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FOR IMMEDIATE RELEASE

Contact: Janna Nichols
Tri-Counties Blood Bank
(805) 543-4290, ext. 38
jnichols@bloodsystems.org

Steep Decline in Donations Leaves Blood Bank Critically Depleted

SAN LUIS OBISPO – The Tri-Counties Blood Bank urges Cal Poly and the entire San Luis Obispo County community to donate blood now.

Due to a sudden and steep decline in donations this summer, the blood bank is critically low on Type O blood, both positive and negative. The supply is not much better for the other types, as well.

Donating is easy. It takes less than an hour from registration through refreshments. The actual donation only takes about 8-10 minutes.

Here are some of the basic blood donor requirements:
• At least 17 years of age
• At least 110 pounds
• Feeling well and healthy
• No sore throat or fever the day of donation
• Off antibiotics at least 24 hours

To schedule an appointment, visit http://www.blood4life.org/index.cfm?group=registration or call the Tri-Counties Blood Bank at (805) 543-4290.

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