Audience with punk sounds
Fourth of July concert rivets
Hootenanny happens
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Hemp on a pedestal
To understand the plant is to understand its history
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Roll on, roller hockey
Cal Poly club team takes second in national tourney
Sports, page 8

Lawsuit ends
Staff Council public service
Former leaders may pursue projects
By Shannon Pedrick
Summer Mustang

Members of Cal Poly's Staff Council are unhappy that their community service efforts will no longer be allowed during university time. A March-settled lawsuit against Cal Poly and the Council cut off university support of the Staff Council ending its five-year life span.

A labor judge found the council in violation of terms and conditions prohibited by the California State Employee Association, one of which is using work time to conduct activities on behalf of the council.

The Staff Council was founded in order to involve the Cal Poly Staff in university activities, and was involved in activities that were beneficial to Cal Poly and the community. One of those programs was Adopt-A-Family.

"One of my favorite activities was Adopt-A-Family. We were able to provide gifts for a lot of families during Christmas time," said Pat Broering, former Council chairwoman.

The final chairwoman of Staff Council, Bonnie Knupf, said they are not sure who will continue the activities that the Council was involved in. Knupf was also concerned with the direction of the Cultural Awareness Committee.

"It is hard to coordinate those activities without having a central entity to back us," Knupf said. Broering said with the campus being as large as it is, it's difficult for staff members to communicate effectively.

"It is difficult to get people involved and without official recognition, it is really hard," said Broering.

However, Sally Andersen, chapter president of the California State Employees Association, said that the Staff Council will still be able to continue the activities they started, just on their own time.

Andersen said that CSEA does not have a problem with members conducting activities during their free time.

"Our activities are restricted to noon time and after hours," Andersen said.

The Cultural Awareness Committee conducted all of its meetings during lunch hours, according to Knupf. Knupf said that they will try to continue with their efforts, but it will be difficult without a sponsor.

"Right now we are doing the best we can. We are not willing to just give up," Knupf said.

Not getting your zzzz’s?
Sleep deprivation attributed to student anxiety, stress
By Rory Cox
Summer Mustang

If you are stressed out and irritable, you need an alarm clock to wake up, have trouble getting out of bed in the morning or have difficulty concentrating and remembering things, you might be part of one-third of all Americans suffering from sleep deprivation.

Sleep deprivation occurs when the body doesn’t get as much sleep as it needs. Dr. Mary Carskadon, a professor of psychology at Brown University and sleep researcher, observed an increase in sleep deprivation as students begin college. Students at the university define finals week as a time in which they get very little sleep. Rosa Narez, journalism senior, can identify with this.

"Finals began my addiction to coffee," she said. "During my last finals, I didn’t sleep for two days."

Dr. Jim Aiken, Associate director of Psychological Services at Cal Poly, said that many students he sees with sleep deprivation are feeling anxiety and depression.

"We try to help people put their life in order to understand its history..."
Yearlong search turns up body of screenwriter

Author missing since '97 drive to Carpinteria

PALM DESERT (AP) — A year after a screenwriter vanished on a drive across the desert, divers following an amateur detective's lead found his Ford Explorer and human remains Wednesday in an aqueduct below a highway bridge.

The discovery was prompted by a bizarre development in a case that yielded few clues for investigation trying to solve the disappearance of Gary DeVore, author of the thrillers "Running Scared" and "Stolen Death."

"We're confident we have located Mr. DeVore's vehicle," Santa Barbara County sheriff's Sgt. Mike Burnside said. However, he said they couldn't immediately say if the remains were DeVore's until dental records were checked.

DeVore vanished on June 28, 1997, while driving from New Mexico to his home in Carpinteria on the Santa Barbara County coast.

DeVore's wife, Wendy, originally speculated that her husband had been abducted and was suffering from amnesia, while some friends had said he ran away from a sagging career and troubles with the Internal Revenue Service.

DeVore, 55, had spent four days near Santa Fe, N.M., working on the script at the home of family friend Marsha Mason before he disappeared.

"I am devastated and I feel so for his family and wife," Mason said by telephone Wednesday.

After reading a newspaper article about the anniversary of DeVore's disappearance, and another article about a woman who had a freak car accident and disappeared into the California Aqueduct, amateur detective Douglas Crawford contacted DeVore's publicist, Michael Sands, and investigators about a hypothesis he had formed.

According to credit card receipts, DeVore, 55, refunded in Fennel, 35 miles west of Needles, on Interstate 40, after leaving New Mexico. Crawford deduced that DeVore had a 392-mile range of travel and was heading toward home because he spoke with his wife of just 18 months on the phone while passing through Barstow in the Mojave Desert.

Speculating that DeVore fell asleep while driving and his vehicle rolled over the guard rail and into the murky aqueduct, Crawford visited the site Friday and found parts of an Explorer.

The area in north Los Angeles County is where the highway crosses the aqueduct and San Andreas Fault before quickly rising up into the rugged Angeles National Forest.

RJ Henard, a construction management senior, uses a squeegee to clean windows in the engineering east building Wednesday afternoon.

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Summer Mustang

The daily grind

continued from page 1

so warning won't keep them from sleeping," he said. "Research shows that college students have shifted time clocks because most don't go to sleep before 12 a.m."

Aiken said sleep disruption should be taken seriously because lethargy, depression, anger and hostility, intolerance, lack of appetite, and clumsiness can be symptoms of sleep deprivation.

"Within 30 hours of suffering from sleep deprivation, people can suffer from hallucinations and hear things," Aiken said. "Within 40 hours, psychiatric episodes can occur."

Dr. Bruce Adelstone, director of the Sleep Disorders Center at California Pacific Medical Center in San Francisco, said traffic accidents increase by about 8 percent the morning after daylight savings time begins.

"Even a one-hour time change can have a big impact on people," he said. Experts on Healthbeat say it takes about one week to adjust to the time change and that the peak time for accidents caused by drowsy drivers is 2 p.m.

According to the U.S. National Highway Traffic Safety Administration, an estimated 100,000 police-reported crashes annually (1.5 percent of all crashes) involve drowsiness or fatigue as a principal causal factor. An estimate of related fatalities is 1,500 annually or 4 percent of all traffic crash fatalities.

The National Sleep Foundation (NSF) blames drowsiness and fatigue in crashes attributed to other causes.

"Sleep is cumulative. Rest, instead of celebrating the end of finals in a bar." — Dr. Jim Aiken

Psychological Services director

About one million crashes annually, one-sixth of all crashes, are thought to be produced by driver inattention. NSF says sleep deprivation and fatigue make such lapses more likely to occur.

Dr. James Maas, sleep expert and author of the book Power Sleep, recommends avoiding caffeine and chocolate after 2 p.m., scheduling a "worry time," if worrying keeps you up, keeping TV's out of the bedroom, using a moderately firm pillow and avoiding reading anything work- or school-related before bed.

Aiken recommends getting at least 6 hours of sleep each night and taking naps after pulling an all-nighter.

"Sleep is cumulative. Rest, instead of celebrating the end of finals in a bar," he said. Aiken also mentioned the benefits of herbal teas and medicines and daily exercise in achieving a good night's rest.

For more information visit Psychological Services in the Health Center. You can also contact the National Sleep Foundation for more information on sleep deprivation, sleep clinics and disorders at 888NSF-SLEEP.
"We offer you what the others healthy choices can't..."
SUMMER MUSTANG

Thursday, July 9, 1998
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Letters Policy: Summer Mustang encourages comments on editorial policy and university affairs. Letters should be typewritten, double-spaced, signed and include a phone number. They can be mailed, faxed, delivered or e-mailed to opinion@mustangdaily.calpoly.edu.

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If he wanted to feel special, he shouldn't have come to Cal Poly."

SUMMER MUSTANG

Thursday, July 9, 1998
Vol. 63 No. 3

Everyone loves mail

So spread the love! As Mustang Daily welcomes and encourages contributions from readers, letters should be submitted complete with name, major or department, class and telephone number. We reserve the right to edit grammar, spelling errors and length without changing the meaning of what is written. Letters sent via e-mail will be given preference and can be sent to: opinion@mustangdaily.calpoly.edu. Fax your contribution to 756-6784 or drop letters by Building 26, Suite 226.

A common mistake

It's embarrassing to work at an institution of higher learning and look at the bold title on the Opinion page: "Where have all the father's gone?"

Using the possessive rather than plural is, unfortunately, a common mistake in the English language. It would be nice, though, to rise above the common, especially since Cal Poly is touted to be among the best schools in the country.

Come on, folks; let's try to get beyond grade-school level in our journalistic efforts.

Dallas Day is an English senior who is "working to improve this campus, even if they don't want me to."
Fighting for the hemp revolution

It's not about smoking marijuana

I am writing on behalf of the hemp movement as a businessperson and as one who has studied and used herbs both medicinally in my home and for their fibers in spinning and weaving textiles.

When I was first learning to weave and was studying natural fibers, I read in many books about how hemp made some of the finest and strongest fabrics on earth, with the strength of flax (linen) combined with the softness and comfort of cotton.

This was close to 20 years ago, and most textile experts also agreed that the United States would probably never allow it to be farmed as it once was because of its association with marijuana and its classification as a drug.

Our generation has seen such a broad range of publicity about this plant, whose botanical name is Cannabis sativa, and there have been so many emotional debates and propaganda, rumors and innuendo, that many don't know what to think.

The movement to end the prohibition of hemp farming and production is actually not a new idea, but one that is only coming to the forefront because those of us who came of age in the 1960s and '70s are now older and more able to speak with a political voice. We now are "the establishment," and our years have given us the right and obligation to speak up.

What I can tell you as one of several businesses in San Luis Obispo county who sells hemp clothing and other textile products, as well as body care products that utilize the very useful hemp seed oil, is that I see a side of the hemp movement that may not be readily apparent.

Although when most people think of hemp they see young people in tie-dyes and dreadlocks listening to reggae music, the reality is actually quite surprising.

The people who come into my store to talk about hemp and to buy hemp products are often clean-cut farmers who understand hemp is a useful and low-impact cash crop.

Most of the people who buy hemp clothing in my store are very dignified and respectable people in their sixties and even early seventies.

To them it is not a drug issue, but an issue of personal freedom and liberty to grow and use a plant that has been used in a practical way for thousands of years.

Most of the young people who support the hemp movement cannot afford to buy hemp clothing because it is still so costly to import it from China and Europe where it has been cultivated uninterruptedly for fiber production. They buy what they can and look forward to the day when they will have a voice and a say to change things.

Don't be quick to write off the hemp movement as a hippie thing. Some very respectable and responsible people have historically supported and engaged in hemp farming, even the founding writers of the Declaration of Independence, (now there was a radical document!) and our own Constitution, the blueprint for the political rights of U.S. citizens!

Ali Arnold is the owner of Freshair Fare II in Morro Bay.
Irvine show features 18 bands, chromed-out cars, and enough hair grease to make Elvis jealous

By Jeff Biafore
Summer Mustang

It's a scorcher today. — Jimbo Wallace bassist, Reverend Horton Heat

was underway with the band The Supernovas, an old punk outfit I had no idea even existed anymore. Immediately after that blast from the past, Lee Rocker took the stage. He is the former stand-up bass player of the band The Stray Cats, and he has been very instrumental in putting the Hootenanny together. Rocker only played tunes from his solo album, shying away from his Stray Cats songs, which was no surprise, since the set he played last year at the former Zebra Cantina in downtown San Luis Obispo was pretty much the same stuff. The highlight of Rocker's show came when he did a balancing act on top of his bass while playing. Looking back at past Stray Cats albums confirmed this as his signature move.

The main stage was split in half so that there was no lag time between bands. Because of this, immediately after Lee Rocker, legendary rock and country singer Buck Owens took the stage. To my surprise, Owens kept the crowd that gathered for the previous bands and still more people showed up once he started going. Buck sang about his life and his Crystal Palace balloon in Bakersfield, but the highlight of his act was when he sang the Chuck Berry classic, "Johnny B. Good."

See HOOTENANNY, page 7

Hootenanny hops on Fourth of July

Fireworks fly at Pismo

By Shannon Pedrick
Summer Mustang

The gray skies did not stop hundreds of people from coming out and enjoying the Pismo Beach fireworks display. The Fourth of July lent an excuse for many to come out and celebrate despite foggy weather conditions.

The streets were lined with families in lawn chairs from Shell Beach to south Pismo Beach. The fireworks display started around 9 p.m., but the audience began arriving in the early evening.

"We came at around seven to find a good spot to watch the fire, works, and there were already a lot of people down here," said Dave Ehrlich, visiting from Orange County for the holiday.

Ehrlich was not the only one who traveled to the Central Coast to celebrate Independence Day. Twelve-year-old Henry Kennedy came up from Redlands with his family to stay with his grandmother in San Luis Obispo for the weekend. Henry Carillo, 10, was also anxious for the fireworks to start. This was Carillo's first time seeing a large fireworks display.

"We have never been allowed to light fireworks at home. I hope there are blue and green ones," he said.

Carillo and his three brothers and sisters wanted in their family's warm van for the fireworks to start. Nature gave onlookers a little show before the fireworks began: off the coast of Shell Beach, a pod of whales were swimming and jumping.

"The whales were the coolest part, better than the fireworks," said Kennedy, who now considers himself a whale watcher.

Once the sun went down, the focus turned again to the fireworks. From Highway 101, smaller fireworks displays could be seen up and down the beaches.

Cars double parked, small children bundled up and the crowd finally got what it came to see. "Once the fireworks started, everyone got really quiet. It was really pretty, and the ocean made it even more beautiful," said Casey Lynch, a Cal Poly kinesiology sophomore who came down from Fairfield to see the show.

Indeed, the ocean provided a spectacular backdrop to the lights. See FIREWORKS, page 7

Mission concert done Creole style

By Julie O'Shea
Summer Mustang

With the weather cooperating, people gathered in Old Mission Plaza to hear The Creole Syncopators, the second band in a series of nine that will perform in the plaza this summer.

The audience began clapping at the steps and the surrounding courtyards, almost an hour before the starting time of 5:30 p.m. The band played a few numbers that had the people in the front row tapping their feet to some old-time Dixie. The Creole Syncopators' rendition of the blues was an interesting twist of jazz, which sometimes sounded like a Latin tango.

"These concerts are a good way to give back to the community," said Pete Eberle, promotions director of the Downtown Business Improvement Association. "We have a beautiful Mission Plaza, and we should show it off."

An afternoon of New Orleans-style Dixieland jazz seemed a fitting tribute for the holiday weekend, reflected by the American flag waving above the audience in the middle of the plaza.

But for all the hope about togetherness and giving back to the community, the Creole Syncopators didn't seem moved by the kind of feeling the concert organizers hoped to promote. When asked if he enjoys giving outdoor concerts, Dave Caparone, the band's trombone player, was unmoved.

"I prefer playing in smoke-filled See CONCERT, page 7
Central Coast group offers cultural dance

By Amy Lovell
Summer Mustang

In the movie "Gone With the Wind," Robert Redford's character, Heathcliff O'Hara in his arms on the dance floor and says, "With enough enthusiasm they can do without a rep­utation.

"Oh, you do talk scandalous—"Cliparone said. "I attend the dance, a popular folk dance known as the Virginia Reel, in a suit and she in her black mourning outfit. While people may not see Butler and O'Hara at Centro and International Folk Dancing class­es, they will see the same kind of dancing.

The classes, sponsored by the Central Coast Country Dance Society, will be held on July 11 at the Salinas Valley Fairgrounds Park on Grand Avenue. Joan and Keith Gorrindo will teach and develop cultural dances starting at 5:30 p.m.

The Virginia Reel's style is sim­ilar to square dancing. Both include a caller, a leader who calls dances or particular steps that dancers must follow. Cultural dances are very social and conducive to business.

Keith Gorrindo said the dancers meet the second Saturday of each month. His wife Joan says they've been dancing since their days at Cal Poly in the late 1970s and early 1980s. Her parents and grandparents were dancers of the folk styles she now teaches. They are open to everyone and can be discov­ered in the dance school.

"I had a choice between the reg­ular PE classes and dancing," he said, and he made a choice that turned into a lifelong passion.

Cal Poly math professor James Muller has consistently supported the dance tradition in San Luis Obispo County. He plays fiddle in the band Growing Old Greeters. Before the dances were as popular as they are today, the band played without pay.

"Normally the dances are done to recorded music, but we have a live band," said Joan.

In their college days, the Gorrindos participated in the Folk Dance Club on campus. Cal Poly math professor Bob Wolf was a club adviser.

"We called him Dr. Frobese," Joan said, because Wolf served as adviser for several clubs, including Ultimate Frobese.

"We played the dance is the perfect group activity because participants are not coupled up, but rather a threesome of pairs and the beginner, is taken by the couple that makes the dance more social and conducive to business.

"If we're lucky to have (the hand) couple of the Cramps," Keith Gorrindo said, "but not all the time."

"The Cramps got the crowd up off their feet for some of the more popular songs of the afternoon set," Joan Gorrindo said.

People who attend the Vina Hall Saturday night will find that the bulk of the dances have origins in the Balkan Peninsula, which includes Greece. They'll also learn dances from Serbia, Croatia, Israel, Russia, Scotland and England.

Admission is $3 per person at the door. No partner, experience or special center and is necessary.

"For more information, call the 24-hour dance hotline at 541-0201, or visit the Central Coast Dance website at http://ball.kakem.com/cid."
Hockey rolls to second-place win

Team battles for national championship

By Steve Fairchild
Summer Mustang

While they bask in the hot summer sun, the Cal Poly Roller Hockey team is also basking in the glow of taking second place against eight of the toughest teams in the country at the Collegiate In-line Hockey Association National Championships in Las Vegas.

Cal Poly's 10-man team went to nationals with an overall record of 11 wins, 2 losses in the Pacific region.

"Going up for nationals, team members were confident they would come home champions and had the statistics and the motivation to prove it," Clint Marsalek said.

Cal Poly may not be a big school, but it provided the big guys to take on some big name schools including University of Nevada, Las Vegas, University of California, Santa Barbara; University of California, Irvine; University of Missouri and Washington State University.

After appearing up their wheels winning four games in a row, Cal Poly faced University of Missouri for the national title.

Brennan Edwards, last year's club president and veteran goalie, put on his battle armor to protect his house one last time. When it was all said and done, Edwards would skate home with a respectable 85 percent save record, three wins, one loss, and 65 saves for the tournament — but not the national championship.

Missouri managed to shut out Cal Poly 3-2 in a stall-soft that could be heard over the nicked skis on the Vegas strip.

Lead scorers Mark Wagner and Alex Schneider both came home with seven goals and four assists each.

James Marshall was the strongest scorer of the year during scheduled season play, with 12 goals and 14 assists.

Now the team is taking the summer off to regroup and train new recruits. Three of their core players graduated and two are taking a year off to study abroad. All is not lost, though, according to new club president Clint Marsalek.

"I think we have a good chance. The three players we lost weren't our strongest, two of our strongest are coming back and we just gained Chris Blake from Cuesta College, who is a strong defense man," Marsalek said.

The biggest challenge facing next year's in-line swimmers will be finding a replacement for Brennan "Brick Wall" Edwards. Marsalek is taking a lighthearted approach to finding a new goalie.

"We may have to put an add on the (Internet) and hope for the best," he said.

The Cal Poly Roller Hockey club recently celebrated its ninth birthday, and while it may be young compared to the Rugby club, an average of 40 players come out each year to play on their traveling team and B team — what Marsalek calls the "fun team."

Many just get involved in local in-line league play. Marsalek hopes more people will come out and hone their slap-shot skills for next year's season.

"If anyone wants to come out and play at Santa Rosa park, there are always people in the club willing to play," he said.

Poly Wheelmen gear up for summer competition

By Steve Fairchild
Summer Mustang

While many sport clubs on campus are taking a summer break, several members of the Cal Poly Mountain Cycle Wheelmen are competing individually in track events, road races, and mountain-bike races around the country.

The club is well known around the state for its team skills. Last year, the team took fourth place in the regionals road race and is currently battling it out on the road with teams such as University of Southern California and University of California, Los Angeles.

Wheelmen team member Randy Warren recently took first place in the individual track pursuit at the Olympic Velodrome in Dominguez Hills. He has taken first place in four pursuits in a row.

"My main thing this summer is track because I don't have much time to train," Warren said. "My goal is to win the state title. My next goal is to get top five in the nation in the masters division."

In recent years, Warren has fallen short of his goal, taking seventh and eighth place in the masters division of the individual pursuit. Warren is optimistic about the team's chances this upcoming school year.

"Our team can get top five in collegiate this season," he said.

The mountain bikers on the team are competing individually around the state, but many will come together for the annual mountain-bike race at Mammoth Mountain, July 15-19.

The Wheelmen also help put on several racing events and community events each year.

"I am already talking to half a dozen companies about setting up next year's activities," Wheelmen President Dan Watt said.

He is currently working on next fall's annual Parkfield race. Each weekend, when they are not racing, the Wheelmen can be seen on social rides, sometimes consisting of 40 or more riders. Members also teach bike safety at local schools.

Wrestling signs six recruits

Two more contracts may be announced

By Shannon Pedrick
Summer Mustang

Six new recruits will be red-shirting next year for Cal Poly's wrestling team, and Coach Lenno Cowell is not through with his recruiting — more wrestling hopefuls are in the process of signing a contract.

The new wrestlers were all recruited from within California, and five of them are fresh out of high school.

Aaron and Andrew Ghrist, twin brothers from Poway, are both California Interscholastic Federation champions.

Tyler Lunn, from Clovis, finished his senior year of high school with a 49-1 record.

From Newcastle, Jeremy Webber served as team captain of his high school wrestling team.

Billy Wailer won the league title two years in a row in Redding.

The only recruit coming to Cal Poly with college experience is Dave Leonard from Sierra College in Rocklin. Leonard was a two-time junior college All-American.

Cowell is looking forward to next season and said his team is very confident in his new recruits.

"Each of these young men will contribute a great deal to Cal Poly wrestling in the future," Cowell said.

All of the new recruits will red-shirt according to Cowell, though some may be pulled up to compete later in the year.

Cowell said all the recruits will receive some sort of scholarship. None, however, will receive a full scholarship.

With last year's rookies now competing for Cal Poly, Cowell thinks that the new recruits will provide a great compliment to the returning wrestlers.

"We had a good recruit last year, and were able to have some of the recruits compete," Cowell said.

Cal Poly's wrestling team finished last year with an 11-8 dual match record. This is Cowell's 15th season as head coach for Cal Poly.

ON THE ROAD: Cal Poly Wheelmen line up at the starting post at the SLO Critenium in March. The Wheelmen are currently preparing for competition.