“The supplies the department sold were better and cost less.”

Amy Corbett, premed child development sophomore

Stop selling chemistry tools, Foundation tells department

By Erin Crosby
MUSTANG DAILY STAFF WRITER

Cal Poly Foundation has told the chemistry department it can no longer sell chemistry supplies like goggles, gloves and stethoscopes to students. El Corral Bookstore will have to order gloves and stethoscopes, but it already sells goggles at double the chemistry department’s price.

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Amy Corbett, premed child development sophomore

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Stop selling chemistry tools, Foundation tells department

By Erin Crosby
MUSTANG DAILY STAFF WRITER

Foundation has informed the Cal Poly chemistry department it is no longer allowed to sell supplies such as goggles, gloves and stethoscopes to students because the department does not have a license to sell equipment on campus.

Chemistry department Chair John Maxwell said he believes the changes stem from sales tax issues and the club’s lack of a resale license.

According to former chemistry department Chair Albert Consullo, the reason the department is no longer allowed to sell these supplies has to do with a sales agreement. Only the Foundation is allowed to sell anything, and this was outside of its parameters, he said.

“I don’t think that it is fair for the Foundation to stop the chemistry department from selling supplies,” premed child development sophomore Amy Corbett said. “The supplies the department sold were better, and they cost less than the bookstore’s equipment. I don’t want to have to stand in long lines at El Corral just to buy gloves.”

The only equipment El Corral and the chemistry department both currently sell is gloves. The bookstore has been selling goggles for $10.95, while the chemistry department has sold them for $5.95. Rumors abound, saying the chemistry department was stepped on selling supplies because it was competing with El Corral, but according to Consullo, that isn’t the case.

Director of El Corral Bookstore Frank Casale said when the change came as a shock to him. One day last week two chemistry professors asked El Corral if the store could start selling goggles and other equipment formerly sold by the chemistry department.

“We will begin selling these items because we have to cater to the departments’ needs, but I would like to say that we had nothing to do with this decision and we didn’t even know about it until the professors came in,” Casale said.

However, Consullo believes that the chemistry department and Foundation may reach an agreement.

“[We] had nothing to do with us competing with El Corral because we do not sell the same equipment that they do,” Consullo said. “Frankly, I don’t think that they want to sell these supplies, so I believe a compromise will be reached, allowing us to continue our sales.”

According to Maxwell, this is a very unfortunate situation the club got itself into, and it will have to find a way to go from here.

“Those sales helped our club and our department because the equipment was always available to us in the classroom,” Maxwell said. "It also benefited the students because we are cheaper than El Corral.”

see FOUNDATION, page 2

Freshman year makes weight gain simple

By Melissa McFarland
MUSTANG DAILY STAFF WRITER

With unlimited portions of fried shrimp, mashed potatoes and brownies, on-campus dining often makes attaining the "Freshman 15" more than feasible.

Luckily, maintaining a healthy weight doesn’t have to mean giving up your favorite French fries. According to Christine Bunza, a peer health nutrition educator, it’s all about moderation.

"A lot of students don’t know about portion sizes since they’re used to eating at home," the nutrition science senior said. "So when they come here and it’s all-you-can-eat dining, they pile on the pasta. I would never advise omitting any food altogether. Just eat in moderation and listen to your body.”

Students’ bodies may be giving them mixed messages, though, considering their adjustment to a new environment, an increased workload and an abnormal schedule.

“You have such a change of habits,” computer engineering sophomore Laura Gallegos said. "In high school, you eat at the same time and do the same thing, but here, you eat at odd hours, and your weight gain simple
SAFEY
continued from page 1
were in school and will continue through winter break. It can be seen on Charter Channel 6 on
Wednesdays at 9 p.m., Fridays at 9:30 p.m. and Saturdays at 1:30 p.m.

When first being asked about it, there were questions about its relevance after the fact, but all of the
information is still very relevant,“ Merrill said.

Harris said although only about 150 people attended the fair, the impact of the fair goes far beyond that.
“Everyone that I have talked to sees that the show says that they learned something from it,” said
Ray Bennett, university police investigator.

Constance said the show will be successful if it teaches safety techniques and motivated people to incorporate
these techniques into their lives. According to Harris, Community Safety Fair is a unique way of dealing
with a situation, which has enabled it to win a unique award.
The show and the five media organizations that worked to put it together won the Crime Prevention
Program of the Year award in the media category.

According to Constance, this award, given out yearly by the people would worry about the
cheesecake,” she said. “Plus, every food has over 150 calories, and those are just empty calories.”

Martin Bragg, the director of health and counseling services says the reason for students’ weight gain
is simple: more food and less exercise.

“Also, there’s the issue of comfort eating,” Bragg said.

“1: You feel hungry, eat, and when you feel satisfied, don’t. I think a lot of people ignore that and
eat at the wrong times. If everybody’s eating pizza and you do even though you’re not hungry, then
that’s when you’re going to gain the weight.”

Christine Banta, peer health nutrition educator

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that’s when you’re going to gain the weight.

“When you feel hungry, eat, and when you feel satisfied, don’t,” she added. “I think a lot of people ignore
that and eat at the wrong times. If everybody’s eating pizza and you do even though you’re not hungry, then
that’s when you’re going to gain the weight.”

To combat these cravings, Weight Watchers suggests instead indulging in light popcorn, pretzels or low-fat
chips, moving your favorite snacks in smaller sizes also can prevent mid-night bingest.

“I know if a whole bag of chips is anywhere near me, 1 won’t be able to resist,” Weight Watchers’ Yeullin
said. “But if I just have a little bag, then after it’s gone, it’s over. I can’t resist. Also, buy bottles of
water. Many times you’re thirsty, but your body signals that you’re hungry and you can fill you up.”

Liberal studies freshman Debra Richards said the amount of food offered on campus often gets in
the way of healthful eating.

“All the food at the different cafeteria places is really starchy. And it’s not exactly what I’d eat at
home. At the Lighthouse, you end up with five or 10 things, and you’re like, ‘Whoa, what am I eating?’
Again, how much food you eat is often more important than what you eat. Taking stock of your eating
habits will pinpoint areas to improve upon.”

Lastly, health specialists, for
for themselves in that lupus. If you go overboard, start fresh the next meal or the next
day.

“Campus dining doesn’t have to

Columbia University is on affirmative action/equal opportunity institution.
HIV tests available at Health Center

By Nate Pontious

It's early Monday, and Marilyn Pieters has only seven minutes to spare. She's a nurse practitioner at the Cal Poly Health Center and handles HIV pre-test counseling. By 10:10 a.m., her morning is booked solid with pre-test interviews.

“This is a common way to start the week and not all that surprising. According to the San Luis Obispo HIV Awareness Project, SLO County is listed as one of the top 25 highest risk-reporting counties in California. Since 1989, there have been 67,859 HIV tests done in the county. Nineteen percent of those who tested positive are under the age of 35.”

With barely time to talk between meetings, Pieters is aware of these numbers. She holds a 30-minute meeting with anyone who wishes to be tested. The interview, she says, helps to better assess each student’s risk factors and informs them of their options.

"That’s one of the reasons we have students come in person — to have that support and liaison," Pieters said.

HIV testing is offered on Monday mornings and Wednesday afternoons at the Health Center. Anonymous testing is sponsored by the State of California Department of AIDS and is free for students and non-students alike. Confidential testing is also offered, the results of which are kept in a sealed tile and cannot be released without written approval.

“By understanding that this quarter almost all the interviews are booked,” says Health Educator Rojean Domiguez. There are two options for students wishing to be tested for the HIV virus: the standard blood test and OraSure, an oral test. Blood tests are sent to the County Health Department and require a fee of $17. OraSure checks saliva for HIV antibodies and is free.

“If you have an aversion to needles, you certainly would want to go with OraSure,” Domiguez said. However, many people feel the oral test is not as tried and true as the traditional blood test. These people are misinformed, Domiguez explained. In fact, the test is more than 99 percent accurate.

Pieters agrees that the oral test is just as reliable as a blood test. "They’re equal, as far as sensitivity goes," she said.

Cal Poly students can get an HIV test at the Health Center, which offers two types of HIV tests. The standard HIV blood test costs $17 and is sent to the County Health Department, and the other is a free oral test called OraSure.

Legislation cracks down on cosmetic surgery malpractice

SACRAMENTO (AP) — Legislation designed to protect appearance-conscious Californians from deceptive cosmetic surgery ads and plastic surgeons has been signed into law by Gov. Gray Davis.

But Davis vetoed a bill that would allow potential plastic surgery patients to choose their surgeons by logging onto the Internet.

“The Democratic governor said the vetoed bill would have been too costly and "unduly burdensome" for physicians and the state Medical Board and might have left consumers with inaccurate information.

The bill allows a sharp increase in the use of cosmetic surgery and in the number of doctors who perform procedures in their offices or clinics, sometimes with little or no special training.

The death rate for liposuction, a fat-removal procedure, is as high as one in 5,000 nationwide, a state Senate analysis found.

A 25-year-old Simi Valley woman died last year after undergoing breast augmentation and liposuction surgery at a physician's office.

Another woman, Carmen Sandino of Walnut Creek, told a Senate committee earlier this year that she got gagneau and nearly lost both her legs.

Bills signed by Davis include one by Sen. Liz Figueroa, D-Fremont, that will ban cosmetic surgery ads that use misleading before-and-after photos or make scientific claims that cannot be substantiated.

Athletes' success depends on planning right meals

If you're a member of a sports team or just an avid athlete, it's likely you're wondering how to eat well.

The question is, are you consuming the right types of foods to maximize your potential?

An athlete performs his or her best when combining regular physical training with a balanced diet. What really improves your performance is healthy eating during days or even weeks before a game or event.

Although the pre-game meal is just as important.

Because they expend more energy, athletes have increased energy needs compared to a non-athlete. It's important to consume a diet rich in carbohydrates (35 to 60 percent of total calorie intake). Carbohydrates are the quickest energy source your body uses for fuel. Protein aids in tissue repair and function. About 12 to 15 percent of your daily calories should come from protein. Excess protein intake does not add muscle, because any extra protein consumed is either immediately used or stored as fat. A low fat diet (10 to 25 percent of total calories) is important because high fat foods will slow the absorp­tion of essential nutrients.

Energy bars, supplements, caffeine and other products have no widely accepted and conclusive scientific evidence of working. They may, however, contribute to the "placebo effect." If an athlete believes something will work, he or she will attribute the effectiveness of their performance to whatever it was they consumed.

Although good nutrition is important year round, the pre-game meal can be a predictor of your performance during the event.

What should you eat before a game? A meal high in carbs, low to moderate in protein and low in fat. Examples include pasta with a low-fat sauce, a lean meat sandwich (hold the mayo), or cereal with low fat milk and fruit, such as a banana. This meal should be consumed three to four hours prior to the event to allow for proper digestion and should include fluids for hydration.

Remember, training and exercise may improve your performance and skill, but the proper diet provides the fuel to get you there.

Erin Silva is a nutritional science junior and writes a weekly Your Body column.
Bad artwork threatens our campus sanity

I try to spend as little time in the library as possible. I feel that the library is just another undesirable place on campus to spend one’s time. Of course, I think the library is a great resource for students and is without a doubt an invaluable resource to our university. Yet as soon as I cross the threshold of Robert E. Kennedy Library, I find myself wanting to leave as soon as possible.

I recently began to subject myself to some deep psychoanalysis to discover why I had such definite feelings for a building in which hundreds of people spend time on purpose. Was it the lousiness of the air-conditioning? Or was it the Arts PR building? Perhaps it was the way they subdivide the building to create different areas? Perhaps it was the library’sינה’shyness?”

Kennedy Library, and I find myself wanting to leave as soon as possible. There’s something about the library that has bugged me for a long time. It is the library that creates tension within me every time I enter the library. This library (we will call it “it”) from now on needs to be described. As I am not the only one who is haunted by “its” presence.

How can students use the reserve room for any room on the bottom floor for that matter without subjecting themselves to the fear that “it” is going to break free from its 10-year-old harnesses (I’m just assuming that this thing was created in the 200s, fall to the floor and engulf everyone in a noxious cloud of dust, textiles and purple haze). I can just see the headlines now: “Hundreds of students injured by — that purple thing in the library at Cal Poly.”

Now some of you business majors might be saying to yourselves, “Yeah, but I don’t get to go to the library, I’m. . .”, but you’re not! “H” has friends all over campus, and one day, they too will turn on us. There’s “The Ugly Green and Yellow Bronsonia Mural” in the University Union Plaza, and there’s “Really Sharp Looking Metal Thing” inside the UU. In fact, the danger of hedonism on our campus is not limited to bad art! Near the right buildings will turn us. First it’ll be the gigantic wedge-shaped Performing Arts Center. Then it’ll be that new stark white, windowless cement thing by the library.

There is no other option but to revolt! Grab your torches, all of you! We will put the plumes of these visu­"al disturbances before they cause genuine harm. Now is not a time for prosperity! Now is the time to act! Write the Mustang Daily, write Warren Baker, write your congressmen! Tell them that you refuse to be educated in a facility in which students are tormented by the likes of Gary Weber.

Craig Weber

Craig Weber is a city and regional planning senior with the University’s Performing Arts Center.

Opinion

There’s something about art

Beauty is in the eye of the beholder. I don’t know how long I have been hearing that saying, but it must be from before my time. Everyone has different tastes in the opposite sex, architecture, scenery and anything else you can look at. No one can tell you that you are wrong, because it is your preference. Not them. So why is it that when it comes to art, people, especially those with power, want to tell other people what they should look at? Why is art any different?

Recently, New York Mayor Rudolph Giuliani refused to pay the October installment of the city’s $7 million subsidy to the Brooklyn Museum—because it had an exhibit containing art found defacing. When the museum refused to take the exhibit down, the city mayor filed a lawsuit to evict the museum from the building it has been housed in for the past century. Ironically, all the lawsuits from city hall brought much more attention to the exhibit than any public relations campaign could have.

The exhibit, named “Sensations,” contains 92 pieces by 42 artists. One piece in particular, The Holy Virgin Mary (1998), is at the center of controversy. The painting shows an African Mary with cutouts from porn mags of women’s crotches and clumps of elephant dung adorning her. Albright, this may not sound beautiful to anyone of us, but it may contain beautiful symbolism that may not be interpreted as so per se. The artist claims that the magazine cutouts symbolize the sacred over­coming of the profane, and that the elephant dung serves as an emblem of creation. While none of us may ever have come to these conclusions, others may. Closer to home, some artwork “had to be removed” from the county courthouse downtown. The artwork of some chili peppers, one cut in half, apparently offended someone in the building. The art was viewed as vul­nerable and a mild form of pornography. I have actually seen the painting, and while not the most beautiful thing I have ever seen, it was far from vulgar. I think it is too bad that an artist had to be humiliated because someone else differed from them.

People see what they want to see. That is the bottom line. We all hear what we want to hear, remember what we want to remember. A society that indulges in sex and violence every day on television should be able to decide whether or not they can handle looking at some artwork. If they don’t think they can handle it, they can stay home or go to the park. The freedom to choose is a beautiful thing—one of the few things on which most of us would agree. We are born with the sense to disting­uish between what is appealing to us and what is not. No one tells us. If they do, they are not only violating our dignity as a human being, they are wrong. Unless of course they like what we like.

Looking at the situation, it seems to be a problem of abuse of power, not of obscene artwork. Getting a little closer to home, one might think of certain rand­om pieces scattered around campus. Not too long ago, the administration tried to tell the student body that the reminders were only graffiti and were against school policy. Again, it comes down to how you interpret things. Most of us would interpret the handprints as symbols for victims of sexual abuse. Agree, there may not be the most beautiful things around our lovely campus, but they remind us that everything is not always wonderful here. I think there is beauty in education, but then again, beauty is in the eye of the beholder.

Aaron Emerson is a journalism senior, Mustang Daily staff writer and a lover of all things beautiful.

Letter policy

Columns, cartoons and letters reflect the views of their authors and do not necessarily reflect those of Mustang Daily. Mustang Daily reserves the right to edit letters for grammar, profanities and length. Please limit length to 350 words.

Mustang Daily encourages comments on editorial policy and university affairs. Letters should be typed, double-spaced, and signed with major and class standing. They can be emailed, faxed, delivered or emailed to opinion@mustangdaily.calpoly.edu.

Opinion

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my far too mature to reciprocate.”
Jean M. Douglas

Letters to the editor

It’s not what they said, it’s how they said it

Editor,

I am writing in response to the fire and brimstone preacher in the University Union Thursday. They were wrong. They were right. What they said was completely right. People who have their sins counted against them do indeed go to hell when they die. That is true, but the manner in which it was told was in wrong. They need to be told in the light of God’s love in which “He desires that all would come to repentance.”

Now instead of telling you of the condemnation of not following Jesus, I will speak of the wonderful benefits of following Him. I know I am loved by the universal God. It is always watching over me. I know I need to ask God to forgive them for the things they had done wrong and to help me to do better in the future. I have always been up front with my mistakes. I know the Bible, you will find Jesus choosing to spend time with the sick, the sinners and the self-righteous people of that time condemned (see Luke 7, John 4). He never hid the truth from them. He made it perfectly clear that they needed to ask God to forgive them for the things that they had done wrong. But He did so entirely out of love.

Jesus showed this love by dying on the cross so that all of us could have a relationship with God again. While you are here at Cal Poly, you will have many opportunities to get to know who this Jesus truly is. Whatever you do, please don’t walk away from here with the impression that Jesus hates those who don’t live the way He wants them to. He does not condone the message that those four men expressed in the UU.

Please read what He did say (in the Bible) and see that He is the God of love, not hate.

Shannon Sevey is a Christian and a fifth-year business administration major who can be reached at shannahsnee22@hotmail.com.

The ‘Body’ speaks truth Editor,

I have found a champion in Jesus Veronica. Publications by and large distort me because they rarely come out and say what they actually believe. They give what they get the most votes and press of the least amount of people — oh no, but not The Body. Organized religion is a sham and a catch for weak-minded people who need strength in numbers. These words came from an interview for the November Playboy. Of course, many current governors do you think would give an interview with Playboy? I have never seen such thick skin from any politician, and I love them. Being a Navy SEAL requires an extreme amount of self-reliance. If you are stuck behind enemy lines and your strategy is to pray rather than rely on your own strength and skill to survive, chances are, you are going to end up a corpse. I suppose it is OK to have faith in something. Jesus has faith in himself. If some people want to believe in a higher being, that is all fine and well. The ones who really need the help from a higher power must insult you if you don’t also believe in their version of God who rubs me the wrong way.

There is no way old Jesse is giving the citizens of Minnesota any lip service. He has his polls dropped 17 percent after that little quote aired. I guess some people go to church in Minnesota. I just know that too, but what he believed regarding blacks.

Even if you go to church every Sunday, don’t you ever have to ask yourself, do you have to admire anyone that says, “This is what I truly believe. I know it’s going to piss off most of the country, but I’m not going to waffle on a touchy question.”

Damen Alvarez is a computer engineering junior.

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Sports

Water ski team ready to compete

By Carolyn Ficara

Cal Poly's water ski team has hit the water for its first year of competition.

The team is now practicing for this season's first tournament, Oct. 20-21 in San Diego.

Architecturc sophomore Frank Mahan and close buddy Andy Proctor, a liberal studies freshman, are top contenders for the team.

Mahan and Proctor have been practicing since the team's formation.

The team is now practicing for the upcoming tournament on Oct. 30-31.

The team, which owns two boats, practices mostly at Lake Nacimiento in San Diego.

The team spirit is wonderful, Mahan said. "Everyone is included, encouraged and has fun."

The team holds 10 tournaments a year, five in the fall and five in the spring.

Cal Poly will compete in just one tournament this fall, Mahan said.

The team is a member of the National Collegiate Water Ski Association's Western Division, which includes 16 teams.

There are about 25 people on the team now. They are glad to have new members. They don't have to be a great skier to join. A person does have to be able to ski on one ski and do some cuts and turns," Mahan said.

"The team spirit is wonderful. Everyone is included, encouraged and cheered on, whether they are a new member or have skied before," Proctor said.

"We do have a few skiers who are good enough to win some tournaments. We are going to be competing at a fairly high level for a new team," Mahan said.

It took about a year to get the team organized and to work out details such as insurance.

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"We do have a few skiers who are good enough to win some tournaments. We are going to be competing at a fairly high level for a new team," Mahan said.

The team, which owns two boats, practices mostly at Lake Nacimiento and at a private, man-made lake in Bakersfield.

Lakes chosen for competitions are designed to keep the water smooth, he said.

The Association holds 10 tournaments a year, five in the fall and five in the spring.

Cal Poly will compete in just one of these tournaments this fall, Mahan said.

The contest consists of three categories: slalom, distance jump and a trick run.

"All the teams camp over the weekend on the lake shore. It's a great way to get to know people and have a good time," Proctor said.

"And spectators don't have to pay to get in," Mahan said.

"It's really too hard to tell how long he's going to be out right now," trainer Jim Maurer said. "We're optimistic that Mike will be back this year."

Irvin, who is taking medicine to reduce the swelling, will see a Dallas spine specialist Wednesday. An MRI will be taken and compared to one made hours after the injury. How much has changed will determine the next step in his treatment.

Exams Sunday showed swelling in the spinal cord in two places near the base of the skull. Maurer said he doesn't expect the new pictures to show any further damage that may have been obscured by the initial swelling.

"I think they got a pretty good picture of everything he incurred," Maurer said.

The trainer admitted Monday that Irvin is losing some feeling permanently after the injury.

"He had some limitations on the field," Maurer said. "He didn't have full motor function and he had paresis in his neck."

Irvin was able to move his hands and feet within 15 minutes, much to the relief of his terrified teammates.

He was then strapped to a stretcher and taken to the spinal unit at Thomas Jefferson Hospital, where he spent the night.

By Monday morning, Irvin had regained full use of his motor functions — the most encouraging sign yet.

"That's one of the reasons he's being released as early as today," Maurer said.

The 33-year-old has been a leader for Dallas on and off the field since joining the team in 1985. He hasn't missed a game because of injury since 1990. Emmitt Smith's rookie season.

"Michael has been a great player for this organization for a long time," said quarterback Troy Aikman, who has won three Super Bowls with Irvin. "He's made a lot of big plays in a lot of big games."

"We're going to miss his presence, and we'll miss his competitive spirit. Hopefully it'll only be two weeks."

That's a highly optimistic view considering Maurer said Irvin is likely to be in the neck brace about a week as he deals with swelling and stiffness.

The trainer said he wouldn't speculate whether surgery was an option.

Word still out on length of Irvin injury

IRVING, Texas (AP) — Wearing a protective collar around his neck, Michael Irvin flew home Monday and will await further examinations to determine the severity of his injury.

Early indications suggest the Dallas Cowboys receiver will recover from a swollen spinal cord and herniated disc and will play again this season.

Irvin was injured when he was tackled early in Sunday's 13-12 loss to the Philadelphia Eagles, and now the question is how much time he will miss.

"It's really too hard to tell how long he's going to be out right now," trainer Jim Maurer said. "We're optimistic that Mike will be back this year."

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**rbanders good, not good enough**

ALAMEDA (AP) — The Oakland Raiders are clearly trying to avoid starting over.

Their three losses have been by a total of eight points, the most recent coming this past Sunday, when they fell 16-13 to the previously winless Denver Broncos.

"We're making progress," said coach Tom Flores, "but it's still not good enough."

The general consensus Monday at the team's training facility was there's just no comfort in "almost" or "close."

"I don't see things as close," said Tyrone Wheatley, Oakland's leading rusher with 72 carries for 306 total yards. "You either do or you don't."

"You either do or you don't," said he'll take responsibility for a loss at few times.

"I can't be hard on anyone but myself," he said. "It's up to me to do the things I need to do." Once, our team." said coach Tommy Tuberville. "It's up to me to do the things I need to do."

Napoleon Kaufman had just three day."

"Tell me to, I'm not going to dwell on the near-misses."

"I think this is going to be a scary game for them because they're 4-1, they're at home and we know we can beat them," Russell said.

At this point, the main uncertain­ty for Oakland is the status of offen­sive tackle Mo Collins, who injured himself," he said. "It's up to me to do the things I need to do."

So what's miss­ing?

"The team is really balanced," said coach Rich Gannon was intercepted. 

"Wins," said corner­back Charles Woodson, the Heisman Trophy win­ner and last season's defensive Rookie of the Year.

"He's the backbone of our team," Walker said. "He's kept us in a lot of times by himself."

The team's next game is Friday night at Cal State Fullerton. "We're starting to really pull things together," senior Clarion Bradshaw said. "We're right on pace for where we want to be."

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The Raiders were already hurting with a shoulder injury.

"With an NFL-hest 148 yards per game rushing after entering the weekend with an NFL-hest 148 yards per game on the ground."

"Everythinn is not in sync yet," he said. "We're not going to look at this as a day to have a stretch of the imagination," Gruden said. "But there are some things we need to do."

The Raiders say they're not going to dwell on the near-wins.

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The team needed the Raiders to take more from the successful California Poly, and starting class­es a little more challenging than Men­ning.

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Joe Nolan, who takes bowling every Saturday, can be reached at jodan@pom poly.edu
Water polo making big splash

By Matt Sterling

A new coach has given the Cal Poly men's water polo team focused their efforts after its near misses last year. The team has made it to the NCAA tournament this year and will be building on for years to come.

John Walker
Head coach

Mariucci reiterated that even if Young eventually receives medical clearance, the team may continue to hold him out for an indefinite period just to make sure he's all right.

Young made clear he's anxious to get back on the field but concealed he's having difficulty persuading his doctors.

"I want to play," he said. "I don't want to watch, and I've got to get cleaned. That's a process that the doctor is going to go through. He's the one that has to clear me and I've got to figure out how to do that."

Moss declined to address reports Monday that he wants to play basketball in addition to football.

Moss, who turned 38 Monday, sustained his fourth concussion in three years when he was leveled Sept. 27 by hitting Arizona's linebacker Andre Williams.

Though the 49ers initially described the concussion as mild, Young was knocked out for several seconds by the force of the blow. Conclusions accompanied by unconsciousness are almost always considered severe.

"The fact that he was knocked out may be a little different than what he's had in the past," Mariucci said. "We think he's going to play and hopefully he'll see soon, but until he's cleared, we'll continue to rest him."

However, there are no plans for Young to be evaluated by his neurologist until Wednesday, making it highly likely that Jeff Garcia will get the bulk of the practice reps for Sunday's game against Carolina.

Garcia believed Young would be back by now, but that hasn't happened.

"I think if it continues into this week, then it does become a situation where it is more of a long-term thing than what everybody assumed would be a one or two week situation," he said. "I think if it goes into this week, then I think we're looking at potentially a change in the future, but it's hard to say."

Scheduling: the key to Poly's athletic success

Cal Poly students, like students at every other university, schedule their classes in a variety of ways. Some load up on easy classes they can coast through, looking to boost their grade point average. Others will take difficult classes with a great teacher, hoping to learn as much as they can about the subject and themselves.

In the classroom, there is, of course, a time and a place for both strategies. In the athletic department, however, the difficulty schedule is the only route that leads to success.

Right now, women's volleyball and women's soccer are reaping the rewards of scheduling top-ranked teams, while the men's basketball team will have a difficult time gaining sympathy if they don't win.

The biggest beneficiary has been the volleyball team, ranked No. 20 according to Volleyball Magazine. Last year, they posted an impressive 11-match win streak but failed to get a win against the Big Three (U.C. Santa Barbara, Long Beach State and Pacific).

This year, the Mustangs played these teams with more talent but more importantly, with better preparation. The Mustangs dropped two early non-conference matches to No. 8 Colorado State, 16-29, and Eastern Washington, 15-9, but they are the new face of Poly women's volleyball.

The experience the Mustangs get during these losses showed the Mustangs how they need to improve in order to become a top-ranked team.

"We made the first step," and probably the biggest — step by defeating UC Santa Barbara last Thursday. In the past, the Mustangs would have been satisfied with one upset win, but the team should build upon this and establish itself as national powers to be reckoned with.

The women's soccer team won't be cracking the polls this week, but they've made a remarkable turnaround inJuan Pablo 2-5 start. The Mustangs went from playing top-35 UCLA, BYU and Missouri without their stars to getting healthy and firming up their record against Big West Conference rivals. Head coach Alex Greiner provided an early test for his team and still faces No. 1 Santa Clara.

The highest ranked team they'll see this year.

Joe Nolan

SANTA CLARA (AP) — Steve Young's concussion is more serious than originally thought and as much as the San Francisco 49ers quarterback wants to play, there's no telling when or if his doctors will let him.

So far, they've been reluctant to clear him to play, and coach Steve Mariucci said Monday that Young probably will miss his third straight game this week.

"Evidently, they don't feel this is the appropriate time to let him start hanging around," Mariucci said. "I know we're all being very conserva­tive and they are too because of the frequency of the concussions. They're taking their time. They're trying to make sure that when they say yes, it's a go."

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