 games last year.

Tanneberg also carried a 5.2 rebound average, tied with Joanes. She was the No. 2 shooter with a 41.9 percentage from the floor and started in 10 out of the 28 games.

Richards started in two of the 28 games, with an average of 14.6 minutes per game.

Tanneberg said she is confident about the season.

"We have a big team and we're all athletic," she said. "We have a good attitude and we won't have a problem beating the team up and down the court."

Senior Kari Daperno brings great skill to the guard position. Daperno was recently selected to play on the first-ever Big West Preseason All-Conference team. Last season, Daperno started all 28 games and played 924 minutes, the most of any player on the team. She was the lead rebounder with a 5.3 average.

Mimnaugh said the team's three-point shooting ability is good, and that this will be a huge asset.

Sophomore guard Michelle Henke said she believes this will be one of the team's best years because of its skills.

"We've got a lot of experience coming back, good depth, good inside game and good guard play," Henke said.

Heading the center position will be junior Kate Valdes. Valdes averaged 3.7 points per game and 3.0 rebounds per game in the 24 games she played last season.

New to the team are the seven freshmen players: guard Anciero, Ulagaleles, forward Sarah Greve, guard Jennifer Dooley, guard Courtney Uphoff, center Holly Bantield, forward Emilie Allin Ravn and guard Kristen Brennan.

All women bring confidence to the team with impressive resumes. Dooley was a Los Angeles Times Player of the Year for Ventura County last season, with an average of 18.6 points, 5.8 rebounds and two steals per game.

Uphoff, a four-time first-team All-East Yosemite League player, was league MVP her last two seasons in high school and was team captain all four years.

In addition to changes in the team, the Mustangs will see changes to the coaching staff. Mimnaugh and assistant coach Amy Sandeloff, who have both been on staff for six years, will welcome two new assistant coaches.

Kristy Baker and Odessa Jenkins are both former players on the Cal Poly team, and Mimnaugh said both are already proving to be assets as assistant coaches.

"It's huge," Mimnaugh said. "They're such a stabilizing force for the team. They bring a familiarity to the program. Their enthusiasm is infectious."

Cal Poly Men's Soccer

Mustangs tie school record with 13th loss

► Albertalli's two saves not enough as team drops its fourth straight

By the numbers

3-1-0 in the Big West Conference. The Anteaters improve to 7-6-3 (2-2-2 Big West).

UC Irvine out-shot Cal Poly 9-7.

Cal Poly's David Siegfried took three shots.

Two Sean Miff goals helped UC Irvine defeat the Cal Poly men's soccer team 3-0 on Wednesday night at Mustang Stadium. The Mustangs are now 3-1-0 in the Big West Conference. The Anteaters improve to 7-6-3 (2-2-2 Big West).

The Anteaters limited the Mustangs to only one shot on goal in the first half.

UC Irvine took the lead when Miff scored off passes from Jason Thompson and Scott Bowman at 28:41.

The margin grew to two goals when Lerato Simelane scored off a Bowman pass at 33:10.

The Mustangs were able to put four shots on goal in the second half, but could not get past Anteater goalkeeper Ryan Mathy.

The Mustangs were led offensively by David Siegfried, who had three shots.

Miff scored his second goal of the game at 49:38, as he launched a lob shot from 40 yards out, which sailed over the head of a mispositioned Greg Blevins and into the net.

UC Irvine out-shot Cal Poly 9-7. Luke Albertalli made two saves to give the goal for the Mustangs before giving way to Blevins, who made no saves.

Mathy had five saves in the shutout effort.

The 13 losses by the Mustangs tie the school record set by the 2001 squad.

Cal Poly returns to action Friday, when it travels to UC Santa Barbara.

Cal Poly will host Cal State Northridge on Friday as well.

This is the first year the team has carried three assistant coaches.

Mimnaugh said the preseason gave the team a chance to get all the kinks worked out, and the team is ready for the real thing.

"We're looking forward to beating up on someone besides ourselves," Mimnaugh said.

Cal Poly Men's Soccer

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