Critics: Business building add-on inappropriate

By Lawrence Anton

A $13.1 million addition and renovation project for the Business Administration and Education Building has been approved by the Chancellor's Office and a Cal Poly planning committee, yet critics charge the proposed design is inappropriate for the site and overpowers the original building.

The addition will provide 70 faculty office spaces, four department head offices, an office for the dean of the School of Business, 20,000 square feet for computer labs and a 200-person capacity lecture hall.

Mike Martin, architecture department head, agreed there is a need for additional office spaces, classrooms and lecture halls. However, he said, the architect should have "respected the fact that they have a sloping site." This could have been done, he said, by designing a building that naturally flows down the slope.

As designed, the addition, which would add 67,000 square feet to the building, will be raised on columns.

Doug Gerard, executive dean of facilities planning and operations, said, "I'd be the first to admit that the architect on this project... didn't have the time to fully study the solution to the site issues that were generated as a result of the building." However, he added, "Those issues are being studied now, and we have resolutions to them."

Marline, a member of the planning committee who was absent the day the design was approved, revision will only resolve functional flaws and his objections go beyond function.

"There is no question that the current concept can be revised to make it more workable. However, my real position is that they're working on the wrong concept," he said.

Jamie Smith, a fourth-year architecture student who has "respected the fact that they have a sloping site," added that the addition does not complement the business building, which houses the clock tower.

"You see something that is basically alien to what you have," said Smith. "It's like two pieces of a puzzle that don't fit."

Gerard said that many factors need to be considered when developing a project of this kind, some of which the architect has little control over.

"Architects... aren't the sole designers of their buildings, the state department of finance gets in the act. And they have very little regard for exterior appearance or exterior function."

What is important when working under a tight budget, Gerard said, is to find a design that maximizes usable space.

"Over the years we have had to continually cut back on exterior appearance of buildings in order to place the kind of See BUILDING, back page

A. Senate members worried about growth

By Cindy McAndrew

Several Academic Senate members fear that increasing the Cal Poly enrollment will mean the loss of the polytechnic feature that makes the school unique from the 18 other state universities.

A report on expanding student enrollment to meet the growing need for higher education in the state was presented Tuesday to the Academic Senate. The Chancellor's Office requested that Cal Poly, as well as four other California State Universities, form a resolution regarding enrollment growth.

Linda Dalton, chairperson of the Long-Range Planning Committee, the committee charged with forming the resolution, said that intention of the committee is not to do away with the polytechnic image.

Many of the senate members fear more students could mean Cal Poly will become a commuter school, and the "hands-on" approach to learning will be lost in the shuffle.

"We want to keep the polytechnic image, we don't want to become like Cal Poly Pomona," said Paul Murphy, professor of mathematics. "Pomona is not Cal Poly."

Joseph Weatherby, a political science professor, said Cal Poly Pomona has become a university for all of San Bernardino County, and most of its students live at home and commute. He said if this would happen to Cal Poly it would happen to Cal Poly San Luis Obispo, then there should be no enrollment growth.

The committee said Cal Poly See SENATE, page 4

Freedom for women

Feminist leader says men control women

By Joan M. Halpin

A feminist leader visiting Cal Poly said if she had her way, all women would be free from men's restrictions.

The self-ordained, radical feminist Sonia Johnson said women have not been free on this planet for hundreds of thousands of years because their bodies have always been men's colonized land.

A deaf student talks about living in a world of sound without being able to hear.

have been men's colonized land.

Johnson, author of "Going Out Of Our Minds: The Metaphysics of Liberation" addressed a crowd of more than 300 Tuesday night at Chumash Auditorium for Cal Poly's Women's Week.

Socialism is fair

Student finds Denmark to be more democratic than U.S.

By Kristi Penniman

Some Cal Poly students may be confusing socialism with communism, said an international student from Copenhagen, Denmark.

Pia Beck Mathiesen said, "When I first came over (last fall) people asked how it is living in a socialist country, with a look of fear in their eyes. A lot of them seemed to think socialist meant communists."

Pia said Denmark is actually more democratic than the United States. "When we have an election, up to 90 percent of the people vote," she said.

See DENMARK, back page
On the street

Who would you pick for president if you had to vote tomorrow?

Joe Streper, civil engineering, junior:

"I would have voted for Bush. Probably Bush because I think he's qualified and I don't think we can afford a Democratic president."

Laura Rambin, business, senior:

"Dukakis. I don't know why, I just like him. Right now I don't like any of the Republicans and he's the best of the Democrats."

Rick Pigott, business finance, senior:

"Probably Robert Dale. Out of the people that I know I think he's the most capable and has the most experience."

Unaffiliated ramblings

The presidential race is absolutely scary. We seem to be faced with a "tamer of many evils" decision. For one reason or another, not one man among the whole obscure collection of candidates is extremely qualified for office. I've been following the race as closely as time will allow, and no one really seems to jump out at me as a national leader. I look at a candidate and try to picture him leading my country. I try to see if the guy will make decisions that will radically alter my life.

The only thing that's clear so far is that none of these guys must really be joking.

Pat Robertson is the saddest example. The man is an evangelist—a religious fanatic. He claims to divert hurricanes through prayer, and he has prophesied at length about the ap­proach of Armageddon—that it will be started in the Middle East by the Soviet Union. He once said that Christians and Jews are the only people fit to govern because they will submit to God. How's that for foreign policy?

Sure, Robertson has piled up a mountain of achievements, notably the founding of the Christian Broadcasting Network and a graduate-level university. And despite his overwhelming religious determinism, Robertson insists he would treat the presidency as a secular office. But he doesn't even know what public office is like. He has never even worked in a secular organization. By the way, since he is now a secular man, what made Robert­son think there were missiles in Cuba? Did he pro­phesy that existence?

Do we want a man who will certainly erode the American separation of church and state? The guy once said that if you do not teach a religion-based morality in schools, then you are teaching atheism. Am I missing something here, or is America the same country that allows its people to choose their own religion, even if it is atheism? You're outa here, Robertson! Go play with a hurricane.

Next on my list of eliminations is George Bush. The guy is just a plain fanatic. Reagan has done enough damage; do we want the right-hand man from his camp leading the country next? For me, Bush is just too much of a Reagan yes-man to be any good for our country.

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"Probably Robert Dale. Out of the people that I know I think he's the most capable and has the most experience."
Cartoonist gets smeared

Editor: The cartoon "Brewski" by Bill Brzykcy which you printed on Feb. 11 was not funny. Not only does it lack humor but it was extremely insulting. It is insulting because it trivializes a very important issue: violence in dating and other male-female relationships.

It is not so much that a guy can't get a date without a resort to violence but the casual assumption that a woman's choice (to date or not) is not respected and that she could/should be compelled to date (have sex) against her will. It is the off-handed, casual disregard of a woman's right to make meaningful choices that is an affront to both men and women.

— Barbara Mori
social science dept.

Twice

Editor: Obviously, Bill Brzykcy needs some consciousness raising if he believes as his cartoon in the Feb. 11 Mustang Daily indicates— that men may only gain a female's attention through either coercion or violence.

Therefore, I would like to invite him to a series of Women's Week presentations.

Perhaps his cartoons will then be transformed from tasteless banality to enlightened banality.

— Mary Kay Harrington
writing skills office

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SENA

From page 1

should increase enrollment so more women and ethnic groups could be admitted to Cal Poly. Cal Poly enrolls fewer non-white students than most other CSU schools.

The resolution will be brought back to the senate in two weeks for more discussion. Cal Poly President Warren Baker must respond to the Chancellor's Office by April 1.

In other business, the senate agreed that Psychology 494 — Psychology of Technical Change — was not appropriate to fulfill the Area D requirement for general education and breadth classes. The subcommittee suggested the class was more suitable for the Area F requirement.

The recommendation will be sent to Baker.

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On-Campus Interviews

March 2

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Students making the transition from high school to college anticipate a major increase in homework, tests and social life. However, what some Cal Poly students are finding is a major increase in other areas as well — the stomach, thighs, and the bathroom.

However, these overweight Cal Poly students have no one to blame but themselves, said Dr. Jim Webb, an exercise physiologist and director of the Human Performance Laboratory at Cal Poly. He said students are overweight mainly because of the food choices they make.

"You have to be selective about what you eat," Webb says. "You can't put the blame on someone else — when you go to the grave you go alone."

Webb says college life changes a person's lifestyle.

"Kids tend to be more active in high school than in college," Webb says. "They have more time for athletics when there is high school. The college setting changes lifestyles. Eating patterns are different. People eat more fast foods — they become snackers and balloon up. They find they have no time to exercise because they're studying all the time."

"Webs said being overweight is a "disease of abundance. There is a lot of food available to us," he said.

He also added to modern technology as one of the contributing factors to people becoming overweight.

"Think about all the things you don't have to do," Webb said. "We have automatic transmissions, dishwashers, garbage disposals. Escalators take us up and down stairs — horizontal escalators take us up off of planes. Fitness is not do to an increase in calorie intake. We find individuals are not exercising enough — they're not burning off enough calories in a day. People have to spend time working out."

Dale Smith, owner of Gold's Gym in San Luis Obispo, said a lot of people have memberships at his gym and never use the facilities.

"A lot of people get excited about working out and losing weight but once they find out it's hard work they quit ... they have every excuse in the world to justify not coming," Smith said.

He said about 40 percent of the people at Gold's Poly are overweight — women more so than men. The men overall, he says, look more "malnourished."

"If you tell some people what they have to do to lose the weight they want, they don't do it — it's too much work," Smith said.

He added people have to stay active if they want to lose weight.

"When you study all day long you're not active," he said. "When you exercise you have more energy for other things."

Smith said the "processed" cafeteria food is the main reason for Cal Poly's extra pounds.

"You can't reach your goals at the gym and eat that stuff," he said. "It's like taking one step forward and two steps back."

Sidney Rudd of Atascadero joined Gold's gym three weeks ago and said it's been hard work since day one.

Rudd is a 38-year-old woman who weighs 236 pounds. She said her problem food and not be able to eat any of it," she said.

She said the "processed" cafeteria food is the culprit for students becoming fat.

Lynn Dumas, assistant supervisor of the Dinning Hall and a nine-year veteran of Cal Poly food service, said people who blame their weight on the food are copping out.

"People just don't make the right food choices," she said.

"Cafeteria eaters" don't use discretion when they eat, Dumas said. "I've seen people with four desserts on their tray. That's a big part of the problem. There are a lot of fattening foods here but you have to make the right choices.

"Food addiction is no different than drug addiction ... you have to make the decision in your own head. Food addiction is as hard to fight as any other addiction," she added.

Dumas speaks from experience, having lost about 60 pounds herself. She said she eats two meals a day in the Dining Hall, five times a week, and maintains 17 percent body fat. According to Webb, the average for a college female is 24 percent and 15 percent for the average college male.

Dumas said people do not read labels to see what they are actually eating.

"Take Quaker 100 Percent Natural Cereal" for example," she said. "It's deceiving because there is actually a lot of sugar in that cereal."

"You need to read and be aware of these labels and not let yourself be fooled," Dumas said.

Alvina Hart, supervisor of the Dieting Hall and in her eighth year as an employee at Cal Poly, said the meals in the Dining Hall are well planned and well-balanced.

"If people would skip the desserts they would not put on weight," Hart said.

"The kids do not realize how fattening the soft drinks are. Also after dinner when the kids get hungry again they go to McDonald's," Hart said. "I'm making the wrong choices — junk food instead of good food."

According to both Dumas and Hart, there are plenty of nutritional, low-calorie foods available at the Dining Hall and the other campus food services.

"It's the hardest thing in the world to go home, open the refrigerator and eat that food and not be able to eat any of it," she said.

Smith has Rudd on a strict fish and diet and allows her no protein foods after 4 p.m. Rudd has lost eight pounds since she joined Gold's.

Two Cal Poly food service supervisors said it is just a common misconception that cafeteria food is the culprit for students becoming fat.

"We are still helping to fight the war against overeating," Hart said.

The Foundation Food Service and the Cal Poly Weight Loss Support Group have started a program in the Dining Hall called "Nutrition Corner." This is an information center that provides a weekly nutritional theme and health tips for students. There are also educators available from 5 to 7 p.m. on Wednesdays to answer questions.

According to Webb, one of every two adults in the nation is "overfat." He used the term "overfat" instead of "obese" because he said it is hard to say what the ideal weight is for each individual.

"You have to look at the percent fat not the overall body weight of a person," Webb said. "The percent body fat is what dictates what condition you're in."

Webb said national statistics show only 2 percent of overfat people have a glandular problem.

If all of this information seems too negative, there are ways to fight the fat, both on and off campus. Two dietitians and Carolyn Hurwitz, both health educators for the Weight Loss Support Group, have helped develop a "Work in Progress" program for students and faculty which begins every quarter.

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Debi Carrol, a weight consultant at Nurti System Weight Loss Center in San Luis Obispo, said 30 percent of their clientele are from Cal Poly.

"There is lot of stress in college," Carrol said. "People are eating on there own for the first time. They do out of control and eat the wrong things. Students need more nutritional information. We try to change their eating habits."

The Nurti System diet consists of three specially planned meals, which they provide, for a total of 1,200 calories per day. Anything less than 1,000 calories per day, according to Carrol, causes damage to nerve fiber and muscle tissue.

"Health and well-being are the most important things in life," Webb says. "If you're not healthy you can't work and you also run into a lot of other problems. Staying healthy has to become a part of your lifestyle."

The program consists of one weekly meeting and homework assignments about nutrition. Each individual is also asked to keep a diary of the foods they eat throughout the quarter.

"The weight loss program incorporates various tools for losing weight and changing people's lifestyles," Hurwitz said.

"There are also educators available from 5 to 7 p.m. on Wednesdays to answer questions."

"It's the hardest thing in the world to go home, open the refrigerator and eat that food and not be able to eat any of it," she said.
In a world of split-second satellite feeds, instant international audio, video and computer-simulated voices, sometimes a basic hand signal is the best means of communication.

At least it is for Jamie Glass, 24. She spends every day communicating with her hands. Glass, a freshman business major in agriculture engineering and the only profoundly deaf female on campus who uses an interpreter, has been profoundly deaf since birth.

Disabled Student Services believes Glass, whose father is an interpreter, is the only profoundly deaf female on campus who uses an interpreter.

Although American Sign Language flows from Glass in a natural procession of symbols and gestures, she learned the skill just over one year ago. Prior to that, Glass relied on the difficult and inefficient practice of reading lips, she said through an interpreter. Only 30 to 70 percent of a dialogue can be accurately deciphered through lip reading, said Glass.

A speaker's vocabulary can make comprehension difficult, "I may not know what something means," said Glass. "That's probably the major problem for me."

Through an interpreter, every word, expression, "um" and "ah" is translated for the deaf student, said Irene Daschian, deaf services specialist for DSS. "If the interpreter doesn't understand and sometimes that bothers me," said Glass. "That's why I don't try to meet new people."

Aside from vocabulary, the interpreter must contend with a host of other problems that hinder communication. Difficult context, poor articulation or bad lighting add to the difficulty of understanding a speaker, said Susan Chilton, one of three professional interpreters working for DSS.

Also, a fast-paced speech can be frustrating, she said. "By the time the deaf person gets the message, the group has moved on to the next topic."

In a one-on-one conversation, Glass can speak by imitating the appropriate sounds, but sometimes her words aren't clear. "It's hard because people say they don't understand and sometimes that bothers me," said Glass. "That's why I don't try to meet new people."

The interpreter acts as a "pipeline of communication," a tool that links a deaf student with the environment. "I am just as much a part of the classroom situation as a book," said Daschian.

Jamie Glass

Susan Chilton, one of three professional interpreters working for DSS.
Saturday meet features nation's best

In what could be a preview of the national championships, the Cal Poly gymnastics team will host Seattle Pacific and Northern Michigan in a triangular meet Saturday night.

Seattle Pacific is Division II's top-ranked team, while Northern Michigan checks in at No. 6. Cal Poly is sandwiched in the fourth spot. Conference Gymnastics Meet begins 7:30 p.m. in the Main Gym.

"This could be the biggest meet we've ever had," said head coach Tim Rivera. The Mustangs have been raising their most scores since day one. The numbers hit a peak last weekend, when they posted a season-high 178.3 to defeat Texas Women's University.

Poly title hopes come down to wire — again

As usual the California Collegiate Athletic Association title race has gone to the wire, and once again Cal Poly is there for the photo finish.

The Mustangs, U.C. Riverside and Cal State Bakersfield all share the top spot in the CCAA standings with 9-3 records. Those three teams will be involved in four games this weekend that may — or may not — solve the deadlock.

The Mustangs will host Thursday and Cal Poly Saturday, while Cal Poly will host Bakersfield Thursday and Bakersfield Saturday. If the Big Three split their games, they will be tied. Any combination after that can result in one or two champions.

SATELLITE HOMES' HOPS

If there is a tie, the next dilemma will be over which champion will host the Roadrunners in the title game. That prove futile, the tournament would go to the better women's team. The Lady Mustangs are 4-6 and the Riverside women 3-8. Bakersfield does not have a women's team, which could present a conflict should the Roadrunners share the title.

Pomona is 4-4. Meanwhile, Riverside has won five in a row and, like the Mustangs, are undefeated in conference. Cal Poly beat both earlier this month.

Men's Hoops

Announcements

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March 5, 1988.
DENMARK

From page 1

"I was amazed to hear how few people vote here," Pia added. "From page 1 they hold elections every four years in Denmark.

"For me socialism means security," said Pia. "We don't pay for services such as hospitals, doctors and universities. The government actually pays students a fee to go to school."

WOMEN

From page 1

"We're eating and women would keep working on other issues. "The women's movement is not about issues," Johnson shouted, "it's about the spiritual revolution in the world — and I don't mean religion." Johnson explained feminism as woman's way of being human, as being female and exploring the idea of what it exactly means to be a woman.

The first step of breaking free, "involves loving ourselves,... patriarch could not exist if a critical mass loved themselves," said Johnson.

Johnson referred to the scenario in her book where a woman standing on a tall building contemplates the distance of a jump, and then leaps, holding on to a rope. Johnson said the rope is the symbol of the woman's voice, which is leading the species home.

"Flowers never seem to know where they are going, they just listen to their own voice and take the next step," said Johnson. The opinion that internal things can be changed, and patriarchy is internal, therefore patriarchy can be changed, is one way Johnson explains her beliefs. She added women should create something else.

"Patriarchy is so ripe it's rotten," said Johnson. Although it's difficult to go against brainwashing, Johnson said, "what we resist, we persist. Even in child-rearing, the saying holds true." And she said in jest that after raising four children and trying her best, she would now let her son self-destruct.

"Patriarchy is like a bad marriage,... the system keeps us belted up in the mud," said Johnson. "If the men say so, doesn't that give you cause to pause?"

Johnson said men are no longer loving for our lives. "I am going to love myself and take back my power."

Johnson's speech ended with the audience holding hands and singing the lyrics, "We are women loving women, and we are loving for our lives."

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at 2:00 p.m.
or
Wednesday, 3/02/88
at 5:30 p.m.
GRAHAM'S ART STORE
(Next to Boo Boo's)
982 Monterey Street
543-0652

Thursday Nights at the Graduate
ICED TEAS
$2.00
BOTTLED BEER
$1.25

WELCOME HOME!