City Council approves more land development

By Shelly Evans

Maintaining a slow growth pattern and preserving the natural beauty of San Luis Obispo was the concern of five residents who urged the City Council to reject a permit to develop on a hillside in the Laguna Hills Estates area.

The council subsequently approved developer Rick Webster's request for a use permit to build a 27-unit condominium complex, known as Garden Homes III, between Los Osos Valley Road and Mirada Drive.

Bob and Virginia Klieth, along with three other area residents, said the development of the hillside condos would destroy the aesthetic value of the whole area.

"If you crammed the White House, the Taj Mahal and Buckingham Palace into such a small place, they would no longer be beautiful," said Virginia Klieth. "That's the same thing that will happen to these nice homes if they're all shoved together."

"The developers are in violation of the law," Bob Klieth said. "If someone requested to build a home on more than a 60-degree slope, I'm sure the council would think long and hard before granting such a thing. Yet, these men are wanting to build on a 90-degree slope."

City Attorney Roger Picquet said Webster is not in violation of the city ordinance that prohibits building on land with more than a 50-degree slope. Special circumstances dictate approval of hillside development, Picquet said.

"There should be 16 homes in that area, not a congested condominium complex," said Bob Klieth.

"I approve of the project," Paul and Jesse Tuttle, who live on the Laguna Hills Estates area, said.

City Council approves more land development

Nabbed Marine is 9th Beirut-held American

By Kristi Penniman

BEIRUT, Lebanon (AP) — Gunmen on Wednesday kidnapped a U.S. Marine officer serving with the United Nations peacekeeping force in southern Lebanon as he drove along a highway.

William R. Higgins, 43, a native of Danville, Ky., and chief of an observer group attached to the U.N. Interim Force in Lebanon, was traveling when he went around a bend in the road, "and then I couldn't feel my legs," said U.N. spokesman Timur Goksel.

He said the first vehicle went across the road and fired shots at Higgins, who was driving in a U.N. jeep station wagon from Tyre to Nabqura, behind a similar vehicle in which two other observers were traveling," said Goksel.

"Higgins was driving in a U.N. jeep station wagon from Tyre to Nabqura behind a similar vehicle in which two other observers were traveling," said Goksel.

Twenty-seven people were cited Tuesday for 44 violations and about 20 more were cited Wednesday, said investigator Ray Berrett. Most were cited for running stop signs. Above, student Denene Path gets a ticket from Sgt. Steve Schroeder.

The crackdown begins

Public Safety wasn't kidding when it warned last week that it would begin "selective enforcement" of the vehicle code against bicycle riders.

The 76-officer U.N. group from 16 countries monitors cease-fire violations on the Lebanon-Israel border. Higgins was the top-ranking American officer assigned to the force's observer group, a major port of Tyre and the border town of Nabqura, the location of UNIFIL's headquarters.

"Higgins was driving in a U.N. jeep station wagon from Tyre to Nabqura behind a similar vehicle in which two other observers were traveling," said U.N. spokesman Timur Goksel.

He said the first vehicle went around a bend in the road, "and

As the world of technology gets more complex, engineer- ing graduates face some tough ethical questions.

page 5
**OPINION**

**When Top 40 outbids art**

I remember when I first became involved with music. I must have been about four years old when my grandpa took me for a ride in his jalopy and helped create an interest that led to years of format training and has caused many to call me a "music snob." Although I haven't been playing seriously in the past few years and music still plays an important part in my life as a means of expression and communication, the role of art, some would say.

This past weekend I had a chance to develop my interest in music at the Gavin Convention for the radio and record industry. The Gavin Report is a major trade magazine that publishes Top 40 live and information important to radio companies. There was plenty of talk about developing the stars of the future, creating an exciting radio format and using new technology to help make radio as expanding medium. But conversely all this ambitious talk of radio and records, somehow became diametrically clear to me. Music isn't an art in this industry — it's a product.

Granted, radio stations and record companies are out to make money and music happens to be their product. This attitude doesn't surprise me at the mega-top 40 and Urban/Contemporary-formatted radio stations. But what really hurt was hearing music strategically placed down on their album- and alternative-formatted stations, because I've long considered them to be the creative and artistic forces in radio. A friend of mine who worked as a radio programmer at a large Los Angeles album-orientated station said it wasn't unusual to have a record company represent itself and say, "I've got a new product for you that's going to sound familiar to you and I've never not gotten a registration for two years and they never get any of them. Music registration would be better.

---

**Letter to the editor**

**Police don't hold hands**

Editor: The letter is regarding the Feb. 3 article on the Cal Poly professor who was involved in a tragic, paralyzing traffic accident.

Professor Luthra stated that the "police have not taken any interest in this nor have they contacted me." The Police Department does not have jurisdiction over traffic accidents occurring on the freeway. They are responsible for traffic and crime-related incidents that occur on city streets. The California Highway Patrol handles traffic incidents on the freeways and also those traffic incidents in unincorporated county areas. The police have no reason to contact persons involved in traffic accidents on the freeway.

Professor Luthra also said the Highway Patrol has not made any effort to contact him about the specifics of the accident. In the article California Highway Patrol Public Affairs Officer Frank Strickler said all parties received a copy of the accident report, and only if the specifics of the accident are in the accident report. If any additional information later becomes available, a supplemental report is made and copies sent to those parties who received original copies. Also, according to the public affairs officer, the other driver was found at fault in the collision, and the article stated he was also at fault.

I don't know what else people expect the CHP to do for them after they are injured in a traffic accident, other than take the report, investigate and file necessary charges. There are not enough traffic officers available to take the time to show all the unjustified and senseless that traffic officers are interested in them. On the other hand, many of the drivers involved, there were five traffic collisions within a one-mile radius in the San Luis Obispo area, and an average of four crashes every day for the month. Well, all the specifics of 1,406 citations issued and six vehicles recovered during the month. And there was an average of only four officers per shift for all of southern SLO County so not to handle all of this, but then do the paper work to go along with it.

In my opinion, the best way for law enforcement officials to show the "police don't hold hands" is to issue citations to unlawful drivers and arrest drunk drivers. We need the officers on the road who are not just the "police don't hold hands."

---

**M. M. McDaniel**

**What is your opinion of CAR registration?**

Noel Pitman, business, junior:

"I think there's got to be a better way. It's just ridiculous. The whole point is to sign up to get your classes and you never get any of them. The preregistration would be better.

Mark Lewis, engineering technology-electronics, sophomore:

"For the most part, it seems fairly effective in contrast to what I've read regarding telephone registration. It's very similar to registration techniques I've used at previous colleges, so it seems familiar to me. I've never got the same class that I've wanted."

Errik Gregory, history, graduating senior:

"I definitely think it stinks. There's a class I've been trying to get for two years and they only offer it once a year. It's frustrating having teachers tell you that you haven't planned your career right. Seniors

---

**On the street**

**What is your opinion of CAR registration?**

Anna Cekola

**Past deadline**

**Letter to the editor**

**Police don't hold hands**

Editor: The letter is regarding the Feb. 3 article on the Cal Poly professor who was involved in a tragic, paralyzing traffic accident.

Professor Luthra stated that the "police have not taken any interest in this nor have they contacted me." The Police Department does not have jurisdiction over traffic accidents occurring on the freeway. They are responsible for traffic and crime-related incidents that occur on city streets. The California Highway Patrol handles traffic incidents on the freeways and also those traffic incidents in unincorporated county areas. The police have no reason to contact persons involved in traffic accidents on the freeway.

Professor Luthra also said the Highway Patrol has not made any effort to contact him about the specifics of the accident. In the article California Highway Patrol Public Affairs Officer Frank Strickler said all parties received a copy of the accident report, and only if the specifics of the accident are in the accident report. If any additional information later becomes available, a supplemental report is made and copies sent to those parties who received original copies. Also, according to the public affairs officer, the other driver was found at fault in the collision, and the article stated she was also at fault.

I don't know what else people expect the CHP to do for them after they are injured in a traffic accident, other than take the report, investigate and file necessary charges. There are not enough traffic officers available to take the time to show all the unjustified and senseless that traffic officers are interested in them. On the other hand, many of the drivers involved, there were five traffic collisions within a one-mile radius in the San Luis Obispo area, and an average of four crashes every day for the month. Well, all the specifics of 1,406 citations issued and six vehicles recovered during the month. And there was an average of only four officers per shift for all of southern SLO County so not to handle all of this, but then do the paper work to go along with it.

In my opinion, the best way for law enforcement officials to show the "police don't hold hands" is to issue citations to unlawful drivers and arrest drunk drivers. We need the officers on the road who are not just the "police don't hold hands."
Letters to the editor

Orchises has no regrets

Editor

As president and fourth year member of the Orchesis Dance Company, I was very concerned about a letter to the editor (Feb. 9) entitled "Orchesis stumbles."

My first reaction was that of disbelief and anger. Immediate thoughts of long, hard rehearsals, sleepless nights, and lack of time raced through my head. For four months my fellow dancers and I (as well as members, theatre staff, etc.) worked VERY hard to create a dance concert to entertain and educate our audience. I realize not everyone's definition of entertainment is the same. I only apologize to Elizabeth Bostian "and friends" for gaining nothing from our concert. Year after year we try to improve our dance concerts through constructive criticism.

I don't think that such strong negative feelings were expressed in the Daily, so much as I defend the negative connotation affiliated with Orchesis.

As a dance company of non-professionals and diverse majors, we receive many positive comments about the quality of our staged shows. The following are just two quotes from dozens of evaluations we receive:

"Overall, it was a very enjoyable production of dance and the individual performers were especially good." — Heide Viste

"...overall balance of continuity, grace and beauty. I loved it! I found myself instantly absorbed with each piece." — Juli Turner

All shows are investigated and the final show was diverse and NONE complained about lack of diversity. We intend to keep providing Cal Poly and our community with quality shows and we welcome ideas and suggestions which will work for all individuals, as well as enhance our dance program.

— Cheri L. Epin

Rules reign

Editor

We should question today's quest for liberty, freedom and the pursuit of happiness. Consider the two who were recently "walking off" their drunkenness and a policeman ticked them off. If we cannot even walk while intoxicated, then should we drive or just pass out to a corner place?

At least question the purpose of the police. Do they help us or are they another bureaucratic organization desperately trying to employ themselves by restricting our freedom?

Look around at this school. Why are there so many rules and so much paper work? Is it the withdrawal policy? Where is the logic in forcing an already upset person to talk to a counselor about their personal problems just to get a signature to prove they have personal problems? A person should be trusted enough to know when they have a personal problem.

We are corrupting society by forcing this distrust on people. I believe the constitution of the letter directly to the computer science department; a department that has become so computerized they are forgetting they are human beings.

When the constitution was written, America was viewed as the land of opportunity and the land of the free. Now people seem to be confusing these ideals with self-oriented success. The writers of the constitution believed people to be inherently good. People were trusted and they shared this goodness.

I believe people today are inherently good. I think our bureaucratic rules create a desperate need for people to conform to standards that are, in most cases, illogical and self-oriented success. The writers of the constitution believed people to be inherently good. People were trusted and they shared this goodness.

I believe people today are inherently good. I think our bureaucratic rules create a desperate need for people to conform to standards that are, in most cases, illogical and self-oriented success. The writers of the constitution believed people to be inherently good. People were trusted and they shared this goodness.

F. McLintock's S A L O N

NIGHTLY DINNER SPECIALS

- MONDAY -
  - Enchiladas, Tostada and Beans
  - Plenta plate  $2.95
- TUESDAY -
  - BBQ Chicken
  - Spaghetti  $2.95
- WEDNESDAY -
  - Prime Rib
  - Spaghetti  $2.95
- THURSDAY -
  - Fish and Chips
  - Prime Rib  $9.75
- FRIDAY -
  - Steak Night
  - Spaghetti  $4.50
- SATURDAY -
  - Live Music

LIVE MUSIC Tuesday thru Saturday
NEVER A COVER CHARGE
Breakfast • Lunch • Dinner

*Late Night Menu*
Monday thru Saturday 9pm till Midnight

686 Higuera Street
805-541-0686

THE JESSE MARVIN URNAH
ASSEMBLY FELLOWSHIP PROGRAM

This prestigious program gives college graduates of any major the opportunity to spend a year working for the California State Legislature and affords a firsthand knowledge of the political process. A monthly stipend is given.

Applications are due February 27, 1988.

For more information, please contact Cerry Yamada at the campus career center or call the Fellowship Office at 916/324-1761.

State

Phony policeman seen cruising So. California highways

SAN BERNARDINO (AP) — A phony policeman, packing a real gun but wearing a badge and uniform one officials said looked like my store purchase, apparently is cruising the highways, authorities said Tuesday.

The officer, driving an official-looking car, has pulled one woman over and tried to lure her into his car.

"He definitely wasn't a policeman," California Highway Patrol Officer John Savage said Tuesday. "We can only assume he was up to no good." Savage said it appeared the man had put together a fake police outfit with a badge, arm patch, police decal and other items collected from a toy store.

"He was wearing a gun, but he had a knife on the other side of his belt and no nightstick or radio," Savage said.

He said the man was first seen Feb. 4 when he stopped Kimberly Hoffman, 27, of Upland, on Inter­ state 15 in the Cajon Pass between San Ber­ nardino and Victorville. He was spotted again sev­ eral days later by an off-duty sheriff's deputy who had gotten his description from the highway patrol, Savage said.

Nation

Baby missing most of brain kept alive to donate organs

LOMA LINDA, Calif. (AP) — A baby born with most of his brain missing was sustained on life support systems Wednesday to preserve his organs for transplant, the first such case announc­ ed in the United States, a hospital official said.

The baby, a boy whose name was withheld to protect the parents' privacy, was born Tuesday at Martin Luther Hospital Medical Center in Anaheim and transferred late that night to Loma Linda University Medical Center, about 60 miles east of Los Angeles, said Loma Linda spokesman Anita Rockwell.

At Loma Linda, the baby was put on life-support equipment. "The infant appears comfortable and is showing signs of brain-stem death," Rockwell said. "We can only assume he was up to no good." Savage said it appeared the man had put together a fake police outfit with a badge, arm patch, police decal and other items collected from a toy store.

"He was wearing a gun, but he had a knife on the other side of his belt and no nightstick or radio," Savage said.

He said the man was first seen Feb. 4 when he stopped Kimberly Hoffman, 27, of Upland, on Inter­ state 15 in the Cajon Pass between San Ber­ nardino and Victorville. He was spotted again sev­ eral days later by an off-duty sheriff's deputy who had gotten his description from the highway patrol, Savage said.

World

Soviet firefighters put out fire in U.S. embassy building

MOSCOW (AP) — Soviet firefighters chaperon­ ing Americans extinguished a fire Wednesday in the U.S. Embassy, the aging building the United States has been trying to abandon because of bugging devices that permeate a new structure.

About 150 embassy employees were evacuated and sent home for the day, embassy spokesman Richard Gilbert said. No one was injured.

U.S. Embassy officials said Soviet firefighters were called to put out the fire in an unoccupied fif­ th-floor residential section after they decided em­ bassy personnel couldn't extinguish it themselves.

The Soviets responded promptly and were "excoriated at all times by American employees," inside the building, said Gilbert, who briefed report­ ers in the wet snow outside the mustard­ colored embassy's main door after the fire had been brought under control.

The 10-story embassy building, on busy Tchaikovsky Street near the center of Moscow, has been controversial for more than a year.

Last spring U.S. officials said they had detec­ ted a new eight-story red-brick office building directly behind the old one could not be occupied immediately because of Soviet listening devices apparently installed during construction.

—  Heide Viste

— Cheri L. Epin

N O T E S

( No textbooks please)

Have you written a book — non-fiction, best seller — Would you like to have it on display L for sale in our General Books Department?

Call us at 756-531b

( No textbooks please)
THE NCR $300,000 STAKEHOLDER ESSAY COMPETITION FOR STUDENTS

THE MISSION

TO CREATE VALUE

At NCR, we’ve found that in order to create value, we must first satisfy the legitimate expectations of every person with a stake in our company. We call these people our stakeholders, and we attempt to satisfy their expectations by promoting partnerships in which everyone is a winner.

• We believe in building mutually beneficial and enduring relationships with all of our stakeholders, based on conducting business activities with integrity and respect.
• We take customer satisfaction personally: we are committed to providing superior value in our products and services on a continuing basis.
• We respect the individuality of each employee and foster an environment in which employees’ creativity and productivity are encouraged, recognized, valued and rewarded.
• We think of our suppliers as partners who share our goal of achieving the most consistent level of service.
• We are committed to being caring and supportive corporate citizens within the worldwide communities in which we operate.
• We are dedicated to creating value for our shareholders and financial communities by performing in a manner that will enhance the return on their investments.

THE CHALLENGE

TO WIN

We’re so committed to our mission that we’re encouraging the next generation of leaders to re-examine America’s business values. We’re doing this by holding the NCR Stakeholder Essay Competition which all full-time undergraduate and graduate college or university students may enter. Entries should explore the topic: “Creating Value for All Stakeholders in Corporations and/or Not-for-Profit Organizations.”

The student chosen as the first place winner will be awarded $50,000 cash. Plus, the entrant’s school will receive $100,000 in NCR data processing equipment. The second place winner will receive $15,000 cash and the entrant’s school will receive $35,000 in equipment. One hundred $1,000 awards of merit will be given to chosen participants. In addition, selected award-winning entrants will be invited to attend the first NCR International Symposium on Stakeholders to be held June 9 & 10, 1988, in Dayton, Ohio.

THE RULES

1) The NCR Stakeholder Essay Competition is open to any full-time undergraduate or graduate student attending an accredited college or university in the United States or its territories.
2) Entries must be original, unpublished work on the topic: “Creating Value for All Stakeholders in Corporations and/or Not-for-Profit Organizations.” Exams must not exceed 3,000 words. Areas of discussion may include, but are not limited to: Ethics, Corporate Governance, Strategic Management, Social Responsibility, or Managing Change as these topics relate to managing for stakeholders.
3) Entries must be typed, double-spaced on 8½” x 11” bond paper, one side only. A separate cover sheet should list the entrant’s name, school, home address and title of the essay. Subsequent pages should be numbered sequentially and include the essay title in the upper right margin. Winners will be required to produce proof of current full-time college or university enrollment.
4) All entries must be postmarked by March 31, 1988, and received by April 15, 1988 to be eligible for consideration. Submit entries to NCR Stakeholder Essay Competition, NCR Corporation, Stakeholder Relations Division, Dayton, Ohio 45479. NCR is not responsible for, and will not consider, late, lost or misdirected entries.
5) In the event any prize winner is a minor, the cash award will be made to his/her parent or guardian.
6) Awards to individuals will be reported as income on IRS Form 1099. All taxes are the responsibility of the recipients.
7) Award winners will be required to sign publicity releases and affidavits of eligibility and compliance with all rules governing the competition. Failure to return executed affidavits and releases within 15 days of receipt will cause the award to be null and void.
8) All entries become the property of NCR and will not be returned.
9) By participating in this competition entrants agree to these rules and the decisions of the judges which shall be final in all respects, and further agree to the use of their names, likenesses and entries for NCR advertising and publicity purposes without any further compensation.

State and territorial judges will consist of panels that include NCR stakeholders. Final selections will be made from state and territory winners by a national panel of judges. If clarification is necessary, call (513) 445-1667, 8am-5pm EST.

Award winners will be notified on or about May 16, 1988. To obtain a list of finalists, send a self-addressed, stamped envelope to NCR Stakeholder Essay Competition, NCR Corporation, Stakeholder Relations Division, 1700 South Patterson Boulevard, Dayton, Ohio 45479.

NCR’s Mission: Create Value for Our Stakeholders
At a time when schools are churning out engineering graduates with an eye on cost effectiveness, ethical issues are easily overlooked

By Dianna Callesen

When the defective McDonnell Douglas DC-10 was designed, engineers saw a flaw.

"I'd say less than half of the civil engineering majors, according to some students. And few teachers address ethics during lectures.""I started out wanting to do something in alternative energy, but there were no jobs available,"" said Mills. ""So after some serious thinking I decided to look for a job in the defense industry because the jobs are available and it is a good way to get experience."

"I'd say less than half of the people I know think about it. It wouldn't bother me,"" said Houskins. Some students turn to defense work because it's where the jobs are. About 85 percent of the jobs available in the industry are for defense companies.

Kurt Mills, an industrial technology major, decided to search for a job in the defense industry because the jobs are available and it is a good way to get experience.

"I started out wanting to do something in alternative energy, but there were no jobs available,"" said Mills. ""So after some serious thinking I decided to look for a job in the defense industry because the jobs are available and it is a good way to get experience."

"I'd say less than half of the people I know think about it. It wouldn't bother me,"" said Houskins. Some students turn to defense work because it's where the jobs are. About 85 percent of the jobs available in the industry are for defense companies.

Kurt Mills, an industrial technology major, decided to search for a job in the defense industry because the jobs are available and it is a good way to get experience.

"I started out wanting to do something in alternative energy, but there were no jobs available,"" said Mills. ""So after some serious thinking I decided to look for a job in the defense industry because the jobs are available and it is a good way to get experience."

"I'd say less than half of the people I know think about it. It wouldn't bother me,"" said Houskins. Some students turn to defense work because it's where the jobs are. About 85 percent of the jobs available in the industry are for defense companies.

Kurt Mills, an industrial technology major, decided to search for a job in the defense industry because the jobs are available and it is a good way to get experience.

"I started out wanting to do something in alternative energy, but there were no jobs available,"" said Mills. ""So after some serious thinking I decided to look for a job in the defense industry because the jobs are available and it is a good way to get experience."

"I'd say less than half of the people I know think about it. It wouldn't bother me,"" said Houskins. Some students turn to defense work because it's where the jobs are. About 85 percent of the jobs available in the industry are for defense companies.

Kurt Mills, an industrial technology major, decided to search for a job in the defense industry because the jobs are available and it is a good way to get experience.
Co-ops with the CIA are... let's say available

By Jill Gregory

Students, faculty and staff at Cal Poly have experienced this aura of intrigue because the CIA offers a cooperative education program here and at other universities. According to the literature that accompanies a CIA application, the purpose of the CIA's cooperative education program is to "provide students from a wide variety of fields an opportunity to participate in substantive work for the agency and allow them to become acquainted with professionals in the intelligence field."

"The agency has the same needs and demands of any major employer looking for students," said Kathleen Ball, a co-op coordinator for the CIA.

"Once the applicant meets the requirements, he is given top-secret classification and has access to classified information," said Ball. "This is why the background checks are so thorough."

One concern is a potential association with a saboteur, spy, terrorist, seditionist, anarchist or combination of persons which is totalitarian. Fascist, communist or subversive."

The second part of the security screening is a polygraph examination — a lie detector test that is used to further determine one's loyalty, trustworthiness and discretion. Also, FBI files are checked on all applicants and their spouses, and also on their parents if they are under 21 years of age.

This process of paper work and security and background checks is a long, tedious procedure. The CIA requests that students apply for co-op positions at least six months in advance and the Cal Poly Co-op Office is now processing applications for fall quarter 1988.

"Historically it has been that we'd send resumes to the CIA and it was like dropping them in a black hole," he said. "Now at least we have a phone number and a human voice we can contact."

The Co-op Office also encounters problems because after a student returns from the CIA, he cannot really describe what occurred on the co-op. "One student returned and his report told us not to report anything, but all the reasons why he could not explain his activities at the agency," said Miller. "The security is a complication to us, but not an overriding factor."

However, Ball said this is not necessarily the case. "All co-op employees are overt, so they can tell people that they work for the CIA," said Ball. "If they have to fill out a report, it is called an unclassified summary and is subject to review and approval by the agency."

The Placement Center also had dealings with the CIA. The agency participated in on-campus interviews and sent resume copies. See CIA, page 11

MARK YOUR CALENDAR'S
FOR A
SWEET DEAL

As our treat to you, all Cal Poly students will receive a 10% discount on Breakfast, Lunch and Dinner, during the entire month of February. (not valid w/ any other offer)

Banquet facility available for all major events!

WELCOME HOME!

Kaiser Electronics Technology
IT'S ALL BEFORE YOU
And Talented People
RIGHT BEFORE YOUR EYES

If you have a BS/MS in Electrical Engineering or Computer Science, we'd like to talk with you and tell you more about our advanced display systems and the other equally exciting technologies at work.

For more information, or to arrange an interview, contact the Placement Center or send your resume to Kaiser Electronics, 2701 Orchard Park Way, San Jose, CA 95134.

Where do you go from here?
It's all before you, right before your eyes.
At Kaiser Electronics.
We are an equal opportunity employer. US Citizenship Required.
Many students confused about role of nutrition

By Hope Hennessy

Nutrition has evolved into a highly sophisticated science and people are more conscious of good nutrition than ever before. Yet the language of nutrition can be confusing if often obscure as much as it reveals.

For college students, good nutrition can be a chore amid busy schedules, cafeteria meals, the infamous frozen dinner and social lives which revolve around fast food.

College students should be especially wary of fast food such as McDonald's and of diet sodas, warns Mary Pederson, professor of food science and nutrition. "The biggest problem with fast food is it tends to be made with very processed cereals, which means all the fiber has been taken out of it," Pederson said.

Fiber is getting a lot of press in the health field currently because high-fiber diets are thought to protect against certain types of cancer, such as colon cancer, which has a very high rate in the United States, she said.

Our fiber is also important to the diet because it helps lower the serum cholesterol level. High cholesterol levels are a major risk for heart disease.

"If we look at the words natural and unprocessed in terms of processed versus unprocessed, then fiber is the big issue which comes up, we can tie it into our two leading causes of death in terms of an important dietary factor — cancer and heart disease," said Pederson.

She encouraged students to eat foods which are minimally processed so they can get most of the natural fiber.

"Foods that tend to be highly processed also have added to them different things like salt. The fat content may also be modified in foods such as fast foods. They are made appealing because the salt and fat add flavor," Pederson said.

Diet sodas, especially Pepsi and Coke, are another area of concern for students. According to Pederson, the calcium intake of students tends to be low in comparison to the phosphate intake, which is found in diet sodas. This throws the body off balance because the elevated phosphate levels neutralize the already low calcium levels.

Pederson encourages students to increase their dairy consumption with low-fat milk, yogurt and cheese in order to help increase bone density because as they reach their 30s, bone density will begin to decrease which increases the risk of osteoporosis.

Pederson suggested seven dietary guidelines recommended by the government that people need to modify in their diets.

"One of them is to increase fiber. The other is to reduce fat intake. That is probably what I consider the biggest dietary problem in the country — the high fat diets we are on. Salt intake is also high. It contributes significantly to hypertension, which also is a risk factor for heart disease," she said.

"Some of us think that the biggest concern in our diets is getting cancer from chemical additives. This is not a major problem. The risk of getting cancer from additives, chemical pesticides or any of these things is less than 1 percent. We do not need to be too concerned with that. It is not really a major health factor, but getting a variety of nutrients is," Pederson said.

"Oat fiber is also important to the diet because it helps lower the serum cholesterol level. High cholesterol levels are a major risk for heart disease."

Pederson touched on another concern for many people.

"Some of us think that the biggest concern in our diets is getting cancer from chemical additives. This is not a major problem. The risk of getting cancer from additives, chemical pesticides or any of these things is less than 1 percent. We do not need to be too concerned with that. It is not really a major health factor, but getting a variety of nutrients is," Pederson said.

Pederson encouraged students to eat a variety of foods to maximize vitamin and mineral intake. Another important dietary factor is to maintain a desirable weight because obesity is the No. 1 health problem in this country. Sugar should also be avoided.

The final guideline offered by Pederson is to drink alcohol in moderation.

"I don't think we need to be overly concerned with what is natural or organic. They are not really important when it comes to the impact or change they are going to make on our lives. (The seven dietary guidelines) are the things that are going to impact our health more than anything else," she said.

"I don't think we need to be overly concerned with what is natural or organic. They are not really important when it comes to the impact or change they are going to make on our lives. (The seven dietary guidelines) are the things that are going to impact our health more than anything else," she said.

Pederson touched on another concern for many people.

"Some of us think that the biggest concern in our diets is getting cancer from chemical additives. This is not a major problem. The risk of getting cancer from additives, chemical pesticides or any of these things is less than 1 percent. We do not need to be too concerned with that. It is not really a major health factor, but getting a variety of nutrients is," Pederson said.

"Oat fiber is also important to the diet because it helps lower the serum cholesterol level. High cholesterol levels are a major risk for heart disease."

Pederson touched on another concern for many people.

"Some of us think that the biggest concern in our diets is getting cancer from chemical additives. This is not a major problem. The risk of getting cancer from additives, chemical pesticides or any of these things is less than 1 percent. We do not need to be too concerned with that. It is not really a major health factor, but getting a variety of nutrients is," Pederson said.

"Oat fiber is also important to the diet because it helps lower the serum cholesterol level. High cholesterol levels are a major risk for heart disease."

Pederson touched on another concern for many people.

"Some of us think that the biggest concern in our diets is getting cancer from chemical additives. This is not a major problem. The risk of getting cancer from additives, chemical pesticides or any of these things is less than 1 percent. We do not need to be too concerned with that. It is not really a major health factor, but getting a variety of nutrients is," Pederson said.
Disposable contacts to end daily routine

By Herod Lowery

For years, contact lens wearers faced a daily routine of cleaning and disinfecting their lenses. But beginning this month, disposable contact lenses can put an end to all that.

Made by Johnson and Johnson and successfully test-marketed in Florida, these disposable contact lenses can be the ultimate in corneal health, according to Dr. James Creech, a Santa Maria optometrist.

Creech said since the eye treats a contact lens as a foreign body, it tries to encapsulate the lens in proteins. Also, fatty deposits form on the lens, which is the major reason contacts must be regularly cleaned because this cuts down the oxygen permeability to the eye, according to Creech.

"With these disposable lenses, you just throw them away before the protein and fatty deposits become a problem," said Creech. "The pores in the lenses just don't get time to clog up."

The disposable lenses won't last more than a week or two, Creech said. After that, the lens polymer will significantly deteriorates and the lens is easily torn. Because the lenses are changed so often, this results in superior optical quality. But there is a high price to pay for this convenience.

"These lenses are not for See CONTACTS, page 11

Rubes®
By Leigh Rubin

DIRTY DANCING ★ PLATOON

DIRTY DANCING ★ PLATOON

Home Video of S.I.O.
667-B Marsh St.
544-5288
(corner of Broad and Marsh)

ANNOUNCES FEBRUARY WEEKDAY SPECIALS
for MEMBERS
Monday thru Thursday
Regular movies including new releases
Movies "15th VCR's '39"
Membership only $5.98/year includes one movie rental

Roxanne ★ SECRET OF MY SUCCESS

Peace Corps...
the benefits are out of this world.

While working in the Peace Corps, you help others to help themselves and you benefit yourself. Some of these benefits are:

• Valuable overseas work experience—helpful when applying to graduate schools and jobs after Peace Corps;
• Language skills;
• Postponement of educational loans;
• A $4,200 readjustment allowance at the end of your two years;
• And much more! Look us up. You won't regret it.

ON CAMPUS NEXT WEEK
INFO BOOTHS: Monday-Wednesday February 22-24
University Union Plaza (in front of the Bookstore)
SLIDE SHOW & DISCUSSION: MEET RETURNED PEACE CORPS VOLUNTEERS
Tuesday Night
Wednesday Night
Agriculture Building
Room 10-222
544-9340
Specializing in Complete Service & Repair on Volkswagen - Porsche - Audi - BMW - Peugeot - Citroen
2933 Ansonia Road, San Luis Obispo

Peace Corps.
the toughest job you'll ever love
Hasselfield: frosh at the point

By Sherry Wittmann
Staff writer

Even as a child, Jody Hasselfield's future as a basketball player was forming. After all, as the daughter of a coach, the sport influenced her life daily. As her childhood progressed, her obsession with basketball flourished.

She became the 1985 Female Athlete of the Year of her high school in Calgary, Canada. She dreamed of playing for the Canadian National Team. But although Hasselfield's fondness for the sport grew, she didn't. She peaked at 5-foot-5.

"Basketball is a game of height," said Hasselfield. "I'm not good enough nor tall enough to make it on the Canadian team."

So she brought her talents to Cal Poly. Hasselfield, a freshman point guard, leads the Lady Mustangs in scoring with a 15.4 average. And the California Collegiate Athletic Association lists her in the top 10 in steals, three-point goals, assists and free throws.

"Lateral quickness allows me to play at the level that I do," said Hasselfield.

Said assistant athletic director Marilyn McNeil, "We haven't had a dominant player like this for a long time."

McNeil, Cal Poly's former head coach, has been a friend of the family since Hasselfield was a child. McNeil suggested that Hasselfield enroll at Cal Poly after her experiences at the University of Calgary disappointed her.

As a point guard Hasselfield is similar to the defenses and call offensive plays. Her taller opponents, a four-day league meet season's last tuneup

By Rob Lopez
Staff writer

The California Collegiate Athletic Association championships, a four-day event that begins today at Cal State Bakersfield, gives them one last opportunity to qualify for the Division II national championships in March.

The team's top 18 men and women will compete at the CCAA meet. Senior Neil Leary, an academic all-American and 11th-place finisher at last year's nationals, is confident about qualifying for the NCAA meet.

"I've been there the last three years," he said. "I won't have to swim above my head to make the cut qualifying time."

Leary said he hopes to qualify for the national finals, a position he was in as a sophomore. The team has had some great workouts the past two weeks, he said, and it is ready for the CCAA championships. "People are really anxious to get out there and do it," he said.

"There should be a lot of people qualifying for the nationals after the conference championships," he said. Five swimmers have already qualified for nationals: Barbara Larsson (100 and 200 backstroke), Liz Linton (1,450 freestyle), Marisa Umms (100 and 200 butterfly), Amy Holland (200 backstroke) and Troy Trobough (100 backstroke).
Rec Sports holding mountain bike race Friday afternoon

Rec Sports is sponsoring a mountain bike race 3 p.m. Friday in Poly Canyon. Competitors have until Friday at noon to register. The fee is $3. Hard-shell helmets are required for the race, which will have advanced and recreational divisions for men and women. Racers are required to have their bikes inspected beforehand. For more information, call 756-1366.

Pull out the Spotlight section of MUSTANG DAILY each Friday and save it through the weekend for local entertainment features and listings.

SPORTSBRIEFS

The women's basketball team will be at Cal State Los Angeles tonight. The Lady Mustangs will return Saturday to face Cal State Northridge. Game time is 5:45 p.m. in the Main Gym.

The rugby club split its matches last weekend to finish fourth in a San Diego tournament.

The Mustangs lost the third-place match to UCLA. In the preliminary rounds, they defeated U.C. Irvine, 10-4, and league leader Arizona, 10-3. However, they lost to defending champion San Diego State in the semifinal. The Aztecs broke a tie with three-point penalty kick and went on to win, 6-3.

Cal Poly (2-4) will travel to the desert this weekend to face Arizona and Arizona State. Both teams will present the entire team from making the trip. Each player must pay his own way.

The tennis club saw both good and bad last weekend. Cal Poly lost to San Diego State, 12-8, but defeated San Diego, 12-3.

Brian Maready was the big scorer for the Mustangs, recording eight goals and two assists over the weekend. Jim Bagnasco and David Weiner added four and three goals, respectively. Goalie Chris Courcy had 12 saves against San Diego.

The Mustangs (3-2) will host Chico State Saturday and UCLA Sunday. Both games start at 1 p.m. on the baseball field.

SWIMMERS

From page 9 an important meet so the swimmer will be well rested.

Many Cal Poly swimmers who did not qualify for nationals have yet to shave and taper this season. Finman said freshman David Pope, who swims the individual medley, performed well this year and shows promise for the future. Another freshman, Ron Huchak, who swims the 100 and 200 butterfly, has passed times that are close to qualifying him. Ryan is not that experienced in the 200-yard butterfly," said Finman. "But he has a natural feeling for the water. He is like a natural athlete who is able to do things very subconsciously."

Trobough recently came within 1/10 of a second of breaking the Cal Poly record for the 100 breaststroke. He is the only Cal Poly man who has qualified for nationals. He said he feels good going into the conference championships.

"I swam well against U.C. San Diego (two weeks ago)," he said. "When I shave down I think I will be able to improve my time by a few seconds." Cal Poly's toughest CCAA opponents this year have been Bakersfield and Cal State Nor- thridge. Finman said the team came close to defeating Northridge last month, but lost it in the diving competition, Northridge's strong point.

"We don't have the event winners like Northridge does," he said. "But we do have a lot of people who can place in the second through sixth-place range. That's how we will score our points in the championship meet."

Last year's CCAA titles went to Bakersfield (men) and Northridge (women). Cal Poly's men were third and the women second.

This is Finman's first year as head coach. He joined the program last September, replacing Bob Madrigal.

"I'd like to coach 20 more years here at Cal Poly if I had my choice," he said. "I'd like to become a fixture like Dick Anderson was. He did a fantastic job.

Anderson was head coach for 20 years. Finman credits Madrigal for a fine job of recruiting. "Many swimmers started swimming as early as age 6," Finman said. "These people level off by the time they get up to the college level. Bob found people who just started swimming in high school. If we get these swimmers in the pool at a young age and make them believe they are fast they will be successful."
NUTRITION

From page 7 and贪食 in moderation. Our bodies need it to function properly. Grains and pastas provide energy and are a staple in many cultures. Choose whole grains whenever possible. 

"The key word is moderation. I don't think anyone should follow a radical diet. They should try to balance their diet and choose a variety of foods and try to reach the things that are processed. Allow yourself a special treat here and there. No one is going to judge you at every meal, cakes and pastries entirely.

"Good health goes beyond a balanced diet. It is really a three-part plan. Nutrition is only one part," Peterson said.

From page 6 interviews last year, but declined to name who. The Center has no figures about who they choose for employment. "The CIA prefers a closed approach," said Burrell of the Placement Center.

"They want to review resumes and job applications over the phone and choose their interviewers. We only offer open sessions and the CIA doesn't like that," she said.

In short, the agency's standards are very strict and it is difficult to ascertain what exactly it is looking for in an applicant. However, the literature suggests that "should you be in doubt as to whether anything in your background will disqualify you, it is better to err on the side of liberty to describe the matter in writing, place the information on a resume, an envelope bearing only your name and marked 'Confidential' and flash DISCLOSURE' forward it and your application."
From page 1

PARKING

From page 1

SAVINO

From page 1

COUNCIL

From page 1

MARINE

From page 1

that city and county employees who now park on downtown streets will use the structure, freeing street-side parking for shoppers.

"Each day we delay the open­ing is lost revenue," said Pet­erson, stressing the project has cost the city $3 million. "We’re giving one month of free parking. That’s not one month starting today, that’s one month from when it opens. That’s costing us money.

"Revenue from all the parking facilities such as the parking meters, less and the new parking structure will go into a general parking fund to pay the debt for the garage," Peterson said. "We should receive $1 million a year in revenue from the parking fa­cilities."

Construction is set to start in August on another parking structure at the corner of Chorro and Marsh streets, Peterson said. Unlike the Morro and Palm structure, the second structure will serve shoppers and employees in the downtown area.

SAVINO

From page 1

him when he first arrived even though he was fluent in Spanish, Italian and knew some English.

"When I moved here I lived with three guys from California who knew no Spanish or Italian," said Nino. Though communica­tion was strained between them, Nino said one roommate was particularly cruel. He said it didn’t take long to figure out what was going on and set things straight. "When you study a language you learn all of the bad words," said Nino.

The Multi-Cultural Center on campus helped a little, said Nino. "It gave me an opportunity to meet a lot of people and com­municate with other interna­tional student associations," he said. Time constraints have for­ced Nino to devote less time to the center. "I try to help still, but I’m too busy," he said. "About once each quarter we still have an international dinner where each foreign student brings a dish from his country."

But Nino said the typical Cal Poly student might be shocked to see the true Venezue­lana. "Here people are very spoiled by the U.S. system, but they don’t know they are," he said. "Public services are so advanced here, the newest thing is available to everyone. This is not so in the Third World." He added that in an area as nice as San Luis Obispo one doesn’t really see poor people like in the “barrios” or ghettos of South America

In celebration of Multi­Cultural Month, Nino said he would like to have different cultures communicate. "It’s 1988, we need to know how to relate and respect what other people believe," said Nino. "That’s all it takes."

PARKING

From page 1

Peter­son added: "Our biggest worry is that Higgins’ car was not fol­lowed."

"Everyone is very spoiled by the U.S. system, but they don’t know they are," he said. "Public services are so advanced here, the newest thing is available to everyone. This is not so in the Third World." He added that in an area as nice as San Luis Obispo one doesn’t really see poor people like in the “barrios” or ghettos of South America.

But Nino said the typical Cal Poly student might be shocked to see the true Venezuela. "Here people are very spoiled by the U.S. system, but they don’t know they are," he said. "Public services are so advanced here, the newest thing is available to everyone. This is not so in the Third World." He added that in an area as nice as San Luis Obispo one doesn’t really see poor people like in the “barrios” or ghettos of South America.

COUNCIL

From page 1

S O I ^ S

dish from his country."

"When I moved here I lived with three guys from California who knew no Spanish or Italian," said Nino. Though communica­tion was strained between them, Nino said one roommate was particularly cruel. He said it didn’t take long to figure out what was going on and set things straight. "When you study a language you learn all of the bad words," said Nino.

The Multi-Cultural Center on campus helped a little, said Nino. "It gave me an opportunity to meet a lot of people and com­municate with other interna­tional student associations," he said. Time constraints have for­ced Nino to devote less time to the center. "I try to help still, but I’m too busy," he said. "About once each quarter we still have an international dinner where each foreign student brings a dish from his country."

But Nino said the typical Cal Poly student might be shocked to see the true Venezue­lana. "Here people are very spoiled by the U.S. system, but they don’t know they are," he said. "Public services are so advanced here, the newest thing is available to everyone. This is not so in the Third World." He added that in an area as nice as San Luis Obispo one doesn’t really see poor people like in the “barrios” or ghettos of South America.

"Everyone is very spoiled by the U.S. system, but they don’t know they are," he said. "Public services are so advanced here, the newest thing is available to everyone. This is not so in the Third World." He added that in an area as nice as San Luis Obispo one doesn’t really see poor people like in the “barrios” or ghettos of South America.

But Nino said the typical Cal Poly student might be shocked to see the true Venezuela. "Here people are very spoiled by the U.S. system, but they don’t know they are," he said. "Public services are so advanced here, the newest thing is available to everyone. This is not so in the Third World." He added that in an area as nice as San Luis Obispo one doesn’t really see poor people like in the “barrios” or ghettos of South America.

"Everyone is very spoiled by the U.S. system, but they don’t know they are," he said. "Public services are so advanced here, the newest thing is available to everyone. This is not so in the Third World." He added that in an area as nice as San Luis Obispo one doesn’t really see poor people like in the “barrios” or ghettos of South America.

But Nino said the typical Cal Poly student might be shocked to see the true Venezuela. "Here people are very spoiled by the U.S. system, but they don’t know they are," he said. "Public services are so advanced here, the newest thing is available to everyone. This is not so in the Third World." He added that in an area as nice as San Luis Obispo one doesn’t really see poor people like in the “barrios” or ghettos of South America.