Sanctions inappropriate

By Dianna Cailesen

The United States has no political or moral right to tell South Africans how to run their country, a local doctor told members of the Student Senate Tuesday.

George Borba and Alan Vonderhoist celebrate after picking up their grades Tuesday.

S. Africa not a US concern

By Kathy Kent

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Making the grade

By Catherine Hernandez

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Minimum wage minimizes jobs

It is not a secret that the keystone of the economic recovery of recent years has been the creation of jobs. Jobs are central to our economic system and our personal livelihoods. It is true that there are more people working now than ever before and that our unemployment rate has dropped. This is particularly good because our society has evolved to where more people have chosen to seek work, and the economy has been able to absorb them.

But one group has yet to shake the yoke of unemployment: youth. During the past three years, teenage unemployment has reached epidemic proportions. Many years ago, this wasn't the case. In 1948, the jobless rate for youth was 3.8 percent; in recent years, unemployment has hit the high teens.

Many government policies — the $3.35-an-hour minimum wage law, implemented in 1977, is an example — have removed the incentives for employers to hire unskilled workers, many of them teenagers. Unless they get work, today's unemployed youth will appear on tomorrow's welfare rolls.

The government policies were implemented in an effort to create better working conditions for the next generation; instead, they have hurt our nation. How can this socially damaging trend be reversed?

One solution is to change our policies toward minimum wage. Past rhetoric espoused the minimum-wage law as a federal insurance policy. It insured that nobody got scalped in the workplace, which is to say, all would have an equal chance of earning at least a certain amount deemed acceptable by the bureaucracy.

Like most government programs, the minimum wage law seems well-intentioned, but it has created a whole new problem for unskilled job hunters, such as teenagers. Today's employers refrain from hiring teenagers because the minimum wage is too high. As a result, youths are priced out of the job market.

In 1982, the Minimum Wage Law Commission estimated that if there was not a minimum wage in the 1970s, 7.1 percent more teenagers and 2.2 percent more people in their early 20s would have been employed.

We need to stand up to organized labor and special interest groups and work to change or abolish the minimum wage law. Time has proven that the best catalyst for productivity is incentive. A job at any wage, simply put, is better than no job at all.

Susan Edmondson
Editor

Non-smoking resolution a healthy and safe idea

Editor — In response to the Academic Senate's upcoming non-smoking resolution, I feel that it would be a fantastic idea to pass this health-conscious initiative.

Whenever I decide to enter the Garlic inside the Dexter Building, I feel as though I am going into a bar. As I open the door, I am blasted with what must be the raunchiest air on campus outside of the Swine Unit. A nutrition break is what I had in mind, yet I am forced to digest several cubic feet of cancer-causing smoke in order to get my milk and cookies.

When other people overeat, I do not get fat. When other people overdrink, I do not get sick. But when other people smoke and their smoke wafts over to my windows, it shortens my temper and my life. A solution to this discomfort would be to restrict smoking in all buildings on campus. Even the deans who argue that they are smoking in the privacy of their own offices are affecting others in the same building via air ducts. The very small but damaging carcinogenic particles are not stopped by our air-filtration systems.

Smoking is a fire hazard, health hazard and a maintenance problem, i.e. discolored walls and ceilings. Let those who smoke do so without affecting those of us who do not. Let them smoke outside and downwind!

ALLAN J. TIMKO

Post CAR Depression Syndrome strikes again

Editor — It's 2:47 p.m., Monday, March 30, and I'm suffering from severe PCDS. That's Post CAR Depression Syndrome. This occurs when someone, for the third quarter in a row, receives only two courses through the damn CAR system. These feelings of depression are deepened by frequently tying for a handful of coveted positions in crowds of 30 or more students. Since this paper is too respectable to print how I really feel, I'll have to show you. Go to the well-known, nationally-advertised, fast-food hamburger chain (on Foothill near Santa Rosa) which hangs old pictures of campus life. Look carefully at the picture of the 1936 rodeo.

THOMAS FAHRNER

Letters policy

Mustang Daily encourages readers' opinions, criticisms and comments. Letters should be submitted to Room 226 of the Graphic Arts Building. Letters should be shorter than 250 words, must be typewritten and must include the writer's signature and telephone number.

ASI elections

Mustang Daily will not print letters concerning ASI elections on the day prior to the election days and on the election days. We welcome opinions expressed before that time.

Wednesday, April 8, 1987
New embassy may be destroyed

WASHINGTON (AP) — President Reagan said Tuesday he might order the new, unfinished $191 million U.S. Embassy in Moscow torn down if it cannot be secured against Soviet eavesdropping, but that Americans would not be "run out of town" by spies.

Reagan also said that Soviet diplomats will not be allowed into their new office tower on a Washington hilltop until the Americans occupy the new U.S. facility in Moscow.

Speaking to reporters in the White House, the president said that Secretary of State George P. Shultz would go to Moscow for arms control talks scheduled to start Monday, despite the belief that the Soviets had planted listening devices in the embassy — and in the replacement under construction next door.

Volcker: falling dollar is risky

WASHINGTON (AP) — Federal Reserve Chairman Paul Volcker said Tuesday the United States faces "substantial risks," including a recession, from reliance on a weaker dollar alone to correct the country's huge trade deficit.

Volcker told a congressional panel that both the U.S. and worldwide economic recovery could be jeopardized if the dollar, which has already declined substantially from its 1985 highs, were to drop further.

Volcker's comments, his bluntest statements ever on the dangers of a falling dollar, were issued as the United States met in Washington with its key trading partners for high-level discussions aimed in part at trying to calm jitters on world currency markets.

Hinckley wants out of hospital

WASHINGTON (AP) — John C. Hinckley says he wants to leave a woman who once killed her sleeping daughter and is now "the biggest influence in my life," according to court papers filed Tuesday.

Hinckley, acquired by reason of insanity of attempted murder charges stemming from the 1981 shooting of President Reagan, recently told a psychiatrist he hopes to eventually gain release from St. Elizabeths Hospital in Washington to live with Leslie DeVeau.

DeVeau, a one-time Washington socialite, was found guilty by a jury of second-degree murder in 1982 of Doreen Spector, who was Hinckley's first bride.

Last week, Watson was denied his 10th bid for parole, and the warden at the Men's Colony removed Watson from his position in the prison chapel. His next parole hearing will be in April 1990.

"My feeling on this is that no prisoner with seven counts of murder against him should be allowed to counsel or to preach," Tate said in a telephone interview Tuesday from her Torrance home.

DORMAN

From page 1 of Good Hope annually, he said.

"If we are willing to cut off this limb of Western civilization, then there's no hope for us," Dorman warned.

When asked about U.S. intervention on moral grounds, Dorman replied, "Morally we are at a disadvantage." Dorman's reasons for this reply included analogies to the immigration legislation recently passed by Congress and to U.S. treatment of Native Americans.

The immigration laws in the United States are discriminatory, based on utterly trivial circumstances such as where one's mother was born, he said. "What they're doing in South Africa is making laws in a much milder way to preserve their culture. They (the white ruling class) have given those people (the blacks) a right to work and the right to live as they like by creating countries."

Dorman added, "The only alternative to apartheid is what your ancestors did — kill off the natives."

People need to understand that African countries are not homogeneous, Dorman said. They are tribal, and cannot be compared to the blacks in the United States. "Whites give the blacks the opportunity to work for wealth. More blacks own autos in South Africa than whites own autos in the Soviet Union," he said, adding that he believes many problems in South Africa have roots in the Soviet Union.

Dorman, whose father was a member of the ruling class of Kenya, said he believes South Africans will be economically and socially worse off should the white government be abolished. Following its independence in 1963 Kenya has "gone to the dogs," said Dorman, who remembered his father's servants as well taken care of and happy.

American and British people should support South African whites because the ideology of laissez-faire capitalism will eventually result in democracy, Dorman advised his listeners.

He said the terrorist acts reported in South Africa are committed by the African National Congress and the South African Communist Party, not the white ruling class. And, he said, these organizations are weapons in the ongoing Soviet propaganda war against Western civilization.

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Foundation Food Service
Mystery of the Tasaday argued

Authenticity of people living in Philippine rain forest debated by author, professor

By Elizabeth Daymond

A true example of what our ancestors were like was represented by a small band of people in a Philippine rain forest, said a former Associated Press reporter who spoke in Chaminas Auditorium Monday night about these people.

Sixteen years ago, the world was told that genuine throwbacks to the Stone Age were living in a Philippine rain forest. Called the Tasaday, they lived out of reach of 20th century influence, and thought they and their friends were the only people on earth, that the forest was their world.

When the Tasaday's existence was discovered in the world through an AP story written by John Nance, a question was raised—were they part of a hoax perpetuated by the Marcos regime? But the Tasadays' authenticity as actual representatives of the Stone Age is irrelevant to Nance, who was in and out of their forest for three years and the one man who has spent the most time with them.

"Whether the Tasaday have been in that forest for 50 or 500,000 years is not the real issue," he said. The importance of the Tasaday is what they teach us about human beings," Nance said, who said he first met the Tasaday in 1971. "The Tasaday experience was particularly poignant for me, having just spent three years in Vietnam."

Nance said the Tasaday changed his perception of primitive man. "I got my first idea about our Stone Age ancestors from the comic strip Alley Oop," he said. "He was animal-like, but women over the head and dragged them off by their hair. From this I got some interesting data. Our ancestors were ugly, brutal, and women liked it."

Nance, who has written three books on the Tasaday, found them simple, peaceful and loving. Caring for the young was everyone's responsibility. The Tasaday had no hierarchy of leadership, but worked together with a common bond and a common goal—survival. "I never saw a Tasaday spank a child or raise his or her voice angrily," said Nance.

Nance said the Tasaday had sustained their society for an unknown number of generations, balancing human needs with the plants, animals, and spirits of their world.

"The Tasaday gave me a chance to take that idea of our ancestors, of Alley Oop with a club in his hand slugging women over the head, and say, that's a comic strip," he said. "The Tasaday show us that our ancestors were caring people with emotion and feeling."

The Tasaday said they had no metal, cloth, or wheels until recently and did not know about agriculture or the domestication of animals. They lived in caves, made fire by rubbing two sticks together. The largest animals they ate were frogs.

Then a trapper from outside the forest found them and gave them tools of the 20th century. He brought the Tasaday knives and bows and arrows, he brought clothes—and he brought the end of their isolation from the rest of the world.

Lack of scientifically valid information has left anthropologists skeptical about the authenticity of the Tasaday, however.

Patrick McKim, a Cal Poly anthropologist instructor, said, "I don't know if it's a hoax, but I'm very skeptical about the whole thing. I don't find them convincing."

McKim said the Tasaday's technology ridiculous, saying it bears no resemblance to that of foragers who have been studied. "They're just sort of randomly wandering around—real foragers don't do that," he said.

Nance admitted the truth was elusive, particularly about people living in the Tasaday forest. "You cannot get inside their skin," he said.

Both "20-20'' and the NBC news did stories on the Tasaday, calling them a hoax. One Tasaday told a television reporter that the Philippine Minister of Minorities, Manual Elizalde Jr., who has a degree in anthropology from Harvard, told them to wear jeans as clothing.

Nance mentioned in his talk that Elizalde, who wanted to protect the Tasaday from encroaching miners and loggers, told the people to wear what they had before the trapper brought them clothes. The Tasaday were wearing clothes, explained Nance, because "they were proud to emulate the tribes from outside the forest."

Gymnastics team clears money hurdles, goes to nationals

By Jon Bachman

Despite monetary problems that threatened to keep it away from the national championships, the Cal Poly gymnastics team was able to compete and raise enough money to attend Tuesday for Wisconsin.

The Lady Mustangs are seeded fourth out of eight teams entered in the competition. The team will compete at the University of Wisconsin in Oshkosh.

Earlier this week there was some question as to whether the team would be going at all, because the trip was expensive and the team hadn't received any assistance to pay for it.

"As supporters of Mustang Athletic Teams came up with half the money needed for the trip, and with donations from local businesses and fund-raisers by the women themselves, the team will be competing Friday and Saturday.

Coach Tim Rivera said there was confusion about funding because the meet is not sponsored by the NCAA.

"It's not an NCAA gymnastics match and technically all the money for post-season nationals is all earmarked for NCAA nationals," Rivera said. "This meet is being sponsored by the United States Gymnastics Federation. So technically you can't take money from one thing to spend on something else, and that's what happened."

Rivera said SUMAT members thought the meet was sponsored by the NCAA, and only recently heard otherwise. They quickly came to the aid of the team.

The cost for the trip is between $5,000 and $6,000; Rivera joked that plane flights to Oshkosh, Wis., are not cheap.

Even if they hadn't gotten the money, Rivera said the team would have still gone.

"The women on this team were willing to come up with the money on their own if they had to," Rivera said. "They worked real hard and a long time to get to nationals and that was our goal. The funding problem is something they knew about through most of the year, and they had an idea that what happened was a possibility.

Kim Wells, a member of the team, said she was glad to get a chance to go to nationals after the prospects looked bleak.

"I didn't think it was fair at first, because this whole time we've been working hard to make it to nationals, and then we heard that we might have to pay for the trip," she said. "At regionals, we were talking with members of Seattle Pacific University, and the girls on that team said if they didn't win the regional, their school wouldn't pay for it. I thought that wasn't fair, and then we found out that we made nationals, but had no money and were in the exact same situation as Seattle Pacific. But I'm so glad that SUMAT came through and gave us the money." Julie Bolen, another member of the gymnastics team, had a different view on the whole situation.

"When we found out that SUMAT was giving us the money we needed, we were really excited," Bolen said. "We had absolutely no money going into nationals, and we were going to pay for it out of our own pockets. That would have been $400 or $500 each."

Bolen said this year's team is strong and deserves a chance to prove itself at nationals. "This team is much better than it's been in a long time. I feel we've made the most progress out of all the sports at Cal Poly. We've put a lot of time and effort into this team, and it obviously shows."
right:

Lisa Meyers wears a navy and white polka dot rayon straight skirt and jacket with a white tank top underneath. From Francine Browner; skirt, $29.99; jacket, $46.99; top, $13.99. Clothing from Up Your Alley. Mark Tindell sports a cotton, viscose and silk weave suit with a plaid cotton and viscose shirt and an Alexander Julian leather belt. Suit by Shanghai, $214; Shirt by Jekyll and Hyde, $68; belt, $16. Clothing from Gary Paul.

THANKS:
A special thanks to the stores that generously contributed their clothing and fashion expertise to make this special section possible:

Choice
Gary Paul
Up Your Alley

INSIGHT:
An in-depth look at issues that affect students

Thursday in Mustang Daily
Kristen Burns wears a two-piece linen outfit featuring a white top and black pants with a black and silver scarf in her hair. From Martin Verruno; pants, $80; top, $100. Scarf, $15. Clothing from Choice.

Kris models a denim dress accented with a lace collar, white lace tights and pumps. Dress by Fads, $89.99, from Up Your Alley.
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Lisa models a black and white sweater, while Mark wears a cotton pullover shirt and cardigan. Lisa’s sweater is by Kenar, $72. Clothing from Choice. Mark’s shirt is by Axis, $52; cardigan by Tony Lambert, $72. Clothing from Gary Paul.

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Lisa wears a black mock turtleneck and black and white striped pants by Inwear with white pumps. Shirt, $32; pants, $75. Clothing from Choice.
Scott models a white mat sweater with yellow trim around the collar and blue shorts. Sweater, $80; Shorts, $30. Clothing from Choice.
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**Workouts a part of competition**

By Jim Hawkins, Staff Writer

If you've ever had a chance to watch some of the Mustang runners in action, you've probably felt a little envious. The sprinters exploding out of their blocks, a blur as they fly past the stands. Or the distance runners, gracefully propelling themselves around the track, tap after tap. They do it so smoothly it looks almost effortless.

It's obvious, however, they are not only blessed with great athletic ability, but must work hard to get in the kind of shape they're in. What do they do to get in this kind of shape? Obviously they run a lot. But how do they break it down? How organized, how scientifically is it done?

Cal Poly men's track coach Tom Henderson believes in a very scientific approach to his workouts. All workouts are based on the percent of aerobic and anaerobic condition- ing needed for a certain event at each particular time of the year. The distances run are timed and recorded, with records of last year's times and distances posted. All times are closely monitored and workouts are modified on an almost daily basis.

"We start in July and are on an 11-month cycle," said Henderson. "The athletes get one month off after their last event of the season. We basically are building strength going into the beginning, and gradually the workout distances get shorter while the runners' speed increases."

The 11-month cycle is broken down into 21-day segments of hard workouts, each of which are followed by a week of easier workouts to give the athletes' bodies a chance to recover.

"I don't like anything about the workouts," said Erik Josephson, a sprinter. "But I love to compete on Saturdays, to gel with the team." He does it so smoothly it looks almost effortless.

"I don't like anything about the workouts," said Erik Josephson, a sprinter. "But I love to compete on Saturdays, to gel with the team." He does it so smoothly it looks almost effortless.

The following is a translation and explanation of the workouts printed above:

**Sprinters:** The sprinting workout includes all the runners involved in races 200 meters or below, including high hurdlers (110 meters). The day picked is a Monday, traditionally a day these athletes dread. According to Henderson, Mondays for his sprinters usually have a new name.

"One of our sprinters, Erik Josephson, hates Mondays so bad, we're thinking about calling it 'Pee Day.'" he said.

"I think about it all day," said Josephson. "I'll be sitting in class and my mind will wander and I'll remember it's Monday ... it's not very fun."" Before the workouts start all the athletes go through extensive warm-up and stretching periods. Then the fun begins. They start out with a single 400-meter run. The D following this distance stands for date pace, which is the pace they should be running at this particular time of the year. The 53 (seconds) is what their time should be and the "full" in parentheses means the athletes will rest until reaching full recovery. So, the first segment means they are running 400 meters in about 53 seconds and resting until they are fully recovered.

The next segment, which is in brackets, means they are going to run two distances of 200 meters, with 24 seconds of rest in between, and nine minutes of rest before the next segment. They then run 300 meters, again at date pace of about 38 seconds, and rest for eight minutes. This is followed by 200 meters in 24 seconds, and then 400 meters at a goal pace of 11 seconds. Goal pace is the ideal time in which the athletes will be running the distance at the end of the season.

"You've got to start getting keyed up for it a few hours beforehand," said freshman sprinter Mike Voss. "You dread it, but like it because you know it helps you down the road."

**Quarter-milers:** This includes both the 400-meter runners and the 400-meter intermediate hurdlers. Their workout starts with a 500-meter segment at a date pace of 33 seconds through the first 400 meters, with the last 100 meters being run as fast as possible. They then have two 200-meter distances at 26 seconds each and 110 meters in 13 seconds, with 60 seconds rest between each one, followed by nine minutes of rest at the end of the segment.

Next come runs of 400 meters, 300 meters and 200 meters — all at date pace — and three 110-meter runs at goal pace.

"It's tough - you really don't want to do it," said hurdler Mike King. "But you don't want to miss the hard ones because they help you the most."

Distance runners: In the morning they run a brisk three miles, and do the hard workout in the afternoon. The start of their afternoon workout reads, "1,500m simulation 2," meaning they are going to run two simulated 1,500-meter races. Each race is broken down into the segments within the workout, and each distance is run at a goal pace for one mile. Each segment is run at the ideal speed the runners will be able to run an entire race at by the end of the season, when they reach peak condition.

So they run 200 meters, 500 meters, another 200 meters and another 500 meters followed by a last 200 meter, all at the pace of about 60 seconds per 400 meters, or four-minute miles. This means the 200 meters are run in 30 seconds and the 500 meters in 75 seconds. They then run to the "tree and back" (1.5 miles into Poly Canyon) at 55, or steady state, which means about 75 percent of race pace. Then they do the workout over again.

"Workouts are the best part of my day. I like doing everything," said distance runner Bob Ernst. 

See WORKOUTS, page 14
WORKOUTS

From page 13
Craig Godwin. “If you hate run hard, you don’t run track.”

One aspect of training that Henderson emphasizes is weightlifting. Every athlete on the team, including distance runners, are on a regular, cyclical lifting regimen.

“We feel weightlifting is very significant and very, very important,” said Henderson. “Our programs are timed precisely to have our athletes peak at the right times. Last year at the conference finals we took 32 guys and got 32 lifetime bests.”

Running collegiate track takes natural talent and a lot of hard work and dedication. Next time you find yourself wishing you were blazing around the track, think twice, because a lot more goes into those graceful strides than Wheaties and track spikes.

By Jim Hawkins

Assistant coach Bill Dutton gives instructions to receiver Jeff Collins (34) and lineman Scott Cooper (67).

Spring football practices begin

By Jim Hawkins

Staff Writer

While most students are busy scheduling classes around after­noon s with spring tans in mind, football team members are sweating for a different purpose.

Spring ball started last week for the Mustangs and it marked the first organized practices under new head coach Lyle Setencich.

“Right now I need to assess what type of players we have and what type are coming in,” said Setencich. “I need to get a better idea of what we have before I can tell you our strengths and weaknesses.”

Regardless of the ability of the team members, one thing the Mustangs won’t be in fall is in bad condition. One of the most talked about aspects of Setencich’s developing program is his commitment to conditioning.

“The word on the team is that he is going to work our butts off,” said senior wide receiver Lance Martin. “But we’re all excited to be in pads, and to find out what the coach is going to be like.”

“Right now I can tell you we are a physically weak football team,” said Setencich. “That’s something we’re going to work on.”

The team will practice Tues­days, Wednesdays, Fridays and Saturdays, and will finish off with the Green and Gold game the Saturday of Poly Royal, April 25.

Two key positions that need to be filled are quarterback and tailback. At quarterback Setencich will need to find a replace­ment for starter Robert Perez, who threw for a single-season school record of 1,976 yards last year, but is ineligible for academ­ic reasons. At tailback the Mustangs will need to find a replacement for two-time all­league selection Jim Gleed, and his back-up Carlos Adams, who have both used up their eligibili­ty.

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Thursday 9
The 1987 Mini-Baja West Intercollegiate Off-Road Race begins Thursday at 10 a.m. with static judging of team cars in front of the Engineering Building. On Friday at 9 a.m., noon and 3 p.m., teams will compete in drag race, hill climb and maneuverability competitions in front of the Hangar. Competition culminates Saturday at 9 a.m. behind the Horse Unit with a four-hour endurance race. The event is hosted by the Society of Automotive Engineers and all events are free and open to the public.

Calendar

Wednesday 8
The Cal Poly Fellowship of Active Christian Thinkers is sponsoring a conference on “Christianity and the Modern Mind” today through Sunday. The conference, titled “Authentic Christian Voices,” begins tonight at 7 in the Cal Poly Theatre with the topic “Where Have All the Heroes Gone? The crisis of heroism in modern society.” Tomorrow, the conference continues at 11 a.m. in Room 220 of the University Union with “The Crisis of Modern Humanism: Critical issues facing today’s humanist.”

The Latin American Student Association will present speaker Reginald Gooden, Cal Poly political science professor. Gooden will address “Inter-American Relations” tonight at 7 in Room E-106 of the Science Building.

The Cal Poly Architecture Department will host guest speaker Robert Long, a New York planning consultant and technical editor of Theatre Crafts magazine. Long will address the history and current trends of performing arts theater design in his speech “The Architecture of Performing Arts: Back on Track,” tonight at 7:30 in the ground-floor Gallery of the Architecture and Environmental Design Building. Admission is $1.

The Cal Poly Theatre and Dance Department will hold auditions for five male roles in the one-act play “Goodman, Goodman and the ‘G’” at 6 p.m. today and Thursday in Room 212 of the Music Building.

The School of Liberal Arts and Women’s Week organizing committee present the docu-drama “With Vision, Conversation is a Voice” today at noon and 3 p.m. in Chumash Auditorium. The presentation of dramatic vignettes stars Judith O’Rourke and Teirrah McNair and is directed by Joya Cory. Admission is free.

Registration for craft classes in the University Union Craft Center begins today at 7 p.m. Classes include airbrushing, balsa modeling, ceramics and woodworking.

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Contribution for Calendar must be received by noon two days prior to the event.