Mat attack:
Wrestling faces tough road ahead this weekend, 8

Oso Flaco: South of Oceano lies secluded lake, 3

Women's History Month

Professor reflects on her beginnings
By Danielle Samaniego
MUSTANG DAILY STAFF WRITER

When Gloria Velasquez graduated from Roosevelt High School in Colorado, she cried.

Unlike other students who were shedding tears of joy, however, she wept at the thought of the future.

"I remember crying because my family had no money," she said. "I was one of the three 'smartest' kids in our family. I had no money," she said. "I was one of the three 'smartest' kids in our family.

"I remember crying because I thought, 'I'll never get there.'"

"There" was college, where Velasquez, along with her three sisters, went on to earn her Ph.D. at Stanford University in the last 15 years, Velasquez attended classes to teach.

After graduating from University of Colorado, she went on to earn her Ph.D. at Stanford University in 1985. She was inducted into Colorado's Hall of Fame in 1989.

"I'm very proud to say that I'm one of the three 'smartest' Chicano kids in our school, and I remember crying because I thought, 'I'll never get there.'"

Unlike other students who were shedding tears of joy, however, she wept at the thought of the future.

"I thought, 'I'll never get there.'"

"There" was college, where Velasquez longed to go. Unfortunately, no one ever told her

Wrestling faces tough road ahead this weekend, 8

Oceano lies secluded lake, 3

Modest language of Chicana poet to be released
By Karin Driessen
MUSTANG DAILY STAFF WRITER

The government estimates that a permissible amount of low-dose radiation for one person per year is 100 milligrams, which is equal to about 10 chest X-rays per year. This and other health effects of low-dose radiation were discussed at the weekly physics colloquium Thursday.

Dan Hinch, from Committee to Bridge the Gap, an environmental group that intervenes in court cases, gave arguments on both sides of the issue, then concluded with his own opinions and a question-and-answer session.

Hinch explained that low-dose means there are no acute effects such as the ones associated with the bombings of Hiroshima and Nagasaki, but there can be sufficient damage to genetic material, which can cause cancer.

The government's permissible amount of low-dose radiation could produce one case of cancer per 150 people, and half of those cases would be fatal.

The Environmental Protection Agency regulates radiation exposure on a much stricter risk level of one case per 1 million people, as opposed to the one case per 150 people.

The government's permissible level for nuclear plant workers is much higher at 5,000 milligrams per year, or 500 chest X-rays.

"A properly functioning nuclear power plant does not emit low-dose radiation. At the physics colloquium Thursday, an environmentalist spoke of some of the effects of low-dose radiation.

Women can buy student-bachelor to fight blood disorder
By Teresa Wilson
MUSTANG DAILY STAFF WRITER

The men have volunteered their time to be auctioned or to serve as drivers for the bachelors and their dates.

More than 25 local businesses have agreed to contribute prizes and services for the evening, including dinners for two and gift certificates. The University of Los Osos will provide transportation for some of the newly matched couples to and from restaurants and the final event of the evening, a Valentine's-themed dance at Tortilla Flats.

There will be photographers on hand to see BACHELOR, page 2

Contrary to popular belief, household microwaves do not emit low-dose radiation. At the physics colloquium Thursday, an environmentalist spoke of some of the effects of low-dose radiation.

The government estimates that a permissible amount of low-dose radiation for one person per year is 100 milligrams, which is equal to about 10 chest X-rays per year. This and other health effects of low-dose radiation were discussed at the weekly physics colloquium Thursday.

Dan Hinch, from Committee to Bridge the Gap, an environmental group that intervenes in court cases, gave arguments on both sides of the issue, then concluded with his own opinions and a question-and-answer session.

Hinch explained that low-dose means there are no acute effects such as the ones associated with the bombings of Hiroshima and Nagasaki, but there can be sufficient damage to genetic material, which can cause cancer.

The government's permissible amount of low-dose radiation could produce one case of cancer per 150 people, and half of those cases would be fatal.

The Environmental Protection Agency regulates radiation exposure on a much stricter risk level of one case per 1 million people, as opposed to the one case per 150 people.

The government's permissible level for nuclear plant workers is much higher at 5,000 milligrams per year, or 500 chest X-rays.

"A properly functioning nuclear power plant does not emit low-dose radiation. At the physics colloquium Thursday, an environmentalist spoke of some of the effects of low-dose radiation.

Women can buy student-bachelor to fight blood disorder
By Teresa Wilson
MUSTANG DAILY STAFF WRITER

The men have volunteered their time to be auctioned or to serve as drivers for the bachelors and their dates.

More than 25 local businesses have agreed to contribute prizes and services for the evening, including dinners for two and gift certificates. The University of Los Osos will provide transportation for some of the newly matched couples to and from restaurants and the final event of the evening, a Valentine's-themed dance at Tortilla Flats.

There will be photographers on hand to see BACHELOR, page 2

Contrary to popular belief, household microwaves do not emit low-dose radiation. At the physics colloquium Thursday, an environmentalist spoke of some of the effects of low-dose radiation.

Women can buy student-bachelor to fight blood disorder
By Teresa Wilson
MUSTANG DAILY STAFF WRITER

The men have volunteered their time to be auctioned or to serve as drivers for the bachelors and their dates.

More than 25 local businesses have agreed to contribute prizes and services for the evening, including dinners for two and gift certificates. The University of Los Osos will provide transportation for some of the newly matched couples to and from restaurants and the final event of the evening, a Valentine's-themed dance at Tortilla Flats.

There will be photographers on hand to see BACHELOR, page 2

Contrary to popular belief, household microwaves do not emit low-dose radiation. At the physics colloquium Thursday, an environmentalist spoke of some of the effects of low-dose radiation.
Blood vandal confesses

Edds said the student was very apologetic and remorseful.

"(The student) is genuinely interested in participating and making sure everyone is understanding that there was no grief intended," Edds said.

Edds said he feels the case should be handled as vandalism and does not have enough to warrant credible threat.

There are several avenues the university could take in handling the case. It can either go through Residence Halls Judicial Affairs or the university's Judicial Affairs office. The student is reportedly in good health, which the investigation primarily focused on.

VELASQUEZ continued from page 1

novel is now being used as a biographical/psychological account of her life by several universities throughout the United States. "I always get asked, 'When did you write your first poem?' and I date it back to my first guitar when I was 7 or 8 years old," she said. "I started playing it and started writing my own songs." Though Velasquez was actively involved in writing poetry at a young age, it wasn't until she became involved with the Chicano literary movement of the '70s that she began to take the art seriously, creating poems and written and artists as Jose Antonio Burciaga and Jose Montoya. "I remember that no one much liked (Burciaga's and my poetry), because we were so oral," she said. "We were kind of on the edge or something, and were virtually, unknown." In Burciaga went on to become one of the most prominent figures of Chicano literature before his death in 1979. He also was important in the art world with his murals (including "Sick of Cultural Chicanismo"). Some of Burciaga's original artwork is in Velasquez's "Superwoman" book. Velasquez also wrote short stories, and eventually created and wrote her own young adult novels, titled "The Roosevelt High School Series," which are being used in grammar schools to educate students. The novels focus on the lives of young Mexican-American youths dealing with the trials and tribulations growing up.

Velasquez's novel, "Tommy Sturds and the Great University That Promised a Better Future Than Being Denied in Colorado for Its Content," the story deals with Tommy's troubles after being charmed in school for being gay. It is based on Velasquez's cousin Steve who struggled with his own homosexual identity within his Mexican-American family. She continues to recognize him in her writing. Velasquez said, "There will be a new book coming up, but it's staying away from controversy for now. Velasquez has been extremely busy. She is now writing her sixth installment for the Roosevelt Series (the fifth she will be out in fall). She is also working on her soon-to-be-rel释ed "Superwoman" CD (which will include eight original songs she's written), teaching courses and traveling to gigs all across the United States. When asked how she deals with everything, Velasquez replies, "I'm barely doing it!" She gives credit to her mother and aunt, "I think of my mother because of her incredible strength," she said. "To be a woman of color during that time was very difficult, you survived poverty, racism, sexism..." She also pays homage to her aunt and cousin Steve through her work.

As a self-described "rebel poet and rebel Chicana from Colorado," Velasquez wants to keep striving forward creatively and to continue to make a difference.

Hi, I just wanted to say that the lost of hurricane Katrina was a very sad event. It is a reminder that we should always be prepared for such tragedies. However, it is important to remember that in times of adversity, there is always hope and a chance for recovery. We must come together as a community to support one another and work towards rebuilding.

Hitch concluded by saying that there are not only scientific forces at play in the debate, but economic ones as well. Large amounts of money are being spent on scientific research and technological advancements, contributing to the controversy surrounding the debate. The question then becomes whether or not these investments are justified and whether the benefits they bring exceed the costs. Further research and discussion are needed to determine the best course of action.

The Physics Department has been holding its weekly colloquia for 10 years on physics and on how science relates to society. The colloquia are held every Thursday from 11 a.m. to noon in Madagascar.

BERRY continued from page 1

serious message.

When stressing the importance of a good education, Berry listened reading to going to the bathroom. "Saying that you don't like to read is like saying that you don't like to go the bathroom. You don't have a choice. You have to do it to live," she said.

Berry became serious when speaking about society's fear of differences and the intense need to accept each other.

"It's important to encourage people to have a diversity of ideas and opinions," she said. "You never have a clear understanding that we need diversity to grow."

Berry encouraged audience members to look into their past and learn from the history of their parents or grandparents. For the future, she advised remaining connected within a society and "not getting caught up on our insides rather than our outsides," referring to the superficiality that often plagues people.

Berry urged women to unite and begin to work together, instead of against each other.

English senior Rachel Raymond, a member of the Women's Center Board, was influential in asking Berry to speak. "We wanted to have an African-American speaker to represent women's issues, but also because February is Black History Month. Berry's credentials are astronomical," she said.

As part of the month, a panel discussion, titled "Choices, Challenges, Changes," was held on Tuesday and a women's quilting session was held Thursday.

Nubank.com

Fast-paced marketing firm for looking for motivated, organized people to fill many positions in Southern & Central California. Visit us at 'hr Bald Rocking Chair'...caving rock climbing, ropes course, mountain biking, snowmobiling, rafting, ice fishing, kayaking, windsurfing, drama, arts & crafts, water-skiing, Training is available.

www.nubank.com

Fax resumes to 805.547.8851
Attn: hiring Manager
Or e-mail resumes to jobs@nubank.com
**Get Out**

**Beachfront property**

A walk through Oso Flaco Lake Natural Area, south of Pismo Beach, takes visitors through natural wonderland.

By Andy Castagnola

MUSTANG DAILY EDITOR IN CHIEF

It’s like a fish out of water: a small, freshwater lake sitting only a few hundred yards from giant sand dunes and the Pacific Ocean.

Oso Flaco Lake, three miles south of Pismo Beach, off Highway 1, is a peaceful respite for busy students. About 11,500 people visited Oso Flaco Lake Natural Area last year to fish, hike, sightsee and snap a few photos.

The mile-long hike from the parking area to the beach is an exploration into diverse ecosystems. The trail starts in a dense, wooded area. Don’t be fooled by the cool, shaded walk through the riparian forest, though. A left-hand turn after a few hundred yards leads walkers to a wooden bridge directly over the middle of the lake. Keep an eye out for active bird life in the willows and cattails around the lake.

Once across the lake, the hike wanders through low-lying dune scrub unique to the Central Coast. Six miles, the scrub becomes sparse, and the beachline in both directions.

Eventually, the trail opens up to the beach, and walkers can follow the coastline in both directions.

The 200-acre area is part of Oceano Dunes State Vehicular Recreation Area, however, no vehicles are allowed on this protected portion of the dunes.

Currently, the U.S. Fish and Wildlife Service is proposing converting the dunes south of Oso Flaco into a national wildlife refuge. The Mobile Coastal Preserve, which begins about one mile south of Oso Flaco, contains about 2,500 acres and several federally protected species, including the snowy plover and least tern.

The Nature Conservancy, which now operates the Guadalupe-Nipomo Dunes south of Oso Flaco, offers decent lead walks in the area several times per month. Visitors can call 929-3647 for information.

To access Oso Flaco Lake, take Oso Flaco Lake Road off of Highway 1 and follow it into the parking lot and trailhead. Day use fees are $4 per vehicle, and camping fees are $6 per night, May through September. Oso Flaco Natural Area is open 10 a.m. to 5 p.m.

**WANTED**

**Poly Escapes presents Kavu film festival**

Kimberly Tahsuda

MUSTANG DAILY STAFF WRITER

Kavu Day 2003, a festival of outdoor films presented by Poly Escapes, premiers Tuesday Feb. 18 in Chumash Auditorium.

"The festival is a good diversion for students," program adviser Darin Conner said. "It will give students a break from studying."

Kavu is a Seattle-based apparel company that created the festival to provide a series of amateur films to be viewed by college students. The festival is modeled after the Bunk Festival of Mountain films, an amateur film contest. The winners of the Bunk Festival tour the world with the winning films.

The festival consists of four films: a 45-minute back country skiing documentary through Russia; 30 minutes of extreme kayaking through Washington, Montana, Mexico and Canada; a 20-minute mountain bike shift through San Francisco and North Shore British Columbia; and a 10-minute film called "The Realm."

Free popcorn will be available at the festival as well as free giveaways of outdoor apparel from Kavu.

"These are great films," Conner said. "The kayaking film shows some amazing feats."

The films will show at 7 p.m. and 10 p.m. on Tuesday in Chumash Auditorium. Pre-sale tickets are available in the Escape Route (room 112 of the University Union). Tickets will also be sold at the door.

"These films will not be able to be seen everywhere else," Conner said. "Amateur films are not mass market. They have a grassroots quality to them."
Opinion

The issue: Valentine's Day romance

It's a wonderful holiday

Valentine's Day is not a holiday made up by greeting card companies to make money in between "real holidays." The holiday actually has a romantic and factual history to it. And it's a great day.

I was once a skeptic of Feb. 14, but now that I've found true love after a long time of doubting, I believe that Valentine's Day is a very special holiday.

Some may say that you don't need a holiday to celebrate your love for someone. True, you can celebrate your love every day, but Valentine's Day is an excuse to go overboard with a threat to overdo it.

Between "real holidays," the holiday actually has a romantic and factual history to it. And it's on the holiday.

For those who say Valentine's Day is a valid holiday because people are celebrating such a special, powerful emotion.

Remember the days back in elementary school when we were given an entire afternoon to sweep in meekness in our knees. It's no longer meekness, but rather a natural instinct within us.

For those who say Valentine's Day is a valid holiday because people are celebrating such a special, powerful emotion. Remember when you get that special once from your crush? Well, maybe it was a true cartoon character card that said "Gee, you're swell..." in some way. It's a great feeling recognized by people all over the world. Love is everywhere in songs, in movies, on television, in books—even animals experience love. Love creates knots in our stomachs, in movies, on television, in schools, when we were given an entire afternoon to sweep in meekness in our knees. It's no longer meekness, but rather a natural instinct within us.

First and foremost, it is impossible and unfair to designate a day to love someone. This theory puts entirely too much pressure on the parties at hand and is utterly pointless. While I still don't think Valentine's Day is a holiday made up by greeting card companies to make money in between "real holidays," I've heard Feb. 14 dubbed Single Awareness Day, I have found that couples are not spared from the agony of forced romance.

In searching for the ideal Valentines, I realized a great many things about myself and this world. In a world full of stress and insecurity, the last thing we need is this "holiday" to make the beautiful frame or how lucky I was to be with him at all.

For anyone who thinks that Valentine's Day is coming, I have one thing to say: Don't be so stubborn. Love is worthwhile if you only accept what it has to offer. For example, my friend—I'll call him Chuck—decided to protest Valentine's Day by asking a girl out to protest the holiday with him. Hmm... I may be wrong, but in some sense, isn't using Valentine's Day as an excuse to ask her out? Sure, Chuck, you're not feeling me! I've been on both sides of the arguments involving Valentine's Day. However, I've come to realize that the holiday is here whether we like it or not. It's more fun to enjoy it than fight it. Besides, love can be hidden in many ways, and Valentine's Day is an opportunity to single it out and have a little extra fun. It's the power of love.

Kelly Hendricks journalism junior and a Mustang Daily staff writer.

"We'll all come to you for cards, gifts, and other paraphernalia...

MEN WILL ACTUALLY HAVE TO TELL THEIR WIVES, "I LOVE YOU!"

Right now, at least half of the Cal Poly population is stressing out, and it's not because of midterms. There are people wondering the aisles of Hallmark, crying over the sappy cards and heart-shaped flowers.

Students are wondering campus in a state of near-sickness, watching other couples kiss or hold hands, knowing that they will be alone on Valentine's Day.

Students who have found that special someone are frantically checking their hands for single awareness. It's arrived. America's only holiday that takes the essence of love and commercializes it into an ideal that is impossible to achieve. Valentine's Day is essentially a day that forces you to love someone.

Although I hate to admit it, I too believed in the meaning of the holiday. Just as I do now. I dreaded Feb. 14, but I assumed my hatred of this heart-smarted day was the result of my love life. I was wrong. After I found a prince charming rode through the door, I would be granted the perfect Valentine's Day: a romantic dinner, champagne and flowers or a walk on the beach. I was wrong.

Last year, I finally had a boyfriend. While my friends noped about and complained about boys, I planned for a day of love and romance. I speculated on the surprises that my boyfriend would most certainly bestow on me. He came over Valentine's Day evening, he carried with him a handmade frame with a picture of the two of us—and no plans. When I realized he didn't have dinner reservations or surprises holding up his sleeve, I was disappointed. When he suggested a homemade dinner and a movie, I was devastated.

Any other day of the year, the prospect of quiet time at home with him would have made my day. Instead, it nipped it for absolutely no reason.

So upset was I that I didn't eat much, and we didn't have all the typical Valentine's ingredients. I failed to appreciate how long it had taken him to make the beautiful frame or how lucky I was to be with him at all.

While I've heard Feb. 14 dubbed Single Awareness Day, I have found that couples are not spared from the agony of forced romance.

In searching for the ideal Valentines, I realized a great many things about myself and this world. In a world full of stress and insecurity, the last thing we need is this "holiday" to make the beautiful frame or how lucky I was to be with him at all.

While I've heard Feb. 14 dubbed Single Awareness Day, I have found that couples are not spared from the agony of forced romance.

In searching for the ideal Valentines, I realized a great many things about myself and this world. In a world full of stress and insecurity, the last thing we need is this "holiday" to make the beautiful frame or how lucky I was to be with him at all.

While I've heard Feb. 14 dubbed Single Awareness Day, I have found that couples are not spared from the agony of forced romance.

In searching for the ideal Valentines, I realized a great many things about myself and this world. In a world full of stress and insecurity, the last thing we need is this "holiday" to make the beautiful frame or how lucky I was to be with him at all.

While I've heard Feb. 14 dubbed Single Awareness Day, I have found that couples are not spared from the agony of forced romance.

In searching for the ideal Valentines, I realized a great many things about myself and this world. In a world full of stress and insecurity, the last thing we need is this "holiday" to make the beautiful frame or how lucky I was to be with him at all.
Opinion

Controversy ads bring breast cancer to public attention

Unfortunately, I don't remember the last time a breast cancer ad caught my attention. I also don't know many female friends who perform regular self-checkups. I also don't know many female friends who perform regular self-checkups.

Mustang Daily staff writer.

Letters to the editor

Use posters sparingly

Editor,

Although I do not agree with the gay, lesbian or bisexual lifestyle, I feel it is not my business to tell them what they can or can't do.

However, when any club insists on plastering posters on the bulletin boards, I think they are overstepping the line. I think they are overstepping the line. Encouraging a "yes" vote on Proposition 22 to prohibit same-sex marriages in this state, California is currently does not recognize same-sex marriages. Therefore, this proposition would not prohibit such marriages. Only marriage between a man and a woman is valid or recognized in California. As you can read in the proposition, nowhere does it state that California is prohibiting same-sex marriages. The purpose of this proposition is to prevent California from having to accept the decisions of other states regarding this issue.

Yasmin Corless is a liberal studies major, profanities and length.

Exceptions are the rule

Editor,

Rose O'Donnell's third healthy, happy, healthy baby was born in England while Rosie O'Donnell was born in England while the disastrous Boston Celtics game still clings to the idea that there is an omnipotent being that created the universe. But I really think that it is time we give up this anti-clericalism. Modern science is discovering new facts every day, and while this doesn't replace so-called eternal truths that many people hold, it has the advantage of being replicable and observable by anyone who cares to look, rather than made-up interpretations or half-forgotten old stories.

Believers do use useful purposes in society, including a peace-keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidarity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and keeping element that is usually stronger than local law enforcement and a foundation for solidity, providing social cohesion and maintaining strong women moving on with or without breasts, happy to be alive.

Jillian Wieda is a journalism and Mustang Daily staff writer.
The Novel Experience offers personal interaction

The Novel Experience is a bookstore located downtown at 787 Higuera Street across from The Network. The owner, Jim and Christine Hill, have run the family type bookstore for the past eight years.

The Novel Experience carries every type of book from bestsellers to classics, healthy cooking to healing the spirit, and many greeting cards. The store has a wide variety of bookmarks ranging from 99 cents to $5, as well as many greeting cards.

People are getting smarter about taking care of themselves and their health care," said Jim Hill.

"Nothing beats face-to-face interaction," he said. Unlike chain and on-line bookstores, employees at the Novel Experience can recommend books to customers that they have personally reviewed.

In the next few months, the Novel Experience will be remodeled and seismically retrofitted, resulting in a bigger, better, and nicer environment. The Novel Experience currently offers students and faculty a 10 percent discount on all books. Students studying literature's classics can find them at the store, along with a wide selection of Cliff's Notes.

"If we don't have it, we offer to get it," said Jim Hill.

He said 99 percent of the time books can be ordered at no additional charge. The Novel Experience also carries the books featured in Oprah's Book Club. Most orders are filled within five to seven days.

Call 544-0150 to order by phone.

The Novel Experience is located downtown at 787 Higuera Street. Owner Jim Hill, right, believes in face-to-face service.

"Until we found out he was a she.," said Jim Hill.

Besides books, the Novel Experience carries pens, stationery, book lights, and calendars. The store has a wide variety of bookmarks ranging from 99 cents to $5, as well as many greeting cards.

Jim Hill doesn’t believe in on-line shopping.

The Novel Experience is a bookstore located downtown at 787 Higuera Street across from The Network. The owner, Jim and Christine Hill, have run the family type bookstore for the past eight years.

The Novel Experience carries every type of book from bestsellers to classics, healthy cooking to healing the spirit, and many greeting cards. The store has a wide variety of bookmarks ranging from 99 cents to $5, as well as many greeting cards.

People are getting smarter about taking care of themselves and their health care," said Jim Hill.

"Nothing beats face-to-face interaction," he said. Unlike chain and on-line bookstores, employees at the Novel Experience can recommend books to customers that they have personally reviewed.

In the next few months, the Novel Experience will be remodeled and seismically retrofitted, resulting in a bigger, better, and nicer environment. The Novel Experience currently offers students and faculty a 10 percent discount on all books. Students studying literature's classics can find them at the store, along with a wide selection of Cliff's Notes.

"If we don't have it, we offer to get it," said Jim Hill.

He said 99 percent of the time books can be ordered at no additional charge. The Novel Experience also carries the books featured in Oprah's Book Club. Most orders are filled within five to seven days.

Call 544-0150 to order by phone.
BASKETBALL
continued from page 8

game in which she scored 20 points.
Tonight's matchup will be the
23rd meeting between the two
teams. Long Beach holds the advan-
tage, 22-2, including wins in both
meetings last season.
The 49ers will enter play with
one loss (53-66 at New Mexico
State) and a 6-1 record in the con-
test. They are second in the
Western Division behind the unbe-
fated UCSB Gauchos.

The Mustangs continue their road
trip, traveling to Stockton to face
the Pacific Tigers. Pacific is currently
third in the Western Division with a
3-4 record.

WRESTLING
continued from page 8

three pins and won seven of 10 on its
even against a 33-13 victory.
A standout in the Mustang roster
has been sophomore Steve Strange.
Strange has won 15
straight matches to improve his
overall record to 22-5. Strange is
coming off a California State
Championship performance in
which he captured the 174-pound
title by defeating Fresno State's Dan
Jackson by default.
Strange is confident in his team's
abilities for this weekend.
"I feel confident that we should
come out with two victories this
weekend. We should beat Stanford
and San Francisco State, but
we'll have to see how we get
off against Nebraska."
Steve Strange
174-pound wrestler

tonight, the Mustangs will take on
No. 7 ranked Nebraska Saturday at
7:30 p.m. The Cornhuskers enter the
match with a 7-2 overall record.
They have two returning All-
Americans and are members of the
Big 12 Conference.

There is no rest ahead for the
Mustang grapplers. They travel
Monday to face Cal State
Bakersfield in their final dual meet
of the season.

Rec Center jumping with new classes

By Danielle Samaniego
MUSTANG DAILY STAFF WRITER

The Rec Center covers little-
known activities.
Many of the fitness and instruction-
als classes now being offered
are new this quarter. Students can participate
in everything from jump roping
to salsa dancing to a 500-year-old African-Brazilian
tradition.
"We look for classes that emphasize
physical well-being, mental well-being
and otherwise," said Charlene Rosales,
a fitness administrative assistant at
the center. She is in charge of bringing
different activities for the students
each quarter.

This quarter there are several new
classes, including a "Mat Patles" class
based on a program developed by
Joseph H. Patles. The class works on
a person's posture and core muscles,
allowing greater flexibility. There is
also a 45-minute workout class, known as "JUMP," which
focuses on using a
jump rope for cardio purposes.
Another course on capoeira, which
is a combination of martial art tech-
niques, involves kickboxing and acro-
batics.

Mala Watson, a mechanical engi-
neering sophomore who works at the
front desk of the center, said classes
often fill up within the first week,
except for those that are foreign to stu-
dents.
"When people don't recognize
the words, when they don't know
what it is, then (the class) won't fill up," she said. "If it's something like kickboxing,
well, everybody knows what that is,
and they want to take that."

Sign ups for the various activities
take place during the first week of each
quarter. The first week is free to those
who are interested but not quite sure
if the course is for them. After that,
average prices for classes range
between $35 to $38, and most sessions
are offered twice a week.
Rosales said prices for the classes are competitive to other gyms and clubs, and as Watson
put it, "We don't get that many refunds."

So far, the new classes have been
well received, according to Watson,
"I like it because it involves a lot of
to perform this weekend. We
should come out with two
victories this weekend. We
should beat Stanford and San Francisco State, but
we'll have to see how we get
off against Nebraska."

Frank Robinson is others that are
to mind. Cincinnati is the only place
the 10-time All-Star center fielder
would want to play. And when spring training
begins later this month, his trade-
mark backward hat will have a "C"
in it.

"I didn't want to move around," he
said. "I wanted to be able to stay put." Pittsburgh Pirates and outfielder
Mike Cameron were sent to
Seattle for Griffey, along with a part
of minor leaguers: infielder Antonio
er Mike Cameron were sent to
Seattle for Griffey, along with a part
of minor leaguers: infielder Antonio

"I wanted to be able to stay put,"
he said. "I like it because it involves a lot of
mood toning, cardiovascular work
and stretching, which is really a part of
the three aspects of fitness," Wood said.

Rosales said bringing in instructors
outside of the college is what brings a
higher caliber of instruction to the
classes.
"We are getting to instructors
who are taking their passion and
applying it to teaching," Rosales said.

Ryan Anderson, capoeira instructor
at the Rec Center, has been studying
the art for the past four years and has
teaching it for the last three.
"You develop a much deeper
knowledge of fitness and
all around, and that is really why you
"We are starting to get instructors
who are taking their passion and
applying it to teaching," Rosales said.

"Most of our classes are able to
accommodate one's athletic ability," she said.

"If we'd like to at least offer
something for the beginner as well as the
advanced," Rosales said.

Rosales said she is excited about
the diversity of the classes being offered.
"We really have quite a spread
across the board here," she said.

"It's like being traded for Jordan
or something," Tomko said.
Indeed, Griffey could be his sport's
Michael Jordan. No wonder the
Mariners were so reluctant to lose him.

Frank Robinson is others that are
to mind. Cincinnati is the only place
the 10-time All-Star center fielder
would want to play. And when spring training
begins later this month, his trade-
mark backward hat will have a "C"
in it.

"I didn't want to move around," he
said. "I wanted to be able to stay put." Pittsburgh Pirates and outfielder
Mike Cameron were sent to
Seattle for Griffey, along with a part
of minor leaguers: infielder Antonio
er Mike Cameron were sent to
Seattle for Griffey, along with a part
of minor leaguers: infielder Antonio

"I wanted to be able to stay put,"
he said. "I like it because it involves a lot of
mood toning, cardiovascular work
and stretching, which is really a part of
the three aspects of fitness," Wood said.

Rosales said bringing in instructors
outside of the college is what brings a
higher caliber of instruction to the
classes.
"We are getting to instructors
who are taking their passion and
applying it to teaching," Rosales said.

Ryan Anderson, capoeira instructor
at the Rec Center, has been studying
the art for the past four years and has
teaching it for the last three.
"You develop a much deeper
knowledge of fitness and
all around, and that is really why you
"We are starting to get instructors
who are taking their passion and
applying it to teaching," Rosales said.

"Most of our classes are able to
accommodate one's athletic ability," she said.

"If we'd like to at least offer
something for the beginner as well as the
advanced," Rosales said.

Rosales said she is excited about
the diversity of the classes being offered.
"We really have quite a spread
across the board here," she said.
Mustangs take streak to Long Beach

By Christian von Treskow

Following its first ever back-to-back wins in Big West Conference play this past weekend, the Cal Poly women's basketball team travels to take on the Long Beach State 49ers tonight.

The Mustangs' record improved to 2-5 in conference play after a 94-55 lashing of Cal State Fullerton and a five-point victory over UC Irvine. The two wins lifted Cal Poly into fifth place in the conference's Western Division. Vital to a Mustang victory will be the team's ability to limit the role of 49er center Rhonda Smith. Smith, a First Team All-Big West selection last season, is leading the team in scoring with 19.8 points per game.

Mustang forward Tawn Sperry believes stopping the 6-8 center will be a team effort.

"I'm definitely going to get help from my teammates. It's not going to be a one-on-one situation," Sperry said. "Our plan is to get her into foul trouble by using lots of ball fakes and playing aggressive." As with the 49ers' offensive weapons, Mustang head coach Faith Minnaha said a win is definitely possible.

"I think we pose as many matchup problems for them as they do for us," Minnaha said. "We have some serious work to do, but I think we have a belief we can win this game."

Minnaha said she hopes defensive adjustments will help expose 49er weaknesses and limit their looks at the basket.

"They have difficulty playing against the zone. Our plan is to play a lot of zone and hopefully that will slow their pace," Minnaha said. "That will enable us to keep the ball out of the middle."

The Mustangs will also rely on the offensive contributions of guards Kristy Baker (12.1 ppg) and Stephanie Otsing (12.6 ppg). Baker is coming off the UC Irvine upset victory.

Wrestling faces tough weekend matches

By Christian von Treskow

Cal Poly's wrestlers will be busy hitting the mats this weekend when the Mustangs host San Francisco State on Friday, Stanford on Saturday and San Francisco State again on Sunday.

The Cardinal are led by seniors Zach Zimmerer and Rudy Ruiz. Stanford comes in with a disappointing 6-6 conference record.

The Cardinal were victorious in their last dual meet against Cal Poly's March 15th in the 125-pound class. He will face junior Jaime Garza, who is 17-14 this season. Garza placed seventh in the 133-pound division at the Big West Championship.

The 125-pound class will also feature number one ranked Cal Poly's Zach Zimmerer, who is 34-0 this season.

Zimmerer is ranked No. 16 in the nation at 133 pounds and is bidding to become Stanford's first ever four-time NCAA qualifier. He is undefeated this season with 12 straight victories, including five pins.

Sophomore Otsing is currently No. 15 in the nation at 133 pounds. He will face senior Jamie Garza, who is 17-14 overall this season.

Zimmerer is ranked No. 16 in the nation at 133 pounds and is bidding to become Stanford's first ever four-time NCAA qualifier. He is undefeated this season with 12 straight victories, including five pins.

Sophomore Otsing is currently No. 15 in the nation at 133 pounds. He will face senior Jamie Garza, who is 17-14 overall this season.

With freshman蛎er Warren McPherson, McPherson dropped down to the 157-pound division this year and is ranked No. 16 with a 6-1 conference record.

The Cardinal were victorious in their last dual meet against Cal State Fullerton. Stanford recorded one victory in the meet.

Sports Trivia

Yesterday's Answer:

Fran Tarkenton played for the Minnesota Vikings and the New York Giants. Congrats Tommy Razo!

Today's Question:

Which former Boston Red Sox pitcher gave up Rocky Den's home run in the 1978 American League playoff game?

Please submit sports trivia answer to sports@mustangdaily.calpoly.edu. Please include your name. The first correct answer received via e-mail will be printed in the next issue of the paper.

Mustang Daily

Griffey heads home to Reds

CINCINNATI (AP) — Junior has come home.

Following three months of often deadlocked trade talks, the Cincinnati Reds reacquired Ken Griffey Jr. from his hometown team, the Seattle Mariners, after sending four players to the Seattle club.

The final piece of the deal came when Griffey agreed to a nine-year contract worth $156.5 million, the richest package in baseball history. The pact covers from 2000-2008, and the Reds even have an option for a 10th season.

"The last time I put on this uniform, I think I was eight — for a father-son game," Griffey said, pulling on a Reds jersey at a news conference.

"It's something I dreamed about as a little kid, being back in my hometown where I watched so many great players," he said.

Ken Griffey Jr. Outfielder

Griffey was picked up in Florida by a private plane belonging to owner Carl Lindner and flown to Cincinnati, where about 200 people greeted him in the airport parking lot.

"I think 1 was eight — or a father-son game," Griffey said, "and for all of baseball, too. Widely regarded as the best all-around player in the game, the 30-year-old Griffey is considered a threat to break Hank Aaron's career home run record of 755. Junior already has hit 498 with his sweet, left-handed swing, and was voted onto baseball's All-Century team last fall. Perhaps never before has such a great player been traded in his prime."

Sports Bar

Brown to stay with Raiders

ALAMEDA (AP) — Wide receiver Tim Brown passed up a chance at free agency and instead will remain with the Oakland Raiders.

Brown was signed to a new contract, Raiders coach Norv Turner said Thursday. Terms of the pact were not disclosed.

Linebacker Greg Backett, the team's leading tackler last season, and guard Steve Winslow also opted against going out on the free agent market in favor of re-signing with the Raiders.

Quarterback Bubby Brister, the backup to Rich Gannon, also came to terms and will be back with the Raiders next season.

"With free agency, we're in an era that promotes a lot of movement so to have this group of men back with us is something we're very excited about," Gruden said in a conference call. "We've had a plan from the very beginning. It's been private but well-calculated. The beginning of free agency began very well for the Raiders."