Construction work began Monday on the Stenner Creek bridge section of Foothill Boulevard. The road closure caused traffic congestion on the other major arteries leading to Cal Poly. Foothill will be closed to through traffic until Friday night.

By Michelle Hatfield
MUSTANG DAILY NEWS EDITOR

Due to sagging concrete, the first day of winter quarter was hectic for many Cal Poly commuters.

The shifting bridge near campus on Foothill Boulevard caused the City of San Luis Obispo to shut down the heavily traveled road until late Friday night. Although driveway access remains open on Foothill, the road was closed to through traffic Monday at 7 a.m. for construction purposes, said Larry Telson of the Public Works Department.

"The culverts have rusted up and seated. That's why (Foothill) has been determined to be the most deficient bridge in the state (by Caltrans)." A culvert is a sewer or drain that crosses under a road or embankment. The road closure affects the 102-foot section of Foothill Boulevard that runs between California Boulevard and Santa Rosa Street. Foothill Boulevard will be closed so that temporary bridges can be put in place until more permanent bridges can be installed.

To help ease confusion for Cal Poly students, faculty and staff, Debi Anderson, Commuter Access Services coordinator, sent out a mass e-mail to inform everyone of the road closure. Anderson said the effort helped ease some confusion but that some students were still not aware of the bridge closure.

Installation of temporary bridges closes heavily traveled roadway on the first day of classes

 see FOOTHILL, page 2

Poly head leaves for a ‘NewSchool’

By Carrie McGourty
MUSTANG DAILY CONTRIBUTOR

After his six-and-a-half-year reign as head of the architecture department, Gilbert Cooke has taken a professional leave of absence from Cal Poly.

Cooke was offered the position of president and department head at NewSchool of Architecture and Design based in San Diego.

"At NewSchool, I will receive an enormous amount of professional outreach," Cooke said. "The growth of San Diego is on the brink of new construction. A professional relationship with a growing community is very tempting."

NewSchool has a student population of 180 and functions primarily as a night school while its students work at local firms during the day. It has been in existence since 1980 and is the nation’s only private, for-profit architecture school.

As of Jan. 1, Cooke became its president and department head.

Cooke requested a "leave of absence for professional development" in 2001 and finished his position as department head at the end of fall quarter.

Leaving Cal Poly at the end of 2001, Cooke has left a gap in leadership at the architecture department.

"I'll miss him," said Sharad Arre, a professor in the architecture department. "He got the faculty together, the students motivated. He was a good administrator as well as an educator. It is a great loss to the department."

Allen Cooper is currently serving as the interim department head. Cooper was previously the associate director for the department.

The future administration of the department is somewhat unknown. An unnamed source said the department is presently debating how the department head position will be filled. The debate centers on whether the department head

see COOKE, page 2

Raising the fallen towers

Architectural junior Brian Bosch stands with his model of what he thinks should replace the fallen World Trade Center towers. The design of the towers was part of an architectural design class taught by John Lange. The students’ models were displayed Thursday of finals week in December near the architecture building.

By Carrie McGourty
MUSTANG DAILY CONTRIBUTOR

Architecture

Raising the fallen towers
FOOTHILL
continued from page 1

inconveniences.
“It’s always an inconvenience
when one entrance to campus has
construction,” Anderson said. “The
biggest impact was around eight
o’clock, but traffic was still flowing
— but there was definitely an
impact.”
Tolson said it was a “necessary
inconvenience” and that time is not
on the city’s side.
Everyone involved tried to avoid
shutting down Foothill Boulevard
during the first week of classes, but
Anderson said it couldn’t be avoid­
ed because of a bridge delivery
delay.
Foothill Boulevard has been sag­
ging since March and has been
measured weekly since then, Tolson
said.
“The road has sunk and contin­
gues to drop,” he said.
According to measurements, the
culverts under the bridge have dis­
torted 10 to 20 percent, Tolson said.
Foothill runs over Stenner Creek
and needs temporary bridges
installed to keep the road safe for
pedestrians and vehicles. The road
will reopen with the two temporary
bridges — one for each direction of
traffic — Friday evening.
Installation of these temporary
bridges for vehicles involves assem­
bling the bridges and building ramps
that allow traffic to get on and off
each bridge, Tolson said.
Foothill Boulevard will shut
down again on Feb. 20 to set up a
temporary pedestrian and bicycle
bridge. The bridge will be installed
a month later because it’s being
manufactured in Alabama, Tolson
said.
Permanent bridges will be
installed in 2003. Tolson attributed
the long wait to environmental
safety concerns and the complex
permit process.
“The final repair involves a bar­
ger of permits that involves every
agency in the state,” he said. “The
permit process with waterways is
tremendous. We’re also not allowed
to do construction) in the rainy
season due to environmental rea­
sons. This isn’t something you can
design and fix overnight.”
The total cost of the temporary
bridges, which is being funded by
the city, is $460,000, Tolson said.

COOKE
continued from page 1

should be a rotating position or
whether the faculty should hire
someone new. Cooper will remain
its interim department head until a
decision is made.
Sources in the College of
Architecture and Environmental
Design have confirmed that the
dean of the college, Martin Harms,
will be resigning at the end of the
year as well. A replacement for
Harms is unknown.
“There are going to be many
changes in leadership for this
department,” Cooper said.
“However, I feel that it’s a great
opportunity for the college’s
future.”
Despite his leaving Cal Poly’s
architecture program, Cooke said
that he wants to come back and be
a teacher.
“I think this is the best school of
architecture in the world,” Cooke
said.
Students will miss the depart­
ment head as well. For many, Cooke
was as encouraging as he was caring
about their education.
“I only met him once, but he
made me realize that architecture
was what I wanted to do,” said
Kristen Powell, an architecture
freshman. “He was very supportive
of my endeavors. I think the stu­
dents will miss him.”
The permanent bridges are budget­
ed at $950,000 — $190,000 from
the state’s General Fund and
$760,000 in federal grant funds, he
said.
For more information, visit
www.slocity.org/publicworks.
By Bill Miller

WASHINGTON — The U.S. Postal Service has reached agreements with many of its major customers for new postal rates beginning June 30, three months earlier than projected, bringing a $5 billion infusion of money to the financially struggling agency.

The cost of a first-class stamp would rise from 34 cents to 37 cents in May as part of an overall package that boosts rates for direct-mail marketers, magazine publishers, nonprofits and others.

"If the parties can agree to this settlement and it works smoothly, it would be good for the mail and for the post office," said USPS spokesman Gary Kreikemeyer.

The Postal Service first presented the rate package to Congress on Sept. 11, at a meeting that convened just before the attacks on the World Trade Center and the Pentagon. But the process usually takes a year or more to complete, because the rate-setting panel in which the independent Postal Rate Commission elects testimony from customers and then makes its decision by the Vatican. The documents outlining the rules said that postal workers by proxy was a grave offense against the Church and that offending workers would stand a secret trial in ecclesiastical courts. If found guilty, the priests would be excommunicated from the Church and stripped of their priestly functions. Local bishops or heads of religious orders would be told not to come to the show and that no one else was injured. After open­

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Although the early rate increase appears to have been initiated by the agency in May, it subject to review by the commission and the board of governors. The commission then reviews the proposed rates, while the mail. The Postal Service suddenly faced a steep drop in mail volume and revenue and a more severe budget crunch than it already was struggling with. Postmaster General John Potter told a Senate panel in November that the agency projected $2 billion in losses this fiscal year, on top of $3 billion in losses from last year. The Postal Service had to pay for the increased costs of providing services by Mustang Daily contributor Anne Giulford.

By Bill Miller

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The skinny on soy

By Carole Sugarman
THE WASHINGTON POST

Our big difference between soy milk and dairy milk is the amount of calcium each naturally contains. While soybeans do have some calcium, it's not a whole lot, and Cornbam Sass, spokeswoman for the American Dietetic Association, and an soy milk drinker.

The early soy milks introduced in the United States were not fortified with calcium (or vitamins A and D) to approximate the nutrient content of dairy milk because they were never intended to be a substitute for regular milk. It was only after a more mainstream audience became interested that soy milk manufacturers began fortifying it. Still, many people continue to make an unfortified version.

Which should you buy? If you're replacing dairy milk with soy milk, she suggested, you'll want to add the same number of cups to your diet and plan to continue to consume lots of cheese, yogurt and regular milk, then it's not as crucial as a fortified product, she added.

Nonfat, low-fat and full-fat: Most full-fat soy milks have about the same amount of calcium and fat as 2 percent dairy milk. But unlike dairy milk, they have no cholesterol, and the fat is plant-based — "the healthy type," said Sass. It's not necessary to purchase fat-free or low-fat soy milk, she said. In addition, whole milk will often yield a soy milk (primarily by diluting it with water), the protein levels go down. And it's the protein that makes soybeans so beneficial in the first place. Dick Fenske, director of research and development at Sunrich, a Minnesota company, said it contains 60 milligrams of "naturally occurring" isolettes per serving, significantly higher than the 20- to 40-milligram range found in many other full-fat products.

Dietitian Sass, however, believes that it's not necessary to buy a soy milk that's high in calories and fat. "The consensus is that the amount of fat is not naturally helpful," she said.

Carbohydrate content: Most soy milks are sweetened with things such as organic cane sugar or barely malt to make them more drinkable. The type and amount of sweetener affect the flavor, as well as the carbohydrate content. Dairy milk, which contains naturally occurring sugar, comes in at between 12 and 15 grams of carbohydrates per serving. Some soy milks, particularly the lower calorie ones, can contain considerably more. Sass said her advice: "Just watch it."

Refrigerated versus aseptic: Most refrigerated and shelf-stable aseptic soy milks are processed practically identically, using ultra-high-temperature pasteurization, says Bill Finkle, director of research and development at Sanrich, a Minnesota company that makes soy milk ingredients. The difference between them is the way they are packaged, he said.

Isoflavone content: Isoflavones, a plant extract of soy found in soy milk, is believed by some to provide beneficial effects, particularly to women experiencing symptoms of menopause. Research indicates that the isoflavones themselves are not effective unless they bond with the protein, so isoflavone supplements are quite controversial. However, many soy manufacturers pledge the isoflavone content of their soy milk on their labels, even though it's unclear that more is better. Manufacturers say that there are wide variations in the isoflavone content that occurs in soybeans, and the labels reflect that.

The label of Vitam/Soy Creamy Original soy milk, for example, said it contained 60 milligrams of "naturally occurring" isoflavones per serving, significantly higher than the 20- to 40-milligram range found in many other full-fat products.

Dietitian Sass, however, believes that it's not necessary to buy a soy milk that's high in calories and fat. "The consensus is that the amount of fat is not naturally helpful," she said.

Protein levels: Just as there are notable differences between cooking with skin milk and higher for milks, soy milks vary in texture depending on this variable as well.

Uncooked soybeans contain 36 percent protein by weight. However, when they are cooked, the levels drop to 20 to 25 percent. "That leaves a lot of room for improvement," said Sass. She's trying to use it with recipes with high color ingredients. When it comes to making puffy cream with soy milk, for example, she usually does a chocolate-flavored version.

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Recipe of the Week
Mixed bean stew with bacon

1 pound dried black-eyed peas, soaked overnight in the refrigerator
3/4 pound large diced pumpkin
3 quarts chicken stock
4 slices bacon, sliced
1 white onion, small dice
1 red pepper, small dice
1 carrot, coarsely grated
2 cups fresh corn kernels
10 basil leaves

Salt and freshly ground black pepper
Paprika Oil, recipe follows

Heat up the oil and cook the garlic. Strain. Add paprika. Cool.

Yield: 4 servings
Prep Time: 20 minutes
Cook Time: 1 hour 30 minutes

In a stockpot, combine the beans, pumpkin, and chicken stock. Bring to a boil. Cover the beans are tender in about 1 hour.

In a saute pan, render bacon. Add onions, peppers and carrots. Cook until translucent. Add to the bean mixture. Cook for around 15 minutes. In a blender, puree corn and basil. Add the mixture to the beans and cook for 15 minutes, stirring continuously. Season. Serve with Paprika oil.

Paprika oil:
1 cup vegetable oil
4 garlic cloves crushed
2 tablespoons paprika

Nutrition content: Cardi­vascular and renal benefits of dietary soy and soybean intake, over 40 studies have concluded that soy protein is effective in lowering cholesterol levels. How soy­bean protein lowers cholesterol is still a controversial issue, but it's important to know that simply consuming soybeans helps keep your body healthy in the long run.

The fat content of soybeans is higher than other dry beans at about 20 percent by weight. Overindulging on soybeans may not be a good idea in terms of total calorie intake, but from a nutrition standpoint, soybeans are great for satisfying your appetite.

Soybeans are also an excel­lent source of soluble and insol­uble dietary fiber. Soluble fiber aids in controlling blood sugar levels and helps reduce choleste­terol, which is important even for young adults. Insoluble fiber helps carry away cellular waste products. Another health ben­efit of soybeans is the low sodi­um content and high concent­trant content, such as calcium, iron, magnesium, potassium and zinc.

Claims that soy has the abi­lity to prevent cancer have been made due to the low instance of breast cancer in areas of the world that consume a high quantity of soy foods. Contrary to popular belief, consuming soy foods does not necessarily protect one from cancer. According to a review of data on cancer and soy done by the American Journal of Clinical Nutrition, it is not concluded that soy protects against breast cancer, including breast cancer.

Studies have shown that con­sumers who consume soy foods with a reduced risk of breast can­cer, but a causal link has not been found.

Soy contains isoflavones, a group of antioxidants, which have been proven to maintain bone mineral density in animal studies. Some human studies also support the potential of soy isoflavones to increase bone density in women.

Now that you know some health benefits of consuming soy, you may be wondering what types of soy products are available and how to prepare some of them. Well, there are plenty of options to choose from.

Tofu is isolated soy protein that has a spongy, smooth texture, which helps to absorb and complement flavors. Tofu tastes wonderful on pizzas, in salads, with rice or stuffed in pasta casereasis. Stuffed tofu and vegetables is another nutrient rich, low-fat choice. Stuffed tofu may also be served as soft spreads or as a dip with pita or raw veggies.

A staple in Indonesia, tempeh is a high-protein food made from cultured soybeans with the mold Rhizopus oligosporus. Tempeh is a solid, white cake soybean product that is bound together by the mold and easily digested. Often pan-fried and served with rice and vegetables, tempeh contains more riboflavin, niacin and vitamin B6 than unfermented soybeans.

Soy milk is made from blend­ed, soaked soybeans, that are washed in water and then fil­tered. This product is found in most grocery stores, as is soy yogurt. Soy beans are another popular alternative to eating meat or poultry burgers. Soy nuts are easy to pack for a mid­day snack too.

Frozen soybeans in your store's freezer section take little effort to prepare for any meal of the day.

If you have never tried soy beans in your cooking, soy products are not only packed with vita­mins and minerals, but they are also available in a wide variety of food products, which is good news for many short and long-term health ben­efits.

Wendy Leke is a dietetics senior.
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Why graduating is so difficult

I've gone to see an academic adviser a few times. I filled out all the required paperwork for seniors. Just recently I had my graduation evaluation form, but I still don't know if I'm graduating in June as I had planned. You may ask, “How, after all that, would I not know this sort of important detail?”

Good question. The fact is, I thought I had it all figured out the last time I met with my adviser. I mean, I was told I had been fulfilling all the requirements. So when friends of mine started graduating and months later were still having to make up three and a half units that were somehow overlooked, I didn't understand how something like that could happen so often.

Now I do.

When I filled out my request for graduation evaluation last quarter, I vividly remember entering “98-99” in the space for which catalog I was following. When I sent in my evaluation form, I had checked the 97-98 catalog form. They had simply crossed out the 97-98 with a pen and written 98-99 above it.

So what's the big deal? The problem is that the page is so full of scribbles like “* 1 unit” here and “* 1 unit” there and other things crossed out and written over because of discrepancies between catalogs and current requirements that I had absolutely no idea how to make sense of the damn thing.

The thing is, the matter of those pesky remaining units, some of which actually transfer, but some don't. Also, when I found out that some of my support courses also counted as GEB courses, I assumed that it also counted for other students in both categories. Boy was I wrong. So now I have fulfilled all my requirements for support courses and taken all my GEB courses, but I still have some of those units left to take. What's the point of double counting those classes if I don't get the units for them in both areas?

The bottom line is that my graduation evaluation form did little to help me evaluate my actual progress in terms that a normal person could understand. It took two trips recently to a full-time adviser for all the scribbles and circles and crossed out thingamajigs on my paperwork to be translated into plain English. That's not good. Sometimes when you really need to have something figured out (the night before registering for classes, for example), you don't have enough time to make an appointment with an adviser who has a couple thousand students in his or her college.

I would really appreciate it if my evaluation would tell me exactly how many units I need and in what categories they should be.

But maybe that's asking too much. Maybe it's the secret final test before we graduate. Somehow in a dark, smoke-filled room, the powerlessness I might be probably thinking, “If these suckers can't figure out this hieroglyphic graduation thing themselves, they're just not fit to graduate yet. Heh ha.”

Of course that's probably my imagination running wild again. More likely, it's just the typical mess of bureaucratic paperwork that's causing me all this stress, and I should know better than to expect anything different.

But, when filling out my forms, they at least could bridge the gap and reach for the one with the correct catalog year on it.

Karin Driesen is a journalism senior and Mustang Daily opinion editor.

Wednesday, January 9, 2002

Americanism for sale

"I'm a white Anglo-Saxon Protestant, I played a little baseball in high school, and I can put away apple pie like it's nobody's business. If it were 1962, I'd be on a poster somewhere."

Sonia Sutcli, editor in chief

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Letters to the Editor should be no longer than 250 words. Please include your full name and class standing.

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News

Custody agreement reached for Jerry Garcia's guitars

By Shawn Hubler

LOS ANGELES TIMES

(WIRE) SAN FRANCISCO — A long-standing custody fight over the famed guitars of the late Grateful Dead lead man Jerry Garcia finally has ended, setting the stage for an auction of a storied — and intensely coveted — piece of rock history.

After nearly a year of on-again, off-again litigation, lawyers announced Monday that they had reached agreement on the ownership of the five instruments that had been handmade for Garcia by Bay Area luthier Doug Irwin, and then bequeathed back to their maker.

Under the agreement, two of the best-known guitars — nicknamed Wolf and Tiger for the shapes of their tamed koas — and the late Cratem of the guitar will revert to instruments that had been handmade by the Dead's lawyer, Lawrence K. Rockwell, he said the Dead's attorneys said the Wolf and Tiger were "likely heroic" and ready to go with the Dead's deal. Garcia's bandmates have said they hope to make theirs, known as Rosebud and Headless, a clear display at Terrapin Station, a San Francisco museum they have long planned.

Irwin, who has been destitute since he was nearly killed in a hit-and-run accident three years ago, said he will keep Wolf, which he custom-made for Garcia and sold to him for $1,500 in 1973. But, he said, he will immediately put Tiger up for auction. The latter guitar, which Irwin spent more than six years crafting out of ocala maple, maple, rosewood and vermillion, was Garcia's signature instrument, and he played it almost daily for 11 years.

"Yeah, I had to hold my nose, but I signed the deal," said Irwin, whose insistence that the Dead had failed Garcia's memory, and sold all five guitars had been the main obstacle to settlement. Irwin and the band had been friendly for decades. Self-taught in a 1980s welfare-to-work program, he had developed his craft to the point that his clients included such guitarists as Neil Young and Carlos Santana. He was so close to Garcia that the return of the Irwin guitars was Garcia's sole bequest to a non-family member, although the musician's lawyers mis-spelled Irwin's name in the will.

But after Garcia's death and Irwin's reversals of fortune, his relationship with the Dead deteriorated, with the Dead, which had belonged to Buddy Holly — estimated by Sotheby's to be worth $20,000 — was sold for $249,500 to Gary Baray, the actor who had once played him. The white Stratocaster that Jimi Hendrix played at Woodstock, now in the Seattle rock museum, was bought by an Italian collector for $245,000.

In 1990, a white acoustic guitar that was estimated by Sotheby's to be worth $20,000 — was sold for $249,500 to Gary Baray, the actor who had once played him. The white Stratocaster that Jimi Hendrix played at Woodstock, now in the Seattle rock museum, was bought by an Italian collector for $245,000.

Garcia inspired in his fans. In this year, so was down on his back that he couldn't afford to get his woodworking equipment out of storage and was living with his elderly mother in Southern California. His situation — and the confusion over campu's, loyalty and philanthropy against their communal principals.

Two sides had reached agreement in October, but Irwin had withdrawn his approval when the Dead asked that he not publicly dispute the agreement. He also objected to a clause that would have given the Dead first right of refusal if he put any of the guitars up for sale. That clause was removed from the final agreement — a move applauded by memorabilia experts, who said it would have significantly inhibited bidding, especially with the devotion Garcia inspired in his fans.

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"Yeah, I had to hold my nose, but I signed the deal," said Irwin, whose insistence that the Dead had failed Garcia's memory, and sold all five guitars had been the main obstacle to settlement. Irwin and the band had been friendly for decades. Self-taught in a 1980s welfare-to-work program, he had developed his craft to the point that his clients included such guitarists as Neil Young and Carlos Santana. He was so close to Garcia that the return of the Irwin guitars was Garcia's sole bequest to a non-family member, although the musician's lawyers mis-spelled Irwin's name in the will.

But after Garcia's death and Irwin's reversals of fortune, his relationship with the Dead deteriorated, with the Dead, which had belonged to Buddy Holly — estimated by Sotheby's to be worth $20,000 — was sold for $249,500 to Gary Baray, the actor who had once played him. The white Stratocaster that Jimi Hendrix played at Woodstock, now in the Seattle rock museum, was bought by an Italian collector for $245,000.

Garcia inspired in his fans. In this year, so was down on his back that he couldn't afford to get his woodworking equipment out of storage and was living with his elderly mother in Southern California. His situation — and the confusion over campu's, loyalty and philanthropy against their communal principals.

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Business management junior Antonio Marquez pulls down a rebound during a pick-up basketball game Tuesday at the Rec Center. Many students participate in intramural sports either after or between classes.

The Rec Center also offers a charity volleyball tournament this quarter to benefit the Mark Breeding Fund. Breeding, a Cal Poly student affected by bipolar disorder, commonly known as manic depression, committed suicide in 1996. The tournament is for both student and staff teams.

“Let's more people play and have fun, while supporting a great cause,” said intramural sports Supervisor Preston "It’s great event for the school.

Students can sign up for the tournaments throughout the quarter. However, sign-ups for all other sports will be held on Wednesday from 9 a.m. to 11 a.m. and 3 p.m. to 5 p.m. Participants can also sign up Thursday from 10 a.m. to 12 p.m. and from 2 p.m. to 4 p.m. on Friday from 11 a.m. to 1 p.m., and on Monday from 3 p.m. to 5 p.m.

Faded champions still superheroes despite age

By Chris Arns

If Superman was old and grizzled, would you still love to watch him fly?

No one will argue that Jordan cannot summon up his powers of old, or that the newly implemented zone defense proved to be too bitter pill. Instead, he puts up crafty shot and somewhat fundamentally But when Jordan made notes earlier this year about a possible comeback, the majority of the sports community spoke out against his return. The outcry pointed to the perfect era, the lack of new accomplishments, and the unarguable thought of No. 23 on any other team besides the Bulls.

At the same time, when move the arenas prepared for the new film, "All," critics noted Will Smith’s incredible portrayal of the fifty-four-year-old basketball player, and the accurate depiction of the events surrounding his life. But in the same fashion, they noted that the actor’s absence from the screen. Smith had written him off as a relic of his past, wishing only to remember him as he won, instead of seeing the shell that he had become.

In other words, Ali was a proponent to all champions now wore for the wear from their days in the arena, a category to which Jordan now belongs. When Jordan made notes earlier this year about a possible comeback, the majority of the sports community spoke out against his return. The outcry pointed to the perfect era, the lack of new accomplishments, and the unarguable thought of No. 23 on any other team besides the Bulls.

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