Poly diplomas given credit after review

General accreditation of Cal Poly as a four-year degree-granting institution has been renewed by the Western Association of Schools and Colleges. The WASC is the authorized accrediting commission for junior and senior colleges and universities in California, Hawaii and Guam. In its general accreditation cover all of the 50 bachelor degree programs here.

In the words of Dr. David Grant, Associate Dean of Academic Affairs, "The Western Association of Schools and Colleges is the only one to finish (undergraduate work) elsewhere in the country, and you don't come from an accredited institution, you're dead."

The recent review of this campus by two representatives of the association was a quick one. They met in the course of a day with representatives from the various departments, the administration, the ASI, and found their findings to a WASC meeting in Burlingame.

The next review, scheduled for 1979-80, will be more extensive. At the end of each decade a team of 8-10 people from the association descends on Cal Poly for several days and documents everything in sight. Each member of the team is a specialist in a particular academic area. One person will examine the library, thoroughly, one the engineering department, another agriculture, and so on.

According to Dr. Grant, there have been philosophical agreements in the past between the reviews anddepartment here.

"One of the most difficult problems," Graft said, "is that they bring in people from out of state who don't understand the objectives of the California State College System and they make recommendations based on their own objectives." "Accreditation is supposed to be in terms of the goals of the institution," Grant continued, "but it's hard for them to understand the vocational direction of the college."

Additional accreditation of individual undergraduate programs here is done by nationally recognized professional groups. Sometimes, accreditation of a department by a professional group makes a difference if an employer or a graduate school.

But according to Dr. Grant, "The very best thing going for us is the success of our graduates."

Journalist workshop held here

Thirty-two high school journalists from throughout Southern California are in the midst of a two-week short course being held here.

The mass communications workshop, which began Aug. 5 and is run by the Pacific Commercial Press Association (CPA) and the journalism Department of Cal Poly, is designed to provide young journalists with practical experiences in a broad range of newspaper, magazine, radio and television, and public relations activities under the guidance of professionals in the field.

Included on the staff of the workshop, according to Ralph Alexander who is executive director of CPA and in charge of the program, are Bill Brunt, former sports editor of Life magazine; Steve Harvey and Narda Z. Trout, both reporters for the Los Angeles Times and Dick White, public relations director for The Forum, largest sports arena in the Los Angeles area.

Volunteers will get free passes to county fair

Passe to the San Luis Obispo County Fair are being offered by the American Red Cross. Persons willing to donate at least four hours of time and who also have a current Red Cross First Aid Certificate are needed as staff the aid station at the county fair in Paso Robles.

Volunteers are needed to work from noon to midnight, Aug. 12 through 17. Interested persons should contact the Red Cross of the San Luis Obispo telephone 545-0696, the week before 10 a.m. to 1 p.m.
The diabetic cannot eat sugar. This is a disease much like hypoglycemia, and can be fatal if not treated. Alcoholism frequently is referred to in the media as "the number one drug problem." It is a destructive, the individual cannot do without the drug. He or she is addicted. Dr. Billy Mounu of the Cal Poly Health Center describes it as a physical and emotional habituation. The alcoholic is "one who is controlled by alcohol instead of the opposite, and is emasculated by using it," Dr. Mount said.

A survey taken by Michael Looney of the Health Center Mental Health team showed that 57 per cent of the respondents who drink do so because of "sociality." Indeed, many social functions revolve around drinking. One young woman said she could no longer feel comfortable with her drinking friends, because "they think I'm strange because I don't drink.

Although many people can be "heavy drinkers" for much of their lives, they are not necessarily alcoholic. But those who are, often go for years without realizing it or don't admit it because of certain moral implications. "The idea of it being a disease, at first, I didn't buy it. I thought it was a moral thing. I really did. I thought I was a moral leper," said Jay.

Jay is an alcoholic. He is tall, has been on the pan three years. Jay dis- covered his disease nine months ago and has been on a program of recovery ever since. Alcoholism, frequently is referred to in the media as "the number one drug problem." It is a disease much like diabetes or hypoglycemia, and can be fatal if not treated.

"The minute you take away the Antabuse, the threat is gone. There's nothing wrong with it. But I think there's more to the problem of alcoholism than just the drinking itself," Dr. Mounu said. Antabuse is not a cure for the alcoholic, and that those using Antabuse could profit from Alcoholics Anonymous or another program.

Jay said his program has helped him to be more aware of himself. "I have become able to be totally honest with myself." He believes that is the first step to recovery.

Cuesta offering training classes

Cuesta College is now offering C.E.T.A. (Comprehensive Employment and Training Act) occupational training programs to eligible people in the San Luis Obispo County.

An auto body and fender repair class and a home health aide program are starting immediately at the college. Available space is limited and interested persons are urged to inquire immediately.

Affiliated with Reader's Digest Fund and San Francisco Examiner Sunday Press, Member California Journalism Press Association.

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Welcome to Cal Poly Pop over to the Crest!

By LYNN JENNINGS

Jay is an alcoholic. He is also a student, and has been for the past three years. Jay discovered his alcoholism about nine months ago and has been on a program of recovery ever since.

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Bugs for dinner—
a nutritious meal

"Ennomophagy": the eating of insects, is a new and relatively unexplored field. According to Mrs. Miller, there have been no in-depth studies done on cooking or eating insects, or any of the related nutritional aspects.

Mrs. Miller says that insects could very well have been America's original soul food as they were found in the diets of the Diggers, Modoc and Pio River Indian tribes. She says jokingly, "If people really want to get into the spirit of the bicentennial, a patriotic gesture would be to eat insects."

Why eat insects? Says Mrs. Miller, "Good nutrition is a matter of both the quality and quantity of the food supply. With insects, quality may be sustainable with the least amount of quantity." While beef's protein is only 15 to 20 per cent, termites are 40 per cent protein, and grasshoppers are 60 per cent protein.

In addition to their nutritional advantages, insects have the benefit of being prolific and easily adaptable to almost any climate. Therefore, they could be cultivated wherever they are needed.

Mrs. Miller has specific reasons for choosing the three insects she worked with. Bees were chosen because they are readily available as they are raised commercially. Also, they are easily accessible from their hives. She wanted to develop recipes for an insect that could be forgery easily. She chose termites, and then ironically had to exterminator because she could not find any. Grasshoppers were chosen not only because they are found abundantly throughout the U.S., but also because they can be purchased in markets. Mrs. Miller says she purposely avoided the use of any carnivorous insects, such as flies, that feed off decaying animal carcasses. Since part of her project involved a taste-test panel of faculty and students, she said she wanted to avoid any negative feelings that these insects might generate.

ARE THERE ANY NON-EDIBLE INSECTS? Mrs. Miller says one researcher told her to avoid using bugs which he called "taste like they smell." She also says that people who have allergic reactions to shellfish probably will be allergic to most insects.

Mrs. Miller, who now relishes eating bees and grasshoppers, says, "People think I'm kinda wacky for getting into this study."
Wilson appointed grad dean

A former member of Cal Poly's overseas teaching team has been named a faculty member in the Education Department since 1998. He will begin his assignment Sept. 1. He will work with the Graduate Studies Committee and graduate program advisors in coordinating the 15 master's degree programs offered here.

As a member of the university's teaching team, Wilson spent 27 months during 1969 through 1971 in Africa. He was the director of short courses for primary school headmasters at the combined University of Bonnau, Jubaqu and Swaziland.

Sporting books on sale now

As a special offer to participants in the three P.E. workshops held here this summer, El Corral Bookstore has arranged a book sale and displayed feature books on physical education, games and sports. In addition to the textbooks and general books regularly stocked, El Corral is offering a special selection of sports and games oriented hard-cover books as up to 85 percent off their original price. El Corral is open from 7:30 a.m. to 4:30 p.m. Monday thru Friday.

Wilson worked with three groups of headmasters who came to Gaberone, Botswana for a one-month intensive course designed to upgrade primary education. He also made follow-up visits to the villages to work with individual headmasters.

Wilson received his bachelor's and master's degrees from Western State College in Gunnison, Colo. In 1973 he completed a study for his doctor's degree from the University of Arizona. Before joining the Cal Poly faculty, Wilson taught at the University of Arizona. He also taught at public schools in Colorado, Florida and Arizona.