Cal Poly English department gets new chairperson

By Karen Kendzor

The journalism department may have lost him, but the English department gained Brent Ketch as its new department chair.

The four-year appointment, effective at the start of summer quarters, will be served by Interim Dean of Liberal Arts Glen Irvin. "He knows this institution," said Irvin. "He has great integrity which I think is probably the most important thing an individual can have."

Coming to Cal Poly in 1967, he joined the journalism department, and after one-year break in service, moved to the English department in 1971. Although Ketch said he enjoyed teaching journalism, the study of literature has always been his first love.

Ketch earned two degrees in English and a doctorate from Utah State University. A member of the Modern Language Association and the Rocky Mountain Modern Language Association, Ketch has had stories, poems and essays published in such journals as California Quarterly, the Mark Twain Journal, the Wasatch Foot, and Western Humanities Review.

This is not to say, however, that his journalism background hasn't given him a new perspective on English.

"My work with the Associated Press and the Salt Lake Tribune gave me a sense of a real practical view of composition," said Ketch. "I brought that to the English department."

Ketch served as interim department head from 1983 to 1985.

"Often when a distinction is made between a chair and a head of a department, there isn't that same sense of congeniality as is found at Cal Poly, said Irvin. "A chair is the first equal among equals."

The chair, unlike the head, is appointed by the faculty for a finite number of years subject to renewal. The curriculum, budget, structure, quality and personnel issues fall under the direction of the chair, said Irvin.

Ketch said he needs only to continue molding an already well-shaped department.

"I don't see any major shifts. We're just going to try to do better with more resources," said Ketch. "Our present department head, Dr. Mona Rosenman, has really done a good job."

Rosenman declined another term and will teach a reduced load in the fall.

His first priority will be aimed at reducing the backlog of students trying to meet General Education and Breadth requirements.

The university has recognized the overflow of students already, said Ketch. Although the department has received 10 additional faculty positions in the last two years, it's just a matter of not getting enough, he said.

The foundation of the department is its staff, said Ketch. Teachers are hired through a national search, making them what he calls the best in the country.

"The older faculty and the new faculty both have a real strong sense of the importance of publication and research but that importance is tied in very clearly with teaching."

Moreover, he would like to see students have the opportunity for more English electives.

Political Science club tours Men's Colony

CMC called a 'microcosm of society'

By Karen Kendzor

A 20-foot high fence has become the symbol of a lot of mysticism and emotionalism surrounding the California Men's Colony, said Community Resource Manager Richard J. Fenske.

Twenty-one Political Science Club members toured the institution Friday, gaining new insight into prison life. Located four miles northwest of the city of San Luis Obispo, the institution is a miniature blueprint of the same manipulation and corruption that characterizes the community, said Fenske. "It is a microcosm of society," he said.

The prison environment educates many CMC residents on getting around the system; one prisoner, identified only as Ron, said the CMC is "the best college course for manipulation."

Some of the prisoners are putting on a "model prisoner" image to get what they want. "They (the prisoners) are doing what you got to do to survive to keep them (security) off of you," Ron said.

CMC's reputation as a community-responsible institution has often been soiled by the publicity surrounding its staff Writer

It's all Greek to us...

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Ethics should be required for all

Once upon a time, nestled in the verdant hills of the Central Coast, there lived a happy little polytechnic university. All the students at the university were happy. They were perfect, too. And of course they all eventually graduated, from the fragility and became perfect people living in a perfect society. For lack of a better name, these people were known as Polyannas.

Polyannas lived charmed lives. Throughout their college career, they were blessed with no cheating — and no dishonesty. On campus all was fair. There was no discrimination, and of course there was a perfect racial mix. The Polyannas saw rainbows everywhere.

The Polyannas were glad to be at such a perfect school. And the university appreciated the great wisdom of the Polyannas. For the students had need to provide no moral framework, no social guidance and no ethical restraints for these ideal students.

As the future lawyers, doctors and architects, TV spokesmodels, or biologists. Nor did the future journalists from this happy university received no background in ethics. Neither did budding architects and journalists from this happy university received no background in ethics. Neither did budding ar­ chitects or sociologists, or biologists. Nor did budding architects or sociologists, or biologists.

But don’t expect ASI to encourage that option.Skipping an orientation period will save time. Ethnics courses account for some of the choices and questions. And believe it or not, some of us may occasionally have ethical problems, there is one that doesn’t have the time or motivation.

Curriculum advisers at Cal Poly have a lot of faith in us. Maybe the Polyanna syndrome has spread to them too. It would be nice if there were problems we never had to deal with, or issues we didn’t have to take a stand on. But it doesn’t work that way.

Ethics courses account for some of the choices and questions. And believe it or not, some of us may occasionally have ethical problems, there is one that doesn’t have the time or motivation.

ASI Bill 89-02 restructured ASI to pattern a public benefit corporation. But it also contained a provision which gives the 25 members of the ASI Board of Directors the right to reviewing a one-page application for their school councils to approve. Incumbents cannot successfully avoid being subject to public scrutiny in a general election.

Quite frankly, this provision comes as a surprise. Although ASI has six-page bill were provided at polling stations at last year’s elections, the provision was not publicized. Not that 25 of them aren’t subject to an orientation period. We agree this bill does create continuity. As ASI Vice Presi­ dent said, “The provision prevents people from leaving with ‘support and security.’” And continuity will improve ef­ ficiency. Skipping an orientation period will save time.

Continuity can be achieved just as well through re-election. If someone does a good job, most Cal Poly students are bright enough to recognize it. And if the students can’t figure our simple orientation process, then they probably don’t deserve to be in office in the first place.

Sam Sanders students who think their school senators should be subject to a general election instead of being reaffirmed by their school council, can vote that opinion at a council meeting. But don’t expect ASI to encourage that option.

We urge students to tell the council to reject the “app­ proach is pattern a public benefit policy. The student body desires that students be chosen those who will represent them. That includes the second time around, as well.

LETTERS

Letters to the editor should be no longer than 300 words and include the author’s name, address, phone number and major/title. Submit letters to Room 226 of the Graphic Arts Building. They may be edited for length, clarity or factual content.

Panama invasion was a big waste

Editor — Thanks to Nadya Williams’ editorial on Panama ("U.S. didn’t get full story on Panama," Feb. 3.). The invasion was a blatant act of gunboat diplomacy in order to upset a two-bit pipsqueak of a dictator. The cost of the invasion was not only in the lives of 21 American lives lost as well as many more innocent Panamanian lives, but also for the sake of George Bush’s inflated ego. Maybe it should be called Operation Just Cuz, instead of Operation Just Cause.

Matthew Butler

Architecture

Most don’t care about the homeless

Editor — I was very depressed about reading Gein’s head article, “See homeless like other people,” Feb. 1. He stated that “we don’t have an obligation to help them (the homeless).” Then whose responsibility is it, Glenn? I’m also sorry to report that the majority of the student population feels the same way. No one cares to care about the homeless because they are seen as someone else’s problem. But they are. They are our friends and neighbors, and we work, just as we have an obligation to help our friends and neighbors. They may have to be as effective as we can in get­ ting them the help that they need.

Some help is there and usually comes from temporary shelters and other facilities. But this help is considered rudeness by many members of the homeless circle.

The ones that I’ve encountered arc sick and tired of being given handouts. They need medical assistance. If the proper help would be provided, instead of a bed and blanket for a night, these individuals may, in time, join mainstream society and become productive members of society.

But what also saddens me is that even the temporary help usually comes on rainy days, which are the worst days in California.

I also feel the strong guilt that Glenn felt because I’ve been in the same situation. I hope that this feeling tells Glenn to change his attitude. I hope that this feeling leads Glenn and members of society in assisting their homeless friends and neighbors.

Everyone must work and provide help because our street people are not someone else’s problem and obligation, and they are all too visible to be ignored and forgotten.

If we don’t, then we will all become part of the guilt-ridden sections of the world. If we don’t, then we will all become part of the guilt-ridden sections of the world.

Pedro Arroyo
Political Science
Cal Poly NRM student designs program to teach kids about trees

Hopes children will 'share what they learn'

By Kathy Kenney

Creating his own community service project, a Cal Poly stu-
dent is using trees to bridge the generation gap between children and senior citizens.

Craig Linquist, a natural re-
source management junior, con-
ceived of the idea after growing
his interest in helping people to
learn about the environment. That's what you plant things to grow. The university's institution is graffiti-free. "The warden doesn't understand the word soil. He understands the word management. Those prisoners not in cooperation will be placed in a Level IV security institution consisting of cells, fences, and walls.

Inmates are expected to behave. For instance, the inmates are expected to work in a group. The children will share posters and poems they made with senior citizens at Hillhaven Care Center in San Luis Obispo. They will also work together to plant trees.

"This project is designed to bring children and disabled senior citizens together," Linquist said, "to plant a living memorial to honor the fallen, to symbolize that the program helps to unify Cal Poly students with the community."

He said it is beneficial especially after recent problems between students and permanent residents.

"I think it helps us bring all groups together," Linquist said, "because we have a common interest to preserve our trees."

He plans to conclude the project by the class planting seedlings in a community Arbor Day event.

Debate over free speech movement ignites on event's 25th anniversary

BERKELEY, Calif. (AP) — A move to ban the 25th anniversary of the free speech movement at the University of California at Berkeley has reignited a bitter debate over its legacy.

Veterans of the protest — considered a watershed in American politics because it launched a decade of dissent by the nation's youth — endorse the idea of a monument to their accomplishment, but the university's chancellor and some faculty deride the proposal as a "gesture of remarkable arrogance."

"We want something that is meant as a tribute and inspiration to all freedom fighters," said Charles Schwartz, a physics professor who last year dreamed up the idea of commissioning artwork for the project. Since then, the proposal has garnered the support of 100 professors, local politicians, and current students.

Terrill said CMC residents told her that at other institutions prisoners feel like they've been "put in a cage and treated like animals." When they're released, he added, "That's what they're used to, said Terrill. The prisoners said this isn't true of CMC because they're expected to behave, she said.

Moreover, disciplinary problems have decreased in spite of overcrowpopulation, said Fenske. "The East Facility, for example, had a design capacity of 2,400 single cells, but now has 3,500, he said.

Eighty-five percent of the 6,400 inmates at CMC are involved with some type of program, taking from maintenance work to education, said Fenske. Those prisoners not in cooperation will be placed in a Level IV security institution consisting of cells, fences, and walled perimeters, electronic security, more staff and armed officers both inside and outside the institution, he said.

According to the Associated Press, 15 inmates have escaped from the east side of the prison since it opened in 1981. Security measures have been effectively improved in response to recent escapes, such as convicted murderer Scott G. Robinson's escape in 1986, said Bass. Robinson cut through three fences. Tool control, therefore, has been tightened. Prisoners must now pass through a metal detector in the maintenance area, said Fenske.

"CMC's mission is to keep protecting society by keeping people incarcerated until the law states that they can go," said Bass.

When escapes do happen, searches are conducted until they are found or until CMC is sure they are out of the area, said Bass. About 1,000 additional pairs of eyes are on the lookout, he added, because CMC has workers throughout the county.

He said if an escape is not found, his name immediately goes into an active police file. Those captured will find themselves in a Level IV security institution.

Political science senior Mike Clays said he's always thought of CMC as one of the better institutions. Inmates who have gotten in trouble with gangs at other institutions, and go back (to prison) are kept in solitary, he said. "The warden holds the keys to solitary," said Clays. "Nobody wants to be in solitary for 22 hours."

Cal Poly Mustang Daily Tuesday, Feb. 6, 1990
Legal aid office claims a federal investigation is political harassment

SAN FRANCISCO (AP) — The head of a nonprofit law office providing free legal aid to poor Californians said a federal investigation of its activities is harassment by anti-abortion conservatives.

"This is clearly political harassment. ... They're looking for abortion under every rock," said Jose Padilla, director of California Rural Legal Assistance.

Auditors for the federal Legal Services Corp. were to question lawyers from CRLA on Monday in connection with reports that the San Francisco Chronicle reported in its Monday edition, the San Francisco Chronicle in connection with questions lawyers from CRLA relating to family planning and abortion efforts to fight cuts in state involvement in two projects investigating the law office's alleged ban on legal aid for women who cannot afford their own.

"The California Rural Legal Assistance, which has 50 lawyers throughout the state handling 23,000 cases a year, receives 80 percent of its $6 million annual budget from the Legal Services Corp.

The legal Services Corp. is a private nonprofit organization established by Congress in 1974 to provide legal help in non-criminal cases for people who cannot afford their own lawyers.

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"The Cal Poly Peer Health Nutrition Education team frequently sees students with high cholesterol who have been referred to them by doctors and nurses at the Health Center. These students account for up to 15 percent of the nutrition counseling client's load.

But what is cholesterol, and what does it do that's so bad for the body? Cholesterol is a white, fat-like substance that is found in the blood and all tissues, and is essential for many things, including hormone production and cell membranes. In excess, flow of blood is impaired (a condition called atherothrombosis) which may lead to a heart attack or stroke. Most cholesterol is produced in the liver, which manufactures about 1,000 milligrams of it every day from the food we eat. Several hundred more milligrams are added every day just from the cholesterol content of food.

The diet that works for one person may be different than that which is successful for another.

The diet that works for one person may be different than that which is successful for another. However, there are some common factors:

- Eating less cholesterol. Again, ordinary dietary modifications are critical to cholesterol levels. For most people, the level of cholesterol in their diet is ideal when cholesterol and fat. If your LDL-cholesterol is still too high after six months of dieting, your doctor may decide to include medication as part of your treatment. The proper diet, however, should not be abandoned while on medication.

Generally, the desirable blood level for someone 20 years or older is less than 200 mg/dl; the borderline high is between 200 and 239 mg/dl. The LDL-cholesterol level is ideal when below 130 mg/dl, but is often acceptable below 160 mg/dl. As for HDL-cholesterol, the level is best when not allowed to drop below 35 mg/dl.

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Tuesday, Feb. 6, 1990 Mustang Daily

To Your Health

Cholesterol level can be reduced by adjusting food intake of fat

Eating fruits and vegetables also makes a difference

By Matt Bazann

During the frantic life of a student on the quarter system, the tendency often is to substitute a less healthy fast-food diet for a balanced one in the interest of saving time. This compromise, if it results in a diet rich in fat, can cause an increase in blood cholesterol, which is the major risk factor for coronary heart disease.

The Cal Poly Peer Health Nutrition Education team frequently sees students with high cholesterol who have been referred to them by doctors and nurses at the Health Center. These students account for up to 25 percent of nutrition counseling client's load.

But what is cholesterol, and what does it do that's so bad for the body? Cholesterol is a white, fat-like substance that is found in the blood and all tissues, and is essential for many things, including hormone production and cell membranes. In excess, flow of blood is impaired (a condition called atherothrombosis) which may lead to a heart attack or stroke. Most cholesterol is produced in the liver, which manufactures about 1,000 milligrams of it every day from the food we eat. Several hundred more milligrams are added every day just from the cholesterol content of food.

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For most people, the level of total cholesterol and LDL-cholesterol can be reduced by adjusting their dietary intake of cholesterol and fat. If your LDL-cholesterol is still too high after six months of dieting, your doctor may decide to include medication as part of your treatment. The proper diet, however, should not be abandoned while on medication.

The diet that works for one person may be different than that which is successful for another. However, there are some common factors:

- Reduce saturated fat intake. Saturated fats include butter and animal fats, and these fats raise blood cholesterol more than anything else in the diet.

A more desirable cholesterol level for someone 20 years or older is less than 200 mg/dl; the borderline high is between 200 and 239 mg/dl. The LDL-cholesterol level is ideal when below 130 mg/dl, but is often acceptable below 160 mg/dl. As for HDL-cholesterol, the level is best when not allowed to drop below 35 mg/dl. For more information, call (805) 756-1395

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Lady gymnasts get big weekend victory

Mustangs win three of top four spots

By Adrian Hodgson

The head coach of Cal Poly's women's gymnastics team, Tim Rivera, knew before Saturday's meet against Sacramento State that his team would win. The question was, by how much?

The Mustangs destroyed the Hornets by more than 35 points, 177.8 to 162.2, chalking up yet another victory and scoring their highest point total of the season.

Rivera said he is pleased with his team's performance, saying the all-around scoring is five to six points higher than it was at this time last year.

"We're ranked in sixth (in Division II)," he said, "and we've only just started."

In individual competition, freshman Susan Peterson walked away as the all-around winner with a personal best 36.3 points. Peterson also had personal bests in winning both the uneven bars and the floor exercise, with scores of 9.3 and 9.4 respectively.

Other standouts for the Mustangs included sophomore Marcie Lacert, who took second in the all-around with a score of 35.9, and sophomore Karen Travis, who placed fourth, scoring 35.5. The lone bright spot for the Hornets was Erika Idler, who finished third in the all-around competition and scored a 9.2, and she was followed by Peterson, Lacert and Travis swept the uneven bars. And Peterson, Lacert and Wells finished one-two-three in the floor exercises.

Rivera said one of the reasons for his team's success is its depth.

"Depth is our strong point," he said. "We can put in different girls in different events to see (their) strengths."

Next weekend, the Mustangs will face off against some top Division I schools in the Bay Area. On Friday, Cal Poly will compete against Boise State, UC Santa Barbara and UC Berkeley. And the next night at Stanford, the gymnasts will battle the Cardinal, Oregon State and Boise State again, all of whom are ranked in the top 20 in Division I.

Rivera said the team will do very well at the meets. He said he will take nine team members, letting some compete on Friday and then interchanging the lineup for Saturday night's competition.

Softball team loses first 2

The Cal Poly women's softball team opened its season on Saturday with two losses to Division I UC Santa Barbara.

The team lost the First game of their weekend road trip that will take them to Division I teams (such as UOP) early in the season because it's better competition and you can see your strengths and weaknesses better," said Boyer. "And if you beat a Division I team, it helps you in the rankings."

After playing an exhibition game against Moorpark College at home today, the Mustangs will leave Thursday on a four-game road trip that will take them to the University of Pacific, Sacramento State, Santa Clara University, and CSU Hayward.

"It's good to play those Division I teams (such as UOP) early in the season because it's better competition and you can see your strengths and weaknesses better," said Boyer. "And if you beat a Division I team, it helps you in the rankings."

The stranded runners definitely hurt," said Boyer.

The stranded runners by how much?

The stranded runners by how much?"
Cal Poly rugby club gets first loss of season, falling 10-7 to UCLA

By Adrian Hodgson

The Cal Poly rugby club suffered its first loss of the season Saturday, bowing 10-7 to UCLA in Los Angeles.

"However, the close score was not indicative of how much the Mustangs dominated the game," said coach Bob Thrussel.

"They smothered us," Thrussel said. "They kept us under pressure the whole game." The Mustangs missed eight three-point penalty kicks, which kept the score close until late in the second half. In fact, the Mustangs were ahead 4-0 at halftime thanks to a try by scrum half Bob Kicks, which kept the score close until late in the game.

"Instead of looking outside for the answer, they have to look inside," he said.

On a positive note, the second, third and fourth teams handily beat UCLA's respective squads this weekend, illustrating the top-to-bottom strength of Cal Poly's rugby club. The seconds crushed the Bruins 33-0, the thirds were almost as impressive, winning 26-4, and the fourths were leading 16-0 when their game was called at halftime.

The Mustangs, 2-1 in league play and 8-1 overall, travel to Long Beach State next weekend to battle the Forty-Niners. The team's next home game is Feb. 24 when it will play San Diego State.

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Poli opens defense of baseball crown with win, 2 losses

The Cal Poly baseball team opened defense of the national championship with three road games over the weekend.

In the first game of the season, on Friday, the Mustangs defeated San Francisco State, the team that came in second in the Division II Western regional last season, by an 11-3 count. Lead-off hitter Gerald Rucker knocked in three runs and came across the plate twice himself to lead Cal Poly to the win. Starting pitcher Jon Inland allowed three runs on 10 hits, striking out four and walking two. Todd Refnes pitched two innings of no-hit relief.

On Saturday, the Mustangs headed into San Jose's Municipal Stadium to take on San Jose State. The Spartans blanked the Mustangs 4-0 despite a strong 8-9-6 line of pitching by Dan Chergey, who allowed only three hits. Unfortunately, San Jose State scored four runs while he was on the mound, only one of which was earned. Cergy walked three and struck out three. Sean Harper went two-for-five and Drew Herron went two-for-four to lead the Mustangs in hitting.

Cal Poly got a chance to score some runs during Sunday's rematch with the Spartans, but it wasn't nearly enough. Cal Poly's three runs could not catch the numbers piled up by the San Jose State squad, who scored 12 to win the game 12-3. Mustang starter Chris Romero was shelved for eight runs, seven of which were earned, on nine hits in 4 1/3 innings before being pulled in favor of David Lafferty. Lafferty pitched 2 1/3 innings, giving up one run on three hits before giving way to Paul Souza, who gave up three earned runs on three hits in the ninth inning. Pat Kirby led Cal Poly in hitting, going two-for-four with two RBIs.

The Mustangs take on the defending Division II national champions who will be this weekend: San Francisco State will be in town for three games, including Saturday doubleheader which begins at noon. The teams will also play a single game on Sunday at 1 p.m.

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Poly wrestlers get victory in dual meet at UC Davis

By Jason Foster

After a brutal road trip to Oklahoma in late January that saw the Mustangs take two meet losses and finish tied for last in the Cowboy Wrestling Classic tournament, Cal Poly's wrestlers found some solace by roughing up Division II UC Davis last Friday night, 36-3.

"Anytime you can win is nice, no matter what the score is," said head coach Lennie Cowell, who allowed o^ y three hits. Unfortunately, San Jose State knocked in three runs and came across the plate twice himself to lead Cal Poly to the win. Starting pitcher Jon Inland allowed three runs on 10 hits, striking out four and walking two. Todd Refnes pitched two innings of no-hit relief.

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Male gymnasts split pair of meets

The men's gymnastic club competed in two meets over the weekend, defeating Sacramento State in Sacramento on Saturday and losing to Division I UC Santa Barbara at home on Sunday.

On Saturday, the Mustangs defeated the Hornets by a 180.73 to 177.25 score. Top performers for the Mustangs included a first place finish in the floor exercise by John Yip; Lance Eagen and Ken Paquette finished second and third in the high bar; Eagen placed second in the vault; and losing to Division II UC Davis Friday night, 36-3.

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Tuesday, Feb. 13.............Fraternity Bidding 12:00 A.M. - 11:59 P.M.
Wednesday, Feb. 14.........Fraternity Pinning

rush cards are required for entry into ALL fraternity events and are available at "Meet The Fraternities" and from 11:00 A.M. to 1:00 P.M. starting January 29th through February 6th at the I.F.C. rush booth in the University Union.

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INTERFRATERNITY COUNCIL
Wed Feb 7th Casino night 7pm
Tues Comedy Night at 7pm Rant
Mon 12:00 Interviews w/ Appointments
Thurs Preferential Dinner
Mon The D-Chi Smoker at 7pm
Tues Comedy Night at 7pm

sig-n-pins 8pm Mustang Lanes

Cryptic Puzzle Card 544-1763

MAVERICK

L.A. COMMISSION KORNS Hostel rents
the Sandwich Plant for
December 7pm Show
begins at 7pm in the Plant

LAMDA CHI ALPHA RU
2:00 Comedy Night 7pm
7:00 BBQ dinner 4pm
2-6 Sirens Inc., Thurs. Party Thru
2:10 Casual Night 5:30
All events at Lamda Chi House
unless noted. 1617 Santa Fe
for all or info: Doles, 541-3202

Dinner for Two at DaVinci's
RUSH CARDS ON SALE IN THE UU
One B.A. cum laude must know some­th ing
in movies, theater, and dancing
Mon 2/5 6:00pm Arch Bldg 225

PIKES FOR RUSH STATIONS:

ADVOCATE TO SOLVE
BUT THE DAMN PROBLEMS!
I'M A PRIVATE pigment.
Dorothy, it's not just

I'M YOUR FRIEND-TO-BE.
I'M NOT A PRUNE-TO-BLEEDER.
IT'S NOT A BULLET-TO-MISSILE.
IT'S NOT A WEAPON-TO-KILLER.
IT'S NOT A MISSILE-TO-DESTROYER.
IT'S NOT A BULLET-TO-ASSASSIN.
IT'S NOT A MISSILE-TO-MURDERER.
IT'S NOT A WEAPON-TO-WRAITH.
IT'S NOT A MISSILE-TO-MENTALITY.
IT'S NOT A WEAPON-TO-HEALTH.
IT'S NOT A MISSILE-TO-REASON.
IT'S NOT A WEAPON-TO-THOUGHT.
IT'S NOT A MISSILE-TO-SENSE.
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CHOLESTEROL

From page 4

- Cholesterol is found in animal products. Egg yolks and organ meats, such as liver, are high in cholesterol content.
- Eating more fruits and vegetables. These foods contain a type of fiber that helps to decrease blood cholesterol.
- In addition to diet, other factors can influence blood cholesterol levels and the incidence of heart disease. These factors include:
  - Being male. The male sex is considered a risk because rates of heart disease are three to four times higher in men than women.
  - Smoking. Not only does smoking decrease the oxygen available to the heart, it can decrease HDL’s and increase total cholesterol level.
- High blood pressure. A blood pressure reading higher than 140/90 is considered a major risk factor. High blood pressure can contribute to heart disease by damaging the walls of arteries, thus increasing the likeliness of cholesterol being clinging to them.

Fortunately for Cal Poly students, there are resources available at the Health Center. If you want to know your cholesterol level, you can get it checked by seeing a doctor or nurse on a walk-in basis. In addition, there are two other health promotion teams available that offer cholesterol screening—the Lifestyle Wellness team (which conducts Part I of Wellness Physicals), and the nutrition team (which provides nutrition counseling and diet analysis).

Matt Bezzant is chairperson for the Student Health Advisory Council.

SHEEP

From page 1

were pregnant.

"We annually have dogs come onto campus and attack the sheep," said Rob Rutherford, sheep specialist and unit supervisor.

Over the past four years, about eight Cal Poly sheep have been attacked by dogs—not wild packs, but usually neighborhood pets. Although some sheep survived the attacks, it cost a good deal of money to keep them alive, he said.

Rutherford estimated the loss of the ewe and the lamb she was carrying at about $3,000 to $4,000 of potential income. If a sheep is lost, he said, it directly relates into a financial loss for the Cal Poly Foundation.

Groups of dogs usually attack sheep, Rutherford said, and will almost always go after more than one. The dogs will rip and tear at the sheep and chew on its hind legs. When that sheep gives in, the dogs will do the same to another sheep. It is unlikely that a sheep would fight back, he said.

Dogs are more likely to attack if they become excited, Rutherford said, and tend to encourage each other. All it takes is one aggressive dog to cause others in the group to become a problem.

"Any dog is probably capable under the right set of circumstances of causing harm," he said, "even though in a different environment the dog doesn't seem like it would do anything like that."

A source of the problem falls on dog owners not following leash laws, Rutherford said. Many people on or around campus do not keep their dogs under control, he said. Sometimes dogs left in cars will escape, end up at the Sheep Unit and cause trouble.

Dogs on campus must have a leash or be safely confined in a vehicle, said Sgt. Steve Schroeder from Public Safety.

"Not only that, but we did destroy the dogs as well," he said.

Rutherford hopes the ewes that survived last week's attack will not survive this week's attack. Dogs that actively harass livestock can be legally shot, he said.

Owners of dogs that kill sheep are also liable for twice the amount of money the animal is worth, he said.

A ram that was attacked two years ago suffered from about 200 bite-marks, and had to be destroyed. "The owner of the ram paid $2,000 for the loss of the ram," he said.

"Not only that, but we did destroy the dogs as well," he said.

Rutherford hopes the ewes that survived last week’s attack will live long enough to have their lambs. But he said, "we are wiser now."

Many people on or around campus do not keep their dogs under control, he said. Sometimes dogs left in cars will escape, end up at the Sheep Unit and cause trouble.

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