Smooth terrain:
Cal Poly's track is scheduled to be resurfaced. 8

Going the distance:
How to train for a 5k race, 3

High: 61°  Low: 48°

Diasnaps Poly student to represent CSUs
By Alexis Garberff
MUSTANG DAILY NEWS EDITOR

Gov. Gray Davis announced Monday that he has appointed Cal Poly computer science senior Neil "Bubba" Murarka as the new California State University student trustee. Murarka will act as the sole student voice on the CSU Board of Trustees.

"I think it is just great that he was selected by the governor," President Zamani said. "Bubba will do a great job. He has been involved with the university and he is very aware of the issues that are facing higher education."

Baker said this is the second time the governor has appointed a Cal Poly student as student trustee. John Sweeney was appointed several years ago.

"I think the student trustee position is equivalent to any other trustee member," Zamani said. Murarka will help make decisions along with the other CSU trustees during his two-year term. He will serve on different committees ranging from finance to collective bargaining.

Murarka is very excited to start his new position. Upon hearing of his appointment, he said he changed his spring break plans in order to visit some of the CSU campuses.

"My biggest job is being a communicator, a listener and a lawer," Murarka said. "I plan on talking to each student body president. I will use all the communication skills available."

Zamani said Murarka will represent more than 140,000 CSU students. He will work with the CSSA to express students' concerns and will attend CSU Board of Trustees meetings an even other month in Long Beach.

Every two years, CSSA seeks applications for the position. After the CSSA meets applications, see MURARKA, page 2

Weather delays structure
By Kirsten Orsini-Meinhardt
MUSTANG DAILY STAFF WRITER

The parking structure is facing a second delay. The new completion date won't be until May or June, but this time Mother Nature is the cause.

Associate Vice President for Administration Vicki Stover said the excessive rainfall in the last few months has inhibited construction workers from finishing the structure that was expected to be completed in April.

"They can do inside work, but they can't do certain jobs like pour concrete," Stover said. "It's unfortunate that we had such an extreme amount of rain this year."

The $8.8 million parking structure was expected to be finished by January of this year, but after a structural inspection in December, it was determined that the beams and columns in the upper level of the structure needed additional reinforcement.

The parking structure was delayed until April. Students who left for winter break expecting a completed parking structure upon their return were instead greeted with parking inspection. Spaces that were once available for student parking had been taken over by construction.

This second delay is attributed almost entirely to the large amount of rain that San Luis Obispo has received over the past few months, Stover said. On average, San Luis Obispo receives almost four inches of rain per month, a figure that construction workers were planning on. Stover said this month there has been close to 11 inches.

Stover said construction workers finished plans for strengthening the columns and had begun to carry

Praising local heroes
By Monica McHugh
MUSTANG DAILY STAFF WRITER

Acts of kindness were celebrated with a tribute to "Silent Heroes" Sunday at Chumash Auditorium.

In 1942, Franklin D. Roosevelt signed an executive order forcing an estimated 120,000 Japanese-Americans into internment camps. Nearly 1,000 of those interned were residents of the Central Coast, history professor and guest speaker Dan Kiriyer said.

From the time until 1945, several Central Coast farmers took it upon themselves to act as caretakers to the farms of the Japanese-American residents.

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see DELAY, page 2

ReMEmber Week billboard unveiled
By Larissa Van Beurden
MUSTANG DAILY STAFF WRITER

A small group of community members gathered Monday for the unveiling of a new ReMEMber billboard.

The billboard, located on Orcutt Street near Laurel Lane, represents ReMEMber, an event started last year after the disappearance of Cal Poly student Rachel Newhouse and Cuesta College student Audria Crawford. ReMEMber's goal is to remember victims of assault, and help protect other members of the community.

"ReMEMber me, it speaks about young women speaking to us about remembering them," he said. "To never forget the violence in our community and never forget what they went through."

For more information about Remembering Them, see BILLBOARD, page 2
Students guide peer health tips to middle schoolers

By Kathryn Tschumper

Cal Poly's Peer Health Education Nutrition Team spent Monday at Peacock Ridge School teaching students about healthy habits and nutrition. The nutrition team spent Monday at the school teaching students about healthy habits and nutrition.

"The purpose is to help middle school students learn about nutrition and health. We want them to think about what they eat and how it affects their body," said the team leader, Kim Angin.

More than 700 Peacock Ridge students visited the five nutrition learning centers set up during their regular schedule. "I have been teaching health for 10 years, and this is the first time we have had a program like this," said third-grade teacher Paul Hubbard.

The theme of the program is "Finding the pasta," which is intended to educate students about healthy food choices.

"The event really symbolizes inclusiveness and community and how we truly are our brother's keepers," said Dan Kreiger, history professor.

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"The event really symbolizes inclusiveness and community and how we truly are our brother's keepers." - Dan Kreiger, history professor

"We're still looking for more sponsors," said Gardiner. "We hope to have the billboard up for a much longer period of time."
Your Body

Racing to the finish line

The non-runners guide to competitive running

By Kirsten Orsini-Meinhard

With the Cuesta Bultlion taking place in April and Wildflower quick­ly approaching, it’s never been a bet­ter time to learn the correct prepara­tion for a 10k run. For those who have suffered from a winter of no exercise, the thought of running the equivalent to 6.2 miles can be very scary. It need not be if you have the proper training under your belt.

Mark Conover, assistant track and cross country coach, said there are a variety of ways to get in shape for a long-distance run.

“You need to try and establish a background of running and cross­training to build up your cardiovascular system,” Conover said.

Although college students should have no problem running a 10k without too much training, Conover said there are different ways to exer­cise before the race in order to ensure a faster race time.

One of the most important factors that high-level runners have is the increase of their body’s anaerobic threshold, Conover said. Basically, a person’s anaerobic threshold is a point in the running pace when not enough oxygen is being dispersed to their muscles. It’s at this point when the body can’t meet the energy demand of the run and essentially slows a person down.

The inconvenience of a low anaerobic threshold can be overcome by doing “tempo runs” or “intervals,” Conover said. This means sprinting half-mile repeats four to six times in succession, resting in between each half-mile for the amount of time it took to run.

Aside from sprinting, Conover said the best way to prepare for a race is by doing “conversational runs,” running at a pace that is slow enough to talk to your fellow runner and “smell the roses.”

For those training for a 10k run, Conover recommended a combi­nation of tempo runs, conversational runs and some cross-training thrown in. Cross-training can be anything from swimming to working out at the gym.

“You need to make sure you’re getting in at least one hour-long run but you don’t need to run every week. You can also cross-train,” Conover said.

Conover said that a good workout in preparation for a 10k would include two runs a week, either convers­ational or tempo, two days of cross-training and one long run. At least one day should be reserved for resting.

Running a 10k isn’t just about the physical training, though. It’s also important to take diet into considera­tion, Conover said. Most runs begin fairly early in the morning, leaving little chance for a large breakfast.

“When you wake up race morning, you should eat something that you can handle for a while to get something in your stomach,” Conover said. He advised eating a bagel or a cliff bar but only if the participant is used to eating with these foods in their stomach.

After the race is over, you want to replenish the body, Conover said. An automatic reaction is to sit down when the race is over, but it’s essen­tial to cool down by walking or taking a slow jog for about a mile.

Ambitious participants who have no future running experience should “try for fancy race times,” Conover said. Their training should consist mostly of conversational runs, and two days of training a week should be enough to begin with. Slowly, the inexperienced runners can build their endurance by adding more training days to their schedules.

Kinesiology senior Lisa Nocetti has never entered a professional race before and is training for the 10k run in the upcoming Cuesta Bultlion.

“The hardest part is motivation,” Nocetti said. “I’m really busy, but I try to go running at least two or three times a week.”

Nocetti also cross-trains in the gym and runs in her spare time to get in shape for the April event.

“I’m not eating differently, but I’m trying to run longer,” she said. “I just hope I make it.”

New drug offers alternative to many allergy sufferers

NEW YORK (AP) — Just in time for hay fever season, allergy sufferers are getting another once-a-day drug that stops their sniffling and sneez­ing but doesn’t make them drowsy.

The Food and Drug Administration has approved a once-a-day version of Allegra, giving the popular prescription antihistamine.

Claritin’s first patent is set to expire in 2002, meaning the drug will lose its market share. Schering-Plough is picking the FDA approval for its next generation allergy drug, which is expected to take effect more quickly than Claritin.

Previously, Allegra had to be taken twice a day. The once-a-day version of Allegra will sell for $2.07 per pill compared to $2.24 for Claritin, although both are usually covered by health insurance.

Claritin’s success can also be attributed to the convenience of once-daily dosages and the fact that it doesn’t make users sleepy.

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The most common side effect for both drugs is headache.

Claritin’s first patent is set to expire in 2002, meaning the drug will face competition from cheaper generics that year. Schering-Plough is seeking FDA approval for its next generation allergy drug, which is expected to take effect more quickly than Claritin.

When you go grocery shopping, you may be overwhelmed by many labels regarding fat content and might end up picking the prettiest prod­uct, as opposed to the healthi­est.

In this article, I will explain “free,” “light,” “low,” “high” and “lean and extra lean” labels so you can grocery shop with a better knowledge of the lingo.

FREE is allowed for products with fewer than 5 grams of fat per serv­ing, an amount that is insignificant even if the person eats several serv­ings.

LOW can refer to total fat, satu­rated fat, cholesterol, sodium and calories. A food that can be defined as “low” is based on the fact that an individual can eat large amounts of food without exceeding the recom­mended daily values of the nutrient (found in the Food Guide Pyramid). LEAN and EXTRA LEAN is attached to fat content of two ounces of meat, poultry, seafood and game meats. LEAN is food that has fewer than 10 grams of fat, fewer than four grams of saturated fat and fewer than 95 milligrams of chol­esterol. EXTRA LEAN is food that has fewer than five grams of fat, fewer than two grams of saturated fat and fewer than 95 milligrams of choles­terol.

HIGH means it has 20 percent more of the recommended daily value of a nutrient.

LIGHT/LITE can refer to prod­ucts that have been reduced in fat. The reduction must be 50 percent of the fat. An example: If Best Foods mayonnaise has a fat content of 10 grams per serving, then its “Light” version of mayonnaise has to have a fat content of five grams per serving (half of the regular product). Light may also describe color or texture.

Once you have an idea of the label definitions, you will be able to decide what is best for you, whether it be light, lean or extra lean. If you have any questions or comments about nutrition articles, please e­mail me at kinning@calpoly.edu.

Katy Kinninger is a nutritional sci­ence senior who writes a weekly column for Your Body.
Disagreement doesn't equal a closed-mind

Three days the words "open-minded" and "closed-minded" resonated with me. I was often confused and without regard to their true meaning. Those who possess a certain religion are often declared "closed-minded" in the same way that those who disagree with homosexuality are branded "homophobic." Most of these ad hominem attacks couldn't be further from the truth.

But, before I discuss closed-mindedness, I shall first concentrate on what it means to be open-minded. On a recent first advertising for a certain product, I read that the cost of admission was an open mind. But what does it mean to have an open mind without first judging it, imagining it and seeking to understand what is being said? Open-mindedness does not require the listener to agree with everything that's said. In fact, the critical thinker/listener to judge what is said and attempt to understand it. However, if the listener automatically accepted as truth everything he/she hears without first judging it, imagining it, and seeking to understand what is being said, then that person was really not open-minded but, in fact, a person of relativism of the truth, but not all of it. This is why we must consider the money spent in this country every year on cosmetics — it's in the billions of dollars. Pictures of beautiful, sexy, young people on magazine covers sell millions of magazines every month. Supermodels know their million-dollar careers are over before they are 30. Compare all this to how much money is spent on breast cancer research each year.

When I was young, my father repeated this wisdom, as skin-deep beauty proves to be of lesser value than other human attributes. Yet, if actions speak louder than words, Americans seem to have abandoned this wisdom, as skin-deep beauty proves to be what is most important.

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All ages, plugged & unplugged shows on Fridays. Call for details.

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**$5 off any pair of men’s walk shorts**

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781 Dolliver Pismo Beach 773-1995
868 Monterey San Luis 541-1995
**New!**

**Italian Orginals**

**Meatsa Trio**

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**SIDE ITEMS**

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<th>Item</th>
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<tr>
<td>Buffalo Wings</td>
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<tr>
<td>20 piece</td>
<td>$6.99</td>
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<tr>
<td>Choose from: Hot &amp; Spicy, BBQ or Plain</td>
<td>$9.99</td>
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<tr>
<td>Double Cheeseybread</td>
<td>$2.99</td>
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<tr>
<td>Breadsticks</td>
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<tr>
<td>Fresh Garden Salad</td>
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</table>

Includes Choice of Dipping Sauce or Dressing.

**AVAILBLE CRUSTS**

- Classic Hand Tossed
- Crunchy Thin Crust
- Thick & Chewy
- Ultimate Deep Dish

**TOPPINGS**

- Pepperoni
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- Ham
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**BEVERAGES**

- Pepsi, Diet Pepsi and Slice
- Can $0.75
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- Minimum Delivery $2.99
- We accept Cash, Visa, Master Card, Discover and American Express.
- ATM is available for Carry-out.
- $.50 charge for checks.

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**Coupons**

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Mike Ryan is involved with Poly community Editor, I was reading through the Mustang Daily when I came across a letter questioning Mike Ryan's involvement on Cal Poly's campus over the last several years. I had the opportunity of being Supervisor Ryan's legislative assistant over the past three years, and I know the amount of time and energy he has given to Cal Poly.

Supervisor Ryan was a member and chairman of the Student Housing Advisory Committee, which met to discuss the housing issues facing students and Cal Poly's neighbors. He and I have attended Cal Poly campus planning meetings on campus and involved in the issues and projects moving forward on campus. We have also become involved in the Student Community Liaison Committee so that we can participate in the communication between Cal Poly, the community of San Luis Obispo and local government agencies.

Supervisor Ryan has also been very active with the Economic Vitality Corporation, which is a public-private partnership with the goal of bringing investment and business to this area. This organization is looking at incredible opportunities to utilize the talents and abilities of Cal Poly's faculty and student body to further develop our local economy.

Supervisor Ryan's "open door" policy has also allowed him to meet individually with many Cal Poly students and faculty in order to hear their concerns.

Supervisor Ryan has shown his support for Cal Poly because Cal Poly and its students are a vital part of the community.

Scott Young is a legislative assistant for Mike Ryan.

We reserve the right to register on time
Editor, I am writing to express my frustration with Cal Poly's administrative staff concerning the matter of unregistered students. Any Cal Poly student can register on the first day of classes with a quarter registration fee; we all had to fight for spots in high-demand classes.

I recognize that the accounting staff must have a large amount of work on its hands around the time of registration, but that is no excuse for this kind of repeated error. I am persistent and punctual in paying my bills to Cal Poly, so I least I should expect in return is the right to register on time and without holds.

Wendy Nichols is a biology junior.

Leave military out of society's problems Editor, Nancy Kapp's tirade against Proposition 21 ("Troops in the classroom") made two accusations that were out of touch. The first was against society itself and the pressures it puts on minors and teenagers. The other was a general slap in the face of the military, which, as a Marine, I take offense to.

The base of Ms. Kapp's argument was that minors cannot make good decisions because society warps their fragile little minds. According to her, the violence in television and in movies accounts for most of the violence in society. I have not heard such apologetic drivel in years. When someone sees and hears the same images on violent movies, and most go well out of their way to buy albums with the most lewd and violent lyrics. Yet most of them don't go out beating people up, stealing or killing. That's because most teenagers have developed a discerning perception of reality. There are many outside reasons for these violent teenagers, and only one of those problems is bad enforcement. Proposition 21 would help enforcement and help as a deterrent.

Finally, Ms. Kapp slapped every member of the military and every veteran in the face by saying the image of American military might cause teenagers to be violent. You have so much to be thankful for in this country that is a result of the American military. American military might prevented a world war for 40 years until the Soviet Union crumbled. American military might, specifically our nuclear weapons, actually PREVENTED nuclear war. Without American military might, the spread of communism to western Europe and most of the rest of the world would have ended. American military might is the only reason the North Koreans, the Iraqis (after they learned the hard way) and the Taliban in the Red China's don't pillage the world at will. And remember, Ms. Kapp, American military might protects your right to be ignorant.

You know, now that I think about it, the things we were still vio­ lent 30 years ago. The two things that have really changed for young Americans that might explain more violence and less responsibility are the explosion in drug use and (gasp again) the end of the draft. Ms. Kapp, if you want to take a stab at the military, remember this: "When not the big decisions come, and I and countless others get that phone call to mobilize, we are the American's force (and we probably will have to kill, and with that, some of us will probably have to die. And it will suck. But when Ms. Kapp and I continue to have the right to state a completely baseless position among other things, we don't have a say, a stab at someone for society's problems, do us a favor and leave us out of it.

Mike Burchett is a junior major and a Marine Corps Reserves lance cpl.

Fear of multiculturalism is actual racism Editor, A small advertisement in Friday's Mustang Daily read, "In your 20th U.S. population will double in your lifetime, registration for "FACILITATION. Stop it, Congress!" The ad was paid for by an organization called ProjectUSA and listed in their Web site address. The group's goal is to stabilize the U.S. population to prevent overcrowding for IT's own children. The kids need a good environment. It is needed and one Zero Population Growth has been supporting for over two decades. I have two questions. Who are they contributing to the popula­tion by reproducing? And why exac­tly are they the '50 sharing immigrants'?

I didn't find any satisfying answers to the first question, but I did find this: "We at ProjectUSA believe the unprecedented level of foreigners arriving in the USA every day is eroding our quality of life and threat­ ening the foundation of our society" and that "culture matters ... there is a unique and unifying American cul­ ture - rooted in and multiracially multiETHNIC but MONOculture."

Joel Millman's book, "The Other Americans," argues that study after study has shown that the image of American military might causes teenagers to be violent. You have so much to be thankful for in this country that is a result of the American military. American military might prevented a world war for 40 years until the Soviet Union crumbled. American military might, specifically our nuclear weapons, actually PREVENTED nuclear war. Without American military might, the spread of communism to western Europe and most of the rest of the world would have ended. American military might is the only reason the North Koreans, the Iraqis (after they learned the hard way) and the Taliban in the Red China's don't pillage the world at will. And remember, Ms. Kapp, American military might protects your right to be ignorant.

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On Campus

Dining Guide

Vending Offers Snacks All The Time, Any Time

By Lauren Nowenstein

The Cellar, located in the lower east level of the Dexter building, is available 24 hours a day, seven days a week, to offer you a quick snack or meal.

With french fries, ice cream, frozen dinners, sandwiches, brewed coffee, fresh fruit and much more, The Cellar has something to fit almost every taste and budget.

And if you're out of change or cash, don't worry, the vending machines at The Cellar also accept Plus Dollars and Campus Express.

If you are hungry between classes, or you are far away from a dining establishment, there are also vending machines in various locations around campus, including many places in the residence halls, the U.U., Fisher Science, the Business building, Faculty Offices-East, and the Administration and Foundation Administration buildings. Many vending machines around campus accept Campus Express and Plus Dollars.

When you buy something from one of the about 125 vending machines on campus, you can be sure that it is fresh. Steve Halopoff, a vending route service person who restocks the soda machines, says he keeps a careful eye on the expiration dates.

"The 20-ounce soda vending machine in the U.U., and the ones in the Business building and at The Cellar are filled almost daily. The other soda machines are restocked two to three times a week," Halopoff said. The sandwiches, bagels, and other fresh foods at The Cellar are replaced daily Monday through Friday. Halopoff recommends that students try the french fries sold at The Cellar.

"They really are quite good," Halopoff said. For students who are wondering how the french fry machine in The Cellar works—it's less complicated than you'd think. The french fries are precooked, frozen, and then baked by the machine right before they are dispensed.

The vending machines offer food selections based on customer preference. New items are frequently offered in the machines, and if an item sells well, it will continue to be offered.

Possibly the best pizza in town, by the slice or whole pizzas and a great salad bar.

Call 756-4089 for on-campus delivery of a 10" pizza.

Need a quick, tasty snack as you rush between classes? Vending your favorite foods, everything from coffee and sodas to sandwiches, fresh fries and fruit.

Convenient, quick and always open.

Located across from the U.U. ATM's
Ryan Hollister, a liberal studies senior and triple-jumper on the track team, said the resurfacing is long overdue.

"It is just really hard, and it does not feel good to run on whatsoever," he said. "You can tell that it is really worn in some spots and uneven. You can just go out on a rainy day and see where the puddles collect and where the best marks are." Hollister said the track goes through a constant wearing and tearing with the track team using the facility six days a week for up to 20 hours per week. This is not including the physical education classes, other sports teams or any other teams who use the track for personal use.

The normal life span of the track is seven years, and this one is 14 years old, so it is twice past when it should have been resurfaced already in the eyes of most industry professionals," Hollister said. "It is just really hard and over time, as you run on it, it just compacts the surface so it wears it out and gets thinner and thinner with no more spring in it."

Dr. Daniel C. Fulmer, a podiatrist who works in the Cal Poly training room twice a week and who runs his own private practice, said the track should have been resurfaced years ago.

"In my opinion, the track should definitely be resurfaced now," he said. "Because the track has not been resurfaced, the track is harder and has less resiliency and less shock absorptivity." Fulmer said he has seen a dramatic increase in stress injuries and impact injuries such as stress fractures of the foot and rib. Shin splints and muscle tears have been common.

"We have seen more injuries, and it doesn't take a rocket scientist to figure this out," Fulmer said.

Head track and field coach Terry McCutcheon said the track is in dire need of resurfacing. The track is seven years past its normal lifespan. "The track is in good condition now, and another coat will just add to the synthetic layer already on it." McCutcheon said that different circumstances contribute to athletes' injuries and the surface of the track is only a small variable.

Strawberry continued from page 8

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"Track is track, and some athletes are more susceptible to various injuries," Crawford said. "As coaches, we do a variety of things to rotate training on a variety of our surfaces. We have never been able to go totally free of injuries during a season.

strawberry returned last season and hit .327 with three homers and six RBIs in 24 games. He hit .333 (5-for-15) with two home runs in the postseason, showing the easy swing that made him so dangerous.

The Yankees now must decide how to fill the left-handed DH spot Strawberry was supposed to occupy. Chili Davis, the team's top-designated hitter last season, has retired.

Yankees DH hit a combined .271 with 23 home runs and 84 RBIs last year. "I'm not in a reactionary mood because of Darryl's suspension," general manager Brian Cashman said. "I don't think we have the hats on our roster to at least duplicate that. Yes, I do." Crawford said the track team, who placed 16th nationally for men and 20th nationally for women last year, is looking forward to a good season. Its only home meet this year is on March 18.

CASTRELLON/LESAHAN PAGE 782-1475

MARKS/SCHNEIDER/MUSTANG DAILY

Sports
Brashear remembers little of vicious hit

VANCOUVER, British Columbia (AP) — One week later, Donald Brashear remembers nothing of the brutal stick attack and does not understand why it happened.

"I never thought I'd see a player acting like that toward another player," the Vancouver Canucks forward said Monday of the stick-swinging hit to the head by Marty McSorley. "I wondered what was going through his mind to do a thing like that, but it happened.

Brashear's head smashed against the ice, leaving him unconscious. His body twitched and blood streamed from his nose. He said he remembers waking up, but isn't sure where.

He was diagnosed with the most serious kind of concussion and has headaches every day. He cannot exercise for at least two weeks, and his status will be reviewed then.

Brashear takes comfort in still being able to function and think about a return to hockey.

"I'm just happy that I can walk right now and be on my feet and see a 4-month-old son, and keep living," he said. "But I'm not going to feel as good as when I'm going to be able to put my skates on and get a bit or take a hit or get into a fight for my teammates. I'm not going to be able for my or her actions. I am hopeful that he will still use this time away from the game productively and will care for himself and his family."

Strawberry, an eight-time All-Star, had been expected to be the prime designated hitter for the two-time World Series champions this season. Instead, his third cocaine-related suspension from baseball in five years left his future in doubt.

"Bad just told me," Yankees owner George Steinbrenner said when he left the ballpark after an intrasquad practice.

The last straw for Strawberry

TAMPA, Fla. (AP) — A third strike for cocaine landed Darryl Strawberry a one-year suspension Monday, and left the New York Yankees and most of baseball wondering: Will he ever play again?

Commissioner Bud Selig imposed the penalty and did not make any predictions for the troubled slugger, who turns 38 next month, to return early for good behavior.

"This was a very difficult and painful decision for me to make," Selig said. "The meeting I had with Darryl and his wife, Charise, last Tuesday was an emotional experience for all of us. I had no doubt that his remorse and sorrows were genuine, and I worried about the effect my decision would have on his health and the welfare of his family.

"In the end, I couldn't ignore the past infractions and concluded that each of us must be held accountable for his or her actions. I am hopeful that he will still use this time away from the game productively and will care for himself and his family."

Strawberry, 41, has been a Legend at Legends Field since baseball ordered him out of the spring training complex last Wednesday, a day after his latest failed drug test became public.

His principal uniforms still hang in his clubhouse locker, along with a batting helmet and spikes. There's also a stack of mail, though there's nothing telling when he'll ever get to pick it up.

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