Concern goal of fast

"Can you spare a bite to save a life?" A Fast for Food Day will be held Thursday at 11 a.m. in the Plaza of the University Union in an effort to help combat world hunger.

The Political Action Club and the Student Community Services are sponsoring a university oriented program that began last Tuesday when Reverend Paul Nasse of the task force on hunger and former Cal Poly Chaplain, spoke on the role of the individual in fighting world hunger.

Students living in dorms, senior Glen and Tropicana residences will be encouraged to sign up to miss lunch Thursday. Cal Poly Foundation and the two food industries have agreed to donate money allowed for the meals to the Direct Relief Foundation in Santa Barbara. The DRF is a non-profit, non-political organization.

The guests of honor at Thursday's "Starvation" will be Mr. Nicholas Roberts of the Un- ICNF. The sponsors will "ask people to fast for the day and donate the money they would normally spend on meals to the DRF," said Bruce Orr, member of the Political Action Club.

The groups have made a menu, using lunchroom items from Sanitas. Wine bars Inn and Ben Franklin's. Students can decide what they would have ordered for lunch and give the money to the sponsors.

The money will go towards agriculture equipment for India and the Dominican Republic.

The DRF has already educated people from South America in new methods of agriculture and fertilization to increase their crop production, he said.

"Students offer their services to help in the United Nations. People who ask can receive their help," said Orr.

The idea of Fast for Food is to gain individual concern. More important than the money, is that it is a way for students to become aware of what is really for 400 million starving people.

"It really comes down to the individual," said Orr. People must question the way food they consume and decide if it is a just amount or if it is more than they should have.

He feels fasting will allow the individual to "get in touch with his body." Individual action can make a difference in the attempt to solve the world food shortage, he said.

The sponsoring organizations plan to have a fast once each quarter. MAC has approved the program and Scott Piekien, present ANI president, endorses the idea, said Orr.

Similar programs have been held at Mount Mary College, University of California Santa Cruz, and Notre Dame University. The entire city of Santa Barbara, Orr said, recently held its own Fast for Food and it was successful.

The Political Action Club will set up a booth in the Plaza of the University Union today to answer students questions.

**Council to review towing**

The University's policy of towing parked illegally vehicles will again be subject to Student Affairs Council review tonight when MAC meets at 7:35 in Room 202 of the University Union.

Last year, MAC officially endorsed the program to tow away vehicles parked in red and white striped parking spaces.

Last week the council discussed the effectiveness of the program over the past year and alternative solutions for easing the parking shortage here.

Tonight they will vote on whether to endorse the program again.

The only other major piece of action on the agenda is a MAC decision on whether to give away the student discount cards here.

Last week, MAC voted unanimously to join forces with Currie College in a joint discount card venture. One of the provisions of the resolution, however, was that MAC would have to decide if it wanted to continue charging $1 for the card since Currie students would be getting it for free.

The move to Currie was made to have a fast on campus. The students would be housed at the University of California Los Angeles and would have little bearing on whether the Labor Department discovered that in the past, defense contractors had been giving free tuition to students.

Amaral said, "In my opinion, this is not a matter of different things to different people."

"Every year the program cost has decreased and every year the budget has been approved exactly the same amount. That we've been able to operate the program worth continuing to the Federal government," said Amaral.

He said, "Washington wants results. They want to know how many people you've graduated and how many you've placed in jobs or in college. We take the approach 'We'll give you what you ask for, but no less than the budget,'" said Amaral.

According to Amaral, the results of the winter break will be made known on the fall semester. The program would cost approximately $65 per student.

"On Sunday a love teal was discovered in Muir Hall, a vast fire at the site was causing a $600 worth of damage. The 6:20 p.m. fire destroyed a $50 church and caused $150 worth of the blaze was "students playing with matches.

A fire in the women's restroom in the U.D. Game Room was put out by U.C. employees after it was discovered at 4:15 in the evening, the blaze was confined to one stall and caused approximately $50 in damage.
ASI needs integrity of Hurtado, Bishop

I have watched this campaign during the last few weeks as both a voting student and a close political observer. A week ago, with five candidates in contention for the office of ASI president, I could not make a clear-cut endorsement. The platforms were too bare, the goals too undefined, the faults of each candidate too overwhelming.

But when the choice narrows to two and the final vote draws near, the issues become clearer and clearer. Given the two presidential candidates, Rob Chappell and Mike Hurtado, and having looked at their qualifications, goals, and motives, my vote goes unquestioningly to Mike Hurtado.

Why? Hurtado is a grass-roots candidate, who will get things done for EVERY student group—or at least he will TRY.

Mike supports such varied organizations as women's athletics, revised dorm contracts, alcohol on campus, minorities, adequate parking spaces, HEP, evaluation of faculty, and, contrary to many opinions, makes a stand on the controversial issue of student enrollment on campus.

Sure, he's made virtually the same claim of every ASI presidential candidate since time immemorial, but Hurtado has the guts to do it.

Mike's platform includes a clear-cut endowment for every student group—or at least he will TRY.

I do not doubt that Hurtado will work well together, and could give the ASI the working relationship between its two leading officials that it so DESPERATELY needs.

Both candidates are agreeable to our Alma Mater, the quiet, firm assurance of a diplomat, and could be a most effective SAC leader.

Hurtado has received much criticism for his handling of SAC this year, and I would be the first to agree that his abilities to lead a meeting are limited.

But the parliamentary leadership of SAC is not the responsibility of the ASI president. Hurtado's learning experience as vice-president this past year give him at least the potential strength in 1975-76.

On many issues—issues that have been stagnating on this campus for years—the administration NEEDS to be directly confronted. Hurtado has taken the initiative and the ability to do that job.

Anyone who takes the time to talk to Bishop certainly immediately that he is a man who can and will communicate WITH YOU, not AT YOU. He will be fair and unbiased in his leadership of SAC and in his treatment of every private interest group.

The combination of Hurtado and Bishop in next year's ASI is a winning one because it is a balanced one: a balance between energy and fortitude, activism and thoughtfulness, experience and a new outlook.

And Bishop is the man who can and will work well with Hurtado. He will be fair and unbiased in his leadership of SAC and in his treatment of every private interest group.

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A professional workshop on alternatives to conventional energy systems is scheduled for Monday May 19 and Tuesday May 30 at Cal Poly.

Dr. Timothy J. Healey of University of Santa Clara's electrical engineering faculty will discuss the "Case for Alternate Energy Systems" on Monday morning.

The workshop will focus on four types of alternative energy systems—geothermal, hydrogen, solar and waste matter—and a relative assessment of their expected impact on the nation's need for energy.

The workshop will feature two speakers of national prominence. The registration fee for the workshop on alternative energy systems will be $50. (This includes course material, refreshments, several meals, certification of attendance, transcript for one unit of professional credit and the costs of the workshop.) A reduced fee of $20 is available to employees of companies which are sponsors of the Cal Poly Electric Institute.

Dr. L. J. Papay, director research and development for Southern California Edison Co. will deliver an address titled "A Relative Assessment of Alternative Energy Systems" during a banquet planned for Monday evening.

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Editorial

And Mike Hurtado is not afraid of doing so. Yet if a compromise is in the best interest of the students, I have no doubt that Hurtado will agree to such an action.

HE WILL NOT SKIRT ISSUES—something that seems to be an ever-present curse upon ASI presidents.

In confronting the problems head on, he may make mistakes, but it is always better to try, and possibly err, then to try at all.

And Hurtado, hesitatingly, to Mike Hurtado.

So today and Thursday, in that STUDENT, cast your votes for Mike Hurtado or Phil Bishop. You'll be glad you did.

Maryl Nieuwama

Alternative energy seminar next week

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HABBLEY! Counting Center now open every Mon. thru Fri. 8 a.m.-6 p.m. M-F Adm. 211

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Scapegoat

Editor: Mike Hurtado has asked an interesting question, "Who can we blame for the direction and leadership?" Certainly he couldn't have meant himself; several of the SAC representatives will tell you that Mike Hurtado is an effective leader. If Hurtado cannot find SAC members as of Vice-President, how can he hope to lead 15,000 students as President?

On April 23, Hurtado blessed SAC and promised that he was the only feasible choice. We urge everybody to vote for Mike Hurtado-ASI President.

Doug Jorgensen

Bishop

Editor: I'm writing this in reference to the letter of mine which appeared in the April 30 Daily, in support of Phil Bishop.

Phil Bishop's candidacy is the last face of the final paragraph. Nonsense. The office involves too much responsibility for one to make a blind choice like this. This comment referred to the danger in voting for a ticket only after the decision for president has been made.

Much of the emphasis during this campaign, especially in the media, has been on the race for president. This has caused our vice-presidential candidates to be pushed in the background. I want to point out the importance of looking at both those running for this year, apart from Rob Chappell and Mike Hurtado.

Phil Bishop has the leadership ability plus the desire to run the divisional body of the Board of Student Affairs Council next year and to keep it moving in a positive direction. Phil Bishop is the person who will be able to work and communicate with either Rob Chappell or Mike Hurtado. Phil Bishop is the effective expert to whom those who will listen to the students and understand their needs will keep a good, working relationship with the administration going. I urge you as a student to vote for Phil Bishop for vice-president.

Randy Coulter

Chappell

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Randy Coulter

Editor: There have been actively involved for the past three weeks in all the campaigning for ASI President. I ran my best, I put up an aggressive campaign. I made only promises which I knew could be kept and dealt with what I felt to be major issues. I understand now why I didn't win. I didn't talk enough; I didn't develop it differently if even in that position easy. The problem is, if Hurtado should be the next ASI president between Mike Hurtado and Rob Chappell. The differences between these two candidates are obvious and clear.

During the past two years I've worked with Mike Hurtado and I've seen him change for the better. As of this moment he's running a very clean and works with him. He is not after his personal gain and is open-minded. He chooses to hold off his own. I feel that he will be able to do an excellent job next year as ASI President and look forward to working with him.

On the other hand, I have viewed Rob Chappell as a one-sided, overly optimism, forceful individual. I do not think this candidate would make a good ASI President and I will not work with him next year if elected.

Aside from my personal convictions, I have talked to many of the people who helped me on my campaign. I agree that Mike Hurtado is the only feasible choice. We urge everybody to vote for Mike Hurtado-ASI President.

Dee Jorgensen

Staff comment

Talk with president proves entertaining

I had an opportunity to interview the current President of the United States while working on the Washington Bureau of the Mustang Daily, one of the many bureaus around the world. The following is from that interview.

REPORTER: Mr. President, do you feel that blame lies with Vietnam, Nicaragua, or any specific individual or group?

PRESIDENT: That would be a way to put it. Nicaragua, we let make this perfectly clear. I'm not going to point any fingers at anyone but... INGRESS TO BLAME.

REPORTER: Sir, what are your plans for the fall of Vietnam?

PRESIDENT: I'm glad you asked that question. Now it not, however, guarantee enrollment in a course, nor is obligate the student attendance.

Chappell

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Randy Coulter

Changes

Editor: In every student government, as is usually the case in national politics, the average voter generally feels that he has no clear choice. Rather, clear-cut differences in style, issues, and promises exist. Rob Chappell. This Mike Hurtado have about as much in common politically, the College of Cardinals in Rome has religiously with the Southern Christian Leadership Conference.

When I lost my chance for being president last Thursday, I told Mustang Daily that I would wholeheartedly support

Rob Chappell. That was not the culmination of a deal; instead, the conclusion of much somber thinking both during the course of our campaign and of 3 years of watching each candidate move in student government.

I stand by that endorsement, emphatically. Rob is a sincere and dedicated student with a broad range of interests for Cal Poly students at heart. Chappell has talked about implementing needed programs that will benefit the average student and will enhance his education while here in school. He is prepared about rational and sensible programs—goals that can be reached in one year.

Rob Chappell will be open and friendly when others cater to their pet groups; he'll be dedicated and hard-working when others will put their political self-interest ahead of your needs; and he'll provide top-rate leadership, when others will stumble as they have in the past.

Good student government is the result of good men and women working hard for all students, not the cliques and special interests that hamper ASI.

Support that kind of student government for Cal Poly next year by voting early or tomorrow in voting for ROB CHAPPEL for ASI PRESIDENT.

Gregory M. Fowler

Summer school education

Registration applications are now available for anyone planning to enroll in the 1975 Summer School programs that will be available at Polytechnic State University, San Luis Obispo.

The applications are included in bi-monthly publications by the continuing education service of Cal Poly and are available on request from the university's Continuing Education Office or Administration 219, California Polytechnic State University, San Luis Obispo, 99407, or by telephoning 805-582-2235 or 582-2069.

Dr. Don Morris, who is in charge of continuing education programs at Cal Poly, said those planning to enroll should include courses in the following areas of interest: computer science, business administration, engineering, humanities, and education.

The deadline for filing of the applications will be June 16. Applications should be mailed to the Registrar's Office, Administration 219, California Polytechnic State University, San Luis Obispo.

There is no provision for registration on a first-come, first-served basis. Students are encouraged to complete an application early to ensure their enrollment.

Further information about registration applications and procedures or any other information concerning summer session courses can be obtained writing to "Summer Session, Cal Poly, San Luis Obispo, 99407, or by telephoning 805-582-2235 or 582-2069."

Mark Marietta

Letters
**Theater Review**

‘Physicists’ views control of weapons

by CONNIE BUCCHIO

Friedrich Durrenmatt’s “The Zoo dah,” a play by Frédéric Durrenmatt, mining satire and science fiction apprehensions, will be presented as the spring production of the Speech Communication Department at 8 p.m. May 25-27 in the Cal Poly Theater.

Tickets, $2 for general admission and $1 for students, will be available at the ticket office in the University Union as well as at the box office on the nights of the performances.

Directing the play will be Dr. Michael Malkin, assistant professor of speech communication. He explained the setting as a madhouse and the focus centers around three nuclear physicists. One thinks he is Einstein, one believes he is Newton and the third claims he is visited by Newton.

“The three physicists, for their own reasons, have been quartered in a madhouse,” said Malkin, who has acted and directed for universities and professional companies in the United States, Canada, England and India.

“The question the play asks in a prescient format, is who should have control over the powerful kinds of weapons the physicists have created,” he added. “The three physicists stand for physicists at large.”

Featured in the production is a graduate student in education, Ann Jacobs, who plays a hamfisted and slightly mad, yet charming psychiatrist.

Franklin Doktor Mathilde von Münch and Arnold Portman portray Sir I. Newton and Mr. Einstein respectively. Sir I. Newton is vivacious, has control over the powerful weapons he and his physicists have created, while Arnold Portman at the moment is a Mad Hatter and the Mad Hatter is Newtonian, will appear as Mondale with his head full of beautiful, intelligent and hard working women in love with Mondale.

Top fifty to return to KCPR

On Sunday night, May 18th, KCPR 91.5 FM will return the Top Fifty for the past ten years.

The poll, originally run at the Music Factory in 1974, was re-run due to popular demand and a misunderstanding.

“It was planned to go on at 6 p.m. but due to the power being out campus all day we didn’t get started until 7:30 p.m.,” said Jack LaFollette.

“Many of the listeners thought it would be canceled because we weren’t on the air all day,” he explained.

The next day when they found out that the Top Fifty had been run there were a lot of requests to run it again, LaFollette said.

To participate in the poll, students were asked to write their top five choices on a piece of paper and drop it by KCPR.

The poll ran for a whole quarter to give students ample opportunity to write in their top five picks, LaFollette said.

The results of the poll were published in the Morning Daily.

“We were pleased with the turnout for Top Fifty even though we expected less than we got,” General Manager Blair Helsing said.

“Basically, the results turned out like we expected. All the top songs are always heavily re-quizzed on Sunday By Request,” he said.

The poll will begin at 6 p.m. and will last approximately 90 hours.

**Concert**

The Chamber Singers of Cal Poly, Pomona, will present a concert of choral music in the Davidson Music Center (Room 218) on Thursday, May 22 at 11:30 a.m.

The 17-member mixed ensemble will perform under the direction of Charles Lindley.

The program will include varied works appropriate for small vocal ensembles including madrigals, motets and contemporary works.

The public is invited to attend the performance free of charge.

The concert is being sponsored by the School of Communicative Arts and Humanities and the Music Department of Cal Poly, San Luis Obispo.
Getting Food Together

Basic Food Groups Assure Good Health

by Stuart Watts

Fats are needed by all individuals to yield the fat-soluble vitamins, oil for the body, and a high energy source. There is only one fat (there are many types of fats) that is required by the body, linoleic acid. Linoleic acid can be found mostly in vegetable oils. Vegetable oils are easier for the body to work with than oils from animal sources (saturated fats). Animal fats in large proportions are thought to be a cause of coronary heart disease and high cholesterol problems (50 percent of the calories from market hamburger is saturated fat), while an intake of vegetable oils is thought to lower the possibility of these diseases.

It's interesting to note that the American fat intake comprises 60 percent of the calories in the diet, while the Asians have only 10 percent fats. Now compare the amount of heart problems with us and them. Of course there are other factors (white sugar, salt, exercise, etc.).

Fats are a cheap source of energy for it has twice the caloric value of other carbohydrate, but protein. A lot of the energy supplied by fats are used as a brain source by the body and could explain its large use by the Eskimos (along with the availability of animal products). It seems that people in colder climates eat more fat than in warmer climates. This might make summer time a good time to reduce fat intake and lose some excess pounds. A complete reduction in fat intake may lead to inability to absorb linoleic acid, the fat-soluble vitamins and a loss of vigor from little energy. Avocados are an excellent source of vegetable fat.

Proteins are also essential to the body. They make up the cellular structure of animals including man. The recommended daily allowance of protein is 58 grams per day. This figure will adequately sustain a healthy active body. Many people eat more than the recommended amount, but unless a person is in therapeutic need of protein, eating two or three times the recommended amount is a waste that taxes the liver and kidneys as they try to excrete the excess. Two fishwich sandwiches and a glass of milk would give the recommended protein required by the body a day. Be aware of over consumption, two or three good protein sources a day gives plenty.

There are many good sources of protein other than meat sources that can be easily as beneficial if mixed in proper proportions. A mixture of milk products, grains, nuts, beans and a few eggs a week can yield a plentiful supply of protein.

The body cannot sustain itself on any one of these mentioned alone, carbohydrates, proteins, or fats. A mixture of all should be eaten each day to assure proper balanced nutrition. The U.S. Dept. of Agriculture has come out with a program called the "basic four" which is recommended to be eaten daily and is easy to practice for so many people wanting to know what they need for daily maintenance. They suggest to eat 3 milk products daily, 1 good protein source a day other than milk, 4 vegetables or fruit servings and 4 servings from a bread and cereal group. These should be spread out over 3 meals a day. Eating a breakfast is one of the 7 qualities that was shown to be a sign of good health, in a test of 7,000 people. Usually a person who doesn't eat breakfast doesn't know enough of nutrition to be able to make up for its loss during the day.

The basic four was a divided scheme to reach millions of people. It uses a Mr. Normal which many of us aren't. It is sound advice. There's a lot to learn in the basics about nutrition before starting any diet plan. So if you feel like giving it a try, mix the basic four daily. You can only grow from the experience.

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Karate—
"Way of the empty fist"

Black Belt instructor Dick Seidley warms up with members of Cal Poly's Karate Club.

A high kick, with the left foot by Sam Rich puts the toe at bay.

Photos by Chris Van Ry

Ron Calderon (left) and Dominador Tomate work together in a sparring match.

John Gerbe thrusts an initial punch with his other hand waiting to attack.
Spikers enjoy sweet taste of winning year

by STEVE CHURB

It's been almost three weeks since Ken Preston's volleyball squad completed its season and the sweet taste of their successful results has worn off.

With a third-place finish in the Far Western Volleyball championships in Berkeley, the Mustangs compiled their second year in intercollegiate competition with the best overall-small college mark in the West Coast. Preston's squad compiled an 8-5-0 record.

In looking back over the first year of SCCVA competition the Mustangs have only a road loss to Fullerton to mar their league record. They finished with an impressive 13-0 mark.

In going behind the scenes, Preston's squad stirred interest, attracting a faithful following.

Preston had nothing but praise for his team's performance.

"I thought overall showing was extremely respectable for our first experience in tough intercollegiate competition. Just look at our record and finishes in tournament play. They speak for themselves.

In post-season tournament play the spikers topped U.C. Berkeley in the second round in the SCCVA tournament and third in the recent Pacific Northwest Games.

Carl Nett and Fullerton, the only team to dump the Mustangs on the dual meet circuit earlier in the year, were rated as the top two favorites in Pomona.

These teams keep their locals from doubting as league champs and conference champs by defeating the Mustangs in three sets 12-15, 13-7, 15-6.

But the pain of disappointment was eased as Preston was awarded a much deserved Coach of the Year award.

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(continued on page 4)

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Matador swimmers win it all

After coming close last the last five years, the California State University, Northridge swimming and diving teams were the NCAA Division II Champions at Cleveland State University.

On its way to its first such swimming title, the Matadors set five NCAA records, 13 school records and made a niche in history by having the first woman ever to score points in an NCAA event. She was Lickiehurst, 1971 Pan American Games diving champion from Canada. Miss Lickiehurst finished ninth in one-meter diving and fourth in three-meter diving.

In his previous five years as head coach, Pete Accardy has led the Matadors to a ninth-place NCAA finish in 1970, fifth in 1971, third in 1972, second in 1973, and fourth last year. This year, Accardy led the swimmers to a 6-1 record (lost only was to San Diego State, 58-246), their sixth straight California Collegiate Athletic Association title, and another splash record against league schools. CHUN, in fact, has not lost a conference meet during Accardy's six-year tenure. During the three day meet, the Matadors won seven of the 16 swimming events with the team's only senior, Herb Bishop, taking part in three relays and winning the 200 individual medley in 1:42.4.

Bishop swam on the 400 medley relay and the 800 and 400-yard freestyle relays as Northridge compiled 277 points to outdistance runners UC, Irvine (310).

The five NCAA records set by the Matadors included the 400 medley relays in 3:53.5 (Bob Cameron, Marc Kelly, John Larsen and Bishop); the 800 freestyle relay in 6:58.5 (Bishop, Kevin Romer, Jerry Arnold, Larsen); the 500 freestyle relay in 4:57.5 (Bishop, Brad Bowden, Kelly, Larsen); Larson's 100-yard butterfly in 59.9 and Bishop's 200-yard freestyle in 1:44.8.

Swimmers listed top 10 for All-American honors with Bob Cameron (2), Marc Kelly (2), John Larsen (3), Herb Bishop (4), Bill Jones (6), Steve Rech (9), Rich Telford (10). Bishop also earned All-American honors in both the 200-individual medley and the 500 freestyle.
Spikers (continued from page 7)

The Berkeley tournament marked the end to a season that started the first day of fall quarter. For Peterson the break has given him a chance to reflect on the season:

"We had a strong team this year and I anticipate as strong or stronger team next year with the return of three starters, McMahon, Bartlett and Nat Haines and senior sub Rick Huwart.

"Peterson also has a plethora of potential stars that should keep the winning tradition, that the spikers have enjoyed in only four years, in tact.

Vegas site of poker tourney

LAS VEGAS, Nev. – The best of the pokerfaces converged on Las Vegas Tuesday for the final round of the World Series of Poker with a winner-take-all pot of $2,000,000 to $5,000,000, depending on how many plunk down the $10,000 entry fee.

Benny Binion, sponsor of the sixth annual pilgrimage of the gamblers to the Horseshoe Casino, looked for a big field, possibly many as 30 players.

"They say there is a depression on," said the long-time gambling joint entrepreneur, "but they came in here with more money this than I've ever seen them have. Everyone of them's got stacks of money."

The poker sessions begin each night at 7 o'clock and last for 10 hours. Play will continue until one person has all the marbles.


The type of poker is called Hold-Em, a variation of seven-card stud popular in Texas and throughout the South. Each player gets two hole cards, face down, and two to match them with five cards dealt face up in the middle of the table. A winning hand is determined by the best combination of five cards, according to standard five-card rules.

Preliminary play in the World Series started May 6 in a variety of divisional contests. Sam Angel of Las Vegas won $17,000 in the 7-card Lo-Ball Stud Division, a game also known as "Razz". Billy Beery of Georgia raked in $35,000 in the deuce-to-7 game; John Mora of Oxnard, Tex., picked up $14,000 in 7 card stud; and Jay Hennewitz of New York won $22,000 in the non-pro division.

Discussing Hold-Em, the $10,000 ante finale, Binion said, "There is no telling who will win this thing. Somebody may win it who isn't even the best player."

Binion is a man with an eye to publicity. The poker is played at his club in the shadow of a display case containing a million dollars in $10,000 bills laid out in the shape of a horseshoe. Binion says he gets more value out of the publicity from this blatant display of currency than he would get in interest on the million dollars if it were entirely deposited in a savings bank.

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