Student Senate endorses course review booklet

by Caroline Parems

A course review booklet sponsored by the Associated Students Inc. received an endorsement from the Student Senate Wednesday night.

After making grammatical corrections, the Student Senate unanimously endorsed the student opinion profile program.

ASI Vice President Steve Summer said after the meeting the endorsement of the booklet was a vote of confidence in ASI.

"The Student Senate is saying basically that students endorse publishing and going through the actual student profile," he said.

The senate had voted earlier that evening to approve the resolution on a 22-1 vote, but the Dean of Students Russ Brown pointed out to the senate the resolution had some grammatical errors in it. The senate then voted to reconsider the resolution and make the necessary changes.

The Student Senate's vote of confidence in the proposed course review comes despite a lack of support from the Academic Senate, a group made up of faculty members. Summer said the Academic Senate had refused to deal with the issue of a course review booklet last year.

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Restricted media could bring 1984

by Jesse Chevalla
Staff Writer

The best antidote for protection against a 1984 is a fundamental understanding of civil liberties, said a journalism professor who gauged the accuracy of the futuristic world of George Orwell's novel during a speech Thursday before a capacity crowd at the University Union.

Dr. Randall Murray, head of the Cal Poly journalism department, was the first speaker featured in the annual Communicative Arts and Humanities lecture series. The theme of this year's series: "George Orwell's 1984: Fantasy or Prophecy?"

In Murray's speech, entitled "News and Information Control: How Near is 1984?", he said Orwell's book is neither fantasy nor prophecy, but rather a warning to the media to be individual nonconformists.

Following a quick overview of the book's plot and theme, Murray focused on in the effects mass media can have in the areas of indoctrination and surveillance.

Murray pointed out that in Orwell's book a device known as the "Tea-Screen" acts to keep people in constant fear of surveillance by the government "Thought Police." The television-like device is also used extensively in providing the population with an omnipresent leader who personalizes the state-"Big Brother."

Big Brother is shown to be a model leader enjoying every success. All happiness and virtue is credited to his leadership ability.

In the novel, tele-screen is used as a tool to keep everyone in line with the government's way of thinking and no deviation of opinion between citizens and government is tolerated, explained Murray.

The book's character in Orwell's book is Winston Smith, whose job is to go through newspapers and rewrites history. Smith, a pariah against the government, is punished for his crime—trying to live a life outside the control of the state. Murray pointed out that perhaps Smith is not unlike some of the citizens in some of today's countries. "This is why we have to teach our children why it is important to have free speech and freedom of the press," Murray added.

Funeral set for Saturday

Funeral Services for Cal Poly student Gary Tibbels will be held at 1 p.m., Saturday at the Calvary Church in Paso Robles.

Tibbels, 21 died of massive internal injuries Sunday night after his car was struck head-on by another vehicle on Los Osos Valley Road.

Tibbels transferred to Cal Poly last spring as an ornamental horticulture major after attending Salinas High Junior College for two years.

Committee seeks student reps

The ASI Finance Committee will conduct interviews for student representatives Monday, Oct. 10, in UU 220 at 7 p.m.

The College of Human Development and Education, Communicative Arts and Humanities, Architecture and Environmental Design, Sciences and Math, and Engineering and Technology currently have positions open for student representatives on the Finance Committee.

The Finance Committee meets on Mondays at 7 p.m. in UU 220.

Applications for students interested in serving on the Finance Committee are available in UU 220. Contact ASI Controller Lynette Frediani at 546-1521 for more information.

Emergency post ready to operate

by Michael Wescaster
Staff Writer

The San Luis Obispo County Emergency Operations Center is now completed, and will soon conduct formal drill testing the facility.

Oct. 19 will test the facility's ability to coordinate and control of the emergency activities.

The $1.5 million two-story building will also be the hub for directing activities connected with non-nuclear emergencies.

In case of a nuclear emergency, officials from various governmental bodies and PG&E will receive data pertaining to wind direction and radiation levels.

This data is analyzed by the Unified Dose Assessment Center, on the same floor, and then sent to county officials on the first floor who will decide of possible public action, like sheltering or evacuation.

If an evacuation is necessary, the county officials on the first floor will decide on routes taken and other activities associated with the evacuation.

Members of the Sheriff's Department, Fire Department and other law agencies will also be centered on the first floor.

Members of these agencies as well as the chairman of the board of supervisors, will decide on the direction and control of the emergency activities.

The building has a diesel generator to provide backup power, as well as a battery supply system, providing power to the computers.

The center's communication systems include radio, telephone and microwave relays.
From the world...

Israel accused of breaking pact

BEIRUT, Lebanon (AP) — Prime Minister Shafik Wazzan accused Israel Thursday of a "flagrant violation" of the May 17 troop withdrawal accord and indicated Lebanon might scrap the pact.

Wazzan, in a statement to reporters broadcast nationwide, accused Israel of violating the pullout agreement by its partial withdrawal of troops from the Chouf and Aley Mountains Sept. 4.

"Israel has violated this agreement by staging its sudden, partial withdrawal, which caused the very massive misery and destruction that we sought to avert by speeding up the negotiations to conclude the accord," Wazzan charged.

Because of this "flagrant violation of the agreement, we will not rule out a reconsideration of the accord," he said.

Wazzan added that the Lebanese government has almost mechanically."
Cardinal Cooke dies of cancer

NEW YORK (AP)—Cardinal Terence Cooke, the archbishop of New York and chief chaplain for 5 million Catholics in the city, died Thursday of cancer. Cooke, 62, died in his home behind St. Patrick's Cathedral at 4:46 a.m. after weeks of pain from “acute leukemia complicating a chronic lymphoma condition,” according to the archdiocese.

Cooke became the seventh archbishop of New York and military vicar in 1968, succeeding his mentor, Cardinal Francis Spellman. A year later, Cooke was elevated to cardinal by Pope Paul VI, becoming at that time the youngest cardinal in the world.

House approves water projects

WASHINGTON (AP)—The House approved a $119 million spending bill Thursday for 43 new water projects, rejecting arguments the measure was congressional pork barrel spending at its worst.

The bill was passed by voice vote and sent to the Senate after the House Appropriations Committee short-circuited usual congressional procedure and agreed to finance the project even though Congress has not yet formally approved 30 of them.

The bill provides money for harbor improvements, flood control projects and new barge locks in 22 states.

Chinatown killer gets death

SEATTLE (AP)—Willie Mak was sentenced to death Thursday by a jury that had convicted him of aggravated first degree murder in the massacre of 15 people in a Chinatown gambling club.

The King County Superior Court jury deliberated less than two hours before passing sentence on the 22-year-old Hong Kong immigrant. Mak was convicted Wednesday in the Feb. 19 killings, Washington's worst mass murder.

Aggravated first-degree murder is the only crime in Washington punishable by death. Execution in the state is by lethal injection or hanging.

Under state law, the jury was required to sentence Mak to death or to life in prison without parole.

From the state...

Plane wreckage found in forest

LOS ANGELES (AP)—The wreckage of a Cessna 176 was found in a rugged area of the Angeles National Forest early Thursday and authorities were investigating whether the body inside was that of a missing pilot.

A Civil Air Patrol pilot searching for the missing planes spotted the wreckage shortly before 6 a.m. on 4,700 feet up Mendehall Peak, CAP Lt. Col. Billie Lofeld said.

The CAP was searching for a Cessna 175 missing since it took off Tuesday evening from Big Bear City, about 80 miles northeast of Los Angeles.

A Los Angeles County sheriff's helicopter pilot confirmed the wreckage was located in the mountainous area 15 miles northwest of Los Angeles. Deputy Dave Tedes said.

Oakland teachers still strike

OAKLAND, Calif. (AP)—Mayor Lionel Wilson met with teacher and district representatives Thursday in an effort to end a three-day teacher's strike that has all but stopped instruction at city schools.

In the third day of the walkout, OEA officials estimated that more than 90 percent of the teachers were honoring picket lines. The district's 60 elementary schools were operating on a "minimum day," with classes ending at 1:35 p.m.

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Sensible eating has become a big concern in recent years and retailers are helping consumers to meet the demand.

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Navy Officers Get Responsibility Fast.
Poly students shape up with nutrition

by Kristen Simon
Lifestyle Editor

Photos by Denise Hubbart

It all started with Weight Watchers and Overeaters Anonymous, but today there is a nationwide trend bent on getting America in shape—literally.

In recent years there has been an onslaught of diet groups, gyms, health spas and even restaurants developed to help people control their weight. Whether it’s through exercise programs or frozen Weight Watchers TV dinners, the American public is bound and determined to get (or stay) slim.

To meet the demand, therapy groups designed to help people deal with eating disorders have been formed in just about every major city and small town in the country. Supermarkets are stocking shelves with low-calorie foods and some bakeries are specializing in diet sweets.

With its large student population, San Luis Obispo is no exception. Students are products of a unique lifestyle. Their eating habits are often dictated by the availability of time and the amount of money in their checking accounts.

According to LeNan Leonardo, owner of the San Luis Obispo Diet Center, time is the main influence for most students.

"It’s actually cheaper to eat healthy—McDonald’s can get expensive," she explained.

"We encourage students to make meals ahead of time so they are on hand and easily available." Although there is more emphasis on nutrition in recent years, Leonardo does not feel that students are more knowledgeable about their eating habits.

"It’s unfortunate, but 30 percent of college-aged women suffer from overuse of laxatives and throwing up after meals," she stated. "They’ll do anything not to make the food stick to their ribs."

Angela Paradiso and Barbara Radtke are nutrition educators with the Cal Poly Health Center. Both feel that a good diet has to include exercise or increased activity.

"A good diet is not a fad or trendy diet," Paradiso stressed. "The four food groups have to be considered.

Most students come to us and want a formula for good nutrition, but there is no formula—it takes a commitment," she added.

"Most just aren’t aware of what they should be eating and in what quantities," Radtke explained. "They aren’t making wise choices. For students who eat on campus, the good foods are available, they just need to make the right decisions."

Most experts agree that eating right doesn’t take a lot of time, it just takes knowledge and awareness.

Sarah Burroughs teaches a beginning nutrition class (Nutrition 210) which helps students to understand the value of nutrients and how the body uses them. "It’s fact versus fantasy," she said of the course matter.

"My guess is that students come (to class) more aware of nutrition and its role in health. I truly feel the public is better informed."

"Five different majors are required to take this class, but about half of the class is there because they are interested—not because they have to be there," she added.

Burroughs agrees that the pressures of time are a big concern for students. But she also feels that everyone should make the time to eat right.

"Low calorie convenience foods fill a need for some people," she explained. "Some need assistance."

In answer to this need, the Health Center, as well as the SLO Diet Center, counsels students on how to grocery shop more effectively.

"We don’t encourage or discourage convenience foods, rather we lay on the facts and let students make their own choices," Radtke stated.

Burroughs stressed that nutrition is not the only factor in today’s health-conscious society. "There is no senseible way to talk about diet without somehow incorporating exercise."

In San Luis Obispo there is a wide variety of gyms and exercise classes available, but there are also large opportunities for self-motivated activity—such as tennis, cycling or swimming.

What about vitamin supplements? Burroughs explained that the average person does not necessarily need them. "But with a student’s pattern of hit and miss meals it wouldn’t hurt to take a oneday type supplement.

"I hope students understand that there is no magic in nutrition, but well-nourished people do better in the long run," she added. "It’s a positive thing you can do for yourself."
Counseling Center finds new home

by Becky Marr

Staff Writer

The Counseling Center is settling into its new home in Jepperson Hall, near Mustang Stadium. The same free services are still available. The catch is there is now more room to provide them.

Those programs which utilize the two-way mirror room, for example, benefit from the added space according to counselors at the center. Jepperson's many windows add dimension to the center said one counselor. "The atmosphere is different," said Dr. Lois Dirkes. "The offices are more inviting and open." Dr. Dirkes feels Jepperson's visibility will enable more students to become aware of the center. "This [College Avenue] is a busy street," she said, as students passed below the second story window in cars, on bicycles, and on foot.

Jepperson's renovation was completed shortly before Fall Quarter. Funding for the project was provided by the Cal Poly Foundation through a proposal to President Warren Baker according to Facilities Planning Director Doug Gerard. Money is received by the Foundation as undesignated gifts from alumni and friends of Cal Poly, he said.

Unlike funding for the Counseling Center, money realized through minor savings enabled the renovations to occur. Planning Facilities identified funds from last fiscal year said Gerard.

Applications available for Miss SLO '84 pageant

Young women between the ages of 17-26 who live, work or go to school in the San Luis Obispo area are encouraged to try out for the Miss San Luis Obispo Pageant '84.

Interested enthusiasts should pick up an application at the Chamber of Commerce at 1039 Chorro or at Bob Gordon Floral Design Studio at 1632 Montana.

Applications will be held Monday, Oct 17 at 7 p.m. at the Monday Club located at 1815 Monterey.

The pageant will be held Jan. 21, 1984 and the contestants will compete in three categories: talent, swimsuit and interview.

For additional information contact Connie Rinn at 644-248.

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Sports

Spikers host UOP, Cal
by Brian Bullock
Staff Writer

The Cal Poly women's volleyball team will meet the University of Pacific Tigers Friday at 7:30 p.m. in the Main Gym, in what Mustangs' head coach Mike Wilson calls "a very critical match."

Wilson said the Tigers are a very experienced team, who have had four out of six starters playing together for three years now.

"They've experienced about all that you can in the game of volleyball together, while we're still trying to find a line-up that will click," said Wilson.

"The Tigers finished in a tie for fifth in the nation last season and with five starters back from last year's team, they will be as tough as ever.

"In the fourth game only to surrender the last seven points of the match. Wilson said he is hoping the Mustangs' serving improves compared to last week's performance against USC. Adding it is the Mustangs' inconsistent serving that hurt the team against the Trojans.

Saturday at 5:30 p.m., the Mustangs will take the floor in the Main Gym against the Golden Bears of Berkeley.

Berkeley finished tenth in the nation last season and, according to Wilson, the team hasn't lost many starters, so the Bears should be very tough.

However, Wilson is expecting a good match on the part of the Mustangs.

"If we can pull off a double victory this weekend, it will do wonders for the team," he said.

Again Wilson said he would like to see some more crowds about the same size the night Poly played USC. Admission is free to all students with a Cal Poly I.D. card.

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Peace Corps

Representatives from the Peace Corps will be on the Cal Poly campus next Monday, Tuesday, Wednesday, and Thursday, from 9 a.m. until 5 p.m., at the University Union Plaza.

For more information call 805/46-1320.

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Health Card Sales Extended to Nov. 22nd
Getting ready to televise Saturday afternoon's Cal Poly University football against the UC Davis Aggies.

The Aggies are airborne much of the time, but they do have a talented running back in Shawn Rogers, who has averaged 375 yards in total offense, 149 on the ground and 226 via the air.

Barry's opposite number, Cal Poly's Tim Snodgrass, also has the ability to light it up regularly. The Mustang offense has chewed up 362 yards of real estate per game, with Snodgrass throwing for 824 yards (69 of 103 on the season). Brian Gutierrez has paced the running game with 412 yards through four games, including 119 last week.

The Aggies have given up only nine points in three games, so Sanderson knows his offense needs to be hitting on all cylinders.

Davis is a very good defensive football team. Everybody talks about their offense, but their defense is extremely tough. Cal Poly has the size advantage, but Davis has a quick defensive unit which could give the Mustangs problems.

The Mustangs have to use the defensive tactics they have been using to keep the Aggies offense off balance. The Mustangs have a tendency to force the Aggies into big plays which are difficult to make. The Mustangs have to make sure they don't force the Aggies into situations where they have to make big plays.

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