The flea and fruit fly infiltration

Stories on page 4
Oil, oil and trouble

It was just three short years ago that the Arab nations declared an oil embargo and changed the United States economy into an energy crisis." Americans learned a hard-earned lesson, it was thought. But did they?

Today, as OPEC prepares for its December meeting to consider another oil price hike, the thought arises that the Arab oil producers might just think the Americans need another jolt. We don't encourage it. But they might be right. If anything is obvious today, it is that the United States has done little to solve its energy problem. Complacency has not yet given way to urgency.

At oil economist A. J. Mayer put it in a meeting at Harvard University this spring. "The shift to an alternative to crude oil—which has to come in time—goes on at a maddeningly slow pace," he commented.

But if Americans do not get cracking on a comprehensive national energy program soon, the elections are over; they may find Saudi Arabia and its fellow producers impatiently reaching them again. Excerpted from the Christian Science Monitor

Editor: We are outraged by your writer's characterization of crude oil as worthless. Further, we question the writer's factual credibility.

The story of the crude oil crisis was not a beautiful woman...was weakened by ages, another Edith Bunker style," is a mark of nastiness. Beasts, as well as style, is in the eye of the beholder. Consumers of taste asserted that the value of fine wine is directly related to its age. To compare Edith Bunker, in any manner, to Ms. Brooks, a Pulitzer Prize winner, is another example of tastelessness.

The love that Ms. Brooks inspires need not be missed by a volume of poetry compiled by major Bunker correspondents in the honor. Being awarded the Pulitzer Prize attests to a universal love of her work.

Rhonda Barlow
Jerry Williams
Jenifer Turner
Chenese Jones
Paul Turner

Our readers write

Editor: This year, we Californians are being asked, by way of Proposition 13, to approve of the savage practice of dog racing. Dog racers are asking us to make California their shill's killing ground.

Dog racers claim to be humanitarian, but the records show that their dogs only cash too in a profit-making scheme. Last year in Arizona, dog racers threatened to slaughter 200 of their dogs a month against the size of the purses being offered by the Arizona Greyhound Racing Association. Dog racing is highly competitive, and racing greyhounds are expensive to breed and keep. Last year nearly 50 percent of all potential racing greyhounds were cruelly destroyed before they even reached a track, only because they weren't fast enough to guarantee a profit to their owners.

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BE A DISC JOCKEY
(Headliner, Headliner, Headliner, Headliner)

The CENTRAL COAST RADIO WORKSHOP will be conducting learn-by-doing, on the air training of KSLY/KUNA Radio. The workshop teaches all the skills of radio in small select groups, with students actually going on the air at KSLY/KUNA with their own shows. For information call:

KSLY/KUNA, 3915 S. Higuera, S.L.O.

LA FIESTA RESTAURANT
The finest in Mexican food at the best prices in town.

Dinner served 4-9 p.m.

208 Higuera S.L.O.
Drugs may be spoonful of danger

by MERRIL McCArTY

Of two drugs recently discontinued by Poly's Health Center has been continued while containing a description of a possible danger.

The first named drug is phenacetin, a pain reliever. Although the drug is still sold, per

spectives in its use are not given.

Phenacetin has been in use for about 75 years, mostly as part of the APC tablet, which includes aspirin and acetaminophen. When television scientists say two pain relievers are safer, he is talking about the APC tablet.

"Phenacetin is the only buster that angers," said Darryl Bennett, pharmacist at the Health Center, "and is more toxic in the body than aspirin.

Phenacetin has been linked to several kidney diseases and is a possible form of cancer. The drug is said to contain a carcinogen.

"We dropped phenacetin five or six years ago," said Bennett, "I don't see any reason to have it around. I don't believe we have phenacetin in any drug in the pharmacy."

Neither does the Health Center use APC tablets, according to Bennett.

In place of phenacetin, said Bennett, the Health Center uses a related drug, called acetaminophen. The brand name for acetaminophen is Tylenol.

"Tylenol can be toxic," said Bennett, "but it is very rare." He added that

Tylenol and aspirin combined are often more effective than either drug by itself.

The other drug recently under question is estrogen.

Estrogens are a female hormone that is contained in birth control pills and is also given in a pure form to older women experiencing menopause.

When used in its pure form estrogen has been related, comparatively, to various forms of cancer in women.

The policy of the Health Center for dispensing estrogen is no policy, according to Dr. Wayne Ball.

"Every physician on our staff is qualified and licensed to practice medicine in the state of California," said Ball. "If a doctor feels such treatment is required then he may prescribe it.

"It may be 10 to 20 years

(Continued on page 6)"
**Fruit flies buzzing county...**

**by WENDY HILL**

**Daily Staff Writer**

If you've been seeing quite a few flies and found the honeydews appearing on the window-sill, you're not alone. Due to early rains and a number of years with a high influx of fruit flies invading homes and businesses all over San Luis Obispo County, there is an unbelievable number of flies.

In light of the fruit fly epidemic digging in on San Luis Obispo County the adage should read — good thing come in small packages. Though they are numerous, the issues of fruit flies are Jim Hallett, Insect Control Specialist within the Crops Department, gave a one-plus-one formula to explain the fruit fly problem. "Along with the early rains, the other factor is all the rotten fruits and vegetables."

This heavy rain left fields of tomatoes, grapes and peaches waterlogged while the heat up against the decomposing process. Flies are attracted by the scottie acid formed from overripe fruit, providing a prime location for egg laying and feeding.

While this "living laboratory" with the flies is wonderful for entomologists, it's bugging everyone else.

The flea season is now peaking. April to November is the flea season, and ask any scratching college student or county resident and they'll tell you those "messy bugs" are everywhere. Flea problems are developing in severe amounts under carpeting, leaing on organic debris found on floors.

Another resident of San Luis Obispo claimed the fleas are developing an immunity to various flea powders and sprays. Dr. Steven Jefferson, a veterinarian at McCayes Veterinary Hospital and Boarding Kennel in San Luis Obispo said it's "true to a degree."

"A type of powder I have used for years isn't as effective as it once was," said Jefferson. He attributes this unusually high number of fleas requiring more powder to carry them before.

Dr. Opal of Cuesta Park Veterinary Hospital agrees with Jefferson. He says fleas are tougher to kill this year, but it's because there are more fleas this year. "Fleas thrive in hot, moist weather," he said.

**by SANDY NAX**

**Lansing Staff Writer**

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**Unpublished Carter interview draws Republican fire.**

LUBBOCK, Tex. (UPI) - Sen. Robert Dole Wednesday criticized a new, unpublished interview with which Dole described as showing "a disgraceable habit of uncomprohsable honesty.

The Republican vice presidential candidate told a Texas Tech University audience that the Ladies Home Journal has prepared an interview, a copy of which he read, "which Carter talks about former President Lyndon B. Johnson.

Dole said the article, to be published shortly, will quote Carter as saying Johnson is a man knows so well, I feel sure about myself deep inside.

"Johnson never felt secure inside, especially around the Eastern Establishment such as the pressmen, experts, managers, and media people and that's why they get him in the end."

"I don't feel ill at ease in a Harvard professor's home or when I'm walking with the experts on foreign policy or economics when I'm with the leader of any group."

An advance copy of the magazine confirmed Dole's quotes from an unpublished interview with Doris Kearns Goodwin, who wrote a book of Johnson.

Dole said Carter had criticized Johnson in the newly published interview and then apologized to his writer, Bill Bri Johnson.

"Instead of passing over campaign blunders, Carter has a penchant taste of politics," Dole said. "They would be a more fitting symbol of his campaign and they have not used the same words."

Dole's attack on Carter came after two days of Carter and Texas Republicans were unanimous in President Ford's presentation in Kansas City.

"Men considered the worst American in South Texas," said a book of Johnson.

He visited a Mexican market in San Anotio where he invited to break the traditional Mexican potatoes with a high. The paper-thin potato was shaped like a donkey and spayed peas in the shell when Dole returned.
Rick Williams: Former FM favorite

by PAUL JARVIS
Daily Staff Writer

(EDITOR'S NOTE: This is the final article in a two-part series reviewing the lives of two popular AM and FM disc jockeys in San Luis Obispo.)

One of the "founding fathers" of KZOZ, Rick Williams has completed his last hour on the air of the FM station. Last Friday was his last day.

Williams claimed he was phased out of the program when the new general manager brought in his wife as music director. He said he was given no explanation. "He just simply said that's radio," Williams said. "I was ready to move on to a larger market anywhere." Williams will soon move on to a new job in Los Angeles or San Diego area.

Williams was an instrumental pioneer in helping to fill a real void in San Luis Obispo radio.

"People wanted to hear rock 'n roll music and not just top forty stuff. Everybody likes to hear more records because it's costly to just go out and buy them."  

Former KZOZ disc jockey Rick Williams. (Daily photo by Ray Chew)

"I could interpret this as a kick in the tooth or a kick in the pants," an anonymous friend. "I wouldn't put it that way."

"It's a joy to get paid for this, although the salaries are low. Only someone can afford to stay in San Luis Obispo. But he conceivably raise a modest family on that income."

"I'll be moving on to a new job in the Los Angeles or San Diego area," Williams said. "I am instrumental in helping to fill a real void in San Luis Obispo radio."

"People wanted to hear rock 'n roll music and not just top forty stuff. Everybody likes to hear more records because it's costly to just go out and buy them."

The main thing most progressive FM disc jockeys try to do is put together some conceptualized type of music set.

"I usually work with the DJ and his own personal acts. They hopefully get to know him or her personally.

"It's a comment on Captain Baff's contention that a listener doesn't want to hear someone who is just like him, and on this (the listener's): sense level.

"I try to get some kind of feel, not something like Bruce Springsteen followed by the Carpenters, just to play sets which are consistent thematically, visually, and melodically.

"It's a challenge, I never know what I'm going to play or do. Sometimes I'll think of artists or certain songs I'd like to play ahead of time, but the shows are never really planned."

"The FM job is more low-key because more emphasis is placed on the music itself. Would Rick Williams ever consider being an AM disc jockey?"

"Yes if it was at the right station. One that is not ultra-commercial."

"We're using a Hawaiian print shirt, white pants, and no ahoo, sod the future of KZOZ."

"People wanted to hear rock 'n roll music and not just top forty stuff. Everybody likes to hear more records because it's costly to just go out and buy them."

"I try to get some kind of feel, not something like Bruce Springsteen followed by the Carpenters, just to play sets which are consistent thematically, visually, and melodically."
Questa co-op: land of milk and honey

by EDDIE BARDOLOMA
Daily Staff Writer

For those people who wish to escape the store and serve of "economy" hard stores, as well as additive-ridden supermarket produce, there is an alternative.

The local co-op, Questa Food Cooperative, which has been in existence in San Luis Obispo for the last five years, is a non-profit, member-operated organic food store and vehicle.

As with many other food co-ops, Questa buys food directly from the wholesaler and distributes it to members with just 1 percent markup to cover the costs of overhead, thus eliminating the middleman.

Some of the food available at the co-op is grown locally, although most of it is shipped in from Santa Barbara.

The organization has grown over the years from a modest pre-order household co-op with one a month bulk orders to a store operation and warehouse that features regular pastured hours. Only members are allowed to buy.

Questa worker Arthur Kohn estimates that most members are working class with a possible number of senior citizens comprising the ranks. Home base for the Questa Co-op is a simple wooden warehouse at 500 Prisco Road. The shelves are bare because of the large selection of whole grains, eggs, dried fruits, honey, dried fruits, nuts, and other natural dairy products, fresh organic produce, juice and natural baked goods.

A live view of the individual produce in space is common in the store's various inventories. They call themselves "an alternative" to corporate monopoly of control of the food system, a system which the consumer can blame for high prices, wasteful and deceptive packaging, overlarge selection of whole grains, eggs, dried fruits, honey, dried fruits, nuts, and other natural dairy products, fresh organic produce, juice and natural baked goods.

Bill Spoelstra, manager of a local supermarket, says, "These statements are out of line. We're not out to screw the people." Spoelstra feels that the industry is being blamed for something that isn't the supermarket's fault. He sees the situation as "inability to compete in the market.

If it sells, we'll put it on the shelves," remarked Spoelstra.

He said that junk foods and non-nutritional packaged products are what consumers want.

Nevertheless, Spoelstra admits that there is a definite place for the food co-op system as well as for the supermarket system. Supermarkets specialize in services to people who want and can afford it. Co-ops specialize in the basic ingredients of life, without the fancy trills and frills.

How much is actually saved by eliminating supermarket extravagance?

According to Questa College Dairy Bruce Walsen, as much as 25 percent overall.

"I joined," says Walsen, "because I wanted a chance to buy healthy foods which are, at reasonable prices, and which I could definitely afford and they gave me a chance to purchase my own and I could afford it.

Retired Cal Poly instructor Robert Smith commented, 'It's good for people who live on a limited income.'

Both compared the price of good milk at the co-op with the price of the same product found at another health food store's own.

He found that what sold at the other store for 10 cents could be bought for 25 cents at the co-op store.

While all this sounds like a good deal, many people don't want to have to think about the process by which the food is grown, or the who makes the supermarket and shop.

"As they say in the handout, 'Questa is not for such people.'"
Performance Lab checks effects of exercising

by MIKE McCLANAHAN
Daily Staff Writer

At first, the Human Performance Laboratory resembles a cross between an exercise room for jocks and a mad scientist’s lab full of exotic apparatus. Actually the laboratory, located upstairs in the Men’s P.E. building, provides the opportunity for upper division physical education students to apply their knowledge in a practical manner.

Under the direction of Dr. James Webb, the lab also furnishes an area for research into the fields of exercise physiology, biomechanics (study of movement), and tests and measurements.

“We’ve been involved in many projects in the Performance Lab lately,” said Dr. Webb, who has a Ph.D. in physical education, “including studying the effects of physical exercise and various training on the human body.

In a recent study, we’ve been looking at the effects of physical training on the menstrual cycles of female athletes. It’s theorized that very severe training appears to throw off the cycle.”

In the lab, a number of machines are used to observe the effects of stress and strain upon the body. To measure work capacity, a treadmill is used — which is basically a motor-driven belt — upon which the subject walks or runs.

Another learning apparatus is the bicycle ergometer, which simulates the movements of cycling. It has certain advantages being inexpensive and mobile. This machine is easier and less stressful than physiological indicators such as electrocardiograms (recording electrical heart impulses) and blood pressures.

The ergometers employed to measure respiratory function, heart rate, oxygen intake and maximum breathing capacity. Essentially the ergometer involves releasing pure oxygen into the airway, oxygen container with a valve attached for systematic recording. Respiratory muscles have utilized pulmonary function measurements to compare groups such as smokers and non-smokers, males and females, age group swimmers and non-swimmers and young swimmers age versus age males versus females.

Strength testing is another major function of the lab. It involves a collaboration tests applied to the subject to measure the strength of individual muscle groups. These are the upper and lower body strength and muscle strength because the strenuous effects of training upon their bodies. Students are tested for muscular strength, flexibility, and coordination.

“With all the data we assemble from the various stress indicators we can assess the degree of training or overtraining. There is a very fine line between just enough or too much. Sometimes it’s better to train just a little hard sometimes. But the key is to train just a little harder than what everybody else adapts at different rates. A race against oneself is the way to go. Many of the stress indicators include one of the best — the heart beat.”

Dr. Webb, who is an expert in stress involving the balance of sodium potassium in wrestlers. Apparently the level of sodium potassium is directly related to normal muscle function. These levels are being studied to determine what relationships might exist.

A high-speed bell and Howell film camera is also employed in the recording of movements skills. Direction of movement, speed and angles can be determined by this equipment. In addition, the lab utilizes a phased sequence camera.

Dr. Webb is a part-time referee in the National Hockey League. He has attended many games and has been a part of the NHL’s expansion of the facilities and the acquisition of a new venue for the team. He’s been to more than 150 games when he comes to research, we take a book east in the UC library and come back on time or we lose.

Dr. Webb is also in the process of developing a program on his residents that will be submitted to various colleges and universities. Dr. Webb is working on a project that will be expensive and is still in the planning stage.

After a small tour and some explaining the mad scientist’s laboratory is to be a very practical, educational aid. Dr. Webb is a very practical researcher, who is utilizing the Human Performance Laboratory to its fullest.
Rugby benefit games

Rugby fans should mark Saturday, October 30th on their calendars when the Cal Poly Rugby Club takes on the San Luis Obispo Mustang Stadium Renovation Program, Conner representative of the County Rugby Club between 1300 to 1545 according to Terry attend this weekend at Cal Poly.

Football team in first swimming pool

Mengc plays on the field below the California Collegiate Athletic Association. Saturday's games are at 11:00 a.m. and 11:30 p.m.

Sporta fans get a choice of tickets to attend this weekend at Cal Poly.

Women's volleyball - the Mustangs take on the University of Arizona in the upper courts behind the main gym at 3:00 p.m.

Women's tennis tryouts

Any woman with a competitive tennis background is urged to tryout for the Women's tennis team. Tryouts are being held Tuesdays and Thursdays in the upper courts behind the main gym at 11:00 a.m. and 1:30 p.m.

Intramural swim meet

There will be an intramural swim meet with races in the crawl, backstroke, and relays, etc. Oct. 6th. In the men's league. The prices are $5 and everyone is invited.

The time: 8:00 p.m. - 8:00 p.m. Sign-ups are in the intramural office.

LA's bid for Olympics given mixed reviews

The possibility of Los Angeles hosting the 1988 Olympics has drawn mixed reactions from city officials and could eventually provide a forum for city taxpayers. Los Angeles has made an unofficial approach to the International Olympic Committee to host the 1984 Olympics, according to UPI. President Ronald Reagan said that the IOC has received approaches from both Los Angeles and Tehran, but official invitations will not be sent out until 1987 and the site for the 1984 Olympics will be chosen in Athens in October, 1979.

According to the Los Angeles Times, several city officials, headed by Mayor Tom Bradley, said it is too early to make concrete decisions. An assessment of city costs and "political implications" would need to be looked at.

Others, led by John C. Argue, Southern California Olympic Committee president, endorsed the idea. Some contended that the costs would be relatively minimal and would be outweighed by financial and other benefits. The U.S. Olympic Committee selects the American city to participate in the international competition for rights to the Games.

Councilman Zev Yaroslavsky and Arthur R. Snyder warned against an early decision. "It will be necessary to give more slices of the potato's financial imitations to us. Unless we can prove sure that public expenditures would be clearly offset by heavy increases in employment and income from tourism, we shouldn't get involved," Yaroslavsky said that while Los Angeles has many existing facilities which would reduce the cost of staging the spectacle, a study of the estimated costs would be necessary.

"If the balance sheet is favorable, I would be for it," Yaroslavsky said. Another concern about hosting the Games is the political nature of them, Yaroslavsky said. Councilman Marvin Aronson said, "It will be necessary to conduct the Games in a spartan atmosphere. It is too early to tell, but the Los Angeles cannot be the site.

Dangerous drugs

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