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CALIFORNIA POLYTECHNIC STATE UNIVERSITY, SAN LUIS OBISPO

Tuesday, January 25, 2000
www.mustangdaily.calpoly.edu

Mustang Daily

Additions to SNAP force may reduce citations

By Kimberly Tahsuda
MUSTANG DAILY STAFF WRITER

New additions to the SNAP program may reduce the number of citations issued to San Luis Obispo residents who receive noise complaints.

SNAP: Student Neighborhood Assistant Program, has expanded its staff enabling the program to extend operating hours and the number of employees working at one time.

"I would expect there to be a correlation between the increased number of staff and the number of citations given," Lt. Joe Hazouri said. "The idea is, there will be more warnings and less citations."

The program is designed to have trained SNAP officers, who are students, act as respondents to noise complaints first and verify that there is a violation. SNAP then would notify residents of the violation and issue a Disturbance Advisement Card. The card states that if there is another noise complaint made within 24 hours, the police will be sent. The residents will be billed for the cost of the second response whether a citation is issued or not.

"Educate first, enforce second is our motto," Hazouri said. "SNAP acts as that first buffer between residents and police officers."

SNAP has added six new employees, making a total staff of nine. The program now has the capability to have SNAP operating seven days a week if necessary. The staff additions also made it possible to have two, two-person teams operating on the busiest nights, Thursday, Friday and Saturday.

Going the distance to class

Many Cal Poly students and faculty commute to campus from as far north as Atascadero and as far south of school in Santa Maria.

Editor's Note: This is the first in a three-part series about the lives of Cal Poly students who tackle certain obstacles to get an education.

By Megan Shearn
MUSTANG DAILY STAFF WRITER

For many Cal Poly commuters, getting to campus via walking, biking or riding the city bus is considered a luxury compared to taking the freeway.

For history junior Chad Router, mornings begin heading north out of Santa Maria at 65 mph. Monday through Thursday he arrives on campus at 8 a.m. and leaves around 2 p.m. Free rent is a major benefit as an Angeles native, the 40-minute commute isn't as bad as it sounds.

"I enjoy the scenery. There isn't a visibility of none sounds."

"Driving is personal time; you don't have to do any homework," he said. "When I get home, I can retreat to read, watch television, or do whatever I want.

By Jillian Wieda
MUSTANG DAILY STAFF WRITER

KCPR accepts highest bidder to keep frequency

Cal Poly radio opened the phone lines Monday for its high-energy on-air auction, where students, faculty and the community bid for local merchandise and help keep college radio on the air.

A guest-host spot on the "Shaken, Not Stirred" lounge music show, an hour-long massage, and two 10-pound bars of chocolate are just a few of the donations being auctioned at the annual weeklong KCPR event.

"The money raised by the auction keeps us on the air because if anything were to break and we went off the air, we wouldn't come back," said KCPR general manager and computer engineering senior Adam Juan.

KCPR receives funds from the state once a year for equipment maintenance, phone bills, and to train new disc jockeys. The station needs to raise additional money to purchase new equipment and fund music and promotional items like T-shirts.

At the end of fall quarter, the station had to buy a new mixing console to replace the old console, which was 15 years old and frequently broke down. The total cost of the mixing board, which is the main control panel for the station, exceeded the amount of money given to KCPR by the state for an entire year.

Juan said in order to expand the station, the staff has to raise money.

"The station's goal this year is to raise $5,000 to cover the cost of the mixing board and to have something left over for station upkeep, projects and events.

"We want the auction to build a relationship between the station, the campus and the community," said KCPR marketing director Cordelia Clifton. "The idea is to get students to turn on KCPR in the dorms, then car or ask for it in the University Union and the gym."

The auction is supported by local businesses like Woodstock's Pizzeria, Thomas Everett Salon, Trader Joe's and Cold Stone Creamery. The businesses donate goods and the student disc jockeys put together packages.

Agriculture leaders from Alaska to Florida converge at Cal Poly

By Adam Jarman
MUSTANG DAILY STAFF WRITER

Agriculture students from all corners of the nation gathered at Cal Poly Friday and Saturday for the fifth annual Agriculture Ambassador Conference.

Students and faculty traveled from as far as the University of Alaska, University of Florida and University of Delaware.

"This is an opportunity to get a new perspective on the future of agriculture," said Teresa Ogas, conference chair and agribusiness marketing senior.

Ogas said this is the only national conference of its kind with the purpose of exchanging recruitment ideas and enhancing leadership skills.

Agriculture Ambassadors are students who visit community colleges and high schools on behalf of their universities to promote agriculture and higher education.

Joe Sabo, Agriculture Ambassadors advisor and director of outreach services for the College of Agriculture, said this year's conference improved in four main areas.

More colleges than ever held workshops, he said. Cal Poly improved personal contacts with visiting students prior to the conference. Forty-six alumni attended the event, and an industry panel discussed fields outside agriculture.

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Rail line surfs Central Coast with new trains

By Carolyn Ficara

MUSTANG DAILY STAFF WRITER

A shiny new train will roll into San Luis Obispo April 4 to whisk travelers down the coast of California at nearly 80 mph.

The San Diegan, California's most popular rail line, serves 1.5 million customers annually. It will have eight new trains and a new name, the Pacific Surfliner.

California and Amtrak have invested more than $500 million in the last 10 years upgrading the rail road that runs from San Luis Obispo to San Diego. The money helps to buy trains, repair tracks damaged during El Nino, refurbish a number of stations and offer new computer tick et services. The goal is to increase ridership by offering faster, more reliable and convenient service. There will be 11 trips daily between Los Angeles and San Diego.

Customers will have options in services, such as Pacific business class and coach. Local wines and health menus will be available. Passengers can relax in the wide seats and enjoy the view from large panoramic windows or plug in their laptops and attend to business.

The rail line's purpose is to provide an answer to the state's gridlocked highways.

Investing in improved rail service is an investment in California's future, Gov. Gray Davis said. A future vision is for people to use trains for almost all travel and shipping.

Other states, including Virginia, Pennsylvania, Wisconsin, Illinois and Michigan are also investing with Amtrak in corridor development to help deal with highway congestion. Under new management, Amtrak plans to enhance its services and improve equipment. Amtrak officials hope people will consider the trains a good alternative to automobile travel.

The new trains, powered by General Motors Electro-Motive locomotives, will replace California's 30-year-old engines. They have the capacity to travel at 125 mph, but because the rail line is crowded by traffic all along the route, they will only go 70 mph.

"We're not trying to provide a bullet service with lightning-quick trains," said Peter Rogers, transportation planner for San Luis Obispo. Right now, there is only one daily train south from San Luis Obispo, but local transportation officials hope the service will be used and more trains will be added.

CONFERENCE

continued from page 1

of farming, such as horticulture, agribusiness and food science.

The conference attracted 373 delegates from 35 colleges, universities and community colleges, including approximately 100 Cal Poly students and alumni. Bill Paul, president of the California Farm Bureau Federation, kicked off the event Monday morning with a keynote address on the industry with tremendous opportunities and challenges.

"You're only limited by your imagination," he said, concerning ways students can use their agricultural background. "Take this opportunity (the conference) to learn about different ways to approach challenges," Paul added.

An important part of the conference, Ogas said, is the participation of other schools in sharing ideas. Each attending school was given the opportunity to present a workshop of their choice, she said, and this year, 21 did.

Cal Poly Bioresource and agricultural engineering professor Matt Barnes said this participation is what makes the conference what it is. "It's more than just us trying to promote agriculture with higher education," he said.

Ogas said the conference began five years ago in order for a few colleges to share their recruitment ideas. Cal Poly alumni Patricia Stever has attended all five and was excited to see how the conference has grown.

"It's great to see the excitement and motivation of all the people coming to share the common bond to promote agriculture," Stever said.

Stever said she remembers the first conference as a day trip for some community colleges to visit Cal Poly.

"It was a really strong weekend to see friends carrying on the traditions," she said. Friday night's banquet featured State Assemblyman Abel Maldonado (R-San Luis Obispo). Ogas said the semi-formal dinner in Chumash auditorium was her favorite portion of the event. Maldonado's story of perseverance toward public office was motivating, she said.

Since the beginning of fall quarter, more than 60 students have been coordinating the event, Ogas said. She said it is the corporate support that makes the conference possible. "This year, the strong industry support we received from Novartis, Helena and Western Farm Service has allowed us to keep the cost of registration low," she said. Registration fees were $25 per person and included the banquet, a barbecue, various refreshments, a T-shirt and all the necessary materials.

Winter storm pummels Sierra with heavy snow

RENO, Nev. (AP) - Winter wel­ loped the Sierra Nevada on Monday with a sustained fury that left more than 2 feet of snow at the highest elevations with a promise of more soon.

"It's been snowing heavy all morn­ing," Monte Bouldin, spokesman for Heavenly Ski Resort on the south shore at Lake Tahoe, said around noon.

"We're close to 3 feet at this point."

The biggest storm of the season pushed into the region on Sunday and held the Lake Tahoe region and much of the Sierra in a wintry grip that made travel slow and treacher­ ous.

The heavy snow continued into Monday. Chains or snow tires were required on all mountain passes, including Interstate 50 over Donner Summit, U.S. 50 over Echo Summit and California 89 over Carson Pass.

An avalanche Monday afternoon on the Mount Rose Highway partially buried a car, but the driver was able to get out safely and no one was hurt, authorities said.

The slide occurred around 3:30 p.m., about 1.5 miles from the Mount Rose Ski Area near the summit. It covered about 50 yards of roadway and crews worked into the night to clear the road.

A winter storm warning issued by the National Weather Service remained in effect through Tuesday. Forecasters predicted up to another 4

Treasure Days

Mon-Wed Jan. 24-26, 2000

Contests and Drawings: at participating merchants:

- Look for the treasure chest drawing boxes and Win!!!
- Use of textbooks for a quarter at El Corral
- Coffee and a mug at Julian's
- Pizza Party at BackStage Pizza
- Free Pool at McPhee's Games Area
- Ceramic Instruction plus two bags of clay at Craft Center

Enter to WIN!
Personal trainers teach healthy lifestyles

By Kirsten Orsini-Meinhard  
MUSTANG DAILY STAFF WRITER

Getting the energy to work out at the gym or finding the right exercise to fit your needs would be a lot easier if you had someone to tell you what to do. Someone who is qualified at the National Academy of Sports Medicine. Someone who knows interesting dietary information and could instruct you on what sport to try. Someone who is a personal trainer.

To find someone like this at Cal Poly, it's as easy as going to the Rec Center. "More and more people are learning the value of exercise and they didn't learn it in high school," said Nancy Maloney, director of Cal Poly's Rec Center. "Who's teaching Americans how to stay fit?"

The answer is personal trainers, and they're at Cal Poly.

According to Maloney, the program began fall quarter and is comprised of four Cal Poly students, all kinesiology majors, who work part time at the Rec Center. The program has recently taken off and the center is receiving more clients, consisting of students, faculty and alumni.

Michael Bartham, a fourth-year student and personal trainer, said that it's important to take exercising seriously.

"Put it on your schedule. Treat it as a class. What I try to stress to people is that it's just as important as any other subject. Not learning math is not going to kill you in the long run, but not exercising will," he said.

The role of the personal trainer is a significant one. They not only advise their clients on an athletic routine, but also show which exercises to practice.

Bartham explained that each person is completely different, so trainers design workouts tailored to each individual. The advice of the personal trainer weighs heavily on the goals of each client, whether it's to lose weight, build muscles or become physically stronger.

Another factor that helps determine a workout routine is the amount of time one has and his or her current physical ability, he said.

"We give pretty sound advice some nutritional guidelines, things that they can do aerobically, and weight training," Bartham said.

Dietary information is also important, so trainers give tips on how to lead a healthier lifestyle. Many people don't know that eating smaller meals throughout the day increases metabolism and keeps it high, allowing the body to digest food more quickly, Bartham added.

"When I give people advice, they say, 'I didn't know that,' and they change the way they do things. It helps them to get fired up again about being fit," Bartham said.

One of Bartham's goals as a personal trainer is to help physically challenged children learn the benefits of exercise. He has been working to increase the number of handicapped people using the gym at Cal Poly.

The personal trainer program is just another example of "learning by doing." Students benefit from the advice of another student and the trainers gain professional experience.

People who have specific questions or just want exercising tips can attend a free information session with a trainer. For $15 a session, a personal trainer will plan a specialized program.

"Everybody thinks that the wave of the future is with personal trainers," Maloney said. "They say more and more people are going to be relying on personal trainers for their fitness program."

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**Start your day off right with a healthy breakfast**

Are you reading this article on an empty stomach? If the answer is yes, you can start tomorrow with a new goal—eating breakfast!

**Breakfast is one of the most neglected meals of the day.** Many students believe it is not important because they don't feel hungry or they feel it is an ineffective way of weight control. Lack of time is one of the biggest reasons why breakfast sits on the back burner of all meals.

**Why is breakfast one of the most important meals of the day?** It is your body's time to refuel, going for eight to 12 hours without a meal or a snack, the body needs replenishment of nutrients. It also helps your body burn more calories throughout the day.

If you are a breakfast skipper, do you feel hungry around mid-morning? They are a healthy signal, respond to them. When you deny these pains it can lead to irregular eating patterns.

Studies have shown that breakfast is a necessity because you will have a better attitude toward work and school and higher productivity. You also tend to have more strength, endurance, better concentration and problem-solving abilities.

Eating in the morning is also better for weight control because it creates less need to snack later on, and you tend to stick to lower-fat foods. Fast and easy breakfast tips include: a morning shake with yogurt, juice and fresh fruit mixed in a blender; yogurt mixed with your favorite dry cereal, muffins, a bagel with peanut butter and jelly; a piece of fruit and a breakfast bar; frozen waffles with fresh fruit on top; or even pizza left over from the night before!

It is helpful to prepare breakfast items the night before so that in the morning you can just grab and go. Try and vary your food choices to avoid breakfast boredom.

Katy Kinninger is a nutritional science senior who writes a weekly column for Your Body.

Check out today's Your Body stories and the rest of Mustang Daily's news, sports, arts and opinion at Mustang Daily Online.

If you haven't seen it lately, you haven't seen it.

www.mustangdaily.calpoly.edu
Opinion

Tuesday, January 25, 2000

Mustang Daily

People-watching has always been interesting to me. When I go to a restaurant with certain individuals, we tend to fight over who gets to face the door and who has to have back to their activity. It wasn’t until I was wandering about on Martin Luther King, Jr. Day that I realized I could make a hobby of this clan—destine activity. It was a cool and dreary day, scattered with just enough light rain to annoy. My original plan was to take a drive, just get away for a couple of hours. I didn’t get very far, landing at Pismo Beach. I couldn’t believe that the parking lot was nearly full. There was enough activity buzzing about that it could have easily been sunny and 70 degrees. It just amazed me that couples and families strolled along the beach and pier — some with umbrellas, some without — but all emanating an air of unembarrassed leisure despite the incessant drizzle.

As I watched these people pass by, I studied their faces, their expressions and body language and wondered what brought them out of their homes to the beach on a rainy day. I think the beach was actually home to one man. He called himself Dream Weaver. Perched on top of a dune, olive-green sack with a small bedroll, he played a crude and rattle flute. He asked if I had a request, and I told him to choose. He then asked me to pick a number between one and 2,222, I chose 2,222, and Dream Weaver automatically started in with “Raindrops Keep Falling on my Head.” The other saw were, for the most part, involved in their companions or their activities. I saw a couple of fisherman at various points along the pier, a middle-aged woman, arm-in-arm with an elderly woman, strolled along as the distinct, guttural sounds of their conversation in German filled the air.

A small boy and girl stalked pigeons and gulls, and an elderly couple spoke quietly between themselves, occasionally pointing at the surfers waiting below for just the right swell to sweep them toward the shore. A teenage boy sat on his mountain bike at the end of the pier and stared pensively out at the horizon. It wasn’t raining hard, but it was the typical scene that conjures up visions of being curled up with a good book and a cup of hot cocoa as the sound of the rain hulls you into a sweet afternoon nap. Instead, here I was, among dozens of total strangers, finding amusement in just watching them — older couples arm-in-arm, younger couples kissing, kids running about in a frenzy, and all of them seemed to be without a care in the world. I didn’t have to talk with these people in order to get a sense of their peace and pleasure. In fact, I didn’t want to talk with them. I just let my imagination write their stories. The surfers were absorbing the movement of the water surrounding them, as a religious experience, a sort of meditations with seawards protecting them from the Pacific chill.

There were first dates happening and a reconciliation of a long-term relationship. Somebody was there on first time to the West Coast, maybe to any ocean, and a little rainfall was hardly going to spoil the trip. A fisherman was catching dinner, and Dream Weaver is actually a successful man from the Bay area with a Ph.D., on sabbatical. I’m probably doing a major injustice to some, but for others, I’m being the optimist that they may not be.

None of it may matter because we are all going back to our homes or our hovels to begin another day. But from my visit, as an outside observer of a piece of these people’s lives, I found a little bit of pleasure that “Must-See TV” can’t deliver. And let’s face it: There is a little voyeur in all of us.

Teresa Wilson is a journalism senior and a Mustang Daily staff writer.

Letter policy

Columns, cartoons and letters reflect the views of their authors and do not necessarily reflect those of Mustang Daily. Mustang Daily reserves the right to edit letters for grammar, profanity and length. Please limit length to 350 words.

Mustang Daily encourages comments on editorial policy and university affairs. Letters should be typewritten and signed with major and class standing. Preference is given to e-mailed letters. They can be mailed, faxed, delivered or e-mailed to opinion@mustangdaily.calpoly.edu

“Our editor in chief is telling love secrets right now.”

Barnaby Hughes is a journalism junior.
Letters to the editor

Better to err on the side of life than murder

Editor,

This letter is in regards to Carolyn Ficara’s arguments for abortion rights in her essay titled “Pro-choice doesn’t mean pro-death” (Feb. 21). It is quite obvious that logic and sound reasoning were not priorities in her essay.

The first two paragraphs talk about her grandmother who died because of self-induced abortion. I sympathize with her that she won’t gain adequate healthcare to preserve her own life, but this doesn’t change the fact that this is obviously an appeal to pity.

Ms. Ficara should realize that the end never justifies the means. Just because her grandmother didn’t want the child doesn’t mean that she had the right to kill it. I believe Ms. Ficara’s response to this argument would be found in the third paragraph when she wrote, “I believe a 2-week-old fetus is alive, but I do not believe it is yet a baby.” Is it then: “all right to kill them”?

Ficara’s arguments for abortion rights are embarrassingly weak. Tell me, when does that fetus/baby have a full right to life, but this doesn’t change the fact that people didn’t feel guilty about the “debacle,” about the awful dangers in this position?

Ficara, the burden of proof is upon you. In your fourth paragraph you write, “I don’t believe if abortion was truly the killing of a child, women would be doing it.” Look at history. Many times in the past people have committed outrageous atrocities just because they were legal. Examples abound when you look at Hitler and the Jews or Black slavery in America. These were perfectly legal things that people didn’t feel guilty about because they were legal. Could this be happening in America today in regards to abortion?

America isn’t as “tolerant” as it claims to be, especially when we examine the biases we have against the unborn purely based upon their location of being inside or outside of the womb. I beg to differ when you write, “We must trust the decision a woman makes.”

Lastly, in your seventh paragraph you claim, “Creating neat categories as an easy place for people to hate when they don’t want to think about the issue for themselves.” I must point out that you are proof for your own argument. You put some fetuses/cabies in a category that makes it all right to kill them, then at some point, a new category emerges where it is wrong to kill them. Explain to me the logic in this.

In closing, I urge fellow Cal Poly intellectuals to use sound reasoning and logic in our continual pursuit of truth.

Dylan Gonsalves is a civil engineering sophomore.

Advice for city campers

Editor,

Here’s a little advice to the author Jason Schaller of the Jan. 21 column titled “Costs of campgrounds outweigh outdoor buffs.” He whined about how his camping experience was a “debacle,” about the awful asphalt road around camp and that $17 to stay one night was lunacy. First of all, if he and his comrades were real outdoor buffs, he would not have made the mistake in the first place to camp somewhere that was “no more natural than his back yard.” Then Schaller moaned how it cost him and his buddies $17 for a site. Well, how is the park supposed to operate without some income? It’s not a bad deal if he had split the cost with his pals.

If anyone thinks paying for a state or federal campsite is unacceptable, then I would advise him or her to vote for legislation that would increase the budget to allocate more to our public lands. The budget has dwindled for years now and nobody is concerned until they have to foot the bill at the front gate. Crying about it isn’t going to change a thing.

Lastly, if Schaller and the gang wave a little adventure and remote camping, the asphalt drive is a good indication that the campground is for family outings or where grandma and gramps want to park the RV for the night. On the Central Coast there are several designated wilderness areas to camp where no vehicles are allowed and where only your legs can carry you to enjoy some solitude and make bonding.

If you don’t know where to get the information, call the U.S. Forest Service — or just come over to the Ag side of campus and ask faculty of forestry and natural resources students. We’d be glad to assist you in finding your dream camping trip.

Oh, and don’t worry, we won’t bite!

Jim Rutherford is a forestry and natural resources junior.

Gore is a poly-tic

Editor

It is commonly said that in politics, poly means many and a tick is a blood-sucking insect. Usually, the tick that bites first and bites the hardest wins the election.

Al Gore has shown throughout his political career that there are no rules in his political operating manual. Winning for Gore is all that matters, even if it means winning ugly. In the Democratic primary, Gore has distanced himself from Bill Bradley by showing that he (Gore) is the most ruthless politician in modern presidential history. Gore first tried to scare democratic voters into thinking Bradley’s healthcare care proposal will spend the entire budget surplus and destroy our economic prosperity. Gore’s health care plans, however, essentially create the same government systems and spend the same amount of money. Gore also attacks Bradley for wanting to end Medicare. Gore attacked his proposal saying it will unforgivably replace Medicare with $150 medical vouchers. The truth is, Bradley doesn’t offer medical vouchers at all. Gore essentially realizes that “vouchers” leave a negative association in the minds of the voters.

Finally, Gore has attacked Bradley for not supporting our troops in Bosnia. Again, the fact is, in 1995 Bradley voted in favor of dispatching troops to bring peace to the troubled region.

Even Gore’s first campaign commercial says that he saw his father, a high-ranking former senator, defeat for voting for the 1964 civil rights act. Actually, Al Gore Sr. voted against the civil rights act of 1964.

Gore’s biter campaign strategy is creating a wedge in his own party. A former Democratic presidential aid told the Chicago Sun-Times that he wishes he could have his $1,200 campaign contribution back that he gave to Gore.

All Gore has even made the outrage statements that he invented the Internet and he was the inspiration to the movie Love Story — just to name a few.

Apparently Gore is taking the advice of one of his campaign consultants, Naomi Wolf, and is trying to act more like an alpha male. America doesn’t need an alpha-male president. We need another president that wants America to win.

Scott Krik is a history senior.
On Campus Dining Guide

Students Find Treasures at Julian’s

Located downstairs in the U.U., Julian’s is a great place for busy Cal Poly students, faculty and staff to grab a quick gourmet coffee drink or pastry. Julian’s offers espresso drinks, ice cream, Upper Crust biscotti, five varieties of gourmet coffee daily, SLO Baked and Enchanted Bakery pastries, and more than 20 blends of ground-to-order coffee beans (by the pound or half pound).

Julian’s began as an ice cream parlor and started offering gourmet coffee and espresso drinks about ten years ago—increasing its daily service from 300 customers when the store opened to 1,500 customers per day currently. Today, when you stop by Julian’s pick up a treasure map and search for clues in participating U.U. businesses like BackStage Pizza, El Corral Bookstore, the Craft Center, McPhee’s, TravelTime, and of course Julian’s. When you visit each location, have your map stamped.

When it is complete, turn it in at the last location you visit. You will be entered in a drawing to win a treasure chest of prizes such as $50 deposited to your Campus Express Club account, a backpack full of school supplies, a bowling ball and free bowling at McPhee’s and more!

Along with the treasure hunt, take advantage of the 25% off discount on most items at El Corral Bookstore on Wednesday, January 26th. Join in the Pirate Blend Coffee tasting at Julian’s on Wednesday, 1/26 from 9:00-11:00 a.m. Also on Wednesday, try some Pirate Pizza for just $1 a slice at BackStage Pizza, and listen to a free performance by the Opie Dudes. The show starts at noon and will last for about two hours.

Don’t forget to use the coupon attached to the treasure map to get a discount on a Java Blast, Espresso, or other treat at Julian’s, or something at El Corral or BackStage Pizza.
INTERVIEW APPAREL
STUDENT DISCOUNT WITH ID
641 HIGUERA STREET #100 • SAN LUIS OBISPO, CA 93401 • 805.549.9593
Students,

If you are like most of your fellow students, you probably have concerns about where to take your car when you need service or repair. This is due in part to the simple fact that most students, not firm in the local area, are at a distinct disadvantage when it comes to selecting an appropriate shop to meet their needs.

Students may have concerns about being unfairly charged: whether work is completed correctly and in a timely manner, or if the work was not done at all, as was the case at one of the local, prominent dealerships who was charging students for services never rendered. These concerns prompted the development of a student-owned and operated repair facility called College Auto Clinic.

College Auto Clinic, founded in 1996, understands the demands that academic life places on students, financially and physically, and caters to those needs. We understand that you don’t have the resources to find a shop through the costly, time-consuming process of elimination.

Simply put, College Auto is here for you, the student. We’re here not only to provide service and repair at affordable rates but to empower and educate you in the local industry of auto repair.

In addition to providing service and repair to practically all makes and models of cars, we also offer state-of-the-art diagnostic equipment, employ ASE certified mechanics, as well as the convenience of free shuttle service to and from your destination.

Remember, we’re here for you. We look forward to your calls and inquiries.

Sincerely,
College Auto Clinic Staff

Please call in advance for an appointment at 541-1233

1 hr. FREE Automotive Diagnostic

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He donated a contact lens package worth $200 that contains an exam, a fitting and lenses. He also donated sunglasses worth $250 and 24 contact lens disinfecting kits.

"College radio is a valuable educational tool for students and is the only venue where you can be exposed to different formats of music you would never hear on mainstream stations," Schultz said.

Disc jockeys who host KCPR's special format programs like the "Punk is Dead" show also donated packages. This year signed Fugue records, lounge records and CDs and some electronic music packages are being auctioned on special programs.

"I hate driving the grade. It's a scary road. And there is no way I could drive on my own for $25," said Djinn Ruffner, special programs coordinator for Extended Education.

Thinking of driving by herself isn't an option for Ruffner. "I hate driving the grade. It's a scary road. And there is no way I could drive on my own for $25," she said.

Construction of the Cuesta Grade hasn't been a problem for this vanpool.

"We're normally at home in a timely manner," Christensen said. "It's really convenient and a real bargain. I pay $25 a month instead of $100," she said.

For Djinn Ruffner, her van ride with Christensen is only part of her commute. Ruffner commutes from Paso Robles to Atascadero to meet the vanpool. Ruffner chooses to live in Paso Robles because she needs the land for her horses. Plus she likes being in the country.

"I really love the people in the van. The van makes the commute fun," she said. "They're a real upbeat crowd."

To make the time pass by, the van plays Jeopardy on Fridays, she said.

K CPR is a non-profit radio station, so disc jockeys and staff members are not paid and no advertising is accepted. Clifton said the station is not subject to advertising pressures and can therefore provide higher quality programming and play more under-represented music for students.

"KCPR is the students' last haven for un-commercialized new music that we don't hear anywhere else," Jain said.

The live auction is on 91.3 FM every day until Friday from 10 a.m. to 5 p.m. with KCPR disc jockeys running the show and taking bids from callers.

"I think women are in a much more conflicting situation in trying to be competitive and successful because there is always a cultural, societal notion that they should be caretakers."

Harold Pruett
director of Student Psychological Services at UCLA

Psychological Services, noted how this finding reflects a larger trend among the female and minority population.

"The world is an increasingly more complex place and trends like this among students are big indications that we're all not thinking straight," Pruett said, adding that "there seems to be an emphasis on wanting to do more and men without taking the time to relax and do things more simply."

Broken down by gender, 38.8 percent of women reported feeling frequently overwhelmed, compared to 20 percent of men. According to the study, women, when compared to men, "spend significantly more time studying, participating volunteer work and participating in student clubs/organizations."

Men, on the other hand, tend to spend more time exercising, playing sports, partying, playing video games and other activities that are stress-reducing and may provide a recreational outlet for stress, the report continued.

Pruett suggested some reasons for the gender disparities.

"I think women are in a much more conflicting situation in trying to be competitive and successful because there is always a cultural, societal notion that they should be caretakers and raise families," he said.

Pruett also noted that women may also be more willing to admit to certain things than men are, for example, acknowledging their stress, whereas "men often feel like they're not supposed to have any."

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Spinning this reel

Josh Burnett is giving filmmakers their due

By Kirsten Orsini-Meinhard

The idea started out as "Dawson's Creek" meets "Felicity" and quickly changed into a students' "Masterpiece Theater."

But there will be no old man sitting by a fireplace and smoking a cigar in this show. Instead, "SLO Motion Presents," a new television show sponsored by the Cal Poly Film Club and CPTV, will bring Cal Poly filmmakers into the public eye.

The half-hour show, airing Wednesday on Channel 6 at 8:30 p.m., is produced entirely by one student. His name is Josh Burnett, and he's a computer science junior. He seems to be in the wrong major, though.

Not only is Burnett president of the film club, he's active in Cal Poly theater and is a member of the improvisation troupe, "Smile and Nod."

Burnett is no stranger to the film industry and had always hoped to produce his own television show at Cal Poly.

When he met another producer making a similar film show, Burnett was inspired to create a show of his own.

Burnett described "SLO Motion Presents" as an outlet for all talent-oriented filmmakers who have been hiding in the woodwork. During the shooting of the show, the watch, the filmmakers, the production designer and his or her film.

"Every film I've ever worked on has behind-the-scenes quips that make it interesting and fun," he said.

Burnett has filmmakers lined up for the first five episodes of his show, and he hopes that more will realize what a good opportunity the show provides.

"I'd just like to get notice for the filmmakers in the city," Burnett said. "Because we're an engineering school and we have (few) film classes on campus, a lot of people who have been film enthusiasts have never had a place to put their energy."

Now they will. Every two weeks, "SLO Motion Presents" will feature different filmmakers, beginning with art major Rob Hauer and his two short films, "Waiting for Route Five" and "Ten Ton News."

As the show's host, producer and director, Burnett has had to work out for himself. Since the middle of fall quarter, much of Burnett's free time has consisted of writing scripts, organizing shoots and coordinating student actors, all of whom are as busy as he is.

According to Burnett, students were recruited from the film club, theater club and other productions that he's been previously involved with. Putting together all of the ingredients that make a television show with little time could equal a stressful situation. Luckily, Burnett had some help.

Ben Sherry, an industrial technology senior, was in charge of directing the opening credits of "SLO Motion Presents."

"We're putting so much work into the opening credits because it's the first 45 seconds anyone's going to see, and we want it to just be like a ton of bricks," Burnett said.

At least 10 hours went into pre-production, and approximately 25 hours were spent on the actual shooting of the credits, Sherry said. The film cost almost nothing, save tape expenses.

Burnett said that one of the hardest parts of the production was finding places to film the different scenes. In the end, the film was shot entirely on location, without the luxury of a studio.

Kevin Sites, CPTV adviser and journalism professor, supervised "SLO Motion Presents," although he did not play an active role in the production.

He thinks the show will be a good addition to CPTV.

"We'd like CPTV to expand and not do just news," Sites said. "I think the show is a great idea, and it has a lot of merit."
Sports

Chiefs star facing paralysis

LIBERTY, Mo. (AP) — Derrick Thomas, one of the most feared pass rushers in NFL history, has a broken neck and back and might never walk again.

The star linebacker of the Kansas City Chiefs has paralyzed legs following a car crash on an icy road in which his friend was killed.

Thomas has use of his arms and upper chest, and doctors told him he might fully recover. Doctors said the 33-year-old player faces extensive rehabilitation and probably will have surgery.

"I don't think you can say anything right now," Dr. Jon Browne, the Chiefs' team physician, said Monday. "These type of injuries have a mind of their own and a treatment pattern of their own. They're all uniquely and individually different."

Thomas was being transferred from the Liberty Memorial Hospital to the Rider Trauma Center at Jackson Memorial Hospital in Miami. Thomas was born in Miami and his mother lives there.

Friends and teammates came to the hospital Monday. Also visiting was Steve Palermo, a former American League umpire who was shot in 1991 and left partially paralyzed.

"Do not rule anything in," said Palermo, a Kansas City resident and friend of Thomas. "And do not rule anything out. He understands the gravity of it. But he's also very optimistic."

Doctors said Thomas has fractures in vertebrae in his neck and back.

"Derrick's injuries are primarily to the spinal column," Browne said. "He does have some neurological impairment which is continuing to evolve."

With an infectious smile and fun-loving attitude, Thomas is one of the most popular athletes in Kansas City history, almost on a par with baseball great George Brett. Friends dubbed him "social director of the NFL."

"We drafted this young man 11 years ago and you hope for a lot of things from a No. 1 draft choice," Chiefs president Carl Peterson said. "We drafted this young man 11 years ago and you hope for a lot of things from a No. 1 draft choice,"

Thomas was driving with two friends to Kansas City International Airport on Sunday headed for the NFC Championship game in St. Louis.

He lost control of his car on a snowy highway and it flipped several times. Thomas and Mike Tellis, 49, of Kansas City, Kan., were not wearing seat belts and were thrown from the car, police said. Tellis was killed instantly.

A third man in the car who was wearing his seat belt was treated and released.

The crash happened about 10 miles from another highway pileup in which 10 people died.

Thomas, a nine-time Pro Bowl player, holds the NFL's one-game record of seven sacks and ranks ninth all-time with 126.5 career sacks.

The seven-sack game came against Seattle in 1990 near Veterans Day. He dedicated his effort to his father, an Air Force pilot who was killed in Vietnam in Operation Linebacker II.

With one of the quickest first moves of any defender in the league, Thomas became known for his "sack and strip" move in which he would converge on the quarterback's blind side and strip the ball out of his hand.

The 6-foot-3, 255-pounder holds Chiefs' records for career safeties (3), forced fumbles (45) and fumble recoveries (19). He starred at Alabama and was named to the Pro Bowl his first nine seasons.

He has been active in the Kansas City area with his "Third and Long" literacy program.

"God willing, all the initial reports will be off and he'll be OK," Chiefs center Tim Grunhard said. "Right now, I'm not concerned with Derrick Thomas the football player. I'm worried about Derrick Thomas the person."
Sports

North Carolina drops out of AP poll

It's the powder blues these days at North Carolina. The Tar Heels (11-8), ranked as high as No. 2 earlier in the season, fell out of the Associated Press poll for the first time in a decade Monday.

"We have never been concerned about national rankings, whether we were ranked high or not," North Carolina coach Bill Guthridge said. "I just had the worst thought. If the Rams are headed to the Super Bowl, does that mean the Sacramento Kings could win an NBA Championship? You never know, the year 2000 is just around the corner."

Joe Nolan is the Mustang Daily managing editor and is predicting a college-Bucks Super Bowl this year. He can be reached via e-mail at jnolan@calpoly.edu.

MCCUTCHEON continued from page 12

If you're not interested in our coaches will tell you that you're the academics. So, it's really what separates us, and that's really what we look for. What is your niche? We're in a great location. We have a great academic reputation, and now we have the athletic competition up to a level that's interesting to what we do. National athletics is looking for us. (The high academic standard) really is a strength and not a breathing ground for professional players. If somebody's coming here solely with the intent that he wants to come get enough exposure that he can move on to the pros, then he's making the wrong decision to come to Cal Poly. It's not to say that that won't happen, because we will have some athletes with professional skills. But it's really not why they should be here. It may be a byproduct. But it's not why they should be here.

JN: Alcohol and sports. I know the NCAA discourages the relationship, but most students want it, and the beer garden has been pretty successful.

JN: "What two or three teams do you see on the rise?"

JM: Peach State has done a great job this past year becoming more competitive.

JM: "Women's soccer has been decent. I think they are going to compete on a long-term basis. They've developed a facility and (the Sports Complex) would give them opportunity."

NOLAN continued from page 12

When they announce the starting lineup for the Titans, are they thinking defensive lineup for the Titans, paging the Buffalo Bills' Ditka trading all his draft picks for a Super Bowl? "How are we going to compete on a long-term basis? They've been hampered by their facilities but both are making some strides."

JM: "Talk about short and long-term goals for the athletic department with the steps that are being taken in the next year or two and the longterm being five or six years."

JN: "With all of our short-term goals, they are really just a product of all of our long-term goals. You don't want to ever have them too short or too high because if you don't hit them in that particular year for whatever reason it could lead to some disappointments. But our overall goals are to be competitive as we can be in the sports that we offer. We want to do well in conference and hopefully make the NCAA Tournament."

JN: As for your job, what is the least appreciated role of the athletic director?"

JM: "Usually say it the public is hearing me in the papers it's a bad thing. If they're seeing athletes and Coach Ditka trading all his draft picks for a Super Bowl, then it's good. I'm just happy anytime we're getting attention. Personally, I usually mean we're doing all right. But the most difficult thing is personal decisions. You hope every coach has success and the only time they leave is when they have better opportunities. But that's a numbers game, so dealing with those issues are the most challenging and unpleasant things I have to deal with."

JN: "What's your favorite sports moment at Cal Poly?"

JM: "There are a couple but when I think of the (men's) basketball situation last year, of course we were thinking, "How are we going to get to this competitive level?"

JN: "Should he be here. It may be a byproduct. But it's not why they should be here."

JN: "When you're done here, do you plan on making coaching a career?"

JM: "I'd like them to remember me as a straight-shooter, someone who worked hard, was a team player, and had some impact. He was honest and tried hard to pull this program together and had some impact."

North Carolina entertains No. 2 Maryland Wednesday night, hoping to avoid its first five-game skid since the final five games of the 1992 season. "If there was any magic solution, I'd sure like to find it," Guthridge said. "We've had good practices. We just have to get over this losing moment."

"Moments like those in all of our sports," he added.

"If you're not interested in our coaches will tell you that you're..."
The state of Poly athletics

An in-depth discussion with Cal Poly's athletic director, John McCutcheon, looks at the ups, downs and future of Mustang sports.

By Joe Nolan

Editor's Note: Mustang Daily managing editor Joe Nolan sat down with Cal Poly Athletic Director John McCutcheon and had a candid conversation about topics such as academic standards, alcohol on campus, the ideal coach and the student body's support of athletics.

JN: Women's soccer and women's volleyball both made it to the NCAA Tournament this year. Talk about what that does for establishing Cal Poly's athletic reputation.

JM: It was no easy step, especially with the competition we have. But I think it was a huge step for the programs. It's been a lot of work, especially with those coaches (Alex Coker and Steve Schuenneman) and I think we have some other programs that are on the verge of being similarly positioned. And I think, hopefully, that we've gotten there in the right way. We've got good student athletes who are here for the right reason.

JN: To many, the perception of this campus is that it doesn't really tally behind athletics here. Do you think that can change, and if so, how do you go about getting more support?

JM: Well, we do receive fairly good support. I think if you look nationally, we're not that bad. There is a trend, unfortunately, in terms of student participation declining. And yet I think ours has grown in the last two years. Support goes along with your success. But I think the programs we've made developing conference realities helps significantly. But realities are just that; they come with time, they come with experience, they come with history. So that's a big part of it. Also, if we can solidify the Big West as a California league it will put us against schools that our student body can identify with.

JN: What's the future of the Big West?

JM: I think it would be premature to comment right now, but I think the comments that have been made lately (about becoming a primarily California-based league) I think are fairly accurate. We would have significant costs saved regarding this new alignment, and we all, for the most part, have programs that are very similar to each other: baseball, softball, volleyball. Our intent by getting that kind of alignment is to focus on men's and women's basketball and upgrade them to a more competitive level. One of the things that has really compromised our ability to do that is all the I-A football decisions made by the Big West, which have really impacted basketball.

JN: Talk about coaching. Every coach has a different philosophy. You've got Jeff Schneider (basketball) who's a player and very emotional, and then there's Larry Welsh (football) who doesn't walk away from the spotlight and is more reserved. What are the characteristics you look for in your ideal coach?

JM: Well, I try not to have an ideal coach because of just the reasons you mentioned. People are different. People have their strengths and they have areas where they need to improve. I try to find a person who fits your situation at that particular time.

JN: The academic standards are higher at Cal Poly than the basic NCAA guidelines. How do those standards help or hurt Cal Poly athletics?

JM: I think it really helps us. If you talk to our coaches, and ask them, "What's the first thing you see McCUTCHEON, page 11"

The ramblings of a confused sports writer

Here's what I remember: I'm sitting in the Sports Book in Harvey's Lake Tahoe in late August. "Jets are 7-1 to win the Super Bowl," I heard and thought, "Solid bet." But they're going to have to get by the Broncos and Jaguars, and even if they get to the Super Bowl, the Packers or Vikings will be a tough game.

Then, from what I've been told from witnesses, as I walked outside, someone dropped a brick from the top floor. The projectile knocked me out and forced me to miss most of the 1999-2000 NFL season. Fortunately, I woke just in time to catch the Super Bowl. The problem is, I believe I'm having a relapse. I mean, the Rams and the Titans. What? Even Norstrack and Danas had the Falcons and Jaguars. But I guess I should feel fortunate to see the most-watched television event of the year, and all I will cost me is my sanity. So please bear with me. My ramblings are not those of a man in his right mind.

But don't get me wrong, I'm definitely going to enjoy the game. For my Super Bowl party I'm making my world-famous Dick Vermeil onion dip. The reason is so potent you'll cry more than he does at his daily press conference.

"Paging Trent Green, paging Trent Green. Please pick up the white courtesy phone. Trent Diller is on the line.

I was wondering, if the Philadelphia Eagles came up with a stupid endzone dance next year, could they be the third straight perennial NFC loser to advance to the Super Bowl?

see NOLAN, page 11