Support group helps cope with drinking problems

by Michael Weckler
Staff Writer

Alcohol is a problem for Cindy. She doesn't show it, but alcohol is affecting her life — not because she drinks, but because her husband Bob does.

Cal Poly's Alcohol Support Group is concerned with helping people such as Cindy, not a real person, cope with their problem. "Until recently the family member was overlooked because the alcoholic has the obvious problem," said group co-leader Maureen Shea. The program is intended to provide a comfortable atmosphere where members can share their feelings in an unstructured way. All meetings and the members names are confidential, Shea said.

The loved ones of alcoholics sometimes take on certain behavior patterns to cope with their problem, Shea said, and this behavior is often harmful to the individual involved.

"How they relate to people is directly linked to the problem," she said, adding that sometimes these people become overachievers or even alcoholics themselves.

One type of behavior pattern is "enabling," usually assumed by a spouse, Shea said. Enablers will telephone the workplace for the alcoholic to make excuses for his absence.

Wear a plant, conserve energy

by Maria Casas
Staff Writer

Green is in! How about going to the beach looking sharp with a fishing pole and umbrella made of leaves and bamboo sticks? Or maybe a body scarf or hat for that special date? Students in Advanced Plant Composition constructed these devices to preserve personal energy with the use of plants. Associate professors Richard Zweifel and Dale Stulliff of Landscape Architecture developed this exercise to break the ice in the class and lead students into awareness of the relationship between plant composition and landscape architecture.

The patio by the old library was filled by a chorus of laughs as students stopped to see the green contraptions and listen to their instructor's explanations of their energy use.

Lowell Kline invented a game he wore on his hat. It consisted of plants that were woven together with flowers attached. When the time came to play he just took the hat off, removed the flowers and flattened the rest on the ground. Each person would get six flowers attached.

Ramps cleared for freewheeling

by Teresa Mariani
Staff Writer

Complaints about bicycles blocking access ramps at Cal Poly dropped last quarter as a result of the Bicycle Patrol's new policy on impounding illegally parked bikes.

Since last October, Bicycle Patrol members and the Public Safety Department have ordered maintenance workers to cut the locks and impound illegally parked bicycles. Cyclists must pay an $8 fine to recover their bikes.

Public Safety Investigator Wayne Hall said the department doesn't keep statistics on how many bicycles are impounded. "I'd estimate maybe six to a dozen (per quarter) have to be taken from ramps, buildings and walkways," he added.

While it is illegal to park bicycles in buildings and on lawns, bicycles chained to the railings on access ramps caused the most problems at the start of fall quarter.

"The problem is when you have a student in a non-motorized wheelchair and the student must grab a railing to pull himself up the incline," Hall said.

With bicycles locking the ramps, some disabled students had to call for help, he explained.

A second problem arose when the Bicycle Patrol was cut to two members during fall quarter because of lack of funding. Hall said the patrol was unable to look for illegally parked bicycles in areas other than the handicapped access ramps and concentrated on clearing the ramps.

However, the Public Safety Department recently received a $3,022 grant from the Parking Committee specifically to increase the Bicycle Patrol program. Hall expects the department to hire new patrol members and begin policing other areas of the campus.

It works sort of like the carrot before the horse; the orange before the landscape architecture student. Vicki Schmedding demonstrates the "personal energy conservation device" she constructed entirely out of plant material for Richard Zweifel's class for an appreciative crowd Wednesday.

Willow hats?

Support group helps cope with drinking problems

by Mary Hennessy
Staff Writer

The Women's Collective, a once-defunct discussion group, is being revived on campus by a graduate student who feels women need a place to voice their opinions.

"My goal is to start and organize the collective so that women can discuss issues in a supportive environment," said Vivian Sudney, adding that "The women who attend the meetings will decide the direction in which the group will move."

Sudney decided to create the collective when she discovered the previous Women's Collective had disbanded.

"When I came to California from Maryland three years ago there was a collective group at Cal Poly that I knew of because my sister went here," she said.

Sudney began publicizing for the collective's first meeting after Dr. Willie Coleman, Assistant Director of the Activities Planning Center agreed to help her find an advisor.
Stanislaus Canoe/Caving Trip
ASI Outings is sponsoring a canoe trip from the Stanislaus River Canyon through the Sierra foothills with side trips to local caves along the canyon from Jan. 14-16. Cost of the trip is $30 and includes food, transportation and canoes. For sign-ups and further details, come to the Escape Route downstairs in the U.U. or call 546-1087.

ASI Films
ASI Films will soon be showing two films. "Night Shift" will be shown on Friday, Jan. 7 at 7 and 9:30 p.m. "The Best Little Whorehouse in Texas" will be shown on Wednesday, Jan. 12 at 7 and 9:30 p.m. Each movie costs $1 and will be shown in Chumash Auditorium.

Weight Control Group
The Health center Nutrition Educators are holding a Weight Control meeting titled "Change Your Habits to Change Your Shape" on Wednesday evenings from 7 to 8 p.m. The groups will discuss such topics as behavior modification, importance of exercise, low calorie recipes, and assertive behavior. Sign up now at the Health Center Front Desk. The meetings are held in Home Ec Room 126.

MECHA
The Chicano Commandment Committee will be discussing a calendar of events and other important issues in U.U. Room 12M-216 at 8 p.m. on Monday, Jan. 10. All graduating seniors and undergraduates are invited to come and participate in this year's event.

Ecology Action Club
The Ecology Action Club is asking all bleeding-heart, knee-jerk liberals to come take part in the liberal backlash against environmental destruction. Bring your ideas, energy, and body to Science North Room 201 every Tuesday at 11 a.m.

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Jazz society awards Poly dixieland musician

A junior architecture major won a $500 scholarship from the Central Coast Hot Jazz Society toward the improvement of his musical ability. Joseph McHale won the Society's annual scholarship after the group reviewed a number of applications. He was given the award at the group's Dixieland Jubilee by the box, held at Pismo Beach each October.

McHale's interest in music began in elementary school, playing piano and

Fellowship program funds minority graduate study

The CIC Minorities Fellowships Program will award more than 50 four-year fellowships in 1983 to minority students seeking doctorates in a wide variety of fields in the social sciences, humanities, and the sciences and engineering.

The fellowships provide full tuition and an annual stipend of at least $5,000 for each of four years. Sponsored by the Committee on Institutional Cooperation (CIC), the consortium of the Big Ten universities and the University of Chicago, the fellowships may be used by any one of the 11 CIC universities to which recipients have been admitted.

Students from underrepresented minority groups who intend to pursue advanced degrees leading to a Ph.D. in the social sciences, humanities, and science fields covered by the program are eligible to apply. A total of 25 fellowships are available in the social sciences with fellowships also awarded in the humanities and the sciences programs.

The deadlines for applications for Fall, 1983 is January 15, but students are urged to apply as early as possible. A unique one-step application procedure combines on a single form application both for the fellowship and for admission to any of the CIC Universities.

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From page 1

Two Cal Poly business school professors are the authors of a new book intended to lend a hand to give students and managers a systematic introduction to the design, structure, and management of organizations.

Authors Ralph B. Rogers and Robert H. McIntire are members of the Management Department, which McIntire heads. Their book, Organization and Management Theory, is designed for both undergraduate and graduate courses in management and organization theory. It is published by John Wiley and Sons, New York.

Teachers turn author at Poly

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New policy adds to ramp access

From page 1

"You'll see some new innovations coming out," he said. "We'll be hiring two, three or four Bicycle Patrol members specifically to keep the bike lanes clear and the pedestrian lanes free of bikes."

Keeping the handicapped access ramps clear will continue to be the patrol's first priority this quarter, Hall stressed. Patrol members are not eager to cut locks and impound bicycles, but will authorize it if bicycles are blocking access for students.

"Usually it's the bike that's been tagged and warned again and again that gets impounded," Hall said.

Most students claiming an impounded bicycle aren't angry with patrol members, Hall said. "People feel pretty rotten when their bikes are taken from the handicapped racks anyway. When they think about it, they realize they were pretty selfish."

Collective returns

From page 1

"I just started this thing so I don't know what the response will be or what to expect at the meeting," she said. "I'm considering speakers and maybe comedians, but it will be entirely up to the group."

Sudbury emphasized that the club is not solely for feminists. "The group is open to all women whether they are feminists or not," she explained. "In the past, more feminists have come out, but the collective will support women's issues first and feminist issues second."

If it doesn't exist when I leave, I at least hope that what I have done will encourage someone else to take the initiative and perhaps start another one," she said.

The Women's Collective will meet Tuesday, Jan. 11 at 8 p.m. in University Union Room 216.

Program aids loved ones of alcoholics

From page 1

"They don't allow the alcoholic to face the consequences of his drinking," she added.

Another type of behavior is adopted by the "rescuer," Shea said. The "rescuer" is "someone who always tries to patch things up. They are always there when someone needs them," she added. Recuers are the type of individual who always tries to get things under control.

As these people grow older, they often question the way they live their lives. The ways they had of relating to people and themselves no longer work. "Some areas are left unattended to," she said. Most of these people are not emotional cripples, Shea said, "but they can benefit from the group."

The main idea of the group is to help members get "a better understanding of themselves...help them get more in touch with their feelings, and help them express those feelings," she emphasized.

Meetings will be held every Tuesday from 1:00 to 3 p.m. Those interested may contact Joan Cirone at the Health Center, Monday through Friday from 8 a.m. to 5 p.m., or Maureen Shea, on Mondays from noon to 3 p.m. at the Health Center, Ex. 1211.

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Cal Poly loses to No. 1 Hawaii

Oh, but what a try

Photos by David Middlecamp

Home 15, Visitor 5.

There it stood, in bright red lights on the scoreboard. And there also stood 1,156 fans showing their appreciation of the outcome in the first game of the Northwest Region NCAA Division I Volleyball Finals. It was Cal Poly versus the No. 1 nationally ranked University of Hawaii in the Main Gymnasium. The Mustangs, who had lost miserably to the Rainbow-Wahines a month earlier, had a 1-0 lead in games. An upset? Well, there was hope.

But on the December 11, 1982 evening, Hawaii would not lose another game. The Rainbow-Wahines, led by returning All-America standout Delvre Collina, came back to win the ensuing three games 8-16, 12-16, 6-16 and the region title.

The suspense of the Mustangs' Big Match against Hawaii is caught in a moment, Wendy Hooper (left), Lynn Kessler and Tina Taylor (right) watching a Rainbow-Wahine shot as if hoping the ball may disappear.

Carrying the pulse and pace of the match in its reactions, a crowd of more than 1,100 watch as Hawaii wins a point.

Senior hitter Tina Taylor celebrates the dramatic volleyball career with a hug from a friend.
Women's basketball tonight

Dry spell ends as Poly hosts Fresno

by Mike Mathison

The last time the Cal Poly women's basketball team played at home there were still 41 days left in 1982. We are now six days into 1983. You don't have to be a math major to realize that's a long time.

"If I find it very difficult to schedule here," head coach Marilyn McNeil said, "I have to wrestle with both men's basketball and wrestling. Three years ago I tried to schedule for the first weekend in December and I got kicked out for a high school wrestling tournament. I haven't been back since. The big northern swing is also for the families of the kids we recruit, so they can see them play. I started scheduling for next year, and I've done it again. I do find it easier."

Senior Pat O'Donnell breaks down opponent Dale Krzmarzick of Oregon State on the way to a 6-3 win.

Volleyballers lose last match only to the best

From page 6

Hawaii eventually beat the USC Trojans, 9-2, to win the National Championship.

In the third game of the match the Mustangs held an 11-9 advantage. Four points would give the hosts a 21-lead in games and one game away from the biggest win in Cal Poly history. But the Mustangs could not reach point No. 13 until the visitors had taken a 14-11 lead.

In game four, the Rainbow-Wahines jumped to a 7-4 lead. Poly closed it to 9-6, but it was as close as the Mustangs could get.

Head coach Mike Wilkons and his Lady Mustangs finished the year at 29-13, tying UCLA, Purdue University and Pacific for fifth in the nation.

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Marching on

The political cartoon shows President Reagan walking down a street surrounded by secret servicemen, while saying to an aide, “If we keep on with the arms race, after a while the Russian economy will collapse.” Behind him business store fronts crumble under the load of “Closed” signs while a group of protestors call for jobs.

The cartoon does not exaggerate. Reagan’s obstinacy in preserving his massive defense spending plan while destroying social programs borders on fanaticism. Now, with a possible deficit of over $200 billion dollars next year he wants another $30 billion cut from non-defense programs in order to keep the deficit that much lower.

The mark of a good society is that those who are financially comfortable support and help those who are less fortunate. Reagan, on the other hand, clings to an arcaic notion of a society in which everyone is able to take care of themselves. He has not learned that a “free market” died in the late 1800’s and thinks that by rewarding business with tax cuts, business will help society by hiring more people as it conserves its savings.

Thus, he continues his quest for military superiority by disregarding the individual human and social costs, blind to the havoc and destruction his policies create. He ignores iniquitous tax laws that allow rich taxpayers and corporations to escape a fair share of federal taxation. It appears that there are some people who can take care of themselves. Unfortunately they don’t need the help of the ones who do are being ignored in hopes they will go away.

No one wants a huge federal deficit. But Reagan’s sacrificing social programs for a ballooning white elephant military budget is not going to get us out of this mess.

It is going to take a long time. Instead of finding the cures. Complaining and putting the blame on the President? No, not realistic. We need solutions and teamwork.

Ain’t it funny how we blame all of our problems on the President? But has anybody given us an alternative to both of the last administrations’ policies? Can anybody claim that he/she knows exactly what has brought on this near-depression and can unmistakably trace it back to Reagan?

Face it, getting into this recession was a team effort. It took 250 million Americans a decade of determined effort to get ourselves so screwed up. We also had a little help from OPEC, Japan, Taiwan, Vietnam, and others.

Furthermore, it will take a joint effort to get ourselves out of this mess, and it’s going to take a long time. Instead of blindly blaming the President for our problems, we should search for the real causes and ask for presidential help in finding the cures. Complaining and finger pointing won’t solve our problems. We need solutions and teamwork.

Ain’t it funny how we blame all our problems on the President? No, not really.

William Zellmer is a fourth year architecture major and is on the Cal Poly debate team.

Letters

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