Employee survey rates vice-president's job practices

By Patty Hayes
Staff Writer

Staff members of Information Systems (IS), Cal Poly's computing and communications center, have informally reported numerous accounts of alleged harassment and decreased productivity against IS Vice President Arthur Gloster (regarding employee harassment and decreased morale) have been ongoing since February. Present at the meetings were President Warren Baker, Director of Personnel Jan Pieper, IS Resource Director David Yang, several CSEA union representatives and Gloster.

"My opinion is that administration does not care," Gilsnaki said. She said that the university has not given sufficient response to the complaints. Gloster was on a travel day Tuesday and was unavailable for comment. He has previously failed to return Mustang Daily's phone calls concerning the matter.

Pieper said that it has been difficult for the administration to make any response. "There is a contract in place (with CSEA members) which gives express avenues for complaints and grievances," Pieper said. "If they want to contend that policy was not followed they must file a complaint."

Gilsnaki said that no formal complaints or grievances have been filed because staff members are fearful of their job security should they file specific complaints be printed in a report.

The informal complaints are discussed in a 13-page report written by Gilsnaki. The report gives a detailed account of the results of a survey, written and conducted by CSEA, of IS employees and their reactions to Gloster's actions. The full report was unavailable, but Mustang Daily had received statistical responses to the questions. Fifty-eight surveys were sent out and 35 were returned, Gilsnaki said. She said the survey was accompanied by two paragraphs stating that both positive and negative responses were welcome. Some of the questions and their responses were as follows:

\[\text{Do you believe that Dr. Gloster is, in all respects, running Information Systems in a fair and equitable manner, and in accordance with all union, CSU and legal provisions? Yes: 2 No: 30 Don't know: 3.} \]

See COMPLAINTS, page 7

Fourth candidate interviewed for VP position at Poly

By Mary Frederisy
Staff Writer

An Eastern Illinois University administrator was on campus Monday as the fourth candidate for the vice president for Academic Affairs and senior vice president position at Cal Poly.

Robert Kindrick, provost and vice president for Academic Affairs at Eastern, spoke at an open forum during the first of the two-day interview.

Kindrick said that certain issues prevalent here are also faced at Eastern, such as cultural diversity. "I know it has inspired some tension on campus," he said. "That is a major priority on my agenda and at Eastern Illinois. It is vitally important to have cultural diversity in the academic community as it is in the community at large."

He said certain steps had been taken at Eastern to encourage admissions of minority groups, including a distinguished lecturer series, a visiting professor program, and work between Academic Affairs and the CSEA.

See COMPLAINTS, page 7

Junior high program gives students hope

Points them toward higher learning

Editor's note: In this, the second installment in a series about outreach programs, reporter Tina Ramos examines a program to attract underrepresented junior high school students in Santa Maria to higher education.

By Tina M. Ramos
Staff Writer

The second oldest outreach program is the three-year old El Camino Junior High School in Santa Maria. The program targets primarily Spanish-speaking students in seventh and eighth grade at El Camino Junior High School in Santa Maria.

The program serves students to the California education system, offers career information and workshops and presents positive role models," said Maria Arvizu, program coordinator. "By the 12th grade these students then are CSU material."

There are currently 55 students involved in some facet of the program. The year-long program consists of Friday after-school workshops, tutoring twice weekly by Student Academic Services staff and Saturday vocational workshops. The program's steering committee, made up of three ESL (English as a second language) El Camino counselors, four Cal Poly student coordinators and Arvizu, meets monthly.

"These kids often come with high math and science skills but get discouraged by economic hardships, lack of role models and the language, eventually dropping out of school," said Arvizu. "These students are thirsty to learn about the American culture and education system."

Arvizu adds that when she See OUTREACH, page 7

2 Boob tube worship...

Guest columnist Marianne Biasotti examines America's preoccupation with television, and how she thinks it's becoming our national pastime.

3 Riot arrests...

Arraignments continued yesterday for the people arrested during the Poly Royal riots. Find out what happened.

5 In INSIGHT...

Reporter Nadya Williams spoke to a Poly student who is from South Africa. Find out what he had to say about his country.
Second Opinion

The red squirrels are different

Creatures threatened with extinction face a bleak enough future without their chief official protector in the United States Department of the Interior doing his part in saving them. Secretary of the Interior Manuel Lujan, Jr., to judge from a complaint he registered the other day about the rigors of enforcing the Endangered Species Act, needs a refresher course on this part of his responsibilities.

The 17-year-old law is "too tough" and should be changed so that it's not used to stymie development, the cabinet member and former congressmen said in an interview with the Denver Post. Lujan questioned whether the federal statute should attempt to save an endangered species in all of its remaining habitats, or "save every subspecies." Nobody's told me the difference between a red squirrel, a black one or a brown one," the secretary remarked. Well, someone should start telling Lujan right away, and perhaps an early word to him on the subject will come from "the environmental president," George Bush, whose White House staff put out the word that no weakening of the Endangered Species Act is contemplated.

Excerpted from "Red Squirrels are different" in San Francisco Examiner on May 22.

A special letter

Editor's note: This letter is in response to the Insight article, "Sexual Assault: How to Avoid Becoming a Victim," which ran on Wednesday, May 16. "Sarah" was a rape victim in the article. The author of the letter wishes to remain anonymous.

Dear Sarah,

I identify myself when I read this article. I cried because I finally realized I wasn't alone; that someone out there knows, understands and cares.

At times I felt alone. I feel no one understands. It's been over a year since I was raped in the dorms, by a guy I had been dating. I went through a process you probably did, I guess. I feel I need to give you my frustration about the whole administrative process on sexual assault, the whole school itself. The feeling is like I need a legal help outside of campus. Although I was scared to death, I feel better now about my decision. Although his presence still lingers around, I can go into my room now and feel safe. It was no longer here, he can't control my life on campus. You, too, have that right of security and safety. I'm sure you want to run and hide from him, because then you know he won't be able to hurt you anymore. The urge to run is still within me, but I know turning around and facing him and what he did to change my life is the best thing I can do. I know that it is not used to stymie development, the cabinet member and former congressmen said in an interview with the Denver Post. Lujan questioned whether the federal statute should attempt to save an endangered species in all of its remaining habitats, or "save every subspecies." Nobody's told me the difference between a red squirrel, a black one or a brown one," the secretary remarked. Well, someone should start telling Lujan right away, and perhaps an early word to him on the subject will come from "the environmental president," George Bush, whose White House staff put out the word that no weakening of the Endangered Species Act is contemplated.

Excerpted from "Red Squirrels are different" in San Francisco Examiner on May 22.

Pay attention to today's holocaust

I would like to comment on the April 23 reading of some of the six million Jews that died in the Holocaust. While I agree that this incident should not be forgotten, I sometimes question the realism of the reenactment. The true goal is to keep this atrocity in our memories so that it may never happen again. It is difficult to believe that the Holocaust is real.

The Thursday after Poly Royal riots, Jeff Denham and his roommate got into a fight in my backyard during a party. My roommate and I were scared, and I asked them to leave but they ignored our request to back off and angering our neighbors on both sides. This strained our good relations with our neighbors.

I had little contact with Jeff Denham and admittedly he may be quite qualified for a represen­tative vice president position, but a man is known by his actions. I have no idea what good De­nham has done for the students and if he was concerned about himself but the welfare of others.

I have been searching for something lacking validity because she was not greater than others. I felt there was no need to live in the home and property is not the most important right. Thus, I must ask you Adam Taylor to rethink your responsibilities, and not to draw bloodlines to the students within the community.

Jeff Ellis
Social Science

In response to the potential appointment of Jeff Denham to Adam Taylor's staff, I would like to say that the interests of the students would possibly be ill-served by such an action.

The other day on television (where else?), there was a poignant reenactment of the very first group of Howdy Doody fans. These were the small girl who was always asking to be brought to you live in your living rooms. We now give television the respect once bestowed upon our family matriarchs, as we sit in silence and digest every word. After all, one doesn't need the patience with television that is needed with newspapers.

And if we are ever accused of not having a culture, heck, just turn on the talk shows and there you have Americans in living color! Are we not all the same world? If we are not united by those goofy-looking forty-to-fiftysomething types relating the trivia of the day, we are just wasting our time.

We have one last chance to do it right. "American Family" is on the air. It is like nothing before it, drawing families together for long periods of time without argument. No conversation, just argument, either.

For life is to live, not to watch.

Kevin Cumhala
Physical Science

Letters to the Editor

Reader's opinions differ on Denham

This letter is in response to the article written by Kimberly Veitch in the Mustang Daily on May 18, 1990 concerning Jeff Denham. I feel Jeff Denham is an excellent candidate for student government and caring person. During the Poly Royal riots, Denham did not have a tremendous job of protecting the surrounding area especially my house and property. I live right in front of the riots took place, which was a tremendously difficult time. I don't know if he was concerned about himself but the welfare of others.

Kathy Conlan

Expressed from "Red Squirrels are different" in San Francisco Examiner on May 22.

Commentary

Drifting off to TV land

By Marianne Biasotti

Okay kids, it's time for This is Your Life! There we are on a bright Sunny Sunday morning watching our favorite characters oh and look how mesmerized we were watching Mr. Rogers put on his blue sneakers; it was just heartwarming to watch Ps saul Haljian in Walnut Grove; and of course we saw all left wondering, "When will the crew of the S.S. Minnow get off that darn island?"

Yes, we are the teen-age kids. Admit it or not, we all can reconsend endless hours in front of the television, watching episodes pass before our eyes like our childhood. It's unthimable to imagine these arthic times our parents speak of, that was E.T. (Before Tele­vision), and now life in A.T. has changed us forever.

Yes, it is said but true, American families worship Television. This four-sided being holds a place of prominence in every household, set smack in the middle of the "family room," an already outdated term for "TV room." It is like nothing before it, drawing families together for long periods of time without argument. No conversation, but argument, either.

We have one last chance to do it right. "American Family" is on the air. It is like nothing before it, drawing families together for long periods of time without argument. No conversation, just argument, either.

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Like worshiping a false god that will lead to doom or something worse, we are approaching the inevitable fate of "Amusing Ourselves to Death!", the title of a book about television by Neil Postman. As election day approaches, it is interesting to note the comparisons he makes between the political debates and present excuses for debates. It seems that instead of the say nothing from the last time we had a debate, there are 15,000 glorious hours of flickering images, more time spent with T.V. than without anything else. Besides downs in the past, there are 15,000, 350,000 commercials and 18,000 murders! How could life ever be lacking?

And if we are ever accused of not having a culture, heck, just turn on the talk shows and there you have Americans in living color! Are we not all the same world? If we are not united by those goofy-looking forty-to-fiftysomething types relating the trivia of the day, we are just wasting our time.

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Public discourse that used to last for hours during the Lincoln- Douglas debates now are confined to minutes where rhetoric and facts are thrown about. There are no "winners" of these debates, only losers — us, the viewers.

As we approach "American Family" Television for a year, it is difficult to watch it now. It is hard to concentrate on the current event because there are matters of greater importance. For life is to live, not to watch.

(Fade out... music.)

Marianne Biasotti is a senior journalism major.

OPINION POLICY

Unbiased editors reflect the majority opinion of the Mustang Daily editorial board. Signed opinions and commentary express the views of their authors and are not necessarily representative of the editorial board's majority opinion.
Meeting will also feature discussion of 'P' clean-up

By Larre M. Sterling
Staff Writer

The proposals for resident advisor priority registration and the Poly "P" clean-up will be the topics of discussions at the ASI Board of Directors meeting tonight.

The Administrative Committee passed the priority registration proposal by a 10-4 vote last Tuesday.

The proposal reads that resident advisors will register through CAPTURE with athletes. Athletes register after disabled students and before graduating seniors and graduate students.

"I never lived in the dorms myself so I never knew what an RA did," Mark Denholm, director for the school of engineering, said. "But from what I understand, there's a need for some priority, but not before graduating seniors. Maybe after priority, but not before disabled students and before graduating seniors and graduate students.

"My only concern is the snowball concept," Denholm said. "I don't think that it's (RA priority registration) a good idea because it sets a bad precedent," Elsbeth Plank, director for the school of Liberal Arts, said. "It might open the doors for a lot of ill feelings and a lot of other groups in the student community might feel like they would be able to follow in their (RAs) footsteps with valid reasons of their own. I do feel for the RAs because I understand they have a difficult schedule, but I also realize that there doesn't appear to be a lack of applications for that position and they (RAs) know what they're getting themselves into. Because there doesn't seem to be a lack of applications or of interest, right now they are getting the most quality people for the job. If the applicants knew that they would be receiving priority registration there might be an ulterior motive for people to apply for that job."

See ASI, page 9

Arraignments held Tuesday for about 100 of those arrested during Poly Royal

By Tara Murphy
Staff Writer

The legacy of Poly Royal 1990 lived in the courtroom of San Luis Obispo as riot case arraignments were held Tuesday.

About 100 of the 127 people who were arrested in conjunction with the riots appeared at the courthouse. They were to be arraigned on charges ranging from failure to disperse to being a minor in possession of alcohol.

"I've always written on my own, but I never tried to get my work published," she said.

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Poly English senior's paper on co-op experiences places in top 15 in Calif. competition

By Amy Koval
Staff Writer

A Cal Poly English senior finished in the top 15 out of more than 150 competitors in the California Cooperative Education Association Schol­arship Competition (CCEAS). Juliann Edumanda, a dean's list student, entered the CCEAS competition after doing a co-op with the IBM Corp.

The top 15 finishers, in­cluding Edumanda, were recognized at an awards lun­cheon during the CCEA con­vention, and the essays were put on display.

Edumanda, a Carpenteria High School graduate, did well in all subjects. "I liked the technicalities of math, but I also really enjoyed English," she said. This made it difficult for her to decide upon a major to declare when entering college.

Edumanda came to Cal Poly as a math major, but ultimately switched to English. With English, she said she is "more at ease." But when she entered the major, she wasn't sure where it was going to lead her.

"I thought, What am I go­ing to do with an English ma­jor?" she said. A short time afterward, she realized she could find a career in technical communications.

Although Edumanda has always liked to write, she said she never became very involv­ed with creative writing.

"I've always written on my own, but I never tried to get my work published," she said.

About 100 of the 127 people who were arrested in conjunction with the riots appeared at the courthouse. They were to be arraigned on charges ranging from failure to disperse to being a minor in possession of alcohol.

Although she did not want to comment about the specifics of her arrest, she did say she spoke with a public defender prior to entering a plea.

A spokesperson for public defending firm Maguire and Ashbaugh said although she did not know the exact number of cases heard, it took three public defenders from the office to han­dle Tuesday's arraignments.

Patrick Steinfeld, a Maguire and Ashbaugh attorney, said those convicted of a failure to disperse charge could be sentenced to 60 hours of com­munity service and a $275 fine. Those convicted on a charge of minor in possession of alcohol could face a sentence of 10 hours of community service, a $200 fine and a one-year suspended sentence.

See ARRAIGNMENTS, page 12
Presents...

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In a country like South Africa, where military service is compulsory, it is a predicament that every young man of draft age has to face. When his country enforces policies that are morally unacceptable to him, should he go ahead and serve his military stint, should he refuse and go to jail, or should he leave the country for good?

Simon Winer, a 24-year-old industrial technology senior at Cal Poly, left his native South Africa in 1983 because he did not want to fight for the white-minority regime. His family, who joined him soon after he left, has deep roots in South Africa. His father is a fourth generation Afrikaner, a South African of Dutch descent, who make up 60 percent of the white population of the country.

Winers spoke candidly about what motivated his decision to leave South Africa in a recent interview with Nadya Williams.

Winers: What is apartheid?

Winer: Apartheid means "apartness" and it is the official government policy of institutionalized racial segregation in all aspects of life: housing, education, political rights, land ownership, employment, medical care, social life, everything. For instance, the (private) high school that I went to was the only one in the entire country that was completely multi-racial, but it was banned by the government, because it was multi-racial. So for a while, my high school diploma wouldn't have been recognized by the state university system. If the school had become militant, actually encouraging anti-apartheid sort of stuff, it would have been closed.

Why did you feel compelled to leave South Africa?

Two years' military service is absolutely compulsory for all white males, and when I was eligible for the draft, you went to Angola and fought for three months on active duty. Later, when the state of emergency was imposed from '84 on, troops were sent into the African townships themselves and into the so-called homelands.

It was something that I didn't agree with, and I wasn't going to go through with it if I could possibly avoid it. I bailed out about a third of the way through my senior year and bought a return ticket to Europe.

Since I'd already been served my draft papers, the only way I could leave was with a return ticket. My parents emigrated a month later and we met in Europe and came over here. The whole family had been planning this for a long time and had applied for emigration since 1976. We all had our own reasons to leave. My entire family now has permanent residency in the United States.

What were the immediate implications for your family when you left?

The military police showed up at my parent's house and my sister's house, pretty much anywhere where I'd have a connection. My two older sisters didn't emigrate with us at that time, they wanted to stay.

My eldest sister was active on the student newspaper at the University of Witwatersrand in Johannesburg (the largest university in South Africa). She'd had a couple of close calls with the Security Police tailing her, and at that time a lot of her friends got taken into detention. At any political gathering on campus or any

STORY BY

NADYA WILLIAMS

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INSIGHT

From page 8

Newspaper function, usually you'll have a bunch of plain clothes Security Police. They're really easy to spot, maybe a video camera off to the side.

What could have happened to an active student like your sister? The usual detention procedure is that you don't get a threat, you just vanish for a bit, usually 90 days. Parents go absolutely crazy because they have no idea whether their children are in detention or not, where they are, how they are, nothing on record. Legally the authorities are under no obligation to allow prisoners to communicate with the outside world.

My sisters finally left two years ago, after the police broke in and searched the eldest, the entire house while no-one was there. But a (white) friend of mine went into detention in '88 for being in trade union activities in Cape Town. He really had a rough time of it. In detention, you also know that what's pretty commonplace is that you can be released after 90 days, but if you don't sort of fuss up or promise not to do it, again, you'll just be arrested as soon as you walk out, right at the gate, for another 90 days. And this can just go on and on.

But we all know blacks get much harsher treatment — beatings and torture — by the police are routinely used, even murder. With whites, they (the police) have to be a lot more accountable, because there are people working the outside for their defense.

I've read that the tools they use while in detention are manufactured in the United States, all the shock treatment apparatus and other instruments of torture. There, too, would be a good thing to protest and stop.

Is there much U.S. involvement in South Africa then?

Yes, but after there was a general election against South Africa, the countries that didn't seem to have many scruples about investing in South Africa tended to be Japan and West Germany. By U.S. companies, the foreign ones are still there; IBM is now called BHN, I think. The government and military use IBM computers to keep track of people.

A lot of companies have gotten around sanctions, but a lot just don't care. You know, like Johnson and Johnson, are just there pretty blantly. Ironically, just in the last few months, several countries in Eastern Europe have stepped up trade.

Are other people leaving?

There is quite an exodus of white South Africans who have the means to leave — everybody who can. But, it's a nice lifestyle; white live really well, and if you don't have what's about racial problems, you can live a nice, benign life. Everyone has a pool there (among the white middle class) and generally a (black) maid.

What do you think of the leadership of Nelson Mandela, who was recently released after 27 years in prison? And what about his organization, the African National Congress?

The ANC goes back as far as 1912, as far as any political party in South Africa. They've tried absolutely everything there is in the book in terms of being recognized as a political party. They've been shunned, and never taken seriously, and finally resolved to violence to bring about change because they exhausted every peaceful means.

The ANC was a political party, the organization that says, are you a supporter of the ANC? And that organization have the right for human rights, they represent the majority in South Africa and they should be in.

Mandela is a true statesman, he's really an enlightened person. He's definitely a person who handles his business as a leader of the country. I think he's genuinely concerned with what happens to the white population and with keeping the economy stable. If I were him, I'd definitely want Mandela in power.

Do you think the present government will accept the reality of one-man, one-vote?

There's no way that the Afrikaner will hand over power. There's going to have to be a revolution. It's going to get worse before it gets better. The white regime gave up an incredible opportunity in 1983, when they re wrote the constitution. They could have made some very basic changes, like abolishing petty apartheid and improving the (black) educational system.

Fundamental to Afrikaner politics is this "reform" image, and we're going to keep getting that all the way through this new negotiating process. The "wash­ off" press that you get here, and in South Africa, makes it difficult to really see what's going on in an objective way. One of the few good sources of news is "South Africa Now" on Sunday mornings at 9 o'clock (on KCET, cable channel 8). It's required viewing for the African history course.

I saw a letter in the local newspaper, the Telegram-Tribune, calling Mandela a communist. How do you respond to that?

Well, anyone who criticizes the South African government, like myself, is called a communist. The government always uses that line. But communism is out. I'm not scared of it; I don't feel that the Russians are having a particularly good time with their economy. I don't think that there's a Red Threat. The South African government, like the U.S. government, is really small, and has been just a small part of the huge movement toward African nationalism and racial equality.

What do you think of the South African States?

Keep the embargo and definitely keep the sanctions. It's very easy to have loopholes, but sanctions have been effective. I'd also like to see a scholarship fund set up for blacks. That would be a really effective way of bringing black South Africans here. I'd love to see it at Cal Poly, because, just like I've experienced, it's an important step out of South Africa for a while and see what's really happening in the world. White students have passports and the opportunity to get out, but very few blacks have that economic opportunity.

Nadyn Williams is a journalism senior whose three grandparents lived in South Africa at the turn of the century.

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COMPLAINTS

From page 1

"Do you believe that, under Dr. Glover, you would be able to speak confidentially with your job security and prospects? Do not seem as secure as they should be? Yes: 27 No: 6 Don’t know: 1 No answer: 1

"Do you believe that, as long as Dr. Glover is running Information Systems, the existence of a lot of data is secure as they should be? Yes: 27 No: 3 Don’t know: 1 No answer: 1

"We are not sure if it was a random sample or a selective survey," he said. He said that he was specifically told that saying anything negative about IS "would result in disciplinary ac­tion for you."

Controversy has surrounded Glover since he was hired in December 1986. In March of 1987, a co-worker at Cal Poly’s Computer Center expressed, in a letter to President Baker, his concerns regarding the hiring of Glover. Attached to the letter were several articles clipped from The Oregonian regarding 1982 felony charges against Glover, including federal mail, insurance and wire fraud.

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OK, UGS SLIME! We accept your challenge to a softball game, and we will pong you! We can’t wait for you bonersheads to figure out a time and place, so we did it for you.

DATE: Saturday, June 2, 1990
PLACE: Cuesta Park
TIME: Noon

We figured if you make as many errors on the field as you do with our paper, it won’t even be a contest. But we’ll give you a chance! — Love, your pals at the Daily

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Mustang Daily Wednesday, May 23, 1990 7
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**Eating disorders can be helped by counselor visit**

By June Thompson  

In this column...

If you are "a perfectionist preoccupied with being skinny you are not alone. It's OK. You are an OK person!"

These are the encouraging words of a Cal Poly student recovering from bulimia to other students with eating disorders.

Although bulimia since the age of 13, she did not recognize the disorder until after enrolling at Cal Poly. Two years ago, a friend showed her an article about the disorder written by her bulimic sister for a Pepperdine University newspaper. After talking to her friend and contacting Rita Rich, RN, at Cal Poly's Health Center, she joined a group of Cal Poly students with eating disorders.

Before joining the group "I felt I was different," she said. But afterwards I found out that "I wasn't the only girl with problems.

"Now in one-on-one counseling, she said "there are a lot of feelings I've stuffed down to my knees for a long time that are now slowly surfacing and I'm dealing with them. Like group counseling, but one-on-one is more concentrated. I'm bringing up a lot of feelings." At a meeting of Anorexia Nervosa and Related Eating Disorders (ANRED) at French Hospital earlier this month, she spoke of a pattern of maintaining a diet, falling off a diet, binge-eating and purging.

In response to a question during the informal roundtable discussion, she said that counseling also has helped her with other problems. "There are things I like about myself I can see the light at the end of the tunnel," she said.

The San Luis Obispo branch of ANRED is an information and referral service composed of professionals and other interested individuals in the county.

The two most common eating disorders are anorexia nervosa, which is self-induced starvation; and bulimia, which is binge-eating and purging by self-induced vomiting, or use of a laxative or diuretic. Bulimics have some of the same symptoms as anorexics, and some anorexics turn into bulimics (bulimioanorexics). (See diagnostic criteria in accompanying box.

The causes of eating disorders are unknown. Psychological, physiological, societal and familial relations are some of the contributing factors.

Both disorders are complex and treatable. Both can be life-threatening and fatal.

Obesity, or excessive fat on the body, generally is not considered because of type and size of fat cells or a gland disorder.

"The rich, the outgoing president of ANRED, said that in the last decade or two Hispanic and Asian students with eating disorders increased.

Dr. Lynda Koening, a clinical psychologist, was the guest speaker at the meeting. When treating clients she immediately addresses the fact that basic self-worth is not attached to thinness. She teaches her clients to gradually get into contact with their feelings and not negate themselves. Koening encourages clients to risk with her and not take the attitude that "I need to please the therapist." Most important in treatment, she said, is to "risk experiencing myself and to learn to play pur­posely.

During the round-table discussion period, Dr. Koening was asked why women in particular are preoccupied with sweets. She responded that her most difficult patient was a male addicted to ice cream.

"Food serves a variety of needs, such as control over the body, making bad feelings and numbing out reality like other forms of addiction," she said.

Gary Stanwyck, M.D., of the Diplomat American Board of Psychiatry and Neurology, said that "eating three meals a day is not necessarily normal. One or two meals a day are irrelevant as long as the amount of nutrients allow for the body" to function effectively. He looks at "vital functions, which are individualistic.

Eating disorder is a wastebasket term. We are trying to understand them.

Stanwyck noted that when body weight falls too low in a short period of time the result can be metabolic changes and anorexia. He cited the case of some athletes at Southern Methodist University who became anorectics after following diets set for them.

Susan Updegrove, a registered nurse and a caseworker, family and See ANOREXIA, page 10.
Role-playing adventures played out by people looking to escape

By Ann Slaughter

Trapped in the blinding fury of a raging sandstorm, the adventurers spot a glimpse of light—a great, metallic tower. The explorers press forward to the sanctuary unaware of the hidden world that lurks within.

Welcome to world of role-playing games.

"When people ask me what role-playing games are, I say the best way to describe them is in-theater fiction," said Jerry Dickerson, owner of Games People Play in San Luis Obispo.

Most of the role playing games consist of a gamemaster and a players' set up the adventure and makes sure the rules are followed. The players, using their characters, dice, play out the fantasy. The role of the dice and an action table chart determines the character's performance in a realized task.

Both the gamemaster and reader play a lot of literature about the game and the characters. "There are supplements for every facet," Dickerson said. "If you want to know more about a particular character or more about a set of rules, you can expand the game of imagination. These games of imagination provide the participants many benefits, Dickerson said. "Typically, what you're dealing with is mostly reading, skills and mathematical skills," he said. It also increases writing skills from the standpoint that the players do a lot of reading, he said. "They see how things are structured and well-written."

The players work together to either combat the enemy or complete their quests.

"A lot of time you have intravents that once they start playing the game, (they) get a lot of skills in dealing with people," Dickerson said.

"By far the most popular game is advanced Dungeons and Dragons," he said. "It was the first (role playing game) and saturated the market. They have had 15 years of people playing it."

The players are given the opportunity to socialize and stretch their imagination.

"It's a chance to get together with your friends and it's a break from school," said Stacy Ross, an advanced Dungeons and Dragons player. "It also gives you a chance to do something you want to do. You can act like somebody totally different if you want when you're controlling your character's (your) limit is your imagination."

Dungeons and Dragons is set in a medieval world where a player may come in contact with powerful wizards, dragons, demons, sorcerers, dwarves, trolls, hobbits, elves and goblins.

The roots of the characters are based on J.R.R. Tolkien's "Trilogy," Dickerson said. And the adventures take players on quests for hidden treasures.

"How to Host a Murder" is a popular mystery game for those interested in spicing up dinner parties, he said. The guests are asked to come to the party dressed as the character in a murder plot. As the evening progresses, the players are given more information about the characters until everyone is able to figure out who the killer is, he said.

Deanna Constable, an English graduate student, recalls playing the murder mystery game. She played a movie star. The English honor society decided to play the game at their last function.

"A lot of English majors like to play with words; they like to put class together and like to work on phrases and things like that," constable said. "It was kind of a natural thing for us to do as a group."

Constable said it is a good game for a fun evening. "Instead of going and seeing a movie, in a way you are in a movie," she said.

Dickerson puts out a monthly newsletter for those on his mailing list telling of new games and events.

The new hot game is Shadow Run, Dickerson said. It has the players do a lot of reading, he said. The guests spot a glimpse of light—a great, metallic tower. The explorers press forward to the sanctuary unaware of the hidden world that lurks within.

"I don't think there will be a back-up plan," Dickerson said. The back-up plan requests that the seven schools take turns cleaning the "P."

The resolution reads that groups who clean the "P" will be thanked through classified advertisements or Short Takes in Mustang Daily. "I think it (the program) will work," Denholm said. "It's gone through a lot of different avenues. I've realized it a number of times. I think it'll be a great success. I think the Board of Directors will pass it."

The Board will be voting on the Poly "P" clean-up resolution at next Wednesday's meeting.

The Board of Directors will also be voting on the position of executive vice president for the 1990-91 year.
DISORDERS

From page 8

child counselor with the San Luis Family Therapy Center, said that 20 years ago she knew only of eating disorders, which have been documented for more than 100 years in psychiatric literature, but today she is counseling clients with the disorders. "More and more are in their 30s," she said.

She also counsels adolescents and is forming a psychotherapy group for high school girls with anorexia or bulimia. Her therapeutic techniques include role playing, assertiveness and relaxation exercises, art and music therapy, problem solving and support to promote personal growth and build self esteem.

"Eating disorders are the person's way of combating stress," she said, "with negative physical consequences. The solution becomes the problem."

Holly Seaton, RN, Ph.D., said "people aren't aware of the dangers" of eating disorders. "Making them aware of the parameters and the games they play with themselves is important." It also is important to make treatment meaningful, including peer approval and conformity, and not just nutrition, she added.

Seaton is the current president of the local branch of ANRED and is in private practice. Current literature notes that eating disorders are only the tips of the iceberg. Professional medical and psychotherapeutic treatment is recommended for recovery.

Help is available.

Rita Rich at the Health Center, can refer a student to a group on campus or to a professional in private practice. The Hotline of San Luis Obispo County is another source for referral, 544-6163 (or ask the operator for Enterprise 14429.)

A student with a friend who has an eating disorder may contact Carolyn Hurwitz, Health Education, at the Health Center for information.

Symptoms of anorexia and bulimia to recognize

ANOREXIA NERVOSA

• Intense fear of becoming obese which does not diminish as weight loss progresses.
• Disturbance of body image (claiming to "feel fat" even when emaciated).
• Weight loss of at least 25 percent of original body weight.
• Refusal to maintain body weight more than a minimal normal weight for age and height.
• No known physical illness that would account for the weight loss.

BULIMIA

• Recurrent episodes of binge eating (rapid consumption of a large amount of food in a discrete period of time, usually less than two hours).
• At least three of the following:

  - Recurrent episodes of binge eating
  - No known physical illness
  - Disturbance of body image
  - Intense fear of becoming obese which does not diminish as weight loss progresses
  - Frequent weight fluctuations
  - Frequent vomiting
  - Use of laxatives or diuretics

Source: Diagnostic and Statistical Manual-III

- Consumption of high calorie, easily ingested food during a binge.
- Termination of such eating episodes by abdominal pain, sleep, social interruption or self-induced vomiting.
- Repeated attempts to lose weight by severely restrictive diets, induced vomiting or use of cathartics or diuretics.
- Current weight fluctuations greater than 10 pounds, because of alternating binges and fasts.
- Awareness that the eating pattern is abnormal and fear of not being able to stop eating voluntarily.
- Depressed mood and self-deprecating thoughts following eating binges.
- The bulimic episodes are not because of anorexia nervosa or any known physical disorder.

Side effects of treatment

Surgical treatment is sometimes needed for refractory patients. When obesity is significant, surgical treatment may be warranted.

Other common side effects of treatment include mood swings, irritability, depression and exhaustion. However, in the long run, most patients find that the treatment is worth it. They are able to lead normal lives and have improved self esteem.

The overall success rate of treatment is about 70 percent. Patients who relapse are often helped by a second course of treatment.
ARRAIGNMENTS

From page 3

**Steinfeld said all those arrested during the Poly Riot were scheduled to be arraigned Tuesday — with the exception of those granted temporary continuances.**

The forum for Grey, open to all students, faculty and administration, is scheduled for May 21 at 3:30 p.m. in Vista Grand Ballroom Room.

Any inquirers should send letter of interest stating position wanted, resume and samples of work. Send applications to Christine Kohn, Editor, GA positions, call Christine Kohn at 756-1143.

**Deadline:** Tuesday, May 29, 1990 at noon.

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