How To Dump Your Smokes

Photogram by Dave Fenwick

Story On Page 4
Who's at fault for the poor student turnout for the ASI Bylaw elections last Wednesday? Less than 400 out of 12,000 students bothered to vote on the five bylaw amendments proposed by the Student Affairs Council and ASI Vice-President Phil Shafer. I think this is the fault of the students and the ASI. When such a small proportion of the population can determine the outcomes of elections, the term "representative democracy" must come into question.

There are some plausible "reasons" for the low turnout. Historically, elections which involve constitutional amendments (or bylaws in the case of the ASI) have drawn lower turnouts than those involving candidates. People are just more interested in voting for than issue. Still, common sense can arouse the interest of the public especially when the issue at hand is as being favor or against status. Witness the concerned campaigns of the American Medical Association against Medicare and the National Rifle Association against gun control.

But who can get excited by the passage of the five bylaw amendments suggested by the Student Affairs Council. There were no committees formed to "save student publicists" or to "protect our right to bear arms." It was not the credit of the students who voted against the proposal to change the name of the Student Affairs Council to Student Senate that they even saw a reason to vote against the suggested amendment.

The proposed changes to the ASI bylaws were essentially house-cleaning tasks of the Student Affairs Council. In recommending the amendments, SAC told the students that there was some dead wood to be cleared, some inefficient practices to be changed and some old proposals on the ballot would do just that. If such an elector were to stir up the fighting spirit of the students at Cal Poly, the fault is with the incumbent with the current.

The student government has been on the decline across the country ever since the advent of the 1960’s changed into the pragmatism of the ’70s. Voter turnouts on other campuses in the CUC system are now lower than ever. It should be no surprise to leaders of student government on this campus that an election on five proposals to change ASI bylaws would fail to arouse students to exercise their freedom in employment than who records the minutes of SAC meetings. J.S.

The cause of student apathy

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The Pon Postal Reform Act envisioned that the new semi-independent U.S. Postal Service would be self-sustaining by 1982. That seems a farfetched dream today. America's postal system is in deep trouble.

Congress has been told that if it doesn't double the current subsidy of 26 billion a year, there will be further crippling of the Postal Service. One of the most searing evidence to the criticism of the Postmaster General Benjamin Franklin. B. Rallin, was that some of his decisions and proposals are no more acceptable than the recommendation made by the President's Council on Wage and Price Stability to strip the Postal Service of its monopoly over mail delivery. It's too much of competition from the profit-seeking private sector.

It's reasonably clear what would happen: Private companies would siphon off all the profitable business in easy-to-reach urban areas and leave the Postal Service with the unprofitable rural end. How does the Postal Service carriers guarantees delivery world-wide? It's not with government control. It's with government control. It's with government control.

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Plan Presented To Trustee Panel Today

By JIM SWERENY
Daily Associate Editor

The CVC Task Force on Student Writing Skills will present a Board of Trustees' committee today a plan called "Plan Presented To Trustee Panel Today". The plan introduces a new computerized test to assess writing skills of students in the system.

The proposal is the result of a series of steps which would again equip the CVC campus with a useful tool in the battle against ineffective writing. The plan has not been without a major program since the early 1980s.

The task force will present the proposal to the Educational Policies Committee for consideration. The committee is expected to forward the recommendations to the full Board of Trustees in late May. I would be very surprised," said Dr. Ed White, a member of the task force. "If the recommendations were not accepted by the committee, they will probably respond to the same changes in the same way.

White indicated that many people from the Chancellor's office on down had indicated their support for the proposed program. The task force has been busy collecting and incorporating responses from the CVC campuses including the following:

- The coalition has been lobbying for the Academic Planning and Budgeting Division to receive from at least 11 of the 13 campuses and the response was "generally overwhelming favorable."

- Both the English Department and Academic Planning staff supported the program although there were some questions.

- Both groups were concerned with the necessity for adequate funds and time for the program. The two groups also wanted the program to be implemented on a system-wide basis.

The Academic Planning and Budgeting Division also asked the task force to reconsider the coalition's request for at least 11 of the 13 campuses and the response was "generally overwhelming favorable.

As to how many students the coalition feels are genuine "disadvantaged," Ms. Morris said. "Why should anyone have to drop school because of a disability? With an extra helping hand they could probably pull themselves through.

A memo, dated April 15, was sent to the task force in reference to minority or ethnic groups: "We will not be imposing against their entry into higher education!"

The coalition has been lobbying on the proposal for several years, will consider opening the doors to persons with disabilities, stating that although the coalition has lobbying has been effective, they feel that greater efforts are needed for effective implementation.

The coalition is expected to forward the recommendation to the full Board of Trustees in late May. The coalition will present to the Board of Trustees today a proposal for the inclusion of the community colleges in the plan. The coalition of minority or ethnic groups also wanted the program to be implemented on a system-wide basis.

The Academic Planning and Budgeting Division strongly supported the proposal for the consideration of the minority or ethnic groups.

The study began and the faculty group's recommendations were made as a result of the coalition's request for the program. The program would begin in a series of steps which would again equip the CVC campus with a useful tool in the battle against ineffective writing. The plan has not been without a major program since the early 1980s.

The coalition la funded through student fees and has not been without a major program since the early 1980s.

According to Ms. Morris the coalition also wants the program to be implemented on a system-wide basis. The coalition is expected to forward the recommendation to the full Board of Trustees in late May. The coalition la funded through student fees and has not been without a major program since the early 1980s.
Have A Smoke?
Three Ways To Say No

By CAROLYN SUE WHITE
Daily Staff Writer

Nicotine addicts who have watched their dreams of a healthy life drift away in clouds of smoke might get a whiff of fresh air with the aid of programs designed to help the smoker break again.

"Five Day Plan" are avenues of escape open to the smoker who wants to quit but just can't make it on his own.

County Health Agency Director Dr. H. Howard Kasimoto urges that smokers kick the habit regardless of the route chosen.

"It's their own funeral," he said.

In San Luis Obispo County alone the American Cancer Society estimates that 66 new cases of lung cancer will be reported this year. Annually, approximately 45 county residents die from the disease.

As practiced by Dr. Benjamin Cox of the Neuropsychological Medical Center, San Luis Obispo, the key to stopping smoking is a "tack" placed in the ear. Neurological Medical Center, San Luis Obispo, the process deals with the vagus or parasympathetic nerves which run from the ear to all portions of the body. The acupuncture needle or "tack" is placed on the part of the ear where the nerve leads to the lungs and chest.

The patient is directed to tap the "tack" ten times whenever a desire for a cigarette is felt. "It takes away the desire and controls the withdrawal symptoms," said Cox.

The "tack" is left in place for the entire period of treatment which can range from one day to three months.

The physician, who claims a success rate of 60 percent, says a patient may quit immediately, slowly taper off or continue to smoke occasionally, though the cigarette will taste rotten to him.

This is the third year Cox has practiced this form of acupuncture. Six new patients take part in the treatment weekly. According to Cox none of his patients have ever suffered adverse side effects from the treatment.

The program, which costs $55 the first month, $50 the second and third months and $52 per month thereafter, was developed about five years ago in Hong Kong as part of a drug control program.

An alternative to acupuncture is individual or group therapy. Offered off-campus by Optimal Health Associates, a non-profit health organization, it is also available at Cal Poly through the Health Center.

Mike Looney, health educator at the Health Center, developed the program which combines aversive training with the buddy system, self-hypnosis, proper diet and relaxation.

The 14 day treatment which costs $110 (with a $50 refund if the smoker quits within 60 days) off-campus is free to students who come to the Health Center. According to Looney only three students have taken part in the program since it was first offered at the beginning of this quarter. "It's still not that well known," said Looney, "and students are usually pretty young and still feel pretty resilient."

Talking about why a person wants to quit smoking plays an important role in this type of treatment. "I've heard people give all kinds of health reasons," said Looney. "Some are just fed up with needing something, others are tired of not being able to smell or taste."

"Mostly they're just tired of being dependent on something so negative."

Looney estimates that group or individual therapy is successful about 73 percent of the time. A third alternative for county smokers is the "Five Day Plan," offered under the sponsorship of the Seventh-Day Adventist Church.

A five night program held at French Medical Clinic three or four times a year, the "Plan" has a short term success rate of 85 to 90 percent according to the Rev. Dink Kelley. No long term statistics have been kept.

The program has been officially accepted by some branches of the federal government as a reliable means of quitting smoking said Kelley.

The program is based on education and not religion. Each night there is a film on smoking and for discussions on drug and psychological counseling. Physicians are present every evening.

The cost for this program is a donation of $10.

Photo by Tony Hirt

...And One Who Quit

Kim Cuthbertson, 27, Cal Poly history major, began smoking when she was 16. She said she began because of peer pressure.

"I was never without a cigarette. I was never trusted the world to that extent that they could supply me with a cigarette."

Kim tried several times to quit smoking, she said. But the last time was different than the previous times. "I was either going to do this, or I wasn't. I resigned myself. The other times I told myself that I'd be enjoying a cigarette again. I didn't harbor any of those sentiments then."

Quitting was not easy. Kim said she got through one day at a time, since that was all she could handle. And time went very slowly until it was time to eat, Kim said. "You really love the meals."

Loving the meals and quitting smoking resulted in 80 extra pounds.

Kim said. "The other adverse effect was grouchiness."

"I get everybody," Kim said. Kim said she could not do it again. Even now, she will have a flint intense desire for a cigarette. Kim said.

"Whenever I get nervous, like around finals, or I get upset, the desire increases," Kim said.

"I don't want to go through any of the motions, or I might start again. I won't even light up for a friend."

One
Sticks
It In
Your Ear
Another
Does It
By
Committee
And A
Takes
Five Days

PEACE CORPS
MATH/SCIENCE

SUNBIRD
CAMP
PARK

Edited by the Sports Center

Archery
Bear-Wing
Browning
Packing in rear of store

Science
Backpacking
Fishing
Hunting
PG&E Ordered To Prove Diablo Plant’s Strength
by JANEY McBRRIEN
Daily Staff Writer

Pacific Gas and Electric Company has been asked by federal nuclear officials to prove that its Diablo Canyon nuclear power plant can withstand a major earthquake.

The utility company was requested last week by the Nuclear Regulatory Commission (NRC) to undertake a study to determine if the Diablo Canyon plant could survive a jolt of 7.5 magnitude on the Richter scale caused by the nearby Hosgri fault. The fault lies about 2.5 miles to the west of the facility.

According to a San Luis Obispo Telegram Tribune story, NRC Project Manager Dennis Allison said PG and E would be asked to come up with a “spectrum” of ground movement caused by a sharp tremor and then apply it to plant structures to determine if they can withstand the jolt safely.

The NRC official went on to say that he believes PG and E will have to strengthen some plant structures following the completion of the study.

PG and E said it would comply with the demands.

“We don’t agree that Hosgri is capable of 7.5 but we were asked to do the study and, of course we will,” said PG and E spokesman Dick Davin.

The Diablo Canyon facility was designed to withstand a quake of 6.75 magnitude on the Richter scale from a fault lying six miles away as well as other quakes on faults some distance away.

Government geologists have concluded that a 1971 Central Coast quake registering about 7.3 Richter magnitude might have been caused by the Hosgri fault and that a similar event might occur again. PG and E officials have disputed this, citing studies of their own geological consultants that the Hosgri fault could cause a quake no larger than 6.8 Richter magnitude.

The offshore fault was not discovered until construction had begun on the plant.

Davin expects the PG and E study to be completed “within the next few weeks.”

“It is our understanding that the NRC is also doing a study and will then use the two to come up with a recommendation.”

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The Peace Corps May Want You

The Peace Corps is looking for Cal Poly recruits to add to its army of international goodwill doers.

John Dunsmuir, a 21-year-old former Peace Corps worker in Costa Rica and the Dominican Republic, is conducting interviews today and Thursday from 8 a.m. to 6 p.m. in the Placement Center in the Administration Building here.

He is hoping to place as many as 50 students into the 27-month program.

“We’d be happy with that many people,” said Dunsmuir.

Although some may want to join the Peace Corps because they cannot find a job in their field, Dunsmuir does not feel this is why most students volunteer.

“IT’S diverse. People join because they really want to help themselves in later life or because they really love people. And it’s a very individualistic experience.”

During 1978, 40 Poly seniors signed up for Peace Corps or VISTA assignments.

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**Classy Cartoons Set For Chumash**

To most people animation is synonymous with the Saturday morning barrage of cartoons.

The flashy array of superhero characters leap, land and zip their way across the television screen, entertaining millions. Tonight in Chumash Auditorium the Associated Students Inc. Film Committee will offer a chance to view this expressive medium—animation—at its magical best.

The Ninth International Tournament of Animation—a collection of 140 minutes of the world's best animated shorts of 1978 will be shown at 7 p.m. For the cartoon traditionalist the evening of animation will also include the showing of several Saturday morning cartoon standbys—Porky Pig, Bugs Bunny and Roadrunner.

But the attraction tonight will focus on the art of serious film animation. The Tournament—15 films from seven countries—is the work of the Association Internationale du Film d'Animation (AIFAP), which screened more than 80 films from producers in Hollywood to Bucharest, Romania.

Those unacquainted with the Tournament will be astonished by the diversity of style and content in the work of today's professional animators, a striking contrast to the light-hearted work in the Disney and Looney Tunes Studios.

"Euphoria," by Vincent Collins takes an abstract look at the high-powered world of rock and roll. Todays for the three hour cartoon festival can be purchased at the U.C. Union or at the door for 75 cents.

**END OF MONTH SUMMER SWEATER SALE**

Copeland's has made a special purchase of spring and summer sweaters by COLLAGE and is passing the rebates on to you. Hurry—quantities are limited.

**Cancer Research To Be Discussed In Short Course**

Several specialists in the field of cancer research will lead discussion during a Cal Poly extension course titled "Conquest of Cancer." The course which will be offered on Saturdays, May 1 and 8, is designed for people in the helping professions, including nurses, social workers, and bank and insurance workers, but is open to anyone interested in the conquest of cancer.

Rome of California's most noted cancer information specialists and doctors will be featured during the short course. Included will be Dr. S. Barry Farber, a neurologic surgeon at the USC Cancer Center; Dr. Robert Brandt, director of the UCLA Cancer Center; Richard Levy, currently an instructor at Huntington Park High School; and Gale Rider, educator for the state division of the American Society.

The seminar will emphasize areas of health, biology, social science, physical education and science.

"The seminar is designed to help people to keep up to date with new ideas in cancer research," said Dr. Troy CaI, coordinator of the seminar.

The cost of the course is $2.

The first day of the seminar will be dedicated to the medical aspect for those of the medical professions and the second day will be dedicated to the educational aspect and teaching methodology.

The courses will meet from 9 a.m. to noon and from 1:10 to 4:10 p.m. on both Saturdays in Room E-97 of the Science Building.

For further information concerning the short course write "Extension, Cal Poly, San Luis Obispo, Calif., 93407," or telephone (805) 586-4826.

**Solliah Not Guilty**

SACRAMENTO (UPI) — A jury today acquitted Steven Solliah's defense that he was defending himself in self defense for Patricia Heerst and acquired him of a fatal linesmen's Liberation Army linked bank robbery.

Friends and relatives of Solliah, a 37 year old housepainter, also broke into tears, including Emily Tobias, 30, a Los Angeles housepainter, who testified she and Solliah went to the night of April 30 together at her apartment She could not see him until early morning.

Solliah embraced and kissed his mother, shook hands with court reporters and spoke briefly with Wallace:.

"I just feel so relieved," Mrs. Tobias exclaimed between tears. "I just want to thank the jury and thank all these people all across the country who prayed for us.

In a related development, the state Department of Corrections reported that the sentence of 15 years for convicted murderer for Patricia Heerst was set for April 21, 1978, at Folsom State Prison. She had testified she attended a political science class in Folsom that night.

A department spokesman said Miss Tobias was listed at Prelude, Alfred, 30, the man Solliah killed in its final argument, the government told the jury that since leaving college, Solliah had "lead a life of law and order."

The jury deliberated 8 and one-half hours over two days before returning its findings to the embarked courtroom of U.S. District Judge Philip D. Wilkinson, who presided over two

As the court clerk read the verdict, Solliah's mother, Elsa, broke down into tears and the defendant was embraced by his lawyer.
Poly Baseballers
Take It On... Lip?
by DAVID A. RITZ
Daily Staff Writer

The Mustang baseball team continued its downward slide by dropping two of three games over the weekend.

Cal Poly not only lost in the standings but lost veteran Dante Martindale when he was spiked in the face in Saturday's second game.

The Mustangs looked like winners in Friday's game against Cal Poly Pomona when they were ahead 4-3 in the sixth inning, but third baseman Tom Monish committed a fielding error that allowed Pomona to tie the game and send it into extra innings.

The Bronco's put it all together for an 11 victory over the Mustangs in Saturday's first game. The Register's effort by Cal Poly was topped off by a grand slam by Gary Wilburn in the third inning.

Saturday's second game was not fruitful at all for the Mustangs as they lost 1-1. Martindale, a veteran second baseman, was forced to leave the game when he was spiked in the face during a tag-out play at second base.

So left the game and got seven stitches in the upper lip. He will be back in action for Poly against Northridge Friday, however.

In the final inning of Saturday's second game, the Mustangs almost came back to tie the score when Don Robinson, who was on second base, came charging home on a single by Monish and ran over the Pomona catcher hoping to make him drop the ball. He didn't, however, and Robinson was called out.

The Mustangs got a total of 24 hits in the three-game series with the Broncos and only made three errors, but just couldn't seem to come out on top.

"I don't think we're choking or anything like that, they're just beating us in the last inning. They came up with the breaks, you can't blame it on anyone or any phase of the game," Mustang manager Bob Bley said.

The Mustangs are still in last place in the California Collegiate Athletic Association with a record of 4-6. Norridges is first with an 8-4 record and Cal State Riverside and Cal Poly Pomona are tied at 6-4.

Cal Poly must win five out of its six remaining conference games in order to have a chance to be in the play-offs.

If Poly could win five games, it would put all four CCAA teams in a four-way tie for first place. Poly would probably go to the play-offs in such a situation by virtue of its overall record.
The Thunder Chicks lived up to their name in the annual powderpuff football game held Saturday of Poly Royal weekend.  

Throughout the season the Thunder Chicks were not expected to win, and that trend did not change in “The Big Game.”  

After a double-way tie for second place, the Alpha Laddie Pi won the opportunity to meet the Thunder Chicks.  

Saturday's game ended in a 7-0 score.  

“We played as we planned,” Jim Flagg, coach for the Thunder Chicks said. “We knew we were strong on our defense, but we had to avoid making mistakes with our offense. Unfortunately we had a few penalties, which didn’t help us much.”  

Late in the second quarter Peggy Freechtle ran 45 yards to earn six points with a touchdown.  

Debby Small ran the conversion play that brought the total up to 7.  

Alpha Laddie Pi member Alex Hill expressed the ‘Laddie’ disappointment in that play.  

“Our team members missed something like three flags on that play,” Hill said. “It was a weird thing that they scored.”  

Thunder Chicks’ coach Flagg blamed the heat for the playing slip-ups by the girls Saturday.  

In the second half the Thunder Chicks lost 35 yards on penalties.  

This is the second season of powderpuff football this school year. Many of the women who played this fall returned to form the same team again this quarter.  

This spring the games were played in true flag football rules, which states that there be no contact.  

“There was a concern, especially since the players wear no padding, that there might be too much ‘dirty play’,” Women’s Athletic Director Evelyn Pellaton said.  

“Staying closely to these rules made for a much better game,” she said.  

To explain the popularity of the sport, Pellaton said:  

“It is a different kind of thing that women have never been associated with. There has always been football for men, and even flag football for men, and women interested with sports would want to be involved after watching the sport for so long.  

Also, many of our physical education majors will want to go into teaching. Powderpuff football is played quite safely at high schools. To prepare these women for their field we should offer a program in powderpuff.  

If for no other reason, we should offer this program so women can try football, appreciate the sport more, and have knowledge enough to carry an intelligent conversation on the subject.  

Many of the women involved in this year’s powderpuff games said they enjoyed the social aspect more than anything else.”  

Ann Haycox of Alpha Laddie Pi said, “It’s fun. You get to know active people who are interested in activities. You can get really without getting in trouble. All the teams played fairly, no one got upset, they were really good games.”