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FOR IMMEDIATE RELEASE

Josue Urrutia or Saba Abuhay
805-756-1405; mcc@calpoly.edu
http://multicultural.calpoly.edu

Cal Poly to Host Poet Simply Kat on March 4 for Another Type of Groove

SAN LUIS OBISPO - Another Type of Groove: Spoken Word Poetry will bring poet Simply Kat to Cal Poly on Wednesday, March 4.

The event is set to run 7:30 to 10 p.m. at Chumash Auditorium. It is free and open to the public.

Simply Kat first stepped to the microphone at age 17 and has commandeered the stage with her heartfelt words, spirited presence and universal topics since. As an active member of A Mic in Dim Lites Alumni Collective, she has conducted workshops based on the arts of writing and dance to help improve literacy rates and creativity in the younger generation.

She performed on the fifth season of HBO's "Def Poetry Jam" and can be seen in "Spit," an independent movie that looks at the connection between poetry and hip-hop. She was a member of the Hollywood Slam team in 2005 and 2006 and the Los Angeles Slam Team in 2007. She received the title of Slam Champion of the Highways Theatre Poetry Slam. She released a solo album in 2007 and is working on several projects now, including a play, "Corner Sweet," and a children's book, "Noahlani the Dancing Lion."

For more on Simply Kat, log on to www.myspace.com/listenlovelive.

The Cal Poly MultiCultural Center presents Another Type of Groove the first Wednesday of each month throughout the school year. It is intended to create a place for the interchange of ideas, beliefs and personal expression. Each event features a highlighted poet as well as an open mic opportunity for interested students, staff, faculty and community members.

The MultiCultural Center cultivates a campuswide community that represents and celebrates the diversity of Cal Poly's student body.

For more information, contact Josue Urrutia or Saba Abuhay at 805-756-1405 or mcc@calpoly.edu or visit the MultiCultural Center Web site at http://multicultural.calpoly.edu.

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