Cal Poly Offers Subscriptions for Organic Farm Produce

SAN LUIS OBISPO -- Nutrition-minded community members can satisfy their need for the freshest organic produce by subscribing to Cal Poly's Community Supported Agriculture program, which offers student-grown fruits and vegetables.

Beginning May 19 -- and continuing for 22 weeks -- subscribers may pick up a box of produce designed to feed two to five people. A wide variety of crops are grown by students at the Cal Poly Organic Farm, including many heirloom varieties not found in grocery stores.

In the spring, members can expect such items as lettuce, kale, broccoli, arugula, beets and radishes. The summer and fall crops include several varieties of tomatoes, cucumbers, eggplant, peppers, melons, corn, potatoes, onions and garlic.

In addition, a weekly newsletter with recent farm news, recipes and dates for various farm activities is also included in every box.

The produce may be picked up at the Student Experimental Farm on either Monday or Thursday.

Starting its fourth year, the Community Supported Agriculture program provides students an opportunity to learn about organic farming practices as well as harvesting and marketing techniques. The program enables community members to receive a share of the harvest while helping support the practice of organic farming at Cal Poly.
The cost for the 22-week membership is $400. For more information or a membership form, call Sarah Ritter, Community Supported Agriculture manager, at 756-6139.

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