Cal Poly may now play tennis into the wee hours, thanks to the individuals who wish to use the courts south of the Physical Education Building.

The lights are programmed to activate by a plastic lighting card. During the summer quarter, individuals who wish to use the tennis courts when lights are needed may secure cards at Yosemite Hall Office noon to 10 p.m. daily or the University Union Desk 4:00 p.m. to 10 p.m. Monday through Thursday and 4:00 p.m. to 11 p.m. Friday and Saturday.

Persons who check out lighting cards must complete a request form and leave their University I.D. cards. Lighting cards should be returned within 24 hours. Failure to return the lighting card within three working days will result in a $5 late fee.

The lighting project was financed with monies from the Dormitory Revenue Fund and will be jointly administered by the Housing and Physical Education departments.

Hike offers view of SLO from ridge

The Sierra Club will sponsor an eight-mile hike in Reservoir Canyon on Aug. 9 starting at 8:30 a.m. Hikers will leave from Cienega Park going up Reservoir canyon to the ridge above the city.

The public is invited to participate and is requested to bring water and lunch. Hikers are also advised to wear sturdy shoes.

Further information about the hike can be obtained by calling John Austin, the hike leader, at 541-2915.

Night is bright on courts

Students, faculty and staff of Cal Poly may now play tennis into the wee hours, thanks to the installation of lights at the tennis courts south of the Physical Education Building.

The lights are programmed to activate by a plastic lighting card. During the summer quarter, individuals who wish to use the tennis courts when lights are needed may secure cards at Yosemite Hall Office noon to 10 p.m. daily or the University Union Desk 4:00 p.m. to 10 p.m. Monday through Thursday and 4:00 p.m. to 11 p.m. Friday and Saturday.

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The lighting project was financed with monies from the Dormitory Revenue Fund and will be jointly administered by the Housing and Physical Education departments.

Musical tunes scheduled for Saturday night

Sons of Champlin will perform here Saturday night in Chumash Auditorium. The San Francisco band will share the bill with the Freight & Way and Joe South.

Diablo Canyon plant subject of air survey

The aircraft was operated by EG&G Inc., of Las Vegas and surveyed the canyon's generating station in a 25-square mile radius.

Jim Hanchev, an employee with the U.S. Nuclear Regulatory Commission, said the survey of the site will estimate the level of radiation before the plant is put into operation.

By this Hanchev hopes to preserve the ecology between the results before the plant is in service and after it has been functioning for a time.

Although the plant has been in Diablo Canyon unvarnished for some time, Hanchev hopes that the review of the operating literature will prove satisfactory and the federal agencies will start the plant in August of the following year.

The canyon station is divided up into two components or units. Unit one is further along with 93 percent of the construction under way. If all goes well, Hanchev has high hopes for a nuclear plant next August.

The plane surveys the site around the nuclear generating station at an elevation not to exceed a half a mile for Diablo Aviations Association flight survey for Diablo Canyon. Other plants throughout the state will be surveyed in a similar manner.

While other similar activities compile statistical data from the U.S. nuclear electric power plants since 1958 due to the first flight survey for Diablo Canyon. Other plants throughout the state will be surveyed in a similar manner.

Japanese Obon fete scheduled

The Obon Festival, which features Japanese food and folk dancing, will be held at the San Luis Obispo Veterans Building on Aug. 2.

The festival, based on a religious celebration coined in an ancient Buddhist context, will begin at 4 p.m. Other events scheduled include a judo demonstration and a drawing featuring a $500 first prize and $250 second prize.

The $5 admission charge will rock the ticket holder to partake in Oriental food such as sushi (Japanese rice molded into shapes and wrapped in seaweed), kushiyaki (Japanese shish kabob), and front row won ton.

Advance tickets may be purchased at Brown's Music, 717 Higuera Street. Further information may be obtained by calling 541-2915.
Students aren't the only ones getting back to school this summer—there are many physical education teachers from various regions of California attending summer sessions at the 26th annual Physical Education Workshop for Women which started last Sunday.

The workshop began last Sunday and will last for a two-week period. Within the first week of the P.E. session, the men's athletic training program will begin and will concur with the women's.

The Greatest Show on Earth is the theme for the workshop. Sue Lemaire, assistant for the workshop, says the theme changes from year to year.

Workshop sessions will include students danced, snow skiing, synchronized swimming, tennis, yoga, fencing and various extracurricular activities. Mrs. Lemaire, a Fresno State graduate, explains the program as a refresher course emphasizing new techniques.

Mrs. Overstreet feels that the workshop has been getting more and more popular throughout the years; especially this year. Due to limited enrollments, preregistration was required.

The sessions are designed "for professional growth" says Jane Valencia, last year's hostess. The workshop may be applied towards eight quarter units. Students aren't the only ones going to school this summer—there are many physical education teachers from various regions.

Dr. Michael R. Malkin of the Speech Communication Department faculty said the performances which involve puppetry, readers theater, and children's theater techniques, are for children between the ages of 7 and 16.

According to Dr. Malkin, "the director strives to create illusions in the minds of the audience." Malkin continued, "rather than presenting them elaborate visual spectacle. This means that the staging relies on the imaginative use of the voice and movement rather than on elaborate costumes or scenery."

"With some acts, with a few wands or chairs and some imagination, you can recreate any place or any time," he said.

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**Children's theatre staged by students**

There is a unique, isolated laboratory on campus where illusions are created and the subjects of experiences are children from the community. It is the Cal Poly Children's Theatre Laboratory. As a part of their course work in Drama 347, students put on a program of free children's theatre productions for groups from Central Coast Area schools and non-profit community service organizations.

Present plans call for performances of from 12 to 18 different plays each quarter. This quarter performances will occur periodically from Aug. 6 to Aug. 25.

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**Off-campus housing listings available**

Area residents with available units are asked to describe the size and location of the rental unit in addition to their name and telephone number. Listings may be made in person at the Off-Campus Housing Office, Cal Poly, San Luis Obispo, 93407.

Listings may also be made by telephoning 546-0111.

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**New officers elected for Christian group**

The Christian Science Organization recently elected new officers for the 1973-76 school year. The group serves to unite Christian Scientists here and promotes the growth and study of the literature.

The annual scramble for student living space before Fall Quarter has now entered the frantic stage.

In an attempt to ease the crunch, residence of San Luis Obispo Dossey who expect to have rooms, apartments or houses available to rent are being urged to list them with the Off-Campus Housing Office here.

Visit Lambert, coordinator of off-housing, said that all of the more than 3,500 campus residence spaces have been reserved for over a month and all of the larger student residence units near the university are now full.

"Many students who have enrolled for Fall Quarter still have not completed their housing arrangements," Lambert said.

Cal Poly does not recommend or inspect housing units that are listed with the Off-Campus Housing Office, but landlords whose units are listed are required to complete non-discrimination statements.

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**Sports and Games Book Sale**

El Corral Bookstore

El Corral Bookstore

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San Luis Obispo

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**STUDENT LIFE**

The #1 Bestseller

262 kitchen-tested, slow-cooker recipes.
Oklahoma! delightful
by SUSAN RIFE

Take a dynamic cast, excellent production and direction, and a popular Rodgers and Hammerstein Broadway hit and what do you get?

The Pacific Conservatory’s of the Performing Arts’ production of Oklahoma!, that’s what.

The production of Oklahoma! is an inspired thing; colorful, creative, and unique for its time when it opened in 1943 on Broadway.

Here’s how the plot line of Oklahoma! incorporates dialogue, dance and songs to further the plot line. The long first act ends with an eerie dream sequence in which Laurey, Curly and Jud dance in a night-marish setting.

The plot of the musical revolves around the territory of Oklahoma, not yet a state, and the lives of cattlemen and farmers in a rural setting.

The love element is strait en and August in the Performing Arts Center Theatre at Allan Hancock College in Santa Maria and at the Solvang Festival Theater. Peer Gynt is performed only at the Solvang Theater, while Dracula is staged only at the PCPA theater.

Show dates for Oklahoma! at the Performing Arts Center are Aug. 5, 9 and 13, 8:30 p.m. matinees at 2 p.m. Aug. 10, 17, 24 and 31. In Solvang, Aug. 1, 7, 12, 19, and 28 at 8:30 p.m.

For information on other dates and times for other productions, contact the PCPA box office at 922-8313.
by BLAIR HELSLING

In this, a year which has yielded an unusually high number of major musical surprises and disappointments, the trend of natural and somewhat necessary to examine from an admittedly biased point of view — you'll surely have your own choice of the year's good, bad and only the state of rock at 1975's midpoint. Several large trends have arisen, many of which have resulted after more than a decade of (depending on the trend in question) blessed or unfortunate submergence. As larger-scale phenomena usually do, this set has smoldered a lot of material that's more than worthy of reaching the public's ears, while creating an artificial crutch in our collective earshot for more of the currently-dominating pseudosoul that has become all too synonymous with Top 40 radio. The raling status of groups like AWH, Baraka, the L.A. Express and a considerable number of others is a disturbing indication of the depths to which rock (or perhaps its audience) has sunk.

Instrumental funk, or 'disco music,' has come close to being the only Top 40 radio fare available — which was the case, you'll remember, in 1969 and '72, when the Ventures, The Spencer Davis Group, and Dick Dale and the Deltones became the backbone of record-店 in high school gymnasiums across the country. Lack of hits indicates a certain mindlessness that has no place in the mental formation (a generation once upon a time), and we have yet to see any form of rescue from bands as time as the Beach Boys, the Fab Four, or the Monkees.

When rock began its current so-called "downhill slide" in the early '70s, many watchful of the raw form predicted that black music, particularly jazz, would take on increasing importance as the decade continued. Jazz today is perhaps more widely heard than anyone would have thought possible even three years ago. The typical radio playlist of the last six months has often included more black artists than white.

But even as such valuable artists as Stevie Wonder, Stax's Clarke, and Chuck Gold have come to the fore, they've been accompanied by an equal or even larger amount of schlock soul and cheap jazz. Disturbingly there's now as much unmitigated black music on the market as white, and we find ourselves in a decade where new identity, with yet enough room for the occasional gem. The overall diagnosis from this perspective is: well, commercially uninteresting as it is, still has its moments, but they're few and far between. Following in the same direction this summer, the music's taken a slight uptick in sales. Fewer groups have both been so favored in recent months (ignoring Joni Mitchell), and '66 has finally won deserved acclaim after three albums of this sort of material.

Radio music directors willing to take chances and record companies in league with Count Basie have made these successes possible:

"If nothing else, the few survivors have produced and catered to a more discerning FM market (the 18-35's)." The Doobies, Dave Mason, Robert Fripp, Herb Alpert, Max, and the Eagles (to name a few) have been successful, indeed. More and more artists have begun to flow over to the FM airwaves, with the result being a shift in their audience, too.

About the overall trends from this point on, it's definitely hard to predict the directions this music will take from points to points. A bit scattered and confused, perhaps, but far from being knocked out, rock and roll will walk in search of a new identity, with yet enough breadth to keep us all tagging along beside it.
The Fifth Annual Mozart Festival has sent the strains of classical music through the air this week. Rehearsing in the music building here are a violinist (above left), a French hornist (above right) and a drummer (below). The 11-concert schedule continues through Aug. 3.

Sounds fill the air
Yoga making peace, beauty a way of life

by SUSAN RAMSDEN

Proclaiming to be a magazine

gleam from a page

across the room.

A New Documentary

A meditation in the

l⽣e of a woman

dancing with her

body.

Yoga is a way of life.

Hatha yoga, which is

the physical part of the

discipline has two main

objectives: (1) to

cultivate the natural

beauty of the body

and attain a high state

of health, and (2) to

awaken a power lying

dormant in the individual

and use it to attain self

realization. Also, constant

practice is required because

nervous disturbances are

greatly disturbed.

Mrs. Murray, while not

encouraging the Hindu

practice of vegetarianism,

does emphasize the value of

good nutrition in the life of the

yogi.

Yoga says that the

way you eat is a vital

factor. Because of the

inverted postures stimulate

the thyroid which affects metabolism,

yoga is considered one of the easiest

and most natural forms of weight

loss and a cure for many

health problems.

How about fasting, a

common practice in India?

Mrs. Murray says Mrs. Murray, "Fasting's not

going to hurt anybody for just one

day a week. It's purpose is to

cleanse the body." She says it is

essential to restore the body

during fasting.

Despite the myriad benefits of

Hatha yoga, Mrs. Murray cautioned,

"It is not a cure for any diseas.

But it can help you avoid

problems in the future."

"The only disadvantage I can

see is that yoga doesn't provide an

good aerobics workout," she

says. "It does stimulate the

heart and lungs and up to speed,"

Mrs. Murray therefore, encourages her

students to supplement the

program with some form of

 strenuous exercise, such as jogging,

swimming.

In general, hatha yoga

promotes a firmer, slimmer, more

energetic body and a happier,

peaceful spirit. Practical field

tests of 30 to 60 minutes a

day throughout life, the

individual can enjoy increased health,

vitality, beauty, and inner peace.

A confirmed positive thinker,

Mrs. Murray believes her students

are in a happy frame of mind to face

the rest of each day:

"Place a big plus (positive

thought) in front of you and a

happy smile on your face. It's

unique—you are someone

everyone S a, says she with a radiant smile.

K C

We give

the service

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Beauty You Can Eat

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K.C.
NRM offers many options

Smokey the Bear would like to attend college at Cal Poly. He is tired of just putting out fires. Smokey wants to pursue a degree in Natural Resources Management.

There are deer in the hills, migrating birds in the wetlands, and countless species of fish and wildlife in the nearby ocean. This is the ideal setting to study wildlife in various class settings.

Smokey feels conservation and the present era of ecology is the top off at campuses, plus various species of fish and wildlife in the nearby ocean. This is the ideal setting to study natural resources in various class settings.

The curriculum has been changed so graduates can be more competitive in today's job market. The four concentrations are not only guidelines for the curriculum.

"If a student has an option in mind his advisor can rely on the curriculum to suit his need," said Knablr. "The curriculum to suit his need," said Knablr. "The curriculum to suit his need," said Knablr. "The curriculum to suit his need," said Knablr.

A concentration in forest resources management isn't just choosing trees down forests. Smokey could be involved with timber production for federal or private timber companies. He would be "dealing with the total local environment," said Knablr.

But California is the best place for recreation. California is the best place for recreation and recreation specialties. There is no off-season lift for recreation in California. Smokey could manage a state park or beach, give nature walks for kids to be involved in law enforcement.

Natural Resources Management is not only for men. "Women have a better opportunity in parks and recreation than forestry or fish and wildlife which are not normally more towards men," said Knablr.

Knablr feels the people with power in the NRM employment field are from the old school and the men women of the field. Whether he sees the women's movement crumbling, it is a gradual process.

Scrabble games in Pasadena

Full out your dictionaries—that is, unless you're walking over the country needs bookworms, word people, or whizzers, 16-year-old or over to compete in its first scrabble tourney.

The Pasadena Scrabble Players Tournament, sponsored by the Pasadena Department of Recreation in cooperation with Scrabble Players, is new organizing congress of Scrabble from Aug. 6 to Aug. 13.

The grand prize will be wall plaques and games. Members of the tournament will receive an expert points for each game won. The tournament is open to everybody over 16 years and can be a highlight of the NRM curriculum.

Those who are interested in entering should send their name, address and phone number to Bob Rantala, Balaa-Rapaira and wildlife management concentration.

Debating contest scheduled

Students now have a chance to make a difference in America's Bicentennial just as many business men have. The winners of the Bicentennial Youth Debate Regional Finals will win a $5,000 scholarship but not before some work has been done for it.

To get to the regional competition and the big money, the personal will have to advance from the local, district, and sectional levels first. The local contest will take place between Jan. 27 and Nov. 1, 1979. Contact the Speech Communications Dept. at 546-2544.

Rummage sale to benefit handicapped

The Central Coast Chapter of the Physically Handicapped, f the Physically Handicapped, 151 Las Posas Lane, is sponsoring a rummage sale today through Aug. 1. The sale, which is being held daily except Sunday, is open from 10 a.m. to 4:30 p.m.

Shoppers bags full of clothing, ranging from children to adults, are being sold for $2 per bag. Additional items to be sold individually include miscellaneous kitchen and household articles, as well as numerous books.

Officers elected for NRM club

New officers have been elected for the Natural Resources Club. Rose M. Arnold of Hollywood is president and Robert Gledhun of Concord is vice-president.

Practice meditating

An introduction to the practice of meditation will be offered at 7:30 p.m. Aug. 3 at the Redwood Manor on Edna Rd. The meeting will feature a short film followed by a discussion and question and answer session.

Interested persons may then register for free classes in preparation for initiation in meditation. Retreats will be served. For further information call 944-9747.
Clancy Edwards has been named the most delicious and famous food from the middle east. He was awarded the Athlete-of-the-Year award.

The announcement was made by Dr. Vic Buccola, director of athletics at Cal Poly.

Edwards, a sophomore from Santa Ana, became the first Mustang sprinter to win both the 100 and 200 dashes in the NCAA Division II championships in the same year. It's something former Mustangs have had three previous chances to accomplish, but Turner, Ruben Smith and Bobby Turner were unable to do.

The fast-finishing Mustang sprinter is scheduled to represent the United States in the World University Games in Rome in September. He will participate in the trials for the Pan American Games in Eugene, Ore. in mid-August.

In addition to winning both the 100 and 200 both in the NCAA Division II meet, Edwards finished third in the 220 at NCAA Division I championships at Provo, Utah in June.

A week later Edwards came back to win the University of Champions 200 at Berkeley with a 20.9 clocking. On the way to the win he beat Regge Jones of Tennessee, the Division I 200 champ, and James Gilkes of USC, the NCAA Division I 200 runner-up. Gilkes placed second and Jones third at the Edwards at the Meets of Champions.

Edwards, a world class sprinter, was named to the weekly world's top 100 and 200 both in the NCAA and in the world in 1974 and No. 5 in the United States in the 200 event.

He took firsts in seven of the nine 200 events he raced during the 1975 season. Edwards was beaten by Steve Williams of Tennessee in the Division I 200 and by James Gilkes of USC, the NCAA Division I 200 runner-up, at the West Coast Relays. At the M. S. Relays he was third.

At the Meets of Champions 100 Edwards finished fifth with a 9.6 time.

"Clancy obviously is one of the finest young sprinters in the world," said his coach Steve Simmons. "He needs to improve his times—his best 20-yard time in the 100 and the first 50-60 yards in the 200. If he does that and continues to fair good competition, he will be a contender for the 1976 U.S. Olympic team.

"Edwards has a good strong background and the three things necessary to be an outstanding sprinter—good leg speed, acceleration and lift," Simmons said.

The 3-10, 168-pound physical education major became the first Cal Poly freshman ever to win an NCAA track title in 1974 when he took 200 honors in 20.6.

He capped his brilliant rookie collegiate season which saw him also finish second in the 100 in the NCAA Division II meet by capturing National AAU junior titles in the 100 meters (10.4) and 200 meters (20.7). Then he won both sprints against the Russian Juniors with times of 10.31 and 21.27.

Edwards was honored by his teammates this season by being named both the "most valuable trackman" and the "outstanding performer."

The former start sprinter from Santa Ana will be Cal Poly's representative in the competition for California Collegiate Athletic Association Athlete-of-the-Year. The Mustangs have had three previous winners—track triple jumper Muhlsinder Gill in 1970, track high jumper Bev Brade in 1971 and wrestler Glenn Anderson in 1972.

Scholarships

Nineteen Poly students have received $300 Collins Scholarships. The scholarships were awarded on the basis of academic achievement, citizenship and participation in campus activities. The scholarships are given by the Herbert E. Collins estate. Collins was a citrus farmer and inventor in the San Gabriel Valley.

Sprinter wins yearly award

Sprinter wins yearly award

Sprinter wins yearly award

Sprinter wins yearly award

Sprinter wins yearly award

Sprinter wins yearly award

Sprinter wins yearly award

Monterey site of car show

Bugs, Beethoven, coopers and Celias are a few of the racing cars that will be on display during the Monterey Historic Automobile Races, held in the Laguna Seca Raceway.

Over 100 cars, from vintage 1910 to 1974-models are expected to race in nine classes, reaching speeds of 55 to 160 miles per hour.

Most of the cars are, in showroom condition and ten of them will be displayed in the Pebble Beach Concours d'Elegance on the following day.

The Concours will feature antique cars for exhibition only.

The paddock area will be open to spectators, where they may view the cars closely and talk with the owners and drivers.

Gates open at 8 a.m. with tickets available from Ticketron, May's and Warf Samp offices until Aug. 2.

Monterey residents on the Grand National Trail will compete at the Laguna Seca race track, Aug. 2 and 3, in the 11th event of the Camel Pro Series.

Over 200 cars will compete, reaching speeds of more than 150 miles per hour, for a total purse of over $40,000. This is the first time this year that the international competition has reached the West Coast.

Tickets for the weekend competition are available from Ticketron, May's and Bass outlets.

What's a Falafel? the most delicious food from the middle east

Falafel, the most delicious food from the middle east. Ground garden beans mixed with herbs and spices, deep fried and served on Bible bread with lettuce, tomato, pickles and sesame sauce for dressing - it's delicious!

We also serve hamburgers kabab burgers shish kabob shawwarma & much, much more.

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munching to the Yosemite park¬ing lot at 6 a.m.

The club is trying to arrange car pools for people without cars and will pay entrance and overnight fees for car pool drivers.

If this sounds like your kind of weekend and you want to register or want more information, call Al at 544-2067, Jeanette at 544-8466 or Mike at 544-1968.

See you sailing!