News

New contraceptives are not all they are made out to be

By Kat DeBakker
SUMMER MUSTANG STAFF WRITER

With so many birth control options on the market, each one claiming ease, convenient and effective, are some of its complications such as the Dalkon Shield IUD pelvic inflammatory disease? The Dalkon Shield IUD was taken off the market in the 70's due to an abnormally high incidence of infertility and pelvic infections. Health clinics provide glowing handouts about new or improved contraceptives such as taking a pill or getting a shot and having all reproductive worries become a thing of the past.

Rachel (not her real name) a Cal Poly student, recalled her personal experience with various birth control methods claiming to be the easiest, most effective methods of preventing pregnancy. She said, "I was on Ortho Tri-Level in high school for a couple of years. It doesn't change your weight and it made me really moody. It magnified every feeling I had — even if I was a little bit sad or a little bit more sensitive about something, it just intensified the feeling."

The Cal Poly Health Center offers diaphragms, Depo-Provera, condoms, emergency contraceptives and birth control pills. Lisa Perea, head of nursing services at the Health Center, said, "Most of our clients are on oral contraceptives, so I believe it is the most popular," Perea said in a previous Mustang Daily article.

Planned Parenthood reported that common side effects to the pill are bleeding between periods, weight gain or loss, breast tenderness and depression, and that pill users have a slightly greater chance of certain major disorders than non-users, the most serious being the possibility of blood clots in the legs, lungs, heart or brain.

A June 11 article in USA Today reported that nearly seven in 10 women ages 18 to 45 who currently use or have used birth control pills in the past five years have discontinued a particular pill because of negative side effects.

Local organizations work to change community's silent criticism

By April Pack
SUMMER MUSTANG STAFF WRITER

Last year when the Gazette newspaper announced that they would not print any events or news that involved gays and lesbians, it became a time for the community to evaluate itself. People wondered what the reactions would be and what the general stance on homosexuality was in San Luis Obispo County.

San Luis Obispo proved that it did not necessarily have the conservative mentality it is often viewed by those outside.

"It was amazing how the community rallied and it was such a strong wave of support," said Becky Jorgenson, the president of the Central Coast chapter of Parents and Friends of Lesbians and Gays (PFLAG). Jorgenson said that the Gazette controversy showed that San Luis Obispo is a pretty open-minded community since the five newspapers had to merge into one because of the lack of advertising that it received after its announcement. But Jorgenson stressed that there is still a need for organizations like PFLAG.

"Until two gay men can walk down Higuera Street holding hands without getting dirty looks or needing things like PFLAG," she said.

Jorgenson explained that people always say they support same-sex rights, but she explained that they just want equal rights, like to be able to visit a dying partner in the hospital.

PFLAG works toward obtaining these equal rights. Every Thursday night during Farmers Market, it sets up a booth and offers free literature and information about the group.

"If a boy walks by (our booth) and he can't come to the table because he is afraid that someone will see him, but still gives us the thumbs up, then it makes it all worth it," Jorgenson said.

Another goal PFLAG projects is diversity training in all schools in San Luis Obispo County. In the fall, it will train staff, faculty, and administrators at San Luis High School on diversity and acceptance so they can, in turn, teach the students.

Another group that works toward acceptance and diversity is Gays, Lesbians and Bisexuals United (GLBU), which is rooted on the Cal Poly campus.

"Last year's president, Patrick Hoesbery, said that there is absence of diversity on any level at Cal Poly, not only in the gay population but also in racial diversity," the school photographer and sexual education coordinator said.

Hoesbery said that the biggest problem he encountered was when he lived in the dorms, with nothing extreme happening, except for the occasional dirty look or he would hear someone talking about him.

Hoesbery said that it was a sense of discomfort more than direct actions.

"There is quite a disparity in San Luis Obispo rather than lashing out, he said.

Jeff Hall, a member of GLBU, has also felt a sense of discomfort.

"San Luis Obispo is not overly comfortable, and there is a lack of out- and meeting places (for gays and lesbians)," Hall said.

Cal Poly addresses sex education

The class looks at sex from all different perspectives: historical, cultural, research and practical. Relationship issues, sexual disorders and sexually transmitted infections (STIs), the term now used over STDs, are thoroughly discussed.

Goshen said that every quarter she teaches the class she is surprised to see the responses that students give on papers and tests that show their lack of knowledge concerning many aspects of sexuality.

"There is obviously a real need for this class because the information gap was more significant than I expected," Goshen said.

Goshen said that this lack of knowledge is probably a result of many things. One reason she gave was that, in high school, students are given basics in health education classes, but she said, many do not get as much information from home at an early age because of the uncomfortable nature of the topic.

Another course that deals a section of its material to human sexuality and family planning is PSY 102: Parenting and Marriage. Harry Basden, the professor, said that psychology classes talk about sex because it is a big component among young people in general. Basden said that it is extremely important to have education in the area of sex. He explained that documentation showed in the 1990's that women as young as 11 were becoming pregnant, and that one-third of all women became sexually active by the age of 14.

Basden said that this is because people are starting to see sex earlier in life from TV programs, like on MTV, which "blatantly present sex."

"By the time people are 16 to 19 years of age, they think they're invincible and don't see the consequences of their actions," Basden said.

He explained that the pregnancy rate declined five to six years ago. This trend can be attributed to the teaching of responsible sexual education, he said.

"Sex is never an emergency; you have to be consciously responsible," Basden said.

A sign of the times is the increasing number of new organizations concerned with sexual education. Basden explained that these numbers reflect the epidemic proportion of sexually transmitted infections. He said chlamydia infects 25 percent of female students, and heterosexual women between the ages of 20 and 30 are the most rapidly growing group with HIV.

Another organization on the Cal Poly campus that educates about STIs and other areas of sex is the Health Education, located downtown from the Health Center.

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see SEX ED, page 3

The Center, located at 705 Grand Ave., and Cal Poly's Health Center, offer contraception packages free-of-charge to the public. Pregnancy tests and other forms of contraception are also available for a small fee.

By April Pack
SUMMER MUSTANG STAFF WRITER

Cal Poly's "learn by doing" motto apparently holds true under all circumstances, including the area of sex. But professors teaching in the fields of sexual behavior said there is a real need for education and that Cal Poly is reflective of what has been happening on most college campuses: sexual activity runs rampant.

The only classes on the Cal Poly campus that teach about sex are offered through the psychology and human development department. One class in particular that concentrates wholly on the issue of sex is PSY 205: Human Sexuality, an undergraduate class that is offered credit or no credit. Anne Goshen, the professor who teaches the class, said that it is a great demand for the course since she gets at least 125 to 140 students who register for it during winter and spring quarters.
Summer Mustang

Breaking down the stigma...

Local shop provides comfortable atmosphere for buying intimate apparel, adult products

By Anne Guilford
SMALL BUSINESS STAFF WRITER

"Adult stores" can be intimidating. They also tend to have a bad reputation. The average patron is stereotyped as being a lonely, single, glasses-sporting male who goes late at night and parks down the street just in case someone knows spots his vehicle in the parking lot.

But not all stores carrying adult products have large neon XXX signs on their roofs. They don't all have "private video viewing booths." And they aren't all located in the shady end of town.

People of all types — old and young, male and female, married and single — are patrons. There has been a movement to breakdown the stigma and to provide a more comfortable atmosphere for the shoppers.

In San Luis Obispo, there is a store that has made an effort to put their customers at ease.

Fanny Wrappers started out 17 years ago as a clothing store and it evolved into lingerie because that's what it sold the most, said owner Terry Trevis. She said she felt that the store moved from its old location of 733 Higuera St. for better exposure.

"It's one of the best locations in town," she said.

The store is predominantly a lingerie store and carries a wide variety of items. Its specialty is bra, of which they carry 30 types.

"We like to think we have something for everyone," said by Anne Lukin, manager of Fanny Wrappers.

The store is pleasant and light, and a parachute that is tucked to the ceiling diffuses the lights to create a warm glow. The walls are painted in warm pastels and the clothing is arranged aesthetically so that sizes and styles are easily found.

In a niche on a side wall there is a modest, yet adequate, selection of adult products. Customers don't need to sneak to the back and they aren't confronted with elaborate displays at the front of the store either.

"We try to create an environment where women can feel comfortable making a purchase that will enrich and add to the betterment of their relationship," said Terry Trevis.

Owner of Fanny Wrappers

Breaking down the stigma... !  Poly Briefs

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GLBU in order to meet people. Hall said that recently the club has not encountered any problems. But she said, "there are always editorials and people talk, but don't necessarily say it to us, who are typical of SLO." GLBU also sets up a booth at Farmers Market and holds weekly meetings. Although only 15 to 20 students attend the meetings, Hoeyer said that they have over 100 people on their e-mail list.

The club also goes to human sexuality classes and talk discussions. People respond well when they can sit and talk with gay," Hoeyer said. Last year, for the first time, the GLBU hosted a two-week event called "commit(UNITY) pride in Mar. It featured gay and lesbian events, speakers, dances, workshops and a roundtable discussion, which was all open to the public. The event is now going to happen annually.

Hall said that they have to champion any political subject as well. She explained that right now they are focusing on marriage equality. They have offered GLBU found for reducing the risk of HIV infection in men who believe they are at high risk for contracting bacterial disease — biopsies may soon become a thing of the past. A new device that uses sound waves to analyze tumors deep within the body could save millions of dollars and provide a more comfortable biopsy procedure.

New technology detects tumors with less pain

There is good news for women who believe they are at high risk for contracting breast cancer — biopsies may soon become a thing of the past. A new device that uses sound waves to analyze tumors deep within the body could save millions of dollars and provide a more comfortable biopsy procedure.
Long-time art teacher and director of the art gallery at Allan Hancock College in Santa Maria, artist Marti Fast was used to hanging other people's work on the walls. But at the San Luis Artists' Gallery on Higuera Street downtown San Luis Obispo, she was the artist. "It's a great mental exercise," she said. "It's a great physical exercise, too."

Fast uses sketches and photographs for reference when she works. She said that whereas the landscape doesn't move on her, with animals and people, sometimes her model will walk away, and that can be frustrating. "But when a student perseveres and breaks through, to me, that is the greatest thing. It's like they rocket up to the stars and suddenly have a whole new language to work with."

In the future, Fast said that her goal is to "dash some things off the list and keep painting because there is a lot more in there that wants to get out."

"With this show I really discovered that I love studio painting," Fast said. "It's hard to sandwich time to paint between teaching and the gallery, but I had this summer free to just paint and it was incredible."

"Trunk Show" will be on display through August at the San Luis Artists' Gallery located at 570 Higuera St. in downtown San Luis Obispo. Fast has been painting seriously since the age of 18 and has taught art classes at Allan Hancock College for 25 years.
Chans, Tucker fans shouldn’t ‘rush’ for sequel

By Jason Brennan
SUMMER MUSTANG STAFF WRITER

For those who saw the first “Rush Hour,” not much is missed in this sequel. In “Rush Hour 2,” much of the same jokes are used from the first film — ultimately it lacks any sort of creativity.

The fabulous comedic/action duo of agent Carter, played by Chris Tucker, and agent Lee, played by Jackie Chan, return for the sequel and try their best to keep the audience entertained. However, this film comes up short in creating a new storyline.

The film begins, as did the first, in Hong Kong. From there, the location changes shortly to Los Angeles (also as it did in the first film) and then concludes in the action-packed city of Las Vegas. The jump from city to city is also in chase of an illegal counterfeit plate manufacturer, similar to the first film’s premise.

Through the film, Carter teams up with Lee as police officers in search of the “bad guys.” The first “Rush Hour” ends where the second picks up. Lee tells Carter that the two guys.” The first “Rush Hour” ends where the second picks up. Lee tells Carter that the two are going to Hong Kong on vacation. As soon as they arrive, the American Embassy is bombed and two Americans are killed. At the head of this bombing is Lee’s arch nemesis, Ricky Tan, the man who killed his father, who at the time was Hong Kong’s finest police officer.

Lee and Carter catch up with both Tan and his partner Steven Reign, who run an illegal operation in Las Vegas. Lee and Carter completely disrupt the grand opening of a casino.

Chris Tucker and Jackie Chan star in ‘Rush Hour 2’, current playing at movie theaters. The film made $68.5 million during its opening weekend.

that the two villains own. This is all made possible due to the large amount of counterfeit money that the two use to open the casino.

After a complete destruction of the casino, Lee and Carter recover the plates while Tan and Reign are left dead at the hands of the two heroes. The movie ends, as did the first, at the airport, where the two plan to vacation in New York. Unfortunately, for the audience, this insinuates an almost guarantee for yet another overdone sequel. There are still a few major cities left for the creators of “Rush Hour” to destroy.

For the most part, the counterfeit money-making operation was an easier storyline to follow than the plot to the first “Rush Hour.” Besides this, the rest of the movie seemed less violent than the first, making it more suitable for children to watch.

The action scenes in “Rush Hour 2” are bigger and better. Unfortunately bigger and better action scenes do not make a better movie. Ultimately, the comedic aspect of the movie is hindered by the use of the same material from the first movie.

Both Tucker and Chan are incredibly talented actors, however this film did neither any justice to the futures of their respected careers. Tucker’s comedic gift will allow “Rush Hour 2” to produce very high revenue, but fortunately for him, better roles as well as better scripts hopefully will come across throughout his career. Chan continues to further his film career with the use of his amazing martial arts capabilities. He has refined comedies while displaying an incredible talent in martial arts.

MP3 continued from page 4

dents are taking advantage of the new file-sharing programs.

Even though it once took up as much as 12 percent of U.S. available bandwidth, Napster use currently is taking up less than 1 percent. Even if Napster becomes available as a subscription-based service, Goddard said he doesn’t foresee much success for the program.

“As long as people can find what they want for free,” he said, “they’re not going to pay for it.”

Gnutella works by connecting each user to about five hosts. Each of those hosts is connected to five other hosts, and so on. The first user then is ultimately connected to a large number of other users through this chain of hosts.

This system means that there is no centralized server that can be shut down. Each user is a server. Levinson said it would be extremely difficult to shut down Gnutella for technical reasons, and legally the technology does not encourage copyright infringement like Napster did.

“It’s just a platform to search for files,” he said. “Plus, all the users have to agree to a disclaimer before they use the program that says they won’t use it to do anything illegal.”

Levinson said another major difference between the new programs and Napster is the ability to share all types of files instead of just mp3s.

“You can potentially share any file on your hard drive,” he said. “We’ve got people sharing everything from movies to recipes.”

Levinson said an advantage of Gnutella is that users who may get cut out of the middle of a download are able to reconnect and download the remainder of any incomplete files without starting over.

Users also can search for up to three files at the same time. Gnutella is funded entirely by advertisements now, but Levinson said that once enough customers are acquired, the company hopes to start selling upgraded versions of the software.

Levinson said he is optimistic about the future of Gnutella, as the number of users is increasing rapidly.

Goddard said he likes the new technology, but he sees some potential problems with the Gnutella network because an increasing number of users might ultimately slow down the program. Gnutella was developed in the spring of 2000, but didn’t see a sharp rise in users until Napster was shut down earlier this year.

Levinson said the number of Gnutella program downloads would “go through the roof” whenever bad news hits Napster.
A conscious decision: Nothing wrong with being a virgin

This commentary is about sex, or more appropriately, my lack there of. Yes, I am a virgin. Because I am a virgin, I am often subjected to the myths and stigma attached. They have been particularly annoying lately.

Many of my acquaintances (especially the male ones) see my current state of sexual inactivity as unnatural. I have been informed to "be too ripe to bite but to have not yet been picked" in fits. I have been described as an "untapped resource." I have even been told that no male wants to sleep with a virgin and I'd be lucky to find a guy who isn't. I don't need sex; I have sex with me even though it would not be enjoyable for him.

There's no problem with me. While I do not view sex as a "recreational" (as another acquaintance describes some of his partners), and I am not worried about some guy not wanting to sleep with me because it wouldn't be pleasurable enough for him. I would never sleep with someone who's only concern is his own satisfaction level anyway.

I have decided I should "just get it over with" because they think I am building sex up to be more than it really is. But I'm not. I actually don't think that sex will be all that great until I have found a guy I am comfortable with. Even then it may take some time until we can work out some of the difficulties and details.

My abstinence has nothing to do with religious convictions because at this point in my life I don't have any. It has nothing to do with my looks. I am not even overly thin. I am not deformed, and there is not a significant lack of guys who would find me attractive in any way.

"The only explanation for my abstinence is my free will. It is a decision I have made and intend to stick to. But why?"

I value myself. I value my physical health and mental well-being with value my education, my opportunities, my goals, and my future. I'm not going to do something that could put any of these at risk.

The possibilities of sexually transmitted infections or an unwanted pregnancy terrify me. Some STIs are cureable, but even those can cause reproductive problems if not treated soon enough. Other STIs like herpes, are incurable and can cause a lifetime of problems. And as most know, AIDS/HIV is particularly fatal. I could live through most STIs or a pregnancy, but I would rather not. My dreams of graduating, becoming a successful journalist, and volunteering time to youth programs would be put on hold or completely altered. My parents would be disappointed, although they would stand by me. I would probably be too preoccupied by my feelings of disappointment, guilt, and regret to do much of anything else.

I am not a gambler. I usually only go for the "sure thing." According to the Sexuality Information and Education Council of the United States (SEICUS), "Condoms are 98 percent effective in preventing pregnancy ... and up to 99.9 percent effective in reducing the risk of STD transmission when combined with spermicide." Sorry, those chances aren't good enough for me. I'm betting with my body. Even scatter according to SEICUS "at least one person in four will contract an STD at some point in his or her life."

I know first-hand that hormones are strong forces, especially during high school and college. I commonly notice myself admiring some of the males in my classes instead of paying my full attention to the lectures. But this is a mind over matter situation. I've been able to hold out for more than 21 years, and as I yet have no reason to regret my decisions. Paperboy put it best in "Diner," one of my favorite old school hip-hop songs; when he said, "My life is worth more than my erection." OK, I don't get erections, but the concept is the same.

Anne Guilford is a journalism junior and Summer Mustang Staff writer.

It is safe to say that, by college, most people have at least glanced at some item considered by many to be pornographic. Many have done more than just glance. In fact, clinical psychiatrists have classified pornography addiction as a compulsive disorder much like an addiction to drugs or alcohol. Addiction can be a problem to both the addict and their family.

A recent survey of pornography addicts at www.no-porn.com reported that, out of 5,350 respondents, 4,140 considered themselves to be religious. Ironically, the vast majority of support groups devoted to helping pornography and sexual addicts are church-based.

However, I did not find one church-based support group that addressed the issue without using divergent biblical jargon and coming across as hypocritical. Most of the groups even lumped pornography addiction together with masturbation and homosexuality as sins. While I am not attempting to judge the message by the messenger, the narrow-mindedness and dogmatism expressed by most of these groups may be doing more harm than good by misguiding those who need help.

Possibly the most hypocritical of the Web sites I found was the Catholic Support Group for Pornography Addiction Recovery (www.FSAOP.com). The main goal of the CSUPA is stated as "to cease the slavery to pornography, lust, and masturbation or other fleshly sins that seem to plague us." The site, riddled with grammatical and punctuation errors, even begins by inviting all to "come join us in this place of love and support.

There is no greater example of love, support and acceptance than the application to become a member of the recovery group.

The application, which is several pages long and punctuated with angry red font and underlined passages, stated that, in order to join, one must "not challenge Church teaching" or have views consistent with those of "any organization that promotes abortion, abortion rights, contraception, sex, women priests, liturgical dancing, homosexual marriages or normalisation of homosexual sex, and other so-called 'liberal' views contrary to the official teaching of the Church." It is also important to note that membership will be denied if one believes that Pope John Paul I, Pope John Paul II, Pope John Paul VI, or Pope John Paul XXIII are not all "valid and genuine Popes."

I would have thought that viewing pornography in the first place would constitute having views "contrary to the official teaching of the Church," but evidently the principles of this site are very much my "so-called 'liberal' head."

The Fires of Darkness Ministry at www.firesofdarkness.com has a relatively simple solution for washing off the temptation to look at pornography. "Speak to the temptation. It does not take a lot of work. It is not a complicated process. First say, "Father, I plead the blood of Jesus over my mind and over this temptation." Then say, "Satan, in the name of Jesus and the blood of Jesus, I rebuke you and I command you to go and take this temptation to (name whatever sin is tempting you) with you.""

It is as simple as that. Although the author insisted, it is not necessary to shout at Satan. He is not deaf.

One Christian Web site dealing with current events at reallythethruth.com/pornography.html explained that "when a man witnesses a sexual act, certain chemicals are released into his brain, burning the sexual image into his mind," therefore beginning the process of addiction. Many of the sites write that viewing porn is a sin. To even lust after one's own wife is a sin. "Call me unenlightened, but I would think that a recovering sex addict would not take this kind of information particularly well.

There are dozens of sites like these, whose doctrinal authors and administrators promised messages of love and acceptance for recovering addicts while contradicting themselves a single paragraph later (not to mention scoring away intellectuals with their often medieval grasp of the English language). I hope that sometime in the next century these people will realize that a little humility and compromise can go a long way.

Kat Delbaker is a journalism senior and Summer Mustang Staff writer.

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A thin line between religion and pornography

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"The Summer Mustang only puts out one a week."
Wait until the sparks fly

Having sex with somebody you don’t know, a complete stranger, can be exciting, and many people in our culture have casual sex. In the movies, especially, we are bombarded with images of relationships which begin with sex, instead of any length of “courtship” before taking the big step. Sometimes you can luck out and the person you happened to go home with from a party turns out to be a stable, interesting, and fun human being whom you would like to date, but more often than not, this may be a person who you not only have nothing in common with, but somebody you can’t (or don’t want to) even be friends with. There is something to be said for getting to know a person before jumping in the sack. It’s good if you actually like the person before sleeping with her/him, so as you get to really know this other person, when you do decide to sleep together, you will be making love to the whole person and not just to a body.

Commentary

Sex is sex. Intimacy, however, takes time to develop and bring a connection and a depth so sex that fuses souls together. Once having made love, casual sex is exactly that: impersonal.

It is easy to get into a relationship and it is very hard to get out of them. Some people jump from person to person and never take the time to become comfortable and happy with themselves, which is essential to be able to have a healthy relationship.

I don’t think there is any such thing as a perfect “soulmate” out there. In any given pool of people there are a few to whom you are attracted, and of those people, only a small number are also attracted to you in return. Some of those people might already be married, might have just had a family member die and be grieving, might have just broken up and are not ready to become “There is something to be said for getting to know a person before jumping in the sack.”

My definition of love is this: when a person is your best friend, and when you kiss, sparks fly. So, see who’s out there. Take your time. It’s better to be alone than in a bad relationship.

Angela Blewitt is a Cal Poly graduate student.

How old were you the first time you had sex?

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- Have you had oral sex? (Both male & female)
  - Yes 40
  - No 4

- Do you prefer oral sex instead to intercourse?
  - Yes 10
  - No 27

- Do you consider oral sex as sex?
  - Yes 18
  - No 20

- What kind of contraceptive do you or your partner use (if any)?
  - Pills 22
  - Condoms 30
  - Diaphragm 1
  - None 3
  - Other 1

- How many partners have you had throughout your life?
  - 1 partner 12
  - 2-4 partners 15
  - 5-10 partners 8
  - More than 10 partners 6

- How often do you have sex?
  - 1-5 times a week 12
  - 5-10 times a week 3
  - More than 10 times a week 4
  - 1-5 times a month 16

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Playboy bunny could run with the Mustangs

Cal Poly's cross country team could be running against more than just competition this fall. When the Mustangs square off against Cal State Fullerton at the Stanford Invitational next month, they could be running head-on with a Playboy model.

That's right, Leilani Rios isn't stopping at turning heads on the track this fall. The Cal State Fullerton distance runner is turning heads at a popular night club again after more than tierce competition this year.

The model will then race us with her presence at a distance runner is turning heads at a popular night club again after more than tierce competition this year. When Ooss Ctuintry Ctnirse, maybe she'll allow autographs running' heaJ'ro'heai-l with a Playboy model. posterjirl be^inninj» Sept. 29 — just in time for the Mustangs' square ott against Cal State Fullerton at the .Anaheim's Flamingo Theater.

The story of this young woman, Rios was kicked out the Cal State Fullerton track and field team two years ago for her "unacceptable," extracurricular activities at the Anaheim Players Theatre.

This runner by day, stripper by night has been invited to begin practicing with the team again starting Aug. 14. Rios came after Rios proved it was her constit­utional right to be able to bare all, where and when and where she pleased.

In February, 1999, Rios was given an ultimatum by her coach John Elders, who found out she was doing more than just shaving her mile time after school.

"When Elders got wind of her performances at the Flamingo Theater from the Fullerton baseball team, he told Rios to choose between cross country or stripping. She chose stripping.

While a member of the baseball team leaked the story to the cross country coach, the baseball team itself received no punishment for going to the strip club.

So why wasn't the baseball team reprimanded?

Rios said politics had a lot to do with it, noting that the baseball team came to the strip club when their season was at its peak. If the administration inter­vened, the team's World Series hopes would have been lost, seeing that more than half the team was there.

So the heat was probably on Rios, who said her coach couldn't understand the way she was making a living. In the HBO interview, she said her coach didn't know or care that her accomplishments of her teammates, the athletic department and the university," she said.

Fortunately for Rios, there were some coaches who didn't feel the same.

"I hate to see a girl give up on running because of something so ridiculous," said Matt Simpson, track and field coach at West Coast College in Huntington Beach.

Although, Simpson probably is trying to get a free copy of October's Playboy, he indeed sounds sincere.

The junior kinesiology major justifies her choice of entertainment by saying she is just a poor college student trying to pay her way through school. Although some might give her the benefit of the doubt, others believe she's more interested in publicity than contributing to the cross country team.

It's no wonder she jumped at the opportunity to pose for Playboy. After all she is the "Poor Student," just like the rest of us.

"It's hard to feel sorry for this woman, even though this has been through a lot — cross country standout turned stripper turned Playboy model turned cross country runner again.

So here's a little advice for the Cal Poly cross country team in regards to the upcoming facetoff with Cal State Fullerton: keep your eyes on the finish line rather than the centerfold.

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